

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching

Vibrations



A Monthly Newsletter

*The
New
Year*

*A time to say
goodbye
and a time
to say hello.*

*The best is
yet to come.*

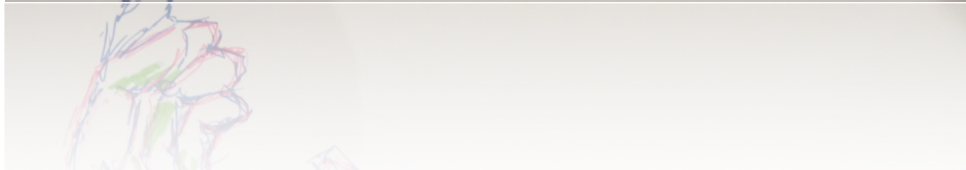


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Thomas Croft
Maplewood
Evolution

Back at it again with another vibes article. It's time for the article you've been waiting for. Last month the Maplewood branch was home to many events. We held a fundraiser called "Journey to Wholeness" led by Kelly Crow and Taylor O. They started with gentle yoga for any and all body types led by Taylor. Followed by a meditation led by Kelly and she focused on self love. Darrel, a fellow student of the Maplewood branch stated. Later in the month, Marcus & I hosted a silent auction fundraiser. We had a total of ten paintings for sale. We took the time to write out a description for each painting. We took time to sit with the paintings to feel their energy and life. We both cooked the food, set up the paintings, and were equal in what we presented. The display for the paintings was beautiful. As soon as you stepped down into the auction room you could feel the energy from the paintings. We all had moments to connect with the paintings. The consciousness that was infused into those paintings by the creators was so rich and valuable. I wan to give a shout to these Creators. These were not your average paintings. These were high-minded creations that speak volumes. I learned from the event to be comfortable within myself to teach others. I found my desires were communicated clearly so the attendees felt my intentions. Marcus shared his experiences with me. "It was an inclusive theatrical experience with the paintings. We had the silent time with the paintings and everyone really felt into the paintings and could sense how the painter constructed it with all the love and energy. A fun/challenging step for me to move into teaching by leading and directing. It felt very energizing and rewarding." Thank you for sharing. I'm glad we had the opportunity to share that space together. The fundraiser was a complete success. We learned so much. We concluded with a meditation to connect with the real self. Look forward to next month's article for the juicy events that take place at Maplewood.



Indianapolis

Self-Love and Gentleness

By Stella Lynn Boggio



In my Spiritual Journey, I have been learning to grow in Self-Love. This has proved to be a challenging task for me. Growing up, I heard many critical voices, as the voice of action, to make changes from a place of self-condemnation and fear instead of gentleness and love. Recently, I have become aware of how I have carried this pattern into my adult interactions. This is especially true when it comes to goal setting. I will set goals and “berate” myself into taking action. If I fail to take action on any given goal or task, the “berating” would become louder disguising itself as a helpful advocate.

What I have learned is to be kinder to myself. This takes the form of speaking to myself in a gentle loving manner. This voice looks like asking questions and pointing out my strengths. If I make a “mistake” or neglect to follow up on action, this voice guides me to look at what I can do differently. This voice also helps me to look at what I have accomplished each day instead of what I have yet to do. This helps me stay in gratitude each day for all I have in my life.

This gratitude extends to my school and classmates. Earlier this week, my classmate Ken Maxfield and teacher Mickey Hughes decorated our school Christmas tree. Mickey prepared a delicious spread of cookies and snacks to enjoy while we engaged in our tree decorating party. Our school was beginning to reflect the spirit of the Christmas Season. We had Christmas songs, in the background to further reflect the mood. Creating with my fellow students encourages me to express my joy and happiness. This experience gave me a positive interaction upon which to reflect. If I perceive those critical voices returning, I can remember the joy experienced at our school decorating party.

