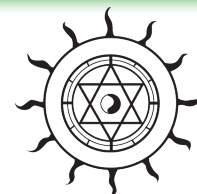


The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 45, No. 6



82 Alchemist

A thousand suns blaze in heaven's sight.

All that matters is the conscious understanding of today.

Anything can exaggerate until the organ seems lost,
yet the Source constantly abides on the other side.

The Taraka Yoga of Kuan Yin by Gael O'Guinn

Still Mind, Present Moment Open Heart

by Scott Hillburn



The Urbana Branch had the wonderful honor of receiving the "Still Mind Present Moment Open Heart" a day long teaching by Dr. Daniel Condon. Many people had profound experiences of stillness, of the true nature of reality and of self understanding. Some people had tears of understanding run down their face, some left greater joy, and confidence in being able to live a greater life with more peace and a calmer mind.

All around this experience was rich and growthful experience including the preparation and planning stages. We learned a lot about consistency, and the power of communication. We had 32 people attend the teaching, and 90 percent of them came from "The word of mouth." There were a few people who saw the fliers, and one person from Canada. He was really awesome, he was actually visiting the Urbana area for work, and wanted to find something to pursue his spiritual growth, looking for structure he says. He found our Dream Catchers Meet-up Group and then contacted us to learn about other events. Dr. Pam let him know about the Still Mind Present Moment Open Heart day long teaching and he signed up, and attended. He got so much out of it, and says he loves our group of people. This was a clear Law of Attraction experience.

continues on page 12

Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. The front cover reflects our collective vibration. Here are the numbers we received.

Love and Light from your *Vibrations* Staff.

Dr. Sheila Benjamin - 98 Wavelengths - 'our attention can be whole and complete when willfulness commands. Temper your mind in service to the whole Self. Train the mind in noble ways and it changes the brain. Epsilon, Alpha, beta, delta, theta, gamma, lambda harmonize in Schumann's wave.'

Kerry Keller - 96 Giving - 'My precious temple, you serve me well. I am radiant in the ten directions. The Teacher knows ideal, purpose, action as One. Surrender all you have been, are, will be, and the blessing is yours.'

Michael Dardanes - 86 Accolade - 'When thought forms blossom, the joy of creation is felt. Infinite possibilities arise in a Creator's Mind. Now is a time for your moral compass to guide you. Physical choices are finite, it matters that you choose the right one.'

Davi Brown - 47 Landing - 'Beauty is an expectation arising in the finest substance in Mind, Carried along by the will responding to the inner call. Leadership arises unbidden in one caught up in rapture. Being, is the teacher; presence, the lesson.'

Holy scriptures one for each month of the year

June – The I Ching (Dr. Ivy Norris)

19 THE IMAGE

The earth above the lake:
The image of APPROACH.
Thus the superior man is inexhaustible
In his will to teach,
And without limits
In his tolerance and protection of the
people.

Chicago

When we open up to learning, we open up to our greatness

by Emily Knox

As students in the School of Metaphysics we can all see the truth that goals give our mind direction and Randy Ristow described how to move past obstacles and achieve goals in his lecture "You can do it too!" given on March 17th. During Randy's lecture he shared with the audience his experiences with learning how to learn. The first step in learning how to learn is to be open to learning! One of the biggest things that Randy learned from his experience is "how a deadline can motivate you to get things done- especially when you can't postpone it." I see this as similar to our karma; there is only so much learning we can postpone until we are forced to look learning in the face! So let's be open to learning now, defeat the obstacles and achieve our goals!

A new class began March 19th with Angela Appleby as the teacher! We were all glad to receive and greet the new students. Currently she is teaching two wonderful students, Rayne and Jai, who are both eager to learn and develop themselves. When asked about her experience teaching, Angela exclaims, "I am discovering that I love teaching! I am also really enjoying revisiting previous lessons. I think that the students that I am teaching are truly amazing and I cherish the opportunity to aid them in any way that I can." We are all glad that Angela is teaching and finding such joy in her experiences.

The last Sunday of March was packed full of excitement and learning! To start off the day, Randy Ristow led Dream Catchers. We learned how to make our own dream catchers while sharing our dreams! A woman named Lisa came to share her dreams as well as show us her own intricate dream catcher that she was in the process of creating. Dream Catchers is fun and interactive because it is a topic that interests many souls! After Dream Catchers, Mirka Majernikova led the SIR Meeting in which we listened to and discussed Past Life Profiles. For this experience, I learned the importance of patience when practicing concentration as well as meditation. Life opens up to us when we still our minds to receive.

In conclusion of our Spiritual Gathering on March 29, Golbahar presented the first segment of a Taraka Yoga workshop. During this time, the people present received wisdom from themselves as well as others about what LOVE means to individuals. This experience was joy filled and truly opened people's hearts. We also shared our circle of love and expressed words of love to each other. I enjoy these experiences with people of the community because it is truly a time to share with like minds. The second Sunday of April was the second segment of the Taraka Yoga workshop entitled "Dreaming of You." Led by Golbahar Dadyan and Ari Zuniga, this portion stimulated us to reflect on connections with people and how we are all aspects of each other. We interpreted dreams for the people from the community where we were able to delve deeper into another us! Elevated experiences such as these allow us to open our hearts and draw upon our wisdom, guiding us to know our True Self.

Here at the Chicago Branch we are thrilled for Game Nights, and now even more so! Jason LaRiviere led his first of many Game Nights! Jason is an avid game

player as well as a spiritual seeker who loves to give of what he loves. We recently received a game, created by a local spiritual seeker entitled, "Catalyst." In last month's article we described the game a bit, but if you forgot, Catalyst is a Self-awareness game where everyone is a winner! The purpose of this game is to stimulate the player's mind by posing questions that will guide individuals towards knowing themselves more deeply as well as creating their next steps in spiritual growth. Jason facilitated a 50/50 raffle in which both the School and Jorge Vina (the winner of the raffle) received money! Jason shares with me that, "The night was educational and a lot of fun! I am eager for this spiritual game night to grow!"

On Wednesday, April 22, Randy Ristow will be teaching the new class! We see our school as bright and full of newness! We see people from all backgrounds coming to explore their inner Self, to be open to learning, and ready to create peace within themselves. We are expectant to receive from the abundance of the Universe!



Spiritual Gathering expressing what love means to us.

Bolingbrook

Activity toward Community Growth

by Gloria Millare & Teri Karl

We had a fun and exciting 27th Annual National Dream Hotline® weekend! 51 dreams were interpreted! They were mostly referred from friends and family, but other sources included WBEZ, Fox News, WLS, B96, Star 96.7, the Chicago Tribune, WGN, Meetup.com, Facebook, and Google search.

