

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 45, No. 09

Superconscious Oracle

July 11, 1999

What do the leaders and the teachers in the School of Metaphysics need to do to open their hearts?

The point of union – which is the capacity to breathe and to move from the point of what is called heart – is achieved within what is so frequently within this group referred to as a still mind.

A still mind produces immediately a rich heart, an active heart, an alive heart, a sincere heart.

Therefore, the wisdom for what is asked already exists. It is a matter of employing it within the reality of each.

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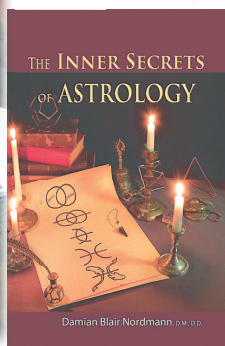
Your 24/7 BFF

How Understanding Your Nighttime Dreams Can Help Your Daytime Dreams Come True!

Remembering a dream is like sharing secrets with your best friend. That's what Dr. Barbara Condon, author of *The Dreamer's Dictionary* and founder of *Dreamschool.org*, wants everyone to know. Her interest in dreams began five decades ago with a nightmare at age six. She has researched dreams for 40 years, and today, Dr. Barbara's team at *Dreamschool.org* receives, interprets, and responds to dreamer's questions from people around the world. She shares some of the most common questions with *BYOU Magazine* readers...



2015
PARLIAMENT
OF THE WORLD'S RELIGIONS
SALT LAKE • OCT 15-19



Dr. Damian's inaugural workshop tour on "Your 12 Sacred Relationships" in Cincinnati on September 26th!

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Our local Interfaith Community gatherings are Lighting the Akashic Field

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My teacher Silvia gave me rich experience to take back to Tennessee

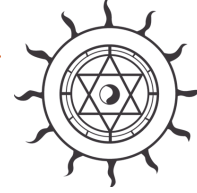
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Align with the laws of the universe

Safe These dates:

Still Mind Weekend October 23, 24 and 25th 2015

Bolingbrook

Activity toward Community Growth

by Lourdes Perez & Teri Karl

This beautiful time brings sunshine, spring, and more chances for growth. We celebrate with so many different activities, including two new classes in one month!

Our Bibliophile, Sandy Buch started a new Book Club format by reading a chapter from *The Power of Now* by Eckart Tolle about being in the present moment, reinforcing what we learn in metaphysics class.

We continue to connect with the community through our fundraisers, DreamCatchers, and our Sunday evening Spiritual Gatherings. We are expanding our awareness of ourselves by including more aspects of ourselves!

Golbahar Dadyan's class: April Kelow, Teri Karl, Jorge Candelaria, Christine Dillingham, and Sherwin Rosenfeldt presented *Power Within: 10 Essential Life Skills* at the Fountaindale Library in Bolingbrook, followed by a brief dream discussion and dream share.

Also, DreamCatchers has become mobile! In an effort to connect with local businesses, the school has begun hosting DreamCatchers at rotating locations. They began with a Meetup at the Cupcakeologist in Bolingbrook -- a really sweet dream experience!

We launched Dream Awareness in March. Sandy Buch has continued the dream theme by showing and leading a discussion about the movie *Inception*, and Teri Karl is bringing parts of the Dream Short Course into our weekly Spiritual Gatherings.

We are learning more and more about who we are and what we can do by having a wonderful, *dreamy* time!



Chicago Gratitude

by Emily Knox

As a close to the month of June, I presented a lecture at one of our local libraries entitled *The Power of Positive Thinking*. This was the first lecture that I have given and I am excited for more to come! In preparation for the lecture, I became excited as well as a little nervous. I knew that I had a lot to give in this area of thinking because my Healer's Portrait describes the influence I have in raising the vibration in the thinking. By putting my thoughts and actions into words, I was able to give of what I know to the guests receiving the lecture. Lesson 5a, *Learning How To Learn*, aided me in building a strong foundation of the application of positive thinking. I am grateful for that experience.

To celebrate the beautiful month of July, we gave two big warm welcomes to the new classes July 1st and July 16th! Kim Knapp is teaching these four committed students! Kim is a committed spiritual teacher who is always guiding souls to self-development and truth. Angela Appleby is also teaching the Thursday night class where she gives to five gracious students. July 16th was a night of so many new faces excited to learn and create newness in the Spirit! I believe one of the most fulfilling experiences for the school is the new classes that begin. The joy of witnessing the desire to learn and grow into the Self recycles the energy within the school and reminds us that we all have something to give. The School of Metaphysics provides an extraordinary outlet to give to and to give of the Self.

July 5th was a Sunday to remember and cherish. It began with In-Person Intuitive Reports with Brian Kraichely conducting Golbahar Dadyan into the Akashic

Records to provide truth to the individuals receiving Past Life Reports. To experience these reports in-person is magnificent and life changing! There is a connection made when receiving another's report; emotions come to surface and the truth of connectedness resides in that space. Intuitive Reports are a resource of the school that all individuals need to become awake to! Can you imagine a world in which everyone invests into Intuitive Reports? Thank you all who have and who are in the process of training and strengthening your Mind to make these remarkable experiences happen.

Later that evening we celebrated the time we have been so grateful to share, with the beautiful Golbahar Dadyan. As she prepared herself mentally, emotionally, and physically, to become a College Student, we all experienced shifts within the Chicago school branch. Golbahar is a grand light to the world; she is constantly giving of herself to the whole. Her way of being is one to emulate and receive into the Self. As a school, we are eternally grateful for the love and understanding Golbahar has brought into the Chicago School Branch.

A shift has occurred and you can see it in Randy's eyes! On July 21st, Randy Ristow gave his lecture, *You Can Do It Too!* This is a lecture that describes the choices of being willful and creating your deepest desires in life. As a fellow Sagittarius, there is a learning that needs to occur with willing the thoughts into the physical. Randy is learning a lot about being willful and he is teaching along the way, which accelerates his progression as well as the whole!

With will and love, we can recalibrate the consciousness of humanity!

