The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

Vibrations **A Monthly Newsletter** 



Vol. 49, No. 12

# REFURBISHING SIDES OF **GATEHOUSE**



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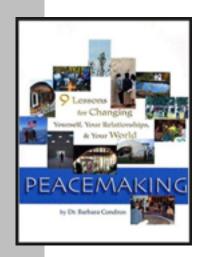
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INDIANAPOLIS Intuitive Reports Day By Stella "Lynn" Boggio

On this last November 2, The Indianapolis Branch hosted Dr. Pam Blosser and Dr. Tad Messenger to perform intuitive reports. This session was available for current students and the public.

There was some trepidation leading up to the session. Two days prior to these reports, we only had received 5 paid requests and our goal was to fill three sessions for a total of 21reports. Kerry Keller, our area director, considered rescheduling the session and calling Dr. Tad and Dr. Pam to postpone their trip. The considerations for Kerry was what choice to make to cause the most learning for the school teachers and students and how to handle the public we had been inviting to come observe the sessions at 10am, 12:30pm and 3:00pm

Upon discussions with Mickey Hughes the Director, Kerry decided to use all the creation skills he had learned to create a good result for everyone. Everyone would be arriving on Saturday morning expecting everything to be ready. Bonnie was in Florida, Lynn was in Cincinnati working Friday night, Mickey was in Kentucky working Friday night and Ken was out of town.



Kerry was aware the event processes would be sloppy, awkward and unprepared... which he decided was a way for everyone to learn what could and should have been created before we found ourselves in this last minute challenge. It was not the best way to learn, but a real way! He decided we would review, after the sessions, with everyone the creative intelligence, the success quotient, (g+p+a=s), and unity among teachers required to make this a success.

As everything unfolded late Friday at 6pm 24 people requested and paid for reports. We had three sessions of 6, 7, and 5 reports and then an after dinner session for some business people from Chicago Kerry invited to experience 3 Past Life Profiles and 3 Past Life Crossings...

Then the awkwardness began on Friday as Kerry tried to greet and host Dr. Pam and Dr. Tad as he prepared the conductor sheets by himself for the next day. The parodical is to have the conductor sheets completed the day before the event for the conductor to review and ready himself. Kerry struggled to have them complete before each session. Randy and one of his students from Chicago arrived to learn how to hold a day of reports like this. Soon they were preparing snack food with a little instruction from Kerry. Remember none of this was

thought through or planned.

Mickey arrived just before the reports began and started to burn the CD's for those receiving reports as soon as the first session was complete. We discovered we needed more CD's and jackets to hold them. Bonnie came in time to run to the store to purchase them. Between the first and second session, I arrived and all of us spent time with those who viewed and received reports. It takes a lot of pre-focus and visualization to host an event like this... we quickly and all day discovered how we were not prepared. Yet, those in the first three sessions were happy with they're learning from their reports.

However, there was also an extended session for three of the participants. These participants consisted of a former student of Kerry Keller's as well as two business contacts from the Chicago community. They were unable to get to the sessions until later in the day. Dr Pam and Dr. Tad graciously agreed to do an additional session.

It was interesting how Universal Law reveled itself in the last session. All three participants had a lack of purpose in their reports. One gentleman, had invented a toy, (a squirrel bank), to teach children about good practices of money and finance. He was looking at ways to market his invention to the public. What he needed was a strong purpose as to what he would be learning in determining his target audience and the benefits the buyers would receive. Kerry recommended Dr. Daniel 's book, "The Purpose of Life." Reading this book would help these individuals get more clarity and direction from the advice given in their reports. His former student of 9 years ago, from Bolingbrook, learned in her report that she holds back from communicating her brilliant ideas and wisdom when she is networking in the corporate world. She is a brilliant maven, but always places her own need last, to help others. When she and the two others understood the energetic benefits of purpose instead of the corporate interpretation, then their eyes lit up with new understandings.

