

The ideal of the School of Metaphysics.....To aid any individual willing to put forth the effort to become a whole functioning Self not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter



Still Mind Weekend

October 27th, 28, and
29th 2017



Being in silent stillness in nature with the sacred geometric forms and in the Peace Dome. Meditate in all these places. Have fun, enjoy and be fulfilled.

Unlike any other weekend at the College of Metaphysics! Many say it is their favorite experience weekend at the College of Metaphysics.

Feel the Spirit
Experience the Love
Enjoy the natural
Be who you are

This weekend is for you. Open to School of Metaphysics students at lesson

**Spend a weekend devoted to stillness
in the beautiful autumn
at the College of Metaphysics!**

If you are wanting to participate in this weekend and experience the stillness of your mind, please write a paper entitled: Why I Want A Still Mind.

Be sure to mail it in so that it is at the College on or before the 20th of October. A tithe for the weekend should also be sent along with your paper.

All attendees are asked to arrive on Friday by 5:00 pm and stay until brunch on Sunday.

Participants should have participated in a prior event at the college to be eligible for this event.

This is a weekend like no other at the College of Metaphysics. Some have reported having experienced their deepest and most astounding

Meditation ever!

I send you My Circle of Love
Dr. Daniel R. Condon



*Find you silent
seat in nature*

VIBRATIONS

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Indianapolis

Third Weekend of Service

by Mickey Hughes



So today, August 18th, is the Friday of third weekend. Lynn and myself drove most of the night and arrived on the college grounds at 3:15 am. We then slept till after brunch. We have arrived to give of ourselves in service. Both Lynn and I will be receiving our Dharma reports in September and we are getting familiar with the value of serving in anticipation of giving to those attending the Dharma Spiritual Weekend

Our first service of the day was to help prepare for dinner. Our aid was to serve in the kitchen while cutting the meat and onions up for dinner which Dr Pam had chosen to make goulash for dinner. Afterwards we went to the peace dome to say the peace covenant and to share our thoughts on our ideal purpose and activities that we want to achieve. After

the peace dome we were to help service the garden with Dawn and to make sure that all the pumpkins are available for growth.

After getting done with the garden we went to help Dr. Tad with a tree down in dream valley so that we could get firewood for all student weekend.

The second day of service was with Walter. We were working on the campgrounds getting things prepared for all student weekend. Walter then asked what was our ideal and purpose for getting this together. My ideal is always to be a whole functioning self. I was to focus on the goal of organizing the materials we needed to be more functional and accessible. My purpose was to be able to know where everything was stored and inform others where certain utensils needed were available.

As we opened the camps ground shed Walter notice that there were spiders that had sacks full of their babies. I picked the spider webs up carefully and remove them out of the shed and put them on three separate trees to where they could be with Mother Nature. This way they were not harmed. Both Walter and Lynn we're amazed. They said you're way braver than we will ever be to touch those.

Shortly after we started pulling the materials out of the shed that stores our camp ground materials. Then we pulled everything out to clean materials and utensils that were needed for all student weekend. I then visualize how it would be more functional if it was organized in everything was in its proper area. We worked on the shed for 2 hours and then it was almost time for lunch so we made sure that everything had its lid back on its container before we went in.

Walter was in astonishment of how it looked after we completed the shed he had wish that we had taken a before picture and an after he said we did an amazing job stayed focused.

We headed in to the main house to eat lunch. Then we were asked after we were finished with Walter if we also could help in service with preparing Sloppy Joe's and Sloppy Jane's for dinner and salad with Dr. Diana.

Our conversations with other students were very uplifting and positive the entire weekend. Lynn and I are class mates, yet we learned so much about each others needs. We also learned how to follow each other's train of thoughts and open up to support each other in redirecting our minds to be more productive and visionary. We discovered our needs are very different and our desires are too. But the amazing thing was, it was okay to be different and spend time looking through each others eyes. Providing service to others leaves so much opportunity to receive others and understand them. We recommend it. •

Chicago

Persistence Produces Productivity

By Lisa Stefaniak

It has been a very productive month for the Chicago School Branch! There are many activities taking place to create a space to receive new students. We are in the process of organization and letting go of physical objects we no longer need, which inspired us to have a 2-day yard sale fundraiser in the month of September. Our plans include exploring the basement as well as the garage to gather up unwanted, but very useful items that can find their way into a new home.

Our goal is to create a new bedroom within our branch where the office currently resides. This requires us to condense our SIR room and leaf through paperwork to determine what must stay and what must go. We realize that more teachers living in this space will cultivate divine friendships and pure love. 'Feng shui' is a concept commonly used in our branch when we desire to change up the stagnant energy to produce something more fruitful and free flowing. This creates a sense of excitement and a willingness to be receptive.

During our weekly Creative Circle Meeting, as we expressed these desires, we manifested 2 phone calls from potential students! This occurrence widened our perspective to show us that when we are directed and using our creative minds, we can quickly generate what it is that we truly desire.

