

*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Montly Newsletter

## Celebrate Summer

**Quiet Your Mind, Meditate, Visualize, Create,  
Breathe, Dream, Intuite, Play**



**CELEBRATE IN A MEDITATIVE STATE**

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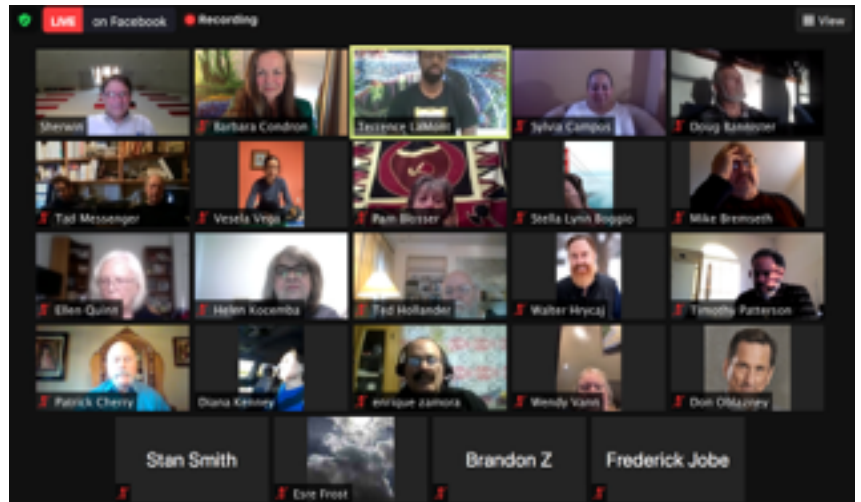
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## SPRINGFIELD

### Fruit Week

By Kim Clarkson

“There are so many ways to be brave in this world. Sometimes bravery involves laying down your life for something bigger than yourself, or for someone else. Sometimes it involves giving up everything you have ever known, or everyone you have ever loved, for the sake of something greater.

But sometimes it doesn't.

Sometimes it is nothing more than gritting your teeth through pain, and the work of every day, the slow walk toward a better life.

“That is the sort of bravery I must have now.”  
— Veronica Roth



Fruit day had always fascinated me from the first day I tried it. I was very early on in the school and this was one of the first real spiritual practices I had an experience with. I felt my vibration lifting, I felt light, I felt there was something here. It was something I always wanted to stay true to, however like many people expressed in the school, I had no direction of how to eat well and be full on fruit day. It was often a fasting day for me or I would stick to a smoothie. After a lively debate at the school about the relevance of fruit day I understood myself better and wanted to master the food of fruit day! I decided I would practice fruit day for an entire week to allow myself to learn many of the recipes in the Fruit Day Cookbook!

I bought the book and immediately started reading it; over and over I scanned the pages for the most hearty and least intimidating meals. Through the pages I learned more and more about how fruit day isn't just about a higher vibration, it is about choice! The choices we make become habits, and we are more likely to choose something we have chosen in the past. Many of us cheat on fruit day, but would we cheat if we were more aware of what we were consuming, and how it doesn't align with our goal of only eating fruit? Would we choose certain thoughts, or actions if they weren't habits already ingrained in us?

I decided for the week of fruit day I would also meditate on my choices and become aware of EVERY choice I made that week. If I chose to see a friend I examined why, if I chose to think about a person who hurt me or replay conversations in my mind, I asked why. I wanted to know who I would be if I could take back my power and choose for myself. For a whole week I stayed true to fruit day and stayed true to my Self. So many things I thought were out of my control, whether it be invasive thoughts I have had since childhood or even the time I had in a day. I had a choice! I have choices! I can make them everyday! I felt powerful and full of energy, I wanted to give back because I was overflowing.

The next Tuesday I made one of my favorite recipes, the fruit day salad, in a big batch and was able to share with the school! Many people enjoyed it and some for the first time considered that fruit day could be fulfilling nutritionally as well as substantially. I realized we can be so unaware of the power we have and sometimes the only thing we need is the inspiration to imagine things a different way. Even now, before bed I am writing down 5 choices I made this day and why. I will tame my habits through the power of my imagination, and fruit day has given that knowing to me.

Peace and blessings.



## INDIANAPOLIS

### Lessons with Creations

By Stella “Lynn” Boggio and Mickey Hughes

At the Indianapolis Branch, we are experimenting and implementing new ideas for events. Area Director, Kerry Keller had proposed an idea for a tent for outside events. Since the Covid Pandemic kept many of us isolated from each other, the outside gathering was a very welcoming prospect.

