

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 49, No. 06

All Student Weekend

May 17,18,19

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MAY 2019 GRADUATES

All Student Weekend Friendships

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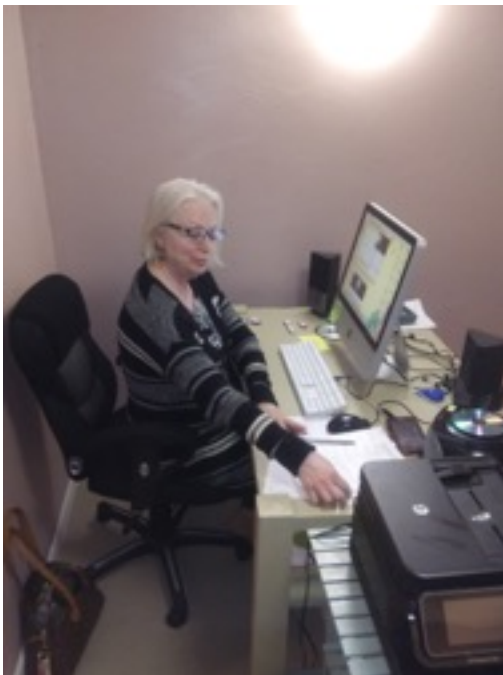
Des Moines

A Transformative Remodel

by: Jessica Jacobs

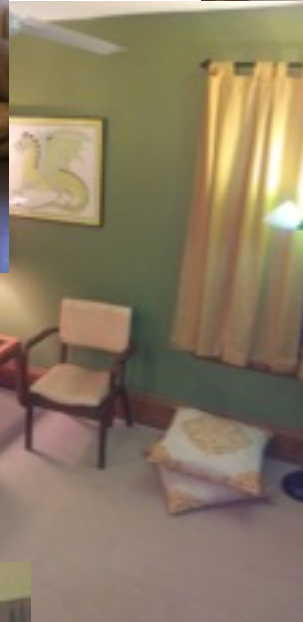
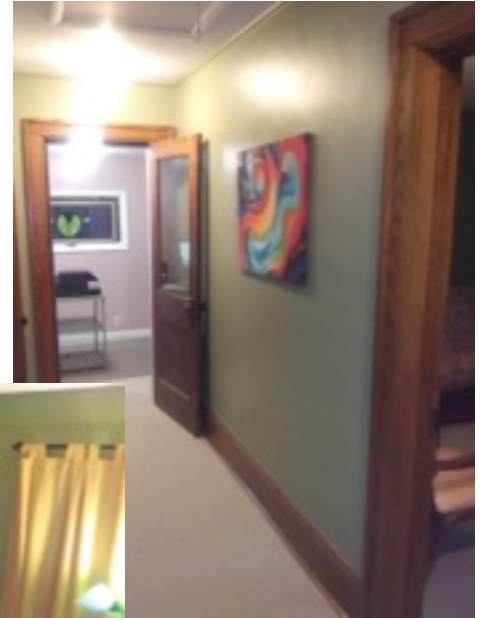
Under the tutelage of teacher Marsha Malone, a class of Cycle One students eagerly and excitedly took on the project of bringing a new look and fresh energy to the school by way of a complete remodel. Discussion started with a blueprint shared with each student, allowing each to envision and document what changes they would like to see manifest. Once a collective ideal was decided upon, the real work began. A heart warming amount of effort, resources and care was devoted in service to transitioning the space to be more welcoming, inviting and comfortable.

Opportunities for learning were abound in this shared experience. Student Tara Smith shares, "As we transformed the overall energy and appearance of the School, I was reminded of how far I've come in my own personal growth and transformation. The school renovation is symbolic of the renovation of Self that occurred within us through our studies." Teacher Marsha Malone shared her wisdom on the experience stating "I was constantly reminded about the importance of focused intention and team work. Although it was important to maintain my intention from start to finish it was imperative to honor and acknowledge everyone involved! The latter proved to be most challenging. I learned it's the nature of the relationships that ultimately determine the overall experience and end result. I learned to trust myself with the choices I make and know I will get results that are consistent with the intention held during the entire creative process. This would not have been possible without the time, effort and talent of everyone who contributed in any way possible."



