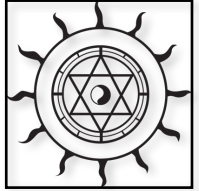


The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter



“SPRING:

**A Lovely Reminder
of How Beautiful
Change Can Truly
Be.”**



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Maplewood

Maplewood Monthly Events

Thomas Croft

Back at it again with another article. During the month of January, Maplewood has been home to many events. First, we had a four week concentration short course, then a Wednesday night lecture, lastly a metaphysical movie night. The Concentration Short Course was led by me. Here is what I learned. "I learned how to be the directing intelligence of a class. The class has a diverse and unique group of people having the goals and intentions on what they hope to gain from this class. I plan to give them the tools they need to hone their concentration." Next up is the Wednesday night lecture called "Mind Over Matter: What Do You Desire." Led by Marcus Croft. Kelly Croy, a fellow student and also one of the attendees, shared her experience with me. Here is what she had to say. "Marcus's Wednesday night lecture was very inspirational. He practices SOM principles daily and is growing into an inspiring teacher. It is hard to believe that he has so much positive energy in the middle of a week of chemotherapy. I look forward to following his footsteps and giving a Wednesday night lecture myself." Wow, that is amazing. Thank you for sharing Kelly. Last, but not least, we have Metaphysical Movie Night. Everyone who attended came together and we interpreted the movie as we would a dream. Movie night was led by Marcus & Thomas Croft. We watched the movie Luca. It is a Disney movie. The movie talked about acceptance within oneself and others. The movie starts off with separation between people then everyone accepted one another and they were able to live in the same environment free of judgement. Now that concludes this months article. Check us out next month for another article. Maplewood signing out. Peace.



Maplewood

With Great Power Comes Great Responsibility

Thomas Croft

Back with another article. Lately, I have been thinking about this quote from my favorite superhero movie “Spider-Man.” The quote is “With Great Power Comes Great Responsibility.” I was reminded of this quote when I attended General Assembly back in January. General Assembly is a meeting that is held at the College of Metaphysics Headquarters. The directors of each school branch, come together to talk about their experience with leading and directing a school. They discussed what can they do better to help the students attending their school. In seeing all the directors, in their position of power, reminded me of the responsibility of each director. This got me thinking of my responsibility to teach my students for my upcoming short course. So I looked back at my life and thought, “In what areas can I improve upon?”. In asking that question, I was reminded of a conversation that I had with a good friend of mine last September. She brought it back to my attention that I was always late for our meetings, late for work, and sometimes late for class. When I first heard these remarks, I was like wow, she’s right. I am late most of the time. So, in that moment, I shifted my consciousness and made the effort to be on time to work. I would make sure to get ready for work thirty minutes before I had to be there and I was now on time and sometimes even early to work. My job was pretty close to my apartment. It took me seven minutes to get to work while on my bicycle. So I used this learning into moving forward in my teaching for my short course. I ingrained it within myself to show up on time for my students. I would arrive at the school an hour early before each class day. That way, I could show up fully for myself and my students. I did this very well. The class was fulfilling. I have also been experiencing moments of bliss while doing the simplest acts such as drinking tea and eating a banana. I could feel the presence of The



Creator. I was aligned in that present moment and in being present, I experienced The Creator. I have been experiencing this a great deal lately. Moments of bliss. That concludes this article. Catch me next month with a fresh new article. May Peace be with you.

Tulsa

Benevolence

Jamie Lisenbee

Benevolence by definition is a disposition to do good. Goodwill; charitableness. A love of mankind accompanied with desire to promote their happiness.

