

Vibrations

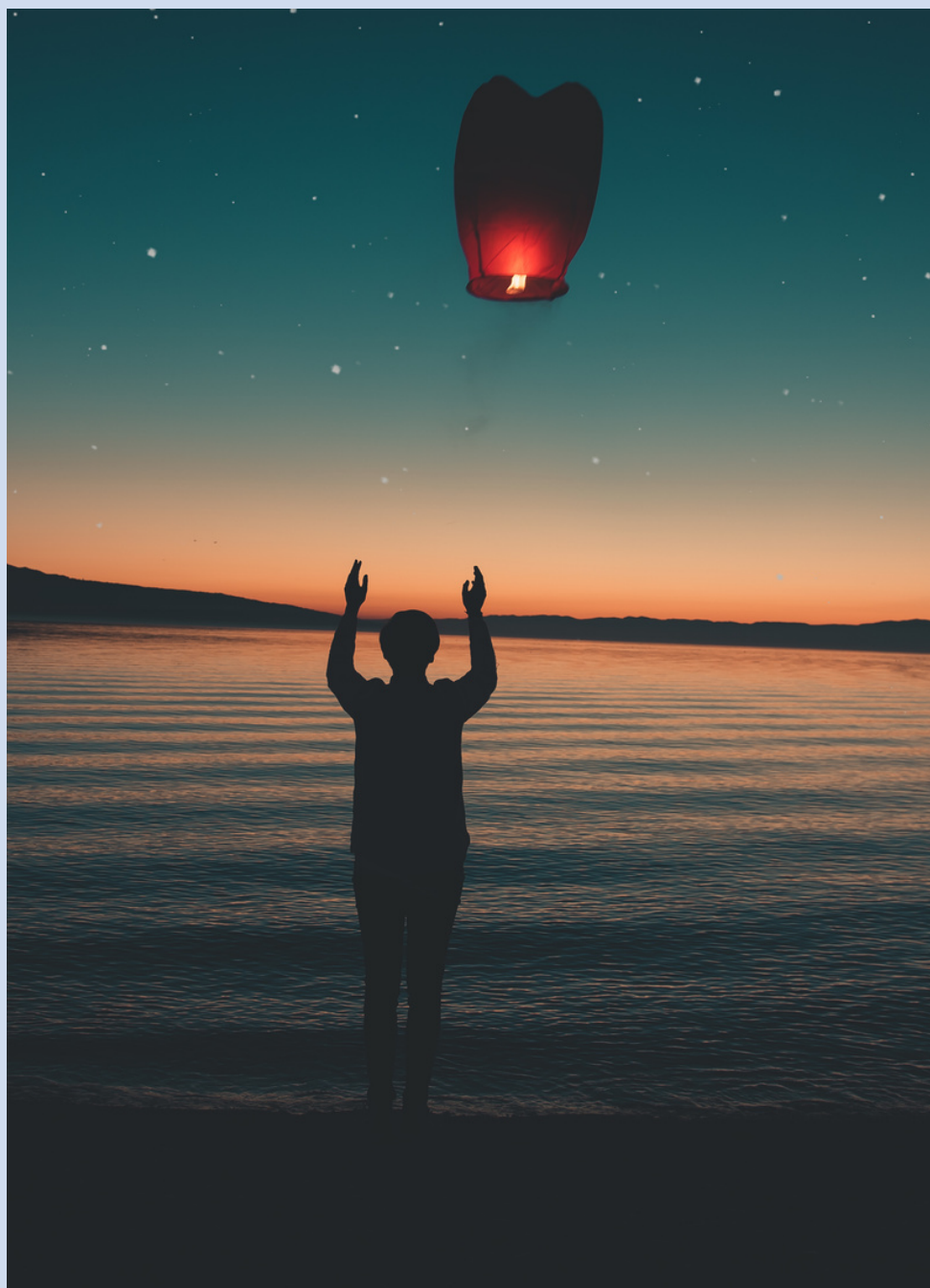
A Monthly Newsletter

Surrender

The ideal of the School of Metaphysics is to aid any individual, willing to put forth the effort to,
“Become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.”

The purpose of the School of Metaphysics is to accelerate the evolution of humanity by ushering in intuitive, spiritual man.

The activity of the School of Metaphysics is teaching teachers.



