

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 49, No. 05

Ever Wonder How a Teacher is Learning How to Learn ?

see page #14

NATIONAL TEACHERS MEETING

What are They Concentrating On?



CONTENTS: (May 2019)

From the Branches.....3-13

Columbia3

Bolingbrook.....4

Des Moines.....5

Chicago.....6

Indianapolis.....7

Maplewood.....8

OKC.....9

Palatine.....10

Springfield.....11

Tulsa.....12

Dallas.....13

Nat'l Teachers' Meeting.....14

The Maitreya.....15

16 Kuan Yin.....16

Hugging With The Heart.....17

Wisdom from the Oracle18

From the College.....19

Dream Webinar Calendar20

Taraka Yoga of Kuan Yin21

Branch Locations22



COLUMBIA

Transformation in Columbia

Doug Bannister

Dr. Diana Kenney, the east area director initiated a movement within the Columbia school, which I enthusiastically endorsed. We discussed the plan all the way through and saw our large first floor classroom filled with people. The scene was depicting an Intuitive Reports session in Columbia, MO. First though, we had to qualify for hosting. The criteria was that all the reports that had come through the school be accurately transcribed and delivered to HQ. Having accomplished that first step, Dr. Diana went about working out a schedule that fit with Drs. Tad and Pam and also our schedule. With those details locked in, we turned our attention to preparing the school to receive a room full of people. A leaky roof received attention, as did our first floor bathroom.

Dr. Diana expressed her thoughts about the condition of the first floor bathroom. She said that it disturbed her peace. Having lived with the bathroom for a couple years this unsettling news surprised me. However, when other students spoke up as well, I realized familiarity blinded me to the sorry state of affairs. In particular, the floor left much to be desired, not to mention the decorative mud treatment on the walls had never been painted. Dr. Diana and Amber Edwards (L16) (pictured below) took charge of the painting. Dave Brown (L6) expertly installed a new laminate floor, alumna Tabia Jones rolled up her sleeves and deep cleaned this bathroom and also the upstairs bath. Florence Hicks donated a beautiful shower curtain, which brought this project to completion, although there was more to do.

The kitchen also received much needed attention from Amy Morgan and Bridget Williams (both L 6). Karin Franzen and Amber Edwards (both L16) transformed the large back classroom into the intuitive reports room. The school was ready to receive the public. We filled two full sets rather quickly. While being steadfast with our vision of three sets we all held our attention steady and with only a day to spare, we filled all the slots when Florence Hicks (L22) requested a family crossing and then two regular Past Life Reports came just in the nick of time.

March 23d rolled around and the universal wisdom of the reports came forward, holding our full house spellbound. We transcribed ten of the reports and delivered them to Dr. Pam at the National Teachers' Conference.



The experience was a practice in visualization, aiding us to deepen our confidence in being mental creators. The Columbia school is glowing, its influence having increased. Two new students came from the reports and three others for Dr. Diana's new class. Josh Robert Lee (L6) was inspired to refinish the stairs to the second floor and Amber Edwards is supporting Josh on the stairs project. We are moving into spring with joyous hearts and renewed enthusiasm.

BOLINGBROOK**Energy and Excitement**

By Sherwin Rosenfeldt, Gloria Milare, Jorge Candelaria

We have had an exciting month in Bolingbrook. We have been working on class building, flyer making, teaching new teachers how to do first night of registration, and connecting with our area director who is teaching us how to be better teachers.

One our students, Anj Lum, is starting a new class for the first time. Jorge and Sherwin met with her to give her instruction on how to teach registration night. Kerry has been meeting with students and teachers in Bolingbrook, weekly in person and by webinar, giving us the objectives of the lessons and how to become better teachers. It was received with excitement and enthusiasm by the entire school.

Tom Gill Sr., first cycle student, led February's fund raiser: he taught us and demonstrated how to make soap using essential oils. It was attended by students and the community alike. We raised \$700 and our goal was \$500.

