

*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Monthly Newsletter

Vol. 45, No. 10

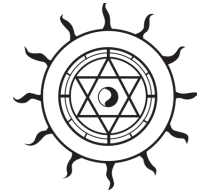
## Early Experiences at the Parliament of the World's Religions





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s**Holy scriptures one for each month of the year****Gleanings From the Writings of Baha'u'llah**

*XXXV. Ponder a while. What is it that prompted, in every Dispensation, the peoples of the earth to shun the Manifestation of the All-Merciful? What could have impelled them to turn away from Him and to challenged His authority? Were men to meditate on these words which have flowed from the Pen of the Divine Ordainer; they would, one and all, hasten to embrace the truth of this God-given, and ever-enduring Revelation, and would testify to that which He Himself have solemnly affirmed. It is the veil of idle imaginations which, in the days of the Manifestations of the Unity of God and the Daysprings of His everlasting glory, hath intervened, and will continue to intervene, between them and the rest of mankind. For in those days He Who is the Eternal Truth manifesteth Himself in conformity with that He Himself hath purposed, and not according to the desires and expectations of men. Even as He hath revealed: "So oft, then, as an Apostle cometh to you with that which your souls desire not, do ye swell with pride, and treat some as impostors, and slay others."*

# Students Create to Experience their Influence in Causing their Own Growth

## Chicago

### Releasing the Old to Welcome in the New!

by Emily Knox

It is not just the seasons that are changing; the School of Metaphysics as a whole is changing as well! Here in the Chicago branch we are learning more about the art of releasing and how that act allows more space in our mental, emotional, and physical experiences. As an individual, I am practicing releasing for the purpose of giving more of my self, to be more receptive, and to teach what I know.

In the spirit of releasing, the Chicago branch learned more about the benefits of releasing in a group! We participated in a Creation Day on September 5th, led by Lisa Kenny, where we organized, and threw out unneeded items from our basement. This day was full of laughs, connectedness, food, and productivity! The plan for the basement is a combination of Scott Hilburn's original projection for the basement as well as the current students in the school! Lisa took the project into her own hands and received support from the students in the school! We found lots of valuable SOM memorabilia, such as Vibes (Thresholds), old photos, lots of educational tapes, books, posters, and lots of love from past generations. I love seeing what the school was like before I was even born! The vision for the basement is to create a space where students and guests can come over to meditate, do exercises, read, spend time with one another. We desire to awaken the unconscious!

New awareness has been stimulated in the school branch, as three of our students attended the Dharma Spiritual Focus Session from September 10th-13th! Randy Ristow, Angela Appleby and myself, all received our Dharma profiles; we are excited to give of our understandings to all of our experiences. It is an amazing experience to receive my own as well as all the other apprentices and participants reports; I can see how we are all part of the whole and how we each bring something unique and needed to our experiences. Randy's report describes his dharma as **Reaction**, where he can stimulate others into reaction as well as himself. His dharma works with Angela's dharma of **Incitement** where she can use her vision to describe a need and lead people to a goal! My own dharma comes in and creates **Security** within the experience to stabilize and support the activity. Having received this report, I see lots of successful



creations occurring in the future! We all have understandings to give that aid the Self and the Whole!

Coming up we have our monthly Dream Catchers Meet-Up led by Randy Ristow. This will be held at Montrose beach on September 26th! We expect to share with six new people as well as welcome back regular attendees. It's fun to share dreams and recognize the similarities in experiences! We have a lot to give!

Our monthly SIR Meeting will take place on September 27th where we will be listening to and discussing Past Life Profiles! I will soon be teaching Jason LaRiviere into the position of leading SIR Meetings guiding him to understand all that he has to give.

On October 8th Brian Krachely will be giving a lecture about reincarnations, and Past Life Profiles! We are all excited to be giving this event to our community! Brian is an engaging and expressive speaker/teacher that knows how to draw lots of people. We are very grateful to have him giving of himself in this way!

Our newest class will begin on October 12th! We are preparing to receive new souls into our school branch. We all have a lot to give and are on the mission to aid these individuals to become whole functioning Selves! We look forward to what is to come in the next month!

We have all used this month to our advantage to reflect upon ourselves, to find the parts of ourselves that are keeping us from growing and changing, and letting them go to expand our consciousness. We are doing this so that we can move forward and better manifest our goals and desires. We are looking forward to seeing our progress in the months to come.