After our meeting, Randy and myself went out into the community to poster for our upcoming New Class and Mindfulness Workshop. We went to a local coffee shop, Portage Park, the Austin-Irving Library, an ice cream shop, a church, Patio Theatre, and Anne's Haven - a community centric business that offers a multitude of classes and workshops. Each place we went to, we were able to leave our materials there and initiate a strong connection with the person or persons who were assisting us.

While we were out, we learned that there are so many opportunities that are available to us to expand and heighten the consciousness within our community. We discovered that there are several places we can reach out to for 10 fold recipients, spaces for us to showcase SOM movies, and places for us to host lectures and workshops that can reach a broader audience. Most of all, we experienced that



This is a good example of The School of Metaphysics' Purpose: "To Accelerate the evolution of humanity by USHERING In Intuitive , Spiritual Man."

To teach more students you need to go to where the people live and let them know that you are here for them and desire to usher them. Thank you for rekindling an ancient form of marketing, known as poster.



Come along with me and let me how to teach you to be the genius you were meant to be.

School of Metaphysics located at
5021 W Irving Park, Chicago , Ill
For more information call us
773-427-0155

Remember to bring you dreams.

Kansas City

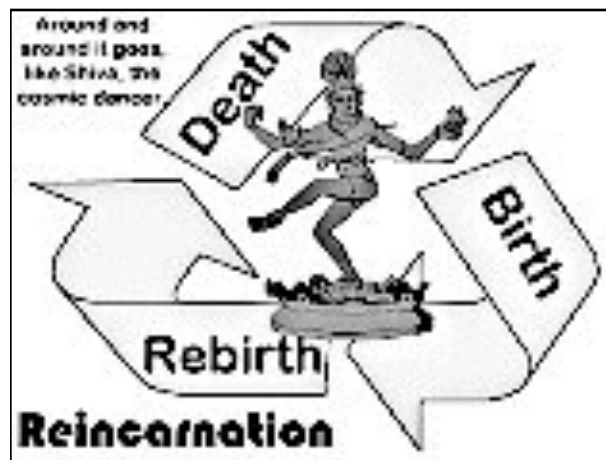
From Skepticism to Knowing

By Michelle Adams

On Saturday, August 12, 2017, I earned the opportunity to attend the College of Metaphysics in Windyville, Mo. Having been on the road for three weeks straight, it was horrible timing in my personal life but my soul kept asking me, “if not now, then when?”. Coming from a long line of farmers in this physical life, I am drawn to how they live so humbly with the land and I wanted to experience it.

Upon arrival, I was excited and ready to be completely present throughout the experience. I engaged in conversation with everyone living there and tried to help with the chores that were obvious to me. I walked the garden, visited the peace dome, and immersed myself in the learning that was so lovingly being offered. If you are new to metaphysics as I am and you have found yourself looking for others’ auras, visit and see for yourself. Dr. Pam, Dr. Tad, Dawn, Charlotte, Dr. Daniel and Sam all showered me with love and listening ears.

I was taken back centuries during my Past Life Profile report and could actually see my attire from my past life while Dr. Pam was reporting it. I can’t tell you how flabbergasted I was because less than 3 months earlier I just knew that that’s where they’d lose me. I was lost in all the imagery of her words but my soul never questioned the words’ validity to my current soul progression. On Sunday morning while fixing breakfast, Dr. Pam and I were visiting and she said, “I remember telling my professor that I didn’t believe in reincarnation and the teacher laughing”. I was right there 3 months ago. I remembered in our earlier lessons being taught that you have learned something when you just know. I just know that God led me to this level of higher learning for the greater good of all and am overwhelmed with gratitude and love for all of the teachers, students, and doctors from whom I am learning. If you’ve earned the opportunity to visit the College of Metaphysics, I say make the time, you’ll never regret it!



TULSA

Exciting Changes in Tulsa

by Mandie Renner

The month of August was filled with fresh beginnings at the Tulsa branch. The schools renovation, being led by Wendy Vann, is well on its way. The renovation was complete enough to host the August area teachers meeting. The Tulsa teachers and students were eager to show off all their hard work. Wendy continues to lead the renovation through the last remaining projects. Next on the list is to complete the back room carpeting and then move to the kitchen remodel.

The month ended with a successful garage sale led by Crystal Storm. Crystal organized the event and aided other students in harmonizing with their individual Ideal and Purpose for the weekend. She was enthusiastic and, to nobody's surprise, she is a great deal maker and bargainer. The school made approximately \$450 from the weekend. The month of August was filled with fresh beginnings at the Tulsa branch. The schools renovation, being led by Wendy Vann, is well on its way. The renovation was complete enough to host the August area teachers meeting. The Tulsa teachers and students were eager to show off all their hard work. Wendy continues to lead the renovation through the last remaining projects. Next on the list is to complete the back room carpeting and then move to the kitchen remodel.

