

*The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Monthly Newsletter

Vol. 47, No. 12



## CHRISTMAS AT THE COLLEGE

Baking bread, kneading dough,  
singing songs, laughing, smiling,  
and joyous vibrations of  
connectedness.



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## Chicago

By Lisa Stefaniak

### Understanding Urgency

The people who make things happen often value a sense of urgency. In order to create what we desire, we must put forth persistent action while remaining confident that we will receive what we need. We notice this urgency come up when we need more students in the branch, donations for the school or for events, and beyond. Urgency is a term associated with business practices and stirs up feelings of stress or pressure. What I am learning about urgency, in this present moment, is to become engaged with others, and to be earnest in my approach in a peaceful, yet connected way.

As an organization that relies on the community to sustain the school, one observation I have made is that when we step into the role of the doer, more tasks become accomplished and more people are reached. By going out into the community and talking with others about the school, and who we are and what we do, we are sending the message that we are here. We exist. We want to serve and give because we love what we do and we love aiding people! When we hold this thought in mind, naturally, everything works out for the best.

To me, urgency is a marriage between thought and action. When we want to change something about ourselves, we must first change our thoughts because our thoughts create our reality. It's about understanding where our motivation comes from. Some people are motivated by fear, anger, or competition and others are motivated directly by their will and desire. When we discover what triggers our motivation, then our commitments to our goal or ideal become synced up and we can move forward in a clear direction.

I recognize that we all have a desire to grow our school branches and to teach more people. To see the bigger picture is required - having a clear image for what we want our schools to look like, feel like, smell like, taste like, and sound like. By applying these principles, we can manifest quickly with accuracy. This, in turn, will aid us to achieve our physical desires and also lead us to inner Self-fulfillment. As we expand our vision to include others and share this with others, we can tap into our own

## Kansas City SOM

### "Over The Next Horizon..."

by L.K. Norman

I had been exposed to higher thinking for about 3 years through Unity Church and I wanted to "go deeper" as the saying goes. I've found that by attending The School of Metaphysics – although for only 4 lessons so far – I am experiencing Metaphysics rather than just learning about it.

The most fascinating part so far is dream interpretation. By taking the suggested steps each night before sleeping I am remembering one to two dreams each night and I am learning to interpret my dreams with the Dreamer's Dictionary. In my latest dream, I realized that I was supported by my subconscious mind in my inner urging for knowledge and I have a desire to make this a better world. I am starting to feel present to my conscious, subconscious and Superconscious minds working together. This is truly exciting!





Since attending the School of Metaphysics I also find that I am more of an empath. Recently I had to represent a bank in court as a Real Estate Agent. Upon entering the courthouse, I got a headache that did not quit until I left the building. I did not resonate with the business being conducted there – I felt only love and compassion as I sensed so many people there felt that life was hard and had little hope of anything better. Overall, I feel more love and compassion for my fellow man.

Where I once felt stifled I now feel my creativity and inner knowing being unleashed. I am finding a new level of concentration and I work with purpose. I am alive and present to my life and the people around me. I now know I do not have to see the entire path ahead of me on my journey, only the next step. Whatever it is I know it's going to be beautiful. The School of Metaphysics is truly deepening my understanding of my own true Spirit in this physical plane and for that I am truly thankful...•

## Playing My Part of a Greater Plan

By Wendy Isley

Beginning in October, 2017, I am blessed to have the opportunity to direct the Kansas City branch of the School of Metaphysics. As I step into the leadership role, I have experienced a wide variety of emotions – from fear to joy and back again. As I write this, a sense of peace is upon my being. I know absolutely that I have so much help and support on many levels, both inner and outer. All I need to do is to open myself to receive, be the light for the community, do the required inner and outer activity and have a thriving school branch!