Director Mickey Hughes did the research and a tent was selected. The tent had a white canopy and had ample room for a gathering. The tent was ordered and our vision was in full motion.

When the tent arrived, excitement was in the air. Plans were made for the current students to gather before class to erect the tent.



Classmate Jackie Reeves and I set out the pieces of the tent. I was a little apprehensive at first, since this was my first experience putting up a tent of this caliber. However, I have learned, at The School of Metaphysics, to embrace new experiences. Sometimes this will put me out of my “comfort zone.” However, With Jackie’s assistance, we were able to set all the pieces out. Mickey and Kerry helped us assemble the tent in our outside backyard space.

The Tent was assembled and the final product looked amazing. However, there has been some learning in this process. There have been some heavy rains and the poles were not quite as sturdy as anticipated. Our poles got bent and the roof of the tent was sagging.

As a group, we brainstormed ideas to remedy the situation. The tent needed a sturdier foundation to withstand wind and rain. There were removable sides we could take down in intermittent weather. We decided to get PVC Poles to cover the existing poles. Mickey and I traveled, to our local Lowes store, across the street, to purchase the necessary poles.

Mickey, Kerry and I began to assemble the tent foundation with the new PVC Poles. We did realize, we would need sturdier corners to hold the poles.

What we are learning is that even with a clear Goal Purpose and Activity other factors can arrive we were not expecting. This encourages us to step back and visualize another outcome. Our learning is being able to adapt to changing circumstances and conditions. We do not let conditions and circumstances define us. However, we can learn to transcend them, evolving to a higher state of consciousness in the process.

## KANSAS CITY

### So, Brother Brandon What did you learn?

By Brandon Cooper

I started thinking this morning about our experience at First Fridays. Hey, why not write an article for Vibes? That is what I did. First, who do I send it to? I have received text messages but have deleted them. Secondly, I thought you might like to know what I learned. Here goes: in Kansas City, Yvette Williamson and myself placed a card table along the sidewalk with a sign advertising “Dream Interpretations,” flyers, and notices of our open house this month. First Fridays, in Kansas City, draws large crowds of people and here was an opportunity to make our school known to the public. More importantly, as my teacher Mavis would ask, “Now brother Brandon, what did you learn from this experience?” I did not intentionally set a purpose for this activity, but unconsciously I must have for in the recesses of my mind my ideal was to answer a question, “Why am I doing this?” First of all I have embraced my whole life, I am an introvert, I don’t like interacting with people, I really enjoy my own world. Setting out a table along the sidewalk and trying to engage people as they walk by, well this is unsettling for me. As we sat at our table I actually found myself at ease. Now, I realize, after a long week I was physically tired which afforded me the opportunity to shut down the little inner voice that reminds me, “Dude you are an introvert, you don’t like crowds. Plus people will think you are a weirdo.” “Really, dream interpretations? Who cares!” the little voice spoke. I was trying to conserve energy, be available, and this allowed me to shut out that annoying ego maniacal voice. I learned I am not the introvert I thought I was and when I think I am an introvert I lose out because I am not sharing myself with the world. My avoidance really is self-centered, thinking I am so important worrying about what others may think of me, I miss out on the beauty of so many souls around me. I actually deprive myself of value.

Next, I watched how effortlessly my colleague engaged with people, how she exhibited a natural willingness to share. I witnessed a genuine expression of joy. Particularly when people engaged back, you could see connections were made instantaneously. I noticed Yvette’s quality of fearlessness; removing fear you project your real-self and this is very attractive. Letting go of the little voice was liberating. I learned going out in public on behalf of the school was not some sort of proselytizing adventure or advertising campaign, but an opportunity to teach, to give with no expectation of return. How did I comprehend this? Thinking back as I noticed people walking by I was observing a flood of consciousness. Many focused on the next place they were going or engaging in conversations, or busy expressing themselves by what they were wearing. But, once in a while, someone would stop, listen, take in what we were saying, and when we interpreted dreams, I sensed we were communicating at a higher level of awareness and you could actually perceive a door opening in people. Like their souls were stepping outside of themselves. I could see the minute physical changes, the gaze of their eyes, their bodies relaxing, brows furrowing with deep thought. We were connecting to something deeper inside of them. It was magical. Yvette and I were engaged in fulfilling our purpose. We were acting on our faith, that we are valuable and it is our duty to share what we have, and our work at SOM is significant and worthy of giving. And, what fun it is to connect with complete strangers in a more significant way. This morning about four people have responded to the meetup advertising our open house or mastery of consciousness classes - go figure.