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Maplewood

By Thomas Croft

Hey friends, back with another Vibrations article. The theme for this month is "Surrender". Let's have a gander at the definition: [with object] give up or hand over (a person, right or possession), typically on compulsions or demand. Contemplating on what to write about, one of my recent experiences popped into my mind. In my early days at the school, playing videos games was a BIG habit of mine. My exercises would get done but soon afterwards 'it was game time'. This was done on a pretty consistent basis. In all honesty there were some days after work the tv would be the first thing indulged in even before my exercises. There were multiple instances that people would say, "What if you sold your game?" "Woah, don't know about that one just yet," I thought. The thought was considered, there would be a lot of benefits but I was not ready just yet. There were people in my life who were great examples of not having a tv, such as people in my 1st cycle, my neighbours, Carolyn & Michael, and my mentors, Patrick & Ruthie. Recently after Healing Service on Sunday, we had a group discussion with all who attended. The topic of "Letting go" came up. While receiving everyone's input on the topic, the thought of selling my game came into my mind, 'Surrendering'. Terrence-LaMont also mentioned that once we let go of what we're holding onto new doors would open up into new opportunities. Two days after hearing this, immediately my tv was unplugged, boxed up, and my game, now is now in the process of being sold. That was a week ago from me writing this and the mental clarity that is present is phenomenal. My time can now be spent writing, meditating, etc. I got the wonderful opportunity to ask a fellow student at Maplewood: Carolyn, "What are some ways you experience Surrender?" She said, "When she puts her attention on oneness she feels a sense of stillness and concentration. She surrenders to the fear that she experiences. In turn she's strengthening her faith which leads her to truth." What are some ways you understand surrender? Send us an email if you have other thoughts to share at Maplewood@som.org We would love to hear from you.



Donna S. Clinton's Ideal and Purpose for attending the Parliament of World Religions

IDEAL: EXPANSION

To be exposed, in real life, to the different religions and the people representing those religions.

Being raised in MO and spending most of my adult life further steeped in the conservative values of the deeper south (TX, GA, SC) and then living for 20+ years in MT, which is also extremely conservative, I have not met many people from other cultures and religions. My overseas travel has primarily been to Christian-based countries.

We're back in Columbia after Parliament! I love to travel, and like most everyone else, I love coming home. My "Ideal" for the trip was expansion. I had not been exposed to many religions before this trip. My first exposure was at the "Parade of Faiths" on Sunday. It was spectacular! We saw Buddhists, Hindus, Sikhs, Jainists, Baha'i, Zoroastrians, etc. We almost missed the parade due to a last-minute route change so we had to make our way to the new route which was no small feat in Chicago! We made it on time though and were well rewarded for our persistence. What a show!

The bright colors of the exotic costumes, the dazzling flowing clothes of the dancers, and the music of the various sects were all beautiful to see and to hear. Diversity was plentiful! Slithering dragons made their way past us while less intimidating and smaller ones followed. Fierce swordsmen and beautiful, bejeweled maidens flowed through the streets showing their prideful cultural heritage and sometimes coming very close and even face to face with us. There were many children participating in the parade and dressed to show cultural pride too.

Something that was surprising to me was how palpable the love and joy was and the flow and exchange of beautiful energy between the participants and the onlookers. They were even taking pictures of us as we were taking pictures of them! It was joyous! I'm so happy that we didn't give up on making it over to the new location. It was one of the Parliament highlights for me! That was all just the beginning of a wonderful week spent with new friends, old friends, and with Spirit smiling down on us all. His children at play!

PURPOSE: GROWTH OF PERSPECTIVE

My purpose for this experience is to broaden my perspective on people and their religion. We are all One.

To see and hear, and even smell the scents (foods, perfumes, etc.) of other people from around the world will bring a greater awareness to me of just how variable God is but yet how similar!

My perspective was certainly broadened from going to the Parliament of World Religions. Not only was I exposed to cultures and religions from around the world, but I was also exposed to sects right here in the States that I didn't know existed! For instance, Heathenry. I seriously had no idea that even existed. I always thought that it was a slight to refer to someone as a "heathen". I was wrong in this setting. I met a wonderful, self-proclaimed Heathen. We spoke for a bit, and I learned that although I agreed with some of his philosophies and beliefs, not all "fit" for me and that's OK. We're both on sacred paths and can respectfully disagree. The right one is the one that feels true to the individual.

It seems that the noontime highlight for many of us was langar (ritualistic lunch) with the Sikhs outside in huge tents adjacent to the Parliament venue. Langar was free daily with the many Sikhs cooking, serving and cleaning up for us while hundreds of people of all faiths lined up for the food each day. It was delicious and smelled wonderful! I was especially skeptical of a thick, green dish at first, but it turned out to be delicious. It was a mixture of spinach, spices and other ingredients that made it very tasty. They prayed and sang while serving us. We sat on the floor with our shoes off and our heads wrapped. The Sikhs feed all like this every day as part of their belief that no one should go hungry. There's no caste system to this ritualistic luncheon and in any gurdwara (kitchen), they say there might be a doctor sitting on the floor next to a homeless person next to a student, all eating the same food and seated at the same level. All are the same and all are fed!

One can imagine that all the Spiritual energy, fantastic sights and constant sound was a bit overwhelming for many. To counteract the potential overstimulation there were meditation yurts put up downstairs. Thankfully there were four big yurts for anyone to use. I happened upon one that was for everything from meditation to actual napping on thick mats. A nice incense smell was inside with soft, gentle music playing and comfortable spots to sit or lay down scattered along the wall and floor center. It was a lovely and brief reprieve from the busy shows, displays and talks.