## Bolingbrook

### Bolingbrook is a Happen-in' School!

by Sherwin Rosenfeldt

We have been taking more physical and mental activity to create the conditions to attract people for our new classes. We have been calling people from our database and inviting them to class -- with remarkable success!

We've also been focused on community outreach. April Kelow gave a lecture on meditation at a dentist's office. Teri Karl gave a lecture on "Finding Your Life's Purpose" at Fountaindale Library in Bolingbrook, in preparation for the Dharma session. (This was also a great opportunity for me personally to listen to my dharma before the lecture and to find new meaning in it.)

We had a booth at Theosofest, a festival put on by the Theosophical Society, where we sold books and interpreted dreams. We were all really excited about the interactions we had with the people that came to our booth and the dreams that they had!

For October we have decided to have a full week of new classes! We will have a new class on Monday, a new class on Tuesday, and a new class on Wednesday at the beginning of the month. We are asking each of the students in our school to spend 10 minutes visualizing the classes each day.

What we have been finding from all of these events is that we need more of them! We are continuing to add more captive audience lectures to our other outreach activities. We are on our way to our goal of 30 students!

## Dallas

### Preparing for Peace

By: Lisa Cunningham

The wheels of change are turning in Dallas. New classes are starting, and new people are taking positions of leadership.

On Tuesday the day after the equinox we had an open house, and 16 new people showed up. This is partly because it was mentioned in the newspaper, though nobody has taken the credit for telling them about it so we don't know how that came about. The Universe is on our side! Dream Awareness Coordinator Jamie Metzenberg gave her first speech, An Introduction to Dream Interpretation. It was nice to see the audience's

appreciation and interest, and to hear their questions about dreams, and to see their pleasure at getting answers.

The light is shining on the Peace Lab right now. The last Third Weekend was National Peace Ambassador Weekend. It was a powerful meeting because they are making preparations for our delegation to go to the Parliament of the World's Religions on October 18. Our Peace Ambassador Bianca Alonso, and our Director Emily Ashley attended, and came back ready to infuse that energy into our home branch. We had a meeting here to prepare for the New Year's Eve peace event. We are planning something they call Conscious Acts of Kindness. We will talk to local businesses to get donations of food. We will prepare sack lunches and distribute them to the homeless, between Christmas and New Year's Eve, along with a copy of the Peace Covenant, and an invitation to our collective public reading of the Peace Covenant in Thanksgiving Square in downtown Dallas on New Year's Eve.



Bianca Alonso, our Peace Ambassador, is also going to be teaching an 8 week short course on Spiritual Ethics, starting this Sunday, October 4. She says they will be learning how to encourage communication in a relationship through forgiveness and active listening. They will watch videos and learn about Nobel Peace laureates and what they have done, and how they can emulate them and have more peaceful lives, both in our own lives and what we bring to the community.

May peace be upon you all.



# Students Are Placing Their Attention on Enhancing their Attractor Field

## Kansas City

### Change the Way You Look At Things And...

by Aneta Baranek, Director

"When you change the way you look at things, the things you look at change." This has been one of my favorite quotes of all time. It's a quote of author Wayne Dyer, who recently passed away. His legacy prevails.

There is so much substance within that statement with the undertone being that it is us who need to take responsibility for how we perceive the world that we live in. It is not the world that needs to change, it us...our perceptions. The change must come from within.

In my studies of spiritual evolvement, the realization of having the freedom to choose how I was looking at things was both so very liberating and overpowering, all at the same time. There were no more excuses to be made. The only person in charge was me. It takes humility, courage and a lot of self-honesty to claim that we do create our reality according to our thoughts. Our thoughts create underlying beliefs which turn into manifestations. Everything and everyone in our physical reality reflects an aspect of ourselves, gives us feedback on the lessons to be learned and growth to be had.

One of the first life skills that we teach at the School of Metaphysics is self-respect. To respect means to look from different vantage points. To self-respect is to examine yourself with honesty to realize the fullness of your being. To self-respect is to claim qualities that have served us well, those which we have mastered, as well those aspects that might need some alterations. There are also those qualities yet to be claimed, qualities which we for whatever reason hesitate to bring out in ourselves often times referred to as our "hidden potential".

