

*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations

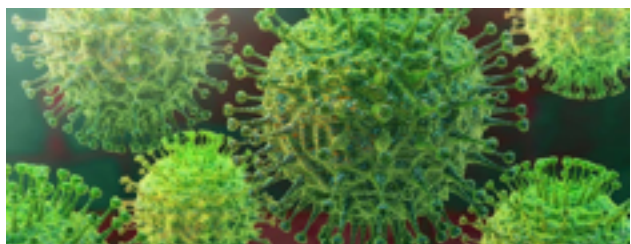


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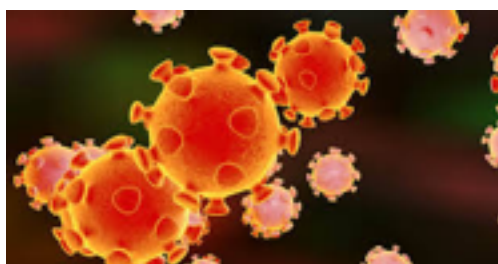
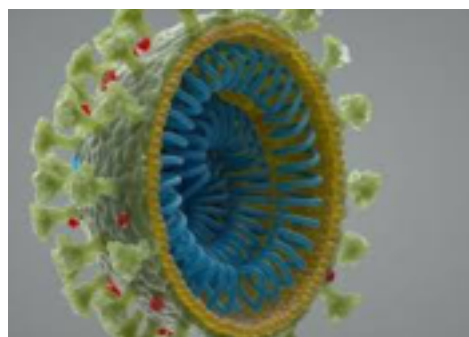
## 15 Third Cycle Students Begin PSI Counseling Course this weekend.





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## INDIANAPOLIS

### Everything one wants is on the other side of fear...

By Lynn Boggio

I had the privilege of attending Week as a College Student, with five beautiful Souls. I had attended this event five years earlier, and was excited to see how this week would compare with my first experience.

I arrived on a Sunday afternoon, and got settled in for the week. Dr. Daniel had us read our Ideal and Purpose paper at the table. My ideal, for the week, was clarity. My purpose was to become aware and release any obstacles that are hindering my goals and personal growth. I knew that my experiences this week would enable me to reach my ideal and purpose.

Dr. Daniel talked about our agenda for the week. One of the first experiences, we would receive was a visit to the cave on the property. Although I had been to the school many times, I had never been to the cave.

We were planning to go to the cave at 2:00 P.M. the next day. I was really excited for this adventure. I visualized taking a leisurely stroll to the cave with our group. However, I was to encounter some experiences that proved to initially be challenging but later yielded great rewards.

Our trip, to the cave, involved going down a steep hill and diligently following the directions of our leader Dr. Daniel Condron

When I first started down the hill, I was confident. However, my confidence quickly faded, as I observed I could not see where the hill ended! I stopped, unsure of myself, debating whether to turn around or not. It was at this point, the others stopped as well. Instead of judgment I got compassion and encouragement. The group encouraged me to take one step at a time and not get too ahead of myself. I was able to follow their lead and about thirty minutes later reached the opening of the cave.

This experience encouraged me by realizing I can reach my goals with the support of others. Even when fear, doubt or worry arises, I can move forward with the encouragement and love of supportive people. This experience also brought the reassurance of the value of community in my life.

By the end of the week, I can confidently say I fulfilled my Ideal and Purpose. I had many other experiences, during the week, that helped me in this endeavor. We participated in Root Race and Watering the Garden Daily. This helped me develop attention and consistently. This is important, in my daily life, for manifesting any desire. Dr. Barbara Condron, helped us go deeper with our understanding of dreamtime, in our Tuesday evening dream class. Dr. Pam Blosser gave a detailed explanation of Mathew with examples of application from her own experiences. Dr. Tad Messenger gave us an outstanding tour of Dream Valley coupled with some history of the land and its trees. Vicky Sing Like the Wind Barbor, one of the current college students, gave us a wonderful demonstration on how to make Ginko Biloba Tea. Zack Bush was a great inspiration serving as a host mentor and guide during the week's activities.

At the week's end we went into All Student Weekend. This involved more experiences of growing and sharing what we have learned.

Overall, the Week was very fulfilling and inspirational. I gained a deeper understanding of myself. I also learned how to evaluate the quality of my thoughts. I have a greater appreciate for the course of study. I also have a clearer picture and deeper understanding of the benefits of becoming a College Student at the School of Metaphysics Headquarters. I would highly recommend this experience to anyone considering studying at the college full time. The experience will always produce positive growth and inner change within the individual. This will benefit a soul no matter what direction their personal journey takes them. I am truly grateful for this growth experience.