Of all the vendors at the Parliament (other than S.O.M. of course), I was most impressed with a group that was started in Taiwan by Buddhist Dharma Master Cheng Yen, the Tzu Chi Foundation whose 2023 theme centers around "the notion of One World" and has been called "Buddhism in action". They are very involved with the United Nations (UN) on multiple levels such as the UN Environment Program (UNEP) and co-chair the UN Interagency Task Force of Religion and Sustainable Development. I didn't even know of this impressive CV at the Parliament but was struck by the practicality of their work and mission. I went home and read more. They weave clothing from recycled plastics via a type of "thread" made from discarded water bottles; they build and distribute pop-up tents for refugees and victims of natural disasters from recycled plastics and furnish them with collapsible tables, chairs and beds also from recycled plastics. How important their work is for the environment and for those people displaced and needing temporary shelter! Also, their work on behalf of water and respect for water and protection of water can't be overlooked. I was captivated! Check them out and read their latest journal at: journal.tzuchi.us.

I listened to many good talks and a few disappointing panels too. I was impressed with the passion that most speakers and panelists had for their topics. I honestly feel that Gino's talk was the best single speaker talk I heard. I hope to share it with others so they can understand what the SOM is and does. Thanks Gino!

I witnessed the Sacred Fire with the Peruvian Shaman and smelled the continuous smell of the smoke and cigars that was integral to this ceremony. I also heard many songs and Universal dances on the patio outside. The people there at Parliament all seemed to be of the same mindset promoting spirituality, freedom, love, diversity and above all, God or Universal Spirit. Whatever name you choose, whatever path you take, all roads lead to Home. Blessings!

Parliment Adventures

by Ralph Carper

As I approached the main lobby of the Parliament of World Religions for the first time Monday morning, the only thing I knew to expect was that this experience will be everything I choose to make of it. I had an idea of what sessions and areas I wanted to focus on during my experience. As the days furthered and the experiences charged my energy, there was always one thing that stood out to me, and that was the journey it took each day to get there. The fact that in my everyday life, I take for granted how simple things can be and maybe that I even create difficulties out of simplicity because I become overwhelmed with simplicity. On this trip, it seemed as if I was going somewhere or meeting someone, they somehow always made it there before I did, even if we left the same place at the same time. Of course, at first this seemed like minor details to such a big trip, and close to the edge of complaining. But I realized that it was actually me taking mental notes and placing my attention on the decisions I choose, the routes I took each time, the time I spent, and the willingness to allow myself to sit with each decision I made even if at first I found it aggravating or disappointing.

A World conference. People, cultures, ideas, knowledge, opinions, from all over the world. People ready to teach, others ready to learn. Volunteers ready to help, service workers ready to feed. All different backgrounds and childhoods, even different languages and beliefs. Different careers, different views on climate and government. Different experiences to say the least. Narrowing the world view down, there's differences in the locations people stayed, different times people came and went, different emotions throughout each event they engaged in. However, there's one thing each and every one of us had to do. And that's cross over a bridge to get to the exhibits, the booths, the sessions and the meetings. It was up until I reached the bridge everyday that I was encased in my own essence, my own sense of ego, my own sense of pride and attitudes. It was up until that moment everyday that I thought to myself, "now that I finally got here, it's time for a nap." As I got closer and closer to the bridge, I made mental awareness of who was walking towards the bridge, headed into the Parliament. Some old, some younger, there were people that were handicapped and people who were in great shape. And that's when a harmonious understanding came over me.

I felt my energy shifting with each step I took over that bridge everyday. It was a shift into a universal vibration of harmony and for the first time acknowledgement of that harmony. Realizing that it matters not where we came from, how we got there, what things may have taken a toll on us, who we associate with, or when we made a questionable decision in our life, what mattered is that in these moments, in this environment, with these people, we all chose to cross over that bridge and embrace what experiences were waiting for us everyday. It was there I no longer felt on a physical plane, but on a plane where heart AND mind were one. Connectedness even through a million differences. In smaller situations with fewer people, I've been familiar with harmonious intention. Those moments separated by group or organizational morals and values. This feeling of Harmonious intention, wasn't placed on self serving egos, temptation or human desire. This harmonious intention was felt on a larger scale. a "Collective" scale. A collective harmonious intention created by those who wish to leave this world better than they first found it.

I was- no I chose, to be a part of a collective harmonious intention. I made that decision. Regardless of wrong turns, or different routes that may have taken longer, I had the ambition and drive in me that led me to be a part of this collective harmonious intention. When we are given the opportunity to look around and become aware of those around us, we all have a story, about where we've been or who we've become, but our story changes as we allow for experiences to change us, and that comes from realizing that what we have within, those around you, no matter what they look like or what we see on the outside, we all at any moment have the opportunity to pause and replace our conscious structures and patterns with our coherent subconscious intentions.

I realized that even though you take different routes to get where we're going, we all still travel to the same destination. So embrace the journey along the way and be mindful that even though it might seem as if we are doing it alone, it's not actually true. There are many souls on similar paths headed towards our next transformation

Never Doubt the Power of Small Thoughts

You really never do know where a small thought will lead you. What it might become. When I first heard that the Parliament of World Religions was going to be in my home city of Chicago, I had the little thought, "Oh, we should go."

