

*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Monthly Newsletter

Vol. 48, No. 01

*If you are willing to dream and do the work, then literally, it happens!*



# HAPPY NEW YEAR !!!!!!!!!!!



Pg. 04 **Five Simple Steps to Cause Your own \$Happy New Year!**

Pgs. 14 &15 **Destination Peace....To build connection with our community and inspire each individual to think and live peacefully.....**



Pg 2. **Re-Energizing Peace in the World....**  
Imagine the chaos in your world simply ending.



Pg. 6 **Finding out how normal people are in the Kansas City School of Metaphysics**



[www.peacedome.org](http://www.peacedome.org)

# GIFTS OF ENERGIZING THE PEACE DOME

Accepting donations to continue our vision, influence, and longevity

## Super Sealing Dome Surface

**\$19,000.00**

**A 50 year super surface  
preservation will be applied**

## New Front Window Facade

**\$25,000.00**

**Expansive perception of Truth is  
installed for Peace of Mind**

## Raising Ramp and Steps

**\$20,000.00**

**The structure and discipline of  
peace infused in the concrete**



**CONTRIBUTE**

## 20/20 ... a Perfecting Vision Continues

By Larry Hudson, treasurer



Things sure change quickly in this physical world. The [Universal Peace Covenant](#) reminds us of that.

### *“Our world is in the midst of change....”*

Whether it is the new car purchased a few years ago or the house that you built for the family, everything deteriorates. You have to repaint the house or install a new roof. The car needs new tires or brakes or the antifreeze needs to be replaced because it no longer protects the engine from over heating or freezing.

This is where we find ourselves with the [Peace Dome](#) on the College of Metaphysics campus.

### *“Peace is achieved by those who fulfill their part of a greater plan!”*

When the professionals constructed our monolithic dome they gave the air form (the “balloon that is inflated originally) a life of 10 years before preservation maintenance of some type would be required. 2018 is the 15th year since the Peace Dome was dedicated as a universal site for peace. That’s five more years than expected. A good stewardship on the part of all the people who have loved what the dome stands for and cared for its well-being.

As we look forward to 2020, the structure needs our loving attention.



### *“Peace and security are attained by those societies where the individuals work closely to serve the common good of the whole.”*

The exterior needs to be re-surfaced, ramps and steps need to be replaced, and the main front window wall needs to be removed and a new more durable window wall installed. We need your help to make this happen.

### *“We stand on the threshold of peace-filled understanding.”*

On the inside of the Peace Dome is a [mandala](#) that is being created one ceramic tile at a time, with a thought and intention of peace. Upon completion, its designer estimates there will be over 10,000 tiles imbedded in this mandala. In a similar way, I can see donations coming in from all over the world to help sustain this sacred structure.

### *“We hereby commit ourselves to this noble endeavor.”*

We invite you to create your thought of peace as you contribute your support (*and share it in the comment section below*) so that

### *“Peace may prevail on earth.”*

School of Metaphysics © 1996 -2017



\$5	\$10	\$20	\$30	\$50	\$100	other
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(Contribution will connect your consciousness with others to create a peaceful world, Contribute Today)

Energizing the Peace Dome .....	2-3
From the Branches .....	5-8
Chicago.....	5
Kansas City.....	6
Maplewood.....	7
Oklahoma City.....	8
The New Maitreya.....	9
Valentines Day / 6 Emotional Doorways ...	10
Taraka Yoga of Kuan Yin.....	11
.....	
Wisdom of the Oracle.....	13
Educational Calendar.....	14
Vibrations Staff.....	15
Back Cover .....	16

## FIVE SIMPLE STEPS TO CAUSE YOUR HAPPY NEW YEAR.....

1. Focus your attention on the happiness you desire to experience!
2. Perceive the joy filling your heart.
3. Image the positive influence of these heart felt feelings on others.
4. Hold this light filled love through all your activities
5. Expect that your dreams will come true

## Chicago

By Lisa Stefaniak

### Going Deeper and Deeper...

This past November, there has been a lot of physical activity and learning within the Chicagoland area. What a lot of us here are discovering is how to go deeper with ourselves. Chicago hosted a “fun-raiser” event on November 15 where we prepared dishes and watched the movie, *The Fountain*. This movie provided the answer for our insatiable desire to go deeper with the Self as each individual took away their own interpretation of the storyline.

