

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 44, No. 12



95 Receiving

Daily a vision I carry in my heart sees its way into my hands.

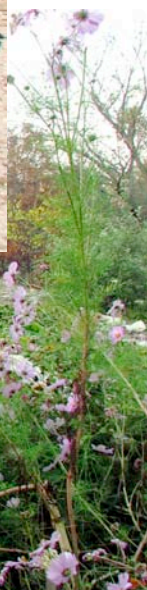
Old ways dissolve

from sacrum to crown in Kundalini's arc of greater Light.

As I bestow value in Truth, new friends become Teachers.

Prosperity, wholeness, equanimity, exalt the Spirit into its destiny.

The Taraka Yoga of Kuan Yin by Gael O'Guinn



Still Mind Weekend

October 2014

Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. The front cover reflects our collective vibration. Here are the numbers we received.

Love and Light from your *Vibrations* Staff.

Dr. Sheila- 92 Balance "One who incarns in the service of evolution carries a heavy soul yearning for enlightenment. Subconscious choice forges the purpose of serving others. Conscious choice leads one out, then into the masses to minister." My Dharma is described as a sense of importance through humility, which many have interpreted as service. What comes to mind right now is leading the delegation to the Parliament of World's Religions next October.

Michael Dardanes - 96 Giving "My precious temple, you serve me well. I am radiant in the ten directions. The Teacher knows ideal, purpose, action as One. Surrender all you have been, are, will be, and the blessing is yours." There has been a surrender of old brain pathways and ways of thinking in the past month. A new way of learning from my experiences has been born and I am thankful. Objectivity is spoken of in my dharma report and I believe I am experiencing it now with responsibility, which allows a deeper understanding of experiences.

Kerry Keller - 96 Giving There is a surrendering of one's own vulnerability that breeds connectedness, compassion and love. I have learned this is the most wholehearted place from which to give of yourself. I am practicing being in this wholehearted place of mind, so very different from personality or physical identity. It is here that the "The Teacher knows ideal, purpose, action as One."



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Fort Worth

Completions, Transitions, and Beginnings

by Joe Easton (Lesson 25)

October came and went pretty quickly here in the Fort Worth branch. This month saw the completion of three short courses with three new SOM teachers. Brynn Byrne drew 22 students to her first visualization class, three of which have continued into the Mastery of Consciousness course! "The most rewarding part of teaching the class was seeing so many students achieving their goals quickly. It became possible because of the intention that each person had and the space that we held for each other throughout the course." Brynn also gave her first lecture as our new Public Communications Coordinator on the subject of visualization, to a small group of 8th graders at the Euless Public Library. "It's important to show them the power that they have in their minds and that the earlier they can focus their attention, the better," said Brynn. The students all had great awareness of both short and long term goals, from better grades, to athletics, to veterinary school.

Carol Bulbrook taught the Superconscious Healing Power Course and led healing projections for the first time after attending the training session at the College. "I am so thankful for the great material provided in this class to help others find insight into their health issues and helping them heal. And the healing projections are a really great example of sacred service."



As for myself, building the Dreams Short Course as a new teacher was a bit of a personal challenge. After having no attendance the first week scheduled, even after much activity in the public, I learned that the thought form behind the action needed to be strengthened. Doing so resulted in having two students when relaunching. Teaching made me grateful for the chance to go much deeper with the meaning of dreams in one on one conversations.

The transition of the month was the departure of Leah Morris as Director. The entire school came together for a large karma yoga housecleaning and yard sale fundraiser. That same evening we had a potluck gathering celebration for Leah featuring a slideshow prepared by Sheryl Robinson, as we all shared our thoughts, giving her love and gratitude to take with her on her new journey.

As for our beginning, we are blessed to now have Rashard Garrett as our new Director here in Fort Worth. He brings with him a desire to connect more with other like-minded organizations (as well as with our sister school in Dallas), a new emphasis on early involvement of students in lab positions, and has started a new class himself.