It was the thought I shared with leaders in our School such as Terrence Lemont Bellows, Dr. Tad Messenger, Dr. Diana Kenney, and Mavis Curry. I had no idea where it would take me and the experiences that such a little thought would lead me to have.

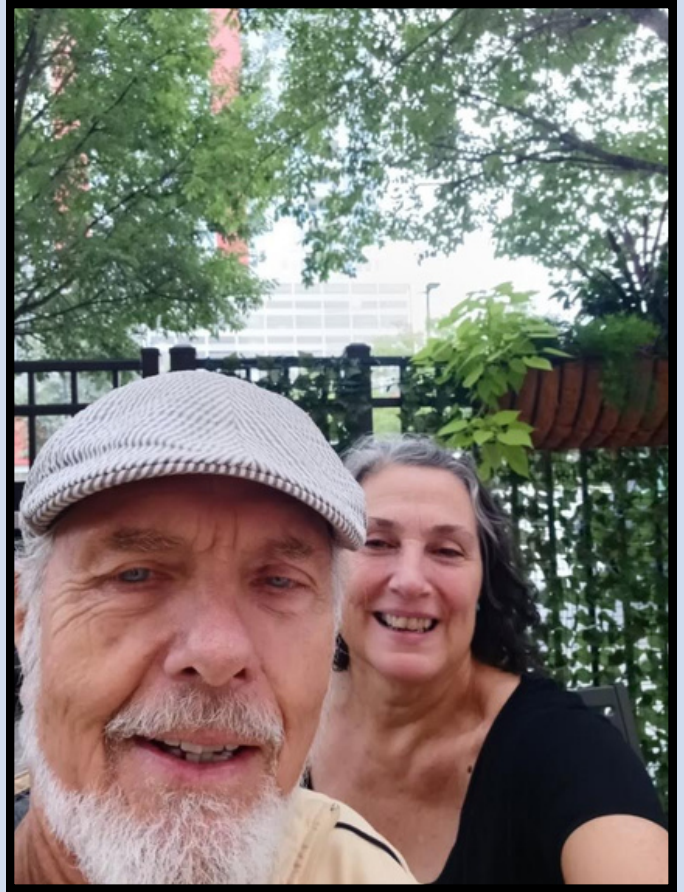
At the Parliament I met so many people. I reconnected with my Catholic upbringing through the Archdiocese of Chicago, met bhikkhunis from Taiwan, Sikhs from my own backyard, Baptist ministers engaged in the work of justice, and sound healers who may want to create with me at an upcoming puja fundraiser. Sweeter still, was the time I shared with all of you--my friends in soul growth from all across the universe.

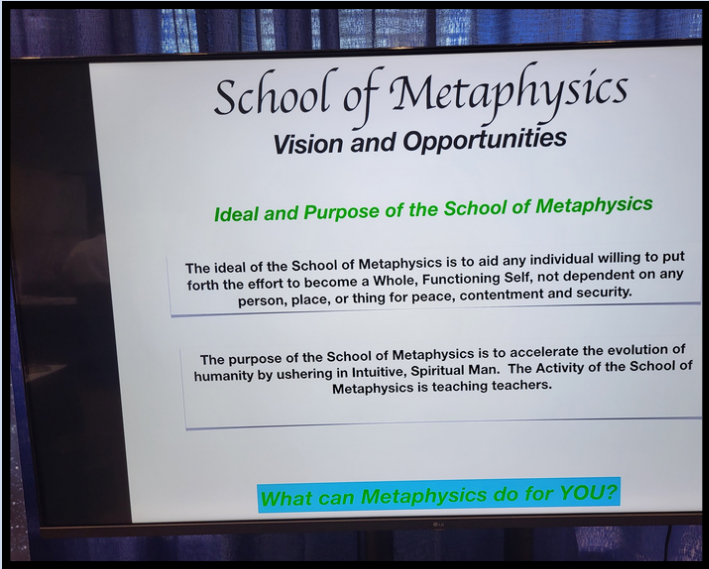
Fondly will I always remember cleaning our School with Mike and Dani, renovating and painting the Chicago branch with Cameron, Dr. Kerry and Rita, slathering a poultice on poor Karl, receiving more fledgling students like Carolyn and Carlye, the words of encouragement I received from Mavis, the insane trip down memory lane over the Mag Mile with Mavis and Diana, the spirited debate and love I shared with Dr. Walter, the passionate words of Dr. Tad, the incredible night we spent on the beach with friends old and new, the generosity of Donna, or the double date I was blessed to enjoy with my partner & Zack and Kate. The joy of hospitality and the openness to new souls that I got to share moves me and reveals just who I really am.

Such a little thought. Who would have guessed it would lead me to my greatest speaking opportunity to date. I had to face myself so very much to complete that talk, titled "The Importance of Spiritual Education." So much did I learn from within and so much still did I learn in just the preparation. A few lessons I'd share: love is a choice, community is a vital aspect of spiritual growth, to concentrate is to touch the spirit directly, and to face yourself and you will never know what you might learn. Soon to be available on Youtube.

