



# VIBRATIONS

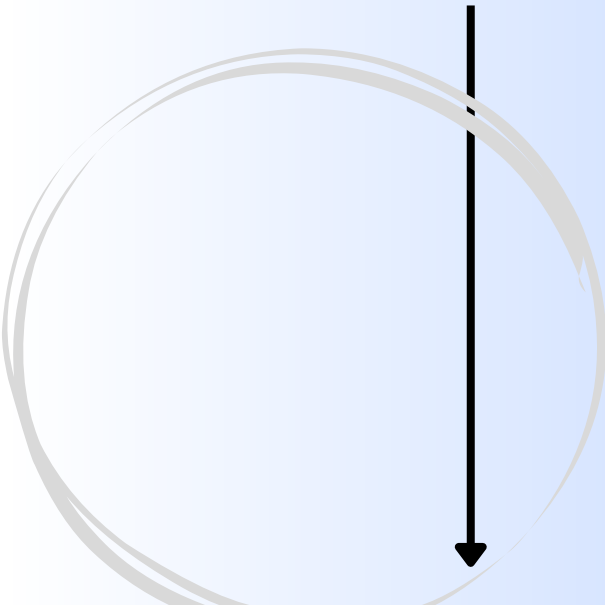
A Monthly Newsletter



The Ideal of the School of Metaphysics is to, "Aid any individual, willing to put forth the effort to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security."

The purpose of the School of Metaphysics is to accelerate the evolution of humanity by ushering in intuitive, spiritual man.

The activity of the School of Metaphysics is teaching teachers.



Columbia 3

Bread Making 4

Christmas Caroling 5

From the President 6-7

National Vibrations Coordinator 8



The New Maitreya 9-11

From the Chancellor 12

Monthly Themes 13

Calendar of Events 2023-2024 14-15

Kuan Yin-Branches 16

School of Metaphysics World  
Headquarters 17

By Jim Demain

## Love

As I entered the Columbia SOM house for weekly class – first cycle, about halfway through – I asked God to give me his (her) love so that I may give it to the people inside – my classmates and teacher. Then as I joined the pre-class conversation circle which included Diana and Doug, I found myself feeling an openness I'd not had before – a quiet acceptance of all. Then later, in class, it came to me that we are all fellow travelers here – all heading toward greater maturity, more powers – concentration, love, learning from our dreams, meditating to get us closer to our inner self and Creator, learning to make things happen for us and sometimes others (“for the good of all concerned”) both quickly (right now) and longer term (ten most-wanted List) so we can understand the power of thought and learn to control it. I was feeling an acceptance toward others, a relaxation. It lasted for the whole class. But later it happened sporadically – only when I thought about it. It wasn't like I was thinking of it every second – after all I just started this and I'm only 78 years old. But now as I do think of people and interact, and remembering this love, I include animals, plants, trees, and even things – tables, chairs, electronics, dirt, air, water. All a part of the Creator.

## Now

When I say I can make something happen 'right now', some say that's impossible – that I'm an idiot. While I would not argue about the 'idiot' part, it's important to consider that when we construct a thought to make something happen and send it out, it immediately starts happening – that very second – and sometimes that thought is to help or protect someone, or, say, help us enter a difficult intersection. I'm saying that some things we want have to happen fast – and if we believe it – they do so immediately. All you have to do is form the thought, imagine it - image it, desire it, believe it, send it out or up and let it go (release it). Then wait... – expect it -, don't think about it anymore – or anything else.



# Bread Making at The College





# Christmas Caroling





## **The School of Metaphysics – A School for the Times**

### **President Diana Kenney**

We live in revolutionary times. Our institutions and culture have had their glory days. Much of what has been built has had its heyday, its pinnacle of successes, and is now in a period of waning. This is the natural order of things. To everything there is a season, a beginning, middle, and end. We learn from the experiences had in that season, and these experiences are the foundations for the new creations in the new season, the new age, the New Earth.

Much beauty and benefit has been received from where we have come from. However, when it is time for change, what has worked no longer satisfies; the old ways no longer serve people, neither the people working in them, or the people for whom they are intended to provide. Having served their purpose, it is time for something new.