**Mari Hamersley**

**Joann Weaver**

**Kerri Rivers**

## **DES MOINES**

### **Reflecting on National Teachers Meeting**

**Des Moines learned so much from National Teacher's meeting! Here are some of our takeaways...**

**from Kerri Rivers:**

**"Listening to Dr Kerry Keller, I heard 'Treat each student as an individual and to meet them where they are at'" and she adds, "because we all have different capabilities in our ability to receive in that moment".**

**And from Brian Hoover, "Every thing is a choice in the present moment and your thought can be acted upon or it doesn't have to be". She adds, "A thought is just a thought. It is your choice what you do with it."**

**from Mari Hamersley:**

**"When I heard Dr Kerry Keller say 'Concentration was everything', it ran true for me. I could see it and i knew that it was so important to have our students understand and practice it.**

**During Dr Christine Spretnjak's teaching through the workshop, I profoundly realized my deep connection with a leaf. It was as if the leaf chose me. We were alive and sharing the same moment. I will remember that experience forever."**



## TULSA

### Memories...

Wendy Vann Director And the Mighty Tulsans

This has been such a journey beginning last November when we first entertain the idea of selling the Tulsa building. All of our students have been an important part in moving this ideal forward. We have all held the vision of the new place while in the physical have worked hard at repairs, packing, cleaning and taking with us the peace pole and our door with the peace symbol on it.

What we did not have in mind was the emotional responses and movement that have occurred. I was talking to Amy Campbell about the building being empty she said, "I'm feeling it move through me." I had the same response when I helped pull the peace pole. It felt like an energy shift and the sadness that had been in me began shifting. Christyn King, Tulsa Peace Ambassador coordinated the moving of the Peace pole. He commented, "September had just ended, the day was just as hot as before it had began though. The peace pole carries such mass, as if holding anchor to the entire idea of peace, for the universe. Eager for its next set of adventure." We are already thinking of how the Peace pole will be planted in the new location.

The closing of the building was filled with Memories. It was the first place many of us had started our journey with the school. So many friends have walked through this building. We wanted to share pictures of Terrance LaMont who found the building and planted the Peace pole. We added Christyn King taking it up and the building being emptied. We are now moving forward to the next chapter.



## Transferring our Peace Pole

# WE WANT YOU !

Attend the reading of the Universal Peace Covenant  
any morning at 7:30 am., Central Time on Zoom

register at  
[peacedome.org](https://www.peacedome.org)



## Give us a Written Review on our Facebook Page

[https://www.facebook.com/peacebewithusallways/?ref=page\\_internal](https://www.facebook.com/peacebewithusallways/?ref=page_internal)

Tell us what you think!  
We want to know!



# OCTOBER'S NATIONAL TEACHER'S MEETING

## **Friday Night;**

Dr. Diana: Intro/Welcome!

Dr. Christine : Subject = The Art of Listening

## **Saturday Morning;**

Dr. Terry:

Brian Hoover: = Choosing Your Thoughts

## **Saturday Afternoon;**

Mavis Currie = New Course Syllabus

Dr. Kerry: = Growth Levels of Conscious Awareness





## **September/October at the College of Metaphysics:**

**A Whirlwind of Fun, Growth, and Learning**  
**By Zach Bush**

We have been having fun here at the College of Metaphysics! The kind of fun that is had when you are learning and growing with like-minded people. I am speaking about my college life experience that I have been living for the past five months. My oh my, how time flies...

This past month has felt kind of like a whirlwind of learning and growing. We had the week of a college student experience, all-student weekend, National Teacher's conference, and now we are gearing up for October third weekend. It is truly a great time to be here at the College of Metaphysics. A lot of people are coming and going and it reminds me of the old saying, "the more, the merrier."

So let's recap the events and what I learned through them. Let's start with the week of a college student experience. Back on September 13th, five students from branches of the school came for a week, leading up to the all-student weekend. We had a lot of fun activities, and teachings planned. Some of the highlights being: our adventure to the cave, and bible interpretation with Dr. Pam. It was really fun having more people here and I really got to see myself in a role of leadership.