As a teacher and director of a School of Metaphysics' branch I have witnessed much growth in many students who have called upon self-respect to go deeper within, to unfold as the lotus flower into their fuller blooming glory. Most recently I have seen many such examples in the current Wednesday night class that I teach in Kansas City. The four brave students have each individually dared to look in the mirror and do a self-inventory. This has not been a comfortable process and yet it has been so rewarding. Codie has been learning about neutrality when building a stronger and more fulfilling relationship with her

mother. Mike is becoming very much awake to how fast his mind can race into brain pathways of emotional reactions. He is practicing being present with his emotions and using visualization to create new outcomes. Yvette, after her most recent College of Metaphysics experience, has completely upgraded her attitude towards all the new people in her life. She has always strived to "blend in", now she lets herself shine brightly as she opens up to her coworkers as well as people who she meets for the very first time. Deanna called upon much courage to accept the leadership position for our upcoming fundraiser. Through all the activities and interactions she is discovering many qualities she has not known were within her.



To change our perceptions, often times we need to dare to do so. Dare to, in our minds, to step away from the mold we grew up in, the mold that has been dictated to us by the social norms. To dare "to think outside of the box" we also need to call upon our internal strength – will power. Concentration, focusing our mind at will on subject of our choosing, allows us to anchor our mind to an improved vision which benefits us, an image that, although different from what has been known and comfortable, opens up doors to a better, more fulfilling future.

It has been a wonderful journey to witness so much growth in our students here in Kansas City. As I teach others how to change their perceptions I am blessed with deepening my ability to do so. What and how I see the world today is so very different from what I used to experience. Through the study at the School of Metaphysics I have changed and therefore "the things I look at" have changed.

## Palatine

### Integrating Teachings

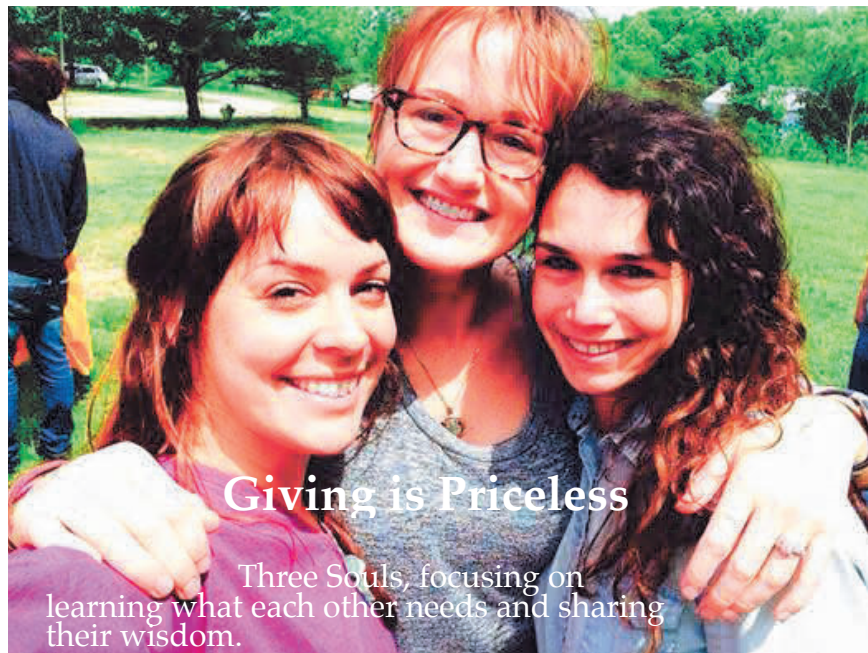
By Alexander M. Oleksiuk

As the dynamic energies of September wash over us, we look inward, reflecting on the growth we have been achieving through the year and preparing ourselves for the amazing experiences that lie ahead of us. We begin to fully integrate the teachings we have received and see the fruits of the work we have done with others.

This month, the Palatine branch has been occupied with a variety of activities; from yoga in the park to movie nights and book club meetings. The last weekend of September saw many students participating a massive garage sale fundraiser, followed by an All-Student get-together and pot-lock.

This month also brings us the insightful conclusion of the Superconscious Healing classes, which were offered to both regular students and the public, giving non-students a taste of some of the SOM teachings about how the mind and body interact to either harm or heal us.

Also, area director Brian Kraichley has been busy spreading his



### Giving is Priceless

Three Souls, focusing on learning what each other needs and sharing their wisdom.

wisdom beyond the School, and will soon be teaching a class on the Power of Dreams at the *Infinity Foundation* in Highland Park. This will be an opportunity for us to reach out beyond our immediate community in a partnership with like-minded individuals.