## MAPLEWOOD

### Greater Awareness

Thomas Croft

Back at it again with another Vibes article. Throughout May, I have become more self-aware. I noticed, more frequently, that I need to still my mind. Lately, I have been having thoughts of violence and death. I told my teacher Terrence-LaMont about this and he said that I am thinking too much and I need to still my mind. This was also suggested to me, in my past life profile, that I received from the School of Metaphysics.



## College of Metaphysics

### Interview with Dr. Daniel Condron

By Stella "Lynn" Boggio

Dr. Daniel Condron gave his insights on what it means to know Self. Dr Daniel says that to know Self is to know I AM. I AM is always in the present moment. Most people will have their attention on the past. This is true, regardless of whether the memories are pleasant or unpleasant. In addition, most individual's attention is on their worries of the future. They are rarely present and their lives quickly pass them by. The true nature of reality is always in the present moment. This is where I AM resides, timeless and eternal.

As I reflected on Dr. Daniel's comments, I pondered why it seems so challenging to be in the present moment?

Dr Daniel, says, "The brain was developed as a memory storage device. What we call fantasy or visualization is an extrapolation of memories extended into a possible future. Yet the future never comes and the past is already gone. Therefore the only time we ever really have is the Present Moment. When the mind is still, everything in the universe can be received...in the Present Moment." Insights that are profound. Thanks, once again, Dr. Daniel for your wisdom and service of self.



## College of Metaphysics

### Interview with The President: Dr. Diana Kenney

By Stella Lynn Boggio

Dr. Diana Kenney continues to hold her vision for the expansion of the College of Metaphysics. She wants us to shine our light for more people to see. Our teachings can impact the world in so many ways. A current student recently underwent brain surgery to remove a tumor. The medical staff is still running test to see if the tumor is Benin or malignant. However, his recovery has been astounding. Being a student, at The School of Metaphysics, we practice exercises daily in concentration and mediation. This helps the student hone and focus their attention where they desire. This is helpful in all of life experiences. Marcus Croft's ability to talk and converse after surgery shows the power of his will and attention. He was also supported by healing loving energy sent by fellow students. The world needs what we teach.

Dr. Diana envisions us moving forward with more in person interactions. Zoom has been a wonderful tool, especially during this pandemic. However, participants can "tune out" on Zoom. Zoom has enabled the School to continue classes and events. However, the most optimal interactions are in person. Speaking events can be extremely powerful to attract souls seeking what we teach. These events can be held in libraries, Rotary groups and other networking groups. Current students can prepare for these lectures, by having their first lecture in their school branch.

Mathew 5:14-16 says, "You are the light of the world." This scripture contains the Universal Truth that each of us can truly make a difference. This is the vision Dr. Diana Kenney hold moving forward for 2021





## College of Metaphysics

### The 3 Keys to Successful Gardening

By Zach Bush

It is June here at the College of Metaphysics, which means a couple different things. Firstly, that the warm weather is back again and secondly that we have been spending alot of time out in the green houses for gardening. We are already reaping some of the benefits from planting our crops in the spring. So far we have had loads of lettuce, kale, cilantro, parsley, and even a few zucchinis. Along with what we have already harvested, we are also looking forward to harvesting, tomatoes, potatoes, beans, peppers, cabbage, carrots, and many other garden delicacies. Talking with Vickie, we have both agreed that our garden is already better than it was last year. I feel alot more comfortable out there tending for the gardens and have learned a few valuable lessons, for not only gardening but for life in general that I want to share with you all for the rest of this article. Here are 3 keys that I have learned:

#### Be consistent

Everyday, Vickie and I go out to the gardens and give it a little bit of attention. A Little a day goes a long way. All plants need to grow is sunlight and water so it is important that we provide the water. So everyday, we go out there and water our plants. I am convinced that the water doesn't even really do anything and it is more so that we are just pouring our love and attention on the plants and that's what makes them grow. Along with the daily watering it is also important to weed the garden a little bit a day. I am learning this year how much easier it is to weed when things are first starting to grow, than when they are full grown. If you just do a little weeding everyday it makes your chances of producing crops so much better. How it has been taught to me by Dr. Daniel is that the plants are competing with the weeds for moisture and sunlight, so we want to give them the best opportunity to grow by ridding the weeds around them. I can really see how the daily discipline of watering and weeding transfers over to my everyday life. Since joining the school in 2013, I would consider myself pretty disciplined and I feel like having this daily task is just adding and reinforcing my discipline. Just as I wrote earlier, a little a day goes a long way. So for me when I have a task or an assignment if I can remember that then it doesn't seem so big and I am able to complete it. I have also learned how important it is to give myself daily love and attention. It is important to check in with myself through daily affirmations and meditation so that I can grow to my full potential.





