

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

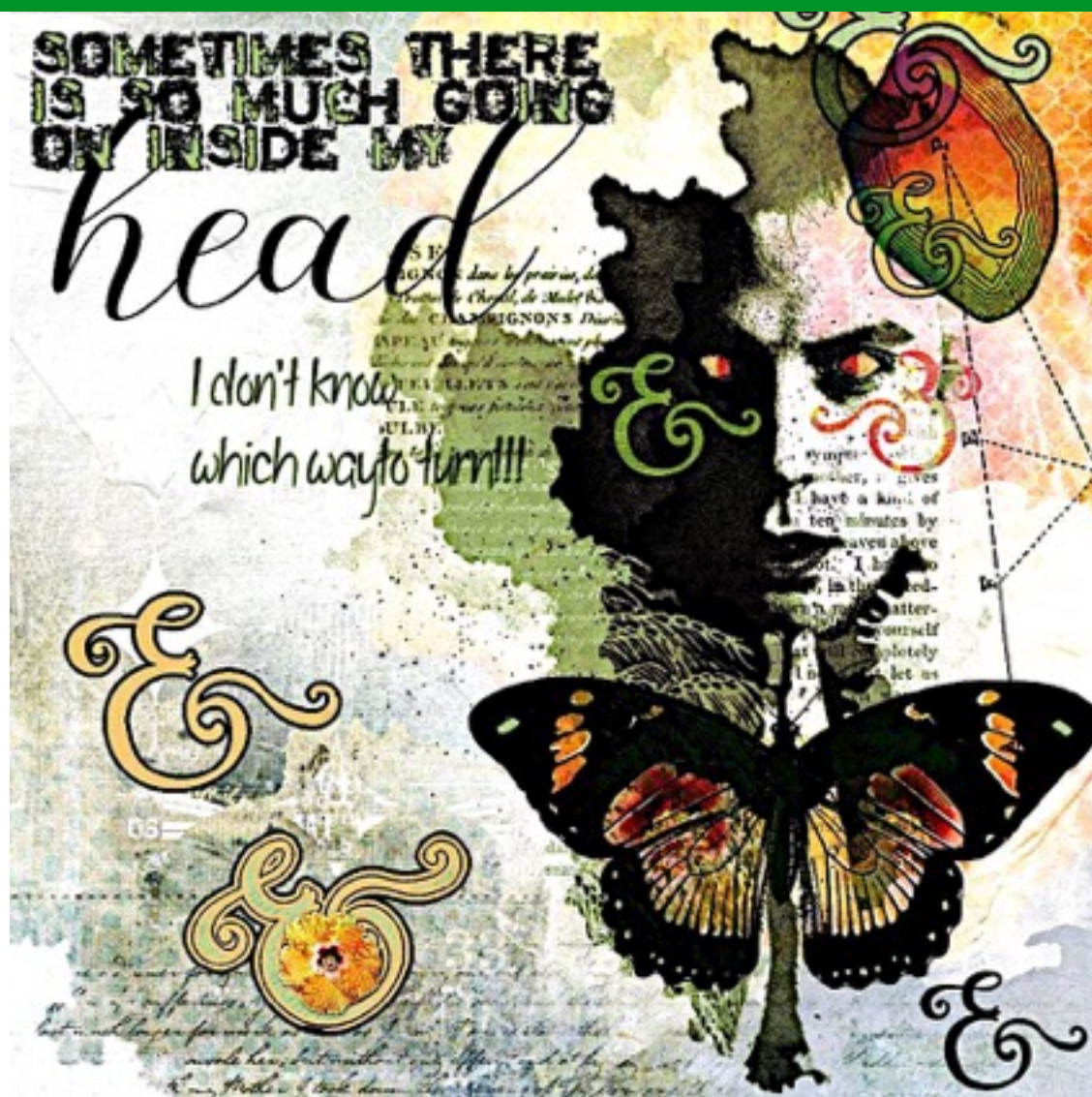
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**Dreams Reveal
What's in Your Head**

*Are you
listening?*

**NATIONAL
DREAM
HOTLINE®**



Teaching What You Create Daily



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Kansas City

Intuitive Report Experiences

by Aneta



It has been long time in the making, our In-Person Intuitive Session here in Kansas City School of Metaphysics which took place on Saturday March 4th, 2017. Our last session before that was in November 2015 and we all very much appreciated the experience and wanted to repeat it.