We had many interpreters throughout the event, including Jorge, April, Teri, Rudy, Sherwin, Sandy, and of course, Golbahar, our dream coach.

Saturday night we watched *Edge of Dreaming*, a fascinating, artistic documentary about a woman's exploration of the dream world after she receives some frightening precognitive dreams. We had a lively discussion of the movie afterwards, led by director Rudy Arena. We had 10 people come from the Meetup Group "I'm Not Dead Yet," as organized by our new Meetup Maven, Maxine!

The BINGO Fundraiser, put on by Roberto, Sandy, Lele, and Frank was packed to capacity – 22 people from the public! What abundance! The parking filled the court and overflowed into the street! One woman commented afterwards that she really enjoyed hearing the dream symbols repeatedly throughout the event so that she could retain them and understand them better. Some even took notes during the event. The students learned about the Law of Prosperity through asking for donations for the event and getting raffle tickets sold beforehand.

Golbahar also led our Spiritual Gathering, where we continued the theme of dreams through group activities in which we learned about each other as aspects of ourselves. One of our BINGO players returned for the event and really enjoyed it!

We also had an all-school meeting, and we talked about our ideal for the kick-off of Dr. Damian's book tour: success consciousness! We are already on our way with the great success from this weekend!



Maplewood

"Making the Call in Maplewood"

by Cassie Ambuehl

Here in Maplewood our Ten Most Wanted List for National Dream Hotline® reflected "100% Student Participation," knowing that we wanted to create an experience of spiritual family serving together. For weeks we had communicated this desire to our entire school, as well as the activities where students could participate. Although our "Dream Team" seemed to consist of only a few strong leaders in March, by National Dream Hotline® we had achieved our desire of 100% Student Participation.

We kicked off National Dream Hotline® with a family dinner where Dr. Laurel attended as our special guest. Several students brought dishes, learned the flow of taking hotline calls, and enjoyed the company of one another. This was a very rich experience for our students, many of whom would be serving at Dr. Laurel's event "Dream Insight and Inspiration" on Saturday. Our students truly enjoyed being in the company of Dr. Laurel, and getting to know someone who has been studying soul growth extensively for so many years. During the course of Friday evening, two groups of students were sent into different nightlife neighborhoods to interpret dreams, poster, and talk about National Dream Hotline®. I led one of these poster-ing outings. I loved being able to teach others how to communicate about our school and dreams. I also felt really humbled and grateful for how these students were so enthusiastic to share their learning with others.

Saturday many of our students served at "Dream Insight and Inspiration", an experience led by Dr. Laurel that focused on how to utilize your dreams for creativity. Genevieve Markowski, a first cycle student who was present at the registration table, stated that she had learned how "individuality really is best fulfilled in unity" by receiving the participants for the event and serving with her classmates. Genevieve also reported that she was

really excited to learn the scientific method of incubating her dreams, and how she was excited to apply this knowledge.

Saturday seemed to be a slow day for taking calls. I had made media contacts twice the day before, and once Saturday morning. I really desired for all of the St. Louis area to call in and learn about their dreams. Finally, this desire came to fruition whenever Channel 5 aired our event on their 6pm news. I had no idea that this would be happening! We received call after call for hours after the evening news aired. Channel 5 had made the mistake of stating that our hotline was ending on Saturday at midnight. I saw this as an opportunity for more media and called the station immediately. To correct the error, Channel 5 aired us again at 6am and 9am on Sunday. This caused a steady stream of calls throughout the day Sunday. All of our efforts in working together as spiritual family seemed to be manifesting.

On Sunday many students served at "Earth Day", an event in Forrest Park. Candice Budzinski communicated that through serving at our booth she learned how to communicate what she is learning to the public. She also built her ability to be receptive of other people's consciousness and respond accordingly. Candice stated that she realized "many people want to know about their dreams, and I learned how to read people to help them understand themselves." Likewise, Stephanie Gilgros, who is completing the first cycle within a month communicated that serving at Earth Day "gave (her) the opportunity to see how being present and holding (her) ideal in mind aided her in being able to attract and connect with others interested in soul growth." Linda Blackburn, who attended with the purpose of building her first class, noted that as she "gave of herself fully, (she) was well received."

We ended our National Dream Hotline® weekend the same way we began it. Our spiritual family came together after healing class to enjoy one another, learn from Dr. Laurel, and of course receive more knowledge (snacking). We reflected on the learning we received from the weekend, how much fun we had, and how we had grown in our relationships with one another. Truly, those we create with, form our deepest friendships.

As I retire from the weekend, I am reflecting on how much love and joy I feel as a result of being in this spiritual family. I realize that we not only served our area by raising dream awareness for the St. Louis community, but that we are connected to a whole tribe of people who aided in elevating the consciousness of the world through National Dream Hotline® this weekend.

Oklahoma City

Investment in the Self

by Justin Clark

For the past few months we have been focused on teaching teachers. Each month a different student has been stepping into teaching positions. This month Lori Morales, a student on Lesson 19, has started 5 week short course on dreams. This is her first teaching experience. She is currently the Dream Awareness Coordinator and is eager to teach people about her favorite topic. It began on April 7, 2015.

This dream course is leading us up to the National Dream Hotline®. It has been our goal to use this event for each student and teacher to take their next step in development. During National Dream Hotline® our school will be hosting a Chocolate Dream Festival on April 26, 2015 from 1:00pm to 4:00pm. We asked local businesses to donate their best chocolate dessert to be a part of a taste tester. Community members will pay \$5 at the door to be a part of the

taste tester and will vote on their favorite. We will then have dream interpretation and lectures available to attendees. We have had fun learning and building relationships with media in our city and have landed a newspaper article and a radio show so far.

A goal of our school is to pay off \$1,000 of supply debt each month. The money for this has been coming to us in a variety of ways including fundraisers, intuitive reports, and short courses. We have also been talking about the financial report to the students and found people are willing to donate towards the cause. We are all excited to be learning about prosperity and abundance as a whole!

Columbia

Strengthening and Manifesting Vision

by Brenton Harris

Our movement toward National Dream Hotline® was an amazing experience of community and connectedness. Our branch and our students are inspired and invigorated, and we're moving toward expansion and abundance!

We received first cycle student Kate Ibur from the Maplewood branch, and she joined Kavi in the class studying Lesson 5. During hotline we also benefitted from Mari Hamersly's presence, and we spent the weekend connecting, growing, and creating. From an eight-foot sign on the roof to late night conversations, each of us left the weekend feeling more connected than ever!

