

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 50, No. 2

Insightful Changes Ahead as New Board of Directors

focuses on education, communication, and creating monetary compensation for those who desire to give their full time and attention to the School of Metaphysics



From left to right: New Brian Hoover, Doug Bannister, Amy Campbell, Mavis Curry



Directors, Area Directors, and Doctors at 2020 General Assembly



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Bringing in the New Year

by Lynn Boggio

At the Indy Branch, we are looking forward to welcoming new students. We anticipate many of these new students coming from our Ten Essential Life Skills Course. This course will be happening on five consecutive Thursday evenings starting in February.

Starting with the first Thursday evening in February, Kerry Keller, our area director will be presented the Ten Essential Life Skills Course as originally created by Dr. Barbara O'Guinn. The cost of this course will be \$69.00, which includes the book and course material.

All of the students, in the school will be participating in this course. Stories are powerful. We have all been touched by the Life Skills and have had major transformation in our lives from learning and applying the Life Skills.

For example, The First of the Ten Essential Life Skills is Self-Respect. As Dr. Barbara O'Guinn Condron states in the book, "Realizing the people, in your world, whether you accept them or reject them, are reflections of you."

I had been in a long-term relationship for about fifteen years. Although there were positive things about this relationship, there were plenty of negative experiences. There was a lack of trust, because of addiction issues. In addition, I accepted a lot of unacceptable behavior in the form of negative criticism as well as derogatory comments. When I became a student at School of Metaphysics. I started to perceive myself from a different perspective. I realized I was a lovable person who had value. When I began to recognize my value more consistently, I started to have less in "common" with my boyfriend. I had realized the truth, Dr. Barbara so eloquently expressed about others in our lives being reflections of ourselves. As I continued in my studies, I started to spend less and less time with my boyfriend until we parted peacefully. Now I practice Self-Respect in all my affairs, especially my dating relationships.



Our Branch also has ambitious goals for 2020. We are planning four Intuitive Report Sessions spanning two days. Our goal is to give fifty reports in two days. Our director Mickey Hughes was instrumental in implementing this Divinely Inspired Idea. We will all support each other in making this happen. This will help to create a healthy school with a healthy learning community.

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Universal Hour of Peace

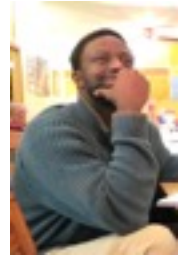
by Kerry Keller

In Maplewood, Peace is an idea whose time has come... Really!

Terrance and Maplewood received a Universal Hour of Peace plaque from the City of Maplewood in December, 2019.

He brought it with him to the General Assembly meeting in January to deliver it to the college.

Terrance has also taken the National Position of National Peace Ambassador and will lead our branches and students this year to create Peace en-roads in all our communities.



After Ten Years- it's still only just begun!

By Mavis Curry

I never imagined I would be at the School of Metaphysics for ten years. I can say that these ten years have been the most peaceful and most fulfilling of my entire life. I have had the very prosperous life in many ways. When I found the School of Metaphysics, physical prosperity was taxing me mentally, emotionally, and physically. Beyond physical possessions, I was attached to recognition and many other forms of validation. Inside I was empty. I knew there had to be more to living. There had to be more joy and fulfillment that was more permanent and lasting. I was raised in a non-denominational christian church. My oldest siblings ensured that the "litter of 5" got a dose of spirit every Sunday. They gave me a spiritual foundation to build upon that had gone silent in my college and child rearing years. In 2005 those years were drawing to a close and what I had facing me was a job I didn't enjoy and a husband with whom I had little to share with beyond the children we had nurtured into adulthood.