"I AM honored and blessed to serve as the Fort Worth branch Director. It is most definitely a learning accelerator! I'm so appreciative for all our students in Fort Worth, our team of leaders, and Leah Morris for her help in positioning us to succeed." - Rashard Garrett

The changes and growth will keep on coming, and we welcome them! •

Cincinnati

Raising the Vibe in Cincinnati

by Davi Brown

The Cincinnati branch held a large fundraiser called The Raise Your Vibration Celebration, led by Erin Payne at the end of August. The event was created to emphasize the joy in practicing metaphysics and to raise money to buy a computer for our branch and to give to the college for solar panels. We held the event at a central location in the city called Sacred Earth Farms and welcomed around 400 people there for a day of activities and interaction! Sacred Earth Farms donated their facility and resources, asking only for a receipt to use for a tax write off. Through working with them, various vendors, speakers and musicians we reached a wide circle of people. Creating a complete vision was a big part of our learning. There was a feeling of synergy and value within each individual in accordance with the whole. This was the first large event many of us had been involved with so there was a bounty of learning available, such as expanding our minds for this large vision, remaining flexible as the event went on and the need for simplicity. There were vendors with crystals and crafts, healers, reverends, healthy products, food trucks, speakers, musicians and a kids area equipped with a petting zoo of goats, rabbits and chickens. We also returned to Sacred Earth Farms a month later and held our first bonfire dream program.

We started a new class on Wednesday nights that I am teaching with two new students, Natasha Hubbard and Jared Presley. They are on lesson five and we have already established great friendship.

Jonathan gave a talk sponsored by the Kenton County library at one of their branches in Kentucky on the basics of dream interpretation and Lynn introduced him. Lynn and Aurelia have merged into Clarence Cruze's class and they are studying lesson 17 this week. Erin and Karen are continuing on with Jonathan later in the first cycle. Jonathan teaches two students on Tuesdays as well, Jim Burkett and Paige Von Hoffman. Jim is already quickly approaching his forty hour mark for intuitive research and has become the apprentice to myself, the SIR Coordinator.

I had a month long of experiences back and forth from the college beginning mid September that has invigorated me for learning and teaching. It began with the Dharma Portrait which instantaneously stimulated me to move out of a habit of reclusion and into interaction, followed by the college student experience and all student weekend, National Teacher's Conference, and finally the Still Mind Weekend. Through initiating interaction and viewing myself as an individual within a whole, rather than separate, I have seen fragmented parts of my life align and come

together. I know I am changing because the way I am perceiving the world around me in a more unified manner.

Erin Payne also spent a week at our college working primarily with Dr. Christine on Facebook, outreach and media. She was one of our three students who attended Still Mind Weekend.

Dr. Damian Nordmann visited our school. He spent time with students, counseled and gave a presentation entitled *The True Meaning of Avatar* at a Unity Church. I loved having him present, it was motivational and fun. He knows how to bring a lot of energy and focus to school branches and we got to observe how passion, determination and belief can culminate into bounty. Thank you, Dr. Damian! •

Chicago

Co-Creation

by Angela Appleby

This past month has been very expansive and fulfilling at the Chicago branch.

Manu (Lesson 19) just completed teaching the Superconscious healing course.

He described the experience as wonderful! He has gained confidence as a teacher, and a greater understanding of the cause of illness and about healing. He found through the process of preparing for the class each week, the necessity of being there on time for class, and being a directing intelligence that he became a much more responsible person.

Lydia (Lesson 19) lead her first book discussion at the school. They were discussing the book, "Concentration," by Dr. Laurel Clark. She gained confidence as a leader within the school branch. She also felt that her thought forms were well understood by the people within the group. Lydia will be facilitating another book discussion tomorrow night on October 24th. We will be discussing the book "Motivation," by Dr. Pam Blosser. Through reasoning, Lydia has decided that this time she will allow more time for giving and receiving so that the people that attend the group are able to more fully express their thoughts and feelings about the book they are discussing. It's wonderful to see that we are building the consciousness of teaching teachers through everything we do.

Randy (Lesson 31) started a class last Wednesday night. Randy is teaching 5 students and is looking forward to welcoming more students next week. Randy expressed that all of them seemed very open to learning.

We have a Halloween Party planned and more fun events happening this month.

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

Columbia

Magic in the Midwest

by Brenton Harris

Columbia, MO has been nothing short of magic in the three weeks I've been here. I've learned a lot about humility, patience, visualization, and the power of

consistency. Here's what we've been up to on our way toward expansion!

We started a 4-week visualization short course that welcomed two new students, who are eager to begin the 1st cycle class next month. Their presence adds to Jian and Jason, who are the senior first cycle students in Columbia. They will be receiving their lesson 9 past life profiles at HQ at the end of October, and using their reports to take their next steps as students, teachers, and leaders!