Self-love and gentleness is a life-long journey. Practice and perseverance is needed to change one’s consciousness. I encourage everyone to implement Gentleness and Self-Love into their daily lives. In this manner, each individual, each I AM can be the very best they were destined to be.

Indianapolis

Expanding our Creations...

By Stella Lynn Boggio

Our Area Teacher's Meeting had a creation experience connecting with our local community. Our area consists of the Indianapolis branch as well as the three Chicago schools.

The Seed Creation thought was to connect with the community, both local and abroad to let others know what we have to offer. The presentation was created around a talk involving the benefits of meditation. Palatine's Director Gino Credidio was the directing intelligence of the event. The others directors Randy Ristow, Sherwin Rosenfeldt and Mickey Hughes all were involved in the creation of the event. There was to be a discussion about the benefits of meditation as well as audience participation in the mediation process.

All the teachers were involved in the creation process of this event. We advertised on social media as well as through direct connects with the community.

The event was held at a community center about twenty minutes from the Palatine Branch. The place was called the Tripbahn Center.

The presentation consisted of Gino leading the discussion about the benefits of meditation. I gave a short testimonial about the benefits I have received from meditation. Mike Moffa gave a short testimonial as well. Gino led the group in a guided meditation. Randy Ristow, director of the Chicago Branch spoke to the audience about the benefits of concentration. We



participated in a ten-minute concentration exercise. Gino completed the discussion with a group practice of silent meditation for ten minutes. There was time at the end of the event for questions.

There was a lot of learning that took place at this teacher's meeting. Having a clear vision for the event is key. Communication to all the directors as well as the teachers is required for a smooth execution. Also, communicating a Clear Goal Purpose and Activity for each phase of the creation is essential. Some teachers thought we should have rehearsed before the actual event. We did attract quite a few people and connected with the greater community. We brought the message outside of our school centers. This makes for a powerful attractor field for future events.

Overall, the event was a success. We are looking

forward to expanding on our learning in future creations.

Springfield

Visualize and attack!

Tremayne Jackson-Bey

“Visualize and attack! Visualize and attack!” It has been years since I have seen the movie *The Waterboy*, but whenever we talk about visualization in the School of Metaphysics, I cannot help but remember this line from the movie. As I learn to use the skill of visualization with purpose, I realized that I have employed it in the past without realizing what I was doing. In 2012, I was searching for a job, so I visualized that I already had one. My job was to find a job, so I got up in the morning, dressed for work, and spent the day and my energies to achieve that goal. Two weeks later, I was hired. In 2018, I decided to pursue a degree in Accounting. My intention was to attend school part-time because I did not think I could possibly have time to work and earn a degree. My advisor helped me to visualize being a full-time student while being full-time employed. Now I am one semester away from earning my bachelor’s degree.

Now, I am learning to use this skill on purpose. I have learned to form an ideal, purpose, and the actions I need to take to achieve these. I have maintained a top ten list that helps me keep my most wanted goals in mind. And for each of these goals, I visualize not just the outcome, but the steps I need to take to get there. It is not a coincidence that most law-enforcement agencies maintain a top ten most wanted list. The resources of



those agencies are continually devoted to the individuals on those lists. Likewise, my attention and energy are devoted toward my top ten list. I have found that goals I once thought were out of reach, such as home ownership, starting a business(es), traveling, and changing old habits are, in fact, achievable. Just like Bobby Boucher, I can visualize my goals and attack them daily until I can check them off my list and replace them with ever more expansive goals. We are learning and teaching how to create with and on purpose. Visualization is a vital component to this process.

Springfield My Own Journey

Kimberly Clarkson

With 2021 on its way out and 2022 on its way in, I think a moment of reflection is in order to really let sink in how the School of Metaphysics has changed my life already. I first heard of the school about a week before I joined last fall.



Little did I know I would become part of a beautiful thriving community of people who are dedicated to their soul growth in a way I have never explored before.

