

Vibrations

A Monthly Newsletter

Community

The Ideal of the School of Metaphysics is to aid any individual, willing to put forth the effort to, "Become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security."

The purpose of the School of Metaphysics is to accelerate the evolution of humanity by ushering in intuitive, spiritual man.

The activity of the School of Metaphysics is teaching teachers.





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Maplewood

By Marcus Croft

Marcus Croft here from the Maplewood branch. I'm writing an article on my experience from 3rd weekend in September. I worked with Doug on beautifying the Healing Wall outside the Peace Dome. It was a very intriguing experience, as both Doug and myself are livening up the wall! I went into the whole experience with a painters mindset but Doug kept telling me to go in like an artist. It was more fluid and not as heavy as I was being. This whole experience gave me the opportunity to adjust to a new way of thinking than what I was used to. So overall I appreciated Doug with his patience towards me. He'd gently come in and remind me, "We want to move like an artist not a painter." Here's are some photos after the completion of the project!





I wanted to express my appreciation for life and the community that means so much to me. The following is a list of gratitudes from my Heart:

I am grateful for the experience of playing in the water and pretending to be mermaids with Zack, especially when we were at the lake. I felt so loved and playful and fun. I really enjoyed sharing that aspect of myself with him.

I am grateful for this beautiful home that I live in. I love the opportunity to make this School, this house, into a home. I am firm in this Love and belief because I desire this to be a safe community space where people want to be, they want to share and show up and commit and learn and grow.

I am grateful for my family. I love my dad and appreciate his effort in helping with the scrapbook he made with mom. I love my mom and appreciate how she sends me emojis in a way I want to receive love. I love my sister and appreciate her heart, and how she's been there for me always. I love my aunt and appreciate the opportunity to connect with other familial aspects on deeper and deeper levels.

I am grateful for my friends. I love Robyn and appreciate her genuine heart and enthusiasm. I love Yu and appreciate her go getter attitude. I love Joanne and am blessed that she's the type of person who sticks in thick and thin. I love Chris and appreciate how he is willing to embrace vulnerability.

I am grateful for my students. I love Sam and appreciate how he's intuitive. I love Ralph, and appreciate how he's an active creator. I love Donna and appreciate how she is a go getter. With drive! I love Kelsie and appreciate how she's trying her best. I love Jim and appreciate how committed he is.

I am grateful for Life, Love, remorse, feelings, emotions, intelligence, reading, being, doing, relaxing, creating, poetry, lipstick, microbangs, being a woman, my period, cooking, baking, laughing, having fun, and making memories.

I AM. And so It Is. Amen.



Reflections on Community

By Stella Lynn Boggio

As I am writing this article, I am reflecting on the upcoming celebration of School of Metaphysics fiftieth birthday. I have been honored to have been a part of this organization for the past ten years. In fact, my anniversary with the school was on the third weekend in September. I first started in The School of Metaphysics as a student, then a teacher and now have stepped into the position of Directing the Indianapolis Branch. Also, during this time, I have been reflecting on the role community has played in my life.

Community involves connectedness. Connectedness with Self as well as others. The saying, no man or woman is an island, is appropriate here. I met people who have said they do not need anyone. It is interesting to listen to them speak because in their voice is always a tone of loneliness with a hint of sadness. They are trying to hide behind an artificial smile. These individuals remind me of why community plays such a valuable role in one's life.

I have had the privilege of being a part of several communities throughout my lifetime. These have ranged from churches as well as various 12 step programs. Each has served me well. One of the main benefits of community is having others to discuss my triumphs as well as lessons I am learning. If I just stayed to myself and did not connect with others on a regular basis, I would just be listening to my continuous recycled thoughts. I can convince myself of many decisions when I am alone. When I am able to bring my thoughts out into the light I can truly examine them. Bringing thoughts out into the light involves having a receiver for one's thoughts. Community allows the space for this interchange. The Fiftieth Celebration of The School of Metaphysics is a chance to reunite many individuals. New friends will be made as well as connections between former students and teachers. I have been with the School of Metaphysics for ten years. I fondly remember how much I have grown and changed. I am looking forward to reconnect with former students and teachers that encouraged me on my journey of self-discovery, soul growth and spiritual development.



Intuitive Reports Coordinator

Lesson 9 Past Life Profiles Mari Hamersley

Several times recently, students from various School branches have come to receive their Lesson 9 Past Life Profiles in person at the College. And I have noticed real benefits of doing this that those who aren't present at COM miss out on. While I know it is not always possible that all the students from a class come to a Third Weekend at the College to receive their reports in person, I have found it to be quite valuable and worth making the effort to arrange the trip. In essence, there is an irreplaceable experience of community.