Palatine Expansive Growth

by

As we transition into August, we keep in thought the changes and understandings built in previous days. Recently at the School Of Metaphysics Palatine, Branch Director Aneta Baranek made a conscious decision to relocate to SOM Branch in Kansas City, MO. This is a change indeed for Aneta, which she accepts whole-heartedly. Aneta had this to say about the alteration. "I am learning a lot about my own value, and what I can contribute to the Kansas City Branch. What I have built in myself is permanent, and I have taken it with me. Among many things, this change will allow me to utilize my dharma." The Kansas City Branch is in for a treat. Serving now as Director is Sandy Leitner. Sandy is looking forward to the challenges that lie ahead and this will help her grow in many ways. Sandy stated, "I feel stretched in all directions. I liken this new experience to a roller coaster. I feel like my training was going up and I feel like now the momentum I'm picking up going down is exhilarating. I am ready for the ride. This is very exciting." We at the Palatine Branch support Sandy in her fresh position and feel she will be very successful in this endeavor.

In other news, my class had a garage sale a couple of weeks ago. These class events always serve the purpose of raising the collective consciousness of the class. Much was learned during the fundraiser. My classmate Doug Smagur said that he learned much about service and emotions from the fundraiser. Another classmate of mine, Sathya Ram took the lead on this event. Sathya said, "Expansion on communication is what I learned from the fundraiser." It is always enjoyable to connect with the community and have the ability to provide some sort of service to the whole.

As we move ahead into the forthcoming days, we accept the changes that present themselves and become more open to the possibilities of new learning's. Bless you all.

Kansas City Change, Change, and um... More Change

by Alicia M. Allison

Kansas City, as a community, has certainly felt the winds of change this month. After several severe thunderstorms and tornadoes that swept the countryside, the School of Metaphysics Kansas City Branch is very thankful that all students, and the School itself, has remained safe and intact. However, by the month of July, with all the changes going on inside the School, it feels almost as if our branch has been completely uprooted.

Last week, we said goodbye to our leader, Leah Morris on her 32nd birthday as she prepared to leave the following day for the College of Metaphysics. "Anytime someone does something for their own good, it is also the good for everyone else involved," Leah told her students and friends who attended her farewell/ birthday party.

Codie Lea, a first cycle student, expressed her feelings of Leah leaving through her gift to the birthday girl. "I Love Soul Growth," quoted a picture Codie had painted with a grenade acting as a vase exploding flowers.

Codie had been through her own course of change this month receiving two Intuitive Reports during two consecutive Spiritual Focus Sessions. "It was a lot of information, and I'm still working through the meanings and the things I am needing to change," Codie told her class the Wednesday after her reports. "I received the Creative Mind Report and the Transference of Energy



Report. The Creative Mind Report gave a lot of information about how I am using my creative energy and how I may use it differently to benefit myself better. The Transference of Energy Report is about how the energy is moving through me and how I can open up certain energies and chakras. The reports correlated very well and talked about how I can practice receptivity and also become aware of a sense of honesty within myself that allows me to have a more neutral perspective on life."

Aneta Baranek, the new teacher and director for the Kansas City branch, gave Codie the space needed to share her new information with the class and added her own knowledge about the intuitive reports. "Each piece that we are given from the intuitive reports is like having a new piece of the puzzle. You will see as you gain more and more awareness and have more reports done, that there is a common theme among all of them."

Aneta had arrived the Monday before Leah's departure from the Palatine branch. She realized upon moving that she had lived in the Chicago area of the United States for exactly 20 years (almost to the day) and had lived in Poland for the first 20 years of her life. "Maybe I will live in Kansas City for the next 20 years of my life," she told our class jokingly.

As energy in the Kansas City Branch shifted, so did the classes Leah was teaching. Before she left, she merged two classes together creating a class with total of 6 students. Four of the students had also received their Past Life Profile Reports this month. My personal past life report spoke of a kind of hands on healing I was skilled with as a male in another lifetime. It is only fitting that the Healing Class resumed in the last week of July at our School Branch taught by Matt Valois.



As the Kansas City Branch moves through the shifts within the School of Metaphysics, we as students have been able to reflect on the changes happening within ourselves. Though we have substituted one great leader for another, we find ourselves with a new perspective and new goals. As we begin studying the 13th Lesson, we have begun to ponder just how much more there is to know about our minds and the power we can have if we are able to completely master it.

Oklahoma City Thought Evolution

by Anna Steely

In Oklahoma City we have been working diligently on changing our thoughts, transforming our perspective, and opening ourselves to receive greater and greater prosperity. We have set many goals for ourselves including having a whole-functioning school of 40 students, lab positions filled, our school building continually improved each month, as well as growing teachers and leaders! We know that the secret lies in learning from our experiences, reasoning, and always giving our best. Each month the physicality and results ebb and flow, but I am satisfied to say we come closer to our goals each month and are growing stronger and more stable with each passing day.

Roughly each month a student has been teaching a short course so that they can have the opportunity to give of what they have learned while producing the maturity that teaching brings. This is part of our effort to produce teachers and leaders in our school. This month Matthew Venable, had his chance to teach the 4 week Visualization Short-Course. He taught 4 individuals who greatly enjoyed the experience, one of them even became a student! He produced confidence in himself as a creator and desires to become a teacher some day. Other benefits of having regular short courses include giving community members a chance to participate that are not ready to commit to the Mastery of Consciousness Course and increased profits for the school.

Michael Fabri, stepped into his role of teacher this month when he started a new class in Applied Metaphysics on June 17th. Congratulations, Michael! We now have 3 teachers in Oklahoma City and plan on having weekly "Teaching Teachers" classes to go over each week's lessons as well as discuss how we can best help our students grow.

We also host new/full Moon meditations and drum circles that give students and public a way to consistently engage in the SOM community. The drum circles have been especially popular so far as it is giving people a unique way to connect to their inner spirit through the use of sound. We have been doing yard work outside, pulling weeds, and learning to treasure our space. We have been actively working on donations for a new classroom setup for our newly remodeled attic as well as new carpet in the school.

We are having a Yard Sale Fundraiser next week and it is our goal to raise \$1500 to go toward our supply debt and building improvements. We have successfully hosted a fundraiser each month for the past 5 months. This has been a good exercise to produce group consciousness in the student body as well as in individual classes. I am excited to see how things continue to grow as we diligently work on evolving our thoughts and becoming our best selves.

Fort Worth The Healing Power Within

by Mel Navarro

As we are taught at the School of Metaphysics, our learning is accelerated and deepened when the mind and body are whole, healthy, and connected. The mind is powerful and has the ability to heal. We talk a lot in our studies about the belief that thought is cause. In other words, our thoughts have the power to affect our bodies.

