

INTUITION NEWS

Give the Gift of Wisdom

- by Dr. Laurel Clark, Dean of Intuitive Research

The holidays are right around the corner! Are you looking for a unique gift for family, friends, or other loved ones? You might consider giving an intuitive report from the School of Metaphysics. This wonderful service will offer your friend a fount of wisdom that keeps growing.

An *Intuitive Health Analysis* can aid people to understand how to cause health and wholeness spiritually, mentally, emotionally and physically. Parents love the knowledge this brings them to serve their children's needs. People of all ages can benefit from understanding how to live more holistically.

Past Life Crossings are great for understanding relationships with another person. What can these two souls learn from one another? How can their association benefit one another? Family Crossings give a family a new perspective on the dynamics of their interactions and how to understand and resolve their group karma.

An individual *Past Life Profile* tells an individual what lesson his or her soul is currently "studying" in the Book of Life. It is like finding out what step one is taking on the ladder of soul evolution and how to best fulfill those spiritual needs.

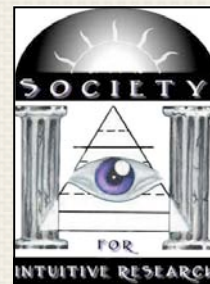
Several months before my mother's 75th birthday, I asked my family members if they would give permission for a Family Crossing. I wanted to give this to honor my mother's birthday. Although my sisters and mother and

I were spread across the United States, we were all going to be together for a 75th birthday party. I thought the crossing could give us a focal point for our conversations and help us to resolve some karma.

I am so glad that I made this choice.

At that point, we thought that my mother would live to be nearly 100, based on her active healthy lifestyle and her genetics. Her mother lived to 89 and her aunt to 101. As it turned out, she passed away just four years after that. Having the knowledge from that Family Profile helped me to understand and change some karmic patterns and also was extremely valuable in aiding my sisters and me to respond to the details of her death, funeral, and estate.

I encourage you to explore the intuitive reports as an unusual gift of health, knowledge, understanding and resolve. •



We want to update our logo for the Society for Intuitive Research. Creative individuals who would like to design a new logo for the Society for Intuitive Research need to submit their ideas and drawing by November 7, 2014. Please email to Sir Newsletter at som@som.org or send it through the mail to School of Metaphysics, 163 Moon Valley Rd., Windyville, MO 65783, attention SIR Newsletter.

SIR NEWSLETTER

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DISCLAIMER

The information and knowledge in this newsletter/intuitive report is designed for educational purposes only. It is not intended to serve as a prescription or medical advice, therefore should not be used for diagnosing or treating a health condition or disease. Intuitive Wisdom is not a substitute for medical care. If you are currently under the care of a health care provider it is essential to consult with him or her before implementing these suggestions.

IT IS EASY TO START A SIR CHAPTER

1. Receive an intuitive report
2. Gather others who wish to have informative discussions about intuitive knowledge contained in the intuitive reports.
3. Use book resources recommended each month or email som@som.org for a book list.
4. Let us know when and where your meeting will be held and we will put it in the newsletter.

THE SPIRITUAL FOCUS

THE GIFT FOR THOSE WHO HAVE EVERYTHING

KUNDALINI RISING: This session teaches you how to balance the polarities of physical existence. It teaches the new intuitive art of entrainment through neutralizing the polarity that holds you earthbound. You can transform energy for higher creativity through knowledge of the classical, seven major chakras binding soul and body together. These energy transformers toil silently, perpetually, on your behalf empowering your mind and body. The Transference of Energies Report describes how you are drawing on these different channels of energy in your life, and the personal changes needed to free up and use more of the potential creative energy now available to us as spiritual beings.

The SPIRIT of the HEALER: Health is the divine state of wholeness in spirit, mind and body. Beyond healing modalities is a causal force that determines who is healthy and who becomes ill. From this same causal point, emanate the specific qualities and understandings each individual possesses that bring about a healing presence. When you are in contact with Self as a healing presence, you are aware of your influence in others' lives. The Healer's Portrait describes the greatest understanding you have made a part of yourself related to this wholeness. This is your Presence. This session teaches what anyone in the health and social services fields needs to know to tap into a higher purpose for healing allowing the rejuvenating power of Spirit to work in your life.