This time Dr. Tad Messenger and Dr. Pam Blosser where our Intuitive Reporter and Conductor team. As they arrived the day of the event, a sense of expanded consciousness dawned upon our School branch: calmness, poise and devotion to the Creator and the Sacred Service.

Filling up of all the three intuitive sessions occurred very fluidly. We had some spots still opened two days prior to the “D-day” and on some level we all knew that they would be all perfectly aligned with the souls desiring to know themselves on a much deeper level. And so it was.

Having students present for the session representing different SOM branches was such a bonding experience. We had representatives from the OKC, Chicago, Palatine, Bolingbrook and Des Moines branches. A family reunion of sorts – a family of souls that have known each other from lifetime to lifetime...

As Dr. Pam relied the Akashic Records of each individual or a couple, when crossings were read, we were mesmerized with the profundity of each lifetime related. For me it was so amazing to see how accurate the reports were for myself, but even more so for our students. As their teacher I am able to see things about their soul experiences that they might not be aware of themselves and the Intuitive Reports bring about confirmation of these perceptions.

Each of our advanced students, who all are also teachers, received at least one report. Each report was insightful, speaking to the growth that has occurred within each one of us and collectively in our group consciousness. Throughout all the reports there was a thread of something “greater” coming our way, an expansion of sorts, and an urge for all us to respond to that higher calling.

Here in KC SOM branch we are so very ready for that next step, “for the lotus flower of Self to bloom”. In humility we receive the call to Sacred Service through the School of Metaphysics teachings and the expansion of our influence that is in store for us...

With eternal love,

Learning from Students

The value of Intuitive Reports has increased more and more with each experience that I am blessed with. The universality of the Truth from each report has shined through today. Being here in Kansas City for the in-person intuitive reports has reminded me of the true nature of reality that we are all connected. I appreciate having this opportunity to share love and connection with lots of people! Thank you! Thank you! Thank you!

Love,

Emily Knox, Chicago SOM

SOM Intuitive Reports are absolutely incredible. I am in awe of the richness of the information and suggestions that are given from the inner levels of mind. In-person Intuitive Reports are even more of a blessing since we get to be with like-minded souls and all receive the universals together in such a beautiful experience. I received two reports today and look forward to working with them over the following weeks, months and years. My soul is so grateful for the understandings that can be rapidly built with this new information.

Wendy Isley, KC SOM

The experience of in-person Intuitive Reports is extremely valuable and I am able to receive more every time. I enjoy hearing the Universal Truths with every one's report. I know I will receive more as I absorb through listening to my report and transcribing other's reports.

Deanna Pucci, KC SOM

Life is a school, where you learn how to remember what your soul already knows. By tapping into my Akashic Records, my soul was opened to receiving what I already knew; however, it brought it to a conscious level.

Shawn D – KC SOM

I learned a lot about each person's life stories through the Akashic Records. It's interesting seeing the crossings of people extend throughout lifetime to lifetime. It's a proof that all our lives are interconnected and we're bound to each other through the love and the learnings.

Joel Collins, OKC SOM

I loved the energy and feel of the KC school; a lot of joy came to me being at this branch. That continued when the reports were being read. I was very impressed with the amount of people that were attracted to the event. Some of the reports were relevant to my current state of mind. I'm sure they would all be relevant depending on my level of awareness. The report I mostly connected with was Deanna Pucci. I gained awareness into my own relationships. The crossings were very interesting, I had an opportunity to appreciate the Divine Way our soul's urge draws us together from lifetime to lifetime.

Mike Moffa, Palatine SOM



My intent to come to the KC school was to observe a class for graduation requirements, and when I found out there were going to be in-person intuitive reports session, I thought, what a plus. But what I received, so far, was so much greater. I wrote notes about something that connected with me from many of the reports. My report gave me some insight that will take me some time to incorporate. I am very grateful to the KC school for hosting and being.

Sherwin Rosenfeldt, Bolingbrook

I appreciate the openness offered by the KC branch during their in-person Intuitive Reports. They offered an amazing experience. All was very well organized and orchestrated which made the entire session run very smooth. Thank you Dr. Tad and Dr. Pam and the KC SOM for such a wonderful experience.

