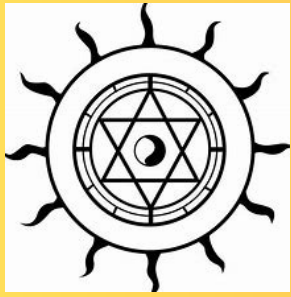


Volume 53, No 7 - July, 2023



VIBRATIONS

A MONTHLY NEWSLETTER

WONDER

The ideal of the School of Metaphysics is to aid any individual, willing to put forth the effort to become a whole functioning self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics is to accelerate the evolution of humanity by ushering in intuitive, spiritual man.

The activity of the School of Metaphysics is teaching teachers.



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CELEBRATION OF DIVINE FEMININE

**By Mary Sudduth
& Kim Clarkson**

We danced, we did, by the fire. Inhibitions were first to go, too light and meaningless.

At first it was the excitement that moved us. Then the rhythm, but as an hour passed, then two, the awareness within me became exponential. I could feel my body. I could feel my soul. As my cells began to sing, their very density seemed to increase. My gaze was transfixed on my sisters. It felt as if we all had become so heavy, we had sunken into the womb of the earth. Nothing else was present. I could feel not only my own femininity, my own substance and my own density, but also theirs. It was as if a wave had at first traveled through us and then carried us with it, raising us and lowering us as one, bobbing on an infinite ocean.

I raised my hands respectfully to the moon, asking for blessings. I asked not only for myself and my sisters, but blessings for the earth, our mother the Divine Yin. And I prayed to the earth...mother, for her blessings as the soles of my feet cross her in travel. I also prayed in gratitude to my God, the source of my spirit. We are so blessed to carry the sacred unity of Divine Yang and Divine Yin. This is truly a wonder. We are witnesses to the Divine Yin and our soul, cradling a loving Divine Yang as our Spirit. In Yins' arms Yang relents. He totally gives himself to her, transmuting himself in the process.

Meanwhile, the fire of love within the heart of Yin consumes her. Transmuting her like the heat in earth's center melts the ancient earth, changing it into a river of lava, renewing her and starting the cycle again.

This is the way.



OPEN HEART IN WONDER

By Kate Wagoner

Wonder is when I see it in your eyes,
As the butterfly dips and glides.

You scream and exclaim,
You really care for God's creatures, you wish them no pain.

Wonder is when I tell you a silly joke with a serious face,
You look like, "Is she for real, I can't relate!"

I adore watching you take in the sky, play in the dirt, and traverse the climbing bars,
And when you sleep in the afternoon, I am never far.

I remember when I was about your age,
Dreaming in technicolor and loving to play.

I respect that quality in you,
You who are so authentic, curious and true.

I never want it to die in me,
When I hug you and sing silly songs, I feel free.

I love you so much,
I Love You Because You Are.

"Tony, my best helper!"
We've known each other before,
Our wonder helps me to keep the door
Of my Heart...

Open.

WONDER-FULL

By Jenni Haney

Des Moines is thriving and expanding as we move into the warm summer months. We have recently started a new first cycle class and are mid-way through a four-week dream course.

Our branch hosted a booth at the Iowa Metaphysical Fair in May. We took the opportunity to inform countless fairgoers of the many opportunities available at our school, interpreted dreams for individuals, and offered a raffle for a free dream course to pique interest from the public and draw in potential new students. It was a wonder-full event that exposed us to members of the metaphysical community near and far, providing a space to share and exchange energy, love, and light.

People are on a never-ending quest for something to awe them, mystify them, and intrigue them. In a world full of instabilities, it is helpful for people to have something to wonder about and dive deep within to find, understand, and believe. One of the ultimate wonders of the world is closer to us than anyone or anything. It is the wonder found in the Self- where we create and collide with Creation, reach the highest heights, and expand beyond the limits of the physical into the world of the metaphysical and the abyss of the unknown.