### Respond to Needs

One of the things I am most grateful to have learned through studying at the School of Metaphysics is learning the ability to respond. Tending the garden gives me even more opportunities to practice this. Having a garden is very good because once you have things planted you eventually get to harvest and eat all the tasty vegetables. The thing is that, we humans are not the only species that think vegetables are tasty. Just as I wrote in the earlier segment about competing with the weeds for life, we humans also have to compete with vermits, bugs, and sometimes even disease for our vegetables. So far this year, I have caught and hauled off five groundhogs, an armadillo, and even a turtle. Every so often we'll go out to the greenhouses and see that a varmint, usually a groundhog has dug under the greenhouse and ran-sacked our goods. It is usually at that point that I can either choose to respond by setting up the trap or clogging the whole so they can't get back in or not. What I have found is that if I don't respond, they 100% will come back and keep eating until it is all gone. I can really see how and why animals in the universal language of mind represent habits, because they habitually will just keep coming back. The same is true for when the bugs start getting the plants, if I don't spray some organic pesticide on the plants as soon as I see evidence of them on it, the next day will be too late. I learned alot about that last year and so this year I have vowed to myself to respond quicker and I have been. I see it more as a game and, not so much as a nuisance when these things happen, like how can I solve this puzzle. I am grateful to have Dr. Daniel and Vickie's expertise to help guide me in what to do when things arise. Applying this mindset to my everyday life has been very beneficial also. Just like in the garden, when things come up in my life, I have a choice to either respond to the needs or not. I have been practicing, more and more, responding quicker. I have been looking at things less in opposition when they come up, and more so as an opportunity to respond. I really can see how what I am learning in the garden is affecting me and I will continue to be open to the learning.

### Enjoy the Process

This is arguably the most important key to gardening that I have found. I have become very aware as of late, that as I go, so does the garden. Plants are very receptive to our thoughts and attitudes. If I am angry or upset and out in the garden, I notice the plants seem to look droopy and less alive. On the other hand, when I am feeling motivated and happy to be doing what I am doing, the gardens look full of life and beautiful. I can see how we are connected. One thing is that if I can be in the present moment and remember that this is all there is, then I enjoy the process. I have had some very profound moments being out in the garden, being full of gratitude and appreciation for life. I know that there are alot of people out there that would love to have an opportunity to have a garden that does not, and so this time that I have, I should cherish. I have really learned more about the whole cycle of life since gardening last year. Dr. Tad reminded me this morning about just how important it is to enjoy what you are doing. It doesn't feel good to not feel good and it is ultimately your own responsibility to get to a place where you can enjoy yourself. The garden helps with that.



## Regenerative Agriculture Article

By Doug Banister

Hello friends, I hope you are doing well and living the divine life, exercising your will and the power of choice.

The School of Metaphysics is moving steadily forward with the federal land improvement program. We applied last year to get assistance, both in terms of expertise and financial assistance with new fencing and watering tanks for the land immediately north of the Gatehouse at the corner of Peppers Rd and Moon Valley Rd, west of the main campus.

This field has about 15 acres, more or less. The purpose is to be able to do intensive grazing, which means we have our cattle matched in number to a particular part of that pasture based on the amount and quality of the grass it has at any particular time. Of course, in the spring the grass really explodes and as the rains cease during the summer months the growth is slower. It is our job then, to manage these factors to allow the cows to move over the entire field, but from one sectioned off area to another. I have fallen in love with this methodology because we are attempting to mimic nature. You see, ruminant animals moved over the grasslands in days of old, moving forward to fresh grass, leaving the trampled and soiled grass behind. Soil biologists document that ruminant animals improve the quality of the soil, which allows better grass to grow (each blade is a solar collector) and the trampled grass restores carbon to the soil, plus the trampling creates divots that act as tiny ponds to hold more water and slows down run-off.