By nature, love tends to be something that as humans we tend to look for outwardly. It isn't until we start to gain learnings and new perspective towards consciousness, that we are able to grasp the love inside of us all. We seek love outwardly for connection in hopes of a unified equal giving and receiving of the abundant love that pours from our beings. Often times we find ourselves feeling as if we give too much love, that we love harder than others, that we give our all. The ego can be very limiting and dangerous when it begins to lose grasp of that thought. When you then awaken to the infinite warmth and glow in your heart center, you know this to be false. How can you give all, give more, empty your loving energy for others, when being empty of love is simply impossible. When you give love to another with the intention of unconditional love, you do not need what you give back in return. We must be aware that others give love from their own perception which is different from our own. We may not be able to recognize the love given by another if we are expecting it to come in the same form of which it is given. This can lead to bitterness and cause one to be blind to the love surrounding self.

If we are to take a word like benevolence and process it within self as opposed to outwardly, experiences of love shift. To have a natural characteristic to do good, to love self with a desire to promote internal happiness . This moves us towards compassion of self & generosity of self. When sympathy of harmonizing within our higher self is present, we are freed. We are able to attain self actualized nobility of elevated character that then leaves a distinctive mark on ourselves and therefore on others. Practicing benevolence in self it's humbling. It grounds you, and connects you directly to source. To fall in love with self truly is understanding that noble, elevated character, and distinctive mark of our individual perspective. To be Benevolent.



Indianapolis

Self Love and Emotional Reactions

By Stella Lynn Boggio

As long as there are two or more people on the planet, there will always be the potential for emotional reactions. I have found myself in this place many times. Although I have learned many tools and techniques to help manage these situations, I still find myself reacting quite strongly at times.

Recently, I had an emotional reaction to what someone was requesting from me. They were asking me a question. I was frustrated because I had explained to them, many times, what my actions were. In this particular scenario, it was my teacher asking me how we were going to draw more students. My reactions started to rise at this seemingly simple request. I was aware that we always want to draw the students that desire to grow and change. I also have a strong desire to teach more students. I realize this is a way for me to expand my consciousness to transcend my limitations.

I realized later, in the moment of reaction, I had choices. I could take a breath, pause and form a clear picture, in my mind, before I responded. However, my reactions have been practiced quite a long time. My body tends to react before my mind does. Even though I am a student and teacher, in the School of Metaphysics, I have not arrived and I don't have a perfect response in all my affairs.

However, when I practice Self-Love, I realize giving my undivided attention, for a long time, to my reactions do not serve me.

Physically, my body feels the reaction. Being empathic, I feel a lot of emotions deep in my body. If I do not release these emotions they will be stored in my body. I also have learned what I put my attention on grows. If I keep dwelling on the issue that stimulated the reaction, I will have no solution.

Also, Self-love means Self-Acceptance. Reactions are part of being human. Treating myself with loving kindness, when I am in that space, is imperative to my well being on all levels.

If I want to have healthy relationships, the relationship with myself comes first. My internal dialogue will manifest into the physical plane. Managing emotional relations and self-love go hand in hand.

I recently had another emotion reaction, although this time it did not involve interaction with another person. I was giving my attention to some previous negative comments that someone directed toward me. These comments triggered memories from my childhood where I was bullied as a kid. My learning in this situation is to direct my attention to what I desire instead of what I fear. Not everyone is going to approve of me or accept me. However, I have many people, in my life that love and care for me. I can put my attention on the people that desire to be in my company. I can let go of "people pleasing" and accept myself fully in each moment. This is practicing Self-love.

As I move through life, there will always be lessons in managing reactions. I have learned I can pause, breath and stay in my center. In this manner, I will be practicing Self-Love and minimizing emotional reactions in all my affairs.



It couldn't have been any other way

Kim Clarkson

"Some days, doing 'the best we can' may still fall short of what we would like to be able to do, but life isn't perfect on any front-and doing what we can with what we have is the most we should expect of ourselves or anyone else."

-

Mr. Rogers

There

is much that has been said about the Big Bang. The "let there be light" moment when nothingness revealed itself to be simply that. A moment in time. Many times I have taken this vision to heart, waiting for my big bang moment. The moment I would heal, or grow

or learn that lesson that has looped around and around waiting for me to transcend the limited behaviors that initiated it in the first place.