When the whole class has their reports together, they can immediately hear each other's past lifetime and the significance. After hearing all of them, the students often recognize and affirm to each other what they have heard even when the student receiving it may not see it all at that moment. I have found that most kinds of profiles are a lot to take in the first time they are heard. Hearing and seeing the truth that their soul has had a significant lifetime confirming in their own minds the reality of reincarnation is life-changing. When the significance portion of the profile is given, often their classmates and teacher, who already know them so well, offer suggestions and insights as to their karmic learning. Together these souls recognize that they have similarities, bonds, and important purposes for coming together at this time in order to share the support, the value, and the learning each soul needs. Each student also comes to know of unique understandings they can bring forth and give also. To me this is the higher purpose of community—to have a rich, shared experience unique to each soul based on the benefits it offers them.

Such an experience in this way brings to self a beautiful way to literally commune with others and, as well, to commune within the Whole Self more deeply.

We look forward to seeing you all at the College of Metaphysics for your Lesson 9 Past Life Profiles.



From the

Chancellor

n Matthew Chapter 20, Jesus once agin speaks in parables. The Kingdom of Heaven is like a man who is a householder who went out early in the morning to hire laborers for his vineyard. He bargained for a penny a day and sent the laborers back to the vineyard. He also did this for laborers who were standing around at the sixth and the ninth hour. The laborers, who were standing idle at the eleventh hour, were also hired. When the evening came, the owner of the vineyard called everyone in to be paid. He gave the same amount to the laborers who worked the eleventh hour as to the one who worked all day. The laborers murmured against the householder. They were angry. They said these last ones only vorked one hour and you have made them equal to us. We have worked all day in the heat. The owner said, am I not doing you an injustice; did you not bargain with me for a penny? Take what is yours and go away. I wish to give the last laborer the same as I gave you. Do not I have the right to do what I wish with my own? Are you jealous because I am generous? Jesus said, even so the last shall be first and the first last; for manu are called but few are chosen.

Next, Jesus was ready to go to Jerusalem and he took his twelve disciples on the road with him. He spoke to the disciples and told them what will happen to him in the near future. The son of man will be delivered to the high priests and scribes and they will condemn him to death. He will be delivered to the gentiles and they will mock him and scourge him and crucify him and on the third day he will rise up.

The mother of the sons of Zebedee came to him togetherwith ner sons. She worshiped Jesus and requested something of him. She wanted one of her sons to sit at the right of Jesus and another one of her sons to sit at the left in his kingdom. Jesus said you do not know what you are asking? He asked them if they could drink the cup he was ready to drink or be baptized with the baptism with which I am to be baptized? They said they could. Jesus said he could do those things but to sit at the right or left is not for Jesus to prepare but to be prepared by his Father. When the ten heard this they were angry at the two brothers. Jesus said that the princes of the Gentiles are also their lords and their officials rule over them. Jesus went on to say let this not be so among you; but whoever wishes to be great among you, let him be a servant to you. Just as the son of man did not come to be ministered to but to minister and to give his life as a salvation for the sake of many. When Jesus when to of Jericho, a large crowd followed him. Two blind men where sitting by the roadside, When they heard that Jesus was passing by, they cried out, Have mercy upon us, son of David. The people reputed them, but they cried louder. Jesus stopped and asked they what they desired for him to do. They said to have their eyes opened. Jesus had mercy on them. He touched their eyes and they opened. Then they followed him.

By Stella Lynn Boggio

MATTHEW CHAPTER 20

Interview with Dr. Daniel Condron

What does the statement mean: The last shall be first and the first shall be last; for many are called but few are chosen?

Those that put their spiritual growth first will make the greatest forward progress for their soul growth and spiritual development. Those that put their physical life first will have little to show for their soul's progress at the end of a lifetime.

2. Why did Jesus not tell the disciples what was going to happen to him?

So they would not try to protect him. So he could fulfill his mission on earth.

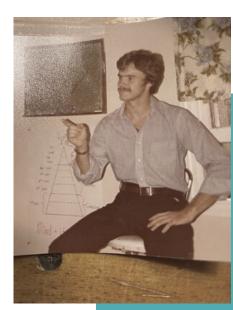
3. Why doesn't Jesus have all the power his Father does?

In the Universal Language of Mind,

The Father would represent Superconsciousness, which is the highest part of Mind. This holds the plan for an individuals creation. The Father is in heaven and in his house there are many mansions. Therefore the Father is the one who.has the power represented in Superconscious Mind.

4. What part does faith play in a healing?

When their is faith, there is no doubt. The person is in the receptive mode, expecting a healing. When there is doubt, there is no room to receive a healing. Henry Ford had a famous saying. "Whether you think you can or you think you can't either way you are right."



The New Maitreya

By Barbara Condron

For 50 years, the School of Metaphysics has kept its doors open to anyone who desires to change. Over and over,

strangers come to together to learn, study, grow metaphysics. There is a resonance between souls who realize the

continuity of life beyond the term limits of the body. Those who return from near death experiences, for example, tend

to express a calm, peaceful assurance that all is unfolding as it should be.