September began by welcoming new students and new energy into the Tulsa school branch. Amy Campbell began a first cycle class. Leah, Michael, Sarah, Kami and Nicole came to receive what the School of Metaphysics has to offer. The excitement of these students is contagious. They all have a natural curiosity to learn more about their real Self and we look forward to growing together. •

DIRECTORS INSIGHT



DIRECTORS INSIGHT

Dallas Director Jamie Metsenberg :

Dallas has had great success in August & September with the start of a concentration short course, monthly mediation gatherings, monthly Movie Nights as well as monthly community presentations. All of these events provide opportunities for us to connect & engage with the community and in essence add to the growth, prosperity & abundance of our school. We have seen that consistent motion actively keeps momentum high and encourages us all to continue to do our parts to keep our school thriving, abundant and successful. Dallas is on fire! "Universal" – "The More you Give the more you receive"

Bolingbrook student Gloria :

In the past three months the Bolingbrook Branch has raised over \$2000 from fundraiser of Dream Bingo and candle-making. There were successful because of the cooperation of the entire school's initiative to invite the community. We strengthened our concept of unity and teamwork, in addition to having a blast.

Columbia Director Doug Bannister :

The Columbia school is branching out into the community with face to face meetings with individuals and groups. We have taken students posterizing to promote our open house, lectures and new class starts. We just started a class of nine women and they are excited at the prospect of growing their soul. We are also starting a class this coming Monday.



Des Moines Director Mavis Curry:

The Des Moines Branch of Metaphysics has been expanding our activity in the community and harvesting the benefits in August. This September we went posterizing on two events with Unity Church. The first was "Meals for the Heartland" where we packaged meals for those in need. We celebrated the 100 millionth meal prepared by this organization. We also read the Peace Covenant on the hour for 24 hours for the "Unity World Day of Prayer". Both service events expanded public awareness of SOM in Des Moines as a caring, community service organization. Following the Dream Catchers Webinar Event we started a 10 week dream class and new Master of Living Class. The students are also planning a "paint your dream" event for students and the public to express their dreams through partnering.

Palatine Director Zack Busch

shared August was a great month. We manned two booths. One was the Village Day Festival in Long Grove devoted to refurbishing old items. All our students participate and we drew over 20 names of people wanting more info on upcoming events. At one point through out the fest the students drew the comparison to the Palatine branch being like all the newly refurbished antique items that were surrounding the house. The Palatine Branch at one time had over 40 students and with just a little love and attention we will be shiny and new again. The second booth we were a part of is one that is near and dear to the Palatine branch and that is the Palatine Street Fest. Over the years we've had countless people become students, a lot that are still part of the school. Sunday it was raining and few people attended, yet we decided as a collective that we were going to stick it out to the end. During the final 10 minutes one person came to our booth and signed up to be a student. By the end of August, Mike Muffa had a class of three amazing people. Palatine made over 50 new contacts, that we will draw upon for starting future classes. The vibe of Palatine has charged for the better, and it is all because we came together as a collective group to build something together.





OKC

by Silvic Galvan

Change is happening in OKC. We recently created an open mic night lead by Michael Fabri and his class. In addition, to the open mic, we also combined a raffle led by Silvia's class. Both of these fundraisers helped us reach our goal to repair our outside spicket.

We began another first cycle class with a total of five new students. Ashley Sowder set-up a lecture at a local library and is creating the flyer. Her ideal is security and through the process of initiating, setting up. and serving at the lecture she has seen her self value and self worth has increased. She is very excited to set-up lectures.

Maplewood

by Linda Pecaut

For several months, Maplewood has hosted weekly meditations on Mondays. We have attracted many new people and also renewed relationships with former students.

Each Sunday evening, we have Spiritual Gatherings before Healing Service. We have provided lectures and discussions on a variety of topics related to Peace and Holy Works.

Cyndy Donato, Teacher, Cycle Two Student, and Healing Director: We recently created a Healing Tree designed to honor all those who have requested healing during Healing Service. The tree was painted by one of our students, Andrew Tansil. The primer for the painting is magnetic. Our thought form is that our Healing Tree will magnetize all those who may come forward and ask for healing support. With each healing request, we place a leaf in the shape of Stargate on our tree.

Erin Laure, Cycle One Student: So glad everyone is excited about our cool weather herb and veggie garden! With the help of Danny Hallam and Cyndy Donato, we've cleared most of the retiring wall area. I'm encouraging others to put their good energy to work in the front yard. Soon to plant beets, kale, delicate lettuce and broccoli, and some cool weather herbs like sage and oregano. The herbs are good medicinally as well. Just visualize how fruitful the garden will be especially surrounded by our love and light, even on the darkest days of winter. Plants need love too!

Springfield

by Brian Hoover

In Prep for the new class in Springfield I aligned my Whole Self, all of my thoughts, goals and ambitions with this task of raising the conscious of others. In order to be attractive on the inner levels to others I must change first. I used this new class as an opportunity to stimulate me to make my next leap in consciousness. This change within myself aided me to draw to me 11 new students in 2 weeks. Better yet this higher consciousness gained was for the purpose of aiding others to a better quality of life, which in returns raises the quality in all areas of my own life.