Less

has been said of the struggle, of the molecules of dust attracting to themselves those that could merge and become one with them. The struggle of every star to birth from within each nebula. The struggle of every planet to create in its best capacity. These

actions didn't happen in a bang, they happened by each and every moment that went by.

Our beautiful earth holds the memory of every failure that turned into a new beginning.

For her, nothing was lost. The seeds that fall from the trees now hold in them the memories of every tree before that had to adapt, consider and imagine a way to survive. Just like the seed, we are each the same collective memory of this incredible imagination

of the will of the universe to see and experience itself. The stars never knew how much hope they gave until a sailor was lost at sea. The earth couldn't consider the wonder of the howling snow storm until it became men standing in safety around a large fire.

When I consider the struggle, and the legacy of the universe I bring forward in

this life I slow down, I stop looking for my big bang moment. My success, my growth is in my struggle, in the moments I don't give up. I, like a molecule of dust, must simply in this life focus on attracting to me that which can merge and become one. This

isn't an action that takes place outside of me, it is an inaction that comes when I accept who I am and understand that I am the universe unfolding before itself. I get to be the lens in which the flowers mother nature created are seen and be the vessel where

the eternal love of the universe is felt. When I am in that place of glowing loving light within my core, and you are in that place of glowing loving light within you, oneness is inevitable. To find that space within ourselves, let's simply do our best and

show grace to ourselves when 'best' isn't what we thought it would be. We do not live by our failures, or our wins. They are just other words for new beginnings. Where we are is where we need to be for learning, and it couldn't have been any other way.



From the President

Diana Kenney

Changing through Love

Love is the one power on earth capable of transforming animal man into reasoning man, into spiritual man and on, to God man. Love is integral to humanity's evolution. We are not born in this world to stay the same. We are born into this world to evolve consciousness. This is why a desire to change is the prerequisite for study at the School of Metaphysics. The School of Metaphysics' purpose is to aid in the evolution of humanity; we learn, and then teach, that change is the nature of the physical world. People are drawn here to satisfy the need to evolve.

The ideal of the school is to aid people to be whole functioning selves. To do that we learn, and then teach, a process for how to be free, free from attachment to people, places or things for peace, contentment and security. Teaching is an important part of this process and that is where the greatest opportunity for change occurs.

The natural consequence of coming to class, reading the lessons, doing the exercises and applying what one learns to the life experience results in evolution. The first changes usually occur in areas of life where the conscious mind is aware of the need for change. The changes result in a healing of the body, mind and spirit in ways much desired.

At some point we begin to change more deeply. We begin to change in ways that are much desired by the subconscious and superconscious minds, although, oftentimes, not so readily apparent to the conscious mind. The conscious mind may experience fear as it begins to perceive these deeper and necessary changes.

So what's love got to do with it? Everything. At this point in the student's evolution, this is where the love that exists in the student, teacher relationship, and in the relationship between students creates the environment for deep and perhaps unsettling change. As the student evolves, the teacher evolves. As the teacher evolves, the student evolves. Love is the power that fuels the evolution. This super power, is readily available to anyone, anywhere, anytime.

Love is in the Ideal, Purpose and Activity of the school itself. After we have been a student for a while, coming to class, doing the exercises and learning to change, we are then perfectly suited to begin to aid others in this process and to become a teacher of Mastery of Consciousness. We teach for love, for the love of our Soul growth and the love of others. This is one of the many beautiful components of how the School of Metaphysics works.

We do not have to have complete Mastery of Consciousness to be a teacher. We do need to be willing to be a good student and to share what we know, harmonizing with the Universal Law of Abundance. The course of study at the School of Metaphysics is unique. We encourage our students to grow further by teaching others, out of Love. Teaching is a sacred service bringing huge rewards to the one giving and the one receiving. It builds Love. To become a Whole, Functioning Self is to know Love. May we all know Love.