We also made great connections throughout Columbia, including new media contacts and various organizations at Earth Day. We even met a woman in her sixties that had been recording her dreams since she was six years old! We also hosted a meditation with seven people on Sunday, which brought a new student to us as well. More than anything, though, was an opportunity for us to come together as a school to strengthen and manifest vision.

The rest of the year holds big things for the Columbia branch!

Kansas City

National Dream Hotline®

by Leah Morris, Codie Lea

We had a wonderful experience during Hotline this year! The experience was one of connectedness, fun, and service.

Codie Lea (Lesson 13) says, "My experience at National Dream Hotline® was really easy, fun, and fulfilling. I was truly able to practice my ideal which is coming to life with an attitude of generosity. I felt like every call I took I had a lot to give and offer to the caller. My favorite call was the last call I took. She was needing to embrace her own intelligence and self-esteem. For me that was such a beautiful reflection of my own process of finding, embracing, and becoming all the new aspects of myself that I am discovering. I felt I truly connected with her and was able to help her along in her journey. It was such a blessing to be a part of that for her and for the school."

Other than the dream interpretations, I truly enjoy the environment, the sense of community, and the deep learning that took place throughout the experience."



Palatine

Dreams – Reflections of the Inner World

by Mike Duffy

This particular Palatine Vibes Article is written on a laptop computer after being on the road in a vehicle for about a week. In honor of the month of April solely revolving around the National Dream Hotline® and dream awareness, I will begin by interpreting the introduction using dream symbols. Let us examine the main symbols in the first sentence of this paragraph.

A *road* symbolizes the dreamer's direction in life. *Vehicles* represent the physical body. A *computer* represents the brain. Dreams are a means for the Subconscious Mind to communicate with the Conscious Mind. In other words, your inner-self is communicating messages to your outer-self. SOM teaches that every dream is about the dreamer. Dream symbols are images that your subconscious mind chooses, that you will be familiar with, to convey a message to you. It is comparable to an inner dialogue, a dialogue that should be given much attention. There are many types of dreams and much information on the topic of dreams, which can be accessed through the School of Metaphysics. To interpret your own dreams and dream symbols, the School of Metaphysics offers several books on the topic, one being *The Dreamers Dictionary* by Dr. Barbara O'Guinn Condon. There also is available the mobile app for your cellular device based on this priceless dream resource. The School also hosts weekly webinars, which are available to students as well as the public. The webinars are directed to serve students and the community in dream interpretation and the understandings of the workings of the Conscious and Subconscious minds in conjunction with each other.

On Saturday April 11, SOM Palatine hosted a Dream Hotline Workshop in preparation for the National Dream Hotline® event. Mark Weiland and Aneta Baranek were at the School to make ready fellow teachers and students alike and teach them how to prepare dream journals, take calls for the upcoming Hotline and take down contact information of potential callers so our community of spiritual students, leaders, and teachers can expand and evolve further.

Business-like cards for Dream Hotline were also created. The cards contained info on the National Dream Hotline®, dream webinars, and Dream Catchers Meetup which is a portal dedicated to meeting like-minded people.

The National Dream Hotline® took place beginning Friday April 24 at 6pm through midnight on Sunday April 26.

The School of Metaphysics offered 54 hours of free dream interpretation nationwide. The Palatine branch landed several radio and television spots on B96, WBEZ Afternoon Shift and Johnny Brandmeier Show to spread the message and share the wealth of this extraordinary knowledge. The Palatine School branch was also blessed with a Chicago Tribune Article describing the National Dream Hotline® through an interview with the SOM President, Dr. Damian Nordman and Sandy Leitner. Dream awareness is most certainly an important feature of SOM. This awareness teaches you to align your inner and outer self for a more productive, happier, healthier life experience.

On the final day of the National Dream Hotline® we held a fundraiser in which the ideal held in mind by the first cycle class hosting the event was to raise dream awareness and communicate the importance of dream interpretation and how it can play a valuable role in everyone's lifetime. The purpose held in mind by the class was to gain the understanding of inner and outer connectedness. The fundraiser event featured the SOM game favorite - Dream Bingo with many prizes to be raffled off to Dream Bingo winners, as well as, bake sale including gluten-free lavender cupcakes!

It was also very exciting indeed to host a live Intuitive Reading Session on Sunday April 12 with Brian Kraichely and Gollbahar Dadyan. These reports are invaluable! Reports given were Past Life Crossings and Past Life Profiles. Everyone present was mesmerized with the wisdom each report contained.

We extend our Love and Light to all!



Springfield Service and Expansion

by John Matthews

Brian Hoover has graciously allowed me to write this month's Springfield branch contribution to Vibrations. I am grateful for the opportunity to be of some small service.

Speaking of service, I can't adequately express the admiration and appreciation that I and the other students here have for what Larry Hudson and Walter Hrycaj have done for our building. What an example of selfless service. Brian has already detailed the progression of the renovations, but in case you did not see the areas beforehand, I can assure you that the transformation is astounding. The former attic was a fit habitation for bats, spiders, and respirator-equipped rodents. Now it is not

only usable, it is actually inviting. And the chance to work with and learn from Larry and Walter was priceless.

Aside from the expansion project, the past month was one of planning and anticipation of the upcoming Chocolate Dream Festival and National Dream Hotline® activities. The students and teachers have been meeting weekly to make this event one to be remembered.

With the energy of Spring and expansion swirling about, it was not surprising that a new group of students found their way to our door. Our Area Director, Christine Spretnjak, is the instructor for the new class of six students. What a joy it is to meet other seekers and to converse with Christine. Maybe some of her warmth and wisdom will rub off when I audit a class.

The school continues to host new and full moon meditations with good participation. I finally had one of my most pressing metaphysical questions answered during the last. I always wondered what to do if a fly goes in your mouth while chanting.

On March 27th, Samuel Quinn demonstrated leadership by directing a dream interpretation excursion to Springfield's Park Central square. They unraveled approximately ten dreams while informing people about the school.

I trust that the coming months will see a tremendous return on the positive energy that this month has generated.

Thank you.

Tulsa

Gearing up for growth and abundance

by Jillian Bergman-Martin

This month we've been gearing up for our national event, National Dream Hotline "RRRRRR" It's been a pleasure stepping further into leadership and assisting others to do the same. Alana Young describes planning this event as something that is going to help her to become more of her Ideal self. Wanting to learn how to respond vs. react and become more of a core centered leader. "By learning how to use universal language of mind to interpret my dreams I have come to the realization that the answers to the questions I seek have and always will come from within", says Alana. On a personal note I have been stretching into new avenues contacting media and applying the advice given at National teachers meeting as well as the emails. Having an experience of what this weekend could be like has helped tremendously with updating previous thoughts and images I held surrounding the National Dream Hotline.®

Alana Young, Kneale Ewing, Elana Stafford and Jessica Meyers completed their class expansion project titled, "Achieving Your Dreams One Step at a Time". It was a walk for awareness. They gave people the opportunity to sponsor them \$5 or more per mile. The weather was beautiful and so were the smiles raising \$259 and counting as more people have contacted them looking for ways to give. "By coming together with a common purpose, Kneale Ewing said, not only did our class get to apply what we've learned together in class but we also got to experience one another in genuine friendship in a fun filled day...interacting with members of our community and receiving from them as well as well as promoting ideals of the school."

