

*This weekend everything you taste, smell, see, hear, and feel
affords you the highest calibration for your learning and soul progression*

2016 Weekends

Spiritual

*"May more physicians experience their own spirituality from within."
-- 32-year-old osteopathic physician from Missouri*

"The opportunity to meet up with like-minded souls was divine. I had the chance to ask questions that I might not have, had we not been face to face and heart to heart." --39-year-old Authentic Life Coach from London

"This weekend has helped me to understand the silence between the words and thoughts. It has encouraged me to open myself to silence, to invest in the truth of silence. I will recommend this session to others." -- 27-year-old sound engineer from Colorado

"I have changed!" -- 25-year-old professional athlete, USA team

*"Learning how to breathe properly will go home with me to my asthmatic son. This is going to make our lives so much different."
-- 40-year-old mother from Florida*

*"The weekend afforded me the time I needed to think about the direction my life is headed. I knew I needed it; I just didn't have any idea how clear my goals could become in such a short period of time."
-- 28-year-old accountant from Chicago*

FOCUS

*"I have attended many seminars and weekend trainings in my life and I can finally say I have gotten my money's worth. These weekends teach the "how to's" I've been looking for."
-- 48-year-old health practitioner from St. Louis*

May 13-15
The SPIRIT of the HEALER
Embracing Your Healing Presence

June 17-19
Powers of Ten
Essential Life Skills to Master Living

September 9-11
DHARMA
Your Soul's Purpose

November 18-20
Kundalini Entrainment
From Neutrality to Ecstasy



What are sessions?

Spiritual Focus Sessions are mentored by a trio of metaphysicians, teachers, healers, and counselors, who dedicate this time in service to your spiritual enlightenment. Whether creating a river of life, learning to see energy fields, mind mapping your dreams, or practicing chi gong, what you learn will go home with you to share with loved ones.

Who attends?

Two dozen people, ages 12 to 80, from most U.S. states and several countries, come together through conscious choice and universal law to create the uniquely rich learning environments. Often family members and friends unite for these high-minded experiences.

Where are the weekends held?

Participants receive bed and board for the weekend at the Moon Valley Ranch in Missouri, USA. College of Metaphysics chefs draw upon organic gardens and orchards to prepare outstanding meals and the countryside offers space where you can see the sun rise and set and at night, a million stars glow overhead.

How do I decide which weekend is best for me?

At every weekend participants receive meditation instruction, dream interpretation, chi movements and breathwork to initiate and support new ways of thinking and being. The uniqueness of each session is in the Intuitive Report, given in your presence. The 2013 sessions focus on the Transference of Energy (chakra use and development), the Intertwining of Soul's Report, the Creative Mind Report, the Dharma Profile, and the Healer's Portrait. Examples of these reports are available online. Still undecided? Call us at 417-345-8411, and we'll be happy to assist you in making the best choice for you right now.

"I am still

*in a profound state of gratitude for the
Spiritual Focus Weekend.*



We received so much love from you, the staff and the apprentices. What I received was PRICELESS! I awakened this morning with the image of overflow. I feel this tremendous responsibility to be a wise steward of what I was given and certainly want more! I would urge anyone with a burden on their heart for learning Truth to come and sit at the feet of some people who have created A living sanctuary of that commitment. With much love and unspeakable joy."

—Lucy Shaw

Author, Speaker, Business Consultant

www.som.org

Accommodations and all meals included in price of registration. Weekends begin Friday afternoon at 5 (CT) and conclude at 11 Sunday morning.

Register today online
or mail your check or money order for US \$500 to
School of Metaphysics, 163 Moon Valley Road,
Windyville, MO 65783. USA

To be *spiritual* is
to breathe life into the
dreams of your heart.

To focus is to live
an intuitively divined life.

One weekend, 42 hours
chosen & devoted to your
peace, contentment,
and security.

**SPIRITUAL
FOCUS
WEEKENDS**

The 2016 Teachings