That is what many of us are experiencing individually and collectively. What is occurring in our physical world is a reflection of where we have come from and a stimulus for us to move in the direction we need to go. It is a stimulus to go within to find Truth, to go within and experience the power inherent in who we are as eternal beings. It is the stimulus for becoming a Whole Functioning Self, not dependent upon any person, place or thing for peace, contentment and security.

Nothing will get in the way of our ascension as beings of light. In fact, the circumstances have been created to support our evolution.

One example of energetic support in the Astrologic sector, is the movement of Pluto into Aquarius.

“When Pluto enters Aquarius, it brings its transformative themes into the realm of information technology, data, science, and systems of power. Aquarius is a sign concerned with the collective. By the end of Pluto's time here in 2044, we can expect our social norms and ideologies to be radically transformed..

The last time Pluto journeyed through Aquarius, between 1777 and 1798, the world's balance of power massively shifted. These two decades saw the American Revolution, the French Revolution, and the beginning of the Industrial Revolution. The monarchy was toppled in France, showing that even the world's most powerful institutions can crumble in the face of Pluto's wrecking ball.

The Age of Enlightenment also reached a crescendo at this time. Aquarian ideals of reason, rationality, and humanity's power to steer its own destiny fueled this epoch and laid the groundwork for democratic institutions and human rights.” - Chani Nichols, Astrologer

The need for change is seen almost everywhere we look. Our younger people are born to initiate and maintain the change that must come. Therefore, it should not be surprising that many people, young and old, are not excited or inclined to join the ranks of businesses and companies supporting structures whose time has come and gone, whether it is in medicine, law, politics, farming, education, etc. The call is to be in your authority and to honor the authority of others as we work cohesively to be the change, thus bringing change.

Change is the nature of the physical. To the degree we resist change, is the degree to which we experience pain. These last two sentences are truths contained in our SOM lessons, and may simply be common sense to the reasoning mind.

If you are reading this article, you are one of the brave and capable souls with the potential to flourish and aid in these times. To fulfill that potential, you need to master the technology of change.

The School of Metaphysics teaches the technology of change. It provides a safe and reliable process for moving into higher states of being. The School of Metaphysics was birthed in the waning of the Piscean age, with the purpose of aiding in humanity's evolution.

The exercises given, and the order given in the course of study, create a solid and strong connection to our divine and sacred roots. The natural consequence of the exercises, or spiritual practice, is to develop awareness and mastery of the subtle, intangible bodies. Balancing the masculine and feminine energies is another benefit of this practice. As a result, we become awake in all levels of mind. We know we are neither our bodies nor our experiences and yet, we know how to make the most of both.

As I listen to spiritual leaders of the day, I hear repeatedly that one of the most important things we need to be able to do to navigate this time of chaos and change is to hone the ability to manage our vibrational frequency. We need to understand, and manage our minds, which includes our thoughts and our emotions. Stated differently, we can experience peace, contentment, and security in this time of chaos and revolution by becoming the Ideal of the School of Metaphysics, "To be a Whole Functioning Self..The natural consequence of the study in the SOM is to be able to take responsibility for the experiences we have in the physical world, to move from reactive mind to responsive mind. The course of study is designed to produce leaders that will move the mission of the New Earth forward. In a special intuitive report provided by the SOM, the natural leaders of the SOM in the new age are described in a Superconscious Oracle.

"For it is those who have the sense of equilibrium within the core, who experience it, who express it, who display it without pre-meditated thought, whereby it arises through intuition and wisdom, these are the ones that will sustain the Being, these are the ones that will move it forward, these are the ones capable of inviting those who do not see yet desire to do so. Those who do not hear and have the desire to do so."12-21-2012-BGC/DRC-1  
In the coming years, we will be highlighting our healing abilities, we will be strengthening and building community where the residents share sacred common ideals and are united in taking action to master the self through exercises which provide that result.

If you are reading this, you are needed. You are being called to wake up! Know that to change the world, we do not force change upon others, we use our developed will to allow our eternal essence to flow through us into this physical world. We bring heaven to earth. We use the stimulus of what happens around us to guide us in making adjustments within.