**As you give you will receive.
Don't hold back!!!!
It's all reflective.**

Correspondence Study by Eneze Obuaya



My quest for a deeper meaning to life became rekindled after the birth of my children, and the need for a better more meaningful life for them, myself, and my husband. I had been doing research about my children, and it led me a book *How to Raise an Indigo Child* by Barbara Condron. After reading the book, a yearning was ignited within me. I knew I had to talk to this author. Something deeper and bigger than myself pulled me in this direction and it was as if I could not be stopped. I researched her on the internet and sent her an email. I experienced incredible happiness, joy, surprise and tears from receiving a reply from her. I guess somewhere deep down I was concerned that I would not be able to reach her, but I did, and my life and my outlook on life has never been the same since... Her counsel and advice resonated with me, and I constantly browsed the School of Metaphysics webpage, longing to find a way to be a part of the organization. Then I found the correspondence study, which also offered dream study classes. I have always wanted to understand my dreams. I discussed this with Dr. Barbara Condron, and here I am.

Life as a correspondent student has been life changing. I am about halfway through the 1st cycle of lessons and the experience has been worth more than a "10 fold return" on what I paid for. It has been priceless!! My hope is for such studies to be incorporated in different ways at all levels of schooling from pre-kindergarten up to graduate studies, in the workplace, home schools, politics, International Relations, family life, etc. I can do my part by sharing the knowledge and this new self I am becoming.

The studies have impacted my life as a mother of two young children (4 and 6 yr old), a wife, a doctor, a daughter, a sister, a friend, and just as a human being. As my interactions have changed with myself, I have seen changes in my husband, my children and my colleagues, also. I find that situations that

would have illicited negative emotions or reactions from me, I am now able to stay in a calmer, more loving place and act accordingly. This has created more peace within myself, which has extended to my family and all the people I interact with. It has had the most loving impact on my husband and children. As an anesthesiologist with the high level of job "stress," it has been a priceless gift of learning to maintain inner peace and calmness at work, which has also positively impacted my health. These studies about the Self have been an ongoing process of self exploration, self illumination, self growth, maturation and evolution.

Some days have been very challenging as I learn about myself. Lesson 13A says, "The universal laws assure us that to the degree change is judged negatively and discouraged, to that degree is change experienced in life as challenge." Thus, it did indeed seem like quite a challenge but as I realized, "Proper perspective is known when the outcome of an event is less significant than what one becomes through the experience." (L 13a) Therefore, not only am I learning to look at experiences as positive ones that elicit positive changes within me and in my consciousness, but I look forward to the journey of who I will become through the experience. It is not just about getting through the studies any more, and this is making the experience so much more harmonious.

As a correspondence student, I do miss the actual physical meetings with like-minded souls within the SOM community. So, I do eventually look forward to visiting the main headquarters of the School of Metaphysics, as well as a few branches, to be able to physically meet and connect with the members, students and teachers, because this will definitely further enrich my journey. That being said, as a correspondent student, I have an assigned teacher that I have a one-on-one weekly live online classes. I have access to an amazing and deeply appreciated teacher – Dr. Karen Mosby via phone for questions and concerns, and I am also able to attend dream webinar classes. As a correspondence student, it has been and will continue to be an amazing and enriching learning experience. Thank you. •



Inspiration from the students from all student weekend

Breonna Carson, Bolingbrook (Vibes): Visualization, Connection—“Connection with people and visualizing helps me connect with my Self and what I want to create in my life.”

Mandie Renner, Tulsa (Vibes): Receptivity—“Using receptivity when speaking with other allowed me to fully receive others and my Self while connecting with my ideal of recognizing my own inner authority and wisdom.”

Nicki Koenen, Maplewood (Vibes): Receptivity—“I experienced how the use of receptivity and deeper connection with others allowed me to connect more deeply with my Self to create healing.”

Jamie Metzenberg, Dallas (Gazebo): Listening—“Through listening and the use of undivided attention and concentration, I was able to experience the stillness and oneness that occurs when you hear more than just the words and listen to the unspoken connection.”

Mike Bremseth, Springfield (Intuitive Reports): Concentration—“Learning for me continues with connectedness with other students such as transcribing intuitive reports, plucking at my string through awareness and the web of life causing other’s strings to vibrate with what I put out.”

Brian Hoover, Springfield (Intuitive Reports): Awareness—“In doing the intuitive reports, I’ve received an awareness and I’m already seeing all the areas in my thinking throughout my life where I’m making that very change.”

Rhonda Carson, Bolingbrook (Gate House): Intuition—“By overcoming a fear of climbing a 15ft ladder and through trusting others, I learned I can rely on my own intuition in a similar way in my daily life.”

Mickey Huges, Indianapolis (Gate House): Communication—“Through the use of communication, we were able to function as a whole instead of as separate individuals.”

Wendy Vann, Tulsa (Gate House): Receptivity—“I practiced being open and working in sync with my group.”

Amy Campbell, Tulsa (Gate House): Concentration—“I used concentration this weekend to help me meet my ideal of receptivity.”

Mavis Curry, Des Moines (Database): Patience—“Through the failure of the computer system, I practiced acceptance, breathing, and staying with it.”

Danny Hallam, Maplewood (Fire Crew): Self-respect—“In leading the crew, I learned about the perspective of action and what it means to guide others to learning instead of seeing something and doing it myself.”

Michael Fabri, Oklahoma City (Fire Crew): Visualization—“I am ultimately using visualization to see the whole picture and build upon reasoning and concentration to fulfill the image.”