POWERS of TEN guides you through ten shifts in consciousness to reveal your Whole Self. This weekend is designed to give you the experiences you need to make that quantum leap in consciousness, the Ten Skills Essential for any Whole, Functioning Self. The Intuition Analysis describes how one experiences intuition and how to personally receive, respond, and encourage this skill.

THE GENIUS CODE: Left brain. Right brain. Challenge the limits with instruction in consciousness. From synesthesia to dream incubation, you will learn how to better connect your conscious mind and subconscious mind. The Dream Consciousness Circuit becomes the

What is a Spiritual Focus Session?

Spiritual Focus Weekends at the College of Metaphysics feed the whole Self. They renew your purpose and bring clarity to your thinking. They stimulate your inner drive and resolve while feeding your hunger for knowledge. Here you learn about the most important person in your world – You!

Each session is mentored by three people, all psi counselors who have completed the School of Metaphysics course of study and who have taught others how to develop more of their potential. You will meet and talk with the authors of **Superconscious Meditation, Kundalini Rising, Karmic Healing, and Lucid Dreaming.**

Throughout the weekend, quiet time of solitude is balanced with interaction with others. Those present are as much a part of your weekend as your mentors. Each group is drawn together through the action of Spiritual Law. The experiences of one person gives a fuller, greater perspective for your own. Conversation is rich this weekend owing to the openness of the environment and to the students who serve your needs.

The intuitive wisdom pertaining to the topic of the weekend will be given in your presence. There will be time for questions and ways learned to answer them. By Saturday evening, the day's experiences are distilled into the context of your life. You have effectively initiated, experienced, and completed a complete cycle of growth in approximately 40 hours.

Come [find out](#) what a weekend in the fresh air and stillness of the countryside can do for you!•

SFS WISDOM

Spiritual Focus Sessions

Scheduled 2014
November 7-9, 2014

-- **Kundalini Rising SFS**

Scheduled for 2015
February 27- March 1

-- **Spirit of the Healer SFS**

March 1-3

-- **Powers of Ten SFS**

July 10-12

-- **Genius Code SFS**

July 12-14

-- **Kundalini Rising SFS**

September 11-13

-- **Dharma Session SFS**

September 13-15

-- **Meditation: Uniting with the Divine SFS**

means to unify these parts of mind. Self as a creator is revealed in your Creative Mind Report which examines existing mind patterns and gives suggestions for thinking with the whole mind for greater health and prosperity.

DHARMA: Your Soul's Purpose If you have ever wondered why you are here or had a profound sense that you are here to do something that you have yet to put your finger on, this weekend will give you specific insight into what you are supposed to be doing this lifetime so you can manifest your destiny. The Dharma Profile describes the intuitive cluster, unique to you and formed through alternative realities, that creates your soul purpose for this lifetime. You learn how to give what you are here to give and be what you are here to be.

MEDITATION: Uniting with the Divine Superconsciousness is your connection with the Divine. Through Superconscious Meditation you open yourself to receive divine energy and guidance. The Meditation Profile offered at this session describes how to live meditatively so it can become your everyday state of being. Whether you are just beginning a meditation practice or have been meditating for many years, this weekend will aid you to move your meditation practice forward.•

CHAPTER NEWS

MONTHLY FOCUS FOR MEETINGS

Health Analysis...Explains the state of health for an individual mentally, emotionally, and physically as well as what can be improved in all three areas.

“There is a great desire within this one to create, and we see that there is insecurity in that regard that is causing this one to be torturous with the self. This one creates fears, imagines fears, concerning the ability for this one to image and attain what is desired. We see that this one’s natural urge is to express, is to reach forward, and to look forward in this one’s vantage point. We see, however, there are experiences which this one has had that are at odds with this, and we see that this one does not know how to reconcile these. We see that this one’s experience has taught this one not to hope, not to hold high expectations from fear that they will not come to pass. We see that this one is in conflict concerning this. We see that it creates turmoil in this one’s thinking and does cause this one to hold back from being honest with the desires and being willing to act upon them. We see therefore this has become a crux of dishonesty within this one that this one resents.