We are starting two new classes in April, and we are on our way to an expanded school branch.

Gloria said, "After I set the goal for our fundraiser I started to ask for possible donations, I focused on being humble, then trusting the Universe will fulfill my desires! I released the whole process and expected more, both in donations and attendance."

Sherwin said, "This exercise helped him to realize influence in the school."



DES MOINES

Celebrate with Our Open House

By Mari Hamersley, Frannie Reeves, JoAnn Weaver

On Thursday, March 21st, Mavis led an open house to celebrate and say farewell to Anshul Kumaria. Coming from India, Anshul incarnated into a spiritual culture of connection. Desiring to find this in Des Moines and delve deeper into his own understanding of Self, he found SOM. What he experienced was expansion, growth and connection and through that he shared his gratitude and love for the school. His father shared that, “Even he has surpassed me in Metaphysics!”. Congratulations on completing Cycle 1!



Marsha Malone will present her graduating class in May. Congratulations to Hollie, Anshul, Tara and Jessie for their determination and commitment! For their expansion project, this class freshened the school with new carpet, paint and décor and energetically lifted our space through the love they poured into each physical act.

The ripple of energy and excitement of the Open House flowed out into the community and combined with the energy of new teacher, Kasey Wells, and a new class formed. We welcomed four students that are eager to grow and learn.

On March 30th, Des Moines welcomed Dr. Tad to join Mari Hamersley for a day of Intuitive Reports. Seventeen students and people from the community came to know that their souls have had many opportunities to learn through many lifetimes. They were astounded and grateful to clarify their most important learning in the present.

Our School is blessed to receive new students from all of these experiences.

CHICAGO

Tending The Garden Of Your Mind

By Cameron Percy & Randy Ristow

With Spring coming up a garden seems to be the perfect metaphor with what is happening in the Chicago branch. We have received support with our neighboring schools by Zack from Palatine and Gloria from Bolingbrook helping to nurture students and cultivate growth within our school. Their support in the service of teaching has brought in new energy and given students new perspective. Zack is learning about leadership and accepting the Aliens (foreign aspects of Self). He feels like he can be more upfront and honest right away because he sees the students as his peers since they are all around the same age. Gloria is learning to expand herself. This experience reminds her of the first time she was asked to teach. She said no and was resistant to it. This time was similar, where initially she did not want to teach in another school. By teaching in another branch she is expanding who she is, learning to go with the flow and trust in infinite intelligence.

We started out the month with a movie fundraiser showing of “Won’t You Be My Neighbor.” Mr. Rodgers was an amazing cultivator of minds, both young and old. He taught a lot about being intentional, slowing down, kindness, love, and compassion. Mister Rodgers fully believed in unconditional love though he was criticized by some for his approach. He is known for saying “I like you just the way you are.” He made it clear that there is inherent value in each and every person and that it was not necessary for people to do anything to have that value. He sparked the imaginations of many young minds, comparing the Mind to a place where ideas can grow. He had a deep curiosity about life and the many things in it that was contagious and showed its inherent good. He demonstrated how the imagination was an essential and important tool which we can utilize.



Being inspired by Mr. Rodgers we wanted to create an event where we could invite people to practice being intentional and slowing down. This led to a Sunday evening event called “Getting Grounded.” The idea is to create a weekly evening event where students can ground themselves in the physical with gardening, gain Universal Truth with transcribing, and wholeness in Healing service. This activity serves many purposes. The main purpose is to help ground students. It also allows them to build divine friendships, participate in lab positions, and work on graduation requirements. To end the evening we will have a potluck meal together. We also plan to switch up the potluck with a fruit day cook off every now and then where students can share their fruit day creations with everyone. There are plans to invite and involve alumni and guests from the public during these evenings as students become more familiar with the event. We started the Getting Grounded event on March 31. That day was focused all on the garden. We were taking down the old garden which was coming apart and clearing the space making it a new canvas. One of the students there, Abraham, who expressed a desire to have a fruit tree in the garden. This made the decision at Teachers meeting the following weekend to have an elderberry bush at each branch feel very synchronistic. As the director of the Chicago Branch, what I am learning through the event is about learning to create and hold a space where students can then have an experience to learn and grow.