Welcome to the New Earth. Thank you for the choices you have made to fulfill the mission you undertook before you birthed into a human body. Thank you for being part of a community that is doing its part in building the New Earth, for using the vehicle of the School of Metaphysics to ride the wave of the change that is here and will continue to come in beauty and harmony with the divinity that we are.





# NATIONAL VIBRATIONS COORDINATOR

## New Beginnings

**BY STELLA LYNN BOGGIO**

As I reflect over the last year, I have many thoughts. Was I productive this last year? Did I give and receive love in my life? Was I a little or a lot wiser at the end of the year than I was in the beginning of 2023?

The end of a calendar year is a reflection time for many. I like to take at least a day or two, in December, to process the previous year. On December 31, as part of Universal Hour of Peace, we will be having discussion sessions that will ask prompting questions. Some examples of these questions are as follows: Where have you gone from Believing to knowing in your life over this year? What one word best sums up and describes your year's experiences? What permanent understandings (s) did you build this last year? When we take the time to reflect, we can create a new direction for ourselves. I would like to share some of these reflections with you.

In this last year, I was working with the ideal of self-trust. The purpose of this ideal is to align and exercise my own Inner authority. I have had many opportunities, to practice this ideal, in all areas of my life. I have practiced this ideal with creating ways to reach out to the community to draw students interested in what we teach. I am implementing this action, by preparing a talk to give to various groups in the community. I listened to my intuition and build relationships with others I would not have reached out to previously. I have listened to my own inner guidance more than asking others what to do. I have also ventured into the world of the gig economy to create more abundance and prosperity in my life. I am also creating more opportunities to use my healing gifts in various venues.

What is important is what we are creating in this present moment. Yesterday has passed and tomorrow has not yet arrived. The ever present now is where all creation occurs. We can learn from our past but we cannot change it. As I reflected over this past year, I also reflected on how much time I spent lamenting over the past wishing things had been different. In the early lessons, in the School of Metaphysics, we learn that a wish is a weak desire of the mind. If we desire change, we need to do more than wish things were different. We need to develop our will so we can take purposeful consistent actions towards a more desired future.

This new year, I plan to be more bold. This looks like completing more things that I start and bringing all my thoughts out into the physical existence. Smiling more is also in my plans along with less worry and more play.

Looking forward to making 2024 my best year ever.





# THE NEW MAITREYA BY BARBARA CONDRON

## Master Students make Master Teachers

The first time I witnessed Intuitive Reports was in Autumn 1975.

A woman named Jean Walters sat for an hour and a half, responding to inquiries from seven people she had never met. Her conductor, Jerry Rothermel, was the liason between the material world and the subconscious ones. He conveyed the requests and questions from those seeking 'to know'. Some wanted to know if they had past lives. One couple wanted to know if they were soulmates. Several people received information on the state of their health - mental and emotional as well as physical.

I stood in the doorway to the kitchen so others might be seated. The room was packed. It gave me a clear view of what was happening, and what was happening was mystical. Unlike anything we had experienced.

I had been studying for a few weeks. I didn't know what I thought about reincarnation. I knew some of the ideas but my knowledge was painfully thin and I had no personal experiences. Even so, it was a college friend's past life report that had piqued my interest and led me here.

Experiencing the events of that night changed my life. I made a commitment to go Within, a commitment to the Self that continues today.

I watched how each person in the room was touched by the words that came from the woman who any passerby would think was sleeping while sitting up. We had recently read a book called "THE SLEEPING PROPHET" by Jess Stearn (early days required reading) and now, I was seeing someone giving wisdom in a similar way that Edgar Cayce had some years before the SOM came into being.

When I think of that now, I realize how the Intuitive Chakra has supported this awakening of intuitive man here, in the United States. This earth chakra was set into motion by our founding fathers, became inert, and was rekindled as part of the assignment of SOM at this time in humanity's history. It is sustained each time a Circle of Love comes together, knowledge that every current student deserves to know.

Intuitive reporting is certainly an expression of this transference of energy that evolves the human DNA into Intuitive, Spiritual Man. As I listened to the readings (that's what the information was called then), my mind opened to possibilities I had never known exist. To intelligence that is not wasted nor lost. It does not die, rather seasons over centuries. That was the report a new friend of mine received. He was a bartender this life, but I knew the wisdom he dispensed to people was why people frequented his establishment.