My ideal right now is to become a master steward of self-value and my purpose is to build a deeper understanding of prosperity. Prosperity is “adding to” what already is. The teachers and students in the KC branch have been “adding to” during the month of October. We are co-creating together, playing our parts of a greater plan. Codie Lea taught the Visualization short course and Vision Board workshop. Three new students are beginning the course of studies as a result of Codie's efforts and gifts. On October 23<sup>rd</sup>, Walter Hrycaj led an event called “Night of Intuition”. The ideal of the event was to give individuals a mind experience and the purpose was to help people discover their innate mental abilities. All current students and teachers attended the event as well as members of the public. It was a blast! The students and teachers dressed in costumes and we all enjoyed delicious fall snacks. It is so easy to learn when you are open to fun, new experiences. We used our minds to experience psychometry, telekinesis, clairvoyance and telepathy. The discussion was lively, and we thoroughly enjoyed the evening.

I have a very special place in my heart for Aneta Baranek, my teacher and the outgoing KC Director. She has brought to light many understandings for me and for many others. Her wise and loving soul has been an inspiration to me. I look forward to our continuing relationship as we “add to” our school's prosperity and co-create together. Thank you for allowing me to step into your shoes, Aneta!



## Tulsa Interconnectedness

By Mandie Renner

As a child, adolescent and young woman, I never thought about the concept of interrelation. In fact, my attention was caught in the rat race consumed by the physical. It wasn't until I entered into the school of Metaphysics in 2013 that I was introduced to the idea that "thoughts are things". The concept is simple, yet holds a vastness of truth and power. Not only are thoughts things, but the inner-connection between ideas, health, relationships, and your reality is undeniable. In the "Biology of Belief", Dr Bruce Lipton has spent his career researching and understanding how genes and DNA do not control our biology, but instead DNA actually is controlled by signals from outside the cell, including the energetic messages emanating from positive and negative thoughts. He learned as a young scientist that when looking at an ailing cell, to always look to the cells environment, not the cell itself for the cause. Dr Lipton now sees this as a key insight to understand the nature of life itself. His work proves that we are not ticking time bombs waiting for dis-ease to strike, but can scientifically attribute mental, physical, emotional, and spiritual causes to our physical state of health or illness.

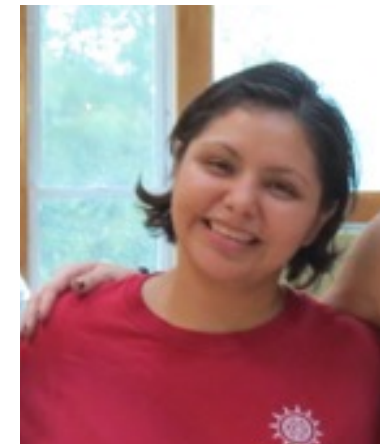
The thought of interconnection is satisfying to me. The more I discover about my true Self, the more I grow to appreciate the connection between my Self and others, my Self and the world, my Self and the universe, and my Self and



## OKC Teaching Teachers

By Ryan Paul Jones

As a student in the School of Metaphysics it's easy to take class and our teacher for granted. We show up, interact, turn in our assignments but often may be unaware of what goes on behind the scenes. Teaching is one of the fundamental experiences SOM students take on as they progress through the cycles. I recently completed teaching my first short course for the OKC School branch. (Concentration in case you're wondering). When the idea was first pitched to me I was intrigued and excited but also hesitant and scared. Did I really know enough to be teaching others? What makes me an expert in concentration? Shouldn't I be a little more seasoned? The excuses could have gone on indefinitely. However, once I committed to doing the class, a date was set and it was time to start preparing. What truly amazed me through this experience was how the school came together to make this course a reality. My classmate Ashley Sowder designed the flyers for the course, Cindy Hays took it upon herself to post the flyers. Students from the other class spread the word to friends, family and co-workers and made phone calls. All the while I feverishly prepared for my teaching experience.



