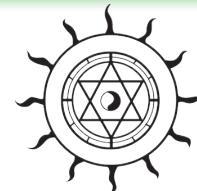


*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Monthly Newsletter

Vol. 44, No. 11



## 75 Serenity

Greet each challenge you set for yourself with composure.  
Steadfastness enables one to enjoy the trip up the mountain,  
Each step another opportunity to claim who you have become.  
Prudence satisfies longing in one who is patient.

## National Teachers Meeting

October 2014



“The cure for being overwhelmed is to teach more people.” Dr. Laurel Clark

continued on page 2 and 3

**Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. The front cover reflects our collective vibration. Here are the numbers we received.**

**Love and Light from your *Vibrations* Staff.**

Dr. Sheila- 92 Balance "One who incarns in the service of evolution carries a heavy soul yearning for enlightenment. Subconscious choice forges the purpose of serving others. Conscious choice leads one out, then into the masses to minister." My Dharma is described as a sense of importance through humility, which many have been interpreted as service. What comes to mind right now is leading the delegation to the Parliament of World's Religions next October.

Michael Dardanes - I am learning about my will and God's will. I need to express my whole Self and I am learning about responsibility and change as I move through a big initiation. I have been using my will and imagination to move forward and be honest about my desires. The wish to be present and fulfill my plan for creation is strong. 80 - The Immortals - "Immortality begins in a mind full of what is. When you know what is, your reign begins. Your reign extends the power of Mind's Light from Heaven to Earth. Everything changes in the Light of eternity." The image is *clear heavens*.

The Vibrations staff is expanding and we would like to invite you to provide your expertise, creativity, and gifts. Inquire through your director about the benefits to humanity you will gain by serving our students and history of our school.

The following verse from the book, *The Taraka Yoga of Kuan Yin* was selected to illustrate the ideal image we are looking to build within this staff.

Verse #92 BALANCE, is described as "One who incarns on the service of evolution carries a heavy soul yearning for enlightenment. Subconscious choice forges the service of serving others. Conscious choice leads one out, then into the masses to minister."

## National Teachers Meeting

by Michael Dardanes



The biannual National Teachers Meeting was held from Friday, October 3rd to Sunday, October 5th at the College of Metaphysics in Windyville, MO. There was a wide range of presenters including many people with their doctorate in metaphysics and others in the Adam series of lessons and in the third cycle of lessons. The weekend started as soon as dinner was over. Dr. Christine Madar gave a series of breakfast, lunch, and dinner lectures on the in-harmony list. She emphasized that change requires effort and we must stay with our students. We must tune into the person we are harmonizing with listening to ourselves and listening to them. Dr. Christine gave a fun example of tuning into others where Dr. Paul Madar and Matt Valois played the piano and the guitar. At first, they were

disharmonious. As they started to listen and tune into each other, they created a harmony between both of them and played beautifully.

"Being a financially secure teacher means you are a secure teacher. It means you know how to negotiate good and honest deals. You know how to ask good questions and you understand and know more after every situation," said Christine Spretnyjak. Christine is an Adam series student and stressed how important choice is. She said, "Your thought of the thing makes the difference. The conscious mind needs to recognize that the I AM is worthy and that abundance is around us all the time." Christine spoke of the importance of being uncomfortable. This is important for change to occur and it is normal when you are receiving more. "My words



will create my abundance or lack thereof. Give attention to your questions and your words,” she said. Christine ended her lecture by giving us 3 keys for every choice we make: 1. Always reach for the ideal. Ask for the highest and don’t settle. 2. Make sure your words and your thoughts lead to abundance. 3. Make honest deals and communicate them clearly.

Dr. Terri Martin followed Christine and enlightened us on making quantum leaps in our consciousness. She had certain groups of people stand up and demonstrate brain pathways that are built into our culture and limit us from expanding. Groups such as Chicagoans, Texans, Cancers, and Persians stood up to demonstrate the way we think about these groups of people. She then instructed us to write about our mother and father emphasizing certain qualities we saw in them when we were growing up. Identifying the qualities, we saw how they are also a part of us, whether we were transcending and coming to understand them or we still embody them. Dr. Terri said that as we start to recognize our limitations in consciousness and our habitual thought processes, we can change them and act differently. This is when the quantum leaps of consciousness happen.

On Saturday morning, Dr. Daniel Condon taught us about changing and upgrading our belief systems. He had us write our most erroneous limiting belief system with our left hand to get out of our brains and into our minds. He said, “Our duty as teachers is to aid people to let go of their belief systems. Think of the limiting beliefs in yourself and root them out.” He then took out all the books he had written from the School of Metaphysics and shared his thought process as he was writing the books and after he had completed them. Dr. Daniel put importance on the Holy Works he had translated and how with each one his purpose and assignment in life was being fulfilled. In writing books, he is able to disseminate his knowledge to a larger group of people and teach them through his words even if he is not physically present.

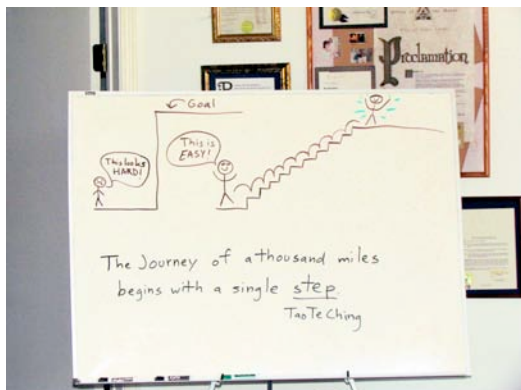


Golbahar Dadayan, a teacher and student in the third series of lessons, centered her presentation around time. She asked us to ponder the questions, “What is my relationship with time? How well do you direct your time?” Golbahar shared her experience with time and how she overcomes her objections with not having enough time. She told us it is manmade and doesn’t really exist. It is all about one’s perception. One should always say yes to new opportunities and needs to keep commitments to one’s Self.

Dr. Laurel Clark shared her expertise on the different ways the School of Metaphysics can reach out into the community and affect the entire community around them. She said, “There is a need for people to come to an understanding with what happened in Ferguson, Missouri and to visualize or imagine a future of peace and not necessarily the conflict that is occurring right now.” She put us into groups and gave us each a scenario of a place we would be able to serve in our community. She asked each group to come up with different ways we may approach these organizations and what services would best serve their needs. The groups of teachers thought of many different service we could offer our communities and Dr. Laurel wrote everything on the board. By the time we were finished, Dr. Laurel was trying to make space for all of the ideas. Dr. Laurel stimulated us to go back to our branches and implement the ideas into our community outreach.

Dr. Sheila Benjamin took us back to the first Parliament of the World’s Religions and went through each Parliament since, stating the School of Metaphysics’ contributions. She has attended all the Parliaments besides the first and spoke from experience about attending, speaking, and being of service in each one. She also unveiled the next Parliament of the World’s Religions which will be in Salt Lake City, Utah next year and the School of Metaphysics will send a delegation. “Will you be a part of the next delegation?” she asked us.

Dr. Barbara Condon finished Saturday night with a lecture on The Next 2400 Years and spoke of the Age of Aquarius and how we are balancing technology, information, and knowledge together to form a new structure for the future. She commented on Dr. Daniel’s exercise of having all the teachers stand up and say how many students they were teaching. “We need to start thinking in sixes,” she said. Six is a powerful number and is the number for service and Intuitive, Spiritual Man. The more people we teach, the more we learn and grow ourselves.



On Sunday morning, Dr. Damian Nordmann led us through the lab positions of the School of Metaphysics. He talked about how our perception of experiences should be, “This is easy,” rather than, “This is going to be hard.” He outlined each lab position and had teachers from many different school branches come up and share their knowledge in the particular lab position. The outline helped each teacher to know what each lab position was and the responsibilities that go along with it. “It’s all about our journey to the top of the mountain. It can be arduous or easy. It all depends on your perception.” Dr. Damian had many innovative ideas for the lab positions and gave us all a vision of what a whole functioning school branch could look like.

## Bolingbrook



### Forward Motion

by Marie Zubinski

We are happy to announce a new addition to the Sacred Space Lab position Ricardo Martinez. His energy helps the landscape flourish. It is valuable to understand your influence and how far it reaches. What he thinks is simple contribution greatly benefits each student and the whole. We all have treasures to give. Share them within a community and they multiply; add purpose and they expand.

The Monday night class is having their first fundraiser in conjunction with the open house to support the new class Rudy Arena will be teaching. Katy Sosa has been a great leader building her purpose of communication and sharing her creativity. Maria Velazquez, Susana Manzano, Kerrie Jung, and Rose Ourada all learned they are great at manifesting. We have lots of donated prizes for the DREAM BINGO! There is also much excitement and love infused in this event. The second cycle classes will merge the same night and also help host. Sandy Buch made beautiful signs to divert traffic flow in. (The Bolingbrook branch is tucked away in a business cul de sac, so we always have new creative ideas to let the community know we exist).