As this month draws to a close, we watch for the Blood Moon in the skies; a powerful symbol that reminds us to be aware of the power of our subconscious mind and how that mind is affecting our day-to-day existence and our life force itself. We are thankful for the past and all of its valuable lessons, and we look forward to whatever the future may bring us.

## Indianapolis

### Creating A Public Session for Intuitive Reports

by Ann Shaver

On November 7th, the Indy Branch will hold its 4th Public Intuitive Reports Day. Every other month our goal has been to fill 3 sessions of 7 reports, focusing on Past Life and Past Life Crossings. Thanks to Dr. Pam Blosser and Tad Messenger performing these reports, we have been given the opportunities to receive more and more people.

We are looking for greater success this month. Our entire school is using the success consciousness equation to experience filling all 21 report requests. During our last three efforts, the most requests we have had are 17, and that always included several class Past Life #9 Reports. This time it's all from the community and our vision is to awaken people to understand their karmic indentures in this life and what their soul wants them to learn. This will give them clear images of what they must do to empower their own lives.

In our past efforts to be a strong attracter field, all the students were taught by Kerry what a Unified Field of Consciousness is. He explained how our vibration, that we each project, will create a stronger field when we all have the same vision of giving to the public. So we clarified many benefits of these reports and began visualized people coming to observe the reports. We started inviting people based on our personal recommendations, telling those we know and have met, to come observe one of our sessions for free at 11:00am, 1:00pm, or 3:00pm.

This approach made it easier for all our students to approach people and share. We realized we could place our attention on what we have to give and we are not selling something. When we feel we are selling something, fear tends to prevail, the distraction of worry takes away from our clear image of what we want them to have. When our still mind prevails we can easily invite people to experience something they never have before. This starts more interesting conversations about what our reports are and curiosity prevails enough that people actually decide to receive a report themselves. We focus on the process of filling these three sessions.

The more people we talk to the more have attend. During our recent events we have attracted 30 to 40 people to observe. On November 7th we want to attract 30 people to observe each of the 3 sessions. As those express interest in observing, we follow up with them by e-mail and calls and then send another e-mail reminder 3 days prior to their coming. Hence we expand our Unified Field of Consciousness. If you're not busy on the 7th, come be a part of our Indianapolis Unified Field. God Bless!



# How do you build relationships and a spiritual family?

## Fort Worth

### Being Connected

by Mel Navarro

As we study in the school, being connected says that you are willing to give to others. Building connections and growing our influence has been a big focus of the Fort Worth branch this month. Brynn Byrne's class connected with the Fort Worth community by organizing and hosting a garage sale fundraiser at the branch. They gathered tons of donations from family, friends, and even some strangers and they raised over \$800 to benefit the school. The students connected with the community by soliciting donations, posting flyers around the neighborhood, and sparking conversations with people who came to the sale.



Unconditional Love is knowing  
how to connect & create together  
without judgements.

In connection with Dr. Damian's workshop, "Your 12 Sacred Relationships," Michael Dardanes has given two Astrology 101 lectures to give the public and students at the branch an overview of astrology in preparation for the October workshop. Director Rashard Garrett and the students at the branch have been hard at work putting up flyers and making phone calls to invite individuals to the workshop.

In addition, the branch has been building connections through SIR Gatherings, Dreamcatcher's Meetups, and Spiritual Gatherings as well as attending local event such as holistic fairs. Charlie Guajardo and Mel Navarro will be attending the Peace Ambassador's Conference at the College of Metaphysics and look forward to building more connections through their leadership in this lab position. We are excited to see how the services we give and the connections we build will help us grow as students and teachers!

## Oklahoma City

### Letting Go

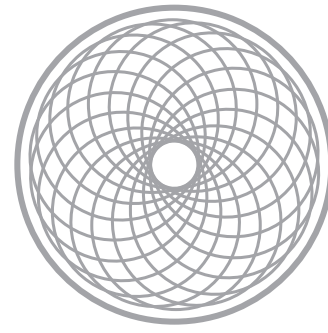
By: Sara Seibert

Here in Oklahoma City we are learning about change, creation and manifestation. On the day of the Fall Equinox, we had a lovely

event filled with many new and old friends. We had a bonfire, drum circle, and traditional fall foods. We focused on letting go and expanding our consciousness by following an equinox tradition of making dolls out of corn husks. We all gathered around the fire, announcing our name and something we want to let go of and transform. We then placed the dolls in the fire, giving us a physical representation of the release.