WONDERING REALITY

By Terrence-LaMont
& Thomas Croft

"Keep your attention in the present in order to recognize your thoughts. Then update and upgrade the thoughts to produce healing."

Universal Healing Truth By Dr. Daniel Condon

When we have a structure that we are committed to we can repair our thoughts about just about anything. At times, the desires are many and the known skills are few. How do we really know what steps to take to get to the Promised Land?

Prioritizing for what makes sense in the future through gathering methods in the present helps to fulfill the desires of Self. It is not a mystery that we are unified in our expression by the Universal Laws. One such law is the Law of Proper Perspective. When many hours, days, weeks are spent in focused attempts at becoming an ideal, we are aligning with this law even if we do not know it. Some recent scientific studies of simple tools have led to the awareness and the conclusion that small steps bring us to extraordinary awarenesses that we might not even know that we were capable of. A student and teacher in the School of Metaphysics recently had such an occurrence. After many years of study and diligent focus on doing spiritual and mental exercises, the awakened mind was reached more fully than ever before. Sitting in stillness with a small group of fellow students and meditators while listening inwardly opened the door to having a no thought state that lasted the entire hour of meditation. Knowing that this state was reached because of first exhibited devotion to steady practice of simple exercises opened this student to an ecstatic moment that he will build on for some time to come.

Teaching at The School of Metaphysics offers opportunities to become a leader and learn more about yourself. These opportunities will be uncomfortable, that is for sure, but it will be for the betterment of your spiritual evolution. Being in front of other people and directing them can be very uncomfortable. That is the feeling and thought form, and you can shift your thought process, realizing that it is all within your thoughts. The school teaches, "What you think about you bring about." Everyone has the ability to see the thought clearly. Ask yourself if you want it, and if not change it. Repeated attempts at this shifts the reality to who you desire to be. In doing so it will bring about comfortability.

The School of metaphysics offers alot of surprises.



DEAN OF INTUITIVE REPORTS

By Mari Hamersley

I Wonder What Hope Will Bring

Mari Hamersley

Why do people want to ask for and receive an intuitive report? For many reasons—curiosity, desire to grow, answers from an outside source, insights and inspiration, confirmation of something they think or believe, natural ways of healing themselves, etc.

Yet there is another reason that is an important one. Many people need hope, which their Intuitive Report very often gives. Whether a past life profile, a past life crossing, a health analysis, or any other type of report, it provide insight into the area of change that is most needed and suggestions for doing that action.

Here is an excerpt from a report in which a woman was given powerful ways to change in an area she had been challenged with for some time.

Q. She asks for suggestions on integrating the emotions into the life experience.

A. Be willing to receive. This one has a tendency to become protective and defensive, and when this occurs, then there is a shutting down of the emotions. There is no longer a giving and receiving which causes there to be disruption there. Therefore, the development of the attention so that this one can give and receive is key to this process.

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So simple and so profound and so universal. Who has not at some time shut down and become defensive? Simply, “Be willing to receive, and the development of the attention so that this one can give and receive is key to the process.”

And these skills of mind can bring hope and wonder to people of all kinds. It is what the School of Metaphysics teaches so that they can make miraculous changes in their own lives by their own volition.



NATIONAL VIBRATIONS COORDINATOR

By Stella Lynn Boggio

I Wonder...

When I think of wonder, I think of Imagination. Imagination is something that I previously allowed to intimidate me. However, as I reflect on the theme of Vibrations for this month, I am open to endless possibilities.

Wonder takes me out of the norm. The everyday hum and drum. Last year, on all student weekend, fellow student and teacher, Kate Wagoner and I played a game. It was called the "What if" game. "What if all my dreams came true?" "What if I published that best selling novel?" "What if I got to travel the world?" We engaged our creative minds. We allowed ourselves to wonder. We let go of limitations and restrictive thinking.

When I think of wonder, I think of a child. Children are curious. They are always exploring. They are always asking questions. Nothing is off limits. They never tire. As we grow older, we tend to lose that creative spirit. We overanalyze. We hold ourselves back out of fear. We develop habitual patterns of limitations. We tend to put that spirit of wonder on the back burner as we deal with the "practical matters" of life.