Thank you to all who came to support me at the talk. I hope you learned something. Thank you again Dr. Diana for your kind introduction. Thank you to my family for coming to see me. Thank you to everyone who supported me. Thank you to everyone for creating moments that will remain impressed in Akasha forever. Thank you to all who participated. Thank you to all who gave their thoughts.

Thank you everyone for choosing to grow and evolve consciously for these few passes we share around the sun.









Experiences at Parliament

By Stella Lynn Boggio

This year, I had the pleasure of attending the 2023 Parliament of World's Religions held in Chicago Illinois. The first Parliament of World's Religions was held in 1893 in Chicago.

I had heard many good things about what this experience would entail. Our school delegation had prepared a whole year in anticipation for this spectacular event. There would be attendees, from all over the globe as well as some well known figures at the Parliament.

I arrived on Sunday, at the Chicago branch, of The School of Metaphysics. Chicago student and school resident Rita Rikevik, was a welcoming hostess to our Chicago Branch.

When I arrived at the McCormick Center, the following morning, I was overtaken by the vastness of the center. It reminded me how expansive are creations can be if we allow ourselves to dream. I can see why this location was chosen to host the Parliament. It was an enormous conference center that encompassed several blocks of downtown Chicago.

When I arrived, I quickly found the location of our booth. We had a screen which constantly played a video that described our school and what we teach. We also had a space designated where individuals could have their dreams interpreted.

One of the experiences, that stands out to me, was the complimentary lunch I received from the Sikhs, who practice selfless service in their faith. The Sikh religion originated in Northern India and is the fifth largest religion practiced in the world. Every Parliament, the Sikhs serve lunch to all the attendees. They had a large tent set up, on the outside of the convention center. When one enters, the Sikh temple, they must remove their shoes and cover their head.

What impressed me the most, about the Sikh's was their commitment to selfless service and their understanding of Prosperity Consciousness. Everyone was welcome and there was an abundance of love and sacred service.

What I learned most, from this experience was the value of community and a common vision.

I have experienced this being part of the School of Metaphysics. Now, I was able to experience this at the Parliament of World's Religions through another spiritual community.

Another rich experience I had at this convention. was being in the rainforest. This experience was a surround sound of the Amazon Rainforest. The purpose of this experience was to bring awareness to the rainforest and how deforestation has caused changes in that culture. I experienced the beauty and the sacredness of the rainforest virtually.

Attending the Parliament of World's Religions allowed me to experience the consciousness of peace and unity on a global scale. I realized the School of Metaphysics is part of a world-wide community desiring spiritual growth and transformation not only for ourselves, but the entire planet. I also realized how valuable each organization is to our respective communities in accomplishing this goal. I am looking forward to attending another Parliament of World's religions convention and continual expansion of our spiritual communities.



Surrender Mari Hamersley

One of the first things we teach in the School of Metaphysics lessons is that what we think about manifests in our lives. And placing in mind the subject of Surrender, I received many experiences that helped me to gain a deeper realization of what this truly means.

First, I discussed this with a friend who is both very good with images and is so wise. She offered this insight in a very clear way. She spoke of how many people see surrender as a person kneeling with hands clasped and head drooping, surrendering to another person without will or without hope. Then she gave me her image of a person standing tall, head lifted and arms raised to Heaven. This is true surrender to a higher power, a higher being. I found it resonated so clearly within me. And would appear each day that week.

We traveled to the Parliament of the World's Religions in Chicago. On the first day, Monday, at one of the first booths I visited, I picked up a flyer from another group titled "Blessed Inner Attitudes." It stated so beautifully:

May my will always surrender to the glorious and inspiring presence of God, humbly, gratefully to receive the grace of unconditional love, unfailing forgiveness and matchless goodwill."

This gave me a clear ideal of how to implement surrender in my service at this very special and spiritually expansive Parliament experience.

On Tuesday, I was able to surrender by meditating with a group in a Yurt, a circular tent-like structure, so peacefully and so in communion with the Creator and with the others there.

On Wednesday, I was able to give Intuitive Reports with Dr. Tad at the Chicago branch, and again, the sense of surrender was very clear, as it always is as I receive insights from the subconscious mind and offer them to those who had requested reports.

On Thursday, I saw it in action from others as I attended the Langar Lunch. The Sikh delegation served hundreds, perhaps thousands, a lunch open to all without charge each day of the Parliament. They so beautifully invited everyone to eat, serving us with love. It was truly a holy experience and an example of how the Creator offers sustenance to us freely and lovingly.

And each day at the beginning of starting to attend to people coming to our booth, I would pull a Kwan Yin stick and keep the word in my Conscious Mind as a guide throughout the day. And on Friday, it came full circle. I pulled number 8—Surrender.

All of these experiences at the Parliament have deepened my realization that surrender is truly receiving from the highest inner source that guides me each day. How divine to live in this way.



The greatest gift we can give is service to another with the intention of aiding them to know their higher Self and what is permanent and lasting. When I learned that the Parliament of the Worlds Religion was going to be in Chicago, I was very excited. What an opportunity to serve and observe the many dimensions humanity has chosen to offer service to something greater than self.