Particular care was placed in the details, everything evaluated through not only an aesthetic and functional lens but also for spiritual symbology. Paint colors were chosen to align with desired emotions to invoke or avoid and to represent chakras appropriately. The office, on the second floor, is painted a light indigo to represent the intuition and inner wisdom of the sixth chakra, the third eye. The classrooms are a beautiful green, connecting with the heart chakra, representing love, relating and compassion. As you enter the school a variance of blue, representing truth, self expression and perfect form and patterns. The artwork displayed is inspirational, divine and spiritual in nature. A particularly stunning piece (entitled Release and pictured below) was painted lovingly by a student and donated to be on display for one year. 'Release' is the pinnacle piece displayed in the School's living room. All clutter was cleared out, allowing space for peace and growth.

The results are magical! The fresh energy and vibration of the school is attracting new students who are signing up for classes and the existing students have a renewed vigor and appreciation for the space. Our creative abilities were awakened through a collective vision. We had a real life experience allowing for recognition of the inherent power of our image making capabilities. We dug in to do the real work and reaped the fruits of our labor. Our proven abilities to transform and create change are no longer questionable, a perfect transition from believing to knowing.



Des Moines
A Transformative Remodel



TULSA

Attention Attention Attention

BY Vicky Hensley and Wendy Vann

Attention is the lesson learned this month for the mighty Tulsans. We had several good events and a new class starting this month. We added three new students and we felt very positive about the growth of the school. To help us financially, we decided to have another huge garage sale since we had leftovers from the previous year plus many additional donations. Arranging and pricing hundreds of items in the cold formed a closer bond between those working the sale and furthered a sense of trust among us. We didn't have the luxury of one person overseeing all – we just trusted the end product to be cohesive and it most certainly was. The first garage sale was on a cold rainy day but we still made \$300. The second garage sale was on a nice beautiful day and sales were significantly lower as our selection remained strong yet we only made \$60. It was easy to make excuses such as the sale was held too near the end of the month or the signs' arrows pointed in the wrong direction. In reality, we left our attention from the task. No one was very excited about holding the garage sale again and everyone had conflicting plans. Even those who couldn't work the sale were busy and failed to focus their thoughts on those running the sale. So, in reality, we all dropped the ball. We had a long discussion with our director, Wendy Vann, about this process. We all could see our part and the necessity to hold our attention to the



task whether present or not. We scheduled our next garage sale with the firm plan to bring in \$300 and we held our attention there. The garage sale brought in \$250 which helped meet our mortgage. We were back to feeling like the school was moving forward. In reality, it was us moving forward in our understanding of holding attention. It is one of the first and basic concepts we teach and yet sometimes seems so out of grasp. Attention is your greatest ally in accomplishing your ideal and purpose. We all learned a valuable lesson of keeping our attention on the ideal and purpose and grew closer as we realized yet again how integral we are to one another's growth and the school's operation.

Student Cassandra Harris added this, "The growth and movement of the school is expanding and making great progress when we stay committed and focused. Our expansion is vital to reach all who desire to become enlightened. With our will, desire, and attention, we are making leaps and bounds and are excited to see where we continue to go from here. Each day is a vivid and beautiful journey we are witnessing and we each gain so much from all energy around us."

INDIANAPOLIS CREATION PROJECT

Lynn Boggio, a second cycle student is the directing intelligence at the Indy Branch directing a transformation of the back yard, patio, garden area. It requires new landscape timbers for garden areas, a new vegetable garden, removing a 30 ft dead tree, resurfacing an asphalt court yard, cleaning up brush, cleaning out the tool shed, planting vegetables and a gooseberry tree, painting the building siding, installing a beach-volleyball net, building two 6'dia. eating table, 16 chairs, garden lighting, and two 9' umbrellas.



The purpose of the back, courtyard-patio-garden area is to create a beautiful outdoor space to draw and awaken the people from the community. We can hold outdoor dinners, lectures, social fundraising events, meditations, and weekend beach-volleyball tournaments ! It is indeed a school wide project of ownership. Lynn is learning about holding her vision holy, communication, setting goals, cooperation, proper perspective, attitudes, and the difference between work and creative play.

