

Volume 52, No 12 - December, 2022



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A MONTHLY NEWSLETTER

SHARING

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SHARING



By Mary Sudduth

We were waiting on the cement steps. Nihar and I were in back while Miriam, trying to control her excitement, was poised in front holding a glass vase stuffed with money and love. I could feel my own heart racing. Just two hours ago while couch slouching and wondering what I could do to get outside on this beautiful day in Springfield, Mo., Miriam from the School of Metaphysics texted me. A family that needed aide had come to the attention of our director, Devon,

and the timing on this was urgent. The front door opened just a crack, and the face of a young girl pressed up against it. I could see her eyes, they were dark and tired, too tired for someone that young. There also was something else in those eyes, familiar but I could not identify it at that time. Nihar's gentle eyes squinted while a flat smile consumed his face, reminding me of a shy boy. The girl opened the door a little more, revealing a baby she was holding close. Miriam leaned in and said in a soft voice, "Esto es un regalo del universo para que sepas que eres amada," which translates as "This is a gift from the universe so you know you're loved". The young mother was confused, but obviously touched by Miriam's words. We could not go home after that! So, once landing at the local coffee shop we relived our favorite moments of the day together. While sharing our welcome conversation I kept thinking about the young mother's eyes. I knew I had seen them somewhere before. After our coffee I drove downtown to old Commercial Street, where my husband and I had taken in a portrait exhibit on the homeless of Springfield. The same exhibit was still up, but the owner was closing. I could feel a hunger in me, I wanted to see the subject's eyes. I rushed up to the door just as I heard the lock click. The owner and photographer looked up from the door handle and paused for a moment looking, I mean really looking, at my face.



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He smiled while reversing the lock and I stepped in with a sigh, promising not to stay too long. Our conversation began immediately as I asked him “why”, “why pictures of their faces?” “It was for their eyes really,” answered the photographer. “Why?” I asked again. “Well, that is where you see humanity,” he answered. “What is humanity?” I asked. “That is the awareness that we are all one,” he answered me again. “Is this in everyone’s eyes?” I continued. He paused while taking a

deeper breath and said thoughtfully, “this is something I look for.” My host seemed to grow reminiscent as his gaze drifted toward another portrait I hadn't noticed. Just as the picture had been taken, that old soul looked down. I cried. I knew what I saw in her eyes, humanity, and maybe the divine. While we think of heaven and earth as being separate, they are both expressions of the same creator. We are not striving for something far away because it is here within us and with us. Seemingly those who have lost everything, stripped of their stories, belongings, dreams, hopes and ego are the closest. Look passionately into the eyes of the homeless. Look gently into the eyes of the old. Look with great compassion into the eyes of the terminally ill, the addict, the immigrant, and you may see our original nature. Yes, maybe even the Divine.

SHARING



By Kate Wagoner

I have had the fantastic opportunity of harmonizing with the Law of Abundance through sharing my Soul and healing journey, specifically sharing what I have experienced through my study and teaching of metaphysics.

When one has an open heart, it's amazing what opportunities will present themselves. One experience I have had was at a local coffee shop. I overheard two men talking about "how we create realities with our thoughts." Ding! A light went off.

That's metaphysics. I walked over and shared information about the School of Metaphysics. It felt good to plant the seed, and to extend the invitation to them to be a part of a community of like minded people, as well as participating in courses and resources that will aid them in Soul evolution.

I have had similar experiences of sharing. With the clerk at the supermarket, telling family and friends, coworkers, etc. Everyone is a Divine friend to have a sharing experience with! My sister is even curious about obtaining a past life crossing with me and other family members.

Something shifts when I share. I feel good about myself and I feel good about the world around me. First, it feels good to share because I genuinely desire that other people have the capacity to be happy internally, feel Divine love, and be the best versions of themselves possible. (And I believe that a study of metaphysics will do that for them.) And second, when I open up my heart to sharing, I make room for receiving. Everyone is Divinely blessed. It also feels good to receive.

SHARING IS CARING



By Wendi Olerich

We here at the SOM in Des Moines recently had another opportunity to share our knowledge at the 2022 Fall Spirit Seekers Fair held at Unity Center on November fifth. We made so many connections with the folks who stopped by our booth! Dreams were interpreted, questions about the school and what we do were answered, and we all had a great time exchanging information with other vendors as well as the other “seekers” at the fair. We are very grateful to have had this chance to

interact with so many friends that day, both old and new.