As part of a Spiritual Gathering hosted at the Fort Worth Branch, we screened the film "The Connection," a documentary that explores the connection between body and mind. Through interviews with doctors and other healthcare professionals, the film highlights the growing body of evidence around the mind-body connection and the mind's ability to help us heal from disease.

The screening was a great opportunity for the branch to share our teachings with the public and for students to go deeper with the information we are learning in class. While watching the film, I was drawn to the similarities between the film and Lesson 8: The Healing Power Within Us. The film discussed meditation and mindfulness activities and how those activities can be powerful tools in the healing process. Similarly, Lesson 8 emphasizes the need for a concentrated mind to help produce a whole mind and body. The exercises that we practice every day - concentration, meditation, visualization - are actually helping us to become healthier not only in mind but also in body.

Another aspect of healing is friendship. As we learn in Lesson 8, "relationships based on true friendship are healing for they support our efforts to live healthy, prosperous, wise lives." The Fort Worth branch is always looking for opportunities to bring new friends into the fold and to deepen connections with old friends. This month, we were so excited to welcome Michael Dardanes and the new class of First Cycle students that he is now teaching. We are definitely looking forward to both the welcoming of the new class of students that will begin the course of study the last week of August, as Joe Easton, a 2nd Cycle student, will be teaching the Mastery of Consciousness Course for the first time, as well as to the several public events and lectures in the works that will draw new people into the school. And, of course, we can't wait for the opportunity to grow our friendships with those at other branches at the next All-Student Weekend. We give thanks for the relationships that we have built through the School of Metaphysics and the true friends that hold us accountable and support us in our quest for mental and physical healing.

Dallas

Stages of Growth in Big D

by Lisa Cunningham

Things are changing in Dallas. We are happy to welcome the new field director for the DFW area, Emily Ashley. She says, "[I am] excited to be here, experiencing a lot of expansion. Learning how valuable it is to move within this organization. [It is] providing new and fresh stimulus that is enabling me to manifest my ideal self. Experiencing and allowing wisdom to move through my mind. Drawing from past experiences, moving into my own authority, experiencing the alignment of that."

In addition to that, Kera Everett is now Director in Training. She says, "My initial thought was, I don't know if I can step up to the responsibility needed. But I decided there's only one way to find out. I knew that I needed to make a change, that I needed something new. While I still have some fear about it all, I also have excitement about what we can all create."

On June 14 we had a special Sacred Space in which we converted the underused art room into Emily's field director office. Our next step for the office (listen up, Universe) is to manifest an air conditioning unit. Bianca Alonso, who led this event, says, "This is the creative room, but it was cluttered. The thought form is to clear out that substance in our mind that is no longer serving the purpose of creativity, to allow more light to come in, to transform it into a place of productive creativity."

We had a Teacher Workshop on June 13 and 27, to help students become more ready to teach. This was lead by Emily Ashley, director Charrie Sledge, and Dr. Damian. In the first class we did a freewriting assignment in which we said what we had learned at the School of Metaphysics that we would like to teach to other people. Then we read it to one other person, and they repeated what they had heard. We also did an exercise in which two people talked at the same time and then tried to remember what the other person had said. It was a good lesson in how not to listen. For the second class we had a homework assignment to write the ideal, purpose, and activity for why we want to teach.

Our class graduated on May 17, and we are starting the Second Cycle next week! One student says, "Undergoing the first cycle I peered into my soul and the relationship I have with my higher self more so than ever before. I noticed old habitual patterns that I was more used to using than productively using. I diligently, and in some cases strenuously, overcame certain patterns that were no longer serving me."



Springfield

Planning for Service

by John Matthews

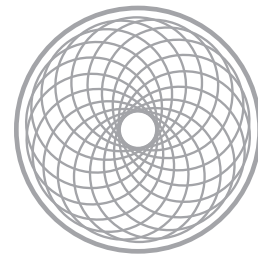
Exciting developments continue in Springfield. Brian Hoover had one of the largest registration nights in recent memory with 11 persons attending. Brian devoted much time and attention to creating this event and his ability to manifest a room full of students demonstrated how such effort brings results. Congratulations Brian.

The full moon meditation on July 31st had 14 attendees. Bill the Astrologer, who drives to Springfield from Branson, has become a regular part of the lunar events. The meditations are a favorite activity and always bring new people through our doors.

The desire to find ways of service has been growing. Lab positions are being filled and there are several upcoming community events where we intend to have a presence. As we set our intention to find expanded ways to serve, we will undoubtedly grow. Thank you.

How Your donation money will be used to reach the World at the Parliament of the World's Religion Exhibit Booth

Booth	\$1700.00
Peace Dome Banner	232.00
SOM Banner	116.00
Electricity	149.00
Upright pole with base	6.25
Expandable cross bar	6.25
Drapery Background	110.00
Table 6'x 30", 6' x 18" & 4' x 30"	61.00
Internet	600.00
Printing Peace Covenants	500.00
Glass and plexiglas for Window	1000.00
Light fixture with bar	100.00
Digital Picture Frame	200.00
Map of world / frame / flag pins / bulletin board	
2 easels	
Credit Card reader	



The Keys of Life that are the Universal Life Lessons

Dr. Daniel Condron

Key #5 Listening

Listening is receptive. The greatest and highest listening requires a still mind. As this is a receiving universe, listening is of utmost importance. The aggressive factor may bring one into the conscious and subconscious minds. For the Superconscious mind and beyond receptivity is absolutely necessary. Listening is receptive, Listening has power, Listen for Love, Listen for life, Listen for the good.

5. Listening

The young, maturing infant listens to the mother's soothing voice and the father's loving words. Within a few short years the child has learned a language and has learned to speak that language. Listening to the inner Self is taught in the School of Metaphysics coursework via meditation. Meditation is that special form of concentration wherein the mind is directed inward to receive from the Higher Self.

In order to meditate successfully one must have some proficiency with the discipline of concentration. This discipline is then applied to the greatest listening of all: listening to I AM. In meditation you may listen for the answer to your prayers. You may listen to the vibration of creation, and you may open to receive the highest and greatest love and truth.



Still Mind Weekend

October 23, 24 and 25th 2015

Spend a weekend devoted to stillness in the beautiful autumn at the College of Metaphysics!

If you are wanting to participate in this weekend and experience the stillness of your mind please write a paper entitled: Why I Want A Still Mind. Be sure to mail it in so that it is at the College on or before the 21st of October. A tithe for the weekend should also be sent along with your paper.