Silvia, OKC SOM

This intuitive report session was an inspiration. I hold the Intuitive Research lab position so I was the lead organizer in the event, but I truly feel it was a collective effort. I really tried to focus on what I wanted to have happen at the session, for everyone, not just myself. I envisioned lots of people, excited, open, receiving this amazing gift. Because I do believe the intuitive reports are a blessing and a sacred gift. I felt open to receive and I felt excited to have fun, learn and grow. And I feel like all of that returned 10 fold. The event was a huge success, we filled three sessions, and people truly seemed to enjoy the experience. And I myself received some incredible wisdom throughout the day, which has been an inspiration. And both of the profiles I received were fun, awe-inspiring, and incredibly profound. I am so grateful for this experience, for the co-creation within my School and the Collage, and for Dr. Tad and Dr. Pam's time and expertise.

Codie Lea, KC SOM

Dallas

By Rene Cowles

March brings the transition from winter to spring and the school experienced a similar stimulation of change and of learning with our visit from Dr. Karen Mosby. Dr. Karen lead one workshop and a lecture during her brief visit to our branch.

On March 8, Dr. Karen presented attendees with a lecture on the book of Revelations (It's about Self-guidance). Tim Patterson one of our first cycle students said "I really enjoyed the presentation on Revelations. I grew up Seventh Day Adventist, so I'd always associated Revelations with End Times Prophecy. I vaguely recall the symbolism I'd learned about the seven churches, seven angels, and the elders etc. Hearing/ seeing Dr. Karen walk through the different chapters revealing the language of mind symbols, weaving a new narrative of understanding was refreshing and enlightening. Seeing the content as a path towards radiant enlightenment makes sense once the symbols are understood. I would love to spend more time walking through the book of Revelations."

Rachel Elliot another first cycle student was inspired by way of asking questions in life situations. Questions like "do the universal laws apply? Are you doing this for the good of all concerned or is it selfish in nature or just what you want to hear or do?"

This lecture also helped to give her a new set of eyes to view not only the book of Revelation but the entire Bible. "The book of Revelation was always something used to instill fear growing up. After this lecture, I truly felt empowered to become the brightest, light filled version of my Self! It urged me to ask the question, "What am I learning?" daily. She continues to speak of how she can view and use her mind "Because I know that when I am learning I am growing and this generates self-worth, happiness and direction for my life instead of feelings of stagnancy and being stuck. It also really encouraged me to use the power of my reasoning mind so that I am not stuck in my memory drawing off the past unproductively or using my imagination to create thoughts of anxiety and fear about the future, but that I truly be present to use my memory when necessary and move through reasoning to create positive joyous images."



Rachel's partner Jordan attended the lecture with Rachel. Jordan felt like it helped him identify his inner voice and like Rachel to ask himself questions about his life path. The questions that he received are "How do you know when you are on the right track? How do you know this is what you are supposed to be doing?" What he learned to ask himself is "Does this bring you joy?" Can you help not doing it, or do you feel propelled with enthusiasm in this pursuit? If this is the case it seems that there is an inner urge driven by the soul."

On March 11, Dr. Karen lead a workshop "Making Peace with Stress". Our director Jamie Metzenberg called the workshop "powerful". Jamie was inspired by the activity of holding a jar of sand for a length of time and getting used to having it. "This activity demonstrates how we can be unconscious to our stress. When we experience stress this can be an indicator for

change. It is a call that we can do something different. Looking outside of ourselves for the cause of stress can be easy, but usually we need to understand why the situation triggered these reactions. Then, we can ask questions like what do we want from the situation? What could you have done and why did it trigger a reaction?" She continues to say that "yoga and exercise help, but we need to understand the cause of the stress." To conclude we can

transform stress into a powerful experience by learning to "expect the best" from our situations that may stimulate a stress reaction.

We hold space of gratitude for Dr. Karen's time and teachings to help inspire and direct the change in us. Spring is a great time to see the transition in our natural environment and Dr. Karen has given many tools to aid the transformation within ourselves!

INDIANAPOLIS

Sunshine in my Pocket!

BY Bonnie Darby

Intuition is a hot subject at the Indy Branch! How are you using your intuition? This is the question we are constantly asking students, each other, and the public.

During the discussions that ensue, we learn a lot about the person, especially what they are thinking in the moment. Where their attention is and how they are directing their intentions.