Hello friends,

Winter is showing signs of giving way to spring. The winter snows and rains are received by the open arms of Mother Earth. Father Sun shines his radiant light often enough to inspire us just enough to give direction to our desires. Oh, but another cold spell is forecast. Ah, yes, not Spring just yet. Patience is required. And the opportunity to plan for the future as we would like it to be. And to receive the goodness of the past, leaving the rest to atrophy and perhaps to compost in way that nourishes the fertile Mindscape of creativity.



So, the Columbia branch remodeling project is in its final stage of the first phase of the Regeneration process.

The Law of Relativity is at play with the Headquarters' Regenerative Ag program also continuing. Winter has slowed completion of water lines to the north Gatehouse Field; however, Dr. Tad will pick up again as it warms up a bit. Dr. Daniel and Dr. Tad coordinated the application of Lime to the Gatehouse Field. This winter's moisture is seeping into the soil and taking with it the lime for the purpose neutralizing the soil, bringing the pH closer to a 7. Our fields are a bit on the acidic side, so the Lime will help create a more welcoming environment to the plant life that has been dormant for some time. This is untapped resource is referred to as the Seed Bank. In other words, the seeds for a healthy and robust mix of forage are already there, just waiting for the right conditions to manifest for successful germination.

Sound familiar? You and I are

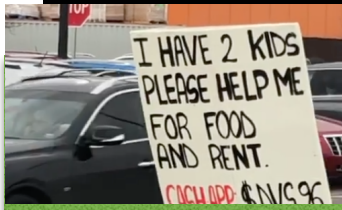
continually adjusting the pH of our systems: mental; emotional, spiritual and physical to their Ideal state. As we image our Ideal, we promote our own healthy environment for the manifestation of our desires and our compatibility with the Creator.

I want to share something, a premise that has been presenting itself to me for some time now. Here it is: how can I (you) accept myself as being worthy (a Divine Being) and still aspire to improve, to grow the consciousness? In other words, how can I believe that I have what it takes, or that I am good enough and still be willing to change and grow my soul? If you have found a system or formula that works in balancing your sense of deservedness and humility, please share it with me and others. God bless.

With Love and Appreciation,

Your eminently renowned and exalted, the Right Reverend and Grand Poopa, Dr. Doug





The NEW MAITREYA ~ the Individual in a Group

by Dr. Barbara Condon

Life follows Universal Laws.

Have you noticed? Nature is our best teacher. The seasons blend one into the next depending upon the relative positioning of our planet with the nearby planets and our bright star that we call the Sun.

I remember the audio recording made by SOM founder Jerry Roethermel almost 50 years ago talked about the Universal Laws. "If you look up at the sky at night, you'll see the moon and the stars. There are no cams or gears moving them yet they move in perfect harmony as if an unseen hand were moving them." The first time I heard that my mind opened to new possibilities. Possibilities for beauty and order and wisdom that in my 23-year-old disillusionment I had almost let me end this life only two months prior.

I understand keenly the dropping of illusion that is occurring in today's world. What was hidden for the most part when I was a beginner-adult is now completely out in the open in this cowardly version of a brave new world. Somehow many of us are living the science fiction of our own collective consciousness when we could be choosing artistic truth.

I got a lesson in that recently - Earth is a schoolroom every minute that we use her as cushion beneath our feet. I posted the story on FB and That as it turns out is another story. It read something like this. •



Life is like a Dream

The reason I gave money to this man had nothing to do with his sign and what it symbolizes. Although certainly because his sign says he is supporting 2 kids AND has rent to pay was not a deterrent. It was a bit different than what I usually see around my medium size community.

The reason I shared prosperity with him was decided **BEFORE** I saw him and his sign.

This is the rest of the story...

The local Sam's club has a dozen or more pumps for fuel and since their prices per gallon are about 30 cents less than competitors, it is worth waiting your turn. Drivers of small vehicles to large trucks cooperate by forming lines that speak to our willingness to respect one another.