2021 started off with my first official past life reading ever! I remember I had a terrible reaction to my first past life reading. Everyone around me said it was so me, but I really resisted. In my report, I was a basic housewife who had conformed to the norms of my time to survive. Over time I grew to have great compassion for my soul's journey. I realized the reason why I chose to be incarnated in 2021, is so my soul could have the choice to do whatever I wanted in female form. Sometimes I find it so hard to love the self in the year 2021 where social media is rampant and there is always someone "better" than me, prettier than me, richer than me. We are no longer keeping up with the Joneses next door. We are keeping up with the millionaires and

the Kardashians and the influencers who are able to command our attention and the attention of those we love.

This can lead to considerable criticism from the ego to live up to these standards, and from those who would have us live by these standards as well. I am thankful for the school for showing me that in 2021 the world is changing and the goal of my life is not to live by these standards but to become the most pure version of my highest truth. To radically love myself in an environment that has been formed around us to keep us small. The culture is like a shell and our souls like the hermit crab. If we play by the rules of the physical, it promises to bring comfort but it requires you to conform and stay the same size. We at the School of Metaphysics, however, are in the business of expansion and there is no room to stay put and accept this reality.

For so long I have been ashamed of myself for my past, for my body, for being me. For so long I have had to share the space within my mind with people I believe are smarter, more beautiful and more talented than me. Instead of being grateful for my body for moving me through this world and allowing me to experience this life, I would hate it. Instead of being loving to my ego for leaving the comfort of the light and allowing me to experience the darkness, I would criticize and call it names. In 2021, I have begun to loosen my grip and allow. I have begun to flow. I have begun to embrace being part of a community that loves together and laughs together. A group of people who want to practice being their highest truth with one another and are fully dedicated to loving and supporting each other through our spiritual journey through the school.

I am so thankful to have started my journey with everyone and am so excited to see what 2022 has in store for all of us.

Tulsa

Jamie Leigh

Longing for Simplicity

The Tulsa School of Metaphysics has been experiencing growing pains. That longing for simplicity within our space. These growing pains have been experienced through the desire for a Tulsa expression and connectedness. The “growing” begins to “pain” by demanding to be heard loudly. These “pains” must be recognized for what they truly are; a calling. Actualization of our growth, manifested, the drive to create expression, physically manifest expansive consciousness. These growing pains have ignited a moving force throughout the Tulsa campus.

January 2022 we will be adding two more Cycle 1 classes! The loving lights creating within Tulsa SOM envision spectacular movements towards the upliftment of consciousness here in our beautiful city.



The current Cycle 1 class created an open house as their class project. This is the description of the event, written by Cycle 1 student, Alexander Mockett. I felt it should be shared through vibrations.

Come join us at the School of Metaphysics Open House for a laid-back and informational opportunity to expand your mind! If you have already heard of metaphysics, then welcome back. We’ve been expecting you. If it’s a foreign concept, we hope the curiosity that led you to this wonderful group of souls gives you the motivation you need to take matters into your own hands and become the best you that you can be. The School of Metaphysics aims to give anyone who so seeks the tools, the ability to understand who they are, and the impact they can make while on this planet. The truth is out there. Are you willing to search for it?



The NEW MAITREYA ~ the Individual in a Group

“Let there be.....”

There is a stream of consciousness that moves through our species, – the homo sapien. Did YOU know? it is from the Latin, meaning “wise man”.

Great mystery schools of all cultures, from the Vedic to Native American, from Celtic to Christian, from Taoist to Tibetan, carry forward a single wisdom stream that goes so far back that it finally comes to a time that has been mostly lost to human memory. Throughout those ages, the memory to recall them has been built into the physical DNA. This has been the work of Atlantis for a 100K years.

Though available to all, access has not always been. Dreams and discerning dream significance is a prime example. The levels of consciousness where dreaming occurs exist for all of us, yet only a small percentage of human beings recall their dreams. Even fewer seek to understand them. “Masters” have always been present to carry the thread of wisdom teaching to others.