Another conversation we initiate is what did you intuit from your dream last night? The question takes them beyond the other question; did you remember your dream last night? It also shows you are interested in them and in how they are progressing in their evolution. You discover they are more willing to open up and talk about themselves.

We learn intuition is the direct grasp of truth and at the same time many people don't know there is a value to truth. What you intuit from your dreams can only be truth as it is delivered to you from subconscious mind.

We had a woman visit the school the other day who had frequent precognitive dreams and when we interpreted one in Universal Language of mind she objected. She was attached to the fear of the outcome she received in the dream. She was also burdened by the question; she should tell people the predictions she dreams?

Kerry helped to explain that responsibility for her and another had a higher perspective than hurt feelings or anger when you harmonize with what the souls needs. We asked her why she thinks she has gifts and abilities? She could only see the burden. So we asked her to look at intuition from a more positive perspective.

Intuition is the opportunity to give people a glimpse of truth and then reason how to apply it into their life. It's like having Sunshine in your pocket! If you worry about what people will think of you share from your gifts, then the sunshine becomes darkness. The 'sunshine in your pocket' is your opportunity to learn about that person and see through their eyes. It's a way to lead them to grow. You have the responsibility in how you tell them or what you share with the. You grow and they grow.

You are not responsible for how they respond. The soul has a greater reason than fear or you would not have drawn them to you for your potential experience. The soul's perspective reminds us that we also do not want to enable people to stay the same by not sharing what we experience. What would be the karma of enabling others to stay the same bring to you?

Developing intuition is empowering and it brings us greater opportunities to learn about ourselves through our learning experiences with others.

MAPLEWOOD

Welcome New Students!

by Ellen Moeller

In recent weeks, we at Maplewood have created a thermometer chart to keep track of and celebrate what we do to attract new students to the School of Metaphysics. It is posted in the main room of our building to inspire those who see it.

As the 'temperature' rises on the chart it becomes a visual representation of our united efforts to assist in raising consciousness. Examples of these efforts may include a variety of expansion projects, dream interpretation booths at local festivals, and handing out flyers informing the reader about classes starting soon.

We understand that putting our energy into this project enacts the Universal Law of Attraction, and with our intention to grow our school and draw in new minds, we set the manifestation of this in motion. We look forward to meeting spiritual seekers who want to learn about what SOM can offer!



PALATINE

Discipline, Teaching, & Service

by Sue Adams

Discipline, Teaching, and Service were Zack's three important foundations when telling his story to a group of adolescent boys who are suffering from the disease of addiction. Zack spoke how he was raised in a well to do home, not lacking much. He went on to describe how his drug use began, what life was during his ongoing drug use, spiraling out of control and when his drug use got played out. Zack spoke of using mostly alone and how he kept his use from everyone.

Zack went on to say how he spent his days and nights looking for his next high. He took us down the progression road of addiction and his variety of drugs he used. Zack expressed his desire to change and to stop using. He could have gone to his parents for the money to pay for treatment, but when he looked further into several treatments programs the cost was outrageous, ranging 10 to 30 thousand dollars. He knew he could not do it. So, he decided to come clean with his friends and told them about his ongoing use and wanting to get clean and sober. He asked them all for help. While at work one day a call came through, experiencing an overwhelming feeling of light. His friend invited to him at to learn about metaphysics. As of today, Zack remains at the school of metaphysics as a student, teacher, and the director. Zack talked about the 3 important tools that helped, and continues to help with his sobriety. Discipline, Teaching, and Service. He stated how he learned to become disciplined through the exercises he practices, especially through meditation. Zack explained that what he has learned as a student he now gives it to others as a teacher.

As Zack told his story he was providing service to others, by sharing his life experience and his journey to sobriety he can give hope. "By getting out of yourself and giving back to another person is helpful to them but also you, This is service." says Zack.

The boys asked questions and gave feedback. "Will you come back and meditate with us?" One boy felt the closeness as he grew up in the same town and continued to ask questions about Palatine. Another question was asked if they could even take a tour of the Bolingbrook School?