I learned of the School of Metaphysics in 2007. I had to get encouragement from a near fatal accident to decide there was a path I had not found yet and decided to join a class Christopher Storher was forming. This was the beginning of what is called in the school, accelerated evolution. Friends changed, I retired, I moved, three times. I went to the college for 16 months and even learned to milk a cow. The undercurrent of the physical change was an almost unnoticeable change in my consciousness. I got healthier mentally, emotionally, and physically. I felt more alive and productive, and, a lot more receptive. I was learning to learn, to make better more productive choices that served a more expansive and greater good. I was learning to be more authentic, more intuitive, more whole and complete mentally, emotionally, and physically.

My children were the first to see the change. "Don't know what you're doin' at woo woo place, but we like the change" was their response. I do too. I live a very blessed life. It is not completely without self inflicted stress. When I get uncomfortable enough to remind myself that I have a choice. A choice to be happy. A choice to be real. A choice to be me. I am grateful for the challenges. I am grateful for the pain, I am grateful for those who have gone before me. I am grateful for the five years I have spent in Des Moines sharing a school, a classroom and many trips to the college to server and learn with Mari (Hamersley). I am most grateful for what Mari has modeled for me all these years. She has taught me what it truly means to be grateful and humble.

I am grateful that each day is a new beginning. That eternity lies before me and divine friends surround me. I am grateful for the opportunity to live this life, in this dimension, in this time in history.

My Story for Celebration of Spirit

By Mari Hamersley

One of the biggest changes in my life occurred when I received my first Past Life Profile at the Des Moines School of Metaphysics. Throughout my present lifetime, I had always been interested in history and in knowing where we all came from, and I had thought about the possibilities of reincarnation. So when I heard that we were going to have a past life profile as a class assignment, I was very open to hearing what it was all about.



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MONIES

Mine was done at the College of Metaphysics so I didn't get to be present at the time, however, when it came back to our branch and I listened to it on the cassette tape, I was blown away! The teacher there asked if I had any questions about it, and it was as if I were in shock. I couldn't think of a single question and didn't even have words to say to respond to her. It hit me so strongly. That man they talked about was me. There was no doubt in my mind. The truth of it hit me hard.

Although I am a woman now and was a man in that lifetime, a farmer who worked with training animals in the 1700's, it was me. I knew it and it resonated throughout me. There were so many similarities I almost couldn't believe it, yet I did believe it. It related things that were more than coincidence. I was Thomas Lockman, and the name Thomas was one of my favorites; it ran through my mind many times over the years. That lifetime i was in Iowa, and I now loved the state of Iowa, having a real affinity for the land here. I worked with horses in that lifetime, and in this one I had always had a keen attentiveness, connection with, and care for animals. I have been able to understand their need and desires when others in my family didn't recognize those. And I had always wanted to ride horses, jumping them, going fast, and so much more.

However, what rang true the most was the significance. In that lifetime, I was hesitant to speak to others except about my career, and mostly with men. I didn't feel at all confident speaking with women. And because I didn't make efforts to change, I died by being trampled by some animals I trained. My karmic learning was identified as having to do with communication. In this lifetime, I had been very shy and communication with others had been so difficult for me. The truth of it was clinched right then and there for me. I accepted fully with that report that I was soul and spirit and had incarnated to add to myself, to fulfill this much needed learning. So I set about to take steps to understand that openly and honestly with people of all kinds.

I recognized the benefit of that profile so strongly in my life that I decided I wanted to help others know with certainty that they are soul and spirit on a path to enlightenment. As a result, I chose to become a teacher in the School, I became and Intuitive Reporter, and now I am working to be a Minister and Psi-Counselor. These are ways I can aid humanity to understand their eternal nature, to learn, and to move forward on their own path to enlightenment.

Reminder Quote from Dr. Daniel Condrón

The Lessons are Information,
The Exercises Cause Transformation

The Aggressive & Receptive Principles

by Jeremy Ragan

As a college student I have come to more fully understand the receptive and aggressive principles of creation. These two principles are interwoven through all of creation whether building something physical like concrete walls for a drainage system or building any quality within myself such as discernment and cooperation. I hope one day you might join us so, you too can come to know your inner authority in new ways.