As the first night arrived I was nervous. Though I had acted as a trainer at work and in the military, this was different. The students began to show up and I could feel myself begin to sweat. I started to wonder if I really prepared enough. Would I have enough material to get through the class? Would they just stare at me and not say a word? As the students took their seats and I closed the door the nerves went away and I began teaching. That first night 10 people attended the class. By the second week a couple had fallen off but two more joined. By the third and fourth week the class was at half it's original strength. I admit I felt somewhat dejected by that. Why didn't they come back? Was it because of me? However, I was only just beginning to learn the trials and tribulations all teachers experience. Overall teaching the short course benefitted me in several ways. It gave me a shot of confidence that I could teach a class and had something to give. It also gave me the perspective of seeing class through a teacher's eyes. Finally, I think for the first time I truly had a clear ideal and stuck to it. I knew what my purpose was in teaching the class and I believe that guided me. As I step away from the teachers chair another member of the OKC branch is stepping in. Cindy Hays will be starting a first cycle class on the 22<sup>nd</sup> which is sure to be a success. I know the experience will be as rewarding for her as it was for me.

## 'I wanted to tell you about the class.'

Brian Hoover and I are standing in the parking lot of the SOM he directs in Springfield, MO. He just started it the night before. *"I've been thinking about it a lot. I mean what are the odds, five classes in a row of 11? And I did less physical things for this class than I did for all the others. In fact, there were things that I was going to do that I didn't do."*

His face is filled with wonder - the same wonder I have seen on faces when One is in the Presence of God. *'It seems I did it all with mind.'* [It is worth noting that Brian has been studying with SOM is also studying the Spleen Chakra - L42 in the 2nd cycle of lessons with President Dr. Christine Spretnjak, his teacher.] *"With intent. So I'm thinking it has something to do with the intentional field."*

Brian has recently attended one of my online Virtual Classrooms. The panelist's focus for this series is the HEALING PRESENCE which is how the field created during SOM's healing classes comes into being. The resonance with Brian is palpable.

*'This class just came together,'* he says with whimsical light dancing in his eyes. It is both statement and question.

*'Seems like magic, doesn't it?'* I bring words to his feeling. He nods, *"What do you think is going on there?"* Intentionally, I slow down my thinking, staying with him. *"I mean I've never heard of this happening before. Has something like this ever happened?"*

Shaking my head, I affirm that history is indeed being made here. I am thrilled by his open **claiming of the authority his experience is bringing. And I honor his thirst for the righteousness of understanding.** He has fallen silent, so I ask permission, *'Would you like some feedback?'*

*'Yes. Please.'*

I start with the math. *"Five is the number of reasoning. Four is stability. The previous four classes gave you a stability in the field. With this class, you had exponentially dozens of people working on your behalf. They were the ones doing the "physical work" of spreading the word in various ways that you did not do."*

Brian says, *"You're right. Most of the people came from other people who told them about class."*

**MASTER STUDENTS make MASTER TEACHERS**



How does one start a  
class of **11**

Once?

Twice?

Thrice?

Four times.

Five times?

in a row.....?

Not a distant dream.  
Not a long ago memory.  
It's happening now in  
the  
True Reality  
in the city where SOM  
incarnated.

We both thought about that a few moments.

*"This is the secret to wealth and prosperity, Brian. This is how any New Maitreya expresses through the world. Consciousness forms around the intention of One in the Many."* With this fifth generation, he now has all of these people out there working for his new class, doing the 'physical stuff' he thinks he isn't doing. It works for the **goodness of all concerned because the core is the ideal and purpose of SOM**, every one of those 44 people Brian engaged over the past two years is their own beacon of Light. **That's** exponential growth.

*"It's the **POWERS of 10** function. That's the importance of your intent resting with 11 people. The power of the individual in the group,"* I said, adding, *"It's why network marketing works."*

His head cocked slightly with that. Brian makes his living in sales, and he's very good at what he does because he believes in the people and the product.