Even so, those waits can be 15 minutes or more.

When it was our turn to refuel, I was struck by the music. A bossa nova filled the air and I was inspired to move to the music which put a smile on my face. "Wow, someone's getting smart," I thought. I know the affect music has on the nervous system and this music supported a healthy release of anxiety we all need nowadays. It was a welcome change from the usual ads on the tv monitors on the pumps.

I was impressed. And delighted.
The cold air didn't seem so cold
when my heart was pumping to
the rhythm of the dance.

I was smiling.

As we completed filling up
and
drove out, there were at least
25
cars
lined up and waiting in lines.
Seemed to me their cars
were swaying with that music that
seemed to get louder as we moved
from the pumps.
In fact, as we drove out, it was as if
the music was pulling us toward it.



There he was! It wasn't recorded
music at all. It was a man playing the
violin on a parking lot island. His violin case open.
Ready to receive.

I thought of scenes in other countries where
local artisans entertain in public
thoroughfares and I understood the level of
appreciation for talent. This is a time for the
arts to rise according to their capacity to
raise the vibration of us all.

So I was happy to contribute to this man's
welfare and to give thanks that I live in a
country where people are free to earn a living
in harmony with the joy their talents spread.

That was where the FB story
ended
But there's more to the story that I will share
here, because as students of life, universal
law, and metaphysics I trust you will
understand.

I didn't add that a friend watched my actions
and remarked, "He probably drives a Mercedes."

The truth is none of us know if the suspicions about the man are factual. Only he knows, and he is one
accountable for his actions.

At one time I thought I was accountable for others in these situations. Some version of the 'Which wolf do I
feed?' parable where all wolves are - well, wolves.

But now, I see more clearly my own intentions in my giving. And I realize that the high level judgement of
damned if I do, damned if I don't is the source of all paralyzation, and the truth of the 'neither' in Kuan Yin
Consciousness.

SOM was where I learned freedom IS responsibility. How grateful I am to know the Universal Laws and Truths
are infallible even when a street musician and his supporter may error.

Satyagraha! It means 'grasping truth'.

The implication was the man was not as he
pretended to be. I'm experienced enough to
know such cynicism is an attractive match for
my own gullibility. When I heard his joking
remark, I was tempted to sink into regret as my
human heart felt foolish for trusting when my
brain thought I should

have

been smarter. I had to laugh at myself for how
quickly I can side with my prosecutor, quickly
forgetting he has not been proven factual.

After all, he's just making stuff up as he goes
along.

Another cited an internet article describing a
trend in fake musicians.

Wow. Now I was really cutting myself down to
size for stupidity. I was being convinced I'd
been taken.

It was the third reaction by a well meaning
friend who declared with great authority, "He's
not actually playing!! this is so misleading and
frustrating for so many reasons. 1: he's
profiting off someone else's music. 2: he's lying
about his ability (does he even have kids?!?) 3:
he's making other musicians look bad."

Forty-eight years ago I probably would have
said something very similar.

What's different now?

That same experience that once made me
suspicious and protective, now provides
opportunities for generosity even when it might
appear unwise, unappreciated, or even
supportive of criminal activity. This is a
generosity that remains silent with my first
friend's observation and wonders how the
other two friends are so certain he's a fake.

Zack Busch

College of Metaphysics

Learning coming in Twos: My College of Metaphysics Experience over the past 2 years.

I have been a college student for going on 2 years now. With that being said I would like to share with everyone, 2 major things that I have learned from being here.