Emily Knox, Chicago (Fire Crew): Listening—“I am learning how to listen more to my Self, others, and God in the experience.”

Danielle Stauch, Springfield (Kitchen Crew): Collaboration—“I am learning how to work within a team, go with the flow, and change old thought forms.”

Kim Knapp, Chicago (Kitchen Crew): Concentration—“I am working with starting something and going with to the point of completion.”

Jessica Leathers, Maplewood (Kitchen Crew): Concentration—“I am applying concentration by being present to connect with those that I am working with and infusing intention.”

Dawn Mays, College of Metaphysics (Weeding): Selfless Service—“I am taking responsibility for what I am doing, what I know that others can do with it, and learning to work together in unity.”

Doug Clark, Springfield (Weeding): Concentration—“I am using concentration by imagining the work I have in front of me and using a still mind to keep my attention on the work.”

Lisa Stefaniak, Chicago (Weeding): Concentration—“I am applying concentration to be mindful of my surroundings and keeping my attention on thoughts that are productive.”

Lynn Boggio, Indianapolis (Orchard): Self-respect—“I am respecting my Self by believing I can do this job even though I have never done it, and by taking care of myself while doing it.”

Florence Rainey-Hicks, Columbia (Orchard): Undivided Attention—“I am practicing intentionally slowing myself down to be in the present moment.”

Jonathan Duerbeck, Former Student (Orchard): Repetition—“I see repetition as a way to create



Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics
from the Superconscious Oracle given on **July 26, 2008**



There is a great movement in the substance that pervades time and space. The presence of What Is is being made manifest through the ethers and seeking expression. There is opportunity for connection with the infinite that requires a movement in the consciousness of the many. It has been a pattern that the many are transient. They migrate from one thought to another often without cause or anchor, and so there is the obfuscation of the connectedness, and so the presence remains dawning, remains ethereal, remains unspoken in the experience of the many. This is of little consequence, inasmuch as the permanence of the essence of What Is remains. It is hidden; it is secret from those who have yet to open the heart of the Self to that which is greater, that which is beyond individuality. There is the opportunity for this existing in perpetuity. The opportunity does not change, merely those working within it, and therefore there is a great divide occurring, which is of natural consequence according to the causation of each and according to the opportunity that each is willing to embrace. The need is ever present. The opportunity is ever present. The consciousness must choose to be present. When this occurs, as it has consistently throughout time and space of this particular locus, there is a quickening within all of consciousness. It is immediate and profound. It is isolated and ever-present. It is singular, and it is multiple. It is the embodiment of Alpha and Omega of beginning and end of that which continues through space and time.

The New Maitreya

MASTER STUDENTS make MASTER TEACHERS

by Dr. Barbara O'Guinn Condon

Your MAGIC MIRROR

I recall a student's electric response to merging classes. I was 23 years old, a new director in Wichita, Kansas (yes, Wichita enjoyed the presence of SOM for around a decade circa 1975-1985ish) and had been teaching classes for only four months. There were five people in the class and it was time to merge with another class of four. When I proposed that the four merge with the five, one of the four protested and threatened to leave in a huff.

I was shocked! And totally nervous. What to do now?! I had mindfully considered each class member, seeing no existing barrier - like working at night or other obligations - for any of the four. Moreover, the merging night was going to be the same night the class originally started. First night, the class had 18 people, more than even our living room could hold comfortably so we divided the class in half so I could give quality attention to each of them. Seeing into the future, I told them, even the night we split the class, that there would come a time when they would come together again.

Where did I go wrong? My ideal was to be the best teacher I could be yet I felt like a failure. Time for Self counsel, so I brought out my "magic mirror".

I knew my students well so I knew there was no "problem" moving from Tuesday to Thursdays. The students were studying the same material so it wasn't about "going back in the lessons". So that karmic stigma of "I'm being punished by not going forward" or "I'm being held back by others" wasn't even on the table. What was going on?

Well, the answer - as is often the case, yes? - was in the SOM lesson they were studying the Conscious Ego! The crux of the reaction was CHANGE!

The student was reacting to change. That was all. Simple. And what a great way to learn the lesson the simple proposition of moving class from one night to another. In the scope of all other kinds of changes seemingly unwanted by someone - say, losing a job, a hurricane flooding your house, your cellphone not working - attending a class on a different night was mild.

And reacting to it seemed "petty". Because it was. One of the student's classmates nailed that one.

One of the distinctions of what study at a SOM branch affords is the many possibilities for experience that arise when two or more are gathered. (That's a rich quote from the Bible that I urge you to look up I'll even tell you where to find it!) In the meantime, enjoy the interactions, be they Pharisee, Sadducee, or Essene keeping in mind the Mayan wisdom In Lak'ech Ala K'in. It means "I recognize in you another me." •

MATTHEW 18:20



THE TRUST WORTHY TREND

a new myth about Self-blame

by Dr. Barbara O'Guinn Condon

(continued from last month) Confident and relieved, I walk out of the ballroom into a bright open space. Skylights and a bank of windows allow the natural sunlight to pour into the wide hallway and hotel foyer. I watch as a shadow moves from east to west, dulling the scene as words come into focus: "What have I done?"

