

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 50, No.5



Leaders Making Choices Beyond Fear



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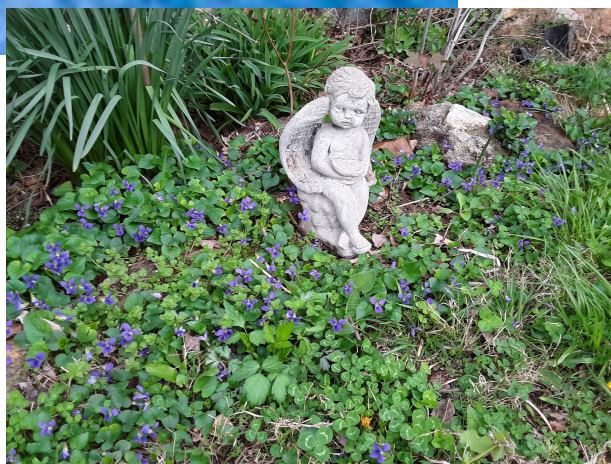
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April's, OnLine Teachers Meeting

Peace
by
Terrance

INDIANAPOLIS

The new normal...by Stella
"Lynn" Boggio

During the last few weeks, several of our governors' have made plans to slowly reopen their states. This is to be done in phases of two week intervals. Here at the Indianapolis branch, we opened our doors, for the first time, since the outbreak, this past Monday. It was a great feeling to return to the branch after a two month absence. Although my time away was spent productively, I missed the in-person interactions with my classmates and teacher.

During the time our branch was closed we transitioned to classes on-line. The decision was made, to continue to welcome new students through short courses. My classmate Bonnie Darby taught a short course in Concentration, which I attended. It was helpful to observe a peer and how she conveyed the information. Bonnie is an accomplished Spiritualist Minister as well as a student and teacher at the School of Metaphysics. She has a lot of experience and wisdom to share. Observing and participating in the short course gave me the confidence I needed to step into teaching my own short course.

My classmate Ken Maxfield also attended the class. He has much to share as a teacher and is looking forward to teaching his own short course starting on June 1st. I have taught my own short course, in Concentration for two weeks now. It was a new experience teaching my first on-line course. I used my Concentration skills to actively engage the students. I had five students start my course. Ken actively participated as my "co-teacher." It has been a successful learning experience for everyone involved.

As I write this, I am anticipating my drive to the College for Third Weekend. The last Third Weekend I attended was in February. I am looking forward to seeing familiar faces and connecting with my spiritual community.

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Our learnings by Wendy Vann

As all the other people on this earth, we are learning through this transition. It seems like such a short time to make so many shifts in mind. I can remember the feeling of securing and locking up the building and such a strange sense of not being in it very much. Changing habits and routines including going in thinking about all the classes while setting out things for the students. I'm noticing such an empty feeling and yet still so much love. The learning curve for moving things online and trying to get all the students ready to use the technology was interesting.

Some didn't even have good access to equipment and/or struggle sometimes with logging on. Through it all what stood out was we work together. We helped each other out. We began our day in new ways such as reading the Universal Peace Covenant. This brought a balance and the wholeness to the beginning of my day. Christyn King was a volunteer reader for the Peace Covenant and he described "wanting to contribute to the universe. To take responsibility for the well-being of our own home, shared, by humans, animals, flowers, bees and trees. With oceans, skies, lands, that which consume space and "space "it's self. Light, a responsibility that provides harmony pervading all of that exists. Through reading to Universal Peace Covenant, I have learned balance. Energy that I now see, hear, think, and speak, created in love brings wholeness on a molecular level.

Every single person that has image the word "peace" from which ever language has contributed to a wholistic concept for its definition. I have learned that "Peace" is a language of its own. Words are not the only form of love, of communication. Animals do not normally talk to us in our own learned tongue. Trees do not have a mouth to speak, water, air, no minds of their own. Peace has told me how light stretches arms to hug all that casts a shadow in the shadows themselves. To feel the sun on my being just as the flower that reaches for it's warm embrace and the leaves of every tree as it's light showers and dances with the wind. Providing air to breathe. For birds that sing, crickets that play. For you. For me. Peace transcends consciousness. As I read the Universal Peace Covenant to you, to life, to universe, to myself, I speak a growing Peace into existence. As a guide I nurture Peace through space and time, as we all have."

by Barbara Condron

change your fate



When the inner levels are known, the people are awakened, breathe!
 Reflect upon the work of your experiences,
 the love and compassion they bear.
 The single eye, the middle path, the golden mean opens the Stargate.
 Standing at the center of the Universe, be in the world and not of it.