Zack felt very fulfilled after giving his presentation, and expressed how it was a long time coming. He feels as if some Adolescent Karma of his was balanced out in the process because he started using drugs when he was similar to the boys' age, and through sharing with them, he really got to see himself. There is always a different way to send a message. The 12 steps and School of Metaphysics are different but very similar. I came to an understanding of how just in Alignment they are. I learned that I can really apply what I'm learning at the school to help me in my day-to-day job. I really appreciated Zack speaking of service and meditation as this is a means of Self-care and learning care for others.

TULSA

The Old Me has Changed

By Mandie Renner

The School of Metaphysics (SOM) has changed me. Changed me to the point that the "old" version of myself feels like a distant memory. The "old" me lived in a habitual state of perfectionism, self doubt and fear. I was very quick moving, quick thinking and quick acting. I was emotionally dishonest with myself and others. The problem was that I didn't know how to be anything different. Like many of you, I didn't grow up being taught the Essential Life Skills that SOM teaches of concentration, reasoning, listening, self love, imagination, intuition, and visualization.

When I first came to the school in 2014, the first seed that was planted in my mind was the thought that I had the power to make a different choice. A choice away from self judgement and worry and create a new thought rooted in gratitude and acceptance. Through the years, as my mind has slowly but consistently expanded and my heart has slowly but consistently opened, I continually add greater and greater abilities to create stillness, internal calmness, and experiences which propel the knowing quality within. I now have a deep sense of purpose and belonging. The journey has not been easy, as the work of the soul is deep, continual work. But, the work has been extremely rewarding and fulfilling, quenching the thirst of my soul.

I am currently placing my attention on drawing out my inner wisdom, as well as, more fully giving and receiving love. Teaching provides many opportunities to align with the highest version of ones Self. Being present in the teachers chair each week provides the opportunity to move fully into a natural expression of wisdom and love and more completely align with my higher levels of mind. It is this experience that has allowed me the opportunity for the most growth. I am grateful everyday for the opportunity to learn through teaching.



[DreamSchool.org](https://dreamschool.org)

Is promoting Dream Symbols for the public to better understand the value of their dreams. What is a Jungle in your dream?

Send someone to dreamschool.org to open them up to the inner mind and how it is self-educating each of us...

Listening to Your Dream Messages ?

HOW INTUITIVE ARE YOU?

7 An internal compass seems to guide me when faced with important decisions.

In the summer of 1963, when Rev. Dr. Martin Luther King, Jr. spoke to thousands from the steps of the Lincoln Memorial in Washington, D.C., he had prepared a text invoking the *Declaration of Independence*, the *Constitution*, and the **Bible** to call America to repentance for its unequal treatment of its black citizens. He later said, as he gazed upon the sea of faces, he sensed “something in the audience.” That’s when he set aside his text and began to improvise.

"I still have a dream," his voice boomed across the mall. **"It is a dream deeply rooted in the American dream."**

Hundreds have analyzed his speech, and the fact remains that what makes King’s rhetoric that day memorable is the power of intuition, a charismatic capacity to speak with the inner voice to the inner voice in others. This is the core of inspiration that arises from the direct grasp of Truth. Whenever we are faced with decisions in life, when we reach a fork in the road, our intuition is always there, always reading the situation, always trying to steer us the right way. It is the amalgam of our understandings of Truth, of the intrinsic elements that support life in every form. When these moments arise in our lives, we owe it to ourselves to turn inward. To heed the inner calling. To listen to its counsel.



THE WISDOM IN UNDERSTANDING YOUR DREAMS.....

Dreams are a daily form of intuition...

What wisdom do you intuit from the Inner Mind each day? How do you apply it to expand your life?

The New Maitreya

by Dr. Barbara O'Guinn Condron

The 'Breathing with Babaji' continues from previous issue....

The day before this dream, an advanced teacher asked me, "What about the exercises getting shorter as the student progresses?"

I listened carefully, receiving the intent of the question, before formulating my response. "It is the deepening of understanding in the practicing that matters," I replied, "not the physical time invested." Even as I voiced these thoughts, my brain pulls on Malcolm Gladwell's research from *Outliers* and Simon Sinek's TED talks. I know the reality in a 10,000 hour investment.

This morning's waking dream clarifies that 'in heaven' this investment is Infinite Being;— the essence of the ancient practices for conscious, intuitive breathing. In the dream, this was layer upon layer of Sanskrit words, chants in the Heaven space where my dreams have sometimes unfolded since 2012.