The New Maitreya honors the seed of Mastery in every living being. You might think of it as your Spiritual DNA. Self Mastery is the future of the individual. Like Rip Van Winkle, people are awakening, in their own time, as if from a dream. Some now realize the wise man, whether male or female, is within them. Always has been. All ways will be.

For those ones, their time of Mastery is here. Now. After all, it is the year of our Lord ... **2022**

What an amazing year for those of us who count our days by the Gregorian calendar. 'Us' meaning the 'most modern countries' (according to Wikipedia

which also tells us that around 40 different calendars exist around the world for measuring time). For some, time is a discussion point, “Why do we even need time?! We just made it up!” I recently heard someone say. That’s clearly a question inviting the ouroboros.

For me, time is an essential element in the wisdom of alchemy, key evaluation work in this laboratory for Self Mastery. For it creates synchronicity.

The international calendar is a **solar** calendar. This means its dates show the position of the earth on its revolution around the sun. The LIGHT in our solar system is the focal point. This is the heliocentric view of the cosmos Copernicus illuminated 500 years ago, about the same time Pope Gregory changed the Julian calendar.

(Thinking about this in the light of present day developments worldwide - the popular ‘taking down the systems’ narrative is an example - is incredibly illuminating when viewed from the Akashic Records. It becomes a meditation on history evolving into MYstory as the Celts might say. We realize the higher purpose for memory is preservation, and the work of Vishnu insures that we do not repeat history’s mistakes.)

In this century, something different is upon us. Seems every culture on the planet has its version of the Great Change even down to the movie mania like Zombie Apocalypse, the 2009 movie called Pandemic. We have entered into an era of visual creation that can explode images in seconds around the world.

There are winds of consciousness moving through our species. The World Mirror affords endless possibilities for reaction. From the global stage to tonight's dinner for two. The Mirror is everywhere we look.

As we welcome 2022, let us STOP for a moment to reflect upon what this might all indicate in the language of mind. Water, our everyday conscious life experience, has been the elemental driving force in creation for over 2000 years. Astrologers will reference the Piscean Age.

Now the driving force becomes air.

Genesis, the first book of the Bible, describes the beginning of God's creation as "a mighty wind sweeping over the waters."

A Taoist finds an evolutionary application of this same thought through Feng Shui. Feng Shui is aware practice of placement some might call sacred space that respects the interaction between Self and the natural world. Feng Shui means "the way of wind and water".

This is a state of consciousness we now face. Because we have read the ancient wisdom, we know the Hebrew God's wind forms the Word,– "Let there be Light!" So we know what is coming.



The question is the same echoed through history, what is different is the Selfrealization that a **RESPONSE** to what we see in the mirror can/may/should replace a **reaction**. Some might call this an intention, the theme of this month's Vibrations.

I see it in the influence of this year's timing. The value of 2, the yin and the yang, whose interactive power is zero point. Presented 3 times, this power is superconscious, subconscious, and conscious. By engagement. the 3 divisions of mind, are experienced and the whole can be understood.

How does this happen?

$$2 + 2 + 2 = 6$$

Six is a number representing Service. The image of 6 is the 6-pointed star very familiar to the beginning student of Mind and Universal Law. The One who will Master the Self is aware of how each division of mind serves the others. The conscious mind experiences for the purpose of understanding. The subconscious mind reproduces conscious mind desires for experience to resonate with wisdom. The superconscious mind gives holds the field of enlightenment, like the Sun, radiating light to all creation. The whole Self! • – Barbara Condron

Something I am keeping uppermost in my consciousness these days is a teaching from Jesus who became the Christ. After a long day of parables, then working indepth with his disciples, he retired to the boat to return home.