The Chicagoland area also hosted many travelers and special guests. On Saturday, November 4th, Palatine hosted Dr. Pam and Dr. Tad for In-Person Intuitive Reports. Dr. Karen and Dr. Terry also stopped by, later in the month, to share some wisdom with us. Here are some experiences from Emily Knox and Randy Ristow from Chicago!

**Emily:** I am so grateful for the opportunity that was created for the Chicagoland area branches to experience the in-person intuitive reports. Thank you to all of those who made it possible for the public and SOM students to share in the wisdom and truth of the inner mind. I was able to share the experience with some younger students, and I know it amazed them and sparked their own interests in understanding their inner mind and intuition. Dr. Karen and Dr. Terry taught the importance of developing the power of the mind and what we can achieve when we understand and practice healing with ourselves and others. We always receive exactly what we need, when we need it.

**Randy:** Throughout the reports, they showed how being in the present moment can get out of survival mode, know where to direct your energy because you can know what your needs are, and how to come to know our true nature. I resonated with all the reports because of the suggestions given, the reports gave me a direction with how to go deeper with understanding and creating my own identity. For our second cycle class, Dr. Karen did some Bible interpretation

with us from the Book of Revelation. Dr. Terry prepared a special lecture and what stood out to me was when she said, “Your laboratory is your life. Don’t be afraid to make changes or do experiments.”

We are so grateful for our continued learning as these special events aided us in our quest for deepening the understanding of Self. We accelerate our learning when we share our perspectives and experiences with others. •



## Kansas City

### Being Open to Receiving

by Joseph Scott



I came to the School of Metaphysics on a whim after seeing an open house event on MeetUp. I almost didn't show up, but I'm sure glad I did! I was relieved to find how "normal" the people at SOM seemed to be. You know, sometimes you walk into a group and feel/think, "This is too weird! I need to get out of here! Not at the School of Metaphysics! Well, but until we got into some of the lessons.

This isn't to say that "weird" is a bad thing at all. Unique may be a better word. A challenge. That some people will accept, and that others will

shy away from for various reasons. And that's totally okay.

For me, dream interpretation has helped me better understand the subtle messages of the subconscious. Making the unconscious conscious is a powerful thing. And as I'm starting to digest lesson 5, I'm truly beginning to recognize the power of my own thoughts, words, and the importance of setting intentions backed with will power.

Just this past week, I was called to give gifts to others without expecting anything in return. Within days the universe gave me tickets to a concert for my birthday, a new path to generate income and new friends. Like little seeds, we plant ideas that become things within ourselves and others. We're all contributing to this cosmic sketch pad, so let's make it something beautiful! •



**Kansas City.....  
A School filled with Gratitude**

## Maplewood

### A Civics Lesson

By Linda Pecaut



On Tuesday, December 12<sup>th</sup>, eleven students and teachers from Maplewood attended the Maplewood City Council meeting. We were invited to attend in order to be presented with the Proclamation for the Universal Hour of Peace we had requested. It had been several years since we had participated, opting to simply pick up the Proclamation from City Hall in the recent past.

Most from the School had never been to a City Council meeting and enjoyed watching the process. There was a Boy Scout who also attended as part of his Citizenship badge. It was fun to see their eager faces. It was also interesting to observe several people from Maplewood who expressed their opinion on a proposed greenway, each with their own objections. Democracy in action.

When it was our turn on the agenda, the group was asked if anyone was there to represent the School of Metaphysics. To the astonishment of the Council, all eleven of us stood up. I was proud to represent the school and receive the Proclamation. The Mayor read it aloud so everyone learned about the Universal Hour of Peace. It was a nice change from the earlier banter. When he finished, he added that he hoped the 'hour of peace' could turn into a 'day of peace' or longer. I shared that this was the 18<sup>th</sup> year of the School of Metaphysics hosting this event at all of our schools and that people from all over the world participate. I encouraged everyone to join us in reading the Universal Peace Covenant at the Maplewood school on December 31<sup>st</sup> or wherever they intend to spend New Year's to send peace out into the world.