I will leave you with a quote from Mary Anne Radmacher: "As we work to create light for others, we naturally light our own way." Whether it's sharing knowledge with a co-worker, giving comfort and advice to a friend, baking with your grandkids, or helping a neighbor with yardwork, share your time, your gifts, and your talents with others whenever possible and shine your light!

BEING OF SERVICE



By Thomas Croft

Hello everyone! It's a new month and a new theme. This month's theme is sharing and giving. Over my two and a half years at the SOM, I have noticed that I like to give and be of service to others. In doing so I feel an ample amount of energy such as fulfillment and gratitude. For example, I recently picked up another Lab Position at the Maplewood branch. Lab positions are titles of specific roles within the school. For example, I Am the Branch Historian for Maplewood so I write an

article every month to fulfill my role in the position. Simple. I Am stepping into the role of the Healing Class Coordinator. We meet every Sunday at the school or on zoom on the 2nd Sunday of the month at 7:30 pm. We come together to send healing to those people who need healing. I have been pondering the thought of taking on this role for some time now. I say all of this because offering healing to others is a great gift to the world. Giving healing is a way to share myself in new ways. Taking on new roles within the school helps us to learn more about ourselves and what we're capable of. If anyone is thinking of taking on a new role I would suggest accepting the role. You will offer yourself new experiences that you are worthy of having. I also had the opportunity to interview a new emerging Leader at the Maplewood Branch. Her name is Kelly Marie Croy. She teaches a Mastery of Consciousness Class on Thursdays from 7-10 pm. Here is what she had to say:

-Reporter Thomas - How did you manifest your class?

-Kelly - I made a Facebook post, promoted it, and shared it with friends. I was networking with former students and formed the perfect crew of eight. I can't believe the things that come out of my mouth sometimes. I have the knowledge.

Namaste.

EXPLORING COMMITMENT



By Stella Lynn Boggio

What exactly is commitment? One definition is as follows; the state or quality of being dedicated to a cause, activity, or other endeavors.

Another definition is a pledge or undertaking. I have been reflecting on commitment lately, as it relates to my spiritual growth, through my studies at the School of Metaphysics. Many times I have feared what I do not understand. This is also true when I do not have a clear image of what I am creating. When I engage with potential

students, a clear image is very important. Many people use their imagination in a variety of ways. If we took a random survey of what people thought Metaphysics was, we would get a variety of answers. Commitment always seemed too serious and I was not always sure of the benefits. However, in committing to my spiritual growth first, I engage with my true self. In my life, I have made many positive changes. Doors have opened where there were previously walls. For example, I have the confidence to explore my writing skills by putting my words out in the world. My writing would probably not be unfolding in this manner, if I had not been committed to a path of conscious spiritual growth. Area Director, Kerry Keller, is creating a Zoom event for the Chicago Schools as well as the Indianapolis branch. He will be having an hour long discussion about the benefits of the First Cycle of Lessons. He plans to discuss the benefits of committing to oneself by staying the length of the First Cycle of Lessons. This will enable new students to have more clarity as they begin their spiritual journey. I am currently building a First Cycle Class of ten or more students. This will expand my consciousness by embracing others. I am also excited about how this class will expand and change the energy in our school. We are focusing our efforts on creating my class and then we will be creating another class for my classmate Ken. I am looking forward to exploring commitment more as our branch expands, grows and evolves.

JOY SELLS



By Gino Crededio

Joy sells. Plain and simple. I know this because it has been the primary purpose of the last two fundraisers I have been a part of and each have raised \$1,000. They were such a blast.

For the month of October, my first cycle class visualized and manifested one heck of a fundraiser in the form of a Halloween party, and what a party it was! The project was ambitious. You should have seen the mind storm board we had in class,

but such is the magic of thinking big. We had everything – homemade food, pumpkin painting, face painting, games, a bonfire, crystal ball dream interpretation, a raffle, a costume contest, a meditation in costume and we capped it all off with a sound healing session with gongs and crystal bowls generously donated by our friend Candi. Let me tell yuh, the people showed en masse for it.