The young couple learned they had loved before, - a lot. They had 13 children! That made the woman gasp, you can imagine her face! And you're probably right. The million thoughts that passed between those two in a matter of seconds ended in their laughter and gave the rest of us space to react to her reaction. The whole room was filled with joy.

# THE NEW MAITREYA CONT.

The past life information was surprising and obviously touched those receiving it, but that first night, it was the health analyses that spoke to my soul.

The questions. The responses. The insight. The depth. As a child, I had learned I could make myself sick. As a young adult, my fascination and interest in how people think led me to study psychology and philosophy. But here! Here, there was a wisdom I had never experienced.

When the final reading was given that night, a woman learned that her body was cancer free, tears of relief welled up, making her body shake. I was enveloped in The Silence. There were no words for what I witnessed in the stillness, in me, in the room that night.

In a state of samadhi - before I knew it was called that - light streamed through my consciousness. Every creation begins in Silence - I, the conscious mind me, didn't realize that yet either. But the experience of Truth was real.

It rose as a silent prayer. A still small voice, not of my making, whispered as on the wind

“O Lord of Love, If it is to be I want to serve others in this way.”

That moment of Self Respect opened my mind to a relationship with my fellow human beings that I had not known was possible. A relativity that continues to evolve unto this day.

Evenso, that was not the only experience that changed the course of my life that night. (.....to be continued)

**BACK TO BASICS**

SOM has been conducting Intuitive Research since 1968. The research is unique as it arises from the study. A line of three dozen men and women have offered their natural and developed talents to aid others in their soul progression and spiritual development as they contribute to this research.

That's 55 years.

SOM's incarnation date and time places it in the portal of I CHING hexagram 57 called 'Penetration'. In the Gene Keys now entering into the collective unconsciousness, it is 'A Gentle Wind'.

It is the path of INTUITION.

**STUDENT RESOURCES for a deep dive into INTUITIVE REPORTS**

*Work of the Soul*  
*Dharma*  
*Karmic Healing*  
*First Opinion*  
*Going in Circles*  
*Master Living*  
*Wisdom of Solomon*  
*Remembering Atlantis*

**THRESHOLDS Magazine**  
**Wholistic Health & Healing Guide**

**The Silver Cord dvd**



## FORWARD TO ADVANCE

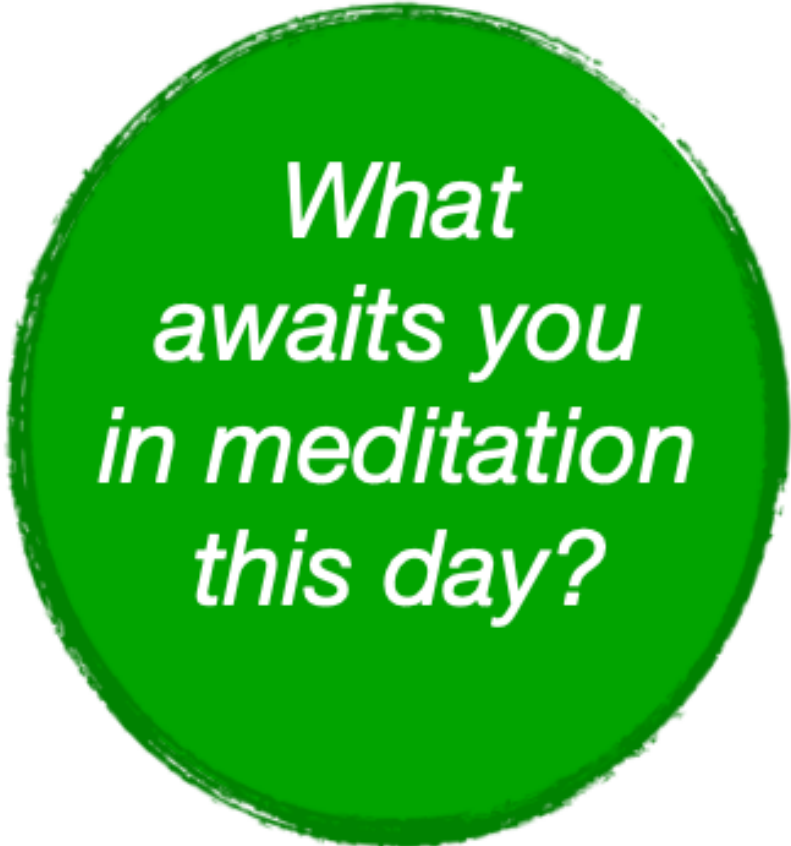
The SOM student's intuitive research begins with their first class.