*"Did you know that network marketing is built upon the traditional spiritual model of a Master and his disciples?"* I asked. *"As above, so below. This is the inner secret of what you are causing in building classes."*

Brian's mind is accessing the experiences his brain and body house, like a life review. Deeper understanding of his life choices are coming forward. *"I've been really working with intent in my thinking. I want clarity in all areas of my life."*

*"I think that's why we're talking. Out of the blue. So you can hear your own thoughts. With your mind and your body. It is consciousness working through you, a single human being, Brian. All you need is clear intent. You know this from sales."*

I intuitively perceive great wisdom flowing through Brian. It magnetizes him giving him the power to draw people out making him a "natural" salesman. I realize I am blessed to witness these times when all that he is, is poised to make a quantum leap. In this consciousness light, I press on, *"The secret to sales, to network marketing, Brian, is that each person keeps working. In place of sloth is gratitude. In place of greed is harmony. **Gratitude and Harmony are why you started your 5th class of 11.** Do you see?"*

Brian is looking. He wants to see and he does. He is ready to hear more.

*"In multilevel marketing, the people who build a business up to a certain point and then just enjoy watching the dividends come in, eventually find the well runs dry because they are not continuing to cultivate it. (Remember Genesis?) Multilevel marketing is an economic system ultimately teaching the wisdom of which God to serve. When you align with the Spirit, you harmonize with Universal Law, from Spirit flows the abundance. It's the lesson of Solomon. I wrote an entire book about that,"* I said, laughing at my own need for so many words to define the simple truth of the first commandment.

**"Prosperity is like tending a garden.** It is all things "tending". There is pre-tending. Preparing the soil. There is attending: You plant, you water, you weed, you tend the garden every day. There is abundance for all in the harvest that even now is prepared to produce in the spring. You are life-giving. (No zombie vampires here! :) When you are life-giving, you are life-producing. So the people who are successful at network marketing are the people who are constantly reaching out, even as they are passing on to their "disciples". It's the teaching teachers reality of SOM.

*"You, Brian, are a modern-day Jesus, constantly reaching out to the Gentiles. Going beyond the sect. Now with this 5th generation, you are poised to raise your disciples so they may grow in their own mastery. That will continue to build this*

**"This is the secret to wealth and prosperity, Brian.**

**This is how any New Maitreya expresses through the world.**

**Consciousness forms around the intention of One in the Many. "**



Twin Verses from

*The Taraka Yoga of Kuan Yin*

Understand this: everything here matters.  
To understand present space, release your physical sense.  
Welcome and embrace the Inner Teacher.  
Among experiences, it is the epitome.

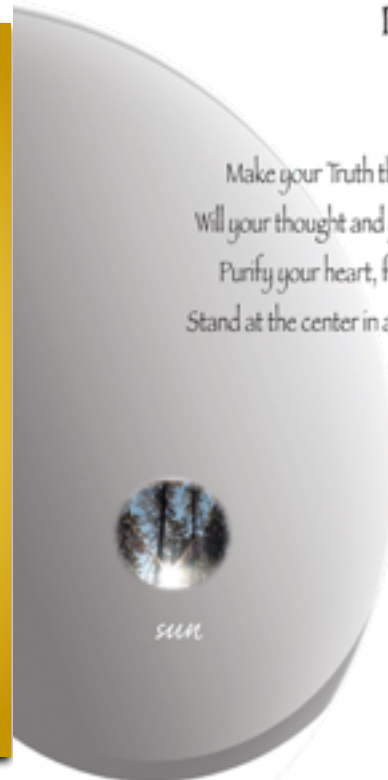
Presence  
33

**Presence** is dual. Presence is a function of space. It means you are here, in your body. Self, united through undivided attention. Presence is a function of time. Willful in concentration, which frees the mind to remember, to listen, to imagine. To completely "be". These two complement each other. Kuan Yin and Avalokitesvara moving as One 'breathe life into' Self through reasoning and intuition. Entrainment follows. As Jesus taught, "To be in the world and not of it." THAT is Presence. Neither, either, yet Both.

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Discernment

The **Vedas** are said to be among the oldest written scriptures in the world. They are studied in the Fourth Cycle of lessons. The **Vedas** teach **Discernment** as **Dakshina**, one of Four Powers of the Intuitive Mind.