The new students we have welcomed in recently are enjoying, absorbing and putting into practice the lessons they have been studying. There is a desire for everyone to give more and be involved, so that they can receive more. Students are starting to do some much needed organization throughout the school. In the Universal Language of Mind we have learned that a house represents the mind, so we are convinced that a clean house and a clean space of spirituality will lead to cleaner minds. We have also had more students step up into laboratory positions this month.

At our monthly student planning meeting, we decided to focus our attention on creating a spiritual family. We then brainstormed ways in which we could become closer together as well as grow spiritually. We came up with a great list and decided to have planning meetings twice a month where we will meet about upcoming events as well as do group bonding activities. We also have a group of 10 students going to attend Dr. Damien's workshop in Fort Worth, and we are looking forward to that bonding experience as well as preparing ourselves to host the event in December!



## The Keys of Life that are the Universal Life Lessons

by Dr. Daniel Condron

### Key # 7 - Conscious Breathing

In India conscious breathing is called pranayama. Prana is life force. Prana is the very essence of the power in all levels of consciousness including our physical world. Without prana - life force, people, would collapse and things would stop moving.

Prana - life force can be accessed consciously and directly through conscious breathing. Most people do not know how to breathe yet breath is the factor upon which life most depends. The physical body needs breath more than any other physical substance to sustain itself. Therefore, learning to master breath and life force is one of the most intelligent, productive choices in life for anyone.

Everyone breathes. Breath is needed even more than water and air. Yet, few people learn how to consciously breathe. Breath is a spiritual experience when done consciously. Conscious breathing is necessary to achieve enlightenment. Conscious breathing is necessary for the health of the whole being.

One conscious breathing exercise involves counting as a way of observing and controlling the breath. Another exercise-the forty Life Force exercises - involves consciously breathing in life force through the medulla oblongata.

Breath is the carrier of life force. A healthy body receives life force consciously. Conscious breathing is a very important key of life. Conscious breathing must be combined with meditation in order to achieve the still mind.

It has been said that Life Force - breath work - pranayama and meditation are the king and queen of consciousness. These two factors will lift your consciousness into superconscious mind and beyond. They will carry and draw you into the ultimate enlightenment.







# The INVITATION at Parliament

by Barbara O'Guinn Condron

*"The Second Cast" brought THE INVITATION to the 2015 Parliament. As we have been visualizing for years, many secondary and collegiate teachers saw the play and want to bring it to their part of the world!*

said. Her eyes gleamed as we talked more about the subject matter of THE INVITATION. I knew I would see her at the play.

Mary Jo was the first to reveal how this play will move through the world as a result of being afforded, quickly literally, a global stage.

As the cast rehearsed on Thursday, dozens of people kept coming to the room thinking another program was being offered. The cast and delegation members took turns explaining the change in schedule and inviting them to the play. I spoke with a middle school teacher who knew the play "will be perfect for my kids", and a priest from Newark who will bring it to his Catholic college. And this all BEFORE they saw the play.

"My name is Barbara," I said as I introduced myself to the woman sharing our shuttle to the hotel.

"I'm Mary Jo," she replied.

As it turns out Mary Jo Honiotes is a senior minister at the Center for Spiritual Living in the Denver area.

As we talked I told her about the play our group would perform on Friday. "It's called THE INVITATION," I said.

Mary Jo said: **"I have it marked."**

From that moment, I knew THE INVITATION was assured a great reception.

As we continued to talk, Mary Jo revealed her love of theater. "I think acting is one of the best ways to help people be in the moment," she

## BEHIND THE SCENES .... all the people who supported the cast



Every delegate offered their hands and hearts to making the play a success. From sound engineering by Matt Valois and Jonathan Duerbeck to filming by Scott Hilburn to set decoration by Arelia \_\_\_\_\_, each greeter made all the difference.





10,000 PEOPLE. 80 NATIONS. 50 FAITHS

# The Circle of Love at ....

by Barbara Condron

2015  
**PARLIAMENT**  
OF THE WORLD'S RELIGIONS  
SALT LAKE • OCT 15-19

*Reclaiming The Heart Of Our Humanity*  
Working Together for a World of Compassion, Peace, Justice, and Sustainability



**"I love you just because you are...."**

Teachers and Students of the School of Metaphysics brought the Circle of Love to Parliament. As delegation leader Dr. Sheila Benjamin led the heart-centering exercise, I stood at attendance, observing, from the SOM booth just ten feet away.