Dr. Daniel just signed the latest round of government forms getting us closer to doing the actual fence and watering work. We are taking this one step at a time learning this new system where we work with nature in managing the ratio of cows to acres to grass and of course the necessary watering stations for the cattle. The whole field will be fenced and then sectioned off appropriately with temporary fence which will be electrified.

Keep an open mind and an open heart and life rewards you beyond measure.



## Being an Intuitive Reporter

Interview with Mari Hamersley

By Stella "Lynn" Boggio

Recently, I sat down with Mari Hamersley to inquire on the Intuitive Reporting Process. I was curious about the steps involved in becoming an Intuitive reporter. I knew this would be valuable information for me as well as students considering becoming an Intuitive Reporter.

I asked Mari, "What does it take to be a reporter?" Mari replied, "It is important to have a commitment to serving humanity." This would involve aiding people to understand the Eternal Self. Mari also said it was important for the prospective reporter to be disciplined with their exercises and spiritual practices. The reporter would also need a true love for humanity.

In addition, understanding thought is cause and the physical is just an effect. Trust in yourself and trust in your Intuitive Conductor is important as well. There also needs to be a willingness to go within the mind and have experiences in that space. To be an Intuitive Reporter takes patience, commitment, love and respect. Also, the willingness to harmonize with all the Universal Laws.

Mari Hamersley has been an Intuitive Reporter, for many years, at the School of Metaphysics. We truly appreciate and value her commitment, love and service to humanity. Your wise words of wisdom will inspire many who desire to serve humanity in this manner.





# THE NEW MAITREYA

by Barbara O'Guinn Condon



**About a week ago, Terrence Lamont** followed his Inner Teacher and traveled to Memphis, Tennessee. Terrence is the National Peace Ambassador for the School of Metaphysics so he leads the reading of the Universal Peace Covenant at 7:30 CDT every morning. When he opened the reading, he shared where he was. His openness to enriching experiences revealed through universal law had led him to find a Peace Pole garden which he shared with us before our reading.

In that moment of receiving all that Terrence Lamont Bellows is, a resonant image of a woman named Mildred Norman came into my mind. I never met Mildred but I heard about her in the early days of SOM. She was an American mystic from that last century. Perhaps you have heard of the Peace Pilgrim? Mildred Norman was her given name, and she came into my mind as I appreciated the 'Peace Pilgrim' in Terrence on this morning.

In the brief opening, TJ Jackson-Bey, Peace Ambassador from Springfield, MO and UPC leader-reader on Saturdays, says he is from Memphis. Hmmm.

Some might raise their eyebrows, tickling their third eye, and remark, 'small world'. That's another way of saying, 'Wow! Just amazing how universal law reveals itself, isn't it?'

I STOP a moment. There is wisdom in realizing when to STOP. What are the odds of this happening? The scientist in me wants to reply with statistics while the artist wants to reveal the magic. The scientist observes and quantifies. The artist participates and qualifies.

Yet it is the mystic in me that sees the wisdom and the beauty. The union in this divine. The cosmic dance swirling in, through, between, with, because human beings realize common values.

My consciousness telescopes, time traveling.

## I land in 1975.

As a new student at the School of Metaphysics in Columbia, MO, I am introduced to the idea of 'the mystic' through an assigned book ***Cosmic Consciousness*** by Richard Bucke. We read it, but we don't talk about it in class. For this 22-year-old novice, it is an overwhelming place to begin. I don't recognize that it is overwhelming at the time. I'm just doing my homework. Being a good student.

Telescoping in, to a few months *later*. I am in a position to assign the book to students in my care. Almost a year has passed and I find I do not really remember much from the book.

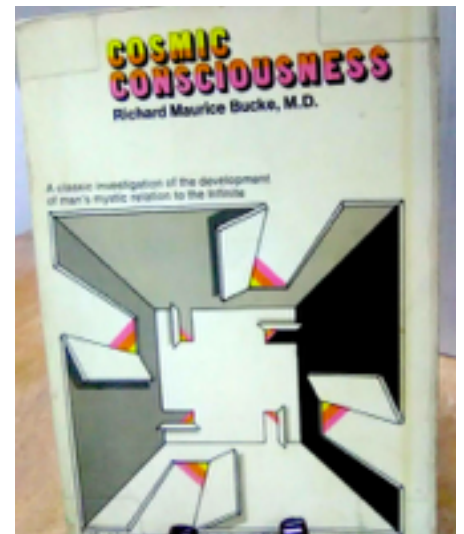
Just the FEELING that it is worth reading. I decide to revisit the book. To read it again. I recall the early overwhelm, recognizing why I forgot the messages. (Perhaps this has happened with you?) The contrast between the first reading and the second gives me a depth I would have missed if I had just gone on about my life and never looked at the book again.