Discernment is the power which distinguishes the truth and suggests at once the right reasons for its being the truth; it makes at once the necessary limitations and distinctions and prevents intellectual errors from creeping in or an imperfect truth from being taken for the whole truth. Discernment makes things conscious by distinguishing, separating, sifting.



Make your Truth that which is universal.  
Will your thought and your actions to align.  
Purify your heart, freeing it from clutter.  
Stand at the center in a shaft of Mind Light.



# It's YOUR

Each Sunday evening after Healing Service, Dr. Barbara O'Guinn Condrón convenes Curator panels of SOM graduates and teachers in the Virtual Classroom. These hours of teaching teachers are archived for students online.

**STARTING December 3rd**

**YOUR questions will guide the interfacing.**

The Spiritual Focus for these sessions is THE HEALING PRESENCE and throughout the month we will focus on what the SOM student learns about causing health and wholeness.



**Enter the SOM  
VIRTUAL  
CLASSROOM.**

**SUNDAY NIGHTS  
8:30 CST.**

**Bring your questions!**

**Ask your director  
about attending these  
live broadcasts and  
how to access  
archived ones online.**

Since 2010 the VIRTUAL CLASSROOM is an internet educational service of the School of Metaphysics ©2017. All rights

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**DECEMBER 3**

**MENTAL HEALING...**which attitudes guide and support the healing process?

**DECEMBER 10**

**EMOTIONAL HEALING...**when thoughts resist manifestation, what can you do?

**DECEMBER 17**

**PHYSICAL HEALING...**can you really change your DNA?

**DECEMBER 24**

**SPIRITUAL HEALING**

**Celebrate the birth of the greatest healer in history** as Dr. Barbara interprets the birth of Jesus story in the Universal Language of Mind. Behold! The "star" that led Magi and shepherds alike to the newborn king – is You! Explore how **THE CHRIST SEED** is in each of us ... waiting to be activated and transform our Spirit forever. A special Christmas Eve gift of love and light.

**DECEMBER 31**

*Healing Service at 7:30pm. What a wonderful way to prepare for the new year! Enjoy and participate in your local festivities as we welcome 2018. Watch for Virtual Classrooms online in the New Year.*

**HOW INTUITIVE ARE YOU?**

**Take the quiz online at  
[www.som.org](http://www.som.org)!  
available December 1st**





## Respond to the Need What I learned at the College of Metaphysics

By Christopher Stohrer  
Friend of School of Metaphysics

### **Outgrew Structure of the school**

It was June 2016 All Student Weekend, I was experiencing overwhelming and intense, emotions that were keeping me out of the present moment, experiencing sadness, fear, and a knot in my stomach.

I was there at All Student Weekend to support the Kansas City branches Respondere' recipient. The reason for all of the overwhelming emotion was three weeks

before I discontinued my studies with the School of Metaphysics. For eleven years I had been a student, teacher, and staff-in-residence in both Chicago and Kansas City. I had been a college student for twenty-two months and my goal was to become an ordained minister, and Psi counselor through the Interfaith Community of Metaphysics.

So what was the motivation to leave that purposeful path? I had been trying to build a first cycle mastery of consciousness class and no-one showed up. In the past, I had successfully built four classes. Most recently this had been the pattern, no-one showing up. Aneta, my teacher and director said "Christopher you really need to honestly look at this and why this is happening."

When I got quiet and honest I realized that I had outgrown the school, not the teachings, but the structure and time commitment did not fit anymore. I was studying astral projection at the time and couldn't see how I was going to use this in my life. I was shocked, saddened and really scared. I shared with Aneta what I was experiencing and discontinued my studies.

I was the staff in residence at the Kansas City branch, and I didn't want to just leave Aneta and the school branch with a deficit in money or support. I continued to serve as a volunteer cutting grass, cleaning, and taking out the trash. I continued to make sure that the School was still whole functioning. Even after finding a new living situation, and moving out, I continued to support the Kansas City branch of the School of Metaphysics. I am a friend to Aneta and all the teachers. I still tell people my experiences and encourage them to study with the school.