I also learned something very valuable about requesting a report. My classmate Mickey Hughes learned this lesson as well. In February, I had received my Dharma Report. I had a past life that was related to this one. I am still working with the suggestions. I "forgot" when I requested this report. When Dr. Pam was asked the question to relate the most significant lifetime to this current one the answer that was related back was, "This information has already been given!" At, first my ego reacted. I paid good money for this report! How dare the reporter!

However, when I reflected on what was suggested in my Dharma, I realize I was still learning. My primary suggestion, in my Dharma Report, is to engage in deeper states of mediation. My report said I tend to look outside myself for validation of my path and truth. It also said this has served me to some extent until now. In my present state I have become stagnate with this mindset. Going deeper with this information will bring me to greater levels of freedom.

My classmate Mickey Hughes had another Past Life Crossing with her husband and former student Dave Hughes. They had their crossing the previous May. She received the same answer about the most relevant past life. She is still learning with her previous information and needed to make changes for growth. I did receive some valuable suggestions in the questions I asked. I was grateful for the lesson. It was a big reminder how important and powerful the Intuitive Reports can be as they call us for change.

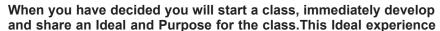


# Maplewood What I Have Learned in Classes Building By Terrence LaMont Bellows

Over my time of being a student and a teacher since 2008, I have started over 60 classes. I have had lots of ups and downs and I always learned something. Recently I had the largest number of students in a new class that I have experienced (16). I have been pondering and reflecting on this and answering the question of what went into this and this article is about what I discovered.

Identify where you are as a student prior to starting the class.

I would suggest re-reading or listening to all of your intuitive reports for focus points in addition to your current lesson and exercises. See these focus points as presentations to the Self by the Self. Be one with "WE". Make sure to be a follower of the suggestions. If you are teaching now, love the students that you have now with all your heart. Give them all the true attention you can. Pray for them, actively holding them in mind and Light of mind. If you don't have a class you are teaching now consider giving a lecture or go out and give in a way that offers you an opportunity to teach and love people at the same time. You can spend a lot or a little time doing something everyday. The goal here is to experience fulfillment within the actions. Leading events at the school on a regular basis is a great way to have the energy field of invitation.



you are crafting should include you and those you plan to serve as well as current students and teachers. A good idea that we follow, in Maplewood is to post it somewhere around the school. Truth is, this is a school project. You don't have to do it alone. You never will. You are standing on the works of people you have never met before and some who you know who have helped establish a legacy and a history of powerful giving and receiving and enriching of the culture of humanity through these same lessons and experiences. You are a guide. Just as your teachers have been guides for you. Be prepared to get to know these new students on a deep level. Challenge yourself to be great. Choose a number as a goal, not a driving force, it will be a mark by which you can examine your success. My goal, in which I identified the students as souls, was 15. 15 souls attending. Put time and attention on this process and make it your own. Shape it as a sculpter does his clay. Have fun with it!

Reaching out for help is a must.

This is a group experience and you are the directing intelligence. All the students and teachers should be willing and able to help with the process. You are the teacher of a new class in School of Metaphysics.

The School itself is a cooperative entity. Ask your director or area director about the Superconscious Oracles for more on this. There are other teachers starting classes in other schools as well. Do you see them as competition or assistants? We are all working on the same goal. You can connect with them, even if they are in another school. You can call them, share their Facebook event on your wall, even visualize as an aid to their creation. Every little bit of giving will be returned to you. Feel the reality that your students and their students are going to meet, perhaps fall in love, become best friends, become an intuitive reports partnership. Allow the love and energy to move through you to them and through you to one another.