### **First,**

through the invitation to speak about nighttime dreams for the purpose of learning the Language of Mind. Thus, purposeful dreaming begins and the student will in time learn how to be the source of their own intuitive reporting.

### **Second,**

through the instructions for gazing at one's reflection in a mirror. When practiced as given, many people consciously experience the inner levels for the first time. Others advance their learning by recognizing the place Self Respect holds in being honest with the Self.



*What  
awaits you  
in meditation  
this day?*

# FROM THE CHANCELLOR

BY STELLA LYNN BOGGIO

## MATTHEW CHAPTER 23

### INTERVIEW WITH DR. DANIEL CONDRON

1. Why did Jesus tell the people and his disciples to obey what they said the scribes and Pharisees? As long as they were repeating what the Old Testament Commandments said, then that was ok. They were not practicing what they were teaching according to Jesus.
2. Explain For whoever exalts himself shall be humbled and whoever humbles himself shall be exalted.  
The lower receives from the higher just like water flows downhill. The one who is humble receives the high consciousness flowing down from Christ and Superconscious Mind.
3. Why did Jesus say the Pharisees are blind? Because they could not or would not receive the truth.
4. What exactly is the judgement of hell. The Universal Law of Cause and Effect. What you put out comes back to you mentally, emotionally and physically.



Jesus spoke to the people and his disciples. He said the scribes and the Pharisees sit on the chair of Moses. Whatever they say to obey, and do it. However, do not according to their works for they say and do not. They bind heavy burdens, and put them on men's shoulders, but they themselves are not willing to touch them, even with their finger. All the works they do just to been seen by men. They desired to be called Rabbi in the street. But you should not be called Rabbi, for one is your Master, and all you are brethren. No one on earth should be called father or Christ. Jesus says For whoever exalts himself shall be humbled and whoever humbles himself shall be exalted. Jesus gives a stern warning to the scribes and Pharisees for embezzling the property of widows. He goes on to warn the scribes and Pharisees that they have shut off the kingdom of heaven against men; for you do not enter into it yourselves, and do not permit those who would to enter. Jesus also says, woe to you, blind guides; for you say, Whoever swears by the temple, it is nothing; but whoever swears by the gold which is in the temple, he is guilty! O you fools and blind! For which is greater, the gold or the temple that sanctifies the gold? And whoever swears by the altar, it is nothing; but whoever swears by the offering that is upon it, he is guilty. O you fools and blind! For which is greater, the offering, or the altar that sanctifies the offering? Therefore he who swears by the altar, he swears by it and by everything that is on it. And whoever swears by the temple, swears by it and by him who dwells in it. And he who swears by heaven, swears by the throne of God and by him who sits on it. Woe to you scribes and Pharisees, hypocrites! For you take tithes of mint, dill, and cumin, and you have overlooked the more important matters of the law, such as justice, mercy, and trustworthiness. Jesus go on to say: Blind Pharisees! Clean first the inside of the cup and of the plate, but inside they are full of extortion and iniquity. Woe to you, scribes and Pharisees, hypocrites! For you are like tombs painted white, which look beautiful from the outside, but inside are full of dead bones and all kinds of corruption. Even so, from the outside you appear to men to be righteous, but from within you are full of iniquity and hypocrisy.

Now you testify concerning yourselves, that you are the children of those who killed the prophets. You also fill up the measure of your fathers. O you serpents and offspring of scorpions! How can you flee from the judgement of hell? Because of this, I am sending to you prophets and wise men and scribes; some of them you will kill and crucify; and some you will scourge in your synagogues and pursue from city to city. Truly I say to you, All of these things shall come upon this generation. O Jerusalem, Jerusalem, murderess of the prophets and stoner of those who are sent to her! How often I wanted to gather your children, just as a hen gathers your children, just as a hen gathers her chickens under her wings, and yet you would not! Behold your house will be left to you desolate. For I say to you, from now you will not see me until you say, Blessed is he who comes in the name of the Lord.