It was February 2020 when I decided that I was going to move to the college of Metaphysics. I had been flirting with the idea for years and always had one excuse or another to why I couldn't move there. So in the months leading up to February, I was in a place of uncertainty. I was sick of the same routine in Palatine and knew that I needed a major change. I was really progressing in poker and making a substantial amount of money from it. I went to Las Vegas in January of 2020 to play and had a pretty good experience. I was really thinking about just packing up and moving out there to pursue becoming a professional poker player. Something was missing though. What about all the years and dedication to Self and humanity through service at the School of Metaphysics? I can't just leave that all behind. So I started to weigh my options. I knew that I wanted to move away from Palatine. I had spent my whole life in Palatine and the neighboring suburbs, enough was enough. Then I remembered that little voice that I continued to put to the back of mind, "what about moving to the college?" Hmmm, that's so crazy, it just might work. I started to think about what an amazing opportunity it was. Admitally, it was kind of selfish because I thought, when else will I get an opportunity to live out on a farm? It can be kind of like a vacation. Who knows maybe I'll leave the School of Metaphysics but before I do, make sure to take this opportunity because I earned it. It was that thought that really made my mind up, "I earned it." Not anyone can just move out here, you have to complete the first cycle of lessons. I remember telling some co-workers before I left Palatine about what I was doing, and the sentiment was "Man, I wish I could do something like that." Now that my mind was made up, I called Dr. Daniel and told him that I would like to move there in May 2020, he lovingly agreed.

The next couple months really tested my decision on moving to the College. Firstly, just a couple days after I decided to move, my Step-Dad had a brain aneurysm and just about died. I had the thought that if he dies, I might need to stay in Palatine to help "take care" of my mom. I remember talking with my Mom about it and she encouraged me to go to the College, being my Superconscious aspect she really knew what was right for me. He ended up making a super speedy recovery and seems to be happier than ever now. The following month is when COVID-19 really kicked off. Working at Whole Foods I really got to see the panic first hand when it first started happening. I remember thinking, well hopefully I'll be allowed to move to the college. I stayed true to my vision and again, as I was talking to people about my decision to move to the college, they would tell me how lucky I was and how moving out to the country was the best thing to do. It was being echoed to me from everywhere that moving to the college was the right choice. Interestingly enough, Las Vegas pretty much shutdown and the poker scene died at that time, so I wouldn't even have been able to play professionally.

I finally made it to May of 2020 and moved to the College of Metaphysics. I was excited to learn the ins and outs of the farm life and to just be in nature, afterall it was a vacation. As I was deciding to be a college student, the previous college student was leaving so I was the only college student for the first couple months. I started to get the routine down and felt my consciousness shift those first couple months. It was new and I felt excited and also very content with being here. I can remember my good friend and fellow classmate at the time, Jorge coming down to the college and telling me that I seemed happy, and he was right. The closest thing I can compare it to is when I first started taking classes at the School of Metaphysics, where I felt purposeful and confident in myself. In alot of ways I also felt like I was finally home. Towards the end of July 2020 is when another college student, Vickie Barbour came. I had alot of learning with her. For she was my classmate, in regards that we were both college students at the sametime, and also she was my student because I was teaching her the metaphysical lessons. She was and is my soul sister. There was alot of karmic learning that I experienced with her. I felt as if she aided me to heal childhood trauma and I think she would say the same thing about me. She is very expansive and urged me many times to think and do things bigger and better. I learned alot about compassion and going deeper with someone also. The thing about living here is that you have to see the people you live with everyday. When I was back in Palatine, "if I wasn't feeling it" or something it was easy for me to hide away. Ironically enough, I've found that it is easier to hide in the midst of more people. Living here, we meet at the table every morning and twice for meals, so there is no way to really hide from each other. So in a way, it kind of forces you to stick with each other and learn to go deeper with others and ultimately yourself. This is a major lesson that I don't know how long it would have taken me to get if I didn't move to the college.