I (Brenton) have also been busy making connections in the community, drawing upon the support of Walter as he shows me the ropes in the COMO area. I got to meet Simon and Renee on KFRU and interpreted dreams for the people of Columbia. Thanks to Universal Laws, two students signed up for the next class within an hour of the show! Broadcasting is a powerful tool--both the radio and the solar plexus kinds!

We are also excited about the "Mystical Experiences Halloween Fundraiser" occurring at the end of the month. Walter, Jian, Jason, and myself will lead people through experiences like astral projection and dream interpretation. There will also be telepathy and psychometry contests, offering prizes for businesses around the city that have been donated for the fundraiser. We want to give people the tools to understand the truth behind Halloween scary ideas (like ghosts and nightmares). It will also be a great way for both Jian and Jason to share what they've been learning!

Winter is coming, and so is the time for assimilation and building within. In the words of Dr. Christine, "It won't be the same as it was before, nor should it be. It's about building upon what's already there and making it greater." We look forward to the spiritual ethics course, our new class, and our peace events at the end of the year. We send you our circle of love! •

Bolingbrook

Bolingbrook is on Fire! (with Expansion!)

by Teri Karl

New Bolingbrook director Rudy Arena is all about expansion, expansion of the school, and expansion into the community – and what a great month it has been!

Bolingbrook is branching into daytime short courses. April Kelow began her School of Metaphysics teaching career with the Concentration class, welcoming new students! This is what April had to share when her teacher Golbahar Dadyan asked her about her experience:

"I got over how many people would be there. I wasn't afraid; I visualized a packed house. If I've done it before, I can do it again. I have a way of attracting certain people."

I was excited to be able to give to other people what I've learned. I want to give because I want them to know. It's my desire, love and compassion."

Her classmate Christine Dillingham was there with her to welcome the students. She will be teaching the Visualization short-course during the day, also as a first-time teacher. This is how she received the experience:

"I felt the excitement, the flow of energy, the laughter in the air. People love to grow. Even if they think they don't, they do. I felt the energy after class. I had an extra charge of energy myself!"

The school is excited about introducing the Spiritual Ethics short course this fall with new teacher Roberto Cazares and the Dream short course this winter with Teri Karl.

Bolingbrook is spreading into the community by teaming up with local costume shop Illusions Costumes, dressing up and interpreting dreams! Students also have attended chamber events and the "Take Back the Night" rally, sharing about classes and spreading peace. Led by Rudy Arena, students intend to continue community involvement through participating in the Operation Christmas and "Out of the Darkness" through joining and participating in local Meetups, and through taking the Dream short course out into the community. •



Kansas City

Humility and Surrender

By Leah Morris

Hold on tight, you have entered an entirely new thought form! This would be the theme of my dreams the past few weeks having recently moved to Kansas City, one of the coolest cities ever!

There is something peaceful about knowing that karma and dharma is staring you in your face after risking the comfort of the known for the glory of greater responsibility.

My ideal is to sustain high minded ideas, to sustain believing in the best, to believe and expect myself and others to accommodate the best. I want to bring prosperity and abundance to the School of Metaphysics in Kansas City. There have been times of overwhelm. My first class starts tonight and it has not built nearly as easily as the classes in Fort Worth. Momentum is certainly a friend that has been missed and is already making his great return!

One day, I was in the office. I intentionally placed myself in the middle of the clutter with the intention of causing myself to be still so that the environment could no longer overtake me. I looked softly to the right. Buried under a pile of papers, I found the SOM KC astrological birth chart and I was blown away by the thought form that created the school branch that I am now dancing with. Being here, now, is exactly what I need. How humbling.

The Kansas City School was birthed so that students could build understanding of creation through imagination and will-power. How? Through valuing the interaction with other people. This school thrives on

partnerships, such as the Director having a creative partnership with another teacher in the day to day runnings of the school. Immediately I thought of Chris Stohr. He and I had already been doing this through beautifying the school building itself so that we can receive more students!

It went on to say that pretending it or braining it will not work and will always be revealed here. (Enter my intuitive reports speaking of how I have developed brain constructs that have caused me to thrive in certain areas, but blind me to accessing a sensitivity to greater wisdom.) "Intuition and perception work hand in hand with the energy here which is conducive to visions and brings out a receptivity to the intuitive faculty."