Lesson 9 Past life profiles were received this month and have aided this class to go deeper with their studies. "My past life told me that I appreciated the dream world, said Rachel Lykins, I'm going to now get more involved in the dream opportunities we have to learn more here at the school.

It also said I Recoil from strong emotional energy so I've been presented with an opportunity since to paint my emotions which is a good emotional outlet for me."

It's time to grow.
Thank you.

Urbana Investing & Planting Seeds

by Scott Hilburn

We had the honor to host Dr. Daniel's teaching "Still Mind Present Moment Open Heart" in Urbana on March 28th, 2015. It was a profound experience for many. I personally reached greater degrees of stillness, and was inspired to cause my mind to be more still. Many people experienced greater love and connection. We had an assimilation meeting afterwards and we all shared what was great and what could be better. The amount of preparation we did is what led to the calmness, ease, and smooth flow on the day of the teaching. After the teaching many SOM students from Urbana, Chicago area and St. Louis came over to the Urbana brunch for a meal donated by Chipotle. It was such a great image. The building was full, with various conversations. So much connection, love, and Divine Friendship occurring. I am holding this image in mind, this is what I want daily in Urbana.

Urbana hosted Dr. Pam & Tad Messenger for a session of Past Life Profile Intuitive Reports public and lesson 9 combo. Teddy Lerch, and Jesse Long received their Lesson 9 PLP.

I gave a lecture at the University of Illinois on Spiritual Health to the Health 202 class. It was a great experience of acclimating what I have learned as I pass it on to others. Giving a Lecture is so fulfilling because we aid others and also aid ourselves to a higher level of understanding.

Dr. Pam gave a lecture on Meditation at the Nami Center (National Assn. for Mental Health). Here is a follow-up thank you email: Many thanks for your support of NAMI and especially for sharing your personal and professional expertise with us last night. Meditation, mindfulness, and the power of positive thought are always ways we can take control when it seems as if we have none. You helped our group remember that and we very much appreciate it.

We had a booth at the McKinley Health Fair at the University of Illinois where over 3000 college students passed through the fair. Many college students were interested in SOM. We gave out hundreds of fliers, connected with many, received info for the database, and interpreted dreams. We had a blast. Dr. Pam, Courtland, Jesse Long, and myself all attended.

We are prepping our Garden for the Summer. This year we are expanding the garden. We have turned over the soil, and will be planting the seeds next week. The students are really excited to have an organic urban garden in our back yard. I learned how to garden at the College of Metaphysics as a College student from Dr. Daniel. The garden is such a clear example of the mind, and as we aid the plants to grow we grow. I like to say when we are gardening the physical garden we are also gardening our mental garden.

We are ready for our SOM Holiday The 27th Annual National Dream Hotline®! We ordered 2000 SOM dream journal covers from Head Quarters and we are making

dream journals. We are going to the University of Illinois to the Quad (a large Court yard area where thousands of students pass thorough each hour, the campus has over 40,000 students) and we have a goal of handing out 1000 dream journals with a flier to call the hotline. To spice things up, to draw attention, and to add the fun learning element the students are dressing up as a character from their dream, and I will be wearing a 1 piece pajama symbolizing the dreamer. We will have signs that say "Free Dream Journals", and "Free Dream Interpretation".

We are excited to invest in to our expansion and growth. We are investing time, attention, and love into our students and to reaching out to the public through lectures, fairs, hotline, poster, etc. What we put our attention on grows.

Cincinnati Reflections on National Dream Hotline®

by Davi Brown

The biggest things that we have had going on lately have been a new class, a booth at one of our favorite fairs, National Dream Hotline and an overall evolution of our branch.

This month we had a booth at the Victory of Light expo (where I met Jesse Reece 3 years ago) and our area was brighter and more attractive than I have experienced in the past. We had many stages of growth and all cycles of students present to donate their time and energy to learn, interpret dreams and experience comradery. Lynn Boggio led the weekend and did an excellent job holding her attention calm and expanded as we all came through in service. At points there were lines for dream interpretation. This event gave us an opportunity to put forth a lot of activity in building the next class which began on April 22nd taught by Erin Payne. The evening the class began was a vibrant one with my Wednesday night class present and 4 new students coming in. Break was bustling in a way I hadn't experienced. Lots of newness for me in this season of the Cincinnati branch. I am looking forward to growing three nights of classes in this fashion and now we have the image active on Wednesday nights to match.

National Dream Hotline was awesome at our branch. We exceeded our calls from last year and had a consistent group present active in learning, communing and interpreting. I see there is much to be learned from our relationship with media after the weekend. What I have come away with is strong recognition of the love between students and our willingness/desire to be present and active in each others lives. There was a strong familial vibe going on all weekend which brought me to tears a few times. What we offer is deep, intimate and sacred. The study of dreams is a gift for ourselves and to everyone in our communities. The phone calls I shared were powerful in giving and receiving.

On Saturday my class had their fundraiser and we learned a lot together through the process. I am so in love with all of these individuals and their willingness to contribute, learn and grow. It is inspiring me as a student and teacher, as we elevate together. Their work and feedback is critical for the evolution of our branch right now and I am honored for their presence here now. For the event we made dream catchers and still mind bottles, tools! Thank you to Ryan Woelfel who led the event, Julie Davis, Marilyn Bakie, Aurelia Burkett, Lynn, Stacy Lenehan and Narek Manukyan. Loving settling into the Self with others doing the same. Thanks to Jonathan for his consistent presence and willingness to support us all here in Cincinnati!



by Dr. Barbara O'Guinn Condrom

As Universal Law would have it, the media attention of National Dream Hotline® this year brought us a new friend in a most unforeseen way. Her name is Marcia Weider and she owns the Dream University®.

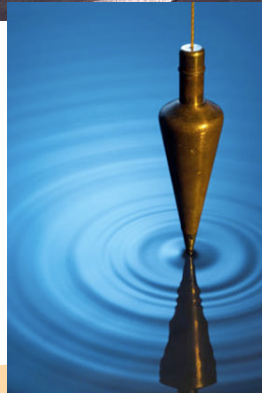
Marcia has devoted the past 30 years of her life to successfully teaching people how to visualize a better life – what we might call day dreaming with intent. Those who graduate from her training are called Dream Coaches, and that's how she learned about us.