### **Awareness of the need**

On Saturday morning the plan for the day was that the participants would go out to the garden by "project groups" and weed one row before going on to their specific projects for the day. There was a powerful and productive swarm of activity in the garden that morning.

However, I noticed how overgrown with weeds the garden was, even after all of the participants had left and gone on to do their projects. The garden still looked overwhelmed. It looked like we hadn't really accomplished anything. Having been a college student, I had had the experience and understanding of what was happening to the plants beneath the overgrowth. Each plant was being starved of sunlight, of water, of fertilizer, and some plants were even being choked to death.

A plant is a living being, a creation of God, and they are very receptive to touch, sound, and energy. I have even experienced them speaking with me, thanking me for water, and clearing weeds off of them. There was a deep despair, and frustration when I saw the state of the plants, after the crew had finished. At the time there was only college student Tim Gagnon, and Dr. Daniel weeding everyday. My mind was thinking of ways to solve the situation, to relieve the gardens distress. How can I respond to this need this huge overgrown, overwhelming situation?



### **Heart Directed Response**

I took a deep breath and thought, “How can I respond and help this garden to get some relief. I tuned my attention to my heart, and the answer was clear and strong. Come back next weekend and weed. Strong intuition was to come down Thursday night so that I could work all day Friday, all day Saturday, and half of Sunday. I could come home Sunday after brunch. It is a three-hour drive to Kansas City, so I could work for two to three hours before brunch. I thought “That is a lot of weeding time.” I can have a real impact on this situation.

In my experience with the School of Metaphysics, I have learned the value of giving, giving of my time, money, and resources. I have also learned the value of receiving ten-fold on my contributions. I have created deeply fulfilling, whole-functioning life. I don’t have to work a full-time job. Through an inheritance from my father, I only need to work three days a week, and I have freedom and flexibility with my daily life. This whole functioning life of freedom and flexibility is a direct result of my studies in the School of Metaphysics.

Back to my need to respond to the garden situation at All Student Weekend. During the lunch break I went into my tent and looked at my day planner and saw that I had open availability the following

### **Sharing the Plan**

Right before dinner I went to talk to Dr. Daniel and told him of my idea and my availability, for the following weekend. I could come to the College on Thursday at dinner time and work through to Sunday brunch. I could weed or do anything else he needed me to do. I could respond to the needs of the College, even though I wasn’t a student anymore. Dr. Daniel received the idea with gratitude and appreciation and said yes he would like for me to come the following weekend. College student Tim Gagnon was also relieved and receptive to having help.

It has been a little over a year since I started my monthly “fourth weekend” volunteer trips to the College. My first weekend of weeding, I spent all day, Friday, Saturday, and early Sunday morning right up to brunch, working with student Tim Gagnon. We were able to have a powerful, purposeful impact on the garden situation at the College because “I responded to a need.”

My choice to respond to something that I knew would benefit something bigger than myself has resulted in a mutually beneficial situation for everyone at the College. From the chancellor, to the staff, to the college students have benefited from my choice to respond to my intuition to be of service.



### **10 Fold Received**

The 10-fold-return that I receive for making the choice to be of service has been, a soul-filling experience. Not only have I been able to rescue the garden, but I have been able to develop deep, divine friendships with Dr. Daniel, with the staff, Karen, Tad, Pam, Charlotte, and, students, Tim, and now new student Dawn. I get to share my life in Kansas City. I talk about all of the activities where I am being of service to others. I in return get the love and support of a divine family which fills me with light as I go back to Kansas City.



Three days in the mountains with the stars, the river, and the Peace Dome every month are also benefits of coming to the College to be of service. "Thank you, God, for this opportunity to be of service in this place" is my prayer as I leave the College and head back to Kansas City.