During our adventure to the cave, Dr. Daniel was leading and I found myself observing how he was leading. He would stop ever so often to make sure that everybody was ok. He was also announcing potential hazards along the way. I was taking a lot of mental notes on what it is to be a good leader. I got to practice later throughout the week. When we were doing various Karma Yoga things around the campus to get ready for the all-student weekend, I would make sure to check in on the people I was leading and share with them some techniques that I learned along the way. It was fun and educational.

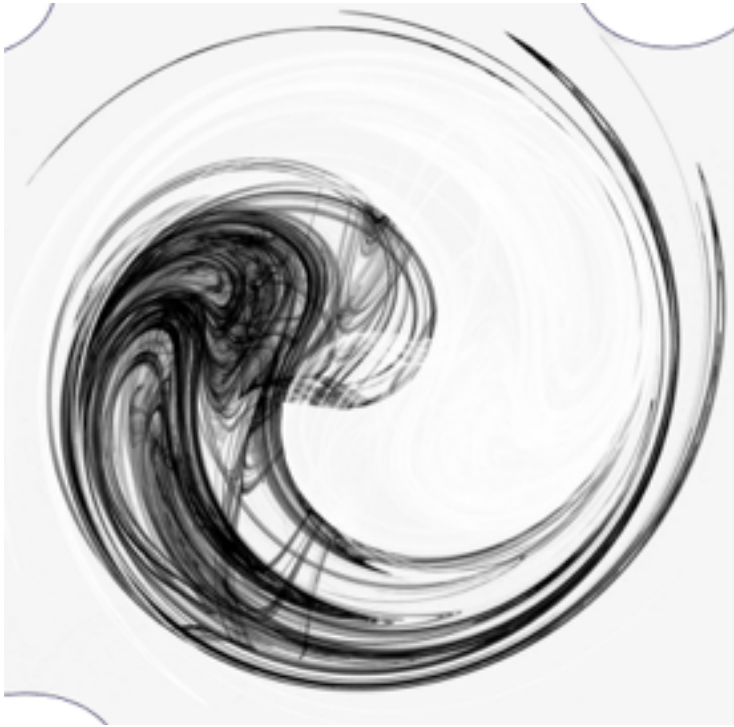


Next came, the All-Student weekend. We had over 60 people come from the school branches. I got to learn a little more about leadership and service. It was the first time I got to lead the fire cooking crew without my mentor, Walter Hrycaj. I felt pretty comfortable doing it because of all the love and attention Walter gave me in the previous times I was on fire crew with him. It felt like a really natural transition, and not like I was "thrown to the fire" sort of speak. It makes me value the role of teacher/student relationship more and shows me just how important it is. I am really grateful to Walter for all that he's shown me and look forward to giving it back to the next person tenfold.

A couple weeks after the All-Student weekend, came the National Teacher's Conference. We had close to 40 people here this time and I really got to learn more about being of service. What I learned is that I love being of service! It is so nice to be able to know that people enjoying their coffee is because of the fact that you got up early and filled the pot up for them, or people having great conversations about their growth and learning because you are in the kitchen doing the dishes. I know as a college student that was part of my vision. I want to aid in making this place very comfortable for people. It was similar to the ideal that I had as a Director of the Palatine branch. I wanted people to feel like they were at home when they came, and a couple times I got confirmation that they felt like they were. The same thing happened here during the National Teacher's Conference. A couple people gave Vickie Barbour (the Aquarian college student) and I feedback that we did a great job providing the space for people to feel welcome. I was really glad to hear that and look forward to seeing how the space continues to cultivate, the longer I am here.

With October Third weekend right around the corner, and Still Mind weekend right after that, I foresee there being a lot more opportunities for growth and learning. It is a really exciting time to be in the School of Metaphysics. We have a Psi Counseling class starting with 17 participants! We also have a lot of people talking about wanting to be here for Still Mind weekend. So if you are reading this, know that you are wanted here. There are plenty of opportunities to come down for third weekends, just talk





## Mutual Arising

### *Pausing a Moment with Kuan Yin*

At the root of Chinese thinking and feeling there lies the principle of polarity, which is not to be confused with the ideas of opposition or conflict. This is very different from the Western ideology. In the West, light is at war with darkness, life with death, good with evil, and the positive with the negative. As a child, life was presented to me as a championing of the light at the expense of the dark.

Every artist knows the need for contrast.

Every engineer knows the need for positive and negative poles for electric current.