This culvert is being constructed and will prevent flooding in the Dream Valley Area where heavy spring weather often washes out the road to the lower pasture.

The weather symbolizes out of control conscious experiences that erode the ability to direct the mind through subconscious processes.

The metal water tunnel will give the structure needed to contain spring rains. What conscious structure are you building to navigate your subconscious successfully?



Our New President of the School of Metaphysics

Dr. Diana Kenney



In case you have not noticed, the next four years should bring a lot of harmony to the School of Metaphysics.

Our new singing President has promised great emphasis on '*sacred communication*' and already we see her influence as she practices harmony with everyone by singing her heart out to share her vision!

Actually she has a very good voice, and she will ask you to sing along to be playful and initiate unity!



Dr. Diana's Desire to Lead the School of Metaphysics

Dear Board of Directors and Advisory Committee,

I am writing to apply to serve on the Board of Directors of the School of Metaphysics as President. I am asking to serve as President of SOM for two main reasons:

1) The world needs what SOM offers. Every day we help people connect with the Real Eternal Self, and express that Sacred Self out into this physical world as we go about our daily activities. We teach people to experience themselves multi-dimensionally, feeding the Real Self through focus on what is permanent and lasting; and

2) Through my study and service at SOM, I continue to rapidly evolve along with the others who share this path. Accelerated soul growth and development is not an easy path. It is not a comfortable path. At times it provides challenges that take every bit of our courage and resolve to meet. It is the most rewarding path I can imagine.

My Ideal for serving as President of the School of Metaphysics is sacred communication, and, understanding the Complete Law. Every communication and interaction with others provides the opportunity for integration and alignment of the temporary with the Real Self.



The purpose is to continue to elevate consciousness so that I know God always and in all ways, finding God within myself, and seeing God in the eyes of others, living in a co-created Sacred Space of Divine Love and Knowingness. SOM is the place where this work is being done, providing a vehicle for all those who participate in the study, to change and grow in the ways desired by the soul. We are conscious of the fact that everyone is here to evolve. We stay here to accelerate this evolution.

Specific goals include continuing the work we have begun under our previous President, Christine Spretnjak, to structure our organization so that people who dedicate much of their time to accelerated soul growth and learning by serving through the vehicle of SOM, can have their needs met, spiritually, mentally, emotionally and physically. I also continue to support the growth of ICOM, developing a relationship between the school and the church that is mutually beneficial and of service for the greater good. I intend to initiate an evolution of our education. This would begin with simply establishing a process where we evaluate the needs of the people in today's world, look at the lessons we offer, evaluate what is produced and determine what to preserve and what to modify so that the ideal and purpose of the school is met. The fourth area of concentration is supporting consistent outreach through lectures, articles and media.

To accomplish these goals, while harmonizing with Universal Laws and Truths, requires the presence and contribution of all of us.

Thank you for the opportunity to be of service.



Your New Treasurer of
the Board of Directors
is

Amy Campbell

Amy is the Director of the OKC Branch, she is an accountant by profession, and really enjoys connecting with people.



A New Member of the
Board of Directors
is

Dr. Tad Messenger

Tad is a man of all seasons. He oversees the college campus, he understands geology like no other, he is a master at bible interpretation in the Universal Language of Mind, he is a conductor of Intuitive Reports with Dr. Pam, he is great cook, and has presented before the Parliament of World Religions.



A New Member of the
Board of Directors
is

Brian Hoover

Brian is the Director of the Springfield branch, he is also the Area Director for the Tulsa and Springfield branches, he is in the 3rd cycle of lessons and has a serious passion for people to come to know who they are.



Secretary of the
Board of Directors
is

Mavis R. Curry

Mavis is the Area Director of the West Division of Kansas City and Des Moines branches and is very passionate about the continued growth of ICOM. Mavis retired from a long professional career with IBM, and currently is dabbling in her own new business.