I recall that my first reading reacquainted me with great thinkers I had encountered through studies at university. Men like - Jesus, Plato, Walt Whitman. It also introduced me to some for the first time - Lao-Tzu, Buddha, Spinoza. That first reading was like going to a gathering, catching up with old friends I haven't seen in a while and meeting new ones for the first time. It moved me.

But from where to where?

Reading a new book moves my brain into the shallowness of initial encounter. My conscious mind and brain is both excited and bored. Reactive. Yet, my awareness while reading ***Cosmic Consciousness*** stirs something within me. That FEELING, is the something beyond the brain's limitations.

But what?



*Like the vesica piscis, the answer appeared in the question. In the first reading I received Bucke's thinking on the level of ideas. Brain play. You know, the level of "did you hear about that (Twitter, FB post, evening news, neighbor gossip, buzz, fill in your own source ) report!?! The level of social conversation. The level of wanting engagement which blossoms from concentration. In everyday life, this kind of reading naturally lends itself to memory, and so we remember the tale in order to carry it on.*

*This second reading pulls me beyond the shallow. The second reading is what progressive thinkers in the next century will call 'a deep dive' beyond feelings into moments of transcendence. True contemplation. Intuitive reality. Reading **Cosmic Consciousness** is an internal experience. A meditative experience because I have been developing my skills in concentration and meditation for close to a year. The silent fruit of those practices I experience in my revisitation with Bucke's consciousness. Like a fine painting, it reveals layers in my thinking, and the inner levels open before my mind's eye.*

### **Telescoping, a 20 year leap to 1996.**

*My third sitting with Bucke and his choir of masters comes as SOM Spiritual Teachers embark upon uniting the world's wisdom of thought, gleaned through the ages. We are seeking enduring thoughts, universal Truths that answer the question: "**What makes for peace?**"*

*As I sit with the wise words passed down through humanity's long life, I understand why that second reading changed my life. Why any reading of refined communication changes me. Would you like to hear my discovery? When I read, I am reading for All of us.*

*In 1975, my body-brain read **Cosmic Consciousness** because it was assigned.*

*In 1976, my ego reread **Cosmic Consciousness** because I, me, wanted to know. AND, a higher purpose surfaced for me because I knew 'me' could read the book anytime. I wanted to read it NOW so I could give my students an opportunity I had not been offered,— discussion on the book while we were together, in class. Being a good teacher.*

*By 1996, I see clearly the seed for my investment, my contribution to assembling the **Universal Peace Covenant**. The synarchy that brought Truth telling over time and space, through countless individuals past and present, truly carries the spirit that inspired the founding of the United States of America.*

*And what is behind such a bold claim? **Cosmic Consciousness** made manifest. So back 'Home' to 2021...*

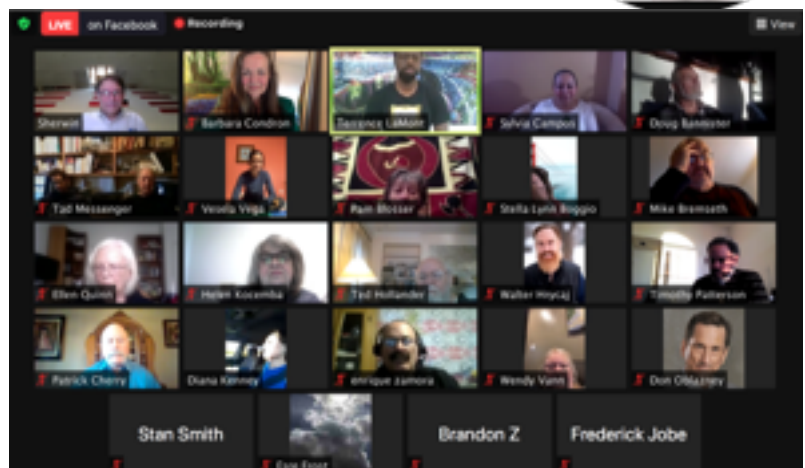
*Terrence, TJ and I end up being the final peace keepers to leave the virtual gathering that morning. We linger, talking. "I didn't know there was a school in Memphis," TJ says.*

I affirm, giving a bit of history, and suggesting a look at Vibrations and Thresholds Quarterly for historical references.