All attendees are asked to arrive on Friday by 5:00 pm and stay until after brunch on Sunday. Participants should have participated in a prior event at the college to be eligible for this event.

This is a weekend like no other at the College of Metaphysics. Some report having their deepest and most astounding meditation ever.



Also, if you would like to receive a meditation portrait prior to the weekend and in preparation for the Still Mind weekend then:

1. Indicate so on your paper.
2. Send a tithe of at least (minimum) of \$250; or more.
3. Be at COM before noon on Friday, October 23rd in order to receive the report.
4. This offer is limited to the first 14 people that apply.
5. You may still attend and not receive the report.

Daniel R. Condrón



The New Maitreya

HOW DOES HISTORY HAPPEN?

by Brian Kraichely, SOM's North Area Director

Many months ago, Dr. Laurel announced at National Meeting that the Institute of Noetic Science was having a conference in Chicago in July. I volunteered to lead a delegation from the three Chicago area schools and have a booth in their Inner Space area. They wanted people and organizations to offer short transformational healing experiences for participants at the conference. We sent in a proposal to interpret dreams which was accepted. Our delegation of myself, Sandy Leitner, Emily Knox, Randy Ristow, Alan McCall, Teri Karl, Jim Hegarty, Gloria Millare, Sherwin Rosenfeldt, Sandy Buch, Kim Knapp and Susana Manzo interpreted many dreams and shared how the School of Metaphysics aids people to transform their lives. The IONS Conference was a great laboratory for us to take our next steps in leadership, dream interpretation and connecting with people on a soul level.



Sandy, Kim and I got chills as she told us. When we shared the story of the Peace Dome, the Invitation and the Great World House; she got chills! She said that she knew she had to come and visit so I told her about the Dharma session. I will be following up with her this week.

On Friday, a young man from Michigan told Alan and myself that he has been daydreaming about a community that he would live in that had a pyramid in the center of many acres of land. Alan and I laughed out loud and then told him about our projection. He was blown away and stayed and talked to Alan for over an hour.

On Friday morning, someone dropped off a flyer for a cruise that included several of the presenters. I noticed that Loren Carpenter was the co-founder of Pixar which produced the *Inside Out* movie! I went to his presentation and spoke with him afterward. I told him about the SOM and how Dr. Barbara assigned us to watch *Inside Out* and write papers about the movie and our understanding of emotions. He was impressed and told me how important it is for Pixar to make fun movies that have a positive message. He has since

retired from Pixar and has joined the IONS science team. His desire is to study how consciousness affects reality using science and metaphysics!

We explained the dream consciousness circuit and how dreams can accelerate healing and growth. At least a half dozen people became emotional as they realized the message from their subconscious mind and experienced a sense of transformation. Several people talked about how the dream message was aiding them with guidance at an important crossroads in their lives. The value of what the School of Metaphysics has to offer the world was very evident as people returned to our booth and brought their friends.

We had some of the wildest synchronicities I have ever experienced. Today, a chiropractor from California shared a recurring dream she has had for many years.

"I am seeing a large dome building filled with people from all over the world. It has something to do with peace."



It was an honor and a privilege to represent the SOM and share our mission with so many people who also have a desire to change the world in positive ways. It was also a lot of fun! People need what we have to offer and I know that the SOM is growing and becoming more

SOM GETTING THE WORD OUT...

Nationally-distributed **BYOU Magazine's** Summer issue features SOM's Dr. Barbara Condon as the "dream expert"
Check out the 3 pg spread!

What do your dreams mean?
An expert tells us!

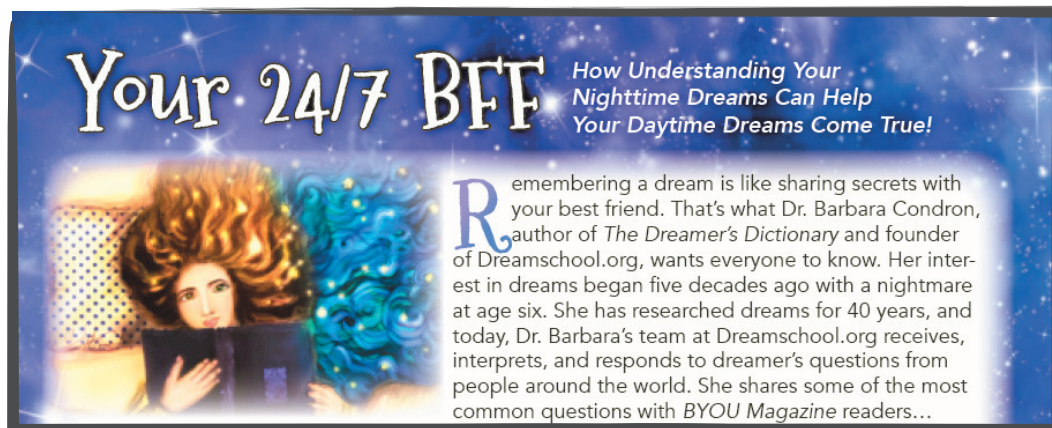
Want to increase the enrollment in your branch?
Here's a gift from the Universe addressed to YOU!

"Most of you know how amazed I am by the Pixar movie *INSIDE, OUT*," Dr. Barbara told us. "The movie is a cartoon. Its audience is ALL ages, and ALL ages are going to see it. It is about an 11-year-old Minnesota girl whose *INNER* world is transformed when her dad takes a job in San Francisco.

"What does the universe have in its synchronous mind? With a phenomenally popular movie, **BYOU Magazine's** 2015 summer issue featuring dreamschool, and SOM's leadership (*think Dr. Laurel's **Intuitive Dreaming** book, Dr. Damian's Prolific Dreamer YouTubes, our weekly dreamschool webinars*) more equipped than ever to respond to what media is reflecting back to humanity, **each of us has every available opportunity for that positive '100+ students in your branch' image to becoming a thriving reality!**

Universal Mind....

now you have a 'true reality' understanding of what the words mean.



Your 24/7 BFF

How Understanding Your Nighttime Dreams Can Help Your Daytime Dreams Come True!

Remembering a dream is like sharing secrets with your best friend. That's what Dr. Barbara Condon, author of *The Dreamer's Dictionary* and founder of Dreamschool.org, wants everyone to know. Her interest in dreams began five decades ago with a nightmare at age six. She has researched dreams for 40 years, and today, Dr. Barbara's team at Dreamschool.org receives, interprets, and responds to dreamer's questions from people around the world. She shares some of the most common questions with **BYOU Magazine** readers...