Although it is led by the Monday night class it is pretty much an all-school event. Rudy's dream since he has become director is to have a whole functioning school with the lab positions in full order. This vision is beginning to live and breathe. All the positions are filled and each student is clear in their contribution. This makes communications run smooth and creates the condition for concentration among the individual. We look forward to welcoming the new students!

We are also happy to announce the return of Kathy Carpenter from the Chicago branch. She is very nurturing and loving and we are fortunate for her presence. Thank you to all the students and teachers in all of the branches for sharing your love and light and making this a great place to learn. We send you our circle of love! •

## Chicago

### Finding the learning in every situation

by Angela Appleby and Leti Chavez

The month of September has been pretty exciting at the Chicago branch. Last month we mentioned that we were having an upcoming potluck and movie night, and it was amazing! The goal was to have twenty people attend the event, and we definitely came close. Seventeen people came, and that was seven more people than last month. As the directing intelligence of this event I focused my mind productively, paying close attention to what needed to be accomplished to insure that the night ran smoothly. I also drew upon my visualization skills, imaging people connecting with each other, and having a wonderful time.

The second cycle class that I am in had a class fundraiser. During the planning stages we decided to have a booth at the Bucktown Art Festival. Our vision was to make Dream Catchers, paint rocks, and interpret people's dreams. We were not able to sell books, or have a raffle at the booth, so we had a second event to fundraise for our school. The art festival was a lot of fun and we interacted with many new people. A woman named Lexie, who we meet at the art festival, signed up for classes and is currently a student!!! The second event was a vision board workshop. We enjoyed giving and receiving with five new people who had never been to our school before. Golbahar gave an insightful and interactive talk about visualization. We learned about how important it is to have an attitude of gratitude. This will help us create an energy of receptivity within ourselves which will aid us to manifest our desires. Overall our class project went very well. We went with the flow despite the change in plans when we were not able to sell books, or have a raffle at the booth. However, we interacted with many wonderful and interesting people. During our wrap-up meeting we concluded that we could have been more unified as a class during our class fundraiser. Since our class was not aligned with group consciousness, nor did we have a clear vision of our goals, our minds were not directed as productively as they could have been.

For our next class project we will direct our minds effectively, have structured goals, and a clear ideal and purpose. We love each and every one of you, just because you are! •

### Palatine

### Still Students, Present Preparations, Open Weekend

by Joe Latuszek

There we were, lying under the canvas of suspended stars being hurled through the Milk Way galaxy at seemingly impossible speeds; as if they were eternally burning pearls strung from the chartreuse thread of the Creator's very own necklace. In the blackness of the night, a rustling deep in the woods would stir us from sleep for us to find curious woodland creatures brushing against our tents. Yes, we were camping under the brilliant nighttime sky on the campus of The College of Metaphysics in rural Missouri - and it was magical.



During the All Student Weekend one might find themselves overwhelmed by the convergence of so many energies descending upon one place, at one time, with one intent: to know ourselves deeper so that we may in turn know and experience more profoundly the Infinite Love of our Source. But for Palatine, this All Student Weekend was not merely a confluence of energies and intents (however powerful that may be), but also an important time to finish the final preparations in order to host and receive Dr. Daniel's high vibration one-day teaching: "Still Mind, Present Moment, Open Heart".



Area Director Brian Kraichely and Palatine School Director (and newly appointed National Dream Coordinator!) Aneta Baranek sat cross-legged in the tall grass outside of the main campus building, eating grilled cheese sandwiches and soup in the heat of the midday sun. They were with Dr. Daniel, discussing the last details needed to complete the image held in mind for the upcoming weekend event.

"Any final requests for the seating and table arrangements at the venue, Dr. Daniel?" Aneta asked, listening intently.

"Seat all of the men on one side, and the women on the other." Dr. Daniel's joked with a poorly concealed, thin smile. We all laughed. The event had been finalized and was already well energized with momentum, easily overcoming the initial inertia that such seemingly monumental preparation tasks sometimes entail.

After our plans had been set in our Metaphysical stone, we were on to enjoy the rest of our workday on campus. Students split into work groups completing Intuitive Report transcriptions, varnishing and lacquering buildings in need of care, while others cut Fire Blight (a degenerative and rapidly transmitted fungal disease) from the orchard trees. Still others washed dishes, prepared meals, and performed Karma Yoga throughout the College campus.

How lucky we were to be provided the opportunity to serve. How lucky we were to receive the students after the graduation ceremony on that warm Sunday afternoon. How lucky all of us are to belong to a community of awakened souls, striving to know their purpose, their qualities – their Creator. If there were only one thing to take away from such a fantastical phantasmagoria as this past all-student weekend, it would be how Divinely blessed we are to be a part of each others soul growth and continued journey back to wholeness: back to that mysterious place from which we came, where we may peer once more through the looking glass of this thinly veiled dream to glimpse a fractal of our own Selves. It is in these small moments when we sometimes stop to look up into that timeless burning sky and become momentarily raptured - giving ourselves once more to the eternity of All

## Urbana

### Creating and Elevating Space

by Aubrey Wachtel

Scott Hilburn has settled in and is teaching the Superconscious Health class. He has been instrumental in inviting people and organizations in our community to have a booth at our upcoming Spiritual Health Expo.

Our 8th Annual Spiritual Health Expo is coming up on October 25th. Preparations are well underway. The expo will be held at the Lincoln Square Mall in Urbana from 10 am to 3 pm. We are looking forward to hosting this event.

Dr. Pam Blosser gave a guest sermon at the local Unitarian Universalist Church. The theme of the talk was "Space." The focus of the sermon was stillness and the value of being silent. The sermon was well received by the congregation and there was a distinct sense of meditation in the sanctuary. Minister Axel Gehrmann commented that the sermon was just what the congregation needed at this time.

An Elevation Celebration was held to honor several students at our school who have graduated from the first cycle of lessons. Students honored at this event included Nicole Isenhardt and Barbara Albers. Additionally, we welcomed Scott and Hezekiah Condon to the Urbana branch. We roasted potatoes, grilled hot dogs and hamburgers, and enjoyed an ice cream cake with sparkling grape juice. We played a game of appreciation where everyone had a turn saying what they appreciated as fast as they could.

We are in the process of completing our goal to have our back log of intuitive reports brought up to date. We will achieve our goal by the time of the National Teacher Conference. •

## Columbia

### Transitioning

by Jeannine Anderson & Walter Hrycaj

We kicked off the month of September with a lecture on Creating a Peaceful World, delivered by Diana Kenney. She gave an interactive talk which folded people into the experience of what it means to create peace and how to apply it in their daily lives. People came away with the idea that peace begins within.

At this month's SIR meeting, we listened to a health analysis that addressed replacing fear with curiosity and productively using the attention to live in the present moment. The woman who had the health analysis applied the suggestions in the report and has begun taking steps to go beyond fear and put herself into new experiences for the purpose of eliminating fear from her life and trying something new. This report's universal message reached the ears of all the people in attendance, they each related in some way to the message.

At the Pagan Pride Festival, SOM had a booth and we reached many people in the community that day. We talked to people about the school and seven people signed up for the new class and many people were interested in what we had to offer. Jian Jiao came and discussed her experiences in the school, what it meant to her, and practiced giving her attention to one of the books. Because of the quality of her

attention on that book, she attracted a customer interested in the same subject who bought the same book.

On September 10th, we welcomed the four new students, and they are: Kandice Grossman, William Bryan, Rachel Gleason, and Marcus Thurmond.

Thank you Diana for everything you have done here. Good luck in St. Louis. We look forward to welcoming our new Director, Brenton Harris. •

## Maplewood

### Peace Fest/Inspired Disciples

By: Caterina Williams

Thanks to Lisa Nuelle, I received the idea to gather schoolmates together for a local event called the Peace Fest. We met at school and drove to Forest Park where the event was being held. The students that attended were: Linda and Joe Pecaut, Linda Blackburn, a newer student, Scott, and myself. I am the Peace Ambassador for the School of Metaphysics branch in Maplewood. I felt a responsibility for us to reach out to the people of the St. Louis community who are in need of peace and healing at this time. I expressed before we left the school that we could practice envisioning the people to be receptive to what we wanted to share about peace. We decided to handout Universal Peace Covenants along with a brief flyer explaining the details of The Invitation coming to St. Louis in November!

Linda Blackburn said she absolutely felt that people were receptive to what she was sharing. Scott felt that people were uneasy about whether to receive him or not, at first. He thinks this had to do with the issues that have been taking place in Ferguson. Linda Pecaut expressed that she felt encouraged. "I could really feel the desire for communication, for understanding, and acceptance." Joe Pecaut stated that the people were "welcoming of others. "I was attracted to people who wanted to know more about peace and found them to be very engaging".