INDIANAPOLIS

Love & Attention In Intuitive Reports

Stella "Lynn" Boggio, Bonnie Darby, Victoria "Mickey" Hughes, Ken Maxfield

At the Indianapolis branch there were incomplete intuitive reports from 2012-2018. As we were completing intuitive reports, we noticed our office space needed love and attention. It seemed like a challenging task, however, our intention was to clean up the clutter and organize the files.

There was definitely a shift in energy as we started completing our goals. Our phone started to ring. Individuals randomly stopped by inquiring about classes. We had more requests for workshops and lectures. There was lightness in the air.

Moving the energy also caused shifts in other areas. One of the goals on our 10 most wanted list was to have five teachers teaching. We have accomplished that goal. We also have a goal of twenty five students by the end of April. As new students pour in we are confident we are reaching our goal.

As we participated in these activities, we noticed changes in our thinking. We were less insistent on holding onto old ideas and beliefs. We saw that beliefs that no longer served us were no longer necessary.

For example Mickey realized the tendency to want to do everything herself. She realized quickly when she was leading the project it would be beneficial for herself and to get everyone's involvement. She became more vulnerable and strengthened her communication skills by asking what was needed. She felt closer to her classmates and free from the old thoughts of, "I guess I will do this all myself."

Bonnie and Ken also felt more welcome and a part of the community when they entered the school. Before the purging the school felt cold and unkempt. Now, when they enter the school they feel more welcomed and nurtured. They feel a greater connection to the whole.

Lynn recognizes the importance of letting go of an old identity. Recently, thoughts were coming up in

her that she was not attractive. Participating in the schools purging enabled her to see her beauty. She was then able to release any self defeating beliefs that no longer served her.

As flowers continue to blossom in the spring, so is our school in stages of continued growth and expansion. May peace love creation continue to prevail!!



MAPLEWOOD

Maplewood Momentum

Cyndy Donato, Terrence Bellows, Nicki Koenen, Jessica Leathers

When we continue to move forward, ideals in hand and packed full of potential, we are achieving desired manifestations. Some students have been learning and growing with the school for as short as 1/1/2 years and others for a decade! When we merge classes it helps us all to see more aspects of ourselves in the shine of our new classmates. We are all lights refracting in a similar prism. What this looks like in Maplewood is a very joyful and excited 2nd Cycle Class, graduating and moving into the 3rd Cycle and two First Cycle classes graduating. We even have a new Area Director and Director and with a deep inhale and exhale, we receive our new assignments determined to continue our growth. What we have learned is when you maintain concentration, undivided attention and align with the Law of Proper Perspective your goals will manifest. Yes, folks, the Ten Most Wanted List works!

Cyndy Donato says, "The graduations symbolize completion which is the acknowledgment of a new level of understanding of authority in each of us."

Cyndy Donato, Terrence LaMont Bellows and Nicki Koenen are the Second Cycle graduates, with Constance Brevirt, Paul DiZerga and Steve Thomas graduating from the First Cycle.



OKC

Revitalization and Growth

Amy Campbell and Cindy Hays

The Oklahoma City School currently has eight students. Seven new students signed up for the April 11th Mastery of Consciousness class. We are currently reviving and restructuring our monthly open house meet and greet event that has been successful in bringing new people from the community into the school.

We want to recognize and show our appreciation for everything our students are doing with our school. Since Amy Campbell moved into the Oklahoma City school in March as a staff in residence, she spearheaded a revitalization and organization campaign that has brought together all the students making our school more functional, comfortable and inviting. The student activities in April included cleaning and organizing the basement, reorganizing the kitchen, moving the intuitive report room making it more functional, and cleaning and organizing the office.