We must have had near on thirty or forty people come and go for it. One student's seemingly entire extended family showed up. We had members of the public, friends, students and teachers and even many alumni gather for the occasion. We were all so worried that the activities might not hold people's attention or even be boring, but I knew we had done good when for the most part people just seemed content to be in each other's presence and that everything else was just icing on the cake. It filled our hearts with joy.

My class and I visualized prosperity and reaching new, joyous heights in our manifestations, but our purposes were noble too. We visualized the joy we'd feel and hold in our hearts, the responsibility we'd gain by putting this all together and the greater our ability to visualize and manifest would become forever for having done this. It paid off.



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The ride was not always smooth though. We came up against ourselves. Whether it was from running late, miscommunication or plain old leaving something where it didn't belong, we learned what happens when we are not as responsible as we could be. We even almost made the choice to go to poverty consciousness and half the price of a ticket. Bless the Creator we didn't! There were highs too, especially when it came to attracting donations. We practiced

spontaneity and connection, meeting many new people in the strangest places. It was our directing intelligence Sonya who encouraged us to shoot our shot at Massage Envy, which I wasn't super keen on after the way the woman at Little Caesar's next door refused to shake my hand, but we went for it. Not only did they agree to make a personalized raffle basket for us, their GM was extremely interested in our School and had been meaning to check it out!

As directing intelligence, Sonya had this to say. "I suppose what sticks with me the most is the ability to create & manifest and the duality between infinite resources vs poverty consciousness." I want to give a big shout out to her for being brave and leading us. I want to thank Mia for her incredible generosity and doing a fabulous job decorating. I want to thank Doug for his ingenuity and resourcefulness in cultivating raffle prizes. And I want to thank Satwik for his skill in making our flyer and his great attitude of service on the day of.

Overall, we encourage every School branch to shoot their shot at a life worth living. Throw a fundraiser for the sheer joy and fun of throwing one. Invite everyone you know and cultivate a space full of interesting, exciting activities. Be ambitious and create memories that will last a lifetime. Happy Halloween!

DEAN OF INTUITIVE REPORTS

What Would You Give to Another?

If you could give anything to anyone, what would you most want to give? It might be a physical thing that you know they would love. Or something you want them to have, a valued antique, for instance. It might be an emotional gift, more time with them or a special activity you share. It might be money in some form. Or it might be something special you have created out of your own mind, heart, and hands. (We all remember those gifts of our handprint in clay given to our mothers when we were so young!)

However, sometimes we worry about what to give. Will it be right? Appreciated? Wanted? And here is where Intuitive Reports come in. Some of the things mentioned in your intuitive reports are your special gifts. These are the understandings related, named for you, identified. Everyone has special gifts. These are qualities inherent in who we each are, perhaps such as loyalty, generosity, compassion, comprehension, diligence. And bringing them forth and using them, employing them intentionally, is so important. These are yours to give. They are part of your Real Self, lasting throughout time.

My point is that the best gift, the only gift you really need to give and share with others, is who you truly are, Your Self. As you give of your Self freely, that special one and indeed, all the world will benefit.

Love and Blessings to All in this Season of Giving!

By Mari Hamersley



FROM THE

C H A N C E L L O R

In Matthew, Chapter 11, Jesus had finished commanding his twelve disciples and departed from that place to teach and preach in their cities. Jesus also commanded his disciples to go tell John in prison what you see and hear. The blind see and the lame walk and lepers are cleansed and the deaf hear and the dead rise up and the poor are given hope.

Jesus then began to speak to the people regarding John the Baptist. Jesus says, "Truly I say to you, that among those who are born of women there has never risen one who is greater than John the Baptist; and yet even the least person in the kingdom of heaven is greater than he." Jesus went on to say how since the days of John the Baptist until now the Kingdom of Heaven has been administered by force and only those in power control it.

Jesus began to reproach the cities in which his many works were done, and which did not repent. Jesus says, "It will be easier for the land of Sodom in the judgment day than for you."

Jesus continues teaching at this point. "I thank you, O my Father, Lord of heaven and earth, because you have hidden these things from the wise and the men of understanding and you have revealed them to children...

Everything has been delivered to me by my Father, and no man knows the Son except the Father, nor does any man know the Father but the Son, and he to whomever the Son wishes to reveal. Come to me, all you who are tired out and carrying burdens, and I will give you rest. Take my yoke upon you, and learn from me, for I am genial and meek in my heart, and you will find rest for your souls. For my yoke is very pleasant and my burden is light."