I found that the energy of the group was very willing to know something, anything that they could do to perpetuate peace. One person even stated that he'd read the Universal Peace Covenant as he walked around the festival. How neat! I feel this fest was a piece of what peace is all about, coming together for a common purpose.

Inspired Disciples is a gathering that was created by our own Danielle LeBeau, our Events Coordinator. We hold it on the 10th of every month. The vision for this gathering is to have students come together to share their experiences or give advice to others to complete exercises on a daily basis. It is meant to motivate all who attend to be diligent in their exercises. This is a school of applied metaphysics and it is important to put in the time and energy to do the exercises in order to see changes occur within yourself. I attended my first gathering this month and I enjoyed it! It was a really great way to socialize outside of class time and still have a solid purpose in mind. If you have any questions about starting your own gathering of Inspired Disciples, talk with Danielle to find out more! •



## Fort Worth

### THE LAST MONTH

By Leah Morris

Hello Spiritual Family! My, oh my has my tenure at the Fort Worth Branch been rich. So much is moving down here in Texas (including me to Kansas City!).

Rashard Garrett (Lesson 35) has been Director in Training for about 6 weeks now and is already amazing at opening his heart to students. Joe Easton and Brynn Byrne both began teaching short courses with the intention of becoming Teachers.

We also were able to accomplish raising \$1,000 to go to the College of Metaphysics for solar panels by asking each student to raise \$50. What happened next was amazing! We had students match the funds that came from their peers with two separate donations of \$1,000 to go to the Fort Worth branch for our building! It is true that it is the students in the School of Metaphysics are who make things happen!

The whole experience of moving to another school center is quite surreal. Reflecting back on all of the people I have been honored to create with opening a school has been heart opening. I have been reflecting upon why I chose to open a school center and what I have gained. If I hadn't, so many people who are dear to me would probably not be in my life and may have never found the School of Metaphysics. Life would be very different. Choices are important.

Moving has also brought many things to my attention that I have tolerated for myself as a Director but would never leave for someone else! (A garage full of stuff, a messy office, messy intuitive reports and more.) Thank goodness we have a solid plan in place!

When I move to Kansas City, I will do everything with the intention that I am about to leave it for someone else. This is the essence of Teaching Teachers. I am building a great deal of objectivity (which has been mentioned as a need in multiple past life crossings I have received). Here is how I am beginning to understand objectivity.

The School of Metaphysics is here to accelerate the evolution of humanity. I can be a catalyst in that process by creating the vision for more and more people to step into. I



must think of God, spirit, the whole in all that I do and expect people to step into the image with a pure heart. It's not about me or how much I do, or not having enough time, or any other ego identity junk. It's about ensuring that the Universal Teachings of the School of Metaphysics continue on forever- infinite abundance. That is exactly what I intend to do. I'm there, but I'm not. I'm holding the space but not in it.

It's the grain of wheat. If you don't know what that means, allow anyone who is studying the 3rd cycle to enlighten you! Much Love and Gratitude- Leah •

## Tulsa



### Reaching Out

by the Spirit of Tulsa

Tulsa is a center for change. We've introduced a new wave of leaders, and thinkers into our community. The motivation of new perspectives has been refreshing. The course has been described as life changing and exactly what was needed. It's been a real honor to receive the stories of growth from the individuals here dedicating their lives to learning. New awareness has come through making connections and deepening friendships through the act of service and experiencing community. The power in a simple phone call and a line of attention is supportive.

The I Am Yoga festival was a hit! Many new faces, contacts and friends were drawn to the light of vibrant individuals and handmade attractions. Everything down to the sign was made by our students here at the Tulsa



branch with love and the purest of intent. Each stroke was Year of Kindness

infused with a thought form connected with forward motion. Sean and Mandie, while learning about the power of their thoughts, continued their class project, displaying hand painted items for donation to support our outside renovation project coming soon. The heart is to enhance the curb appeal of the school to match the beauty of what we're unlocking in our minds. We had a handful of students sign up for classes and the phones have been ringing with people who "saw the sign" and listened to the soul. Emily Ashley is beginning the next class and is eager to expand through the process.

Planning and Preparation for the next few months is underway with holiday season rapidly approaching. As we begin witnessing the spirit of giving awaken in people with family gatherings and gifts we plan to give a few parties of our own. Monthly group meditations and fruit day parties that is. Marion Jacobs attended his first fruit day celebration and was thankful to receive new recipes that can be incorporated in his home for healthier living with he and his family. The heart of fruit day builds control of the body and places the mind back in the drivers seat. The effects are far reaching in that individuals learn how to incorporate a new way of eating that supports health and wellness.

Benjamin and Alana both newer students at the Tulsa branch are learning about 10 fold return through actively seeking ways to give back through time, service and donation. The balance created by the action of giving and receiving is beginning to show. We are looking forward to new faces and fun, the motion has already begun. •

## Oklahoma City

### Forward Movement

by the Spirit of OKC

After the past couple months of expanding, Oklahoma City is in a state of stabilizing. We are sustaining and building upon what we have. We are moving in a steady pace forward and working on aligning with the activity of teaching teachers. Jillian Bergman Martin, from the Tulsa SOM branch, came to Oklahoma City and gave a powerful workshop about numerology titled "Paint my Number". It was a very interactive and engaging presentation involving a lot of communication, discovery, and art. Jillian instructed the participants to calculate the numbers behind their birth name and birth day coming out with a set of 4-5 specific numbers that gave you a perspective and title for your life path and your purpose. After every person calculated their numerology, we all painted the colors representing these numbers on a small board that we were able to take home with us. Being able to create a small piece of art was such a cool part of the workshop. Now we all have a small reminder of who we are and who we are intended to become. There was a woman who came from our meet-up group and this was her first time to be engaged with the School of Metaphysics. She wrote a very touching note to Jillian after the workshop ended explaining her experience. She wrote about how for the first time that day she was able to have a true spiritual experience with her Self and that she finally understood more of what she was here on this planet to become rather than just what she is here to do. This note was filled with so much gratitude and reflected why it is so

important to have these types of events in our community! What that woman experienced is an example of the Ideal and Purpose of the School. These engaging events at our branches aid people to become whole functioning selves, accelerating their evolution toward Intuitive, Spiritual Man. There are many people out there so near and far that want what we have to offer and it can truly change their lives.

We are moving toward our goal of 25 students and we are all learning through the process. We currently have 18 students studying which is fantastic! We have a new class starting on Monday September 22nd that Susan Kerlin will be teaching! This is her first class to start in over a year and she is looking forward to giving her knowledge and wisdom and we are all very excited for her. Her Ideal is Acceptance and her goal is 10 students! Building the Oklahoma City school branch has been a great learning opportunity for us all. Here's to another month of climbing higher. •

## Springfield

### New Moon Meditations and New Classes

by Brian Hoover and Joe Sturgis

It's always a joy to see a student advancing in lessons start teaching their first class. Though I've only been at the school for six short months, I have had the privilege to see this happen twice. For both Brian and now Chris as well, I can see how very much they have grown in wisdom by seeing how they mature to interact with the new students. It is an interesting experience that signals the cyclical nature of what we do at the school: watching seasoned students mature into teachers and welcoming new students all in the same moment.

It reminds me of the cycles of the moon. Each month we observe the waxing that leads to fullness only to watch the waning that leads to the initiation of a new cycle of energy. Perhaps this seems like a loss, but the wise realize the lessons learned are never truly lost. We have been more aware of this truth in Springfield lately as we continue our new moon meditations. For the second month now, we have gathered for an illuminating meditation and discussion at the onset of the new moon cycle. These meetings allow us to practice and enhance our meditation skills while simultaneously becoming more aware of our goals and intentions each month.

Becoming aware of our intentions is an important aspect of knowing our purpose. A fundamental way we increase this knowledge is through service, one of the core elements of the School of Metaphysics at large. The awareness of serving humanity through dream awareness has been manifesting as a weekly community outreach. This excursion is conducted on the street corner in downtown Springfield, MO with a sign reading "Free Dream Interruptions!" This is a sowing of many seeds consistently manifesting interest on our signup sheets, touching others deeply, and building within us understandings of communication, confidence, and authority. We look forward to future cycles of learning and new generations of students! •

## Dallas

### Thanksgiving Comes Early!

by Kera Everett

Thanksgiving came early to Dallas as we gathered upstairs bringing food and giving thanks to our teacher and director, Brenton Harris. He is moving to direct the Columbia, Missouri branch. Students shared all they had received from him and their gratitude. We will miss his upbeat, clear, enthusiastic way of teaching us! Over the last month when Brenton was addressing us in groups, he was realizing he had taught all of us at one time or another, and seeing his influence.

Both branches in Texas are going through some big changes! Leah, who used to be a big part of the Dallas branch, and built a school branch in Fort Worth, is now leaving to direct the Kansas City branch.