In my School of Metaphysics journey, I have had many experiences in which I wondered what would happen next? I wonder what would happen, if I started going to the college headquarters every Third Weekend? I wonder how that would benefit me? I wonder how that would benefit others? I have been traveling to our headquarters in Windyville, Missouri for almost three and half years. I have had amazing experiences in those three and a half years. I have expanded my consciousness beyond my previous limitations. This experience has enabled me to wonder..."What is next for me?" One of these next steps was moving to a school branch in Indianapolis. This experience has enabled me to expand into the role of director. Stepping into the role of director has also enabled me to expand my vision for my life in all areas.

As I let go of my old identity, I wonder where my imagination can take me? The possibilities are endless if we allow ourselves to wonder. May your imagination allow you to wonder to those endless possibilities on your soul's journey in this life and beyond.



FROM THE

CHANCELLOR

In Matthew Chapter 17, "Jesus took Peter and James and his brother John and brought them to a high mountain alone. Peter answered and said to Jesus, "My Lord, it is better for use to remain here; and if you wish, we will make three shelters here, one for you and one for Moses and one for Elijah." While Peter was speaking, a bright cloud overshadowed them. A voice came out of the cloud saying, "This is my beloved Son, with him I am pleased; hear him."

When the disciples heard this, they were afraid. Jesus encouraged them to not be afraid. He also instructed them to not speak of this vision, in the presence of anyone, until the Son Of Man rises from the dead. The disciples asked about why the scribes say Elijah must come first? Jesus said that Elijah must come first so that everything might be fulfilled. When the disciples approached the crowd, a man came to Jesus and said, "My Lord, have mercy on me; my son is an epileptic and has become worse; he often falls into the fire, and often into the water. The disciples were not able to heal him. Jesus answered and said, "O faithless and crooked generation, how long shall I be with you? And how long shall I preach to you? Bring him here to me. Then Jesus rebuked him and the boy was healed.

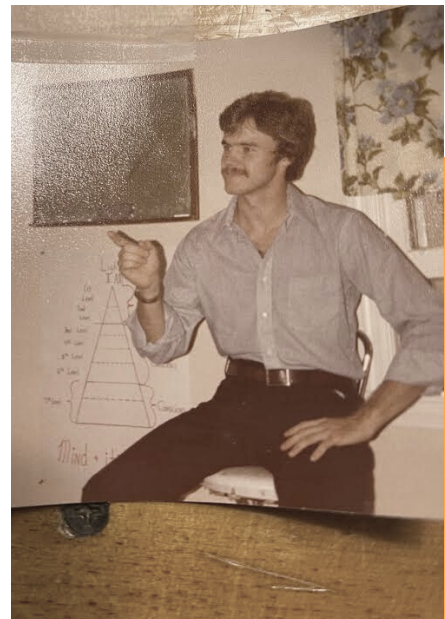
While Jesus and his disciples were traveling through Galilee, he spoke of a prophesy. "The son of man will shortly be delivered into the hands of men; And they will kill him, and on the third day he will rise up. And they were very much grieved. Then they came to Capernaum, and those who collected tax came to Peter and said to him, "Would not your master give his two coins?" Jesus said yes. He also asked Simon. "What do you think, Simon? From whom do the kings of the earth collect custom duties and head tax? from their sons, or from strangers?" Simon then answered, "From strangers." Jesus then said, "The sons are free." Jesus further explained, "But so as not to offend them, go to the sea, and throw out a hook, and the first fish which comes up, open its mouth and you will find a coin; take it and give it for me and for you."