Amy and Dr. Christine put their heads together to create a book shelf. The book shelf is Dr. Christine's mother's design. Once they received the perfect measurements from Dr. Christine's mother, Amy went to work and built a quite impressive book shelf. When Amy sets her mind to doing something, it's like magic, you blink your eyes and it appears!

Amy also donated two computers, so now the school has four intuitive report computers for students to use when transcribing reports.

Cindy Hays submitted an online application through Microsoft for approval to receive free annual Microsoft Office updates on each of our computers.

All students are working together to manifest a large yard sale scheduled the first weekend in May. Margret Long shows up at the school several times a week providing sacred service as she joyfully cleans, organizes, rips up old carpet and infuses the school with love. Then there is Joe who tirelessly donates his time and pickup truck. We are so very thankful for each of our students, teachers and for Dr. Christine's loving guidance and support!



PALATINE

Royal Privilege in our Work

by Gino Credidio, Zack Busch, Mike Moffa

Merriam Webster defines the word palatine as "of royal privilege". Being established in our work, we could not agree more. The month began with a conclusion. We were elated to see our own 2nd Cycle student Doug Smaugr claim the role of teacher by completing the Superconscious Healing Course. The class had 2 regular students (1 of our own and a member of the public). Many others came and went. Having attended the class myself, it was evident that his innate story-telling ability and wit allowed him to relate to and make a positive space for the students. Good job Doug.



March also saw our resident funny man and cherished director, Zack Busch, organize and host our second open mic fundraiser. The event boasted 15 attendees, almost all members of the community. Zack notes that the inspiration for the event came from one of his students, Dani Bouland, who seeks to understand the Law of Self Expression. In a moment of divine trust and love, she was able to perform guitar live for the first time in over a year, a major milestone in her development. Good job Dani!

The month wrapped up with a new initiative inspired by our own Sue Adams, Zack Busch and Kerry Keller. Destination Meditation is a traveling meditation group whose ideal is to promote peace by exploring high-vibration sites around Chicagoland spreading the teaching of inner listening. Relationships have been made with the Baha'i House of Worship, Sikh Religious Society and Theosophical Society of America. I am honored to give myself as directing intelligence and look forward to sharing more as the image manifests. Good job me.

April looks to be another month of privilege as we look forward to promoting the National Dream Hotline Online at a nearby cafe, planning the first outing of Destination Meditation and Doug starting his first Applied Metaphysics class! Good job us!

Nailed It!

SPRINGFIELD, MO.

by: Devon Westpheling, Danielle Stauch, & Brian Hoover

We see that the Springfield Branch is moving into the manifestation phase of the creation cycle. Many of the items on our 10-Most-Wanted List are coming to fruition – Danielle is now staff in residence, Five Mastery of Consciousness classes are being taught throughout each week, our student count is consistently 20 or more, we are completing a much-anticipated gravel parking lot, most students are serving in lab positions, and each month, we hold at least one fundraiser (the most recent being a super fun game night!), bring in 3 or more intuitive reports, and host 10 events that are open to the public (including things like Metaphysical Movie Night, Peace Connection, Society for Intuitive Reports Gathering – aka unofficial potluck night – Karma Yoga, Dream Webinars, and more.) Students are moving from believing to knowing that they are the creators of their lives, within and without! They are experiencing their value at greater depths, aligning with Universal Laws in tangible, life-changing ways, and becoming closer to their ideal, whole selves during each part of the creation process. It's exciting to see the physical manifestations coming through, when we all get that feeling that's like, "Oh yeah... nailed it!"