INTUITIVE HEALTH ANALYSES FOR THE WHOLE FAMILY

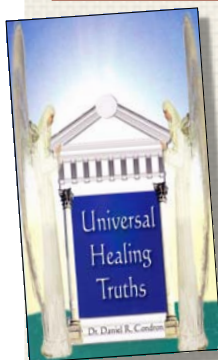
We see that there is a need for this one to recognize that there is a difference between this one’s choices and that of other people. We see that the ability for this one to love, and to love in a way which does not have conditions would be very helpful in this one’s ability to reconcile that which seems so distant and apart. We see that there have been some difficulties between this one mentally and emotionally in this one realizing the intentions of someone and realizing that their ideas and intents are not in alignment. This one has not really been able to focus on this or identify it to this point, however, there is a need for this one to begin to recognize that the thinking processes, many times, are far away from the activities. The ability for this one to unite hers, to think and act continued on page 7

HAPPENINGS INTUITIVE HEALTH ANALYSIS

THEY ARE OFFERED: UPON REQUEST BY THE INDIVIDUAL AT THE LOCAL SOM OR AT OUR WORLD HEADQUARTERS

SESSION IS SCHEDULED: AFTER RECEIPT OF THE INTUITIVE REPORTS REQUEST FORM AND THE MINIMUM DONATION.

TO REQUEST A REPORT: GO TO WWW.SOM.ORG CLICK ON ‘WHAT SOM OFFERS’ THEN AND CLICK ON INTUITIVE REPORTS.



Suggestions for this month’s meeting:

1. Have people bring a Health Analysis to go over in the meeting.
2. In relationship to the Law of Attraction, look for commonalities between the reports that were brought in, then discuss five qualities found that lead to greater health.
3. Focus on the book *First Opinion* by Dr. Barbara O’Guinn Condrón for stories of how others have used their Health Analyses.
4. Use *Universal Healing Truths* by Dr. Daniel Condrón as a daily guide for healing affirmations.

FIND A SIR CHAPTER

(list of meeting groups contact: where/when, person, email)

Louisville, KY

Every 4th Sunday 3:00 pm
Contact: Rory Colgan
(502) 650-7316 or Jesse Reece
or Taraq Uday at the SOM at
(502) 452-2501



SIR meeting at the SOM in Springfield, Missouri

SIR Chapters at School of Metaphysics Branches

Springfield, MO

springfield@som.org

Dallas, TX - dallas@som.org

Ft. Worth, TX -

ftworth@som.org

Oklahoma City, OK -

oklahoma@som.org

Tulsa, OK - tulsa@som.org

Kansas City, KS -

kansascity@som.org

Des Moines, IA -

desmoines@som.org

Palatine, IL - palatine@som.org

Chicago, IL - chicago@som.org

Bolingbrook, IL -

bolingbrook@som.org

Urbana, IL - urbana@som.org

Indianapolis, IN -

indianapolis@som.org

Cincinnati, OH -

Coffee Empourium

Second Sundays @ 11am

cincinnati@som.org

Maplewood, MO -

maplewood@som.org

Columbia, MO -

columbia@som.org

The KUNDALINI RISING Spiritual Focus Session

KUNDALINI'S HEALING POWER

Consciousness is. It flows through every living thing conveying a wholeness beyond the limits of the physical mind and body. It is recognized in cultures, honored in most. This consciousness wears many names. To the Chinese it is chi. To the Japanese, ki. The Hindu yogas call it prana, while the Sufi name it barakah. In the Hawaiian Kahuna tradition it is mana, and in the native American, Great Spirit. What people think of as healing

comes through that Spirit of Being that flows through us all.