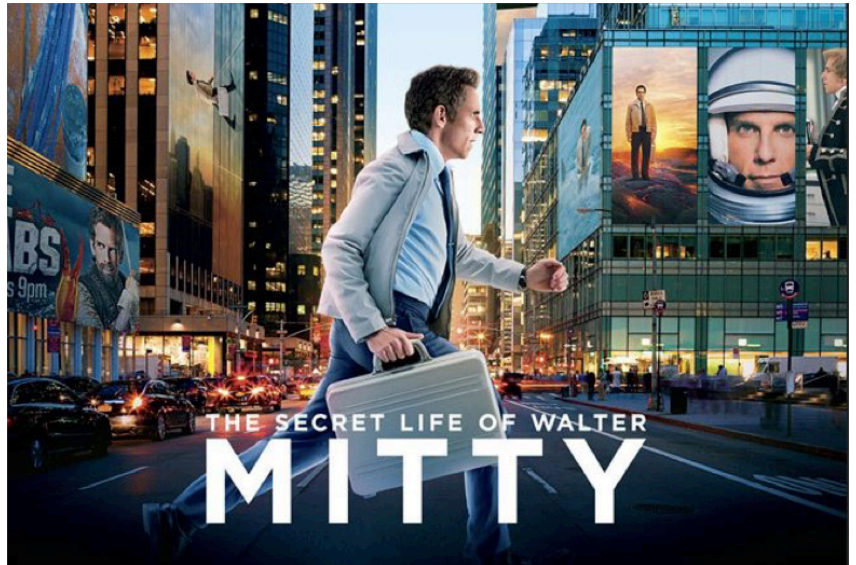
It was a wonderful experience for all of us - a fun and effective way to share a little of who we are as the School of Metaphysics and spread Peace consciousness. I encourage all students and teachers to create other such opportunities – big or small - to reach out to their communities. May Peace Prevail on Earth! •



## Oklahoma City

A couple of years while ago struggling through a difficult experience, I happened upon a movie, “The Secret Life of Walter Mitty” starring Ben Stiller. I was familiar with the short story and the original movie starring Danny Kaye but had no real interest in this new version. However, something compelled me to watch it. In the following weeks, I found that the movie stuck with me. Each day as I got to work I would watch clips of the movie before I started my day; this became my routine. Walter Mitty became a fixture in my life for a brief time. A year or so passed

and I found myself sitting in a restaurant in downtown OKC one evening. I noticed a familiar song being played. Lo and behold it was from The Secret Life of Walter Mitty. It instantly took me back to those early mornings watching those movie clips. I could see those scenes so clearly in my mind. The next day I was flipping through the channels and what movie did I come across? Well, after studying Metaphysics for the past several months I realize this was coming back into my life for a reason. I told the story while in class and it wasn’t long before a movie night was planned.



I was a little apprehensive about having fellow students and friends watch the movie. Would they like it? It was special to me but why would anyone else care? The night approached and we settled in with popcorn (Silvia loves making popcorn) and watched the movie. To my surprise everyone seemed to enjoy the movie. For those who haven’t seen it, the movie tells the story of Walter Mitty, a man who lives a dull, uninspired life. To escape the monotony, he creates vivid daydreams and “zones” out. He is escaping life not living it. Life, however, finds Walter Mitty and he sets out on a life changing adventure. As we have learned in our lessons universal law, is just that...universal. It’s open to all. There is a pivotal moment where Walter finally decides to take action. Where he stops daydreaming and starts living. It is in that moment his life truly begins. Walter exercised his will. For the rest of the movie he pursues his goal, never wavering in his commitment. He goes through a transformation. He no longer needs to escape life because he has decided to live it. A lesson we all can take to heart.