Gino and Terrence-Lamont had already seized the opportunity and Tad was on board with them. They were already recruiting people to join them. Excitement was building. Diana, Doug and I talked and decided we would propose to the board that we should have a booth at the parliament. To have space for those that were serving to give and to share who we are and what we do. I established immediately the Ideal of Expansive Connections, attracting like minded souls to us creating a higher level of understanding of creation. I agreed to support the delegates and to collaborate with everyone on their personal ideal and how they could serve. We met bi-weekly to establish what and how we would represent the School of Metaphysics at what is the largest international, multi faith event in the world.

I had a clear vision of what was possible and was confident we could represent the school's capacity to serve humanity. Tad and Mari would offer intuitive reports, Terrence-Lamont would coordinate the Peace activities along with Sherwin and Stella-Lynn. Sherwin also supported the internet apps we would need. Mike Moffa agreed to do Dreams and hold the Dream Webinar at the event. Gino had gotten a speaking session for "Spiritual Education" and was going to share and get input and support from SOM Delegates. I would establish, with the support of Dr Doug and Dr Diana, the booth support and create buttons to entice people to our booth to have their dreams interpreted and to participate in a virtual Peace Tile activity. We were all excited to serve and participate. Everyone was given the opportunity to help shape and support the unfolding of our booth support and parliament activities. Everyone served in some capacity. We were all connected and even had a group text to keep each other informed and to ask for assistance when needed. The Chicago branches opened their doors to the students from across the mid west and the over 24 delegates. Not only did the offer a place to host intuitive report readings they also offered a place to stay, the supplemented the PoWR activities with opportunities for the delegates to gather for meals and talk about their experiences.

I was deeply moved with the ease at which every need was responded to and ideals manifested. The booth always had a delegate there ready to receive. I personally had the opportunity to engage with the Center for Unity delegates, the President of the International New Thought Alliance, a woman from the Unitarian Church of Indiana who invited us to speak, a Bahia minister and psychiatrist who participated in our Dream Catchers Webinar, and a Unity Village Conference leader who became my bestie! And the list goes on. Many expansive connections were created with the opportunity to continue to share opportunities in the future.

The most touching for me was the wrap-up conversation at the Chicago branch on Friday. Everyone was willing to be honest, open and vulnerable as they shared their experiences. I held an ideal that the booth would be not only a space for the PoWR participants to learn about the school, it would be a space for the delegates to gather recharge and process with other delegates. As we went around the room and shared there was lots of laughter and tears of joy. What I heard exceeded my expectations. Everyone expressed a deep sense of gratitude. Hearts had opened, new connections were made and new perspectives on how to be and serve the Self and the world were shared. A sense of fulfillment and a greater connection to spirit was expressed by everyone.



From the Chancellor

By Stella Lynn Boggio

MATTHEW CHAPTER 19

Interview with Dr. Daniel Condon

In Matthew, Chapter 19, Jesus was tempted by the Pharisees. They asked Jesus if it was lawful for a man to divorce his wife for any cause? Jesus explains that a man shall leave his father and mother and shall be joined to his wife, and the two shall become one flesh. Since they are one body, let no man break apart. The Pharisees asked why Moses commanded to then give a letter of separation and to divorce her. Jesus said Moses, Considering the hardness of your heart, gave you permission to divorce your wives; but from the beginning it was not so.

The disciples wondered if there is so much difficulty between man and women, is it not worthwhile to marry. Jesus says this saying does not apply to every man, but to whom it is given.

Jesus also wanted the little children to come to him.

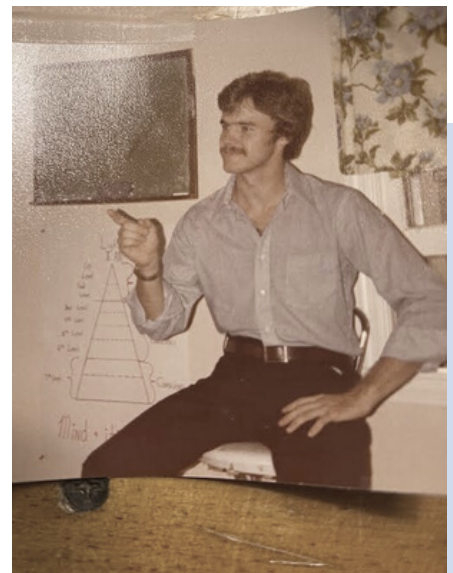
The kingdom of heaven is for these children.

Next, a man asked Jesus, "What must I do to have life eternal?" Jesus answered him, to obey the commandments. You shall not kill; you shall not commit adultery; You shall not steal; You shall not bear false witness; Honor your father and your mother and Love your neighbor as yourself. The man said he had obeyed all these from his boyhood. What do I lack?