Asymmetry 91

When you hear the word balance, what image comes to mind?

A waiterperson holding six plates of food as he is serving guests? The amount of money in your bank account?

An image of riding a bicycle always comes into my mind. I remember learning to ride a bike when I was 10. Unlike most kids in middle America in the 50s and 60s, I never owned a bike, so the only time I could even try was when I visited my grandmother's for a week each summer.

I remember trying - again and again. Falling on the asphalt and getting up - again and again. Scraping my knees and legs - again and again.

Until I learned the secret.

The secret was not to lean too much to one side or the other.

The secret was to keep moving. Balance is motion. Like Albert Einstein noted:

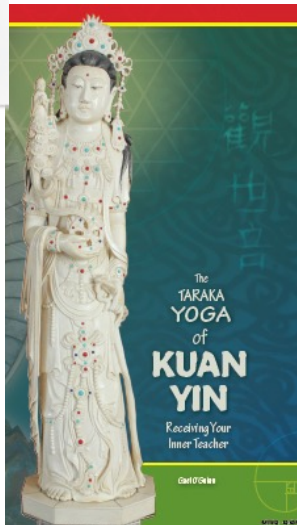
"Life is like riding a bicycle. To keep your balance, you must keep moving."

In Japan, there is a concept called wabi-sabi.

Wabi-sabi is the discovery of beauty in imperfection. When I think of asymmetry I recall a display I saw years ago at a science center. It showed how people would appear if both half of their faces were the same, only flipped. Then, through the use of mirrors, and photos, you got to see your own face with two left sides or two right sides. The duplicate image was flipped horizontally so you could see the new you!

The way people looked surprised everyone because most people look but fail to see.

This experiment changed the way I perceived what is around me. It made me keenly more attentive, and sensitive to differences. Wabi-sabi is all about respecting our individual differences. The yin and the yang in everything. Even the acceptance of the cycle of life and death.



92 Balance

One who incarnates in the service of evolution
 carries a heavy soul yearning for enlightenment.
 Subconscious choice forges the purpose of serving others.
 Conscious choice leads one out, then into the masses to minister.



use your knowledge

APRIL TEACHERS MEETING ONLINE



IDEAL:
Sacred Communication.....

PURPOSE:
Connecting Within To Connect Without

ACTIVITY:
Discussions Starting Online Short Courses

The goal of the teachers meeting was to aid all teachers in completing the day with a greater ability and confidence to manage their personal energy fields. To perceive the states of mind they can best hold and project to others. To establish a greater knowing of their ability to care for students and attract new students to their energy fields.

This was a one day meeting that started with a welcoming orientation by Dr. Diana. Then there was discussions about what is taking place at our branches, classes, donations, and events. Terrance LaMont introduced a daily OnLine Reading of the Universal Peace Covenant.

Then Frannie spoke to all teachers moving to break out rooms to create 1-3 minute talks on video's, introducing themselves as a teacher in the School of Metaphysics. The purpose was to claim or share the benefits people would receive through their efforts as a student and teacher at the SOM. During the rest of the morning we recorded almost 30 videos that were terrific. Watch for these videos to show up on social media and our websites. You will be able to use some of them on emails to send out to potential students and organizations that we desire to connect with.

Dr. Daniel then lead a Still Mind, Present moment, Open Heart Teaching and Practice In the Afternoon.

by Kerry Keller

Zack Bush, Newest College Student

by Lynn Boggio

Zach Bush, former Director of the Palestine Branch, has officially become a College Student.

Zach came to this decision third Weekend in February. He had thought about the decision quite a while before he made the commitment to himself.