Her dedication to students and her excitement have been an inspiration to us all! Dr. Damian is off on his travel adventure as the new president of the school and we are welcoming Charrie Sledge and Rashard Garrett to their new positions as directors in training for Dallas and Fort Worth! We look forward to new ways of being. Change is the nature of the physical. The qualities of gratefulness, patience, and excitement help us through these changes.

Other happenings at the school include Lesley starting a new class. Welcome to Joseph, Linda, Aaron, Stephanie, and Josiah! And congratulations to the first cycle graduates: Sheila, Kent, Bekah, Shane, Joel, and Charrie! We are looking forward to more interaction between the Ft. Worth and Dallas branches as the four second cycle classes merge into two. •



If you would like to attend the 32nd International Study for Dreams Conference please read the following steps:

1. Go to the IASD website and find out about what the IASD is, who the people are, and what it is that you will be attending.  
<http://www.asdreams.org/index.htm>
2. Talk with your Teacher, Director, and your Area Director about your desire to attend.
3. Write your Ideal and Purpose for wanting to be a representative of the School of Metaphysics at this conference. Include the activities you have taken to this point (lesson number you are at, laboratories that you have used to practice your studies through as well as leadership positions you have held).
4. Make sure that your Teacher, Director and Area Director review what you have written. When they approve your paper have your Director mail it to our World Headquarters, Attn: Board of Governors by Feb 12th 2015. The Board of Governors will review the applications and I, Dr. Sheila Benjamin will be in touch with you.
5. Once you have received approval, register for the conference. If you register before April 1st you will receive a discount. •



# Sacred Geometric Forms

By Dr. Daniel R. Condrón



In October of the year 2014, a spiritual event was held on the College of Metaphysics Campus. This creation is the planting and implementation of a new sacred geometric form. The platonic solids are listed as the tetrahedron = 4 sides, cube-hexahedron = 6 sides, octahedron = 8 sides, icosahedron = 20 sides, dodecahedron = 12 pentagon shaped sides. On this day we planted a cube. The other four forms have been planted on campus previously on the intersection of ley lines. Their planting was reported by myself in previous editions of Vibrations, the student newsletter of the School of Metaphysics.

Some of the buildings on our campus are square shaped or rectangles so I thought the other forms were more important. One day Dr. Damian said to me, "Dr. Daniel, I think we should plant a cube-hexahedron next so that we will have planted all five geometric forms." Although I was planning to plant a cube at that moment, I decided the next form planted would be a cube.

I have the ability-gift to walk the land and know perceive sacred sites. Intuitively I know the intersections of these ley lines. One day recently John Crainshaw, a College of Metaphysics graduate, visited the campus. I asked him to go dowsing the fields around and behind the Gatehouse on the western part of the campus, with Hezekiah Condrón.

After dowsing the area they reported they had found some intersections of ley lines. I then accompanied them to the area. We used metal coat hangers as dowsing rods to check the location of these ley lines. We all three agreed on these locations. John had originally showed me how to use coat hangers for dowsing rods.



On the day of the planting all the teachers in the School of Metaphysics assembled to experience this momentous event. Tad Messenger, a faculty member had, with the aid of School of Metaphysics students, constructed a four foot tall by four foot wide, by four foot deep cube made of copper tubing.

A trench about 6 inches deep was prepared, to set the cube into. Then everyone took turns shoveling dirt into the base of the hexahedron-cube to ground it in mother earth. As this process continued I charged the form with prana connecting it with Earth and Sky.

Immediately the energy from the form lit up and sent golden-white energy down the ley lines increasing their powerful tendency.

Then I led everyone in saying OM NAMA SHIVAYA, then OM MANI PADME HUM, a phrase from the bible. With each of these I saw a different color go from the cube with each of the different chants.

Next, I asked each person present to come forth and touch the newly energized form. Many reported feeling tangible energy. This creation raised the vibration of the College of Metaphysics campus

and thereby, the whole School of Metaphysics. This energy can aid in the quickening of consciousness for students in the School of Metaphysics centered at the headquarters, located at the College of Metaphysics.



The following is the experience of one of the attendees, Danielle LeBeau at the ceremony for igniting the Sacred Geometric Form, the cube/hexagon.

## Geodesic Form: Cube

Danielle LeBeau  
Lesson 10  
Teacher: Lisa Nuelle

Tad Messenger asked Davi Brown, Brian Hoover, Emily Knox and I to assist in planting the fifth geodesic form on the College of Metaphysics campus. Planting the cube at All Student Weekend September 2014, I permanently grounded a part of myself in the stability of that historical moment. We placed the form at the intersection of two ley lines into a snug square trench. I observed each person reverently shovel dirt into the trench, approach the form, and experience the energy of the installation.

Upon approaching the cube, I expected to feel heat, a tingle, or some obvious sign of the significance of the experience. Standing on the ley line, the moment felt monumental in importance, yet I was disappointed because I did not tangibly notice the energy.

Interestingly enough, during the middle of the ceremony, I did notice I had a few seed ticks on my arm. Calmly, I decided that I would address these bugs later and keep my attention on the present moment. I approached the cube, touched the form, and committed to being in persistent relationship with my Self. No great images came to mind or palpable vibration. Yet something else occurred instead... after being with the form I looked at my arm and a tick had removed its head from my skin and was sauntering towards my fingertips. In this experience, I shifted from believing to knowing that the thought form I was holding in my mind was strong enough to eject the bug and the victim mentality from my reality.

My heart and mind are uniting and aligning in commitment to the fulfillment of my Ideal. Planting this form is a symbolic representation of the stability and reliability I am building in my Self. It is an honor to be one part of the whole. •



*"The highest aim of religion is Atma-jnanam, Self-knowledge. But to attain this, knowledge of the external world is necessary."*

—Sri Yukteswar in *The Holy Science*

## MEETING the 2400 YEAR CHALLENGE

by Barbara Condon

The Activity of the School of Metaphysics is "teaching teachers."



Each year, there is a Psiber Dreaming conference hosted online by the Intl. Assn. for the Study of Dreams. For two weeks - always the week before SOM's October National Teachers conference and the week after - IASD members around the world discuss everything about dreaming. Coming off of our ideally purposeful weekend of teaching teachers - remember the magic of 6!! - I wanted to share one of my posts....

*"Amy Hardie (Psiberdreaming presenter in 2010 and documentary filmmaker of The Edge of Dreaming) re-introduced me to the Celtic traditions which inform us that everything is mystery, "my-story to tell." The journey of forays into consciousness with a locality, that is, to more commonly say the birth and life of a single individual, is that dream. The tale can be told "by an idiot, full of sound and fury," and is that not the same to say one who is unconscious to eternity? Who believes the temporal nature of 'now' is everything, worth fighting for, dying for even? It is how humanity has thought for thousands of years. I love the wisdom in the Bhagavad Gita, yet it is set on a battlefield so the spectre of the fight pervades the space leading, naturally, to the destiny of the archetypal hero Joseph Campbell described so well. ...*

*What if destiny is Self fulfillment? The journey, as so many wise masters describe, is the destination. One and the same. Nowhere to go. In time or in space. All the while, everything is understood, as the Kaballah by its very name reminds us, through receiving. It is the feminine heart, be it male or female, that knows this Reality. Perhaps the Celts, like the Tibetans, reached across the great divide of "My Side of the Story" and "Your Side of the Story" (his-stories of the masculine mind, be it male or female) into the world of "Our Story" where neither, either yet both is more than a new koan, it is the perpetual nature that exists in a much different picture of NOW. As Thich Nhat Hanh has observed, the new Maitreya may well be groups of individuals (like IASD! perhaps) rather than a single individual."*

I'm going to be talking about this for quite a while because the School of Metaphysics exemplifies this ideal so well.

It's my new mantra. I call it .... **THE INDIVIDUAL IN A GROUP.**



**As our universe** moves within the Milky Way galaxy, the vibrational space of planet Earth is experiencing a major shift that comes approximately every 2400 years. The last time (28,000 BCE) we experienced the kind of shift that is upon us right now marked the end of the Neanderthal and the birth of Cro Magnon man. Will our species be similarly transformed over the next 2500 years?

In upcoming issues, visionary Barbara O'Guinn Condon shares with us what she foresees as we cross the bridge from the Piscean age into Aquarius, the awakener.

# Meet those Studying in the 4th Cycle of Lessons

Jesse Kern

24  
Reputation

Thought without reason makes a thought less home.  
Even flowers blow away on the wind.  
Grace can only flow in those magnetized to an ideal.  
They live beyond reason where trouble eludes them.

wilting flowers of  
salt sea

## Kuan Yin Verse 24 REPUTATION Interpretation by Gael O'Guinn

The image for this verse is the "wilting flowers of salt sea". In our physical world watering plants with salt water changes the osmotic potential of the soil. In the short term this leads to wilting as the plant is not able to absorb enough water to sustain metabolic functions. Nutrient deficiencies become apparent in the plant. Eventually the plant may die. This is an image of the transient nature of reputation in our outer physical lives. One day we are richly celebrated as an Olympian champion be it of sports, money, fame, or love; the next we appear at a loss, poverty-stricken. In the Universal Language of Mind, flowers symbolize the stage of adolescence in the maturity cycle of growth - the time of extremes and setting boundaries. Jesus taught his disciples, "Ye are the salt of the earth" as a way to encourage them to look beyond momentary experience into understandings so we might know "ye are the light of the world." Thus we come to know the difference between character and reputation.