By Stella Lynn Boggio

Matthew Chapter 17

Interview with Dr. Daniel Condron

1. Why did Jesus tell the disciples not to tell anyone about the vision until the Son of man rises from the dead? Because Jesus said, "Do cast your pearls before swine, they will rend you asunder." The Pharisees condemned Jesus over and over again. Jesus wanted to stay focused on the purpose of his life in the physical world. The Pharisees often opposed Jesus in his work in his mission.
2. Why were the disciples unable to heal the boy with epilepsy? Because of your unbelief; for truly I say to you if there is faith in you even as a mustard seed, you will say to this mountain, move away from here, and it will move away; and nothing would prevail over you. Nevertheless this kind does not come out by fasting and prayer.
3. Why did Jesus tell the disciples what was going to happen to him? So the disciples could prepare to teach what Jesus had taught him.
4. Why did Jesus not want to offend the Tax Collectors? So his disciples would not get thrown in jail.



THE NEW MAITREYA

By Barbara O'Guinn Condron



by Barbara Condron

The NEW MAITREYA



From India come a collection of teachings, the records of questions and answers between different sages and their students, gathered over centuries. These teachings are known as the **Upanishads**. The term is derived from *upa* (near), *ni* (down) and *sad* (to sit) thus **Sitting down near**.

The Upanishads are reflected upon by students in the final series of the SOM program.

It is the practice of Sitting with the Teacher that enabled the **Upanishads** to remain accessible in the outer, physical world today. This conveyance of truth and wisdom, generation upon generation, has brought us to the present age of enlightenment where everything can be seen.

The Simple Power in Sitting with the Student

One of the great contributions of the School of Metaphysics for the elevation of consciousness is its dedicated activity to teach teachers. The revelation of this practice is the simple power in Sitting with the Student.

To sit with someone who desires with all their heart to know God.

To sit with someone gripped by grasshopper consciousness.

To sit with someone who has never touched a keyboard.

To sit with someone speaking before a hundred people for the first time.

"Future is in hands of young people," His Holiness says at a public address in the IU arena. Visor shielding his aging eyes from too much artificial light, he looks up into the balcony seats, surveying the thousands who have gathered to hear his wisdom.

"How many are students?" he asks. More than two-thirds raise their hands. He nods. "I'll always be student. Time never stand still, always moving." His perpetual schedule of teaching and world-travel bear witness to this reality. I reflect upon what a Holy Work his life will make as visionary disciples record those travels. What an amazing prospect this is!

"No matter past - pleasant or unpleasant - disappear into space." His grasp of the temporary nature of the material world is always refreshing. Everything that exists in the physical world - from your favorite coat to the pyramids at Giza - are in states of deterioration. The colors fade each time you wear your coat, threads wear, buttons are lost, just as the winds of time erode the rocks of the Great Pyramid. It is only the understandings we gain that will endure. When such wisdom is passed on, generation to generation, humanity can hope to progress.

"Concern is future. Future is in hands of young people. You are main generation who can shape humanity in 21st century. My generation of 20th century, our century - gone. Ready to say, 'Bye-bye.'" The crowd laughs appreciatively.

- from A Christian Woman Meets the Dalai Lama by Barbara Condron

THE NEW MAITREYA

By Barbara O'Guinn Condron

To sit with someone who is breaking free of self-imposed prejudice.
To sit with someone struggling to read.
To sit with someone who has best friend died unexpectedly.
To sit with someone who wants to start a family.
To sit with someone who dreams of a compassionate and loving world.
To sit with someone in sickness and in health.
To sit with someone as they laugh and cry and shout and sing.
To sit with someone in stillness.

This is the new meaning in Upanishad that I experienced in 1975 because someone brought the School of Metaphysics to Columbia, Missouri the previous year.

SOM is so young. So newly born. Fragile. Dependent upon generous souls for its very existence.

Two thousand years ago, zen Buddhists wrote about the transference of teachings as the *Transmission of the Lamp*. Dharma transmission is a custom in which a person is established as a "successor in an unbroken lineage of teachers and disciples, a spiritual 'bloodline' theoretically traced back to the Buddha himself." This concept of passing on wisdom from one generation to the next is the spiral DNA that has enabled humanity to increase, progress in the mindfulness teachings associated with Siddhartha Guatama who became known as the Buddha.