In July OKC enjoyed our very first Open Mic Night. Teacher and 2<sup>nd</sup> cycle student, Michael Fabri, casually tossed the idea out for discussion one night while on break from class. Not long after it was agreed the Open Mic Night would become the fundraiser for my first cycle class. It was soon decided that our other first cycle class would merge their fundraiser with ours. Few of us had any experience attending let alone organizing, an open mic night. Yet, everyone enthusiastically volunteered their time and effort. The Meetup was organized, flyers were posted, a band was booked! Each week the event grew and took shape. The day of the event everyone arrived early to begin setting up. A “stage” was set up complete with microphone and sound system, refreshments set out, chairs arranged. All that was needed were for the guests to arrive. Doors opened at 7:00 with the show to start at 8:00. As 8:00 rolled around we still had no guests. By 8:15 I was beginning to wonder if anyone was going to show. I never should have doubted. Before long they started to arrive and we soon had a full house. There was music, comedy, personal stories and poetry. OKC’s own Silvia Galvan and Michael Fabri gave comedy a try while Jessica Ponder read poetry. The night was capped off with an incredible acoustic set from OKC’s own, The Indigos!

After the event we all met to discuss “what we learned” from the night. Everybody was in high spirits. The school raised nearly \$400 and several individuals signed up for the next first cycle class, but more importantly the students came together, stepped out of their comfort zones and put together an event that was thoroughly enjoyed. Everyone contributed and had a good time. •

# The New Maitreya

by Dr. Barbara O'Guinn Condron

Sherwin Rosenfeldt and I are discussing the creation of a PayPal button for the

[som.org](http://som.org) website. The button will be placed on a page designed by SOM Treasurer Larry Hudson (see related article) inviting the world to support us in the preservation of the world's Peace Dome.

Sherwin and I have had many conversations about how language conveys thought. Thought form creation is a fundamental skill for anyone who wants to become compatible to the Creator. When we are inviting others to support our efforts, the words we use to convey our request are revelatory.

**The One who aids others to Abundance is Abundant**

— *Universal Law of Prosperity*

**"You want a donate button?" Sherwin asks.**

**"Yes," I reply, adding, "It should say 'contribute'."**

"Okay," Sherwin says. "What's the difference?"

Good question, I think. What *is* the difference? "Donate is a negative way to ask someone to give support. People usually make donations as the result of crises or trial - remember the hurricanes in Haiti, floods in Houston. The Red Cross, the Salvation Army, the Human Society are examples of places that receive **donations**. People donate to 'worthy causes'. That thought form activates the NEGATIVE,- the receptive, drawing power which is not to be confused with negative's usual reputation of bad, wrong, guilty, all things in the dark.



"Now think about giving to PBS (the Public Broadcasting System), the local art museum or science center, how are those monies described?" I can hear Sherwin's brain working over the cellphone.

"The word most often used is - **contribution**. Think about it. When people are contributing, they are adding something they are/have to something that is. This activates the POSITIVE,- the assertive, pushing power which adds to what is.

"Contribution says, I want to be a part of this great thing that is already in motion!

"Donate says I can help alleviate your burden with something I have - like donating your old clothes or furniture to the Salvation Army.

"In its charitable standing with our communities, SOM receives funds with either intent. In describing the action, in using language to instruct and create thought forms, the question we ask ourselves is....**what do we want to inspire in the giver?**

When I began coming to classes at SOM in 1975, the school was an organization, much like a club. It was growing up and out of being in people's houses, meaning that individuals provided the place for people to gather and if they moved or changed their minds, the school had to find somewhere else to meet. This was a negative (not bad) in the true sense of the word: a drawing energy that begged an uplifting interpretation.

That new look became "we want a school building. We wanted *our* own place, *our* own school,—not dependent on any person." I was fortunate to experience the movement from a teacher's apartment living room to a rented location to a building we were all investing in. This was in the first 5 months I studied at SOM!

What a great way to begin my education of mind and the Universal Laws that guide it. We were contributing to something greater than the solitary "I". I've carried forward this attitude ever since. It has enabled me to live in entrainment with what we call The Complete Law.

This is what we want to inspire in people giving to the Peace Dome, the feeling and intuitive knowing that they are indeed choosing to be "part of a greater plan". I trust this has:

- stimulated your thinking concerning real needs and imagined needs
- shed new light on visualization and your weekly financial gift to SOM
- strengthened your purpose for visualization practices

affording you a deeper understanding of how SOM moves in the world as the **NEW MAITREYA**.