One of her graduates saw one of our representatives on television and alerted Marcia. Seems Marcia has trademarked Dream Coach® which means she has a legal claim to be the sole user of the name, or brand as she called it.

Marcia and I exchanged emails as Hotline began, and I quickly learned she practices what she teaches. She empowers people through seminars and programs that inform and encourage people to use strategies for creating and living their dreams.

We talked engagingly about our work for half an hour. On behalf of SOM, I extended our willingness to reconfigure how we refer to grads from our programs and she generously said, "Now when people ask about their night dreams, I have someone to refer them to."

An amazing illustration of the best of SOM teachings all the way around. From Self Respect to listening to entrainment, all the essential life skills were active in our exchanges, and I am most grateful for what I have learned and taught through these years.



Psi Counseling students and mentors are using a blind dowsing method taught in the Psi program to calibrate the following possible names:

Dream Guide
Dream Linguist
Dream Awareness Coach
Dreamschool Coach
Dream Language Coach
Psi Coach
Dream Consultant
Dream Interpretation Coach



To rename Dream Coach, I turned to the Psi Counseling mentors and students. They were the first people to be certified in the program in June 2013. The way we would go about this demonstrates the practical application of what we teach.

The following Sunday, May 3, 2015 the moon would go full at 10:42 pm. The full moon during the time of Taurus is marks the annual observance known as Wesak. The connection between SOM's initiation in 1973 and the inner level realities of the "awakened ones" of Wesak made this date the perfect time for incubating a dream about what the new name for "Dream Coach" would be. Whatever came from this would have the blessing of Masters manifest and ascended alike.

Brian Kraichely, Emily Ashley, Christine Spretnjak, Golbahar Dadyan, Kerry Keller, Larry Hudson, Walter Hrycaj, Leah Morris, Matt Valois, Diana Kenney, Doug Bannister, and Brenton Harris participated. As I read the reports, my mind perceived the giant canvas where each person brought what only they can offer. Each dream experience is whole and complete unto itself, while at the same time essential to the greater picture, – a living hologram. The New Maitreya unfolded as I read what was incubated, the dreams that rose from them and the possible responses to our quest for a new name (see related article).

So what's the new name?

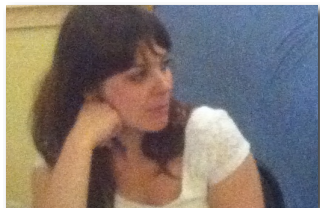
Participants in this Maitreya are determining this now through a form of dowsing they have learned in class. Stay tuned for the results!•



Emily Ashley's dream incubation to rename 'Dream Coach' stimulates Dr. Barbara O'Guinn Condrón to elucidate how SOM makes a quantum leap in our quest to understand space, time & Self

Emily writes:

I woke up with one of the most vivid dreams I've had in a while and I think it's relative to the dream incubation the night before:



"I am at the Springfield, MO School of Metaphysics (the one that used to be on Douglas street, the first building). There are many students over at the school for a dream related event. Many students brought food over and we are all gathered on the front porch. One couple brought over pizza topped with sushi. I had never seen it before and was intrigued. I eat a piece while on the front porch with everyone. I tell them all to be talking about songs that have dreams in them and that once we land on the songs, we'll call in the local radio stations to get the songs requested and ask for a shout out for the School of Metaphysics.

I walk around to the south side of the building where I see Dr. Barbara. This part feels very lucid. There is a delicate breeze that feels good and the sun is putting a soft, glaze-like glow around everything including her hair. She is standing on a patio that's attached to the building. There is a long curtain from the door blowing gently in the wind and her dress is following suit. She invites me to the patio and brings me to this desk where a box sits. She slowly takes the top off the box and shows me what's inside. I can feel this is an honor that she's showing this to me and only shows the contents to a special few. I see there are tiny books there. She tells me, telepathically, that these are all the first series of books she ever wrote. I read the titles and run my hands over the surface of them. I smile at her. I look again at the books and then back to her but she is no longer there, she seems to disappear. I walk back to the front porch." EOD

I've been stretching to understand and make connections with the meaning of this dream as it relates to my incubation the night before. It feels very significant, I've yet to connect it though. I think it's interesting that the dream points to 2 main things from the beginning of the time of SOM - the 1st school building and the 1st of your writings. I also think it's interesting

that I instructed the students to discuss dream themed songs. What are your thoughts about the dream? Do you have any advice for understanding the message or how to respond to it in regards to the incubation?

Dr. Barbara responds:

So much of this exercise, for all who are participating and those who elected not to, is revealing the heart of Wesak. Everywhere I look I see the New Maitreya as the individual in the group. It is in the classrooms at universities, in governmental congresses, in movie cast ensembles, in stock markets, even on playgrounds. It is everywhere.



Who is Maitreya?

According to Buddhist tradition, Maitreya is a bodhisattva who will appear in Earth at the future time. Arriving at a time when the dharma will have been forgotten by most of the terrestrial world, this successor to the present Buddha will achieve complete enlightenment and teach the pure dharma.

'He' has been expected for generations by all major religions. The return of the Messiah, the second coming of Christ, the 10th incarnation of Vishnu, Kalki, and Maitreya Buddha all describe the same concept in different cultures through time. When I first heard founder of the School of Metaphysics Jerry Rothermel speak of "functioning in all levels simultaneously" as the state of consciousness all great master teachers exhibited, my image of a Whole, Functioning Self became more real to me. That same night, when he looked at the door of the Columbia, Missouri School and said, "Through that doorway will come many

Christs" my heart acknowledged the calling of the Divine to provide such a doorway and my head embraced it.

For a reasoner, the capacity to ask the right question reveals the direct grasp of truth. It seemed to me that if there are to be many Christs, another question should be asked.

What is Maitreya?

This is the question that has grown in my mind for 40 years. In Sanskrit, the name means friendly and benevolent. It is linked with Shakyamuni teachings of loving kindness. I see this as the union of love and compassion, and I am teaching it as the Stargate Field of Consciousness, more accessibly, the Emotional Doorways to Love. I continue to write about the role H. H. the Dalai Lama is playing in my enlightenment in ***American Mysticism: A Christian Woman Meets the Dalai Lama.***

My, it seems I have written much here that relates to the second half of your dream.

Wow. The experience of the entrained mind that allows Spirit to flow through the Whole and Functioning Mind is a truer reality. It is one of ecstasy, to be caught up in Spirit with the presence of Mind to communicate it seems to be the lesson in our dreaming.