Twin Verses from *The Taraka Yoga of Kuan Yin* commentary by Barbara O'Guinn Condron

The branch plum tree is the image of verse 69.

The plum is one of the "four nobles", plants honored by the ancient Chinese. It stores four virtues: the great potential in the bud, prosperity in the flower, harmony in the fruit, and rightness in its maturity—all of which embody the characteristics of heaven (qian), according to I Ching, the Book of Changes.

Nature teaches us her ways. How to be born, how to die. When we accept our true nature, we accept Life, *on her terms*. Accepting Life on her terms frees us into the third option of possibility. <https://mail.google.com/mail/u/2?>

The SPIRAL results from this third option.

When we look at these symbols in a spiritual context, they have profound meaning and depth as symbols of unity and ascension. Spirals represent movement through experiences in life. In ancient Britain, the Spiral seems to have been associated with the feminine as the doorway to life. It is an ancient symbol of the goddess, the womb the evolution of the universe. The Celts viewed this symbol as one of progressive development, growth and expansion as we make our journey towards the center and towards the light. At the spiral's center is where we find spiritual balance and realize our deep connection to the eternal forces of nature and the universe.

The Spiral is thought to represent personal evolution and wholistic growth. As you move into the spiral you are letting go of undesired aspects of your ego and possessions. You release worry about other's perceptions of you. You have insights into your beliefs and behaviors on this inward journey and move into higher conscious awareness. The Spiral symbolizes awareness of the ONE within the context of the whole. •

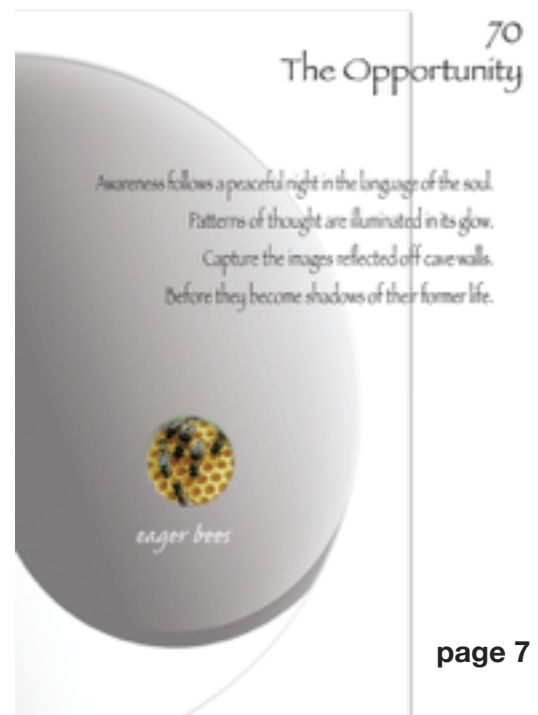


Each incarnation is an opportunity to fulfill a destiny that is set into motion at birth. What was previously been unconscious in the minds of humankind, can now surface in the waking level of awareness. The Spiritual Evolution allows quantum leaps in awareness transcending paradigms that would otherwise retard and blind us. In the Taraka Yoga of Kuan Yin the SPIRAL EVOLUTION is a Creator's Odyssey.

Six opportunities foster the Spiral Evolution of Learning. Learning begins with information. Information becomes personal when the individual claims it as his or her own. That exists as universal information - think computers and google searches - becomes personal when we ask for it. The info integrated into the individual's awareness becoming knowledge.

This leads to a desire for experience, to know what someone else knows. Universal experience becomes personal understanding. This empowers soul growth as we choose experiences we deem valuable. As Pierre Teilhard de Chardin observed a 100 years ago, *"Love is the only force which can make things one without destroying them."*

Universal and unconscious wisdom is always present. Think of the ancient wisdom of indigenous people around the world. In *The Alchemist*, Paulo Coelho writes, *"the simple things are also the most extraordinary things, and only the wise can see them."* Pair this with Aristotle's thought 24 centuries earlier: "Knowing yourself is the beginning of all wisdom." When you make wisdom personal, you begin to transfigure your Self.





THE NEW MAITREYA

by Barbara O'Guinn Condon

Dr. Barbara,

I just finished Spiritual Renaissance, eight months after its assigned due date!