Jesus answered, if you wish to be perfect, go and sell your possessions and give them to the poor, and you will have a treasure in heaven; then follow me. This man the young man sad, because he had many possessions. Jesus said to his disciples, It is difficult for a rich man to enter the kingdom of heaven. Again I say to you, it is easier for a camel to go through the eye of a needle, than for a rich man to enter into the kingdom of God. His disciples wondered who could be saved? Jesus looked at them and said, For with men this is impossible, but for God everything is possible.

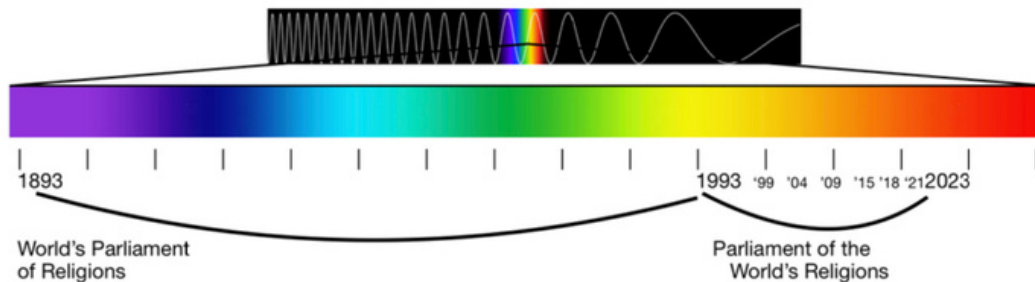
Then Peter answered saying to him. We have left everything to follow you. What will we have? Jesus answered, Truly, I say to you that in the new world when the Son of man shall sit on the throne of his glory, you who have followed me shall also sit on twelve seats and you shall judge the twelve tribes of Israel. Also, every man who leave his family or wife or children for my name's sake, shall receive a hundredfold, and shall inherit everlasting life. But many who are first shall be last and the last first.

1. Why did Jesus speak so strongly against divorce? In Matthew Chapter 19, Jesus answers this question. A man shall leave his father and his mother, and shall be joined to his wife, and the two shall become one flesh.
2. Can a person be financially prosperous and still enter the Kingdom of God? Explain. Yes, if they are not attached to their possessions
3. What does it mean to leave everything and follow Jesus? That you leave behind all limitations, false teaching and distorted thoughts.
4. Explain more the first shall be last and the last shall be first. The first would be individuals who are just physically focused. The last would be those individuals who built permanent understandings through discipline, service and teaching.



The New Maitreya

The **NEW MAITREYA**
The INDIVIDUAL in the GROUP
 by Barbara Condon



The **2023** Parliament is now a memory. The 30th anniversary of the **1993** Parliament which itself was a *100th* anniversary of the original Parliament held in Chicago in **1893**, has come and gone from the present moment.

Stay with me here. It is inner Wisdom that allows Mind to unfold the holographic universe and see these connections over time and space. These Parliaments are accessible to anyone through what Nikola Tesla called mental operations. At SOM, this is called simply, “the exercises”. Skill from exercising Mind births something special – Wisdom. When I created my first *10 Most Wanted List*, Wisdom was number 1. It remains in the top three 48 years later.

I reflect upon the value of a single lifetime often. It sharpens awareness of how precious TODAY is, and reminds me why I know - sans brain getting in the way - that there is neither love nor reason for wasting one moment.

Wisdom is more than a memory. I experience wisdom as a living thought, constantly transforming within my mind to meet a future whose time has yet to come. This seems the purpose people in cultures all over the world pass on '**Wisdom Teachings**'. So come with me on a brief inner exploration of mental operations.

During the 1993 PWR, I recall attending the People's Parliament during noon hour each day. There I talked with two of the five founding members who had gathered around a Chicago kitchen table five years earlier to begin dreaming the 1993 Parliament into being. I remember receiving the early communiques from them, mostly through the post office, describing the gathering as **A ONCE IN A LIFETIME EVENT!**

This is the **1st ECHO** of the Voice that resounds deep within

While the Conscious Mind is limited to the brain, the intelligence is in a kind of 'lock-down'. A description that you probably recognize because it has recently taken a place in humanity's common daydreaming. To see with the Mind's eye what, to the Body's eyes, remains unseen, invites WISDOM. Like heeding communications from your Subconscious Mind in dreams.

The New Maitreya

It pulled us back in time to the 1893 World's Parliament that began it all. It was the first I had heard of that, and of the Hindu monk who dissolved 10x prejudices with 5 simple words. (See the sidebar about Vivekananda)

I recall when HH the Dalai Lama of Tibet spoke in Millennial Park at the final session of the '93 Parliament, I saw the couple who had spoken at the People's Parliament standing from a promontory behind the audience. They were whispering and laughing in celebratory relief that indeed, YES! their dream came to pass. I went up to them to thank, and they were most gracious. I laughed when I saw the man's t-shirt. It said:

**It Only Happens
Every 100 Years.**

That is the **2nd ECHO**.

I remember feeling the holographic Truths held by Cronus moving through me that day. Deep appreciation for choosing to be at this place in this time vibrated my entire being. It was the same feeling I had when people on all seven continents joined us in 2003 to dedicate the first intentionally designed and built structure on the College of Metaphysics campus - the PEACE DOME. An event that only happened once.