The dream pointed to the need to improve and refine my passing on of the Truth I know. Just as fruit day is about more than the food one eats in a day, so breathing is more than the oxygen we inhale and the carbon dioxide we exhale as part of physical life. The two hemispheres of the brain coordinate with the entire organism through neuromotor activities (sensory and motor functions of the body) performed with the help of breath. Breath is Mind in action. Breath flows through mind, connecting with the body.

Breath provides the pranic force to the organism. Pranayama is one of the branches of Hatha Yoga. Some incompletely conceive this to be physical breath. It is the seventh level of consciousness acquaintance with pranayama that begins with breathing rhythms and patterns, like those taught in the first cycle of lessons. "Breathing prana" has a farther reach. Pranic force is the air element which creates movement, pulsation, vibration, and life. In Sanskrit, pranayama means "controlling life force."

"Babaji is .. breathing into my medulla oblongata. I feel the flow of prana move up and over the crown of my head, down my face and body, around the perineum and up the spine - the microcosmic orbit."

The word "spirit" comes from the Latin spiritus, meaning breath. Pranayama is all things Spirit. Pranayama is linked to Kundalini and the activation of that creative energy. When the consciousness is sufficiently developed, which is to say mindfully harmonized, then the body becomes a temple fit to receive the Holy Spirit. Holy Spirit is Kundalini, the creator power. Now perhaps you have a deeper understanding of why we call upon the Kundalini in our healing work and its relationship to the specific breathing practices in our Healing Circle on Sundays.



A Living Legend...

BABAJI today

photo taken by Sangita Patel

03.29.2017

Eighteen days after Dr. Barbara's dream, Sangita Patel enjoyed an audience with Babaji. He lives in the Himalayan Mountains of India near Bhowali. The two-day darshan auspiciously coincided with Sangita's Bodhisattva Journey of Kuan Yin verses 69 *The Spiral* and 70 *Opportunity*. Sangita collected a stone from this place for the Healing Wall at the Peace Dome.

Twin Verses from *The Taraka Yoga of Kuan Yin*

by Barbara O'Guinn Condron



√19 BIRTH

In the Universal Language of Mind, birth is the beginning of a new way of life. Out of all possibilities, **THIS ONE** is chosen to live! The initiation of a *next* creation is a whirling action around a calm center that enables life to exist, hence the image of Birth is the hurricane. The whirring sound of creation - Om - results. This "music of the spheres" manifests through every life form as vibration and is captured in a sixfold symmetry of multiple evenly-spaced and overlapping circles called the "Flower of Life". You may have seen pictures of it at the Temple of Osiris in Abydos, Egypt, or maybe under the Fu-dog's paw at the Forbidden City in Beijing. Why has this image endured? It carries the ancient wisdom. Leonardo da Vinci was fascinated by what it revealed. Extracting thirteen circles out of the Flower of Life reveals *the source of all that exists* from the human body to the galaxies. These are communicated in the Stargate Field of Consciousness.™

√20 RESURRECTION

Years ago, someone gifted me a strange object about the size of a tennis ball. It was grey, spindly and rough, reminiscent of a very small yarn mop. I was told if I placed it in water overnight it would come back to life. Following instructions, I awoke the next morning to an unfurled, rehydrated plant that had even taken on a green cast.

How fun! This Resurrection Plant was living up to its name. What appeared dead actually *only needed water to spring into life!* Human beings are like a resurrection plant. We are potential energy temporarily stored for around a 100 years in a physical body. Stimuli cross our path so the potential can be realized through conscious life experiences. Sometimes we react to the unknown. Fear or doubt seem to draw us away from the realities of our true nature, and we fall into negative outcome thinking. When the answer is always "Yes!" we transcend whatever separates us. "Yes" opens the mind to the Infinite Possibilities in what otherwise seems a finite world. Consciousness is the true resurrection. It is experienced during each Healing Circle.



GOD IS LOVE ---- I AM LOVE

by Mavis Curry

I woke up this morning feeling empty, almost like a hang over. Curious. I had just spent a weekend at the college at National Teachers meeting. It was a powerfully emotional weekend. I was excited to go. I know I always come back different. I always go deeper into who I am, why I am and where I am going.