"There arose a heavy storm and wind, and the waves kept falling into the boat, so that the boat was nearly filled up. [38](#)But Jesus was sleeping on a blanket in the stern of the boat; and they came and roused him and said to him, Teacher, do you not care that we are perishing? [39](#)So he got up, and rebuked the wind, and said to the sea, Peace, be still. And the wind quieted down, and there was a great calm. [40](#)And he said to them, Why are you so fearful? and why do you have no faith? [41](#)And they were exceedingly afraid, and said to each other, Oh, who is this, that even the wind and the sea obey him?" – Mark 4:37-41

From The College

Zack Busch

The Christmas Spirit

It is holiday season again here at the College of Metaphysics, a time for giving and camaraderie. A time for allowing and adding to the Christmas Spirit. That is what we have been experiencing here at the college. A couple highlights of activities were volunteering at the annual Toys for Tots drive, and the ceremonial cutting and decorating of the Christmas tree. I participated in both activities and would like to share with you all what I learned during them. Consider this my gift to anyone who is reading this, the gift of insight through experience. So the first thing I would like to share is my experience volunteering at the annual toys for Tots drive. For anyone who doesn't know, Toys for Tots is a nationwide organization that gives donated toys to families in the community so they may have something to give their children for Christmas. For a decade plus, The College of Metaphysics has sent volunteers to Buffalo, Missouri to help with the event. This was my second year doing it.



Dr. Tad Messenger and I went into Buffalo last Wednesday and helped to distribute the toys to parents, and I got to say it really helped in getting in the Christmas spirit. It is amazing to see people have such gratitude. One example comes to mind, where a lady was deciding on whether or not to get her 5 year old boy a bike, she was mulling it over in her mind and when she came to the conclusion that she would get it, there was this gleam in her eye. I observed her visualizing how her child was going to react when he saw the bike Christmas morning. She even vocalized "He is going to be so Happy!" I have to agree with her, he is going to be so happy. Being a part of helping people to ensure their children will have a Merry Christmas, is truly what the holidays are about. With all of the giving and Christmas spirit stuff going, I couldn't help but feel pretty emotional. It came out that night at dinner during a conversation with Dr. Tad and Dr. Daniel. I was a little charged thinking about how one woman came through the line at Toys for Tots and she had to get gifts for seven children! She had so many gifts that she couldn't even hold them all by herself and needed help from volunteers. I thought this was a perfect analogy for all that was "wrong in the world." This woman had too much to handle by herself and so I thought, "Man, wouldn't you stop after 3 or 4? How come you have 7, there's no way you can take care of 7 kids!" I understand that this is a judgment, and maybe even a harsh one and was

expressing this at the table. Dr. Daniel and Dr. Tad gave me a perspective

and said how important Toys for Tots was for the kids. They talked about experiences in which children receive a gift that completely changes the course of their life. This helped me change my thinking, align with proper Perspective and remember that it is all about the children. That is why we were all there that day, to help the children. Sometimes I can get caught up in the flaws that I perceive and forget the reason why I am doing things. It may be my astrological influence of Virgo, it is said that a Virgo can spot a flaw from a mile away. That is what is so great about having friends, teachers, others to express with, they can help you see a bigger picture. I think that was my major learning through this experience, the importance of expressing because just like that woman that I saw with the seven children, I can't do it alone, what an amazing Christmas gift! The next holiday experience I want to share with you all is the annual tradition of cutting down, setting up and decorating the Christmas tree. If you are like me, then before coming to the college of Metaphysics you never experienced going out into the woods picking a tree and cutting it down. It was quite a memorable experience. I found myself this year looking for the "perfect" Christmas tree. My image was one that was made to order, sort of speak in which we wouldn't have to do much altering in order to make it fit in our main room. As Dr. Tad and I were driving down to Dream Valley and inspecting the trees, I began to doubt that we would find the perfect one, and we might have to do the "Altering method." However, what I learned by being a college student over this past year and a half is that no matter what happens, I will respond and not be so attached to the outcome. I was accepting that maybe there might not be the "perfect" tree and we may have to make it perfect. That is kind of what happened. We found one that was almost perfect and what I learned through the process of cutting it down is that we still would have to cut off the bottom branches and alter it so that it could fit in the bucket. The important part is that we got a tree to keep the tradition alive. Later came the decorating and instead of making it a big event of "decorating the Christmas tree" which is fun. We decided as a collective to put up decorations as we felt inspired. We had the ornaments and lights by the Christmas tree and over a week or so, Dr. Daniel, Dr. Tad, and I put up decorations as we felt inspired. It made me think that this is how it should be done and probably how it originated. It's like a "Giving Tree" where everyone gives something to the tree and it doesn't have to be perfectly decorated, as someone desires they put a decoration on the tree until it is full. I think that is how I will do the Christmas tree for the rest of my life, it just feels right.