**JANUARY - NEW CHAPTERS**

**FEBRUARY - LOVE IS BLISS**

**MARCH - NEWNESS**

**APRIL - EXPANSIVE DREAMS**

**MAY - DIVINE FRIENDSHIP**

**JUNE - EXPLORATION**

## 2023 MONTHLY THEME FOR VIBES



**JULY - PLAYFULNESS**

**AUGUST - INITATION**

**SEPTEMBER - RELEASE**

**OCTOBER - CREATIVITY**

**NOVEMBER - REFLECTION**

**DECEMBER - FESTIVITY**



# CALENDAR OF EVENTS

## 2023

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January 6 - 8	General Assembly
20 - 22	Third Weekend
February 4	Area Teachers Meeting
17 - 19	Third Weekend
March 17 - 19	Third Weekend
31...	National Teachers Meeting
April ...1 - 2	NTM Continued
14 - 16	Third Weekend
21 - 23	Dream Awareness Weekend
May 19 - 21	All Student Weekend
June 16 - 18	Third Weekend
July 14 - 16	Third Weekend
August 5	Area Teachers Meeting
18 - 20	Third Weekend
September 15 - 17	Third Weekend
October 6 - 8	National Teachers Meeting
7	50th celebration
27 - 29	Still Mind Weekend
November 17 - 19	Third Weekend
December 2	Area Teachers Meeting
15 - 17	Third Weekend
31	Universal Hour of Peace





# CALENDAR OF EVENTS

## 2024

<b>JANUARY 5, 6, AND 7</b>	<b>GENERAL ASSEMBLY</b>
<b>JANUARY 19, 20 AND 21.</b>	<b>THIRD WEEKEND</b>
<b>FEBRUARY 3</b>	<b>AREA TEACHER'S MEETING</b>
<b>FEBRUARY 16, 17 AND 18.</b>	<b>THIRD WEEKEND</b>
<b>MARCH 15, 16 AND 17</b>	<b>THIRD WEEKEND</b>
<b>APRIL 5, 6 AND 7</b>	<b>NATIONAL TEACHER'S MEETING</b>
<b>APRIL 19, 20 AND 21</b>	<b>THIRD WEEKEND</b>
<b>APRIL 26, 27 AND 28</b>	<b>DREAM AWARENESS WEEKEND</b>
<b>MAY 17, 18 AND 19</b>	<b>ALL STUDENT WEEKEND</b>
<b>JUNE 14, 15 AND 16</b>	<b>THIRD WEEKEND</b>
<b>JULY 19, 20 AND 21</b>	<b>THIRD WEEKEND</b>
<b>AUGUST 3</b>	<b>AREA TEACHER'S MEETING</b>
<b>AUGUST 16, 17 AND 18</b>	<b>THIRD WEEKEND</b>
<b>SEPTEMBER 20, 21 AND 22</b>	<b>ALL STUDENT WEEKEND</b>
<b>OCTOBER 4, 5 AND 6</b>	<b>NATIONAL TEACHER'S MEETING</b>
<b>OCTOBER 25, 26 AND 27</b>	<b>STILL MIND WEEKEND</b>
<b>NOVEMBER 15, 16 AND 17</b>	<b>THIRD WEEKEND</b>
<b>DECEMBER 7</b>	<b>AREA TEACHER'S MEETING</b>
<b>DECEMBER 20, 21 AND 22</b>	<b>THIRD WEEKEND</b>





# BRANCHES

## A KUAN YIN BLESSING

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Love and Light from your Vibrations Staff.

.Stella Lynn Boggio: # 52 Excite All of creation mirrors the Self, each to its own level. We can only be what we accept and allow. Attention to what you speak, own the thought and the action. For as you create them, they work their magic in ;you.

Kate Wagoner: # 81 The Phoenix The season determines when the transformation of rebirth arrives. All natural beings return to their Source. This is the way of live honored by those doing Heavenly work on Earth. Their treasure is making wisdom out of the mundane.

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