TULSA

Expansion Projects Rule this Neighborhood

by the Mighty Tulsans

The Tulsa school has made mighty movements in mind. We used physical projects such as preparing for and having a successful garage sale, building repairs, gravel work, and class expansion projects as vehicles to learn and grow. The expansion project demonstrates a mixed media art form using affirmations. Vickie Barbour stated, "Through my first class project I learned I could develop and teach a series of classes. I also learned to ask for the help I needed. During the second class project, I learned to step back and allow." Vicky Hensley commented, "Our garage sale was a labor of love. Many had graciously contributed goods so we had what at first seemed like an overwhelming task. But once we started, we trusted each other to handle the task as needed and things fell into place at an amazing pace. But then I realized that we had manifested this all - it was more than amazing - it was life as usual for a group of metaphysicians." She also was the lead for the expansion project and said, "Our class project served as my first big lesson in manifestation. As the one teaching our art class, I planned (and planned) every detail thoroughly. Finally I realized I was attempting to manifest the class through my physical efforts. My classmates helped me through this stage and I was able to relax and trust the process while waiting for the class. And the friendships - we spent hours together preparing for the class and learned a new appreciation for each other as well as developing our friendships further." Cassandra Harris shared, "Through our class project I learned to appreciate and allow for the growth of others within my environment. I was able to see I didn't have to be giving everything, as long as I gave what I could. The same happened with the garage sale, I recognized my energy can only be singular in attention and in doing so, I was able to give my energy to each task singularly without distraction. Each task became engrossing for all my attention was on each task at hand."

We currently are a small group of strong women and have visualizations of a vibrant thriving school. We used these projects to put in motion our mental creations. We all felt the movement and energy within ourselves and in the school vibrations. This movement helped us meet our financial obligations. More importantly this movement resulted in all of us clearing out old thought patterns in our own lives and improving communication between us all.

The vision we now hold is an open hearted loving school welcoming in all those craving to learn the metaphysical life. We want to teach and give of ourselves sharing our learnings and life changes. We want to live by example how to hold a still mind. We are creating sacred space for those that desire transformation to their highest self.



DALLAS

Receiving More and More Visitors

by Leslie West and Jamie Metzenberg

Our Branch is on an upward journey towards building the school and increasing student count. In our efforts to do this, we wanted to try something different.

We've tossed around the idea of bringing the Astrology short course back to the school for awhile now and finally decided to act on it this past March. Lesley has been a student at the Dallas School of Metaphysics for nearly 10 years and says that the Astrology short course has never been taught during her time as a student. We had to change that!

Jamie was excited to teach the Astrology short course as she has a strong passion and interest in Astrology and really wanted to share this with others. It's no coincidence that in the month leading up to the class starting, the topic of Astrology came up organically in many different conversations that Jamie had with co-workers, strangers, friends, etc. Jamie took this nudge from the Universe and finally set a date of March 28th.

We had a huge response and the class has been a great success. Seems the excitement and passion were contagious!

In the light of this heightened energy, the Dallas SOM is receiving more and more visitors, phone calls, messages and e-mails from people curious about our school and what we have to offer. This has shown us that when you are excited and passionate about something you're creating, you become a magnet for everything you want. It's both magical and metaphysical!



What's The Purpose of National Teachers Meeting?



LEARNING HOW TO LEARN

Most important !

**Our teachers want to be very effective
in teaching students:**

- 1. how to cause their experiences;**
- 2. how to reflect on and learn from them;**
- 3. to perceive and understand their growth;**
- 4. to see how they are different now than before that experience;**
- 5. to see the changes they can continue to make;**
- 6. how to let go of old patterns of thinking; and**
- 7. to image their new choices.**

**The Keys to the above —
Concentration, Single Pointed Attention & Reasoning**



THE NEW MAITREYA - Wesak 2019

by Barbara O'Guinn Condron

Each year, a few days before the full moon of Taurus, people begin to gather in a valley in the Himalyan mountains approximately 400 miles west of Lhasa, India. Within hours, sometimes millions of people gather to celebrate the Wesak Festival, the appearance of the Buddha. That's in the outer level of consciousness, the physical level.