The editor learned about us through **HARO - Help A Reporter Out!** Dr. Laurel Clark responded to Debra's post. SOM is soooooo about **WORKING TOGETHER FOR THE COMMON GOOD!!**

BECAUSE EVERY GIRL DESERVES HEALTHY SELF-ESTEEM

BYOU magazine
Be Your Own You!

Dream BIG Make YOUR Dreams Come True!

Does fear hold you back from greatness?
Take our quiz and find out!

Celebs share:
How To Deal With NEGATIVITY

Success Tips
From Real Girls Doing Really Cool Things!

What do your dreams mean?
An expert tells us!

SUMMER 2015
BYOUMagazine.com
Heartlight Girls Publications



BYOU "Be Your Own You" Magazine

is for girls ages 7-15 and helps build self-esteem in fun and empowering ways with features on positive celebrity role models, stories about *real* girls making a difference, tips, advice, games, crafts, contests, jokes, and much more. Topics include friendships, bullying, inner beauty, empowerment, community service, and other timely subjects to help today's girl glow from the inside out.



When Debra Gano, editor-publisher of **BYOU Magazine**, called Dr. Barbara Condon she said,

"I was surprised at how many responses I received to my request for help from a dream expert. Yours stood out and I've spent over four hours at dreamschool today. Thank you for interviewing with me."

From *BYOU Magazine's* interview with
our own *Dr. B* on *DREAMS!*

The Story of Your Life is in Your Dreams

In Dr. Barbara's upcoming book, *Dream Scripts*, she helps us understand the elements of story in our dreams by answering six key questions.

1. WHO? The characters in your dream reveal aspects of you. Some, like your BFF, are very familiar, while others (like strangers in your dream) are parts of you waiting to be explored.

2. WHAT? The plot of your dream informs you about what's on your mind. A dream can inspire new ways of seeing situations, isolate the cause of a problem, answer a question, or just make you laugh!

3. WHERE? Is your dream taking place in your home town or do you find yourself in a foreign country, at the bottom of the ocean, or on the moon? Places in a dream give clues to what is attracting (and holding!) your attention when you are awake.

4. WHEN? Time bending is common in dreams. Ten-year-olds can dream of being 40 although it happens more often the other way around! Getting ahead of ourselves or lagging behind, dreams help us bring it all into the present.

5. WHY? Story dreams have a focus. They have a point, a moral, designed by your inner self especially for you. This comes through in the dream's theme.

6. HOW? Action propels a dream forward. Whether running, singing, shopping, or eating, the dream-action tells us where our energy is going during the daytime.

EXCLUSIVELY for
BYOU Magazine Readers!
Ask Dr. Barbara Condrón your
questions about dreams during
a special **FREE Dreamschool**
ONLINE WEBINAR!
Find all the details at
BYOUMagazine.com/dreams

AND....
on the WEB ...
Every Wednesday

at 6pm (CT)

**Login to the
DREAMSCHOOL
WEBINAR**

- Enhance your learning
- Prepare to teach others
- Find out what's ahead in your lessons
- Ask ?? of authors, teachers, lecturers



The Invitation Cast fundraiser has reached \$8,246 toward Parliament this Fall! It has been incredible to see how much friends, family, students, and former students have wanted to support our peace endeavor. The donations continue to roll in and we have 6 more days to raise \$1,754! Words of encouragement, love, and congratulations have been in abundance, and the mind light of all involved has helped us to unify and manifest. It's amazing to see how easily the physical world will support a group of individuals who are committed to achieving part of a greater plan. On behalf of the cast of *The Invitation*, and those who are part of future delegations to come, I send my sincere gratitude for everyone who has given to our mission!

INTERFAITH COMMUNITY

of Metaphysics

a Season for Peace

Sixteen weeks of living meditatively will transform you and your city - a report by Dr. Barbara O'Guinn Condon

A vision is opening in the inner levels of consciousness for those with eyes to see!

This vision stretches through New Years Day 2016.

Since 2012, SOM branches have hosted a space for people to meditate, alone and together, during the transition time between the old year and the new year. December 31 through January 1.

How precious is this time of crossing over as one chapter of our lives closes and another opens? How intelligent to draw our attention inward, aligning with the Universal Laws of Creation to live lives filled with peace, contentment, and security!

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The Interfaith Community gatherings have strengthened through this year. They had to, since three dozen of us are going to Salt Lake City to participate in the Parliament of the World's Religions! Our Interfaith presence there will awaken everyone we meet. Some will be kindred souls. Some will become students of SOM or dreamschool. Some will request Intuitive Reports and travel to the Peace Dome for Spiritual Focus Sessions. Our local Interfaith Community gatherings are Lighting the Akashic Field with the intent of peace on Earth, goodwill to all.

The SEASON of PEACE

**INTERFAITH COMMUNITIES gather locally
Sundays from 6-7**

to read the *Universal Peace Covenant*, to study the short course on SPIRITUAL GATHERING, to cultivate spiritual consciousness between neighbors and raise the calibration of a city!

Come and bring your friends and family!



A CREATION CYCLE

image from the upcoming book **FULFILLMENT**
by Dr. Barbara O'Guinn Condon

I encourage a trinity in every city.

This trinity is comprised of the branch director, the Peace Ambassador, and the Dream Coordinator. These three individual combining their intelligence, directing the energies in their community, is a life affirming image. The Director guides by preserving the quality of education, the Peace Ambassador interacts by releasing interactive communication, and the Dream Coordinator connects by creating experiences for the higher purpose of understanding. The trinity gives form to an idea by providing that all people can regard one another with good will.

As the *Universal Peace Covenant* says,

***“Living peaceably begins
by thinking peacefully!”•***

LIQUIDITY

by Barbara 'Gael O'Guinn' Condron

Recently, Psi Counselors and apprentices gathered to host two Spiritual Focus Sessions. The GENIUS CODE explores how the individual is using levels of consciousness to consciously image and create desires. KUNDALINI RISING focuses on the transference of energies in the process of releasing and manifesting those desires.

On the final morning, participants gather in the Peace Dome. Those present create a Living Hologram by perceiving the essence of Self and others. Shared experiences range from perceiving the etheric body - the aura to recognizing correspondences between the present time and past (life)times to spontaneous healings.