PEACE is  
achieved by  
those who  
fulfill their part  
of  
a greater plan.

—Universal Peace  
Covenant

## Valentine's Day 2018

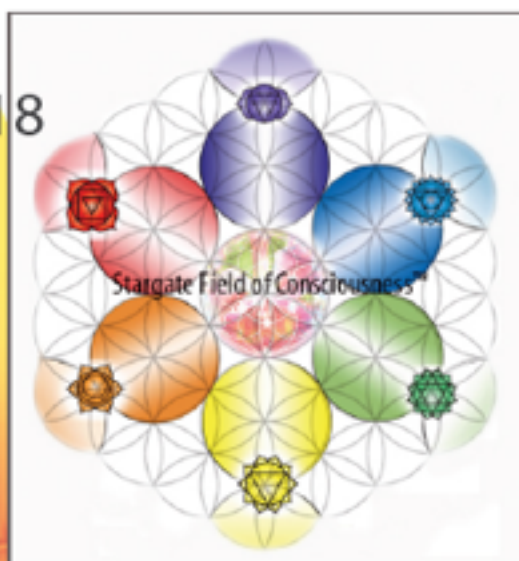
There are

**6 EMOTIONAL DOORWAYS to LOVE.**

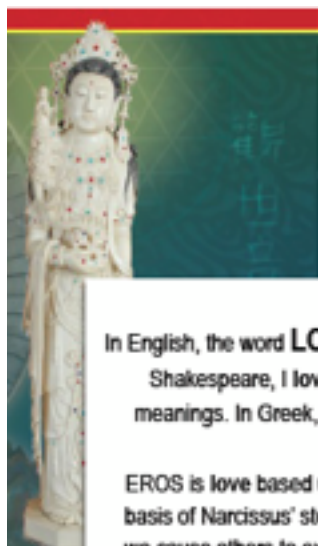
**Which one opens your heart?**

Find out

Wednesday evening February 14th  
at 7:30pm



An online Taraka Yoga  
with author/counselor/  
Barbara O'Guinn Condon



Twin Verses from

## The Taraka Yoga of Kuan Yin

In English, the word **LOVE** is used in diverse ways;— I love my spouse, I love Shakespeare, I love chocolate. The same word is used to convey diverse meanings. In Greek, there are several words that can be used to “reflect” the intent of the communicator.

EROS is love based upon duality or sexual attractiveness. This is the entire basis of Narcissus’ story.— the love that produces the need to understand what we cause others to experience.

STORGE is the love between family members. Storge describes love involving commitment and manifests in today’s world as the unconditional love that says, no matter what you say or do, I’ll love you always and forever.

PHILIA is brotherly love, a love seeking to understand relativity beyond bloodlines. In today’s world, this is conditional love which seeks common ground for engagement, be it disaster relief efforts, political action committees, or even the phenomena of fans.

AGAPE is love that lifts us beyond our own needs and desires, beyond narcissism, beyond humanity. In this experience of love, the personal self is transcended, one’s own needs are fulfilled through serving others. Anyone exhibiting charisma knows this level of loving. This is why those who dedicate themselves to public service manifest the lessons learned from Narcissus: the attractive power of influence, the commitment in unconditional love, and the compassion of conditional love.

well-lit street



In its journey to be whole, Spirit flows through the Mind.  
Virtue opens every door to love.  
This is the way it has always been.  
Love melts the pain of the lower heart,  
karma fulfilled in gratitude, forgiveness, tolerance.

Love  
35

36  
Trouble

When disagreements flare, your comfort is questioned.  
You are not here for comfort, you are here  
to inherit the treasures of the earth  
and invest them in Heaven’s bank.



monkey

The word **TROUBLE** comes from the Latin *turbidus* meaning “confused.” Trouble is a state of mental distress, affliction, difficulty, or need. To experience trouble is to be distressed.

On the STARGATE PATTERN, distress is the yin to comfort’s yang. Last year, I had the privilege of attending my dad as he crossed from this physical world into the metaphysical worlds. In ancient traditions, this would be the duty of the shaman, to walk between the worlds with the dying. What an honor to possess the essential mind skills to be capable of “being with”, “staying with” the soul who was my father as he “passed through” this life.