Wherever you may be in your studies, you can open to the possibility that you exist on each plane of existence simultaneously, on every level of consciousness at the same time. Therefore, it is not difficult to understand that Wesak also occurs simultaneously on every level of existence.

As the preceding spring festival was centered on the resurrection of consciousness which reveals the Christ, Wesak brings the Maitreya, a spiritual conduit between Shamballa, the highest spiritual center and the hierarchy who guide humanity's evolutionary journey. On the inner levels, a spiritual channel of communication between humanity and God is opened through the two coming together. This union is where the assignment of the School of Metaphysics was given and was received. So it is that each year the Light fortifies the school's mission with divine love and infinite wisdom. It infuses those who love and serve their fellowman.

Throughout the years, when students have asked about how to 'get to Wesak', my counsel has been, "Go in your dreams." To surrender your will to the highest good, is to release consciousness allowing space for pure light to enter. Inner level experiences give rise to the capacity to receive divine purpose.

Incredible light energy radiates from the Buddha to the Christ to humanity. If there is an affirmation during this time, it is this: **"I SEE AND WHEN THE EYE IS OPENED, ALL IS LIGHT."**

Wesak comes late this year owing to the two consecutive full moons in Libra-Aries, a rare event. The last time that happened was in 1799. Where were you then? This year, the full moon in Scorpio-Taurus will be May 18th, right in the middle of an all-student weekend! This year, I am called to the mountains. I will be on a pilgrimage to the mile-high city at the foot of the Rocky Mountains. When the time comes, I will entrain body-mind-spirit to receive the stream of photons that bathe our planet in love and wisdom.

As I write here, I realize it was seven Wesaks ago, in 2012, when I wrote in my journal: *"A Christian Woman Meets the Dalai Lama."* It was the seed for a book I now feel the Inner Urge to complete. What I know is the person who began the book will not be the one who finishes it. She is someone who has matured in body, in mind, in Spirit. What she writes now, carries forward the Light of seven Wesaks.

During Wesak, you will become more resolute, more stable in your sense of *Home*. Because your metaphysical truths are valued, your consciousness will hold fast to your Spiritual roots. Whereas the average person focuses the energy of desire upon the material world, your consciousness will hold fast to your Spiritual roots, magnetized to your Plan as a whole, functioning Self. The energies available to you will remove obstacles within the minds of individuals and dissipate obstacles between people, nations, and humanity as a whole.

It happens every year.

This time, like Buddha, you will be awake to it!

Om, shanti, shanti!

For a short moment, when the moon reaches its fullest stage, an awareness of the Path instantaneously passes through the Souls of humanity, and humanity receives a shock. During this time, each individual's divine plan, both remembered and imagined, is illuminated.



The Center 67

Going into mind.

Bardo is a stage.

Bardo is a desire for things to remain the same. It is the gateway to eternity, a timelessness. The stage is existence.

Bardo is a desire for things to be different. It is the gateway to transformation, a mastery of time. The stage is consciousness.

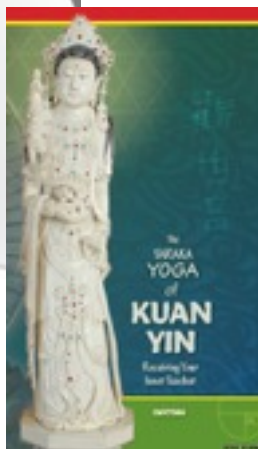
Bardo is life, and our lives are constantly changing.

People, places, and things in our lives, enter and leave.

Children grow up and make their own way in the world.

Friends move, responding to new opportunities in far-off places. Landscapes, economic status, political climates often shift during our lifetimes.