Three of us from Des Moines went. Mari demonstrated her strength in knowing all would be well with her brother who was in the hospital. Her presence and example gave us all an opportunity to share our experience with suffering and the understanding created during the transition of those we love. It was an opportunity to open and share our light and love for each other. It was not surprising that LOVE was the theme of the weekend.

During my first week as a college student, Dr Daniel took me on a walk across the campus. He asked me what my deepest desire was. I said to love and be loved. This weekend drew me closer to understanding why that is.

All beings desire the presence of Love, the experience of being and sharing Love. It is a life long quest - searching, yearning, exploring, engaging. Dr Daniel's presentation on Saturday evening opened my heart wider and deepened my curiosity of what LOVE really is. How does it emerge? How do I deepen my understanding and experience of Love? How do I sustain an infinite state of being Love? Dr Daniel's words: "I'll see it when I believe it" immediately activated a magical door. Do I believe in the infinite ever present Love? For me to experience the infinite presence and power of Love, the essence of creation, the essence of the Creator, I have to believe it. Every moment I spend feeling isolated, separated, misunderstood, even unloved I separate myself from the ever present essence of being. It is so curious that we all do it; That we are often unconscious of when we are doing it. There is an emotional quality, we characterize as pain, often a manifestation of the egoic self, that creates the separation, the isolation, the depression. And even this has a purpose.

"If we don't experience love, we don't experience Self." Wow. A bright light turned on. Here is the true source of pain. I cannot be my Real Self when I separate from Love. Here is the true source of loneliness, of depression. I learned in an intuitive report that depression is purposeful. It is intentional in that it draws our attention inward. Dr Daniel shared what was happening: "When the emotions shut down, we shut off the higher mind." We have separated ourselves from Source. We MUST turn inward and reconnect. Often we turn outward and look for substitutes. What we find in the physical, tho it may offer relief, it is difficult to sustain. The physical is temporary, ever changing. A deep and complete connection within is necessary to sustain any connection of Love beyond the self.



Dr Daniel pointed out that “emoting” is an outward motion and that “feeling” is an inward motion that allows us to experience more and deeper parts of life. To allow feelings to flow openly creates a spontaneous movement enabling a process to occur that allows “newness” to flow through. Dr Daniel encouraged us to “look for the newness.” Receptiveness creates space; when aggressive moves in with loving light it is in that moment that the presence of the God Light, of Love Light emerges. Evolution IS the increasing understanding of LOVE. It is the reason that engaging in a higher purpose, for the good of all concerned, that evolution is accelerated. It creates a field full of Love. “Love is the glue that binds everything together enabling connectedness.” The greater the connectedness, the more fluid the movement, the more natural and complete the giving and receiving becomes, the more profound the fulfillment experienced.



Thank you Dr Daniel for reminding me that God is Love, that I am Love, that we are all connected and sustained by Love. I commit to my Self to allow pain to be the stimulus to be open to the feeling, to direct my attention to the newness that is desiring to emerge and to be Love in that moment, to experience the Love that is desiring to emerge and connect me to all of being, to God and IAM.

Talking in Public about what you're learning

Giving
from the
Heart

Remember when sharing with others,

We are emerged in a self-education that teaches the 10 Essential Life Skills with a high purpose in mind. Their practice and development reveal the depths of conscious awareness where you can discover the totality of who you are; Your mental, emotional, physical and spiritual nature. These are a few topics you can illuminate and illustrate for others from your experience. Each define understandings people learn to cause greater Self-Awareness.

1. Do you know what it means to know the Self?
2. Do you know how to create your experiences instead of just responding to your daily circumstances?
3. Do you understand how increased concentration and undivided attention reveal more about life than living in habitual mental, emotional & physical patterns?
4. Do you know the benefits of inner listening to cause unity and connectedness?
5. Are you aware of which reality you hold your attention in at any one moment?
6. Which perspective do you choose to make your choices from? The Small self that perceives the environment is all there is or the High Self which expects everything is possible.
7. Do you understand the energetic sources of health and wellbeing?
8. Do you recognize the illusion of reality where fear limits perception and success?
- 9 Do you understand the purpose of life?
- 10 Do you understand oneness and its vast benefit?

Spreading Your Influence as a Student



Initiate

**new community relationships,
draw new students,**

Teach

**people to cause growth, change,
and personal excellence**

**Dreams illustrate
how you cause life to unfold.**

Hello, fellow dream enthusiasts,

You may be aware that one of the requirements for certification as a dream interpretation coach or dreamologist is to attend an International Association for the Study of Dreams conference, either in person or online. Renewing certification includes this requirement also.