In your own community always create a flyer, send emails and call and utilize Facebook messenger and Meetup private messages to reach out to people. A good way to use Meetup is to send messages to the individual Meetup group leaders, asking if they will share the class with their group or give you a forum to reach out to them yourself. Use the awareness of love and respect and clearing out of your own personal self doubt or any worries you might have about being a teacher, each time before you reach out. Become attractive by being empty of fear. Replace it with purpose, belief, understanding, wisdom. Then reach out to the potential student. Listen to them. You have access to what they need. All the effort and experience that has moved through you to bring you to this point is near magical and perfect. There is nothing wrong. You are where you need to be. Trust and believe in yourself.

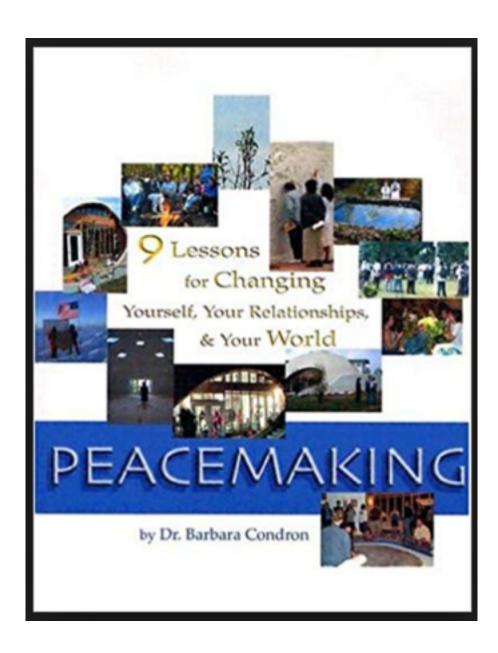


When creating the event on Facebook, ask for help. If you have Meetup use it as well. Again, ask for help. In Maplewood we found that it is best to have a culture created, which may already be established in your school. What I noticed is it is mind-expanding when the teachers have a set plan that we believe in and want to pass on to new teachers, when starting classes.

Write out and describe fully, to your sense of fulfillment, what people are going to be walking into as a result of your Ideal and Purpose and in combination with what the School of Metaphysics is in your heart. Use this on Facebook and Meetup. You can make this an experience of love. People will feel it and they will respond. I have learned that leading with the thought of my own wealth and abundance, results in its manifestation and I am really excited to see where else this can take me.

To conclude, I will say, think fondly of your time as a child, before the age of 7 and on when you first became a student. Feel the energy of infancy know it and be a parent. Be an adult of this education. Use what you are presently learning. Visualize. Physically sit in the room on the teacher's stool and in the students seats. Receive the experience of being in a class and its longevity. Feel what it will take for you to stay with the students, expecting what you will gain by teaching them through to graduation and beyond! Teaching this course of study is such a wonderful experience!

Believe in yourself and your ability to manifest through harmonizing with the energy that creates worlds.





# The UNIVERSAL PEACE COVENANT

# Peace is the breath of our spirit.

It wells up from within the depths of our being to refresh, to heal,to inspire.

# Peace is our birthright.

Its eternal presence exists within us as a memory of where we have come from and as a vision of where we yearn to go.

# Our world is in the midst of change.

For millennia, we have contemplated, reasoned, and

practiced the idea of peace. Yet the capacity to sustain peace eludes us. To transcend the limits of our own thinking we must acknowledge that peace is more than the cessation of conflict. For peace to move across the face of the earth we must realize, as the great philosophers and leaders

before us, that all people desire peace. We hereby acknowledge this truth that is universal. Now humanity must desire those things that make for peace.

## We affirm that peace is an idea whose time has come.

We call upon humanity to stand united, responding to the need for peace. We call upon each individual to create and foster a personal vision for peace. We call upon each family to generate and nurture peace within the home. We call upon each nation to encourage and support peace among its citizens. We call upon each leader, be they in the private home, house of worship or place of labor, to be a living example of peace for only in this way can we expect peace to move across the face of the earth.