Member of the
Board of Directors
is

Kerry Keller

Kerry is the Area Director for the North which caters to the three Chicago Branches and the Indy Branch. He is in the 4th cycle of lessons, seeking to graduate with his Doctorate of Metaphysics in May. He is the editor of Vibes Newsletter, and the National Dream Awareness Coordinator, which includes the yearly National Dream Hotline®



The Second
Vice President
is

Doug Bannister

Doug is in the 4th cycle of lessons, expecting to graduate with his Doctorate in Metaphysics in May this Year. He has a large interest in the college campus becoming a fertile grounds to harvest elderberries and other profitable plants. He also has a great desire to complete the vision for a healing center here at the College of Metaphysics campus.



20/20

A Decade Begins

How far are you willing to see?

THE NEW MAITREYA

by Barbara O'Guinn Condon

MASTER STUDENTS make
MASTER TEACHERS

Around the Holidays, I was participating in a group of entrepreneurs who were discussing their plans for 2020.

One person remarked, *"I don't do New Years resolutions anymore. Everybody says they'll change a habit, exercise every day, save money, call their mother every week, and then when they forget or lose motivation, they feel guilty."*

As a student, I have been there. As a beginner, I learned the importance of goal setting AND I learned setting goals and working toward them was not enough. I needed motivation. Purpose. I found maturing my purposes took me into summer, but I would fall off in autumn.

As a teacher, I learned to master my hidden self. I found my motivation in wanting to aid others. When doing it for me would fail, doing it for others returned my new years vision. What a great discovery! It has kept me learning and teaching since I was 23. I love it! There is no greater fulfillment than passing on the best you can offer.

As a psi counselor, something totally unexpected occurred within me. A ripening and maturing beyond goal, purpose, and activity came and it happened in 1999. My New Year began not with a resolution, rather it began with a promise. It was a conscious choice at the turn of a new century, a new millennium.

I was teaching Psi Counseling with fourth cycle students and as a practice of SELF Respect I wanted to describe in words what Psi Counseling meant to me. The result was THE BEST THAT I CAN BE. Some would call it a mission statement as a counselor. I saw it as describing my relationship with others.

I now perceive THE BEST THAT I CAN BE as a Zero Point for my work in HEALING PRESENCE. You can read it at www.masterliving.org. Since January 2000, I have read it every Sunday so I might go deeper in Self Realization as a student/teacher in life and Witness of both. Consider writing your own life mission statement.

When 2040 arrives, you'll be very glad you did!•

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The TRUTH Teacher

Do you meet a TRUTH Teacher daily?

It is the mark of a Bodhisattva, one who aids others to cross over, to be such a one.

And Bodhisattva's are every where. We meet them every day. Because they exist in the eye of the beholder.

The Beholder whose Mind is open, is the one whose eyes can see. And when I speak of eyes, I'm talking about the two in the head. To note the Truth Teacher, BOTH eyes must LOOK to SEE. And SEE to LOOK.

What does that mean?

The one who practices Self respect values the eyes that perform the seeing. The one who practices directing the mind's attention through those eyes opens the wisdom eye. The Wisdom Eye is the PERCEIVER of all that is.

The Bodhisattva perceives the wallet that fell from the person's coat pocket and makes the effort to return it to its rightful owner. The Bodhisattva perceives and demonstrates the need for silence in a group of disagreeing people. The Bodhisattva knows when a light healing touch speaks more than a 1000 words can say.

Truth Teachers. Wait. Watch. Be.

Paradise is everywhere. •



Paradise
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Your MORAL COMPASS

What a journey we each are on!

Joseph Campbell, who devoted his life to understanding the myths of the world for their inherent goodness and message to us all, designed a monomyth, you probably know it as "The Hero's Journey".

