

School of Metaphysics Correspondence Study



The ideal of the School of Metaphysics is to aid any individual, willing to put forth the effort, to become a whole functioning self not dependent on any person, place or thing for peace, contentment or security.

The purpose is to accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The School of Metaphysics is a 501(c)(3) not-for-profit educational organization serving humanity since 1973.



***The only prerequisite for this course is a
desire and willingness to change.***

This study is about the most fascinating person in the universe....YOU!
It is a progressive, thought-provoking, challenging, and exciting odyssey that
respects you as the driving force of your progress.

In a quantum universe,
everything begins and ends with you.

The First Cycle of SOM Lessons is available through correspondence as a Self-guided study. This cycle introduces you to the 10 Essential Life Skills and Universal Laws that govern creation and teaches ways to live in harmony with these Laws. This ancient wisdom, openly available to anyone, enables you to apply metaphysics in your daily life for Self-awareness and Enlightenment.

Currently this cycle is being offered in two phases through correspondence. The first phase will consist of Lessons 1-12 over a span of 4-6 months. The second phase will consist of Lessons 13-24A also over a span of 4-6 months.

In the first phase you will be introduced to practices that hone your undivided attention and concentration, preparing you for the first stage of meditation, expectant listening. You receive visualization tools for manifestation and keys to success. You learn the principles of permanent healing and what ensures divine friendship.

The second phase focuses more deeply on the mind-body relationship. One of these ways is through the exploration and understanding of the emotions for health and wholeness. You are introduced to a series of yoga movements for re-energizing mind and body and a way to understand life force energies and chakras. You receive the second phase of meditation, expectant observation.

(Please see p. 6-7 for a detailed outline of the syllabus.)

In our lessons, a distinction is made between concentration and meditation. Concentration consists of trained attention freed from distractions and focused on your chosen interests. Meditation is a special form of concentration in which the attention has been liberated from restlessness and focused on listening to your Higher Self or the Creator. Meditation is concentration used to expand Self awareness of your relationship with your inner Self and all of creation. Ultimately, meditation is a going within to the inner levels of consciousness, an attunement and alignment of the entire being to the Creator within Self.

Understanding and interpreting dreams is a major area of concentration. In addition to your class, weekly webinars in our on-line Virtual Classroom are available as an open real-time forum to interact with Dream Interpretation Coaches and our most seasoned Psi Counselors and teachers. Also, correspondence students are granted full membership to www.dreamschool.org and are enrolled in the Dreamschool Scholar Program concurrently with the applied metaphysics lessons. This program deepens your understanding of dreams beyond what you receive in your weekly class.

In Phase One you have access to:

Level I: Course 140: Dream Theory and Experience begins your practice in remembering and logging dreams. The theory we teach is Mind Linguistics, how and why Mind communicates. This is a practical study you will use every day the rest of your life.

Level II: Course 210: Mind Linguistics and Understanding delves into the people, places, and things that appear in your dreams – what they mean and why.

In phase 2 you have access to:

Level III: Course 260: Dream Themes and Interactions explores the development of motifs and the power of universal archetypal images as the conveyers of Self-revelatory messages carrying significance for the individual dreamer.

As long as you study with us you will have a teacher. He or she is an advanced student in the College of Metaphysics residency program who has learned and applied the lessons you will be studying. Your teacher guides your learning when you most need it, while providing support for your independent efforts. This is a beautiful way to learn mind-to-mind connection (telepathy) accelerating your soul progression. You will correspond weekly through virtual classes via Zoom and by email with your teacher who will monitor your progress, answer questions on content and practices, and forward new lesson materials to you.

As a student you read and study a lesson and practice spiritual disciplines each day. The lessons are sent by your teacher as you are prepared to receive the sequential material. The lessons are designed to cooperate with the practices, so performing your mental exercises and spiritual disciplines daily is a requirement for continuing in the classes. We expect you to fulfill the same requirements of all students studying in the School of Metaphysics.