We, you and I, are the constant midst the changes. How do you experience your Self? Are you happy or sad? Comfortable or distressed? Angry or even-tempered? Do you forgive others easily or do you withhold your generosity? Can you see life from another's point of view or do you find yourself preoccupied with defending your own? The center is the neutrality we seek. Balance that is every flowing, budding in the flower of life. Radiating in a Stargate Pattern in the Field of Consciousness. To find that center, we must still the mind, aligning the spheres of our flowering. Then we may greet each day in the Spirit of Life! Celebrating the Self in all. •



Mantras are powerful thought-form generators. An entire branch of yoga is devoted to the practice of mantras. Mantras are sacred verbal formulas repeated in prayer. They cultivate one's ability to hold the mind still upon a single seed thought. When mindfulness is present, mantra yoga is the practice of visualization. It is the art and science of dreaming. Mantras imprint a seed idea with spiritual significance, thus every thought and action during our waking hours

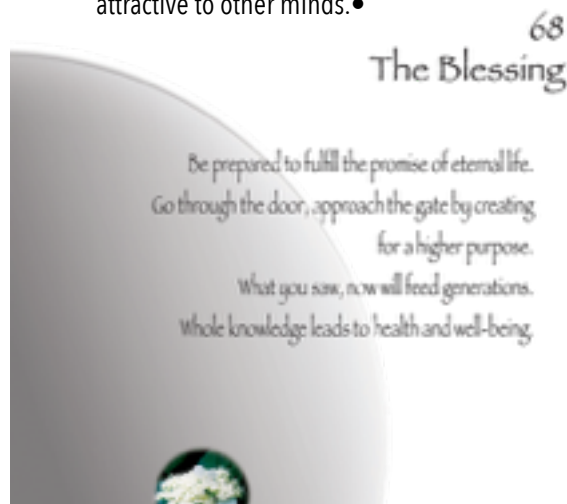
support the flowering of that elevated perspective.

Om Mani Padme Hum comes from the Karandavyuha Sutra. It is said to be the most important mantra in Buddhism. It opens the mind to the wisdom of Buddha, one who holds enlightened thoughts. Practitioners recite it as a means to identify the Truth and turn afflictions into bodhi.

This mantra focuses the attention on the mind's light. Buddhist traditions hold that Om Mani Padme Hum assists at the time of physical death by allowing one to see the Holy Retinue of Amitabha, the Buddha of infinite light. It conditions the mind to recognize and receive the mind's inner light, an image repeatedly

reported following near-death experiences. If the mantra can prepare you to experience death without fear, imagine what it does for your experience of living!

As mental creators, we create with light. It is the light of our attention that forms the size, shape, and color of our thinking. Photons of light are electromagnetic. We charge them with a duty, giving them a function in the world. Whether your thought form is for health, longevity, loving relationships, or prosperity, it is the light you enthuse into it that makes it viable and attractive to other minds. •