Modern science labeled what “Dad had” as Lewy Body Dementia; this meant his mental and physical faculties were dissolving before my eyes. The recurrent “theme” of his Bardo (the Tibetan word for this intermediate state between a life and rebirth) was .... “trouble”. As Dad’s brain functions faded, the mind-body connection disengaged. He would have moments of disorientation. First, they came in conversations. Like dropped calls, the train of thought he was speaking would just disappear.

“What was I saying?” he would ask me, confusion clearly written on his face.

Then, “Why does that happen, Barbara?” The question was an open door for Love, Trouble’s partner to flow between us.

Our experiences were so profound that I am blogging about them with the expectation that those who are witnessing a loved one “disappear” may realize the rich opportunities for love and compassion. To read these visit [dad'sdementia.life](http://dad'sdementia.life).

# Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics from the Superconscious Oracle given on **July 26, 2008**



*The quickening, the acceleration, is occurring even now, yet few realize this. They are trapped in distracting and false beliefs concerning the acceleration of evolution. This must not be the case within this loci. The Universal Law, the Universal Truth will remain --- as it has before, as it is now, it will be. The dissemination of this knowledge and the ability for its realization is for those who are strong-hearted. It is not for the faint, nor*

*is it for the weak. It is not for those who want to remain in their beliefs, who are overcome by fear of what has yet to be known or doubt about what has been made known. Therefore, the consistency within the ability for the consciousness to evolve and to change, to transform and to transcend its own limits, is an essential realm. The loci nourishes, sustains, and replenishes abundantly. This is a time of abundance. The care in the thought --- the causal thought --- will determine the matter of abundance.*

# EDUCATIONAL CALENDAR 2018



JANUARY 5-7

GENERAL ASSEMBLY

FEBRUARY 3

AREA TEACHERS MEETING

APRIL 6-8

NATIONAL TEACHERS MEETING

APRIL 27-29

NATIONAL DREAM HOT LINE®

JUNE 15-20

IASD CONFERENCE

AUGUST 4

AREA TEACHERS MEETING

OCTOBER 5-7

NATIONAL TEACHERS MEETING

NOVEMBER 1-7

PARLIAMENT OF THE WORLD'S RELIGIONS

DECEMBER 1

AREA TEACHERS MEETING



## A Modern Parable about Baskets

Larry Hudson and Kerry Keller

One of the teachers said, "I'm not very good at this". Just as quickly another teacher echoed, "Get rid of that thought". And the learning began.

All creation begins with a thought and the thought for this night was "Destination Peace". We, the teachers in the East Area, were moving with this thought form created in our Ideal, Purpose and Activity of reading the Peace Covenant at a public venue on Saturday evening at 8:00 pm.



Our story begins the day before as Kerry and I (Larry) prepared to receive Teachers from Indy and Maplewood for the east Area Teachers Meeting which was being hosted by the Indy branch. We were in the process of locating and securing a site to read the Peace Covenant the following evening. We talked about a large local mall that might fulfill this mission. We approached the mall director, who was a short well-dressed lady in her 40's, and Kerry said, "We want to come to the mall tomorrow night to hand out Peace Covenants". She immediately replied, "That is against company policy, we do not allow anyone to pass out anything here". To which Kerry replied, "Why" in a very aggressive tone. I knew Kerry and I had to talk some more because I had not fully painted the picture of what we were doing the following night. Luckily they didn't have us escorted out of the mall. We exited knowing we were back to square one.

After returning to school Kerry and I talked about Teachers Meeting and what the activity for the evening entailed..

*8:00pm Flash Mob -- Reading Peace Covenant somewhere in the established city*

I read the email that had been sent out again to Kerry. He was somewhat resistant so I knew I had to do something different so we could locate a place in the city to read the Peace Covenant. I decided to give myself some space to reflect on what was happening and to give Kerry room to think about where we could read the Peace Covenant.

Kerry reached out to some students and others that he knew in the community for ideas of places to read the Peace Covenant.

I did my own research on the internet and had found a couple possibilities that I shared with Kerry. He expressed his thought that it would be great to find someplace where people were there in the spirit of Christmas because they would be in an open and festive mood.