Before leaving the dome, each person lays a tile in the Peace Mandala. Often they choose a Kuan Yin verse to bring deeper understanding to their experiences from the weekend. In each session 16 people participated. In both sessions, a person chose verse **34 Discernment** and another person chose verse **35 Love**. Three people chose **97 Liquidity**. Of 32 choices, seven were part of an outstanding pattern. What are the odds? I leave that to the statisticians. I just watch and report the patterns for they seem to open doors to what is within the Many, as well as within the One. •

Liquidity
97

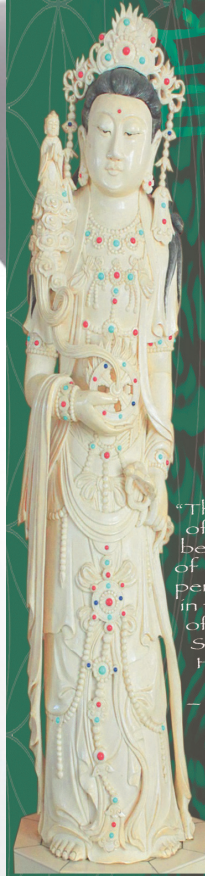
A steady Light can afford to bend in the wind.
A hologram casts no shadows.
Choose the world you want to live in.
I AM is the reference beam for consciousness and only water
bends light.

candlelight
& snow



Compassion

L
O
V
E



"The eye of the beholder of Light perceives in the fire of the Sacred Heart."

— Verse 1



The SOM Delegation Fund

Contribute
today

Visit this page at <http://som.org/wp-content/uploads/2015/07/parliament-web-page-11.pdf> to give your donation today!!!



Fourth Cycle Class Report

Dissertations: Writings of Discovery

by Jesse Kern

One of the degree requirements for earning a Doctorate of Metaphysics is writing a dissertation. By definition a dissertation is “a long essay on a particular subject, especially one written as a requirement for the Doctor of Philosophy degree.” Whereas a thesis, a degree requirement for the Third Cycle Doctorate of Divinity, is “a long essay involving personal research, written by a candidate for a college degree,” a dissertation is less research based and is written from the experiences and knowledge of its author, the doctoral candidate.

Adam Student Jonathan Duerbeck, an avid nature lover with a college degree in forestry, is writing his dissertation about what causes anyone to feel at peace when they are in nature. When requested to write about what he is learning, experiencing and understanding in writing a dissertation, Adam Student Jonathan Duerbeck submitted the following:

‘I am learning the value of continual addition over time by drawing together ideas and information that I have been collecting for several years. I am learning to write more clearly.

The out-bringing of things to pour into the thesis container brings more order and clarity to my outer mind, so I can grasp what I vaguely knew. It is like my thinking self and my inner self are sending interpenetrating roots into each other, like I am creating a structure inside myself made of organized thoughts. It’s like training my thoughts to mold themselves to the contours of what I want to bring out, so that I end up with a conscious thought copy of what was inside.

I am noticing that, among the things I grasp with my thinking mind, there are some that I know and other things that I don’t know or only partially know. So, at the same time I am more aware of the gaps between where I am and what I can think and perceive.

I am understanding completion, the Universal Law of Self Expression and the Universal Law of Relativity. Regarding relativity, there seems to be an inner sense of recognizing how things are connected, and it acts like a proofreader to correct my thinking and lead me to what is more true. Also, this sense lights up when there is something I

need to notice that is connected to what I want to show. Regarding expression, in the clearer moments I am vaguely sensing that everything is one great unfolding act of Self expression, including this sentence.’

The Adam Class members are writing dissertations on a variety of topics. For example, I am interpreting the Book of John in the Universal Language of Mind and Diana Kenny is writing about spiritual transformation through manifestation. Karen Mosby is writing on whole-self healing as illustrated in the healing stories from the Book of Luke (who was a physician) in the Bible.

For more information, ask an Adam Student!

The School of Metaphysics is pleased to present

The Invitation

A play in four movements

In the Peace Dome
On the campus
of the College of Metaphysics
Friday, August 28
8:00 in the evening
introducing the third cast incarnation



Doug Bannister as Albert Schweitzer
Grad student at COM

Michael Dardanes as Linus Pauling
Teacher at Fort Worth branch

Rachard Garrett as Martin Luther King Jr.
Director at Fort Worth branch

Anna Steely as Betty Williams
Director at Oklahoma City branch

Emily Knox as Shirin Ebadi
Director in training at Chicago branch

Matt Valois as His Holiness the Dalai Lama
Grad teacher at COM

Diana Kenney as Alva Myrdal
Opening a new branch in St. Charles, MO

Charlotte Crabaugh as Mother Teresa
Grad student at COM

and Scott Hilburn as The Narrator
Director at Urbana branch



2015 PARLIAMENT OF THE WORLD'S RELIGIONS SALT LAKE • OCT 15-19

“Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.” anthropologist, Margaret Mead (1901-1978)

In less than two months, thirty nine of the School of Metaphysics national leaders, directors, teachers and students will be making their pilgrimage to Salt Lake City to usher in Spiritual Intuitive Man, as they attend the 2015 Parliament of the World's Religions. Each of them will ignite the ideal, purpose and activity of the SOM as they spread their love, light and truth of who we are as a spiritual community, an educational organization and spiritual leaders to the 10,000 plus individuals attending from across the Globe.

We are excited to announce that The Invitation has been accepted. We learned of this a few months ago. The visualized image is for this living prayer of peace to be presented at one of the Plenary Sessions, where all attendees are invited and welcomed to attend. The Invitation is a living representation of what the Council Of the World's Religion is desiring to communicate to the World. This is a way of life for us.

We have recently learned that one of the proposals that Dr. Daniel Condrón submitted has been accepted and that he has earned a place on a distinguished panel of presenters. The title of his presentation is, Raising a child according to the true nature of reality that is connectedness, the truth in all Holy Scriptures and Divine Love.

We will be planting seeds as each of us moves about the conference center meeting new people giving them the gift of the parables of the Universal Laws as they receive a copy of the book DreamTime. This book holds all of the Universal Laws with stories that were lived by those that attended the last PWR in Australia. (this is a must read)

Karen Mosby will be directing members of the SOM delegation as they serve the people that come to our Exhibit booth at the PWR. We will have a sample of the booth set up at the all student weekend in August. Come by and provide the delegation members an opportunity to serve you. What a beautiful way to visualize serving, receiving and giving.