Hugging With The Heart

by Dr. Daniel

Hugging is of the Heart

Hugging is Heart to Heart

The Heart Opens to Love

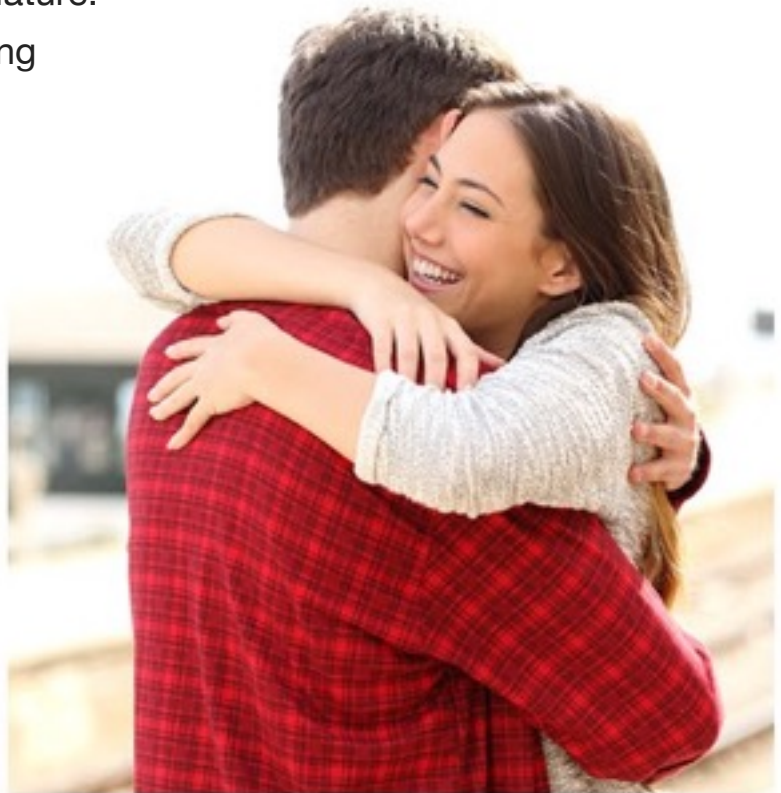
The Open Heart Receives Understanding

The Open Heart Receives Permanent Understandings of Self and Oneness

The Lower Centers are of Physical Nature.

The Heart is the Center of One's Being

Hugging is to be of Divine Love



Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics from the Superconscious Oracle given on June 4, 2012

What is the most important focus for the leaders and directors of the School of Metaphysics now and for the next year?



It is the same as it has always been and will always be, it is the cultivation as these ones describe it of the individual expressing, knowing, being whole and in that wholeness functioning as a Self through time and space through interaction with all of nature, with humanity from the Source of Creation.

College Report
by Jeremy Ragan

**What might one expect from becoming a student full time at the College of Metaphysics?
Well.... Let me tell you!**

I am continually learning through experiencing nature's vibration. In the city we're bombarded with stimulants 24/7 and here that isn't so. I get up in the morning and head out to care for the animals under a clear sky and the natural sounds of creation. Now when I go into town I can feel the frenetic energy slowly creeping into my state of being. After six months here my mind and body are settling into themselves as the vibration of the College seeps into my Being. My physical health has completely changed from both the physical benefits of being here and the attitudes that I have been causing through concentration and will. I could never have imagined the clarity in which I see thought forms arise in my mind when not around the frequencies in a city. I have completely overhauled the way in which I see myself through honesty and will. Now that I can clearly see the habitual stories belligerently running through my mind, I can easily move through the three A's. Awareness, Acceptance, and Action. Every day for the last week and a half I become aware of an outrageous thought form and write it down. Writing it down is a way to claim what I have seen and accept it for what it is: **OUTRAGEOUS**. Then I act on it by replacing it with something in alignment with my ideal and purpose. To top it all off I have come to a place where I can will myself to create an emotion while doing so, furthering its effectiveness.



I truly believe had I been in the city it would have taken me two, three, four years to get to where I am now. This truly is a sacred place on the earth. I look forward to seeing you here as a college student soon.

Dreams

Like Consulting Your Inner Self
Gain Answers to Life's Daily Challenges



Friday Night 6pm - 9pm EDT

Paula & Kerry ... Interviews, Interpretations, Understanding the Language of Mind

Saturday

12:00 noon EDT. Laurel Clark Incubating Your Dreams that answer the questions about life!

3:00pm EDT Pam Blosser... Dreams That Make People Better Parents

6:00pm EDT Sheila Benjamin ... Dreams that Heal Troubled TEENS

Sunday

12:00noon EDT Karen Mosby... How Dreams Heal... 5 Health Dreams You Want to Know About

3:00pm EDT Barbara Condrón ... The Greatest Love Story You Have Ever Been Told

6:00pm Paula & Kerry Interviews, Interpretations, and What You Can Have



Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your Vibrations Staff.

Kerry Keller #71 Lead..

I AM in powers of ten has eyes inside and out.

This woman never marries for she returns home.

Only one option in a field of infinite possibilities.

Creating a universe occurs beyond the time of separate wills.



School of Metaphysics Branch Locations

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345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

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