When I chose the number 24, my first thought was of the 24 elders with thrones around the throne of the One in the *Book of Revelation*. To find the descriptive word to be 'Reputation' seemed a bit more humbling. Fun!

So I have had plenty of life experience before and even during my time as a School of Metaphysics student without as much reasoning as I could have had or wanted. I just never seemed to be able to put it all together.

Fear used to be a big attractor in my attractor field; I was taught to fear and be afraid of certain things growing up in my family, i.e. sinful behavior. Even now I am very sensitive to fear in my life. The difference is that now I receive fear as an indicator that I am focused in a way upon whatever subject from the perspective of lack. What I mean is, my feeling of fear is telling me that I am thinking I will not receive the object of my desire. When I am expecting the desire to be fulfilled, I feel joy, anticipation and the eagerness of love. More specifically, when starting the countless number of SOM Mastery of Consciousness classes I have started over the past 12 years, every time I feared that people may not come, I had less people in my class than I desired. When I was expectant and firm in my expectation, like the consciousness of what a prophet symbolizes in the Bible, everyone showed up who said they would definitely be there and I knew in advance how many people that would be.

While studying in the transitional "Course in Miracles" class between the third and fourth cycle of lessons, I began waking every morning and deliberately choosing to think thoughts that caused a good feeling state of being in my mind like love and joy. Whether I was thinking of my best friend or my nephews or the beauty of the coming day, I found topics (content) that I had little negativity around and basked in the well being I felt in thinking about those subjects. And I did it long enough every morning to set my attractor field at a vibratory frequency that simply felt good and positive. Basically I felt happy and loving. Then I would just watch my day unfold from that state of mind. After doing so and continuing to do so, my life has taken a greater sense of "living beyond reason where trouble eludes them." My perceptions are sharper and my intuition more keen. I can feel when I am right on in dream interpretation, teaching and counseling, or not -- and both are OK. For because of my experience with fear, I now KNOW when I am in the Light.

**Short bio: Jesse Kern started classes at the School of Metaphysics in Oklahoma City on Memorial Day 2002. He has taught numerous students to Respondere and directed three SOM branches: Oklahoma City; Dallas; and Des Moines. Along with completing twenty months at the College of Metaphysics in the fall of 2006, Jesse holds the first three degrees offered by the School of Metaphysics as well as his Psi Counseling certificate. The son of a Baptist preacher, Jesse loves Bible and other holy scripture interpretation in the Universal Language of Mind. He has also served in the lab positions as National Peace Ambassador and one term as National Secretary of the School of Metaphysics' Board of Directors.**



Wisdom  
Compassion



Love

"The eye of the beholder of light perceived in the fire of the Sacred Heart."  
- Verse 1

After the seven students received initiation into the Fourth Cycle of lessons, each drew a Kuan Yin Verse. The numbers chosen were in a broad range beginning with number 1 and spanning to 98, just two short of the 100 span.

1  
Commencement  
Jonathan Duerbeck

2 Compulsion  
Karen Mosby

9 Roots  
Tad Messenger

**24 Reputation  
Jesse Kern**

36 Trouble  
Diana Kenney

96 Giving  
Laurie Biswell

98 Wavelengths  
Christine Spretnjak



# PSI COUNSELING CLASS: Taraka Yogi's in Training

by Dr. Christine Madar, DD, DM, Psi Counselor

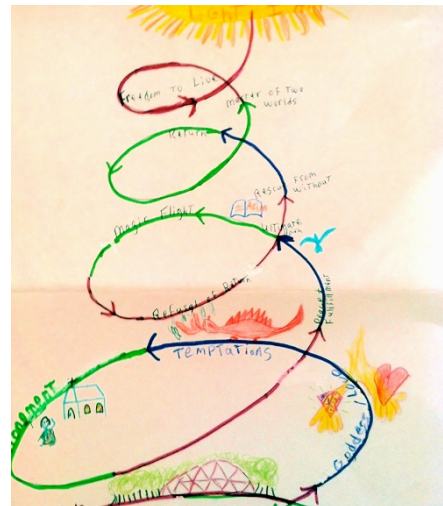
*It is always a good sign when the teacher says she loves teaching the class!* Dr. Barbara has said this more than once since the Psi Counseling class began in earnest a few months ago. Our meeting in September was concentrated into one class as we were expecting everyone who was gathering for the autumn All Student Weekend later that day.

The Psi Counseling gathering of souls is quite potent. SOM Doctorate of Metaphysics graduates, most of the Adam Class and all the students who are studying the third cycle of lessons come together with the common ideal of gaining mastery of consciousness. Everyone in the room teaches metaphysics, everyone has served as a director at some point, many who are present have been field directors, area directors and a select few have served as President. It is an honor to be part of the collective field that emanates from the Moon Valley Ranch house.

The structure of the class includes mentors (people who are already psi counselors) being paired with 1-2 current students. The purpose of this is to offer guidance and support. During this class each mentor spent time with their students reviewing a listening assignment that was practiced all month. The class also focused on Self Respect as the first essential life skill that is taught in the School of Metaphysics. Knowledge and experience with all of the life skills is a vital part of the foundation for any psi counselor! A lively and in depth discussion filled this part of class. It feels like the heart of the School of Metaphysics is beating stronger and louder than ever with this powerful group of people studying and learning together! •



*Karen Mosby mentor to Leah Morris and Larry Hudson*



## “The Wizard of Dreams” by Aneta Baranek

Last All Student Weekend we unveiled the 10 Most Wanted List for the National Dream Awareness Coordinator Lab position. You can refer to the reprint of the list at the end of this article. I received a lot of positive and constructive feedback on how the meeting went. Tarak appreciated the grand vision for the lab position as a whole. Chris thought that the presentation and the list were both very well organized and would aid us all in directing our attention to the specific goals set forth for all Dream Awareness Coordinators at each School branch. Joe Latuszek stated: "Aneta gave a thoughtful and motivating presentation on raising public awareness and funds through unique events related to dreaming."

The 10 Most Wanted list reflects the global and outward outreach that we want to engage in with others both in close proximity within our local communities as well as through utilization of the Internet and other tools to reach people all over the world. Dreams are such a great means to connect everyone, young and old, in being play-filled while learning about them-Selves.

Last February Emily Ryan at the Palatine SOM branch brought to our attention a wonderful idea accomplishing just that! She proposed for her class fundraiser to be centered on the interpretation of the infamous “Wizard of Oz” in the Universal Language of Mind. Everyone who attended the event was mesmerized with the richness of inner meaning that the story contains. It is such an exhilarating experience to be able to go deeper with a movie that so many of us watched many times before and to receive a more profound message about the journey of the inner Self.

October is time of dressing up and attending Halloween parties. We thought that it would be such a playful occasion to employ Emily’s idea of utilizing “The Wizard of Oz” and dressing up as its characters to bring out in a light and fun-loving way dream interpretation to the community. Throughout October we will be hosting a dream interpretation event on-line and appearing as “The Wizard of Oz” characters on the national Dream Webinar. We will also dress-up for our regular Dream Catchers’ meet-up, as well as attend Halloween events with the intention of sharing



what we know about dreams. We invite you all in joining us to have a playful time with purposeful intention of Self-discovery. Naturally, this idea is so universal that it can spruce up any of your upcoming fundraisers or events. Let us bridge well-known traditions with bringing dream awareness to everyone with a lot of laughter and much inner and outer connection.

If you have any questions or comments please feel free to contact me via email [abaranek@som.org](mailto:abaranek@som.org). You can also call me at the Palatine branch at 847-991-0140.



***May your dreams illuminate the INNER YOU!***

### ***Our common goals....***

- Maximum attendance [that's 100] at dreamschool Q&A webinar before 2015!***
- All SOM students receiving dreamschool membership privileges.***
- Introduction to Dreams course scheduled for early spring 2015 in every branch's city***





## GREAT IDEAS..... for Dream Coordinators



### NEWS BULLETIN.....from Chicago

Hello Dr. Barbara and Dr. Laurel,

I wanted to let you know that I received the confirmation order from the College of DuPage for the book, "**The Dreamer's Dictionary**," which will be a **required book for Spring 2015 semester**. I am very excited that students at the College of DuPage will have the opportunity to have this book.

I will be giving extra credit to the students I teach at Moraine Valley and at the College of DuPage to attend the **Dream Webinars** on Wednesday, November 5th, and Wednesday, December 3rd. Golbahar and I have just completed our proposal for the Dream Short Course to be taught at the College of DuPage, and I will also be giving the proposal to Moraine Valley as well.