From The College Evolution

Dr. Diana Kenney

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has." Margaret Mead.

"Our world is in the midst of change." This line from the peace covenant is always true. Change is the nature of the physical world, or, what we refer to as the 7th level of consciousness. At this point in the evolution of humanity, we are standing on the precipice of uplifting the consciousness of the 7th level, our physical world, to a higher vibrational frequency.

To complete this movement in evolution to the higher vibrational reality, we need to transform the lower vibrational thought forms that are not compatible with the new reality. We are currently, as a species, releasing these lower thought forms for the purpose of transmuting them. This release means that they are now clearly, and often disturbingly, visible to us.

We witness daily the purging of those lower vibrational thought forms. It can be unsettling, or even horrifying at times, to witness the release of lower vibrational thought forms. It is time to transform that energy and bringing to the surface what needs to be transformed is part of that process of evolution. The darkness we are collectively experiencing serves as a stimulus to focus the attention on what needs to be understood. It is fortifying to be intentional in receiving humanity's creations, to understand that what is being brought to our attention in the violence and fear that is running through our society is present to stimulate us into imagining something new and to act! To take action to cause the change in thinking required to create the new.

Every human has the capacity to aid in the transformation of our planet. Many humans are actively practicing receiving what we have co-created here in the physical and intentionally co-creating the reality to uplift us to the next step in our evolution. As we evolve individually, we evolve collectively. As Gandhi encouraged: we must be the change we want to see in the world.

At the School of Metaphysics we learn how to think. We discover the answer to the important questions: Who am I? Why am I here? Where did I come from? Where am I going? In the process we learn to cause change in a manner that is productive and constructive.

We are metaphysicians, alchemists. We learn how to wield the power within, to transform fear, hurt, anger, apathy, grief, corruption, and all other mis-creations arising from the illusion of separation. Instead of projecting those mis-creations upon others, perpetuating misery, we learn to wield our power to cause the change within, literally changing our DNA.

The School of Metaphysics is a remedy for the times. We have always taught how to think, how to be the change we want to see in the world. We are now evolving our structure. Not because the old structure was bad, or wrong. It was right for the time for which it was created. Our world is in a period of rapid evolution. Much happens in a short period of time. The gap between thought and manifestation is shorter. The structure of the school is changing because the times have changed. This is a moving to synarchy – a sacred teamwork. We realize that we all have an essential voice, essential to the beauty and life of the song.

Synarchy is a new phase in communal awareness. One of the ways we are reflecting this communal awareness is reflected in the Master Mind Meeting we have now on Saturday mornings of third weekend where we come together, sharing what we have learned from our experiences to evolve how the School of Metaphysics operates its classrooms.

"There is no power on earth that can withstand the united cooperation on spiritual levels of men and women of goodwill everywhere." This is the message received in meditation by Major Wellesly Tudor-Poole and which was used by the British to withstand the terrible assault of Germany in the Second World War.

The ideal, purpose and activity of SOM is sacred and complete and we, the people at SOM committed to fulfilling that ideal, purpose and activity are intentionally practicing united cooperation on spiritual levels so that we will experience that power and wield it well.



Interview with Dr. Daniel Condron

Monthly Series on the Book of Matthew

By Stella Lynn Baggio

We are doing a monthly series on the Book of Matthew and the importance of it's scope and study. I asked Dr. Daniel Condron, who has studied and taught this Holy Work for many years, the following questions.