We reclaimed "the heart of our humanity" in the same way we come together at the end of each class. People were drawn to the vortex of Love and Light generated by 28 delegates. Some would stop and listen. One man rushed past, head turned away. Most slowed their walking, watching

what was happening here.

The response of passersby gave me a glimpse of a future time when SOM representatives at a Parliament-type event would be practicing a Circle of Love every hour. We could invite any who desired to participate. Just imagine how that circle could grow over a several days!

Practicing what we teach introduced us to people from all over the world! This led to a connection that Tad Messenger brought to light.

While the Circle was active a woman named Maria stopped to chat. When I told her about the Healing Wall she immediately promised to send us a stone from her native Guadalajara. Silvia Galvan came to my mind, because we were going to receive a stone from Mexico!

Later Tad would remind me that this Parliament had been supposed to be in either Dallas, Brussels or *Guadalajara*! If someone from Belgium would promise a stone, we would connect the Salt Lake City Parliament with the earlier thought forms that did not yet meet the CPWR standards. These kinds of connections reflect Superconscious Mind work done in the highest realms of SOM study.

In all ( by press time), we collected forty pledges including ones from Bosnia, Taiwan, Russia, and Brazil. Watch for more reports on the progress of THE HEALING WALL!<sup>a</sup>



Also during our circle, a young volunteer from Utah stopped to lay a gem in the Window to the World. Her thought of peace: FAITH IN UNITY, a fitting sentiment as we reclaimed our hearts!



# Casting Stones of Peace at the Parliament of World's Religions

by Kimberly Burnham  
reporter with the SPOKANE FaVS. Faith, Ethics. Community

Can the energy of peace be carried in a stone, plucked with intention from the soil surrounding your home?

Peace is a common topic at the 2015 Parliament of Religions. How do you achieve peace? What is peace? Who has peace? How do we join the conversation on peace? How do we get our peace message out? How do we create real peace in this world?

Among the many questions and answers there is one organization embedding a wall with stones and shells from around the world. The School of Metaphysics

In 2009, Grandmother SilverStar, a Cherokee-Oglala Lakota-Cheyenne-Cree Elder gave the wall a special Cherokee blessing and a stone from Antarctica. She had been carrying the stone around in the ashtray of her car for two years, said Barbara Condrón telling the story of one stone.

"Now I know what I have been saving it for," commented Grandmother SilverStar when she heard about our Healing Wall," said Condrón, an educator and philosopher at the [College of Metaphysics](#) in Windyville, MO. The school has 450 stones collected since 2003. We broke ground on the Peace Dome and accompanying wall before 9/11, said Condrón, noting that in 2003 people from every continent in the world attended the dedication of the Peace Dome.

Describing a shell for the Healing Wall, Condrón said, "Dr. Daniel Condrón and I were the first intuitive reporter and conductor team from the School of Metaphysics to travel and give reports outside the contiguous United States. Our week-long stay in Alaska was filled with new friends. In May, there are only about four hours when the sky darkens. Midnight is like evening twilight and dawn occurs around four am. It never gets completely dark. I found myself staying awake – conscious – most of the time we were there. It is easy to see how the Inuits and other Arctic peoples can use their external environment to promote inner awareness. We spent one day traveling into the interior and along the fingers that reach into the mainland. There we visited an artist's colony nestled an alcove off Prince William's Sound. It was there we found the shell, near the Arctic Circle."

Another peace stone project involves participants at the [2015 Parliament of Religions](#). "We are inviting Parliament visitors to place a stone in a Stargate Field of Consciousness," said Condrón.

If you want to send a stone or shell for the Healing Wall do it with consciousness and a peaceful intention and send the story. Why is this stone special to you? How are you contributing to peace in the world?

Condrón noted, "Earth has a kind of consciousness. Each place on the planet has a unique vibration, so by combining stones from around the world in one place, the Healing Wall will unify the thoughts and energies of humanity in peace."