#### World Peace begins within ourselves.

Arising from the spirit peace seeks expression through the mind, heart, and body of each individual. Government and laws cannot heal the heart. We must transcend whatever separates us. Through giving love and respect, dignity and comfort, we come to know peace. We learn to love our neighbors as we love ourselves bringing peace into the world. We hereby commit ourselves to this noble endeavor.

### Peace is first a state of mind.

Peace affords the greatest opportunity for growth and learning which leads to personal happiness. Self-direction promotes inner peace and therefore leads to outer peace. We vow to heal ourselves through forgiveness, gratitude, and prayer. We commit to causing each and every day to be a fulfillment of our potential, both human and divine.

#### Peace is active, the motion of silence, of faith, of accord, of service.

It is not made in documents but in the minds and hearts of men and women. Peace is built through communication. The open exchange of ideas is necessary for discovery, for well-being, for growth, for progress whether within one person or among many. We vow to speak with sagacity, listen with equanimity, both free of prejudice, thus we will come to know that peace is liberty in tranquility.

# Peace is achieved by those who fulfill their part of a greater plan.

Peace and security are attained by those societies where the individuals work closely to serve the common good of the whole. Peaceful coexistence between nations is the reflection of man's inner tranquility magnified. Enlightened service to our fellowman brings peace to the one serving, and to the one receiving. We vow to live in peace by embracing truths that apply to us all.

## Living peaceably begins by thinking peacefully.

We stand on the threshold of peace-filled understanding. We come together, all of humanity, young and old of all cultures from all nations. We vow to stand together as citizens of the Earth knowing that every question has an answer, every issue a resolution. As we stand, united in common purpose, we hereby commit ourselves in thought and action so we might know the power of peace in our lifetimes.

# Peace be with us all ways. May Peace Prevail On Earth.

SHARE IT on social media NEW YEARS

# A Deep Dive into Peace

# THE NEW MAITREYA

by Barbara O'Guinn Condron

The INDIVIDUAL in a Group

According to Dr. David Hawkins groundbreaking research, PEACE is a pivotal point in the Human Energy Field. It is the gateway between and the fields of enlightenment of

consciousness. As we close and open a new year, the question arises

# Is it possible to SET INTO MOTION A NEW YEAR from a point of PEACE of MIND? ...

"In the morning, PeaceMakers filled my mind. The gathering we call a Circle of Love begins with a Prayer for Enlightenment around the world, affirming the prevailing of peace on earth, and ends with the sharing of love among all in attendance and with the world and beyond which School of Metaphysics people have, for the past three decades, called a Circle of Love. The inner content of the gathering is variable.

I knew I wanted to include the Universal Peace Covenant. We had all made a commitment to read the Covenant once a day, and many

of us wanted to commit it to memory, so we might know it by heart. I knew reading it this morning could be helpful especially if we took time to talk about what the words mean to us.

My conscious mind would have let it go at that. My inner, subconscious mind tugged at me. I had a strong sense that something was incomplete, unfinished.

Since the School of Metaphysics was founded in 1973, thousands have learned the principles and practices that produce peace of mind. We have learned that to directly grasp the truth of peace means holding it in your mind and heart, expressing its beauty, its form, its spirit, and to be capable of teaching others to do the same. We want to embody the thoughts expressed so eloquently in the Universal Peace Covenant thus bringing it to life for ourselves and for others. The Covenant was created through the combined efforts of two dozen students/ teachers/leaders - just like you! over nine months in 1996-7. Six years later the Peace Dome was dedicated as 'universal site for

To invite people for a deep dive into peace, visit & share www.peacedome.org

Scanning my bookshelves in the hope that this sense would take on a physically recognizable presence, my eyes rested on a tiny book half an inch thick and about three inches by five inches. I reached for The Words of Peace. Its diminutive size belies its expansive contents. Here are wisdom words from many of the Nobel Peace Prize laureates, some of the greatest people who ever breathed on this planet.