Yet, I believe I finished it at just the right time for me, a time when I was ready to finish it.

During much of that eight month period, it lay untouched, as I dealt with struggles and fell behind in all my assigned readings.

It is also the book with the most notes in the margins and it is by far the most dog-eared.

This book was the last one for me to complete in Cycle One. I am very grateful that it was.

Thank you.



When I received this FB message from Maplewood student Paul diZerega, I replied by asking him how lingering made a difference. This is his reply:

PAUL: Probably the clearest example of how "lingering made the difference" with me, would be the alignment of the last two chapters, Fulfillment and Interconnectedness, with the end of Cycle One.

For me, these two chapters are a keystone bridging the end of Cycle One, with what I anticipate will be the first opportunities to serve the collective by teaching.

Had I experienced these chapters months ago, I believe they would not have resonated with me as intimately as they do, now. Back in August, the idea of me teaching was on my mind primarily as a source of anxiety.

Yes, I knew the Activity of the SOM is "teaching teachers".

However, back in August, I don't believe I was able to personalize the depth or breadth within those two words. In my former professional life, I understood that teaching yields learning for the teacher. However, I believe the significant growth potential which a SOM teacher may realize was a concept beyond my reach back in August. It isn't, now.

Dr. Barbara: Jerry Rothermel, the founder of SOM, always taught when you learn something that works for you, - PASS IT ON! He taught generosity of Spirit.

Passing on what works for me IS connection. It is me sharing the best 'me' I can offer which means at some point I was a good student to someone else being a good teacher.

By 1975 we realized we could sum what was happening up in 2 words: Teaching Teachers. The idea is, of course, as one experiences abundance in the form of wisdom it yearns to be shared. True sharing is a call to action of the Universal Laws of Prosperity and Abundance...

Don't be concerned about teaching.....be focused deeply on your learning. Speak to what you have learned, are learning. THAT is what Teaching Teachers means.

And it sounds like you have glimpsed this. Would love to hear more stories of your shifting through the 1st cycle of lessons.... They will resonate with Initiation points.

PAUL: They most certainly DID resonate with Initiation points. It was almost uncanny how the Lessons came along at just the right

Dr. Barbara: Beautiful isn't it? The exercises hone the mind. Like peeling layers of old paint so you can reveal a natural wood floor or a renaissance painting! We are all works of perfection. Complete as is, with strong spirits who want to truly KNOW the SELF. That has always been the SOM to me. The space, time, and opportunity to know the SELF. •

The third Spring festival comes when the moon is full in Sagittarius and the sun is in Gemini. This is a time when the pairs of opposites in our individual and collective makeup integrate into one. The two become One through the magnetic interplay between them. The 12 Zodiac opposites blend into six allowing a spiritual inflow that annually establishes divine attributes in the consciousness of humanity. EnJoy your meditation during this time.

Wesak

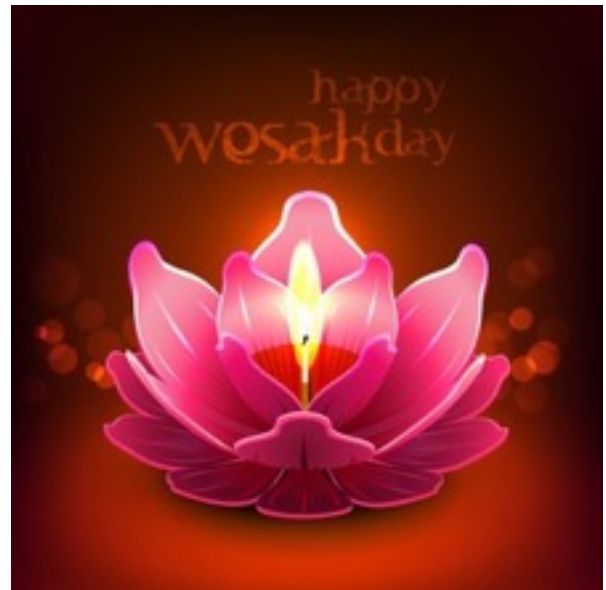
Full moon starts 4:11 pm, May 18th

The Buddha was born on this date and ascended masters through out history meet yearly on Wesak to discuss and determine the future advancement of humanity



All Student Weekend
May 17, 18, 19, 2019
College of Metaphysics

Students, teachers, and directors
from 11 branches travel to share,
learning, friendship, and ponder
the next chapter
of the futures they desire to
manifest



All Student Weekend Friendships



“Coming in, I could feel the energy of the property that the people here have created.”