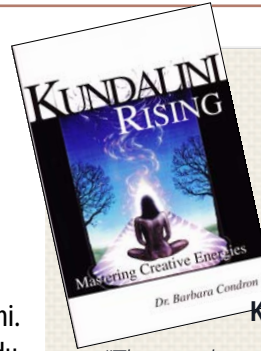
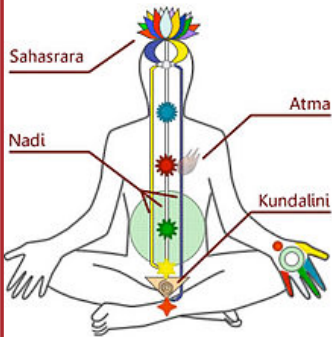
This Spirit has been a lifetime passion. Year after year, it finds a focus as I prepare to teach the Kundalini Rising Spiritual Focus Session on the campus of the College of Metaphysics in Missouri. Part of this teaching focuses on the exchange of energy between mind and body evidenced in the chakra systems.

THE CHAKRAS

The seven major chakras are the agents of recycling the energy an individual uses to live. Their presence connects seven levels of mind with seven vehicles for experiencing. Buddha called this connection the fields of enlightenment and chakras enable the energy to descend and ascend, to breathe the breath of life described in the Old Testament of the Bible.

The chakras are the network through which body/mind/spirit interact as one wholistic system. Vital force, called prana shako in yoga, and mental force (manas shako) flow through every part of our body via nadis. Each chakra in the body is recognized as a focal point of life-force relating to physical, emotional, mental, and spiritual energies.

The seven major chakras correspond to specific aspects of our consciousness and have their own individual characteristics and functions. Each has a corresponding relationship to one of the various glands of the body's endocrine system, as well as to one of the seven rays in the light spectrum detected by the human eye. For this reason, they respond when the light of our attention shines upon specific thought forms. These thought forms support wholeness and can be employed whenever the mind requires rejuvenation and the body needs restoring. I present this research in an upcoming book, *Healing Affirmations from the Akashic Record*, edited by Rev. Karen Mosby.



Thirty years after documenting Kundalini's awakening, Barbara Condron introduces us to **The Creator's Odyssey**.

Excerpt from a Transference of Energy intuitive report. Only offered at the **KUNDALINI RISING Spiritual Focus Session**.

"This one has a very highly developed ability to trust and we see because of this there is a very strong ability within this one to allow energies to flow through the self. We see that in this there is the capacity for great healing within this one and between this one and others. We see that it is through the ability for this one to receive this, to accept it and to recognize that there is the capacity for this one to direct it that this one will be able to cause there to be a fruition of the energies that are available within her."

TOE 01-24-2002-BGC-03

Register to attend the KUNDALINI RISING Spiritual Focus session November 7-9, 2014.

AFFIRMING WHOLENESS

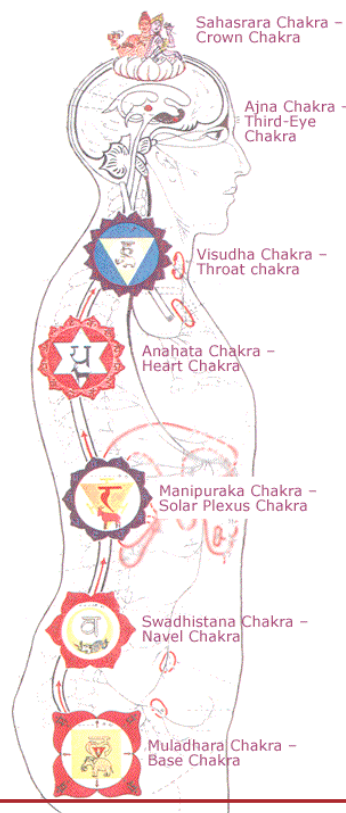
Visuddha is the chakra of expression. Manas shako of willfulness flows through this center connecting mind and body at the point of the thyroid gland thus the common name Throat Chakra. Energy moves from mind through the physical body energizing our creations with our individual flare. The quality of thought governing Visuddha's action is the drive of Self Awareness.

This chakra communicates individual creativity. It affirms the existence of what we create by energizing seed thoughts. When this energy languishes, we feel thwarted or inept.