The Essence of  
Window to the World



## NATIONAL TEACHERS MEETING

THEME:

REFLECT DAILY and MAKE ROOM

TO ALLOW SOMETHING NEW TO EMERGE.

by Kerry Keller

Dr. Damian told a story to begin dinner and the National Teachers Meeting in early October. I will paraphrase... An Eagle typically lives for 70 years. Yet at around 40 years the beak has rounded down where it is hard to catch its prey. Its talons are old and feathers badly worn. So after 40 some years the eagle builds a nest to

sort of hibernate, transform and rejuvenate itself. He beats on his beak, banging it over and over until till it breaks off and a new smaller one begins to grow. He intentionally pulls his talons out to allow for new sharper ones to grow in. And then he begins to pull his feathers out of his body, again to grow new ones. He has caused such change within the body, regained his honor and he can compete again with young.

Have you ever thought about re-inventing or renewing your self? At the School of Metaphysics we call it growth. We teach students to cause it daily. That is what your Soul desires. It is what creates a healthy successful consciousness, body, and perspective in life. So, our first presenter of the teachers conference was Christine Spritniaque, who invited us to an ice-cream social. It was an invitation to all the teachers to receive valuable insight that helps their students perceive their needs, and to make decisions for Soul Growth. It was pointed out to us that most people love ice-cream, yet its pleasure is temporary fulfillment and too much becomes an engrossment. When we focus on the meaning of life and our purpose, they give us direction to focus our will and desire to become fulfilled everyday. Teachers want students to become the cause of their fulfillment everyday. The ice-cream social lasted a couple of hours in groups of 8 teachers. We aiding each other with questions of how to teach and harmonize with the meaning of life... therefore drawing out of students what they need.



Dr. Daniel began Saturday morning in the dome with an explanation of how the small self and the Real Self motivate us. To recognize self-centered, ego motivation, is to recognize the stimulus that yields a response or reaction in our thinking, emotions, & behavior. We want to shift to an elevated motivation. This is a higher perspective. We strive to open our hearts to a higher consciousness that is heart centered and we seek to motivate ourselves by purpose not stimulus. This enables us to cause our inner growth and enlightenment. Here is the profound message. The more you open your heart, release your limited perceptions, then this allows you to receive even higher perspectives to make new choices from...

Dr. Daniel also spoke to the subject of the "Great Illusion". This is 'separation', the perception in our physical existence that we are individuals in competition. Yet our true reality is connectedness, where we love our neighbor as we love our Self. When we focus our attention

and motivate ourselves from purpose instead of stimulus our perspective expands and changes. We perceive others in a much more loving acceptance. This heart felt connectedness opens our hearts and our heart chakra.

The next presenter was Dr. Christine Madar. She offered us a follow up on the In-Harmony Exercise at lesson #8. She began with a fantastic truth. And this is a quote you want to hold the image of in your mind. "Remember, she said, Every exercise taught in the lessons is designed so that you can align with your Real Self. Then you have control over you."

The immediate benefit in the Inharmony List Exercise is to perceive the learning opportunity for you. When you are uptight there is a need to release and relax. When you relax you can receive another. People test us everyday, telling us how out of alignment we may be with our Real Self.

The long term benefit is you learn how to command yourself and experience truth. Dr. Christine said, "when you are in harmony with another your vibrations are complimentary. If there is tension, this experience a dissonance. Your identity changes when dissonance is in a relationship." She suggested the only way you sense is through receiving and you receive with your interpretation for a reason. We tend to judge the tension and reaction comes forth to protect the identity we have assumed. Dr. Christine said, "this is the time to humble your ego, tune into their vibration, see through their eyes, and find some loving way to give to them."





Here is another benefit in improving your concentration and undivided attention skills. Relaxing mentally, emotionally and physically allows you to see the progress you make in you gaining control over life. Dr. Christine said, “appreciate reactions! They can aid you and the other person back to alignment and aid you to know your Real Self. Start living the In-Harmony List.”

Four ways to measure our own harmony...

1. Honesty with your self and others.  
\*how do you feel?
2. What has your attention?  
\*stimulus or purpose
3. Are these karmic situations that repeat.
4. What is your health like?

Remember; You are where your attention is...



The next presenter we heard from was Brian Kraichley. He spoke to us about Success Consciousness as it relates to Goal Setting. Brian said, “as teachers to aid people to learn through a new experience and to move through initiations of karma.” He brought our attention to greater awareness of self, creation, and connectedness, through receptivity. Receiving more creates awareness and awareness create more awareness. Brian reminded us, “it’s all a function of choices”.