Opening the pages near the middle I found the words of a woman I had grown to admire – Mother Teresa, a Catholic nun who served in the streets of Calcutta and through her dedication to God and humanity founded over 100 missions around the world. Reading her thoughts, my conscious mind knew why I was experiencing the inner unrest. Here was the lesson for today's PeaceMakers.



# The mythical Phoenix

has been incorporated into many religions, signifying eternal life, destruction, creation and fresh beginnings.

Due to the themes of death and resurrection, it was adopted as a symbol in early Christianity for Jesus' death and three days later the resurrection. It is also symbolic of a cosmic fire some believe created the world and which will consume it.

In Asia, the phoenix reigns over all the birds, and is the symbol of the Chinese Empress and feminine grace, as well as the sun and the south. It is representative of Chinese virtues: goodness, duty, propriety, kindness and reliability. Palaces and temples are guarded by ceramic protective beasts, all lead by the phoenix.

The Phoenix is also an alchemical symbol. It represents the changes during chemical reactions and progression through colors, properties of matter, and has to do with the steps of alchemy in the making of the Great Work, or the Philosopher's Stone.

In more modern telling, the tears of the phoenix have great healing powers, and if the phoenix is near one cannot tell a lie.

Continually morphing and remorphing, the phoenix represents the idea that the end is only the beginning.

Much like this powerful myth, the symbol of the phoenix will be reborn over and over again in human legend and imagination.

**Alchemy** covers several philosophical traditions spanning some four millennia and three continents. The cryptic and symbolic language makes it hard to trace their mutual influences and "genetic" relationships until one is fluet in the Universal Language of Mind. Three major strands, which appear to be largely independent, arose from this common language.

First, centered in China, Chinese alchemy is closely connected to Taoism. For the Chinese, alchemy is medicine. Taoism views human beings as microcosms of the cosmos; to understand humans is to understand the cosmos.

Alchemy is part of the mystical and mystery traditions of both East and West. In the history of science, alchemy refers to both an early form of the investigation of nature and an early philosophical and spiritual discipline. Both combine elements of chemistry, metallurgy, physics, medicine, astrology, mysticism, spiritualism, and art all as expressions of one greater force.

Alchemy is an ancient path of spiritual purification and transformation. It brings the expansion of consciousness and the development of insight and intuition through images.

Alchemy is steeped in mysticism and mystery. It presents to the initiate a system of eternal, dreamlike, esoteric symbols that have the power to alter consciousness and connect the human soul to the Divine.

In current times, the neurosciences are exploring these dimensional realities that support mind and body. And the energetic conversions that unite the two.

to-soul, from the inside out rather than just face-to-face.
That's how I want my smiles to always be — very genuine, whole mind smiles reflecting love all the way through. From now on I will give more attention to my smiles and the person I'm smiling with.

-Mari Hamersley

I've heard that the
eyes are the windows to
the soul. Now I know
that a smile is like
opening the curtains to
let the light shine
out. - Terry Martin

Friendship is

The connection experienced
as two (or more) beings, knowing
who and what they really are desire to
find common union on as many levels as
they desire. Friendship brings joy
that inspires motion, expansion. It's a
self perpetuating circle, much
like the law of prosperity and
abundance.

-N Zajac

 $\Box$ 

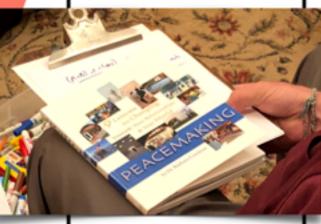
Seeking a way to mindfully welcome this New Year of 'PERFECT VISION'?



consider a

# Friendship Circle

at your branch.
You'll find the pattern for
that and 9 FUN (and
ENLIGHTENING!) GROUP
activities -originating from
the School of Metaphysics in this book



# PEACEMAKING

by Dr. Barbara Condron

# A PRAYER for ENLIGHTENMENT



# May Peace Prevail on Earth!

We pray for light in the people of North America

May enlightenment be in North America

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of South America
May enlightenment be in South America
May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of Europe

May enlightenment be in Europe

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of Africa

May enlightenment be in Africa

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of Asia

May enlightenment be in Asia

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of Australia

May enlightenment be in Australia

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of Antarctica

May enlightenment be in Antarctica

May light be with us all ways.