I have had experiences in class at the College of DuPage, and at Moraine Valley where students were very curious about their Dreams. Students have asked if Dreams could be taught outside of the Introductory Psychology class that I teach, and I feel a strong desire to have their needs met. It truly touches my heart to watch them light up as I aid them to the best of my ability with interpreting their Dream. I see this as the beginning of us being able to reach out, and fulfill the needs of the people in our communities providing them with School of Metaphysics education.

With Love,

Kim (Knapp, Chicago SOM Director)

**1. Dreamer's Dictionary in College/ University book stores.**

**2. College Profs give extra credit to students....talk to them about our Dream Webinars!**

**3. NUMBER 6 on the Dreamers 10 Most Wanted List Dream Course – taught outside of each SOM branch at least once per year.**

**4. Psych teachers (like our own Kim Knapp) care about people. Align with her heart-centered desire to aid others, then make your contact with local teachers!**

**Set up your course for 2015 NOW!!**

# Christmas in the Peace Dome 2014

The holidays are fast approaching...

## Are you a singer, speaker or play a musical instrument?

Christmas in the Peace Dome is an annual cantata that blends traditional Christmas carols and original peace-inspired songs with the *Universal Peace Covenant*. Those who want to be a part of something wonderful and learn more about the universal truths of the Christmas story are invited to join us in October for rehearsal. We will be learning holy scriptures, visualization, dream incubation, thought projection, and much more.

Those interested in joining us talk with your teacher and send in an Ideal and Purpose paper to SOM World Headquarters by **September 26<sup>th</sup>**. Once accepted, you will be sent music and lyrics for the songs we will be singing and performing so you can practice on your own.

### Physical Practices (subject to change)

*In this cantata, I saw the value of co-creation and the truth that it initiates divine friendship. I was asked at the last minute to be a part of a scene in the song, "Peace is Real." This was with 2 ladies that I had not connected with previously. Immediately upon talking about our different roles I felt a great sense of connection. I could see the effects later as a kinship in their eyes upon looking at me. There was a distinct difference in the interaction which showed me the proof that creating together paves the way to a bond."* -- Emily Ashley, director Tulsa Branch

- 🎤 Auditions will be on October 17<sup>th</sup> at 7:30PM in the Peace Dome (you will sing or play a 2-3 min prepared musical or spoken piece)
- 🎤 First practice will be Saturday afternoon or Sunday morning
- 🎤 We will also meet on November 14<sup>th</sup>, 15<sup>th</sup> and 16<sup>th</sup>. Other practice times will be announced.

Performance of the cantata will be  
**Saturday,  
December 20th at  
7pm and  
Sunday, Dec. 21<sup>st</sup>  
at 10:30am**

*An awareness that I had was that I love singing harmony with other voices. Connecting with others through singing sacred music is amazing and I have learned so much about myself since I began singing in the cantatas the school offers. I am learning to allow love and thought forms to flow through me and out to others. It is not about me; the music exists and the body I Am uses is simply an instrument through which the holy works flow. What I do with my thinking impacts the timber and tone of the instrument. Learning to sing with whole thought forms is healing. The cantatas offer a fun way to learn about mind and I am thankful for the opportunity to learn in this way. -- Diana Kenney, COM student*





## Becoming a better Leader Through the College Experience by Mavis Renee Curry

When I made my decision to come to the College of Metaphysics I saw it as an opportunity to go deeper into Self, to learn how to be and live a more spiritual life. I had spent most of my life as a business woman. I started at the age of ten selling Christmas cards for the Cheerful Card Company. In the past when I heard the term leadership I would habitually think of an aggressive, go getter interested in a business career.

Charlotte Crabaugh shared my association of leadership with aggressiveness as well as organizations and businesses. She had described her image of a good leader as one who holds the vision for the people they lead. As she pondered this thought she said, "You know, God is the ultimate leader, holding the vision for the entire universe!" This realization changed her opinion of leadership. She now sees it as a desirable quality of the creator. Dr. Daniel describes the universe as a receiving universe. It is receptivity, the capacity to remain still and receive the whole, that enables the creation of a permanent and lasting vision.



At minimum, we all want to lead productive, prosperous, and peaceful lives. In order to do so we need to be the "captain of our ship" and direct our lives, making choices that result in the attainment of our desires. Whether personal or professional, leadership is a quality that is fundamental to success. A Harvard Business Review article, "What makes a good leader?" by Daniel Goleman, states that "effective leaders are alike in one crucial way: they all have a high degree of emotional intelligence." The article goes on to define the five components of emotional intelligence as: self-awareness, self-regulation,

motivation, empathy, and social skill. It concludes that emotional intelligence can be learned, "but not with traditional programs that target the rational part of the brain. Extended practice, feedback from colleagues, and your own enthusiasm for making the change are essential to becoming an effective leader." The College of Metaphysics is just the place to practice leadership in unique ways and get feedback from divine friends. The added bonus is the immersion in nature in a course of study that is developing all the qualities that make for a whole functioning Self, mentally, emotionally and physically.

Silvia Galvan sees a leader as someone who keeps the whole in mind when making decisions, knows how to ask questions, and leads by example. "At the College of Metaphysics I am able to choose what I lead and take the initiative to define exactly how I lead." The school offers many unique opportunities to lead. Silvia is learning to make cheese, care for the earth ship and it's inhabitants, and direct and care for the thousands of Intuitive Report requests that headquarters receives each year. These are all areas new to Silvia that challenge her leadership skills in new and unique ways.

Another opportunity to expand leadership skills is to teach others how to lead. Tad teaches the college students through his words and action that, as we work with the animals, it is important to be still and receive directly from the animals what it is they need. Larry was observant and receptive to the milk cows he works with and quickly recognized the need for leadership. A strong lead cow makes life easier for the herd and the barnyard animals who have to scamper for cover when the cows are unruly, which happens when three cows try to take the lead. Shirley, who should be the lead cow tends to be stubborn and bossy, head-butting the other cows. "I believe the reason Shirley is bossy with the other cows is because she gets frustrated when the other cows pass her up on the way to the barn. I believe with a little support and encouragement she can become the leader she desires to be.

That will help her let go of being stubborn and bossy.” I can certainly recall bosses who shared Shirley’s leadership style!

Every day decisions are made in the garden. When to spray, what to pick, what to plant, etc. Dr. Daniel teaches every morning how to care for the garden and hold our attention where it needs to be, including knowing where our feet are. Doug demonstrates his leadership skills keeping us focused when Dr. Daniel is unavailable, maintaining a constant eye on what is happening in the garden. “Leadership describes a person’s ability to set a model example while directing others in the pursuit of a goal,” says Doug. While charisma is often mentioned in documents of leadership, the ability to delegate Doug believes is the most valuable. “Effective delegation requires good communication, which means the leader confirms that the other has heard and understands what has been offered. An ideal leader leverages herself through delegation to multiply her influence thereby expanding not only her influence but that of the group as well. When a leader is generous in these ways, the group prospers.” And so does the garden. Most of what we eat at the college comes from what we grow with our attention and love. Doug holds a vision for a productive and beautiful garden which also includes the addition of canna lilies framing the front of the upper garden.



As Charlotte recognized, the quality of leadership includes the capacity to hold the vision for others to follow. We enhance our capacity to hold the vision through our visualization exercises that begin in the first cycle and continue to grow in scope and depth as we progress through our studies. At the college, we practice visualization constantly, from Larry visualizing how the cows will progress to and from the barn each day, to Charlotte teaching and visualizing the progress on cheese creation, to Doug visualizing the abundance of produce resultant from a well cared for garden, free from predators like bugs, chickens or deer.

Every month we practice expanding the scope of our visualization skills on a larger scale as individuals from the branches join us at headquarters for third weekend, spiritual focus sessions, to special events like all student weekends and the 40th anniversary. Karen visualizes the perfect meal plan which includes what and how the food will be prepared, teaching and offering us new ways to lead others and to be flexible to the changes that can and do occur, especially on large weekends.

On these weekends I get the opportunity to lead karma yoga, organizing and directing college students who in turn lead branch students on the love and care of our campus. On all student weekends, branch students, directors and other school leaders have the opportunity to plan and visualize the activities and opportunities to lead and learn in new and creative ways.

The greatest vision we all hold is the development of a whole functioning Self and a whole functioning school. The scope leadership required to do this expands to include as many as are willing to put forth the effort. It all begins and ends with the self. The scope and quality of my leadership has been uniquely enhanced and expanded by the college experience! •



**“The School of Metaphysics is coming, the School of Metaphysics is coming”**



“Revere was possibly the best-connected man in Boston, and when alerted to the impending British attack on the armory at Concord, he was able to alert and arm much of the Boston countryside.” Excerpt from *The Tipping Point* by Malcolm Gladwell

**“The School of Metaphysics is coming, the School of Metaphysics is coming”**

I feel a little bit like Paul Revere right now. If you all remember Paul Revere was the man who rode through the countryside yelling, “The British are coming, the British are coming” in a fledgling country that later became the United States of America.