Feel run down or find even simple choices difficult? Give time each day to this mantra for self-healing:

"I affirm Truth is the reason for my existence"

Now, live it in thought and action!•



Intuitive Insight Every Parent Should Have

- by Dr. Laurel Clark, Dean of Intuitive Research

Every parent wants the best for his or her child. Most parents do their best to care for their children, but how do they know what their child needs when he or she is too young to speak?

An Intuitive Health Analysis is a valuable resource for understanding the soul in that little body. Wisdom drawn from the subconscious mind can tell parents what goes on in their child's mind. This may be quite different from what the parents think. It sheds light on who the child is, what s/he needs, and how the parents can best serve him or her.

For example, two very young parents were worried when their 2-year-old daughter seemed (to them) to be hurting her younger sister. The baby was only a couple of months old, and her older sister was pulling her hair and poking her. The parents thought that the older sister was jealous. They had heard and read that sibling jealousy and rivalry was common in children that age.

They requested a health analysis for the 2-year-old. Surprisingly, it told them that the child was not being mean to her sister. She wanted to understand emotions, and the parents were very guarded in the expression of their own. They both thought that they needed to put forth a certain image of "control" and tended to hide their emotions, particularly anger or frustration. They put on smiles when they weren't happy and did not understand how to resolve conflict in themselves. The health analysis, even though it was for the child, gave suggestions to the parents regarding how their changes could influence their daughter.

The most important change [for the parents] is for these ones to be clear in what they communicate, that is, there is a need for them to speak words that match their thoughts and

to speak words that match the emotions. Much of this one's [the child's] difficulty is that this one receives very mixed messages particularly emotionally... These ones (parents) deny their emotions. Both of these ones in different ways desire to maintain a particular posture, a particular image, that is not based upon truth. Therefore, when these ones are angry and are not pleased with this, they deny it. When these ones are feeling guilty they do not want to admit this because it would mean failure in some way. Therefore there is an attempt to cover this up.

The parents' denial of emotion was confusing to the child. Her sister did not have the same kind of false front. When the 2-year-old laughed, the baby laughed in response. When she pulled her hair, the baby cried. When she poked her, she made a sound of surprise. The health analysis told the parents it was simply a way for the older sister to understand cause and effect:

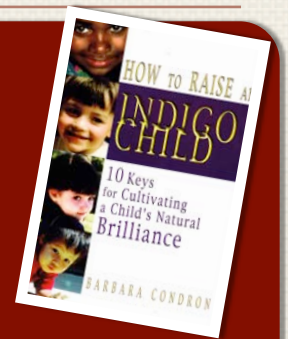
This one [the child] is experimenting with her own expression and her own means of communication. This one's intention is not to hurt... she is simply attempting to cause there to be an outer manifestation. We see that because this other who is younger is new and is very open, there is a direct match between what this one does and the effect it produces, and this one is curious about this. (111996LJC2)

Parents who want to know how to guide their children can trust an Intuitive Health Analysis to give them clear and direct counsel. Most parents find great reassurance and security in knowing what the child needs and how they can provide it. •

Book Excerpt

How to Raise and Indigo Child

by Barbara Condron



Getting Inside Your Child's Head

At some point every parent thinks, "If I could only know what my child is thinking." Whether in the mind of a new mother whose efforts to soothe her newborn seem to meet with failure or in the mind of the father who watches his daughter leave for her first date, the question is timeless and always the same. The peace of mind of knowing what your child thinks and why has eluded us until now.

What changes this is the availability of intuitive research. Information gained through a controlled use of subconscious mind is bringing into being a new science, a new way to understand ourselves, each other, and our world. This is not mind reading, rather it is a precisely designed means to explore the origin and expression of consciousness. The Intuitive Health Analyses are particularly insightful for they relate the mental, emotional and physical factors causing imbalance. They also give suggestions for restoring wholeness in all three areas. This information is invaluable for every parent, so much so, that one of these reports is given for each parent's child in attendance at the Spiritual Focus Weekend. This enables the mentor to guild the parents in studying, understanding, and implementing what is given for the greatest possible outcome.