From my eleven years of experience with being a student, teacher, and staff-in-residence with the School of Metaphysics, I urge you to respond to a need that you see. It doesn't need to be something big or huge, just take a positive step towards making something better.

### **"If you see it, own it"**

Imagine in your school center you see something that needs attention. Something that bothers you week after week as you come to the School for class. It might be a light fixture with a bulb out, or dripping faucet, or paint chipping off a ceiling, or maybe the kitchen sink needs a good scrubbing. Everytime you see this, you think, "Somebody should fix this, clean this or paint this." You have a golden opportunity to Respond to a Need the same way that I responded to the garden situation at the June 2016 all student weekend. You have the opportunity to have a positive impact on your school center through taking action.

Have the courage act on something that you see that needs to be done, changed, replaced, or painted. Talk with your teacher and director about what you see. They can help you to reason out if that is something that you and another classmate can do, or if there is someone in your school center who has experience with that kind of project, or if it is something that needs a professional, and maybe a fundraiser.

Taking ownership means doing research, asking others you know inside and outside of the school. Have a goal, purpose and activity for your project, and you could draw the people and resources that will complete your "need response."

When you complete something that benefits all of the student in your school center, I know from experience that there can be a deep and powerful sense of accomplishment. You can build self-confidence, self-value, and leadership qualities, which is eternal, and this comes from "Responding to a Need."



### **College Needs**

The College of Metphysics has gardens, orchards, fields, fences, and structures that need constant attention, maintenance, and care. There is seasonal harvesting in many months of the year. There are All Student Weekends in which much of this could be accomplished, and there is still much work that just doesn't get accomplished.

If you feel like you would like to be of service to the College of Metaphysics and have a weekend available, other than All Student Weekends, talk to your teacher and director and choose a weekend where you and your fellow students could come for a service weekend. Have your director contact the college to see what weekend would work and you too can, "Respond to a Need."

Even though I am no longer a student at the School of Metaphysics, I am a divine friend and supporter of this organization. I believe that I would not be alive today if I had not found, studied, and taught with the School of Metaphysics. Through taking personal responsibility I got sober from four addictions. Then through my eleven years of experience with the school, I created a powerful, joyful and deeply satisfying and spiritual life of divine service to others, through "Responding to Needs." I urge you "respond to needs" and you too can create a fulfilling life of Service. •



You are invited to experience:

## The Christmas Season

### Christmas Bread

*Join us in this long tradition of making rolls for our friends in Buffalo. Build divine friendships with kindred souls.*

*Be part of creating hundreds of rolls in one day! Put into practice the mind skills you're learning in your lessons in a loving act of joy and service.*

*Then be part of spreading light, love and joy throughout the nearby town of Buffalo as we sing Christmas carols and deliver our freshly baked rolls. After caroling we head to Pizza Hut for a lunch buffet and the composing and performing of the annual Christmas Pizza Hut Song.*

**Bread making - Friday, December 15 starting at 6:00 am.  
Caroling and bread delivery - Saturday morning, December 16.**

*If you are interested, talk to your teacher and director, and send your \$30 for the weekend with your field director by November 3rd weekend.*



### Christmas at the College December 24 - 25

*Arrive by 5:00 pm Christmas Eve  
Saturday, December 24th for supper.*

*Be sure to bring a stocking to hang,  
and if you like bring some goodies for them.*

*Christmas morning is filled with fresh baked cinnamon rolls and gift opening. Gifts can be a white elephant, a service or something you've hand-made. Christmas dinner is at noon.*

*This is a wonderful time of community as we share our handmade gifts and then gather to prepare a wonderful feast to share. The nights are crisp and clear and a million stars can be seen outside the Peace Dome.*

*We hope you will join us.*

**RSVP by Dec. 16th**





## DECEMBER THIRD WEEKEND AT THE COLLEGE

We will have our annual bread making on Friday, December 15<sup>th</sup> with caroling and delivery of bread on Saturday morning. Send your money (\$30) for the students who will be coming in December by November Third Weekend

## Christmas Service

Our new ministers, Walter Hrycaj, Larry Hudson and Debbie Hudson will be giving their first service in the Peace Dome.