That is the **3rd ECHO**.

Cronus - TIME - faithfully preserves heavenly individuality in His cosmic memory. He is the resonance of everything that has been. He is A~U~M. The VOICE. I attribute the experiences I write of here to thousands of meditations over five decades of a single human lifetime. One that may quite possibly be told as a significant life for some future being, who has from my mindfulness today, benefitted greatly from wise choices I make now. That's Cronus in action.

Karen Curry Parker is a teacher of Human Design who likes to say, **"YOU are a once-in-a-lifetime event in this Universe."** Yes. You are! I grok it. That is the **4th ECHO**.

Each of us are that *"Individual in the Group"* that is the *New Maitreya*. May we live healthy, wealthy, and wise to witness a century as it comes and goes! Satyagraha, drB

*"The whole life is
a succession of
dreams.
My ambition
is to be a
conscious
dreamer,
that is all."
- Swami
Vivekananda*

Vivekananda is
Sanskrit meaning
'the bliss of discern-
ing wisdom.'

In May 1893, the name Vivekananda was bestowed upon a Hindu monk by the Maharaja of Khetri, a town in India. Vivekananda was setting sail by boat from Bombay to the United States to attend the Parliament of the World's Religions which would be held in September in Chicago. No airplane travel in those days. Weeks of trains and boats to traverse 8000 miles stretched before him.

The monk had acquired an endorsement from a Harvard professor to address the gathering. With his first five words, Vivekananda received a two-minute standing ovation from the assembly of 7000 people. What were these words that delivered the meaning in his name?

"Sisters and brothers of America!"

In 1893, only the highly educated in the West knew of Hinduism. After Vivekananda's address, everything changed. Nothing has been the same since.

DAY 42 a kuanyin focus CONSCIOUS DREAMER



January - New Beginnings

February - Divine Love

March - Concentration

April - Dreams

May - Gathering at the Fire

June - Hope



2023 Monthly

THEMES FOR VIBES



July - Wonder

August - Leadership

September - Surrender

October - Community

November - Going Within

December - Joy

2023 Events



JANUARY 6 - 8	GENERAL ASSEMBLY
20 - 22	THIRD WEEKEND
FEBRUARY 4	AREA TEACHERS MEETING
17 - 19	THIRD WEEKEND
MARCH 17 - 19	THIRD WEEKEND
31...	NATIONAL TEACHERS MEETING
APRIL ...1 - 2	NTM CONTINUED
14 - 16	THIRD WEEKEND
21 - 23	DREAM AWARENESS WEEKEND
MAY 19 - 21	ALL STUDENT WEEKEND
JUNE 16 - 18	THIRD WEEKEND
JULY 14 - 16	THIRD WEEKEND
AUGUST 5	AREA TEACHERS MEETING
18 - 20	THIRD WEEKEND
SEPTEMBER 15 - 17	THIRD WEEKEND
OCTOBER 6 - 8	NATIONAL TEACHERS MEETING
7	50TH CELEBRATION
27 - 29	STILL MIND WEEKEND
NOVEMBER 17 - 19	THIRD WEEKEND
DECEMBER 2	AREA TEACHERS MEETING
15 - 17	THIRD WEEKEND
31	UNIVERSAL HOUR OF PEACE





A KUAN YIN BLESSING

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Love and Light from your Vibrations Staff.

. Stella Lynn Boggio: #62 Atman: To be awake means to dream day and night in the presence of the first dreamer. His clear light is carried in every cell. Buddha, Christ, Lao Tau, Quetzalcoatl, Mahavira. In comparable richness awaits the one who knows how to dream.

Kate Wagoner: # 66: The mind Future firestorms disturb the dedicated will. Disciplining aspects of Self make one a Creator. Waters of pure consciousness feed the Inner Fire. Temporary creations have their moment, and time moves on.

Thomas Croft: # 12 Choice: Both the authentic and imitation. When challenges arise, embark upon conscious thinking. In the outer and inner mind. Such a choice is it's own blessing, reveling when you have been. Your wisdom realized, your discerning heart opens the door.

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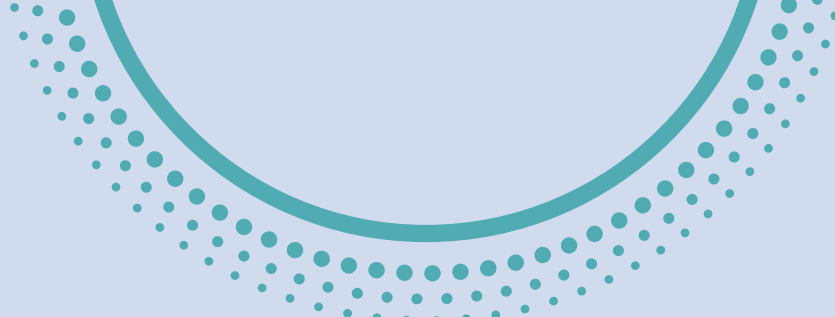
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