May peace prevail on Earth.

We pray for light in the people of the Earth

May enlightenment be in Earth

May light be with us all ways

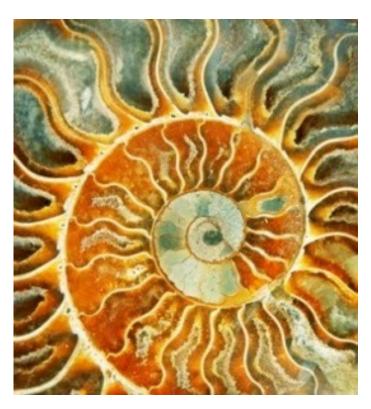
so that peace may prevail on

Earth.



# Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics from the Superconscious Oracle given on December 21, 2012



The refined recognition that the vibratory pattern of the individual is such that it can be moldable, it is impressionable and in that it can be altered to determine the altercations of the vibration, to be such that it does align with the core of the Being, that it does reflect the light of creation, that it does allow for the essence of synchronization, brings the equilibrium that is necessary to

navigate the time to come. For it is those who have the sense of equilibrium within the core who experience it, who express it, who display it without premeditated thought whereby it arises through intuition and wisdom, these are the ones that will sustain the Being. These are the ones that will move it forward, these are the ones capable of inviting those who do not see yet desire to do so. Those who do not hear yet desire to do so. Those who cannot feel yet desire to do so.

# YEAR 2020 SOM CALENDAR OF NATIONAL EVENTS

Jan 3,4,5 General Assembly
Jan 17,18,19 3rd Weekend
Feb 1 Area Teachers Meeting
Feb 14,15,16 3rd Weekend
Mar 20,21,22 3rd Weekend
Apr 3,4,5 National Teacher Meeting
Apr 17,18,19 3rd Weekend
Apr 24,25,26 National Dream Hotline
May 15,16,17 3rd Weekend / All Student Weekend
Jun 19,20,21 3rd Weekend
Jul 17,18,19 3rd Weekend
Aug 1 Area Teachers Meeting
Aug 14,15,16 3rd Weekend
Sep 18,19,20 3rd Weekend / All Student Weekend
Oct 2,3,4 National Teachers Meeting
Oct 16,17,18 3rd Weekend
Oct 23,24,25 Still Mind
Nov 20,21,22 3rd Weekend
Dec 5 Area Teachers Meeting
Dec 18,19,20 3rd Weekend / Bread Backing & Caroling
Dec 31 Universal Hour of Peace



Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your Vibrations Staff.

Kerry Keller #32. Intend.

There will always be paths untravelled. The Universe itself is expanding, evolving. Be on earth, carving your destiny of light. Centered in your own apprehension that it has been there all along, calm in your knowing. It is the source, a beginning!

# **School of Metaphysics Branch Locations**

email to (cityname)@som.org

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5021 W. Irving Park Road • Chicago, Illinois 60641 • (773) 427-0155

222 West Wilson • Palatine, Illinois 60067 • (847) 991-0140

#### **INDIANA**

6138 North Hillside • Indianapolis, Indiana 46220 • (317) 251-5285

#### IUMV

3715 University • Des Moines, Iowa 50311 • (515) 255-5570

#### KANSAS

4323 Rainbow Blvd • Kansas City, Kansas 66103 • (913) 236-9292





103 West Broadway • Columbia, Missouri 65203 • (573) 449-8312

1033 E. Sunshine Street, Springfield, Missouri 65807 • (417) 831-0955

2606 Oakview Terrace • Maplewood, Missouri 63143 • (314) 645-0036

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5832 Live Oak Street • Dallas, Texas 75214 • (214) 821-5406