Week after week, I watched strangers become friends with classmates. This is profoundly realized through the close of every class;— the Circle of Love. Each group has been, is and always will be as different as the experiencing of LOVE is the same for each class.

Levels of discomfort break conditioned taboos. Holding hands with someone you just met a couple weeks earlier. Hearing someone say to you, "I love you just because you are" is deeply touching to many people. Saying, "I love you just because you are" gives reason to deeply consider your meaning of those words. The

Circles of Love one participates in, the more rapidly experiences of unconditional and conditional love surface. The student experiences freedom through expressing their Real Self.

Then, there are the "hugs all around."

There are as many different ways of hugging as there are people.

Before the Circle of Love, I didn't know that. Didn't have much reason to think about it.

As a student, I was self-conscious. I came from a family of

huggers. We were rich in openly expressing love because we shared spiritual beliefs openly. It was part of

culture. So I knew the difference between eros and philia. Passionate love between the opposite sexes and the love

of the soul. I also knew about agape, that radical selfless love extended to all people. Even strangers. One of the first things I learned at SOM was that these awarenesses were not so common among people. I also learned that the desire for them is. Beyond the physical wrapping of the mind, the soul exists and its nature is a magnanimous regard for all the living.

I became acutely aware of this through giving and receiving hugs. I experienced the quick hugs of "Wow! This is fun!" The obligatory hug: "I'll do this because everyone else is." The clingy hug: "I need this sooooo much!"

The pent up energy hug: "I've been waiting for this all week because this is the only place I can hug other people."

The motherly hug (even from males): "There, there!" as they pat you on the back. The shameful hug: "This is supposed to be spiritual but I'm feeling way more and I hope nobody notices." The effervescent hug: "I just

everybody, can we give two hugs all around?"

These are the ones that immediately come to mind. You probably can add a few of your own. The giving and receiving of love is one of the core learnings in Self awareness at SOM. I had an opportunity to experience many degrees and expressions of love. As a teacher, I deepened my understandings of human nature. As a branch director I taught 3-4 nights a week. The Circle of Love experiences multiply quickly as a director, and we would end most events in that Spirit. As a field director, I opened schools and traveled to teach students and teachers. As SOM president traveling to 33 schools, the universal elements of the Circle became clearer. Thirty years at the College of Metaphysics brought more people, more Circles (a memorable one encircled the newly dedicated Peace Dome!) all leading to a teacher's workshop in 2016.

The title of the workshop was ANATOMY of a HUG. Distilling the essence of all those post-Circle of Love hugs into four distinct movements, this is a glimpse of the experience I created for the teachers at that time. Maybe you will recognize them in your own experience.

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October Edition 2023





January - New Beginnings

February - Divine Love

March - Concentration

April - Dreams

May - Gathering at the Fire

June - Hope



2023 Monthly

THEMES FOR VIBES



July - Wonder

August - Leadership

September - Surrender

October - Community

November - Going Within

December - Joy

2023 Events

JANUARY 6 - 8 GENERAL ASSEMBLY 20 - 22 THIRD WEEKEND FEBRUARY 4 AREA TEACHERS MEETING 17 - 19 THIRD WEEKEND MARCH 17 - 19 THIRD WEEKEND 31... NATIONAL TEACHERS MEETING APRIL ...1 - 2 NTM CONTINUED 14 - 16 THIRD WEEKEND 21 - 23 DREAM AWARENESS WEEKEND MAY 19 – 21 ALL STUDENT WEEKEND JUNE 16 – 18 THIRD WEEKEND JULY 14 – 16 THIRD WEEKEND AUGUST 5 AREA TEACHERS MEETING 18 - 20 THIRD WEEKEND SEPTEMBER 15 – 17 THIRD WEEKEND OCTOBER 6 – 8 NATIONAL TEACHERS MEETING 7 **50TH CELEBRATION** 27 – 29 STILL MIND WEEKEND NOVEMBER 17 – 19 THIRD WEEKEND DECEMBER 2 AREA TEACHERS MEETING 15 - 17THIRD WEEKEND

31 UNIVERSAL HOUR OF PEACE











A KUAN YIN BLESSING

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Love and Light from your Vibrations Staff.

. Stella Lynn Boggio: #12 Choice: The honest know both the authentic and imitation. When challenges arise, embark upon conscious thinking in the outer and inner mind Such a choice is it's own blessing, revealing when you have been. Your wisdom realized, your discerning heart opens the door.

Kate Wagoner: # 37 Depart: Know when to use your head, your heart depends on it. Keep the flame steady in the company of all thought. decide the best field for action, then step aside, Live simply, privately, with peace of Mind.

Thomas Croft: # 64 The Matrix: Understandings can get lost in a confused mind. Troubles with cause unknown activate fate's web. It's easy to believe that more thinking is a remedy. More thinking tips the scale; fate holds her hand.

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