Events in Zach's physical world began to fall into place once he make this commitment.

He had been training Gino for a while to step into his role as Director of the Palestine Branch. His current students graduated and went on to other teachers. He was ready to release his current employment, at Whole Foods, and step into a new identity. Zach had lived in Chicago his whole life. He has many friends and family there. His decision was tested when his stepfather had a stroke. He deliberated whether he should stay and take care of his family. His mother and brother assured him he should continue with his plans. A way had been paved for him.

Zach's Ideal for coming to the college is to Receive the Plan held in Superconscious Mind. His purpose is to release himself of attachments. Zach is also aware, from the Holy Scriptures, that a Prophet cannot be a Prophet in his own hometown.

Nature is also God's Consciousness. Zach also endeavors to harmonize with nature. He will also be studying with three Doctors of Metaphysics, who combined, have over one hundred years of Metaphysics Study.

We are all looking forward to Zach's growth and change and sharing what he has learned with us on his journey to becoming a whole functioning Self.



THE NEW MAITREYA

MASTER STUDENTS make
MASTER TEACHERS

Dream Sync

The Future has Arrived by Barbara Condron

I awoke a few days ago in DREAM SYNC with this image in my mind.

You probably are familiar with DREAM SYNC though you may not refer to it as that. DREAM SYNC is the half-asleep, half-awake state that neuroscience is calling 'theta', after the brain waves that are activated during those early minutes in the morning.

Here's the dream that led up to: *I was walking through a nighttime hallway toward daylight. Another light came on, illuminating an inner light in a large picture window to my right. The window showed a male and a female (much like an Alex Grey painting) fully vibrant and alive with electricity flowing through them.*

They were on a sandy beach, playing what reminded me of beach volleyball. Just that there was no net, only a mutually respected space (possibly 6 feet, 😊) and in place of volleyballs were bubbles. [Like the sudsy ones kids blow through a wand, can you see it in your mind's eye?]

Only the woman and man had no wands. They were making and blowing these transparent yet iridescent bubbles. Inside the bubbles were spikey red balls like the ones we see everywhere now intended to illustrate what the corona virus strain looks like.

In the dream, I could see the bubbles forming in the couple's bodies. Once they would exhale them, the sunlight from the outside moved through them creating a green cast. It reminded me of photosynthesis. The balls' spikes wore down to nubs as they jostled about inside the bubbles.



The man and woman were dancing on the sand, blowing the bubbles toward each other trying to cause them to merge into larger spheres. It was like a game and they were having fun.

Next to this image, was a sign, like a plaque in a science center or museum. It said IMMUNITY, all in caps.

And the visual impression created by the coloring of the letters made it easy for me to 'see' what the word conveys:

I'M in UNITY. EOD

This image is an attempt to share what I saw.

I've been concentrating upon this image ever since. And I can feel it changing the vitality in my body, a soothing of my nerves and emotions, and a calm inner focus for my mind that is stable and secure. If it has a similar impact upon others, seems that it might be a health-fortifier, individually then collectively. What do you think?

YEAR 2020

SOM CALENDAR OF NATIONAL EVENTS

Type to enter text

Jun 19,20,21 3rd Weekend All Student Weekend.....

Jul 17,18,19 3rd Weekend.....

Aug 1 Area Teachers Meeting

Aug 14,15,16 3rd Weekend.....

Sep 18,19,20 3rd Weekend / All Student Weekend.....

Oct 2,3,4 National Teachers Meeting

Oct 16,17,18 3rd Weekend

Oct 23,24,25 Still Mind Weekend.....

Nov 20,21,22 3rd Weekend.....

Dec 5 Area Teachers Meeting

Dec 18,19,20 3rd Weekend / Bread Baking & Caroling

Dec 31 Universal Hour of Peace.....

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Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our Collective Vibration is featured Below Love and Light from Your Vibrations

RESURRECTION:

Repeated experiences open the whole mind to the joy of creation with mind's light.

Self=less vices are exposed, Self-full harmony repose. With singular attention Selfhood is reclaimed. The second coming of Christ. The twenty-seventh appearance of Mahavira, The Maitreya Buddha Avatars reclaim.

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