At the completion the first phase you may choose to stop there or continue into the second phase of your studies. If you continue and complete the second phase you may receive a Certificate of Completion or elect to earn a Responder degree. To earn the Responder degree, you spend some time fulfilling practicum and laboratory experiences at the World Headquarters of the School of Metaphysics located on the campus of the College of Metaphysics. This enables you to live in the presence of your teacher and apply the principles and metaphysical knowledge you've gained in your life with others who are doing the same.

Students are always welcome at SOM branches and at headquarters on the College of Metaphysics campus. Several weekends are set aside each year for students to convene on campus. This is particularly helpful for those studying through correspondence, for it offers a wide variety of stimulus, inspiration, experience, and understanding through

Registration and Class Structure

Enrollment is secured through completing the **Registration form** (page 10) and making payment to the School of Metaphysics.

Two options of payment are available. These are non-refundable.

Phase One Lessons 1-12

1) Purchase in one payment of \$850 by credit card, money order or check.

2) Purchase in four installments of \$250 by credit card only totaling \$1000.

Books can be purchased all at once (\$105 plus shipping) or as assigned during class.

Upon completion of Phase One student(s) may enroll in:

Phase Two Lessons 13-24A

1) Purchase in one payment of \$850 by credit card, money order or check.

2) Purchase in four installments of \$250 by credit card only totaling \$1000.

Books can be purchased all at once (\$48 plus shipping) or as assigned during class.

This is a course in **applied** metaphysics so we will be moving at the students' pace and desire to apply what is being received to improve the quality of life. Therefore, the course may take longer if needed with no additional fees.

You will need access to a computer with the following requirements to participate in this Correspondence Class:

System Requirements

PC-based attendees

Required: Windows® 8, 7, Vista, XP or 2003 Server

Mac®-based attendees

Required: Mac OS® X 10.6 or newer

Mobile attendees

Required: iPhone®, iPad®, Android™ phone or Android tablet

Access to ZOOM

FIRST CYCLE SYLLABUS

Phase One:

Lesson 1 The Quest for Enlightenment

How Much You are Worth Depends on What You Value, The Power of Attention

Lesson 2 Education for the Third Millennium

Stranger in a Strange Land, The Secret Place, Becoming SuperConscious

Lesson 3 The Energizing Faculty of Creation

Will Power occurs when Freedom and Responsibility become One, Living in Harmony with our Universe, Preparing the Mind for Infinite Intelligence

Lesson 4 The Conscious, Subconscious, and Superconscious

Triune Nature of Mind, Conscious Mind, Subconscious Mind, Superconscious Mind, The Universal Law Ideal, Purpose, and Activity Activates

Lesson 5 The Conscious Ego

How to be Secure in Your Identity, Mastering your Conscious Ego through Wisdom

Lesson 5a Learning How to Learn

How to Think Positively, More on Forgiveness, and a few words about Gratitude, Ego and Superconsciousness

Lesson 6 Meditation: The Answer to Your Prayer

Preparing Your Consciousness for Meditation, The Science of Meditation, Love

Lesson 7 The Expansive Nature of Friendship

Meditation Opens the Mind and Heart, Key Points to Remember in Meditation, Those we create with forge our deepest friendships, The Circle of Love

Lesson 8 The Healing Power Within You

The Creative Power is in Your Imagination, The Breath is Your Connection with Infinite Energy, Spirituality – Transforming Energy into a Higher Form, Healing with the Goodness of All Concerned

Lesson 9 Divine Friendships in Universal Love

Communication that Heals, Where Have I Seen You Before?, Friendship begins with knowing your Self, Universal Love, How Affirmations Work, Affirmations hold an important place in our lives

Lesson 10 Our Purpose for Existence

Where did we come from?, How Souls were brought into being, The SoulMate is Created, Why Are We Here?, Where Are We Going?

Lesson 11 Dreams: Messages from Your Soul

Becoming Conscious during Sleeping Time, The Art and Science of Dreaming, Another means to enhance dream recall, Life Everlasting!

Lesson 12 The Incredible Power of Life Force

Potent Forms of Infinite Energy, The Direct Source of Life is the Energy that Heals, Time Management, Receiving Cosmic Energy at Will

FIRST CYCLE SYLLABUS (cont.)