And so I reflect every day upon the New Maitreya. The individual, like so many master teachers in humanity's history, in a group of masters. From the beginning, I have always received each student in a class, seeking to identify each one's place in the greater whole. This became abundantly clear with fun(d) raisers. The talents and skills of each person would come forward, some from inner drive, some in need of external coaxing by teacher or peers. When the talents of all were made manifest, the group radiated light and a palpable field was activated. This is the same process we experience in our Healing Service work today. It is also the magnetism of THE INVITATION.

This thought form grows within the World Teacher. World Teacher is a common way Maitreya is described and the Dalai Lama is the greatest living example of this in my experience. Each time I am in his Presence, I experience Kundun, the ocean of wisdom, as it radiates throughout whatever space his body occupies. He ignites with his light and his love. It is something I have grown to appreciate and understand from being a student in his company.

So it is the same experience with Wesak. To be conscious of Wesak is to drink directly from a stream of purest life-giving water.... To know that your heart is the heart of all. To feel that your head is illumined in the mind of God... To hold the Truth of life as Self evident through what you make with your own hands... is to know that Wesak and the New Maitreya are one and the same. They live because of you. And me. Individuals, in a group.

These are my first thoughts. Thank you for reading.

You ask about your dream.

It is the dream of a Whole Functioning Self, I think, highlighting how the original seed idea shapes the creative mind's communication. Aspects of Self are invested in knowledge that unites seemingly divergent pieces. Harmony is what will establish and broadcast the learning. This realized condition in mind expands your consciousness

enabling you to move outside the conditioning of the learning.

The doorway is worth noting because of your study and affinity for the Emotional Doorways. So is your use of the word "honor" which is the positive polarity linking pride to humility. Again we return to source with the 'first series of books', symbols of the source of information. This is again, original seed ideas, which echo back to the earlier part of the dream.

Here in a dream form, I see the New Maitreya. You are the individual.

"Dr. Barbara" is the individual. The students are the individuals. All come together giving life to the original blueprint of a school dedicated to any individual becoming a Whole, Functioning Self. This is the world soul of lives worth examining.

This was your desire in calling down this dream, yes?
The dream is the answer to your prayer.•



PSI COUNSELING STUDENTS

embark upon a two-year program of inner level study in stillness and meditation, intuitive sciences, dreamwork, and core development of one's healing presence in the Stargate Field of Consciousness. If this sounds like what you've been looking for, practice your



exercises faithfully, actively seek ways to serve through the skills you are building, and respond to every opportunity to lead, teach, and guide others toward knowing Self.

Applications for the program are made through your teacher's recommendation. Students must be studying beyond Lesson 60 to apply.

The Keys of Life that are the Universal Life Lessons

by Dr. Daniel Condron

In last month's issue of vibration I offered the first Key of Life which is Perception. In this month's issue is the second key of the Universal Life Lessons which is Love.

2. Love

The second step or key to life that is absolutely essential is love. The first key is Perception. Without love adults wither away. All babies need lots of love from mommy and daddy first. As the baby's field of perception expands love is felt and received by the extended family.

A baby gives and receives love with the parents. A student in the course in mind, consciousness, and being gives and receives love with the teacher. Without love very little growth is possible.

The exercise the student in the School of Metaphysics practice in this regard is called the Circle of love. At the end of each weekly class they join hands and send their heart love through the right hand to the person on the right and receive the love through the left hand from the person on the left, thus completing a Circle of Love. Over the weeks and months the student's capacity to give and receive love increases. This greater capacity translates into a richer, more fulfilling and healthier life.

Love is necessary to open the heart center (chakra) to permanent understanding of Self and creation. Fear closes the heart center. Babies are born with open heart centers. It is our natural state. When an adult opens the heart center divine love is experienced.

Prior to the year 2012 the point of focus was the solar plexus. The problem with this focus is that the solar plexus is the seat-home of the ego-mara. This leads to a physicalized, ego based civilization which led to wars and conflict. The earth has since December 21, 2012, passed out of that phase. Now, the higher energies of Mother Earth and the energies coming to Earth from the center of the galaxy create a heart centered focus. The heart chakra is the center of the 7 chakras and therefore, the center of your being.

Dr. Daniel Condron



(continued from the front page)

We intentionally honed foresight and preparation through visualization. I had the opportunity of leading and directing the hosting of the SMPMOH teaching in Urbana so I wanted to make sure that it came together nicely so Dr. Daniel may give his best to the people. Dr. Pam secured the location of the teaching very early on 5-6 months before the actual teaching which was a great foundation for building the event. We hosted the teaching at the Urbana Universalist Unitarian Church. The building has very large windows on one side of the room which made it a nice setting, and it had the spiritual consciousness which was very inviting. Secondly we locked down the food, catering, and also local businesses donated food for us to host students through the weekend.

I personally honed in on securing a hotel for Dr. Daniel and Hezekiah to stay at, and donations of coffee, cookies, and all the other minor needs.

Two days before the teaching a student Dan and I loaded the car with all the books, fliers and materials needed for the teaching. Then on Friday the day before the teaching we hosted a lunch for Dr. Daniel and several students. That evening we went to the venue and spent a few hours setting up everything so that it would be ready and smooth the following morning. We ran into a few issues with the projector and dvd player/ laptop. Because we had prepared so much for the event as a whole we were able to respond with ease and calmly which was a part of our ideal for the event. One of Champaign-Urbana's largest medias Channel 3 News asked if they could come out to cover the event and have a brief interview with Dr. Daniel. So during lunch they interviewed Dr. Daniel and aired it that day.

As I mentioned in the beginning of this article many people had profound experiences and several had tears of understanding trickle down their faces. I personally experienced a whole new level of stillness that was unknown before. It was a liberating experience when I realized that I achieved more stillness than ever before this lifetime that I can consciously remember and had consciously initiated. Dr. Daniel teaches through experiences and asked us to do the Thank You Gratitude exercise. I had really neat experiences with all 3 exercises. I felt extremely connected with the other person, both energetically and telepathically, and could the immense amount of love being transferred, my concentration was so sharp in those moments that I could only see the persons face, and everything else was out of focus.

Other people had really great experiences too such as Marie Gambach a "Body Mind Psycho Therapist" in Champaign-Urbana, IL. Marie says "I had a lovely experience connecting with like minded souls. I feel as if I have been looking for this group all my life. I have been ready to practice and experience the disciplined mind."

Rita Rikevik from Palatine, IL says "First of all I feel very healed spiritually what effected me physically. I got growth an well peace and love energy surrounded and effected me. Everyone got to practice and share what they learned, to express themselves in more secure, forgiving, peaceful emotions. I am grateful to get much mature experience and to bring it to Palatine Branch. Thanks you to Urbana teachers and students. Thank you to Dr. Daniel R. Condron for your love and time!"