Along with deepening relationships I also have learned a lot about responsibility being a college student. Everyday, rain or shine or wind or cold I have daily responsibilities that I do such as, feeding the animals, gathering eggs, milking a cow, watering greenhouses, making brunch, locking the peace dome, taking Sam for a walk. It is through these daily tasks that I have discovered some of my value. Admittedly in the beginning of me being a college student it felt as if these tasks were taking from me. This is a lesson that cycles for me, feeling that I am being taken from. However, recently I have learned how all these tasks are adding to me. I love having the animals around and they bring me great joy, entertainment, and even food. The least I can do is feed them and everytime I do it ensures that the cycle will continue. What it really is I have learned, is that I am responsible for my decisions and my actions. No one is forcing me to do anything around here, it is coming from me, I want to do it. This will transfer to all areas of my life, being responsible for my actions, a moving away from the victim mentality that has been so ingrained in me. I believe having the space here at the college has given me the opportunity to make this shift. Again, I am unsure if I would have been able to make this shift in Palatine. I really feel as if for the first time in my life I am ready to be an adult, which is producing more than I consume.

So to recap, the two major changes I can point to since living here at the College of Metaphysics are; number one, Deepening of Relationships between Self and others and number two, being more responsible. Although those are the two major changes I can point to, I have changed in a myriad of ways since living here. It really showed in the times where I went back to Palatine to visit family. It's like Ram Dass said, "if you think you're enlightened then go spend a week with your family." Through me separating from my hometown, I was finally able to identify habitual thoughts and ways of being. Being around the doctors of Metaphysics on a regular basis has also helped to shift my thinking. I learn a lot from them directly and through observing them on a daily basis. They really have given their lives to service through the school of metaphysics and are great role models for me and anyone else willing to pay attention. At this point in my life, I can say that moving to the College of Metaphysics was the best decision I have ever made.



Interview with Dr. Daniel Condrón

Monthly Series on the Book of Mathew

By Stella Lynn Boggio

I am currently exploring the book of Mathew with Dr. Daniel Condrón. This month, we discussed Chapter Two, in the Book of Mathew..

In Chapter Two of Mathew, Magi came to inquire where was The King of the Jews born? They had seen the star in the East and had come to worship him. When King Herod heard about this new King he asked the wise men to inquire about him so he could worship him. The wise men followed the star in the sky until they found the infant boy with Mary. The Star of Bethlehem represents a new awareness dawning. They bowed down and worshiped him with gifts of gold and frankincense and myrrh. Then, in a dream, the wise men were told not to return to Herod, so they departed another way to their country. Joseph was also told, in a dream, to take the child and his mother and go to Egypt. When Herod heard he was betrayed by the Magi, he ordered all the boys under two to be killed in Bethlehem. There was great dismay in the land.

When King Herod died, the Angel of the Lord appeared again to Joseph and told him to go to Israel. However, when they heard that Herod's son had become King, they were afraid to go there, so they went to the land of Galilee. They came and settled in a city called Nazareth. This is what was fulfilled by the prophet.

When Jesus, who represents the Christ Awareness, is born, that is when the resistance begins. All aspects of Self, that are outdated rise to the surface. These aspects will do anything, in their power, to entice the individual to stay the same. They will also entice the individual to revert to their "old ways" or their "old homeland" so to speak. These aspects are old physical brain pathways.

The highest truth is love. Darkness flees from the light. The old ways or aspects of being are not love. The more one gives in service, especially through teaching others these truths, the more one embodies the Christ Consciousness which in oneness and love.

To fully embody our greatness, we need to be open to receiving the highest truths of which the greatest of these is love.



National Peace Ambassador

"Peace is every step." Thich Nhat Hath

National Peace Ambassador: Terrence -LaMont Bellows

He recently crossed over and withdrew from the physical.

A brilliant teacher of mind and joy and peace. My favorite. His students called him Tay and I would like to believe that I am his student. We never met in the physical although we continue to build a strong relationship ethereally. He lived a brilliant life and this phrase comes to my mind as I consider the reality that is being created through our online Peacemakers Zoom event.

It's called "Peace is Built Through Communication."