It was shortly after that when he received an email from a friend of his telling us about the Carmel, Indiana Christmas Market. It sounded great so we looked it up on the internet. The area Kerry was familiar with and the festive winter market was only about 20 minutes from the school. It looked like a good spot!

He tried calling them and I reached out with an email to connect so we could make sure we would be welcomed there, ask permission to be there. We waited for a response and none came. The next morning we decided to spend an hour to drive there to see if we could connect with someone and to see the layout. This would give us a chance to connect with someone there. We identified a perfect public area we could greet people right in the middle of everything.

Our teachers meeting was very intimate and clearly focused. We created an equally clear Ideal for our Peace Destination.

We followed this Ideal, Purpose, and these Activities during the late afternoon and early evening, readying over 175 candles to hand out with paragraphs from the Peace Covenant attache to each one. We found three baskets and divided up into three groups of two to engage people. We were offering them one of these candles and asking them to join us at 8 pm to recite the Peace Covenant at the South end of the Ice Rink.

We practiced speaking our approaches in the car during the ride. AS we arrived Jessica and Cindy moved ahead of the pack eager to enroll people. Then the first people they met on foot rejected them and, oh my gosh, this gave us hesitation. Then we realized we had to re-focus our attention and focus on what we wanted to give, not what we wanted to get.

In the first ten minutes Cindy and Jessica gave all their candles away and were looking for more. Bonnie and Mickey ran into a Pastor who eagerly preached to them about peace. Then Bonnie discovered she could approach men with more success. Joe and Linda were cautious in their approaches, worried who they should approach and what the reaction would be. Everyone in their experiences, then realize they had to quiet their mind and hold no thoughts, only the expectation of giving.

At 8pm we all came back together to start reciting. We had about 30 to 40 people lighting their candles and maybe half of them read with us. About 70 people stood around and watched.. Larry was filming..

As soon as we finished, Larry got excited with how many likes we were receiving on Facebook Live. Within minutes we were over two hundred likes. Larry was expressing his thrill and walking 6" off the ground. By midnight we were over 800 and by the next day we moved over 1000 likes, Today we are still climbing, over 1300.

We all realized the attractor field of consciousness, people can create, is very infectious when we all initiated a clear image, intent hold our attention on what we desire most.



**Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below**

**Love and Light from your *Vibrations* Staff.**

The Collective: 69 The Spiral Self arises in consciousness gravitating to earth. The outpouring of needs is met by desire. Another time of life breathes in toward nirvana.

With roots in heaven, immortality is assured.

Dr. Sheila Benjamin...80 The Immortals: Immortality begins in a mind full of what is. When you know what is, your reign begins. Your reign extends the power of mind's light from heaven to earth. Everything changes in the light of eternity.

Kerry Keller... 58 Composure The Teacher leaves a trail worth the remembering. With clear eyes, read the records in akasha. Suspend judgement so you can make your own choices. Embrace the emptiness, enter the breathing space.

# DREAM CATCHER WEBINARS

NOW PUBLIC EVERY WEDNESDAY NIGHT



## School of Metaphysics Branch Locations

email to (cityname)@som.org

World Headquarters • 163 Moon Valley Rd. • Windyville, Missouri 65783 • (417) 345-8411

### ILLINOIS

345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

### INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

### IOWA

3715 University • [Des Moines, Iowa](#) 50311 • (515) 255-5570

### KANSAS

4323 Rainbow Blvd • [Kansas City, Kansas](#) 66103 • (913) 236-9292

### Missouri

103 West Broadway • Columbia, Missouri 65203 • (573) 449-8312

1033 E. Sunshine Street, Springfield, Missouri 65807 • (417) 831-0955

2606 Oakview Terrace • Maplewood, Missouri 63143 • (314) 645-0036

### Oklahoma

908 NW 12th St • [Oklahoma City, Oklahoma](#) 73106 • (405) 228-0506

429 S. Memorial • Tulsa, Oklahoma 74112 • (918) 582-8836

### Texas

5832 Live Oak Street • Dallas, Texas 75214 • (214) 821-5406