He discussed a productive ego is one that is honest, disciplined and uses a productive imagination.” This means putting the souls needs first. Don’t spend too much time trying to change that which is outside the self. When we change and grow faster than the environment we feel joy. When we create slower than the environment we experience pain and suffering. Brian pointed out further, “to know where you are and where you want to go. This is what you have built and this is what you want. Students have to practice and get into the game if they desire to graduate and make a difference in life.”



The next presenter was Dr. Laurel Clark using Universal Language of Mind to interpret Genesis. She accomplished grounding everything the previous presenters had offered us. She said, “the SOM teaches holy scripture to teach whole truth and how to live and become whole functioning selves.” This gives us awareness to experience what it means to be compatible with the Creator and how to channel with Spirit. This is the plan. It describes the structure of this plan when it describes the water below the dome and above the dome. In brief the water above the dome is interpreted as a plan for man kinds evolution to attain his potential... where the water below the dome is interpreted as the experiences we need to fulfill our plan to become compatible with the creator. Each one of us fulfills our potential according to our perception.

Dr. Laurel shared, “that God created man, the thinker with imagination to be like him. Our nature is to be divine. You may ask why we are not always divine? Divinity is within our potential. Man is here to learn how to manifest divinity.” She expressed further and I paraphrase here. In nature we are wild. When we discipline the body and mind a divine light or awareness of spirit can come through us. We have the ability to form and shape the environment. This is channeling our spirit with intention. Dr. Clark went on to say, “man was given seed baring plants to evaluate and reflect and come up with new ideas and higher levels of awareness.” This describes the path to become compatible with our creator.

It is suggested that students and teacher hold goals for each other. Our potential is wonderful and to fulfill it requires action. The SOM gives students ways to manifest their potential. The interpretation of Genesis aids us to know, to believe in the self we must know the light is within us. This is the light or awareness we can awaken to become compatible with the creator. Our opportunity is to practice and evaluate the self in relationship to your ideals. If you feel forced to do your exercises, to become compatible with the creator, you are out of alignment with the Universal laws.

The teachers meeting ended on Sunday with our National Business Meeting. Please consult your teacher for these announcements and new information about the future before us. Thank you.

Lift your Voice in Song with us....

.....as we celebrate the Holiday Season....

with the annual **Christmas in the Peace Dome**

Sunday,  
December 20  
10:00 am

*sing favorite songs*  
"Silent Night"  
"Peace is Real"  
"Joy to the World"

Come ONE, Come ALL!



" ... so we might know  
**THE POWER OF PEACE**  
in our lifetimes.  
*Peace be with us all ways.*"

*Universal Peace Covenant*

What is the sound of one hand clapping? What is the sound that permeates in, around, and through the Peace Dome? Some say they can hear it humming. Others have sensed energy as it moves up and out the top of the dome. How does energy move differently in a spherical structure than a rectangular one? Ponder this.

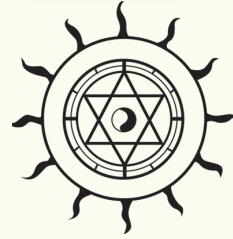
The Peace Dome is a living monument of peace for all Humankind. At its dedication attendees read the *Universal Peace Covenant* simultaneously along with those on every continent of the world, birthing the vibration of peace that constantly emanates here.

Since 2003, the *Universal Peace Covenant* has been recited every morning in the Peace Dome, as well as during the 24 hour Peace Vigil of One Voice during the New Year, creating a wave of peace as the clock strikes midnight around the world. The Peace Dome is a living entity whose purpose and function is to spread peace throughout the world.



## School of Metaphysics Ten Most Wanted List

*Delegation to The Parliament of the World's Religions*



- 1) *All School of Metaphysics delegates being well versed in SOM resources to share with the people that they meet at the Parliament of World's Religions.*
- 2) *People continuously engage throughout the Parliament at the SOM booth.*
- 3) *Receive information to further relationship with over 1000's people.*
- 4) *Full house for THE INVITATION and for Dr. Daniel Condrón's Presentation.*
- 5) *Healing wall stones pledged from every continent.*
- 6) *18 new correspondence students*
- 7) *The Universal Peace Covenant translated in 10 additional languages.*
- 8) *All delegates and Peace Ambassadors reading the Universal Peace Covenant every day.*
- 9) *Professional Peace Film created from the 2015 Parliament of the World's Religion.*
- 10) *Establishing connections for the School of Metaphysics' representatives to speak at colleges, universities, and organizations*



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