April Kelow says "This was the second time that I attended the Still Mind Present Moment Open Hear, and I feel that I am more connected to myself. Its always good to connect with others and invite others to help me to learn more of myself. Most of all its always an honor to be in the presence of Dr. Daniel. I love him and his teaching."

We had an assimilation meeting afterwards and we all shared what was great and what could be better. The amount of preparation we did is what led to the calmness, ease, and smooth flow on the day of the teaching. After the teaching many SOM students from Urbana, Chicago area and St. Louis came over to the Urbana brunch for a meal donated by Chipotle. It was such a great image. The building was full, with various conversations. So much connection, love, and Divine Friendship occurring. I am holding this image in mind, this is what I want daily in Urbana.

Once again we are very grateful for Dr. Daniel sharing his teaching, love, and support to our branch and community. He has effected many people in positive way and our branch will grow because of the energy he extended. We are honored to pass the torch over to the Mavis at the Des Moines Iowa Branch as they prepare to host the Still Mind Present Moment Open Heart Teaching. They are off to a great start and we look forward to their success and learning through the experience.

The Spirit of Teaching Teachers: National Dream Hotline® at the College of Metaphysics

by Matt Valois



A blogger from Cincinnati called to ask about unearthing troves of coins in her dream. A young man, fascinated by Dr. Barbara Condrón's interview on Dan Rea's syndicated "Nightside" radio show, asked about an attractive girl he met in a dream. An herbalist from California asked about her dream of being assaulted, then urged her friends to call National Dream Hotline® to "keep Matt the dream guy awake" between the hours of 1am and 4am. A family from Ferguson, Missouri passed around the phone to ask about their dreams – fittingly, the 100th call received at the College of Metaphysics. Dreamers

experiencing their teeth falling out, being chased by monsters, and getting cheated on by their spouses found answers for the previously elusive meanings behind their nighttime excursions.

We received 102 calls at the College of Metaphysics. This experience of the National Dream Hotline® reflected the return gained from teaching many. With last year's reboot of a unified participation with National Dream Hotline® in all the school's branches, the need for hands-on teaching of what organizing and running a hotline entailed – receiving calls, coordinating interviews with media, food preparation, collective concentration on dreams for several hours, etc. – culminated in a 12-hour hotline experience during National Teachers Conference. School of Metaphysics teachers saw, heard, and felt first-hand the richness that National Dream Hotline® brings and used that experience to become better prepared.

This preparation accounted for a large portion of calls received at the College of Metaphysics. Dreamers from the Chicago and St. Louis areas getting busy signals at local numbers called the national phone number. Callers from Cincinnati and Des Moines scrambled to their phones to dial the number they just heard on the radio to add to their phone's list of contacts for later use. As Emily Ashley was being interviewed by a Dallas area news station, "Call National Dream Hotline® 417-345-8411" was clearly displayed across the screen, while the local numbers were accidentally omitted. "How did you hear about the hotline?" resulted in "I just heard about it on the news in Dallas" 21 times on Sunday.

The students at the College of Metaphysics benefited greatly by the higher number of calls. Confidence with dreams rose to another level. The ability to distill a dream into a main theme quickened. Fluidity with the Universal Language of Mind reflected in the college students' voices during several of the phone calls. Handwritten letters and emails were sent inviting dreamers to upcoming webinars and introductory dream interpretation lessons at DreamsSchool.org, giving Dr. Christine Madar and myself ample opportunities to teach about sound communication.

Every step of the National Dream Hotline® was infused with the spirit of teaching teachers – the same spirit that led to several phone calls and opportunities to strengthen the ability to work with another person's dream. The collective experiences gained by all teachers and students during this year's National Dream Hotline® will benefit future students for years to come. •

College Article

by Tim Gagnon

27th Annual National Dream Hotline®

The main event in April was the National Dream Hotline®. The days before it were preparation and the days after were processing what happened. Each of the College students sent out six emails a day to media about the event. Later when I was asking people how they heard about the hotline, I was elated whenever someone reported hearing it on a radio station that I had sent a message to.

During dream class two days before NDH began we spent the time preparing the room, supplies and ourselves for the weekend event. Excitement began to build. Those of us who live at the Gatehouse brought over our toothbrushes and change of clothes in anticipation of spending the night at the main building so that we could all remain connected in purpose even if we napped for awhile.

There were an interesting variety of calls and dreams. We received many calls from people in Texas who had heard the interview with Emily Ashley on Fox 4 News. They had shown Headquarters phone number instead of Dallas or Fort Worth. So each time we would tell them about the Texas School Branch and give them the phone number when we interpreted their dream. One call I received was from Columbia. When I asked how she heard about the Hotline, she said the Columbia SOM was passing out flyers at an Earth Day event. This kind of contact made me realize what a warm connectional system we have in the School of Metaphysics.

I interpreted two dreams from children; both had animas as the main characters. I learned a great deal from my efforts at interpreting these. It was the high point of the event for me, to connect with these children.

Here at the College, we answered 100 calls on the hotline during the weekend. All of them were from within the United States. My skills as a Dreamologist were stretched and improved upon by the 54 hour exercise, but most importantly I felt a oneness with humanity as I shared with them the common experience of dreaming and realized we all have similar fears, anxieties, hopes, needs and joys.

Fostering Growth

What a remarkable month for gardening at the College of Metaphysics! This month's theme: new growth. Each morning the College of Metaphysics students would come together to plant peppers, tomatoes, corn, potatoes, beets, spinach . . . the list goes on. We watched delightfully as each day brought new growth from our precious little seeds. We started earlier on in the month placing seeds with love and care into each little pouch of peat soil seated firmly in our

plant incubator. It was amazing! In a matter of days little sprouts would shoot up out of the soil as if to say, "Hello! We love you!" It was wonderful. Next, we transplanted our newly grown sprouts into individual pots to give them room to grow. Each day we worked as a team to move our little sprouts into the sunlight then back indoors at night to protect from the cold, while watering consistently. Lastly, we gathered our adolescent plants and made a home for them in our finely tilled garden. Such care, love and devotion for our plants and our food source under the direction of Dr. Daniel is sure to bring joy and happiness to all for many months to come!



You can Help send THE INVITATION to PWR by Spreading the Word

by Leah Morris

In 2008, I received my first job out of college raising money for the Leukemia and Lymphoma Society. For two years, I worked with a structure that allowed donations to flow into the non-profit organization on behalf of people who had a clear tie to the mission; to cure blood cancer.