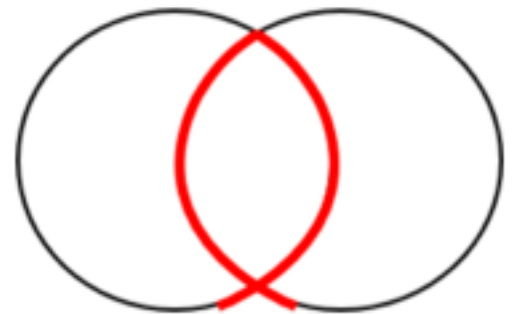
Life is a system of relationships. Life is navigation rather than warfare. Taoists understand this.

In Chinese, the two poles of cosmic energy are yang, the positive, and yin, the negative. The ideograms indicate the sunny and shady sides of a hill, and they are associated with the masculine and the feminine, the firm and the yielding, the strong and the weak, the light and the dark, the rising and the falling, heaven and earth, even hot and cold foods.

The art of life is to keep yang and yin in balance.

Yang and Yin are principles, not male and female. The key to the relationship between yang and yin is called hsiang sheng, mutual arising or inseparability. Neither, either, yet both.

Illustrating this concept are Avalokitesvara and Kuan Yin. Both are considered the Guanshiyin Bodhisattva spoken of by the Buddha in his last days and recorded in a text called The Lotus Sutra . Bodhi means wisdom or enlightenment; sattva means being or essence. Put the two Sanskrit words together and the result is "bodhisattva", a being who is enlightened and ready to transcend the cycles of birth and death yet makes the choice to return to the material world in order to help other people reach the same level of enlightenment. For the Buddhist, this is the ultimate demonstration of pure compassion.



Reflect upon the Wisdom of your Being as this season of 2020 passes.  
Look Within! As the Christ taught, "You are the Light of the world!"  
Embrace your Beloved. One.

Peace be with us all ways in this garden we call Life!



## THE NEW MAITREYA

by Barbara O'Guinn Condor

## Master Students make Master Teachers

*...as I play the game of life  
I try to make it better each and every day  
And when I struggle in the night  
The magic of the music seems to light the way  
Intuition takes me there  
Intuition takes me everywhere."*

## Do you know who wrote these lyrics?

And the answer is.....!

John Lennon. In 1973. "Intuition", from the album called **Mind Games**, is considered one of the famous composer's more upbeat songs. In two brief verses, Lennon acknowledges some people's superstitious view of what others see as the instinct to survive.

With a nod to this sixth sense, he writes:

*"And when I'm deep down and out  
and lose communication  
With nothing left to say  
It's then I realize it's only a condition  
Of seeing things that way  
Intuition takes me there  
Intuition takes me everywhere."*

Perhaps it was Lennon's experimentation with psychedelic drugs for mind expansion, a commonplace intent and practice on 1960s collegiate campuses in the West, or maybe his six weeks with Mahareshi Yogi in India that encouraged his capacity to reach beyond the external sensory world to inner worlds of existence.

The same year Lennon released his album, a 501c3 educational institute was founded in the heartland of the United States. The ideal of the School of Metaphysics (SOM) is to aid any individual who is willing to put forth the effort, to become a Whole, Functioning Self. Clues, descriptions, and accounts of what the Self is can be found in the ancient Vedic teachings from India as well as across the internet in today's instant information world.

SOM introduces you to information worthy of your time and practices intended to reveal the Self to the practitioner. Study becomes each individual's journey to know the Self. In this way, the purpose of the School of Metaphysics – to usher in Intuitive, Spiritual Man – is realized, one person at a time.

Self realization is a very personal endeavor for it brings new realities rooted in love and compassion, truth and mercy. This is why SOM's teachings and services involve our communities. Every situation affords an opportunity to learn. Every person we meet enables us to more clearly perceive ourselves. This is why our activity is described as teaching teachers.

When one knows the Self, authority arises from within, the Self is whole, ready to respond in worldly matters. Authority is deeper and broader than the instinct to survive. Authority is the reason for us to thrive. Each person authors his or her own life story. Knowing the "moral" of your story is living with purpose. It is a connection to the inner, Subconscious Mind, whose power is intuition.

What is the most direct, intimate, forthright, personal, loving, compassionate, revelatory and truthful access you have to your own intuition?

Your night time dreams. Your inner Self knows you the best because.... well, it is, as the **Gita** says, "your best magnified to infinity." Do your Soul work.

Sleep Well. Dream Wisely. ∞  
Satyaqraha!

## What is Regenerative Grazing?

By Doug Bannister Columbia

It defined as the activities that increases the amount of organic matter in the soil. This is beyond sustainability. Isn't this exactly we want for ourselves in our spiritual practices to develop greater consciousness and soul growth?