I elevate my eyes, the sky beyond the glass is Persian blue. There is nothing there to cast this shadow. Not one cloud.

"What have I done?" rests on an unbidded umbrella, of ambiguous origin, opening between me and the light.

Bob's been sitting next to me for two hours. We've been close enough to breathe the same air. We know nothing about each other except that we are at the same place at the same time this morning by a series of independent choices.

"What have I done?"

I have invested in someone I do not know. This is a trade of a different kind than buying or selling companies. No money exchanged, just an investment in another human being's capacity for empathy, to understand someone else's dilemma and tender a kindness.

"What have I done?"

I have made a connection, quite consciously. Bob is no longer a stranger, an unknown potential thief awaiting an opportunity to steal from me.

Who are we really?

Bob and I are traders. We give and we receive value. Our paths intersect from a common interest in learning how to do this well.

"Trade what you see." I hear Dave's words in my head. A smile comes to my lips as I realize that's exactly what I have done. I made my first conscious trade of the day with Bob.

My trust, for his honor.

I'm starting to feel pretty good about this trading thing. Then I hear my father's voice, "You are so gullible, Barb." Cautioning, lightly mocking, he warns me of a stranger's freedom, and his willingness, to hurt me. My dad would not approve of my trading with Bob, too big of a gamble.

"What have I done?" The umbrella twirls like a roulette wheel and I wonder have I taken too big a risk?

I've known for years how I learned at my father's knee to replace a natural curiosity with a fear of strangers. Dad meant well. Fathers always mean well, particularly with their daughters. He meant his comment as a support, and always marveled that it provoked resistance in me.

If Dad was here, he would ask, *"What have YOU done?"* Changing the pronoun makes all the difference. This thought, Dad's thought is separate from me. It is not mine yet, like a little girl at the beach wanting to shield herself from the heat of the sun, I have picked it up like an umbrella.

I've known for years how I learned at my father's knee to replace a natural curiosity with a fear of strangers. Dad meant well. Fathers always mean well, particularly with their daughters. He meant his comment as a support, and always marveled that it provoked resistance in me.

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To Dad, my action with Bob this morning is gullibility; to me it is putting my faith in another's virtue.



The umbrella stops.

The words freeze in the air then fall to the ground. *I. YOU.*

SO. WHAT.

GULLIBLE.

DONE.

I break through my own resistance. It is not foolish to provide someone an opportunity to do the right thing. I am not gullible for doing so. How enlightening to liberate that thought! By allowing Dad his fatherly concerns, I have freed us both.

The umbrella that blocked the sun closes and new light enters into my mind.

I have wrestled with my conscience ever since Dad labeled me gullible. I'm sure he didn't intend to throw me into a state of isolation, constantly resisting a tendency to second guess others. Should I trust, should I not trust? Who do I trust? When and where? But that is where I have often found myself and that is where I am for a few minutes today.

In the commerce between father and daughter, no father can protect his daughter from what is yet to be. He cannot see the path her trading will take. She will make her entries and exits. Like panels on an umbrella, they will determine the trends through the fabric of her life.

I have chosen a different life from my father's. His has often been a downtrend, trying to avoid trouble with bearish trades. I expect to live in a world where humility is the order of the day and compassion its practice, an upward trend by anyone's standards. It is natural for me to expect people to do the right thing because it is the right thing to do.

That's what I've done today by placing my computer in Bob's care. If I come back and, as my dad would fear, the computer is gone, the thievery will be Bob's, not mine. That was the trade, our agreement.

The truth here is: Bob is either honorable, or he's not.

His measure of a man is within him. It is worth the cost of a laptop for him to realize that worth.

Before Bob, I easily fell into crediting myself for others' goodness or condemning myself for their lack of it. Self-blame is failing to save someone from themselves. That is foolish and a losing proposition in any trade. My breakthrough is the releasing of self-blame. That's why I find myself weighing the measure of a man against the worth of a computer.

I am a virtue broker, trading what I see and always seeing the best option.•



Twin Verses from *The Taraka Yoga of Kuan Yin*

From the Latin *nobilis* meaning highborn. We are all Highborn! I Am seeks expression through the mind, heart, and body of each individual. You are the Light of the World! proclaims Jesus in the New Testament of the *Bible*. That light of intention is an instrument for lasting change. A virgin thought, highly born, and an avatar comes into Being. Thou are That! as the Hindu know. The image is captured in the fiery revolving sword at entrance of the Garden of Eden. The maturing of Shiva from destroyer to purifier to transformer. That maturing is the next step on a Bodhisattva Journey.



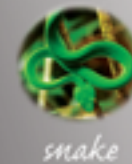
√29 Nobility

Holy sword



The Light of intention is the instrument of lasting change.
Virgin thought from the Creator is precious treasure.
The teacher appears to live the thought.
The example of divinity, the avatar, is come.