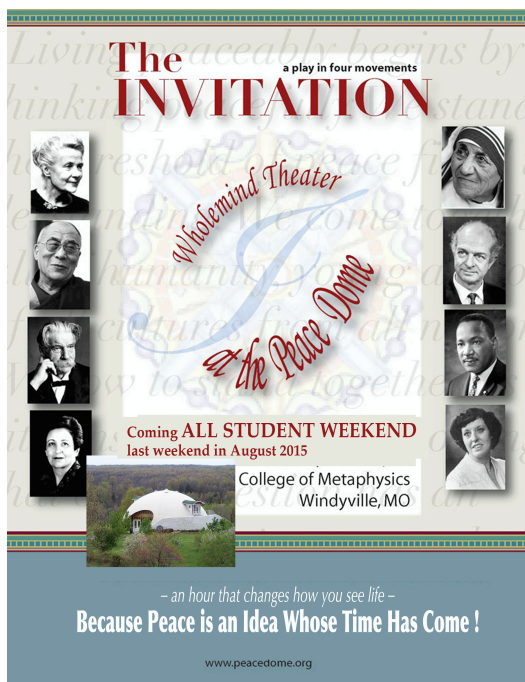
I learned in that experience that all people have a desire to be connected to a greater plan, something higher than themselves.

For the past 4 years, I have had the honor of embodying the consciousness of Betty Williams, a Nobel Peace Laureate from Northern Ireland. Allowing her life and her choices to become part of me has inspired me to create a life worth examining and to share it with others.

It was easy for me to harmonize with the Law of Relativity when I saw the need to send the entire cast of THE INVITATION to Parliament. I knew that my experience raising funds early on in my life would be a tool that could include a greater community in supporting the "Possibility for a real Peace Movement."

Betty Williams mobilized thousands of people in her community to rally for peace in her country in a matter of days. She included everyone in the opportunity to "Respond to the need for Peace." Raising the funds for THE INVITATION cast to attend Parliament will be just that, inviting people to be part of bringing Peace to the world.

Each of the eight Laureates and the narrator (who represents each of us as individuals) will personally be raising their part of \$10,000. We will do so by connecting deeply with what our role in the play means to us and sharing how the consciousness of a Peace Laureate can be embodied by anyone who is willing to live a life worth examining.



When Play Becomes Real

by Barbara Condron, the Creator of THE INVITATION

I have been in love with theater as long as I can remember.

When I was young, I would stay up past 11pm to watch the Oscars on a school night. I had to do it under the covers because my parents didn't approve! But the call of the theater pulls on the heart. It reminds us of the bardo, those intermediate states in the inner levels of our consciousness.

Years later, the Madars gave the Condrons a Christmas gift of attending the live performance of "The Lion King" at Fox Theater in St. Louis. You had to arrive and be in your seat before the play began. If you were not, you were not given permission to enter for 20 minutes; you would miss the first act of the show.

The reason?

The actors, all dressed as lions, zebras, giraffes, jungle animals of all kinds, filled the stage and entered from EVERY doorway into the theater. They pranced and slinked down the aisles as 10-year-old Hezekiah jumped up and down, and I sincerely considered running away with the performers.....

But, as you know, I didn't. I was in the midst of creating a new kind of theater, a Wholmind Theater as Dr. Christine or maybe Dr. Paul coined it, here at the Peace Dome through THE INVITATION.

And now, look what's happening.

As riots persist in Baltimore, and that field reaches to reignite the strife in Ferguson, Missouri, I see the REAL need for THE INVITATION to be alive in both of those cities. THE INVITATION does something to the energy field. And as we are learning more about entrainment and its office for us, as human and Divine Beings, to be a Healing Presence in the world, affecting the energy field with the highest calibration we can experience is what makes for a "life worth examining".

I so look forward to the fulfillment of the efforts of fundraising for the cast to go to Parliament in Salt Lake City for it is the beginning of a thousand wonderful things. Play becomes Real. Like prayers carried on the wings of dragonflies, we will offer THE INVITATION to live a life worth examining through the people we meet at Parliament.

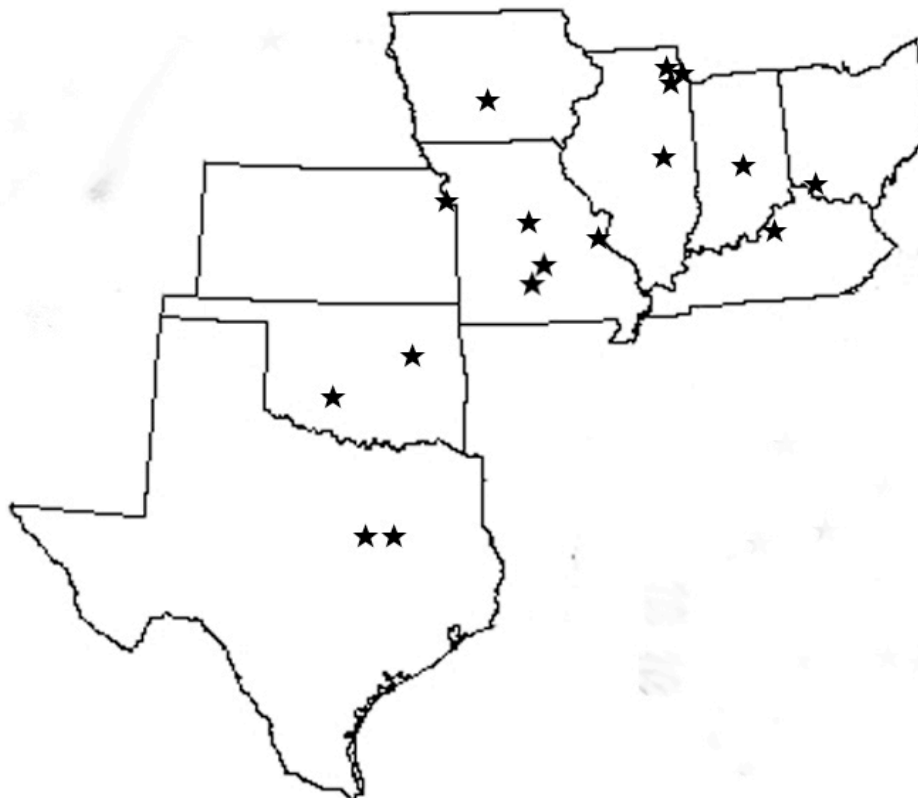
And it will change us, and the world."

June 5th - 9th -- IASD in West Virginia

June 19th-21st -- SIR Coordinators meeting and National meeting

July 10th-12th -- Genius Code Spiritual Focus Session

July 12th-14th -- Kundalini Rising Spiritual Focus Session



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