Why do I feel like Paul Revere? Because I am coming to you to wake you up! There is an opportunity that exists at this time in the School of Metaphysics that you need to know about. As you all heard, from Delegation Leader Dr Sheila Benjamin, the School has reserved 35 places to the Parliament of the World’s Religions hosted by Salt Lake City, Utah next October.

Did you hear what I said? The School of Metaphysics has purchased 35 reservations to the Parliament of the World’s Religions! Do you understand what I am saying here? As far as I know this is the first time the School of Metaphysics has made this level of commitment on behalf of its faculty and students. Many individuals have personally purchased tickets and represented the School at past Parliaments, IASD Conferences and the like.

This is the first time that **we as an organization** have made the School of Metaphysics financially accountable for our participation in an event sponsored by another organization to send a delegation of Teachers, Directors, Field Directors, Area Directors, and Doctors under the name of the ***School of Metaphysics***.

This is the third time that the Parliament has been hosted by a city in the United States. The first time was in Chicago, Illinois in 1893 and Chicago, Illinois also hosted the second time in 1993.

Do you see why I feel like Paul Revere??

Your National Treasurer

Larry Hudson

by Larry Hudson

“Paul Revere's vast web of acquaintances allowed him to spread the word that the British would soon attack, but he also relied on his knowledge of the current situation, a trait not typically associated with connectors. These two traits made Paul Revere an extraordinary man: he had the communication skills of a connector, and the knowledge of a maven.” Excerpt from *The Tipping Point* by Malcolm Gladwell

# 2015 PARLIAMENT OF THE WORLD'S RELIGIONS SALT LAKE • OCT 15-19



Now is the time to talk to your teacher, director and area director about your interest in being one of the members to be a part of the School of Metaphysics delegation to the World's Religions in Salt Lake City next year. You are asked to submit an Ideal, Purpose and Activity paper first to your teacher. If your teacher is in agreement then you will both talk with your director. When he or she gives their stamp of approval it then must be blessed by your area director. After these steps are completed it will be submitted to the Board of Governors for their illumination.

As Larry has stated in his article, the school has purchase a block of registrations and will be offering them to the students, teachers and leaders who have the desire to attend this Historical event as a representative from the School of Metaphysics.

I will make sure to keep you informed as to future events and happenings. I have informed the Parliament office of many of our interests to volunteer at the actual event. I have found that through giving service in this manner you have a great opportunity to meet many interesting people.

At the present time several of the Doctors of Metaphysics are considering submitting program proposals. These will be submitted to the Council for their consideration by the 1st of the year. We as an educational organization have much to offer the world in relationship to their theme "Reclaiming the Heart of our Humanity." I do know that Brenton Harris is working on submitting a proposal to offer *The Invitation*. All submissions will need to be approved by the Board of Governors before sent to the Parliament office. We must be of one voice, one mind, one thought.

*"Reclaiming the Heart of our Humanity"*



## IMAGINE ALL THE PEACE WE CAN SPREAD!

The Peace Ambassadors are gearing up to teach the Spiritual Ethics Course Gathering in November and they are all excited and enthused about it. The plan is that we will first be teaching the class in the School Branches in the month of November. Peace Ambassadors will be looking for a location outside of the School to teach the course after as a follow-up to the **2015 Meditation**.

We see great potential in this endeavor as this is a wonderful way for the Peace Ambassadors to grow and expand their awareness of Peace and to plant the thought of creation in everyone they meet.

We believe that we can start a REAL peace movement by teaching this class because each individual who comes to this class will have a place to share, interact and commune. This type of Open Space will build strength in the community that the schools are in. Just imagine teaching the **Spiritual Ethics Course** to a College class of 100 students!

The School will be known as a place to come to experience Peace.

This month, Peace Ambassadors are also sending out requests for Peace Proclamations for the Universal Hour of Peace (11:30 pm 12-31-2014 to 12:30 am 1-1-2015) to their city and state officials. Imagine us with **Peace Proclamations** from every city and state where we have a school. This will build toward obtaining a proclamation from every state in the U.S. I believe if we can do that then we may be able to have The Universal Hour of Peace nationally recognized by the Government.

Soon we can be reading the **Universal Peace Covenant** at Times Square and it can be televised for the world to see! Anything is possible and it always starts with one person at a time. One Proclamation at a time.

Stay tuned for more news on the Spreading of Peace throughout the World..  
Peace to you!

Golbahar Dadyan  
National Peace Ambassador



## 20'15" MEDITATION

*"We call upon each individual to stand united, responding to the need for peace."*

*In 1993, a group of 4,000 people meditated in a crime-ridden Washington, D.C., effectively lowering the crime rate over 23% in just a few months' time. What would happen if millions of people around the globe united in a similar endeavor? The world is ready for this quantum shift.*

*Since 2003, people around the world have joined together in mind and heart with those gathered in the World's Peace Dome to ring in the New Year with the "Universal Peace Covenant" during the Universal Hour of Peace. This year join us in a Peace Vigil by fostering a personal vision for 20 hours and 15 minutes of meditation. Schools of Metaphysics will be holding space in 16 cities across the U.S.A for people to gather and meditate. Create an opportunity for peace to live and breathe in 2015 by joining us beginning at 3:45 a.m. (CST) on Wednesday, December 31 in an ongoing meditation that will last until 12:00 midnight.*

*Whether you've practiced for years or never meditated, add your light for as long as you desire. Every second of meditation counts, so contact your local School of Metaphysics branch for details regarding opportunities and venue location, or gather with family and friends wherever you are.*

## This Girl is Changing our World



**WHO IS SHE?**

Find out  
on page 24



## Perpetual Motion in Maplewood by Joe Pecaut

Joe decided to invite the First Lady, Michelle Obama, to attend **THE INVITATION** performance in St. Louis. Why not?! He went to the Post Office to send a registered letter to her. The lady behind the counter said the letter must be important so he shared that he was inviting the First Lady and her family to attend a play about peace in St. Louis. He talked about **THE INVITATION**, and gave the clerk and her co-worker copies of the Universal Peace Covenant and flyers for the performances. They were both open to receive and became really excited.

That's what we've been attracting in Maplewood. Our thoughts of peace and love, and actions on behalf of **THE INVITATION** and the School of Metaphysics are having a ripple effect. There's still a lot of unrest in St. Louis and we are providing an opportunity for people to *do* something for themselves and the world - uniting the community in peace!

Debbie Hudson, Caterina Williams and Linda Pecaut spent some time in the Grand Center area near Cardinal Ritter College Prep and made some strong connections. Their intuition led them to several schools, churches, and businesses that were very open to receive the vision of a community coming together in the name of peace! As they were walking down Grand Avenue, they were attracted to a flock of birds soaring across a storefront. As they got closer, they realized the birds were doves cut out and taped to the window, each with a profound expression of peace such as 'Love,' 'Peace,' 'Ferguson,' 'Think Positively,' etc. They learned later they were created by students from the Grand Center Arts Academy (a charter school for grades 6-10) as a way to express what they were feeling.

After that, they discovered a building recently renovated for businesses relating to Creative Arts - yoga, meditation, music therapy, talk therapy for teens, and other groups. They were warmly greeted by three women who became very excited about the School of Metaphysics, **THE INVITATION**, and the *Universal Hour of Peace*. They talked about ways to work together and the women vowed to become involved by sharing SOM and **THE INVITATION** information with their clients. They also visited two churches, one of which connected them with a school (grades 5-8) that was located in its lower level. It was serendipitous they were led to schools they weren't previously aware of so they could extend invitations to the student performance. They also stopped by "Earth Rabbit" (of course they found a meditating rabbit in the middle of the Grand Center area!) and snapped a photo. "Coincidentally", there was a sign that said students from Cardinal Ritter College Prep helped to create it with other groups from the area.



At the same time they were in the Grand Center area, Stephanie Gligros and Scott Hippert, students studying Lesson 8, canvassed the Maplewood area requesting food donations. They took time before entering each business to connect with their goal and purpose, mentally preparing for each interaction. They experienced great success as the businesses offered gift cards and certificates, breakfast pastries, and names of other businesses that would be interested in contributing. One began to offer items before they were finished talking!





## Perpetual Motion in Maplewood

con't from page 22

Lisa Nuelle is a mentor with Big Brothers/ Big Sisters connected us with that organization and the Director pledged that "Bigs" will bring their "Littles" to the performance. Linda Blackburn has dedicated her time and energy - even while on vacation! - in Virginia to secure lodging and food for the event.

Passion and energy is generated from the *person to person* contact and is a direct result of the ongoing

energy we've been generating from contacts with media, emails, letters to corporate offices, regular meetings, and ongoing student participation.