Earnie and Theresa began by letting Briana hear the Intuitive Health Analysis that had been given for her. •

Healing Affirmations

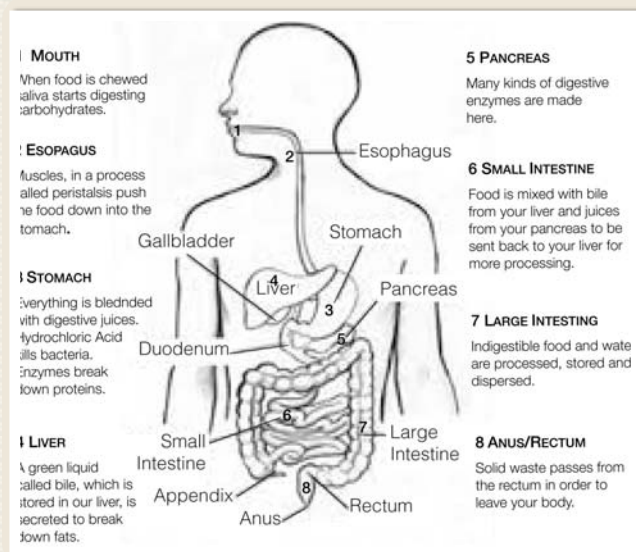
by Karen Mosby

YOUR BODY'S PROCESSING PLANT

The gastrointestinal tract is a large muscular tube that is about 29.5 feet in length. It starts with the *mouth* where food is broken down mechanically into smaller parts by the teeth and mixed with digestive enzymes (spit) starting the process of digestion. The *esophagus* moves food from the mouth to the stomach. The *stomach* is a large storage organ for food and a location for the chemical breakdown of food particles into a liquid mixture that is then passed into the small intestine. Most of the digestion and absorption of vitamins and minerals takes place in the *small intestine* or *duodenum* where the enzymes from the liver, small intestine and pancreas are received to help break down the food into molecules that can be absorbed by the small intestine. Food is then passed to the large intestine. The *large intestine* receives food material that is not digested by the body, reabsorbs water and vitamins compacting the material to form feces, which is then released from the body.

WHAT'S THE HOLD UP IN THE DIGESTION?

Have you experienced times where you eat on the run or where you reach for food when you are in an emotional crisis seeking the comfort it brings. When the attention is distracted and not on what is being taken into the body incomplete digestion takes place. Due to the emotional upset, the body thinks it is under attack and initiates the "fight or flight" response to protect the body from danger. The thing is the body can't distinguish from real physical threats (being eaten by a bear) or imagined threats (getting fired from a job). The body responds the same to both by slowing down unnecessary systems like the digestion, pouring all of its energy into the muscles to defend itself from attack. This causes food to sit in the



DIGESTIVE SYSTEM

Your digestive system starts working when you first smell a tasty food, see it, or think about it. The digestive system turns the food you eat into nutrients, which the body uses for energy, growth and cell repair.

digestive tract and putrefy, releasing toxins that result in symptoms of foggy heads in the morning, joint pain and stiffness, constipation, intestinal gas resulting in abdominal distention, weight gain, and headaches.

those times the food does tend to be sluggish through the eliminatory process and does, even at times, putrefy in the body. We see that there are times also when sugars are turned into alcohol in the body for the same reason and we see that this is a response to this one's negativity.

Affirmation: "I am learning from this experience, now!"

When this one is being negative with the self or is looking at what won't work or what hasn't worked or what is not working, the change in attitude causes the body to function differently. When this one has allowed the food to stagnate and become toxic, it is more difficult for it to be removed. Would suggest the use of red clover, the use of burdock root, calcium, magnesium and whole grains could be helpful in causing there to be a stimulus in the eliminatory system, particularly in the small and large intestines. (7-10-2007-LJC-1)

INTUITIVE INSIGHT

The following Intuitive Health Analysis gives a look at how a more positive outlook can affect the digestion and eliminatory system of the body.