By Stella Lynn Boggio

Matthew Chapter 11

Interview with Dr. Daniel Condron

1. What is the most important role John the Baptist plays for humanity?

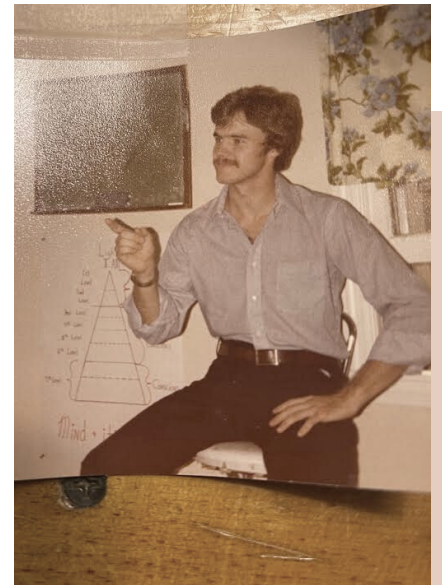
Believing, which is the precursor of knowing. Belief is important to open the heart and mind.

2. Why must someone know the Father to know the Son?

One has to know the Conscious Mind to reason and build Permanent Understandings of self and creation.

3. Describe what Jesus means when he says, "My yoke is very pleasant and my burden is light."

It is easier, productive, and fulfilling to be in harmony with Universal Law and Universal Truth than to be out of harmony with it.



THE NEW

M A I T R E Y A



The Individual in a Group

By Barbara O'Guinn Condon



THE INDIVIDUAL ...

"I am so glad I found this place," Brenda Anderson, a Springfield student, is sharing her story of finding SOM "after all these years" because now "I must be ready." Her face is radiant as she talks of hours of dedicated study and how her family is noting the difference in her after only six weeks.

Now, steadily increasing numbers of us are ready to break free. We sense it every day. The need to understand creation, the need to master it in our own time. The key to creation in material realms is to put forth your idea, your intent, your creation - knowing that your creation has already happened. In truth there is no obstacle, nothing standing between you and your desire.

Time is speeding up. This sense of time rushing so quickly is the result of thinning veils between dimensions. It is part of the transition process as death and birth are occurring simultaneously. Each of us can - if we wish - step past the beliefs that obstacles exist and move immediately into a state of peace and grace, where nothing can disturb your equilibrium. This is a great step in growth, for as you think, so you are.

Christ Consciousness is a living awareness unleashed inside of you. The degree to which it can express itself in the realms of man - for you are a living light vessel - is dependent upon your personal conviction in this journey. "Our task must be to free ourselves from our prison by widening our circle

of compassion to embrace all humanity and the whole of nature in its beauty."

Like Brenda, this Christ is coming alive within you at this very moment.

IN A GROUP ...

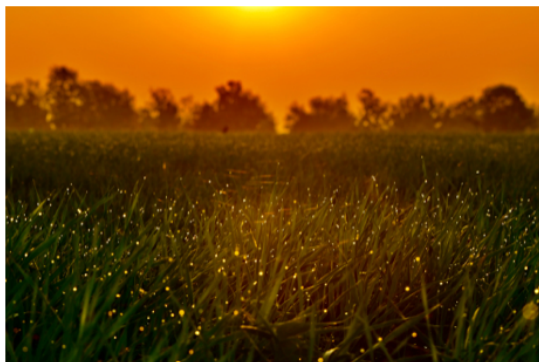
Brenda's joy in discovering how to go within brings to mind an email I received some time ago. This was from a branch director of SOM who had just experienced gathering with his peers for a weekend of communion, collaboration, and Christ Consciousness. He wrote,

"What was said in the Peace Dome rings true in my mind:

***the greatest way for you to create your
legacy
and bring yourself to the world
is to take the infinity of suns within you
and birth a solar system in each of us.***

There was a shift that happened this weekend. A shift in me, a shift in others, and a shift in the School of Metaphysics. Sometimes it was subtle and sometimes it was loud and profound. It reminded me of the Superconscious Oracle when it says the following:

"The Light is like fireflies. It encircles the



Spirit, illumines the field.
There are those who enter the field and recognize it immediately.
There are those who enter it and do not know what it is, nor do they feel it.
There are those who enter it and experience it, yet not able to identify it.
And there are ones who know."
This director went on to say, "This weekend, I realized what it is to know the Light.