Phase Two:

Lesson 13 Emotions, Attachment & Living in the Now

What is Behind those Powerful Emotions?, The Man Who Refused Heaven

Lesson 13A The Feeling that Heals

Shifting from Emotional Reaction to Emotional Action, Healing that Causes Change, You are the Change

Lesson 14 Inner Life Force at Your Command

How Thought Manifests in Your Body, The Connection between Will and Life Force, Applying the Principles in Your Everyday Life, Responding as Subconscious Energies Manifest through the Emotions

Lesson 15 A Life with Meaning Prospers

Your Spiritual Inheritance, One Man's Saga of Rebirth, Four Keys for Consciousness to Prosper

Lesson 16 Life Force Sensitivity Fosters Compassion

John's Saga Continues, The biological mirror of your consciousness, Being in Harmony with the Infinite Energy flowing through You, Becoming Conscious of the Life Force flowing through You

Lesson 17 Breath and Consciousness

The Purpose of Breath, Surprising Benefits of your Candle Concentration Exercise, Monkey Consciousness, Breathlessness

Lesson 18 The Life Force Exercises Part I

How to Begin, The Life Force Exercises, The Law of Karma, Living the Golden Rule

Lesson 19 The Life Force Exercises Part II

The Second Series of Life Force Forms, The Art of Concentration & Meditation, Love is Life Force Expressing as Friendship

Lesson 20 Life Force Series Part III

The Final Forms in the Life Force Series, Four Factors affecting Spiritual Progress, Meditative Consciousness throughout the Day

Lesson 20A When Life Force Becomes a Healing Energy

A Bioenergetic Lesson Worth Noting, How it works, The Source of All Healing

Lesson 21 Liberating the Mind

Calling upon the Universe for Assistance, The Heart and its Relation to Soul Progression, Controlling Life Force in the Five Senses

Lesson 22 Stilling the Mind for Success

Your Body is the Reflection of your Mind, Everything You've always Wanted, Shuka Deva's Discovers the Real Self

Lesson 23 Living an Awakened Life

Living Directly from Life Force, Shuka Deva Learns the Art of Living, The Four Transitory States

Lesson 24 Hong Sau

Your Meditation, Hong Sau can be Practiced Anywhere, Points to Remember while Learning the Hong Sau, Wholistic Concentration, The Prodigal Son

Lesson 24 A Being Present

The Art of Spiritual, Mental, Emotional, and Physical Concentration, Silencing the Thoughts Stills the Mind, Receptive and Aggressive Factors of Silence, Self Mastery, Why Are we Here

Assigned books in the order assigned:

Phase 1: Understanding Your Dreams - Dr. Daniel Condron (Registration @\$5.00)

Concentration - Dr. Laurel Clark (Lesson 1 @\$4.00)

Seven Keys to Prosperity and Abundance - Dr. Daniel Condron (Lesson 2 @\$5.00)

The True Power of Water - Dr. Emoto (Lesson 3 @\$18.00)

A Complaint Free World by Will Bowen (Lesson 4 @\$13.00)

Seven Steps to Deepen Meditation Dr. Pamela Blosser (Lesson 6 @\$ 4.00 e-book)

The Law of Attraction - Dr. Laurel Clark (Lesson 7 @\$13.00)

Work of the Soul - ed., Dr. Barbara O'Guinn Condron (Lesson 9 @\$13.00)

Spiritual Renaissance Dr. Barbara Condron (Lesson 10 @\$15.00)

Phase 2: Power vs. Force - David Hawkins (Lesson 13 @\$13.00)

Aquarian Gospel - Levi (Lesson 16 @\$10)

Prince Siddhartha - Landlow & Brooke (Lesson 18 @\$23.00)

Four Stages of Growth - Dr. Daniel Condron (Lesson 21 @\$5.00)

Motivation - Dr. Pamela Blosser (Lesson 23 @\$4.00)

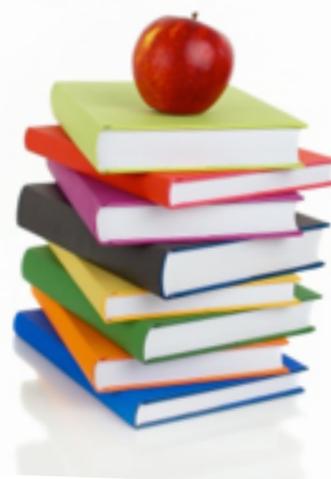
Heartmath Solution - Childre & Martin (Lesson 24 @\$16.00)

suggested reading:

Permanent Healing - Dr. Daniel Condron (\$20)

Isaiah 55 Interpreted and Explained - Dr. Daniel Condron
(suggested at Lesson 6 @\$5)

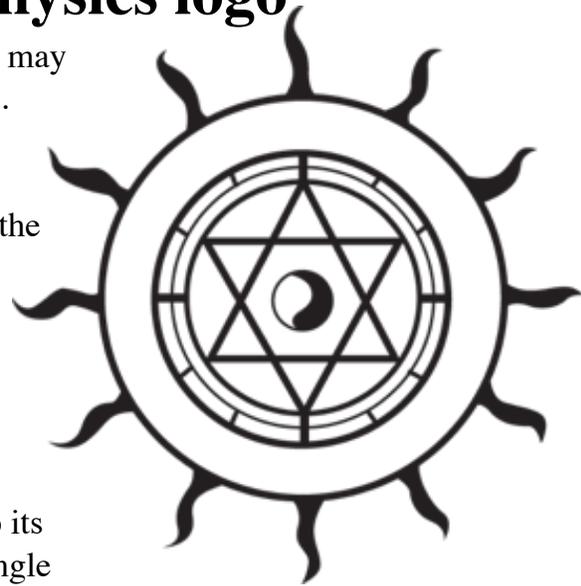
Matthew Interpreted in Dream Symbols - Dr. Daniel Condron (\$13)



The School of Metaphysics logo

is a composite of familiar symbols you may recognize from many schools of thought.

The inner circle signifies the individuality, the spark of life from our Creator. The light and dark areas within the circle, reminiscent of the yin-yang symbol, represent the aggressive and receptive qualities in balance. The triangle pointing upward illustrates the trinity found in all esoteric and Holy scriptures of the world, the structure of consciousness from its spiritual origin to its physical expression. The downward triangle indicates Spirit entering matter, the creative manifestation



of thought. Together, these triangles form the seal of David, the five physical senses unified by the mental sense of attention. The three circles outside the six-pointed star represent the conscious mind, the subconscious mind, and the superconscious mind, respectively. The four bars between the first and second circles form a cross marking the directions of the earth, and signifying the challenges and stages of man. The marks leading to the third circle represent the twelve aspects of man needed for Self mastery. The outer circles symbolizes the relationship between man and the outer universe. The rays represent the twelve Zodiacal influences which serve as indicators of the soul's assignment for enlightenment in the present lifetime. The combination of these universal symbols represents the whole and complete individual - a unified image of the Self.

*We look forward to hearing from you!
Registration is on the next page...*

**School of Metaphysics
Correspondence Study Registration**

(Please Print)

name _____
Mailing address where materials will be sent:

street or P.O. box _____

city _____ state _____ zip _____ country _____

email address: _____

home phone: _____ cell phone: _____

I, _____
hereby enroll in the First Phase Correspondence Study program available through the School of Metaphysics. I have read the School of Metaphysics Correspondence Study pdf and understand the expectations and requirements of this course of study.

Please find enclosed payment.

Below is my selected method of payment

_____ **One payment of \$850.00 via check, money order, credit card.**

_____ **First of four monthly payments of \$250.00 to be charged to my credit card**

I will contact you for a link to use PayPal.

Check/M.O. (*payable to School of Metaphysics*) Visa Mastercard Discover

Amount Enclosed: \$ _____

Visa/MC Number: _____

Exp. Date: _____

Signature of Cardholder: _____

*School of Metaphysics
Correspondence Study
163 Moon Valley Road
Windyville, MO 65783*

Mail completed form with indicated payment to address to the right.

Office Use Only

Date Registered: _____ *Certificate of Completion* presented on: _____

Date of first lesson: _____ *Respondere Certificate* conferred on: _____

Teacher: _____ Date of completion of Dreamschool Scholar I, II, III: _____