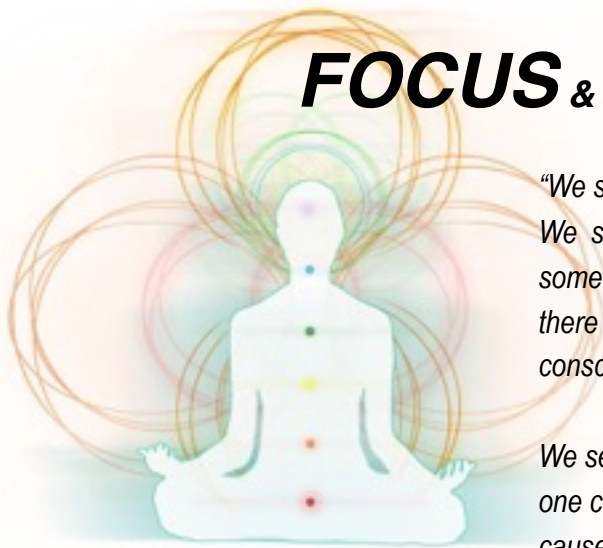
Be still when you receive your destiny.
Be the witness as the heat of desire takes rise.
The inner Self supplies, refrain from selfish action,
lest conscious desire overpower your senses.



snake

√30 Ambition

The 26th incarnation of Mahavira. The 29th Buddha known as Maitreya. The return of Quetzecoatl. In cultures throughout the world, the realization of Light is held supreme as a worthy ideal. This ideal is what makes ambition noble. In Christianity, the return back into mind is known as the second coming of Christ. It is the ideal of man, the Thinker. It is widely thought that the entry into the body is a descent of consciousness. According to Universal Law, such an image requires an ascent. This moving down and moving up is unified by the intelligence in Kuan Yin, male and female as One. Thus the center is established for mind to discover in each lifetime anew, the vast potential in the maturing of the Mind of God. That Mind is the entire creation. The flourishing of the seed through harvest. Again and again trodding the Noble Path until consciousness dissolves into the consciousness of All. Om Shanti!



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"We see that this one has the capacity to focus the mind at will.

We see that the impact of this upon others is very strong and is something that this one is often negligent in recognizing. We see that there is the capacity for this one to unify the impressions within the consciousness and to be able to isolate them according to desire.

We see that this is essential to healing, for we see that in doing so this one can isolate that which needs to be changed then to be able to cause there to be an alteration of vibration to that which is imaged.

*We see that this capacity does enable there to be a very quick and efficient degree of influence in any situation at any time. We see that this is not always applied toward wholeness, and we see that because of this, there can be the scattering of the attention both within the self and among a group. **We see that it is important for this one***

to interact with other individuals and with groups of individuals, for we see that by doing so this one can begin to understand this capacity within the self. *We see*

that as long as this one is solitary or alone, this one cannot see the influence that this one has upon matter, and we see that this one needs other people in order to understand this more fully and to be able to cause there to be a greater degree of attentiveness upon this one's part to the uses, implementations and depth of the focus that is being described. In order for it to become a healing ability there needs to be the interactions with others as well, for we see that it is only through this one recognizing the self's part of a whole, and this one's contributions to a whole, that will enable this one to open the vision toward that which is healing. This is all.

[03-12-2005-bgc/drc-03]



Love, Lineage and the School of Metaphysics

by Dr Daniel Condrón

Recently I attended a wedding in Dallas, Texas. The marriage of Brian Kraichley and Golbahar Dadyan was a joy and a blessing.

The experience came in four parts: 1. A get together meal for close acquaintances; 2. A persian ceremony at the bride's mother's house prior to the wedding. Golbahar and her parents are from Persia. 3. The wedding at the Unity Church on the north side of Dallas; 4. A get together brunch the next morning. Altogether a very wonderful experience.

While at the wedding reception, Sandy Leitner, a teacher and former director in the School of Metaphysics in Palatine, Illinois, said to me, " Dr. Daniel, do you realize your influence here?"

That got me to thinking and examining my influence concerning the people at the wedding and the wedding itself. So, in my thinking I started with Sandy Leitner.

Sandy started classes in the Palatine School of Metaphysics. Her director was Brian Kraichley

Brian started classes in the Springfield School of Metaphysics. His first teacher was Tad Messenger of the College of Metaphysics and his director was Paul Madar. I am-was the director of the College of Metaphysics when Tad drove in once a week to teach in Springfield. Paul Madar came from the College of Metaphysics to direct the Springfield School.

Paul Madar originally started classes in the Indianapolis School of Metaphysics, a school I started with the help of one of my directors in South Bend, Indiana.

Brian married Golbahar. Golbahar was a student of Damian Norman who was a teacher, director, and area director of the Dallas and Fort Worth Schools of Metaphysics.

Damian came from the College of Metaphysics that I directed. Prior to that he had started classes in Louisville, Kentucky. The Louisville School of Metaphysics opened when I sent Paul Blosser from the Ypsilanti and Detroit Schools of Metaphysics to open the school in Louisville. I also sent another student from the College of Metaphysics to help Paul start that school. Therefore, my influence is-was that without my influence, there would not even have been a wedding because Brian and Golbahar would never have met because there wouldn't have been those directors, teachers, and in fact those schools wouldn't have even existed.

The people who attended the wedding were:

Michael Dardanes, who entered the classes in Palatine, Illinois under Brian Kraichley.