Is there an overall message with interpreting The Book of Matthew?

Jesus's primary message was love. This is one of the highlights in interpreting that book. In The School of Metaphysics we learn the Universal Language of Mind through dream symbols to find higher truth. Using dream symbols, Universal Language of Mind and love are key to understanding a higher truth of the bible on a deeper level.

Would you explain the significance of teaching the book of Matthew at lesson 13?

At this point, in the lessons, students have been studying dreams for about three or four months. They started learning to record and interpret dreams the first night of class. They understand dream symbols and how the Universal language of Mind works. They have also been practicing concentration, visualization and meditation. With the aid of a teacher, they are able to understand how this knowledge applies to the Book of Matthew.

Would you share something about the research you had to do to interpret the Book of Matthew?

I remember my dreams five, six, and seven nights a week. When I wrote, "The Book of Matthew Interpreted" I had been in the School of Metaphysics almost twenty years. I had taught classes, been Director, Area Director and President. With twenty years working on a language, you get pretty good at interpreting a language. I decided it would help students to have this book even if they had been in the school a year or two or three.

What are the most important things you would like student's to receive as they interpret the Book of Matthew?

You are a spiritual being and not the physical body. There was a master teacher named Jesus Christ who taught us the highest lessons who gave us the highest truth. Studying the Universal Language of Mind on a deeper level, through the bible, we can understand those truths and apply them in our lives. This harmonizes with the benefits the students get from their exercises. This allows them to access higher levels of mind on a deeper level.

That is some profound wisdom from Dr. Daniel Condron. Stay tuned for further insights in our next months's issue.



SUGGESTED MONTHLY THEMES for BRANCH VIBES REPORTS

To Inspire Vibes Reports from the Branches each Month
the Teachers at the National Teachers Meeting Decided to select
Suggested Themes
to encourage every branches participation each month.

All reports are due to www.vibes@som.org by the first of the month
Please submit pics with your articles.
Share what was learned!

January	New Intentions
February	Love and Kindness
March	Spring-Blossoming
April	Dreams
May	Creating with Others
June	Summer Fun
July	Freedom
August	Class in session
September	Collaboration
October	Stillness
November	Gratitude
December	Sharing/Gifting

Educational Events in 2022

Jan 7,8,9 General Assembly

**Feb 5 Area Teachers Meeting
Feb 18,19,20 3rd Weekend**

Mar 18,19,20 3rd Weekend

**Apr 1,2,3 National Teacher Meeting
Apr 15,16,17 3rd Weekend
Apr 22,23,24 National Dream Hotline**

May 20,21,22 3rd Weekend / All Student Weekend

Jun 17,18,19 3rd Weekend

Jul 15,16,17 3rd Weekend

**Aug 6th Area Teachers Meeting
Aug 19,20,21 3rd Weekend**

Sep 16,17,18 3rd Weekend / All Student Weekend

**Oct, 7,8,9th National Teachers Meeting & 3rd Weekend
Oct 28,29,30th Still Mind Weekend**

Nov 18,19,20 3rd Weekend

**Dec 3rd Area Teachers Meeting
Dec 16,17,18 3rd Weekend / Bread Baking & Caroling
Dec 31st Universal Hour of Peace**

Jan 6,7,8th, 2023 General Assembly

Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below. Love and Light from your Vibrations Staff.



Lynn Boggio: #66

The Mind: Future firestorms disturb the dedicated will. Disciplining aspects of self make one a creator. Waters of pure consciousness feed the Inner Fire. Temporary creations have their moment, then time moves on.

Thomas Croft: # 12 Choice:

The honest know both the authentic and imitation. When challenges arise, embark upon conscious thinking in the outer and inner mind. Such a choice is its own blessing, reveling when you have been. Your wisdom realized, your discerning heart opens the door.

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