Imagine the number of correspondence students that we will meet. Those individuals that will desire to receive the wisdom and truth from the intuitive reports that we offer. Imagine the healing wall being completed as we receive pledges and rocks from around the world. It will be awesome to meet the number of people from around the world that will come to our exhibit booth desiring to place their thoughts of peace in The Window to the World.

I think we can expect this year, during Universal Hour of Peace, 100's , 1000's , 10,000, from around the world to be reading the Universal Peace Covenant at midnight of 2016 in their location and joining us as we stream the placing of the Window to the World , on the banister across from the entrance to the upper chambers of the dome.

Here are a few ways you can support.

- 1) Our desire is to place in the hands of each of the Attendees a parchment copy of the Universal Peace Covenant. We need people to find printers that will donate these copies to us. Because we are on a time frame we would need to have them no later then 3rd weekend in September. (Please contact SOM headquarters if you have a desire or a lead on how this can be accomplished.) I will be sending a PDF of the Universal Peace Covenant to your local branches.
- 2) We would like for the SOM leaders to continue to have a voice in the world so that the planet is illuminated. You can ensure this by donating money to the SOM foundation. Please visit our website : <http://som.org/wp-content/uploads/2015/07/parliament-web-page-11.pdf>.
- 3) We are also asking for donations for our exhibit booth. We need \$5000.00 to pay for all the accessories that we are wanting to have in our sacred space.
- 4) Ask your area director, director and teacher if there is a way that you can support in the your local branch (guest teach, lecture etc....) or at our World Headquarters in the absence of the National Leaders as they travel to represent US in Salt Lake City.

Here is a Glimpse of Salt Lake City.

Streets of downtown Salt Lake City



Grand Room at the conference center



Charlotte Crabaugh

For the last several months here at the College some of our conversations have included the phrase, "...when Leah and Golbahar get here..." We made excited preparations for their arrival on the third weekend of July, and we have not been disappointed. The largest suite on the second floor of the Gatehouse was divided into two rooms to provide a space for each of them. It was a creation with warm-hearted harmony as Larry taught us how to put up dry wall, fill in holes and prepare the walls for painting. We took turns painting and cleaning to try to get things ready in time. They joined in with typical enthusiasm to help complete the finishing touches.

We immediately began to experience the benefits of the initiative they both bring to every experience. As residents of the Gatehouse, they have joined wholeheartedly in the efforts, already put into motion, to renew that building. They bring with them great understandings in cooperation, team-spirit and hard work. They bring an infusion of joy, wisdom, and harmony to each day.

As our new students move into infancy, each of the College students also moves into a new stage of growth; this has created shifts in consciousness for all of us. We experience joy in teaching and passing the duties we have become familiar with to another. But there can also be a struggle with letting go. We learn to recognize how rapidly attachments can become part of our thinking and how they can limit us in our growth.

In preparation for the Student Experience Week in September, we are getting the word out to each school branch and reaching out to encourage individual students to come for this enriching week. To accomplish our ideal of sixteen students for this week we have divided the activities among us to create a flyer and make calls to school branches. It is shaping up to be a fun and inspiring week.

Leah Morris

I am so grateful for the heightened sense of awareness that I am experiencing with my thoughts. It is as if every single thought I think is magnified here, like a siren loud and clear, waking me up to what needs to change more and more every day. Today, while I was filling up drinking water for my classmates on the back porch, Tad came outside and asked me to tell Sydney that he had made a French press with new coffee that he wanted her to be sure to try. I told him I would tell her, then immediately realized I did not have a strong intention of doing so. My thoughts did not match my words. I have been focusing on integrity, humility, and forgiveness and decided to practice. I recognized that following through with his request was not really important to me. The lack of importance allowed carelessness to enter my thinking. But, I knew that I said that I would. Why would I say it if I did not intend to do it? The old me would have allowed the opportunity to pass, staying asleep yet another day. I would have let myself off the hook, refusing to give to myself (and Tad and Sydney) in a more expanded way. Integrity and honesty are so very important at this stage of my spiritual evolution. I decided to change. Not for Tad, or for Sydney, although I'm sure they both appreciated it (as I did their stimulus). I gave myself something greater. I created a strong thought image in my mind of telling Sydney about the coffee. I intended to make my images, words and choices match, willing Integrity into my heart as a permanent understanding. The image was so clear that when I saw her, the memory was instantly triggered. How I do one thing is how I do everything. Practicing my ideal in the moment, when the stimulus is present is how I can give to the Real Self. This is the key to purpose and fulfillment!



Golbahar Dadyan

I have enjoyed my experience at the College of Metaphysics in ten thousand ways. The garden class is a time for me to get still and give my full attention to the garden and the health of it. I look forward to being in the garden every morning. I think the key is Being. Dr. Daniel has been teaching us to be with the garden, be awake in it and be focused in on it. In that process I have found that my mind has slowed down and therefore I am waking up to the sound of my soul.

Dr. Barbara teaches a class on Mondays and currently we are covering the story of the Buddha. In this class I have learned more about the seeds of karma and how we can untangle ourselves to align with Superconscious mind. What I enjoy the most about this class is that Dr. Barbara covers all bases from being a student to a teacher to Universal Laws and Truths that govern creation. I can tell that from just a few weeks of being in this class I have been able to solidify my foundation as a soul. Last week in class Dr. Barbara asked us to go deeper with the one of the Ten commandments which is "Though Shall not take the Lord's name in Vain." What we were able to realize as a class is that the true meaning of that Law is that we must surrender to our I AM and know that we always get what we need no matter how we may see it in our conscious mind. Therefore to always identify with the I AM with reverence and honor. I am so grateful to be able to have such a whole minded education. The College of Metaphysics study is priceless.

Sunday, September 13th - Friday, September 18th



- **DISCOVER STILLNESS BY CONNECTING TO YOUR TRUE NATURE IN NATURE**
- **STRENGTHEN YOUR WILL**
- **DISCOVER WHAT YOU'RE MADE OF BY BUILDING MENTAL, EMOTIONAL, AND PHYSICAL STRENGTHS**
- **LEARN THE POWER OF YOUR THOUGHTS**
- **MAKE CORE CHANGES TO BECOME MORE WHOLE-FUNCTIONING**



**TEACHER & DIRECTOR MUST RECOMMEND YOU
MUST BE STUDYING BEYOND LESSON 8 AND HAVE BEEN TO THE COLLEGE BEFORE
AN IDEAL AND PURPOSE PAPER FOR DESIRING THIS EDUCATION IS YOUR APPLICATION
(DUE BY SEPTEMBER 1ST)**

A MINIMUM DONATION OF \$50 PAYS FOR YOUR ROOM & BOARD

When the air conditioning went out in Kansas City as Aneta Baranek was stepping in as a new director Matt Valois responded by donating an air conditioning unit to feed the thought form of the students claiming the space. This activity had a response and within a week their students had donated two more air conditioners, three fans and ordered a piece from ebay to repair the air circulation in the building. In addition when Matt arrived the next week there were two garbage cans full of trash that had been cleaned out.