Sydney Kasner, Scott Hilburn, Leah Morris and many others from the Dallas and Fort Worth schools wouldn't have been there except for Damian.

There is another person I will mention in regard to Dallas. Kathy Rainbow, one of the teachers and directors I taught and trained in Palatine and Berwyn, Illinois where I was the regional director, moved to Dallas, Texas to open a School of Metaphysics under my direction.

This way of thinking then led me to consider the National Area Director's meeting and those in attendance.

Larry Hudson works with the Maplewood, Missouri and the Indianapolis, Indiana schools. Larry started the classes studying under Ernie and Theresa Padilla. Ernie was a student, teacher and director that I taught and worked with in Colorado before both of them moved to the College of Metaphysics where I directed. They then moved to Maplewood (which was then Webster Groves).

Terry Martin, who works with Kansas City, Kansas; Des Moines, Iowa; and Columbia, Missouri schools started the classes in Springfield Missouri. The director at the time was Cathy Ertelt, who earlier was a student of mine in Denver, Colorado who became a teacher there.

The president of the School of Metaphysics is Christine Spretnjak. Christine started classes in Indianapolis and then moved to the College of Metaphysics which I direct. I have already referred to opening of the Indianapolis School.

Kim Knapp works with the Chicago, Palatine and Bolingbrook Illinois branches of the School of Metaphysics. Kim began studies in the Chicago School of Metaphysics which I was area and regional director prior to coming to the College of Metaphysics. Jay McCormick, former Chicago director, started in the classes in the Madison, Wisconsin School of Metaphysics. I started the Madison school and brought in one of my students, a teacher named Joyce Buchner to direct that school after me.



Doug Bannister, the director of the School of Metaphysics in Columbia Mo. started classes in Oklahoma City, Oklahoma. His director at the time was Ivy Norris. Ivy Norris started classes in Indianapolis, Indiana which I started.

Karen Mosby came from the Des Moines, Iowa School of Metaphysics which I helped to get started and was the second director there. My student, Linda Smithson, was the third director there and her student was the fourth director there.

So this is a part of my loving influence throughout the National meeting and throughout the School of Metaphysics. Loving light made it possible. •



Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your *Vibrations* Staff.

Collective #40 Suffrage

When night breaks, enter the time for assimilation. Inhale what is permanent, exhale the temporary. The contemplative conscious mind ever regards her mate. Her commitment is until the whole Self's promise is fulfilled.

Dr. Sheila #65 The Change

Most life on what has been, draining Karmic reserves. Live today impartially, for all situations are neutral. Sublimate will in Divine grace to be whole. To leave reaction behind, live beyond the web.

Kerry Keller #18 Bind

Superconscious thought falls into karmic light. Dual awareness has always marked our time. Understanding follows new experience when the benefit of all is held in the mind. The crafter, the learner, the proprietor, the procurer, all are needed.

Nicki Koenen #15 Peace

The need for experience surfaces after understandings are well used. The unexpected descends uncreated by conscious awareness. Superconscious plan for creation takes subconscious form in solitude, alone, the Tree of Knowledge.

Bre Carson #78 Servant

Create your experiences in moderation. Allow the passing of time to work in your favor. In this way, one masters natural laws, through responding to a higher calling that is Heaven's way.

Sherwin Rosenfeldt #35 Love

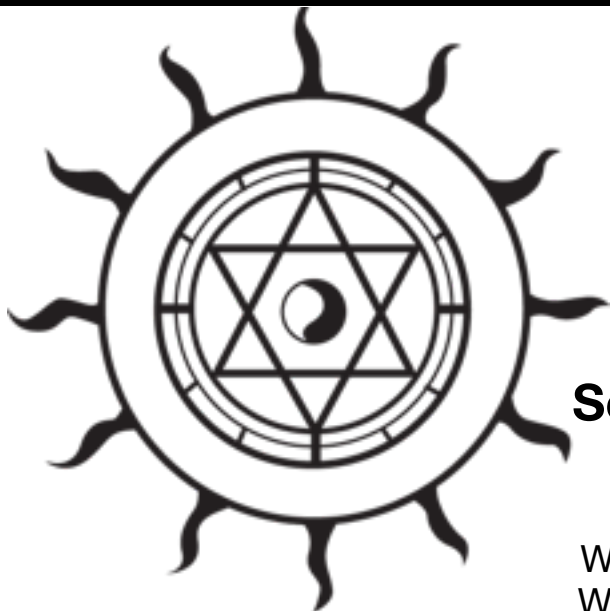
In its journey to be whole, Spirit flows through the Mind. Virtue opens every door to love. This is the way it has always been. Love melts the pain of the lower heart, karma fulfilled in gratitude, forgiveness, tolerance.

Aneta Baranek #31 Allow

The teacher's way of life is responsive. Breathing in and breathing out, refreshment. Chakras reverse, when all actions return to the Source. Health and well-being are eternally assured.

Mandie Renner #43 Divinity

Consciousness stretches from Heaven to Earth. In the effort to know its entirety, discovery is made. All beautiful forms are created in Light. From the mind of their beholder such beauty radiates. He who beholds such beauty becomes such beauty.



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