This energy has mounted from those first waking moments of the desire to bring THE INVITATION to St. Louis to the manifestation of this desire bursting forth. It has come from a passion to serve and from each individual contributing their unique abilities and talents to the whole. Much of the effort has been behind the scenes and is now moving out into full manifestation. We thank all those who have contributed to these efforts as we continue to move the energy forward.

## Love is...

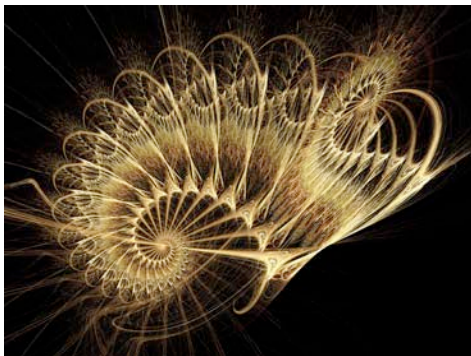
*that feeling that you get, sometimes it's hard to explain, it comes from within. Love are the things that you do for other people. Love is warmth. Love has the characteristics of caring, compassion, peace, joy. Love is cooking breakfast for a friend, holding someone when they are in need. Love is not the actions that we do for other people but the feelings within that motivate those actions. Love is unconditional. It's in all of us. Everyone has Love in some form or another. Love is an emotion, one that is mighty and powerful. We use it to create and sometimes it destroys. Love is peace. Love makes the world go round. Love is light. Love is in the cookies that I bake. Love is why I'm here today.*

Piotr Koscielniak

*Love is... eight women and eight men coming to the College of Metaphysics to profess peace and love to all of mankind.*

Tad Messenger

12-31-2013



*I AM Love. Love is energy that is a natural part of my make-up. Physical, Mental, Emotional, Spiritual. I am born with it and I can access it at anytime, experience it, give it, receive it, expand it, and it is a part of my soul. Love goes with me when I transcend out of this physical body. Love is permanent, I am the one this incarnation, in that natural state. I have pushed love away,*

*I've covered it, I denied it, I fought it, I fell into it and out of it, I lied about it and I cried about it. I uncovered it and it's a powerful energy in my life that I give to others freely and willingly. I also receive it.*

Christopher Stohr

THE PEACE DOME



## WHO IS MALALA and Why Does She Matter to YOU?

by Barbara O'Guinn Condrón

**Two years ago,**  
October 9,  
Malala

boarded her school bus in the northwest Pakistani district of Swat. A gunman asked for her by name, then pointed a pistol at her and fired three shots. One bullet hit the left side of her forehead, travelled under her skin through the length of her face, and then went into her shoulder. She was flown to England and her miraculous recovery is a story worth hearing.

**Last year, July 12th**, her 16th birthday, Malala led the first "youth takeover" of the UN and spoke to an audience of 500 young advocates calling for worldwide access to education. *"The terrorists thought they would change my aims and stop my ambitions, but nothing changed in my life except this: weakness, fear and hopelessness died. Strength, power and courage was born ... I am not against anyone, neither am I here to speak in terms of personal revenge against the Taliban or any other terrorist group. I'm here to speak up for the right of education for every child. I want education for the sons and daughters of the Taliban and all terrorists and extremists."* She was nominated for the Nobel Peace Prize which went to the Organization for the Prohibition of Chemical Weapons.

**This year, at 17**, Malala Yousafzai is the youngest recipient of the NOBEL PEACE PRIZE to date.

I first heard the news through an email Larry Hudson, SOM Treasurer, sent to me.

Immediately, I sent the email at right to the cast of THE INVITATION - current and past members. Please read on!

### **email October 10, 2014....**

Sending this out to all of you who bring THE INVITATION to life. Perhaps how we fuel the A-Field is helping to shape our destinies. Debbie and Joe and Diana .... Obviously, **THE INVITATION** in St. Louis at an African American College Prep school - *young people who are Malala's age!* - is heaven sent. The universe IS scripting this amazing time for SOM! It is time to respond NOW, this moment. Call all your media - the connection is Nobel Peace Prize winners coming to St. Louis in November for **THE INVITATION**.....

The rest of us have perfect timing with the **Spiritual Ethics** course being taught in SOM branches schoolwide in November. I suggest looking at these three youtubes, perhaps adding some current ones that, no doubt, are up and making a preliminary night for the week of Nov. 2nd (the week before the class begins). Let's call it **WHO IS MALALA and WHY DOES SHE MATTER TO YOU? ....**

Malala shares the prize with Indian child rights activist Kailash Satyarthi. The media are stressing what the Nobel committee is saying that the pair were awarded the prize **"for their struggle against the suppression of children and young people"**.

The dark side again is emphasized. The negative polarities on the Emotional Doorways. Reminds me of 1993 Parliament of the World's Religions embracing of *The Global Ethic* (please read our title, **Dreamtime** chapter 13.)

Just as our response to the *GEthic* was the *Universal Peace Covenant* so our response to the REAL reason why Malala is said to be awarded the prize can make the difference. What is that REAL reason? EDUCATION, for the whole Self!!!

**How can we respond to this amazing news to EDUCATE our communities about what SOM teaches?** Let's start a dialogue in this season of peace!

I will begin by carrying Malala's theme forward!

***"One child, one teacher, one book, one pen can change the world."***



**January**

Dec 31st-Jan 1st - Peace Vigil....20 Hours and 15 minutes of Meditation

Jan 2nd-4th General Assembly

Jan 16th-18th - National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

**February**

Feb 7th - Area Teachers meeting

Feb 20th-22nd - Dream Awareness coordinators meet as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

Feb 27th-March 1st - Spirit of the Healer Spiritual Focus Session

**March**

March 1st - 3rd - Powers of Ten Spiritual Focus Session

March 20th - 22nd - National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

**April**

April 3rd-5th - National Teachers Conference

April 17th- 19th -National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

April 24th-26th - National Dream Hotline®

**May**

May 15th-17th - All student weekend as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

May 29th-31st Vision Quest

**June**

June 5th-9th - IASD (in west virgina)

June 19-21 - SIR Coordinators meeting as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

**July**

July 10th - 12th - Genius Code Spiritual Focus Session

July 12th -14th - Kundalini Rising Spiritual Focus Session

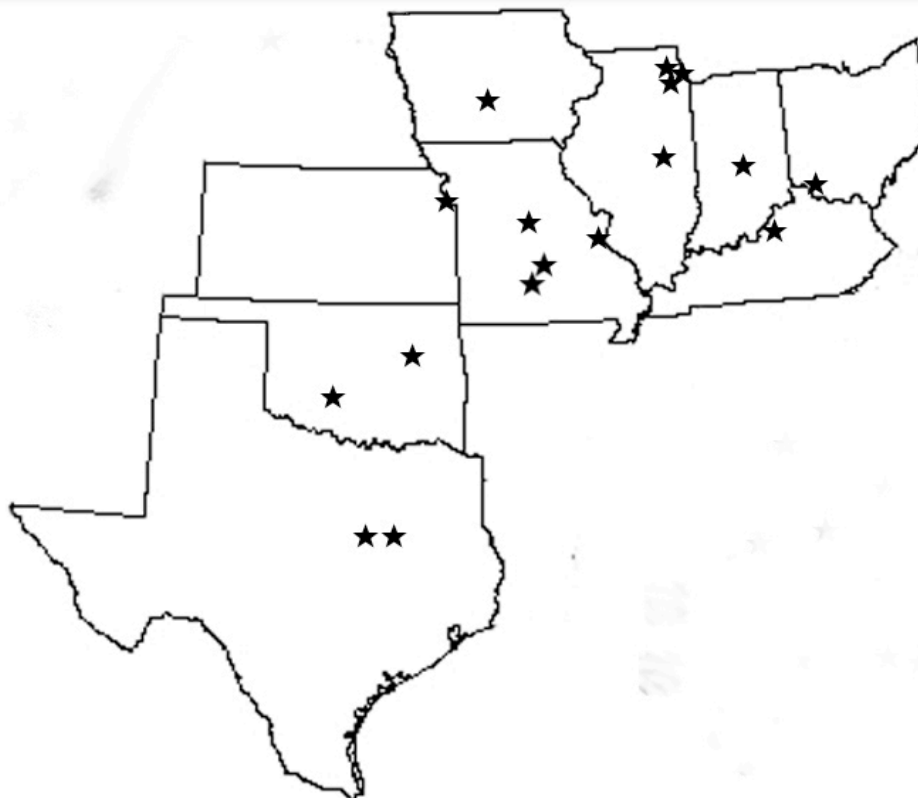
July 17-19 - Peace Ambassadors gather as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

**November 7 - 9 -- Kundalini Rising SFS**

**November 17 - 18 -- The Invitation in St. Louis**

**December 20 - 21 -- Christmas in the Peace Dome**

**December 31 - January 1 -- Universal Hour of Peace**



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