Then TJ adds something that brings my heart to my throat and joyful tears to my eyes, "Maybe it's time I return to Memphis." •

Cosmic Consciousness. •

*Join us any morning [www.peacedome.org](http://www.peacedome.org)*



# Role of a Conductor

An Interview with Dr. Tad Messenger

By Stella "Lynn" Boggio

I was curious about the role of the Conductor in the Intuitive Report Process. Dr. Tad Messenger shared his insight and wisdom on the process of being a Conductor.

"A Conductor gets to use everything that is ever learned in the school. This is especially true of the skills of concentration and perception used in subconscious mind. One learns to interpret energies. These are the most important goals in the Second and Third Cycles of lessons. Dr. Tad is diligent in making sure the reporter is indeed in subconscious mind. He also set his attention in receiving the person who is getting the report.

Service is the number one factor of being a reporter. That way, the intention for giving the report is pure. Dr. Tad elaborates, "Every Past Life Profile is about me. It is about them, but it's also about me." This is because of the Universal Nature of the reports.

Dr. Tad Messenger has completed all four cycles of the School of Metaphysics lessons. He has given service as part of an Intuitive Conductor Team, for many years now. We are desiring future Conductor and Report teams. If interested, talk to Dr. Daniel Condron at The School of Metaphysics Headquarters.

## Calling Out for New Zoom Hosts

By Lynn Boggio

Sherwin Rosenfeldt is the National Media Coordinator for the School of Metaphysics. With the Pandemic that raged through our world last year, Zoom became a major source of communication in keeping classes going at our school.

There are some individuals who have volunteered to be regular hosts on Zoom. A host is someone who monitors the Zoom session when the class is occurring. The host needs to be present for the entire Zoom session. This is because someone could be "kicked off" and need to be let back into the breakout room. A breakout room is a room created through the Zoom platform. A room can hold up to one hundred participants.

With the restrictions being lifted around the country, more in-person classes will be occurring. It has been decided, at the National Level, all new Mastery of Consciousness Classes will be occurring in-person, in the School Centers. Zoom will continue to be used for short courses. These courses generally run from four to eight weeks.

I asked Sherwin what he wanted to make others known about regarding the Zoom classes. He said, "There are really two pieces to this process. Current Hosts have not been informed who is coming to observe a class. A goal would be to set up communication to see who is going to observe a class. The second piece would be to have additional back-up hosts. This would give the current hosts a rotation of service. It would also be a valuable experience for students to learn and observe the Zoom hosting process. There is a need, for a host, on first Tuesday of the month. The current host, Doug Smagur has another commitment and needs someone to fill his spot. It was decided, by The School of Metaphysics Board of Directors, that classes on Zoom would only be held in the evenings. The times for these classes are 6:30P.M. 7:00 P.M. and 7:30 P.M. eastern standard time. If any teacher desires a different time, a special request must be made to the board. Then the teacher of the class would be made the Host.

If interested in becoming a host, please contact Sherwin Rosenfield. He is the director of the Bolingbrook, Illinois School. The scho



# Educational Events in 2021

**Jun 18,19,20 3rd Weekend**

**Jul 16,17,18 3rd Weekend**

**Aug 7 Area Teachers Meeting**

**Aug 20,21,22 3rd Weekend**

**Sep 17,18,19 3rd Weekend / All Student Weekend**

**Oct 1,2,3 National Teachers Meeting**

**Oct 15,16,17 3rd Weekend**

**Oct 22,23,24 Still Mind Weekend**

**Nov 19,20,21 3rd Weekend**

**Dec 4 Area Teachers Meeting**

**Dec 17,18,19 3rd Weekend / Bread Baking & Caroling**

**Dec 31 Universal Hour of Peace**

*Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below. Love and Light from your Vibrations Staff.*



**Kerry Keller # 42**

Exclusion Existence Energies from a black hole in space. the light of volition born in neutrality. Choose life in thoughts guided by honor whose progenitor-grace-tends the heavenly choir.

**Lynn Boggio # 12 Choice**

The honest know both the authentic and imitation. When challenges arise embark upon conscious thinking in the outer and inner mind Such a choice is its own blessing, reveling when you have been. Your wisdom realized, your discerning heart opens the door.

## School

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