We see within the body changes occurring in the present time period that are dictated by the lines of thinking that this one has which are either very strongly positive and hopeful or self defeating and negative, and we see the difference between these two is becoming more and more apparent. We see that this does affect the body and the way the body is told to produce its functions. We see that there are times the body will assimilate anything physically in the body. This arises particularly in the digestive enzymes. There are times when there are not enough enzymes, protease or amylase, released from the system and at

LIVING IN WISDOM

Learning to use the imagination appropriately requires that the attention is in the present moment, the now, imaging what is desired now. When one allows the attention to dwell on what is occurring now, what one can learn in the situation at hand, and one can bring understanding to their life

continued on page 7

Intuitive Health Analysis for a five year old boy

We see within this one, there is a kind of desperation that this one experiences because this one views himself as being out of touch with what this one believes to be reality. We see that there are many times where this one's thoughts are elsewhere than the physical surroundings and physical events. We see that this one is highly imaginative, and this one does spend much time imagining but that there is no direction that this one gives to the imagination, and therefore, when this one becomes aware of where the attention is and discovers that this is far away from what is occurring physically. This one, then, panics because he is not aware of how his thoughts have gotten to where they are, and there is a kind of fear that this one has that he will not be able to get back to the present. Would suggest to this one that it would benefit this one to purposefully use the imagination with activities in the physical experience. This could be in this one acting. It could be in this one writing stories. It could be in this one creating some kind of building project....

We see that within the emotional system there is a feeling of loss that this one experiences. At the present time, this is directed toward the feel of losing touch with reality that has been related. But, we see that it has many different manifestations. It would be suggested that this one learn to speak these facts out loud so that this one could begin to understand them and come to terms with them....

We see that in the physical body, there is some difficulty in the smooth transfer of energy in the brain and the nervous system. We see that this is particularly affected by sugars that this one eats....

(11-18-1997-LJC-5)

continued from page 3

in accordance, is what will ease this one's difficulty and will cause there to be a smoothness in the flow of thinking, and in this one's ability to accomplish desires. It will also aid in restoring hope into this one's thinking."

"We see emotionally this one has become shy and reticent in giving affection and being willing to be attached. We see that it causes this one to pull back and away, and we see that in doing so this one furthers her own dismay. We see that there is a need for this one to exercise the imagination, and to do so in a way that is complete and whole. We see that it would be helpful for this one to be around healing practitioners and to invest the self in that kind of activity. We see that this one has a natural affinity for healing, and we see this one is also very fond of animals. We see that this could be combined in a way that would be most therapeutic for her, and would be helpful in this one being able to open the emotions once again.

"We see that within the physical system there are genetic changes that are occurring which affect the hormonal balance within this body. We see that it is causing there to be an increase in the energyflows, as well as a decrease in them, and we see that this is inconsistent at this time. We see that there are difficulties in this one, therefore, in being able to trust the body. We see that this is foreign to this one, and frightening as well. We see that rather than to rely upon the body being the same, it would be helpful for this one to begin to adopt an attitude of learning from the body, of being attentive to the changes, and to embracing them rather than fighting them. We see that there is some fluidity that is occurring within

the movement of the digestive system, and we see at times that this does cause there to be some irritability in the colon. We see that there are times when it causes some ill-at-ease within the stomach. We see that the ability for this one to be attentive to the body and be respectful of it will aid a great deal. There would be great respect shown by regularly eating. Would suggest that this one eat more organically, fresh fruits and vegetables particularly. Yoga practices would be very helpful for this one in gaining confidence in the utilization of the mind and body together. This would also aid in soothing the expression of the self and create a vehicle for the emotions to work through. It would also aid this one in becoming more familiar with the energyflows in the body and developing a degree of confidence there. We see that at times there is a build up of spinalfluid. We see that there needs to be more cleansing in this area and we see that this would be abetted by the use of blue-green algae, selenium, manganese. Energetic balancing of the body would aide, and the becoming honest with her desires and following through upon them would equalize the tensions that are being produced between the sacrum area and the pituitary. Learning how to use breathing to stimulate calmness, to energize the body, to balance the systems, mentally, emotionally, and physically would be most helpful. This is all." (09-29-2004-BGC-02)•

continued from page 6

from the past that are still ruling how we respond to life's situations today. Having a still mind and calm body allows one to separate out the past from the present. The result on the digestive system is better absorption of nutrients from the food ingested, learning to listen to what foods the body really needs for health, and better elimination.•