This year's IASD annual conference takes place June 16 - 20, 2017 in Anaheim, California. I have been a member of IASD since 2008 and have attended every annual conference since that first one in Montreal



Getting to know the people of IASD has enhanced my understanding of the many ways people use dreams and study them. Some of the people who belong to this organization are brain scientists who research how dreaming affects the brain. Some are avid lucid dreamers. Many are artists, musicians, and writers who draw upon dreams for inspiration. There are psychologists, ministers, teachers, even astronauts.

At every IASD conference, I meet "everyday" people who love dreams and keep dream journals who are starving for a community of people with whom they can share dreams. We in SOM are very fortunate to have dreamwork as a part of our study. Many people feel like they are alone in their interest and curiosity about dreams. They often describe finding their "tribe" in IASD.

Hearing this encourages me to become more vocal in talking about dreams and sharing dreams with people who may not initiate such conversation... because universal law brings me into community with people who want to know about dreams. When I initiate the conversation, it opens doors to deeper "soul intimacy."

Teachers and students representing the School of Metaphysics at this year's conference include volunteers Dr. Sheila Benjamin and Hezekiah Condon, and presenters Dr. Laurel Clark, "The Power of Intent," Dr. Barbara O'Guinn Condon, "Dream Scripts for Tweens — Reaching Youth by Making Dreaming a 'Selfie,'" Dr. Daniel Condon, "Trees in Dreams," and Dr. Karen Mosby, "If Revelation Were My Dream."

If you would like to be a part of the SOM delegation to this conference, to support the school and bring your light to this gathering, to meet dreamers from around the world and perhaps discover in new ways how valuable your dream education is, I encourage you to attend this year's IASD Conference.

It benefits IASD to continue its outreach and existence. Like the School of Metaphysics, the International Association for the Study of Dreams functions on volunteer power and its financial health comes from membership and conference fees.

The early bird discount has been extended to April 30th (coinciding with National Dream Hotline® !)

You can learn more at www.asdreams.org.

I'd be happy to talk with anyone who wants to hear of my experiences with IASD.

I send you my circle of love,
O Dr. Laurel

Salutations to the Initiates

This Good Friday the world became a brighter place as four aspirants were initiated into the 4th cycle of lessons within the School of Metaphysics. These initiates have committed their lives to being spiritual teachers for the World. Their spiritual journey will take them above the dome into the Superconscious Mind as they complete their studies. This is what they have to say about their journey so far with in the School.



Fourteen years ago I would have never imagined where I am today. It's amazing when you follow your soul's desires.

I am eager to advance myself in the 4th cycle to becoming the influence I desire. Teaching truth and ideals can be applied to every aspect of living. When others understand how raising their expectations create a quality life, I will find fulfillment in my giving.....by Kerry Keller



As I reflect on entering the fourth cycle of studies in the School of Metaphysics, I am in awe of where I have come from and where I am now. I have changed and grown exponentially. This reminds me of what we teach in the School, the thought to keep the Ideal holy all the way through the experience. I am grateful as my Ideal is manifesting before my eyes.....Larry Hudson



As I enter the fourth cycle of classes I am acknowledging the ways my life has improved from the time I began classes in the OKC School of Metaphysics.

I have prospered in many ways, in all ways. Entering the fourth series is an exciting opportunity to continue the growth, especially with understanding my emotions and feeling as ways to understand my past and to interpret the present so that I maximize my potential and my desire to aid others.Doug Bannister



As I look across the orchard waiting patiently for my time to be initiated into the fourth cycle. I contemplated the commitment to self. Good Friday was the day of Jesus's crucifixion which was the final initiation before the resurrection. I thought about the symbol of the cross and moving now from physical time to superconscious time and the death of self to be raised to a much higher consciousness. It reminds me of when I was a college student and I would cut off the dead branches from the trees in the orchard so that the energy could produce new growth and be used more effectively and efficiently continually producing the cycles of nature and fulfilling the plan of existence. This is my vision of the commitment to Self. The continual process of higher states of consciousness through initiations that expand us to produce more fulfilling our plan for existence.

.....Walter Hrycaj



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