- John Russ

“I am integrating my spirit with all who are here, and all those who were here before me, and leaving my energy for those to come.”

- Sylvia Campos

“I’ve been surprised by the change in my energy since I got here. I felt myself release the emotion that was needed to be able to more openly connect with others.”

- Dani Fallon

“By leading this crew, I’m able to put into practice the theme of my next chapter - knowing that I have something of value to give, and doing so with an open heart.”

- Mike Moffa



All Student Weekend Friendships

“My purpose is to gain more acceptance of receptivity.”

- Rick Chalmers



“I am practicing surrender to gain wisdom and learn my lessons.”

- Sama Ebrakimi



All Student Weekend Friendships



“In the past life report I transcribed, there was one who achieved inner peace, and one who achieved enlightenment. I’ve gone into that meditative state of mind, and it’s hard to leave it.”

- Ben Eschbach



“When my hands are in the dirt, I feel as though I’m one with all. It’s so grounding. I feel centered and at peace.”

- Cassandra Harris



All Student Weekend Friendships



“I was looking forward to coming to the college to receive its energy.”

- Amy Campbell

“This was my first time coming to the college. I love the connection to nature - being on the farm is bringing me a lot of peace.”

- Brandon Cooper



“My ideal is to gain the courage necessary to change and become a creator.”

- Markus Thut

All Student Weekend Friendships

“My ideal is direction and clarity. I know I benefit from the healing and purification properties of fire.”

- Zach Busch



“I enjoy being of service and listening to people at All Student Weekend. I like to go with the flow.”

- Randy Ristow

“I appreciate the receptivity that’s required when you’re on the fire crew. You have to be still to receive what needs to be done.”



“This is my first time to come to the college, and I’m graduating on Sunday. It’s so beautiful here. This is the kind of flow that I want in my life.

- Kathy Winget

All Student Weekend Friendships



“I like feeling really helpful. I feel good in every situation when I can see that I’m part of the whole.”

- Teresa Amezcua

“My ideal is trusting - trusting my Self and the Universe. While I’m working with the ground, I’m connecting with the source of my trust.”

- Hazel Almores

“I think that coming into any interaction with no expectation helps me to see people for who they really are - it helps me to receive their perspective on who they are rather than an external perspective.”

- Miles Collins



“I was most looking forward to observing more about what other people are learning - hearing about what others are learning is inspiring to me.”

- Walter Hrycaj

All Student Weekend Friendships



“I came here with no expectations. I’m used to desk work, but I’ve been doing heavy lifting! It’s been a beautiful, great day!”

- Jessica Jacobs

“I’m receiving peace being at one with everything, not having to fight anything - being in the moment.”

- Cliff Gray

“With the mindful and careful consideration we gave toward each hole in the ground, how could they not have all the love they need to flourish?”

- Brian Hoover

“When I’m at the college, I feel more connected to heart space. I can be more vulnerable, more connected.”

- Lynn Boggio



Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics
from the Superconscious Oracle given on **June 4, 2012**

Please elaborate on how and when the entity of the School of Metaphysics can and will be able to stand on its own.



This has already transpired in the hearts of some. Some are incarnated; some are not. From this perspective this spirit is free and eternal. As long as there are those who desire to understand the Self, as long as there are those who are willing to change to know the Self, as long as there are those who are willing to serve to celebrate the Self, the entity will continue to thrive.

The National Dream Hotline® Dream Summit 2019



A Fabulous Weekend

SUCCESS!

**Congratulations Students
for Championing the Value of
Dreams and their Self-Guiding
Messages to the Public's Attention**



Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your Vibrations Staff.

Kerry Keller #64 Matrix.

**Understandings can get lost in a confused mind.
Trouble with cause unknown activate's fate's web.
It's easy to believe that more thinking is a remedy.
More thinking tips the scale, fate holds her hand.**



New College Sign

Thank You,
Steve & Amber





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