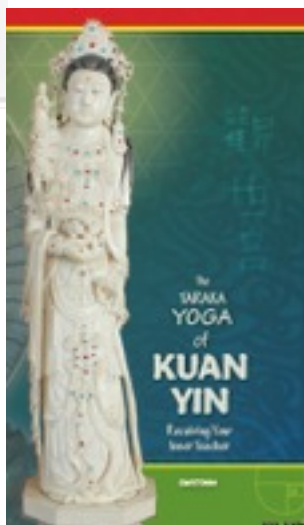
Every human life has the potential for this journey. The beauty is - it must be chosen.

As a Nobel Prize laureate Alva Myrdal, a modern Kuan Yin champion of children said, "It does not just happen!"

Being a hero does not just happen. Saving does not just happen. In fact, each of us must make the choice to turn our everyday common experiences into true golden treasures of understanding.

To aid us in this view of life - for it truly is a perception of the Truth Teacher - we have an inner COMPASS. Since writing The Taraka Yoga of Kuan Yin I have explored deeply the Stargate Field of Consciousness. In thought, in word, in action, and most importantly in The Silence. The effort has transfigured me through ancient wisdom, through keeping company with the greatest minds this world knows.

Today, I rejoice that we have, in cultures around the world, realized the virtue of passing down stories filled with eternal truth-telling! The compass is the inner calling. How each of us responds to that inner calling becomes the moral of your story. •



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Accolade

The School of Metaphysics Logo

is a composite of familiar symbols you may recognize from many schools of thought.

The inner circle signifies the individuality, the spark of life from our Creator. The light and dark areas within the circle, reminiscent of the yin-yang symbol, represents the aggressive and receptive qualities of balance.



The triangle pointing upward illustrates the trinity found in all esoteric and Holy scriptures of the world, the structure of consciousness from its spiritual origin to its physical expression.

The downward triangle indicates Spirit entering matter, the creative manifestation of thought. Together the triangles form the Seal of David, the five physical senses unified by the mental cense of attention.

The three circles outside the six pointed star represent the conscious mind, the subconscious mind, and the super conscious mind, respectively.

The four bars between the first and second circles from a cross marking the directions of the earth, and signifying the challenges and stages of man.

The marks leading to the third circle represent the twelve aspects of man needed for Self mastery.

The outer circles symbolize the relationship between man and the outer universe.

The rays represent the twelve Zodiacal influences which serve as indicators of the soul's assignment for enlightenment in the present lifetime.

The combination of these universal symbols represent the whole and complete individual - a unified image of the Self.

YEAR 2020

SOM CALENDAR OF NATIONAL EVENTS

Feb 1 Area Teachers Meeting

Feb 14,15,16 3rd Weekend.....

Mar 20,21,22 3rd Weekend.....

Apr 3,4,5 National Teacher Meeting

Apr 17,18,19 3rd Weekend

Apr 24,25,26 National Dream Hotline.....

May 15,16,17 3rd Weekend / All Student Weekend.....

Jun 19,20,21 3rd Weekend.....

Jul 17,18,19 3rd Weekend.....

Aug 1 Area Teachers Meeting

Aug 14,15,16 3rd Weekend.....

Sep 18,19,20 3rd Weekend / All Student Weekend.....

Oct 2,3,4 National Teachers Meeting

Oct 16,17,18 3rd Weekend

Oct 23,24,25 Still Mind Weekend.....

Nov 20,21,22 3rd Weekend.....

Dec 5 Area Teachers Meeting

Dec 18,19,20 3rd Weekend / Bread Baking & Caroling

Dec 31 Universal Hour of Peace.....

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Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your Vibrations Staff.

Kerry Keller 76 Passion.

Spiritual knowledge arises when cooperation is present.
Harmony arises in consciousness ruled by ideals that descend in thanksgiving to the light of a new day.
Where all appreciates, the question of worthiness is answered.

School of Metaphysics Branch Locations

email to (cityname)@som.org

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5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

IOWA

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