So, the managing of the soil with plants and animals is akin to our work in the School of Metaphysics. We commit to enriching ourselves. This commitment is a daily practice of making productive choices, always adding to our soul growth and spiritual development. I have been a student in SOM for 16 years. I have been a student of these physical regenerative practices for nearly two years now. I have experienced the mind expanding, consciousness expanding value of open mindedness embracing the regenerative practices and observing, in me, how I am benefiting. I have come to believe whole heartedly that we as a group as well as individually can and will benefit from bringing these practices to our land.

We already have plans for our fields and cattle to restore the soils. We have sown Daikon Radish seeds. The elderberries and the biochar efforts are under way with wondrous results in our greenhouses. Dr. Daniel, Dr. Tad, Jeremy and I have attended forage conferences, grazing schools, pasture walks, all in adding to our existing knowledge bank. Dr. Daniel's experience with farming dates to his birth as well as his formal university education. Dr. Tad has worked with this land for many years. Both worked with Rudolph Steiner's Biodynamics. We are all committed to moving forward with the regenerative practices.

I will continue to share my vision in future articles and talks. Just briefly here I want to say that these methods of regenerative farming and ranching are profitable, meaning that as a not-for-profit organization we will recycle these monies into our education efforts and our mission. More about how we properly do that in ways that fortify our 501(c)(3) status. Imagine for a moment that we operate a grazing school of our own that combines our spiritually fulfilling values into the naturally occurring abundance of happy soil, plants and animals. Do you get the idea of Heaven on Earth?



More to come...



## Intuitive Reports Transition

As Dr. Pam moves on to new endeavors in her life, I recently have been given the honor of becoming the School of Metaphysics National Intuitive Reports Coordinator. Early in my time at School, when I first heard our Intuitive Reports, I could see their great value. And I loved them so much that I had many kinds of reports and eventually became an Intuitive Reporter with my conductor, Dr. Tad Messenger. Working with Vickie Barbour, newest College student as Transcription Coordinator for reports at Headquarters and Dr. Tad who organizes conductor sheets, makes and sends out CD's and verifies your information, we will be a team building unity between the intuitive reports in our branches and at the College.

The first among the many goals set so far is that I speak with your branch Intuitive Reports Coordinator and Director and have a clear vision of ideals of what each wants to add to themselves and humanity through providing our many reports. Our next important goal is to complete the reports for past years and enter them in to the database.



I also look forward to hearing what has worked for your branch in providing reports.

Feel free to contact me at [marihamersley@gmail.com](mailto:marihamersley@gmail.com) or at 641-275-0478.

Mari

# From the College Kitchen

It is fall here at the College of Metaphysics in Windyville, Mo. I am in love with the flow of energy I feel here, especially watching the leaves fall and the temperatures change. Just this week, we had our first freeze and brought in the tomatoes from our outside plants. This reminds me the Holiday Season will soon be upon us.

Thanksgiving is coming and we will be celebrating at the College on Friday. Everyone is most welcome to come and join us for this wonderful day of gratitude. We ask you let us know in advance that you are coming and how many will be in your party. We ask that you each bring a dish that you can share with everybody.

December means Christmas Bread Making. This will occur on Friday of Third Weekend, which is December 18, 2020. We will begin at 7 A.M. and spend a good part of the day creating wonderful rolls. On Saturday, we will go caroling and give out bread to our friends and neighbors in the community.

Please join us for this wonderful event and help us raise the vibration of the College and the World through our joyous creating. Please RSVP as soon as possible. The cost is 30.00 for Third Weekends.

Vickie Songs Like The Wind Barbour







## Remaining Educational Events Scheduled in 2020

**Nov 20,21,22**  
**3rd Weekend.....**

**Dec 5 Area Teachers Meeting**

**Dec 18,19,20**  
**3rd Weekend / Bread Baking & Caroling**

**Dec 31**  
**Universal Hour of Peace.....**



*Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below Love and Light from your Vibrations Staff.*

**Lynn Boggio: 47 Landing:** Beauty is an expectant arising in the finest substance in mind. Carried along by the will, responding to the inner call. Leadership arises unbidden in one caught up in rapture. Being; is the teacher presence, the lesson.

**Kerry Keller: 16 Duty:** Sorrow and anger no longer veil who you are. Unconsciousness no longer shapes your creating. All hold value in their time and place. Full of wonder, the duty-bound understood.

## School of Metaphysics Branch Locations

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5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

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