Lay minister Dr Diana Kenney is leading the singing throughout the service.

The Christmas Service is Sunday morning, December 17<sup>th</sup>

# EDUCATIONAL CALENDAR 2018



JANUARY 5-7

FEBRUARY 3

APRIL 6-8

APRIL 27-29

JUNE 15-20

AUGUST 4

OCTOBER 5-7

NOVEMBER 1-7

DECEMBER 1

GENERAL ASSEMBLY

AREA TEACHERS MEETING

NATIONAL TEACHERS MEETING

NATIONAL DREAM HOT LINE®

IASD CONFERENCE

AREA TEACHERS MEETING

NATIONAL TEACHERS MEETING

PARLIAMENT OF THE WORLD'S RELIGIONS

AREA TEACHERS MEETING



## Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus for the School of Metaphysics from the Superconscious Oracle given on **July 26, 2008**



*The dissolving of the individual self in this endeavor is essential. The ability to function within the highest elevation of Atman, of Adamkatman, as there is a dissolving of that self, so that the consciousness is freed from its entrapments, is the potential within that one who experiences the Mind of Creator. Each must answer, "Who do I create for?" The personalization of that which is known as the School of Metaphysics, gives this spirit hands and eyes and ears and a mouth and feet. It becomes the body, moving as one from the power of one thought. The acceleration of dimensional consciousness occurs within the individual, for the whole. It does not occur as a natural point of evolution, for the natural evolution is to sustain what has been --- to procreate, to ensure what has been continues. Consciousness which does promote limitations of what has been erodes the reality of this locus. It is the acceleration of evolution which feeds this locus. This is both a personal and interpersonal endeavor.*



**Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below**

**Love and Light from your *Vibrations* Staff.**

The Collective: 89 Assignment: Every effort to manifest the creator returns manifold. one must develop the inner senses to recognize the depth. Yes! Seek a teacher who travels in those places. One who carries home in the heart is a fount of happiness.

Dr. Sheila Benjamin...80 The Immortals: Immortality begins in a mind full of what is. When you know what is, your reign begins. Your reign extends the power of mind's light from heaven to earth. Everything changes in the light of eternity.

Kerry Keller... 98 Wavelengths: Your attention can be whole and complete when willfulness commands. Temper your mind in service to the whole self. Train the mind in noble ways and it changes the brain . Epsilon, alfa, beta, delta, theta, gamma, lambda, harmonize in Schumann's wave.



# DREAM CATCHER WEBINARS

NOW PUBLIC EVERY WEDNESDAY NIGHT



Larry Hudson and Kerry Keller host a weekly DREAM CATCHERS WEBINAR. It is sponsored by [dreamschool.org](http://dreamschool.org) and the School of Metaphysics.

Our current goal is to achieve over 100 weekly attendees on a consistent basis. We have been encouraged by those who are joining us asking personal questions about their dreams or submitting their dreams for their deeper interpretations. Since we have had more students attending the public webinars, we have decided to make all our Wednesday night webinars public.

This will allow us to promote a more consistent schedule and build a greater following. The current Psi Counseling students are serving as co-hosts each week. We found this makes the webinars flow smoothly with greater activity and frequent change of subjects... all holding people's interest at a high level. Our greatest desire is to help the public learn how they can apply the meaning of their dreams into their everyday lives. The application of our learning is the strength of the 21st Century Education that the School of Metaphysics teaches.

Larry and Kerry encourage all of you to share the [dreamschool.org](http://dreamschool.org) link and encourage your friends personal growth. They can register to participate for free weekly webinars. Children and parents will also benefit 4 times a year on the fifth week webinars. These will share the meaning of children's dreams while aiding the parents to understand the growth needs of their loved ones.

**We are looking forward  
to teaching how your dreams bring greater self-respect**

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