'All you're doing is inviting people over and creating a space for people to talk about good things. And in the process of talking about awesome things, and people coming and going, we sold a lot of books, people were interested in intuitive reports, some people were interested in classes, people find what they're interested in as long as they have a means to get into the door'

-Matt Valois

Courting the field in Kansas City

an act of generosity by Matt Valois

interview by Davi Brown

Matt Valois recently donated an air conditioning unit to the Kansas City school branch as he has been serving as a Psi Counseling student there for the Sunday evening gatherings. I sat down to talk to him about the purpose, motivation and outcome of that gesture.

What he expressed to me is that there was a need for a Psi Counselor to serve by teaching the Superconscious Healing course in the Kansas City branch as Leah Morris was moving to the college. With Aneta Barenak coming in as a new director he wanted to aid her the best he could so he volunteered to serve in this capacity. The first week there was a degree of surprise at his arrival and so before he returned he spoke at length with Aneta and Christopher Stohrer to prepare more for the next class. Christopher got a group of students together to go see the movie 'Inside Out' and Aneta utilized the contact list to spread the word and the next time the class was taught there were 12 people there.

The only thing was that at this point the air conditioning had gone out. They served watermelon and did the best they could but there were some people who were affected by the heat. At this point Matt took it upon himself to act, "It would be one thing if Aneta bought it, it would be (in my mind) kind of enabling because it would just create the thought form of 'oh, the director will take care of it, no worries'"

"and I thought if I showed up with an air conditioner the next week and installed it then, it would help the students start to claim the space"

Christopher and Matt installed the unit and were waiting for the twelve to come back and there were two who came that week. But when Matt returned the following week there were two more air conditioners donated by students, three fans, they found a part on ebay that repaired the air intake so there was circulating air in the building, and there were

two full dumpsters of trash in the driveway that had been cleaned out.

"So that entire week they went into a 'lets claim our school', type of attitude"

In addition to that, the last Sunday Matt was there they had 13 people attend. There were several generations where one person told another person who brought another person who brought another person. Codie Lea invited her delivery driver who then invited her son who brought his girlfriend, and Kim Laurence kept with her initiative of bringing one or two new people.

He mentioned to me that part of the vision of the Sunday evening gatherings is having a place where people can come and go as they desire, because it is needed and he believes that evolves the school. There are many people interested in various events and for whatever reason don't believe that they can be involved with the classes. The gatherings serve the community by providing such a space.

"I think the main point is, what makes this work is, first recognizing there is a field that already exists and all you have to do is support that"

He wanted to be clear on how **simple** this was, that the field already exists, and it is our role to support that. His initiative did just that, it was a simple gesture that allowed the essence of these gatherings to move through the Kansas City branch to serve the community by igniting and supporting the field. His act influenced an ease of flow on Sunday evenings where people feel free and comforted to come and go as they please while finding what interests them within our doors. I hope that Matt's story is an inspiration and model for other branches to provide such a space.





Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your *Vibrations* Staff.

Journey

Each experience is a willful vibratory creation. Self rejoices when a seed thought is placed in the Third Level of Mind in response to the Inner Urge. Forgiveness always produces perfected conditions.

Dr. Sheila Benjamin - 60 Firestorm - 'Potential energy from repeated life toil permeates mind's substance then knocks at your door. Be open, surrender the the Truth that our life is not your own. Who you are stems from who you were, all who will ever be.'

Davi Brown - 28 Ethereal - 'When cause is understood awareness of what is coming rises. Imaged thought takes root in the third level of Mind. Subconscious awareness often escapes the conscious mind's reach. Already planted, it seeks to thrive, even when we forget.'

Kerry Keller - 80 The Immortals - Immortality begins in a mind full of what is when you know what is, your reign begins. Your reign extends the power of mind's Light from Heaven to Earth. Everything changes in the Light of eternity.

Holy works for the month of September The Dhammapada -- 13: The World vs.167-173 (chosen by Laurie Biswell)

"Don't follow wrong laws; don't be thoughtless; don't believe false doctrines. Don't follow the way of the world.

Wake up! Don't be lazy. Follow the right path, avoid the wrong. You will be happy here as well as hereafter.

Look on the world as a bubble, look on it as a mirage; then the King of Death cannot even see you. Come look at this world! Is it not like a painted royal chariot? The wise see through it, but not the foolish.

When a foolish man becomes wise, he gives light to the world like the moon breaking free from behind the clouds. When his good deeds overcome his bad, a man gives light to the world like the moon breaking free behind the clouds. "



School of Metaphysics Branch Locations

email to (cityname)@som.org

World Headquarters • 163 Moon Valley Rd. • Windyville, Missouri 65783 • (417) 345-8411

ILLINOIS

345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

1009 E. Main Street • [Urbana, Illinois](#) 61802 • (217) 344-2270

INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

IOWA

3715 University • [Des Moines, Iowa](#) 50311 • (515) 255-5570

KANSAS

4323 Rainbow Blvd • [Kansas City, Kansas](#) 66103 • (913) 236-9292

KENTUCKY

2704 Hikes Lane • [Louisville, Kentucky](#) 40218 • (502) 452-2501

Missouri

103 West Broadway • [Columbia, Missouri](#) 65203 • (573) 449-8312

1033 E. Sunshine Street, [Springfield, Missouri](#) 65807 • (417) 831-0955

2606 Oakview Terrace • [Maplewood, Missouri](#) 63143 • (314) 645-0036

Ohio

[Cincinnati, Ohio](#) 45216 • (513) 821-7353

Oklahoma

908 NW 12th St • [Oklahoma City, Oklahoma](#) 73106 • (405) 228-0506

429 S. Memorial • [Tulsa, Oklahoma](#) 74112 • (918) 582-8836

Texas

5832 Live Oak Street • [Dallas, Texas](#) 75214 • (214) 821-5406

2839 Sandage Avenue • [Fort Worth, Texas](#) 76109 • (817) 920-9180