The goal is to give people, monthly an opportunity to share their experiences with others who are present solely to listen and to receive them. As Peace Ambassadors, we will provide the space to receive. It is so valuable for everyone to have a listener to receive their thoughts. This is friendship. This is open-hearted communication. Here is where we connect to ourselves through interaction with others. This month's focus is a situation where there was learning that occurred through what was first perceived as a negative experience. So the one has received an opportunity to learn that they are not receptive to in the moment. There is the feeling that this must not be there, there must be something else. This is wrong. We've all had experiences like that. Our goal for this Peacemaking event is for people to share how they had first an experience that is negative and then transformed it into a learning experience. So each one of us will share about how we have grown through difficult experiences. Seeing more clearly and comfortably, how peace is indeed every step.



*Peace Is Built Through
Communication.*



SCHOOL OF METAPHYSICS VIRTUAL PEACE DOME

**Monthly group discussion: Last Friday of the
month 2022 on Zoom and Facebook Live on
Universal Peace Covenant Page
go to peacedome.org for the link.**

SUGGESTED MONTHLY THEMES for BRANCH VIBES REPORTS

To Inspire Vibes Reports from the Branches each Month
the Teachers at the National Teachers Meeting Decided to select
Suggested Themes
to encourage every branches participation each month.

All reports are due to www.vibes@som.org by the first of the month
Please submit pics with your articles.
Share what was learned!

January	New Intentions
February	Love and Kindness
March	Spring-Blossoming
April	Dreams
May	Creating with Others
June	Summer Fun
July	Freedom
August	Class in session
September	Collaboration
October	Stillness
November	Gratitude
December	Sharing/Gifting

Educational Events in 2022

Jan 7,8,9 General Assembly

**Feb 5 Area Teachers Meeting
Feb 18,19,20 3rd Weekend**

Mar 18,19,20 3rd Weekend

**Apr 1,2,3 National Teacher Meeting
Apr 15,16,17 3rd Weekend
Apr 22,23,24 National Dream Hotline**

May 20,21,22 3rd Weekend / All Student Weekend

Jun 17,18,19 3rd Weekend

Jul 15,16,17 3rd Weekend

**Aug 6th Area Teachers Meeting
Aug 19,20,21 3rd Weekend**

Sep 16,17,18 3rd Weekend / All Student Weekend

**Oct,7,8th, 9th National Teachers Meeting & 3rd Weekend
Oct 28,29,30 Still Mind Weekend**

Nov 18,19,20 3rd Weekend

**Dec 3rd Area Teachers Meeting
Dec 16,17,18 3rd Weekend / Bread Baking & Caroling
Dec 31st Universal Hour of Peace**

Jan 6,7,8th, 2023 General Assembly

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below. Love and Light from your Vibrations Staff.



Lynn Boggio: #84

The Proof Identify with the workings of Universal Law. Harmonize with them, gratefully receiving what they reveal. Allow their truth to sober your aspirations so your creations are made in light, in light worthy of a Creator.

Thomas Croft: # 16

Duty Sorrow and anger no longer veil who you are. Unconsciousness no longer shapes your creating. All hold value in their time and place. Full of wonder, the duty-bound understood.

School Branches

ILLINOIS

345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

IOWA

3715 University • [Des Moines, Iowa](#) 50311 • (515) 255-5570

KANSAS

4323 Rainbow Blvd • [Kansas City, Kansas](#) 66103 • (913) 236-9292

Missouri

103 West Broadway • [Columbia, Missouri](#) 65203 • (573) 449-8312

1033 E. Sunshine Street, Springfield, Missouri 65807 • (417) 831-0955

2606 Oakview Terrace • [Maplewood, Missouri](#) 63143 • (314) 645-0036

Oklahoma

908 NW 12th St • [Oklahoma City, Oklahoma](#) 73106 • (405) 228-0506

429 S. Memorial • [Tulsa, Oklahoma](#) 74112 • (918) 582-8836

School of Metaphysics Branch Locations

email to (cityname)@som.org

World Headquarters • 163 Moon Valley Rd. • Windyville, Missouri 65783 • (417) 345-8411