In my lifetime, author and peace activist, Thich Nhat Hanh used a ritual known as Lamp Transmission to recognize a teacher as Dharmacharya—an individual with "limited teaching authority." He said no single student would succeed him. Instead his community of practice itself would be his successor. He said that Maitreya, the Buddha of future birth, would likely be a community rather than an individual.

'Thay', as he was called by his students, passed through this world in January 2022 at the age of 95.

When I first heard this, I grasped completely Thich's vision, and more importantly his experience. For whether it is a School of Metaphysics in Bolingbrook, Illinois or Dallas, Texas or Tulsa, Oklahoma, each one thrives because there is at least one teacher willing to sit with the student.

So although the community is likely to be heralded for the next two millennia, let us remember that all com(mon)unity begins and ends in Oneness. The Whole. Functioning. Self.



In the early days when SOM was just born, individuals stepped forward. The question in the air was "***WHY DOESN'T SOMEONE DO SOMETHING?!***" These were people filled with gratitude for what they had learned. For the needed and wanted changes they were able to make in their lives because someone was willing to teach. For the peace of mind. Freedom from addictive behaviors. Resolution and reconciliation. Vision beyond the here and now. Freedom to dream, consciously. These people like hundreds after them were willing to say "YES!" to the question. "I Am Some One."

The New Maitreya.

It's what brought SOM into this world.

And it is what can and likely will sustain it, through each individual willing to sit with the student for generations to come. •

January - New Beginnings

February - Divine Love

March - Concentration

April - Dreams

May - Gathering at the Fire

June - Hope



2023 MONTHLY

T H E M E S F O R V I B E S



July - Wonder

August - Leadership

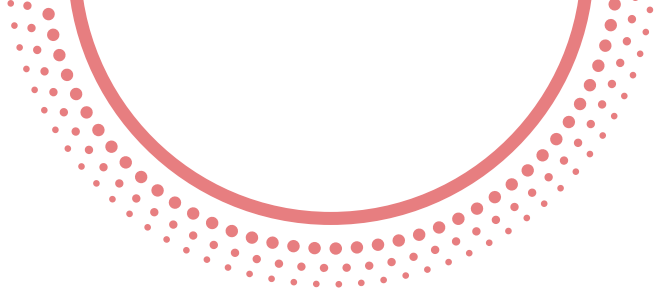
September - Surrender

October - Community

November - Going Within

December - Joy

2023 EVENTS



January 6 - 8	General Assembly
20 - 22	Third Weekend
February 4	Area Teachers Meeting
17 - 19	Third Weekend
March 17 - 19	Third Weekend
31...	National Teachers Meeting
April ...1 - 2	NTM Continued
14 - 16	Third Weekend
21 - 23	Dream Awareness Weekend
May 19 - 21	All Student Weekend
June 16 - 18	Third Weekend
July 14 - 16	Third Weekend
August 5	Area Teachers Meeting
18 - 20	Third Weekend
September 15 - 17	Third Weekend
October 6 - 8	National Teachers Meeting
7	50th celebration
27 - 29	Still Mind Weekend
November 17 - 19	Third Weekend
December 2	Area Teachers Meeting
15 - 17	Third Weekend
31	Universal Hour of Peace





BRANCHES

A KUAN YIN BLESSING

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O’Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Love and Light from your Vibrations Staff.

Thomas Croft: #46 Clairaudience The teacher counsels; commence all things in stillness. Through inner concentration attend the silence. It is there that the voice of the Inner Teacher is heard. The Voice will guide your heard and hands in the work of the heart.

Stella Lynn Boggio: #47 Landing Beauty is an expectation arising in the finest substance in Min, Carried along by the will responding to the inner call. Leadership arises unbidden in one caught up in rapture. Being is the teacher, presence, the lesson.

Kate Wagoner: #31 Allow The Teacher's way of life is responsive. Breathing in and breathing out, refreshment. Chakras reverse, when all actions return to the Source. Health and well-being are eternally assured.

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