"This is related to my experience of receiving how voraciously I have consumed the School of Metaphysics, and that I am moving from being full and needing to pour out into a greater image of being so fulfilled that I must teach and bring this welling-up-from-within-Light to others.

"It has always been about the people, and

***it's through our connections with
people that the Creator is experienced
and the Light is made manifest,
as well as made brighter."***

The SPIRIT of MAITREYA ...

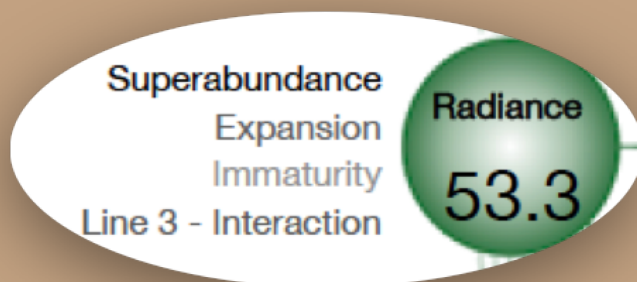
Christ is from the Greek word *Kristos* meaning anointed one. Deep within your Mind is the Christ seed, the acorn of your whole Self. Its Presence is the first coming.

Your Christhood is within, awaiting its second coming. Those moments of true individuation. Completely expressed in Radiance.

This potential is within each individual you meet. Look for it. Salute it when you see it. It is there, shining.

Do not be distracted by outward things. By how they look, by how they sound. Look for that inner Light because as you look, your mind will open to see. You will call forth your own Christ awareness.

EnJoy this season.
O Barbara Condron



As one of the hidden Gifts in a Hologenic Profile, this Gene Key will either undermine health and wellbeing through its Shadow frequency or bring great love and vitality through its Gift. Radiance also has an indirect relationship to Evolution (see previous month's article). The more we listen to and learn from the lessons of our lives, the more radiant we become. At its very highest level, Radiance represents the final flowering of our highest mystical potential.

January - New Beginnings

February - Divine Love

March - Concentration

April - Dreams

May - Gathering at the Fire

June - Hope



2023 MONTHLY

T H E M E S F O R V I B E S



July - Wonder

August - Leadership

September - Surrender

October - Community

November - Going Within

December - Joy



UPCOMING EVENTS



December 3	Area Teachers Meeting
16 - 18	Third Weekend/Baking Bread
31	Universal Hour of Peace
January 6 - 8	General Assembly
20 - 22	Third Weekend
February 4	Area Teachers Meeting
17 - 19	Third Weekend
March 17 - 19	Third Weekend
31...	National Teachers Meeting
April ...1 - 2	NTM Continued
14 - 16	Third Weekend
21 - 23	Dream Awareness Weekend
May 19 - 21	All Student Weekend
June 16 - 18	Third Weekend
July 14 - 16	Third Weekend
August 5	Area Teachers Meeting
18 - 20	Third Weekend
September 15 - 17	Third Weekend
October 6 - 8	National Teachers Meeting
7	50th celebration
27 - 29	Still Mind Weekend
November 17 - 19	Third Weekend
December 2	Area Teachers Meeting
15 - 17	Third Weekend
31	Universal Hour of Peace



BRANCHES

A KUAN YIN BLESSING

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Love and Light from your Vibrations Staff.

Thomas Croft: 36, Trouble. When disagreements flare, your comfort is questioned. You are not here for comfort, you are here to inherit the treasures of the earth and invest them in heavens bank.

Devon Hoover: 16, Duty. Sorrow and anger no longer veil who you are. Unconsciousness no longer shapes your creating. All hold value in their time and place. Full of wonder, the duty-bound understood.

Stella Lynn Boggio: 50, Imagined Space. The whole Self moves the teacher providing the vehicles for experience. The voice speaks and its breath enters cascading through levels of consciousness where treasures await.

Kate Wagoner: 63, The Compass. Recognize opportunities for astral travel in any locality. Want to navigate the inner level waters from conscious desire. Bilocation frees the attention from physical boundaries. The soul's compassion is what keeps you alive.

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