I breathed deeply as I read, "people are attracted here who want to learn about sacred selfish service," and "security is built through using belief with the physical experiences in the school to build knowing. This must express itself through knowing that all people are interconnected."

It is time for the KC branch to connect with other religious and spiritual organizations and share our teachings. It is time for us to become leaders in the community and for us to create a deeper, more inclusive divine friendship in the student body. This is why I am here!

The Ten Most Wanted List can be a powerful way to understand the Law of Believing and Knowing. What's number one for the KC branch? To start a class of 12 students! When we have accomplished this, we will know that we are fulfilling our group karma as well as responding to the dharma that is part of the seed thought of this branch's creation.

In Hopeful Expectation, Love, and Teamwork, the SOM KC branch!



Our New Classroom: (Created by Amar, Terri, Chris, and Leah) •

Urbana

Expanding Our Sacred Space: Upgrades and Outreach

by Aubrey Wachtel

Preparations for our 8th Annual Spiritual Health Expo continue. We have put out fifty yard signs notifying our community of this event which we are very proud to be hosting on Saturday, October 25, 10:00 am to 3:00 pm. There are currently 31 booths scheduled to represent businesses and organizations from the local and nearby communities.

Brian Kraichely is scheduled to speak at a Spiritualist Church in Leroy, IL. The lyceum, scheduled for

this Sunday, October 26, is titled "Opening to Subconscious Mind and Dreams."

We have completed our back log of intuitive reports with the help of Barbara Albers, Courtland Louie, and Michelle in addition to Dr. Pam Blosser and Scott Hilburn.

Some improvements have been made around our building. Scott and Dr. Pam are in the process of moving furniture and doing some cleaning in our building to help open up the space as suggested by Dr. Daniel Condrón while he was here for a visit in late September. Scott and Courtland collaborated on repainting the back porch of our building. Scott was able to get the paint donated by local business, Sherwin-Williams. Scott, Brian, and Hezekiah Condrón made repairs to the gutters of our building. These adjustments change the flow of water to prevent it from coming into the basement. Additionally, the corner of our building has been made squirrel proof!

Our branch is hosting a Still Mind, Present Moment, Open Heart teaching in March. We have secured a room at the local Unitarian Universalist Church. The Worship Committee at the UUC has agreed to co-sponsor the event which means we get the room at no charge and have access to all of the church's newsletters and outreach to make the community aware of this exciting event. •

Springfield

Forward Motion

by Brian Hoover

This month we had to say good bye to a very pivotal part of the Springfield school branch. Anna Steely, our beloved teacher and resident moved on to further progress her soul growth as she learns to become the director of the Oklahoma City school branch. In her wake was left a lonely room of which myself, Brian Hoover, will use this truly grateful opportunity to aid in the fulfilling of even half of the love and lives changed by Anna Steely. You will be ever miss. The Divine plan is always perfect and on time, and I'm thankful such a great school will receive all the love and light you have to give. We love you always, Anna Steely!

Our monthly SIR meeting produced a good turnout with people seeking to be a part of the direct grasp of truth and intuition reports bring. This SIR meeting followed the Dharma spiritual focus session this year, so with the Dharma buzz in the air everyone was eager to learn more about this type of report. Tim Gagnon and Michael Dardanes provided this opportunity. Tim's Dharma was revealed as Duty. Michael's Dharma, Surprise. The details in each of these reports fit both Michael and Tim perfectly, so the discussion afterwards was very beneficial for the newer students attending to see the direct value of the intuitive reports and the SIR meetings. Lots of questions and energy and a very growth filled meeting for all.

As per our newest and often my most anticipated weekly event is our downtown Dream Night lead by Tim Gagnon. For myself, I find this weekly venture to be possibly the most growth filled thing I experience aside from teaching. We go downtown and interpret dreams for the community. There are several things that happen here. First, it's all about goal, purpose, activity for the student. The platform this scheduled public dream interpretation offers is community outreach, and opening people up to the

possibility of looking deeper within themselves. This combined with a student's purpose of building communication, receiving, or maybe building confidence, this one takes the gold. •



Oklahoma City Raising our Vibrations

By Sydney Kasner

I am so grateful to watch Oklahoma City continue to blossom. Since January, I have watched us move upward and forward and it is very fulfilling to be a part of. We have built a strong foundation here and it is centered in a strong love and desire to learn.

Christine Spretnjak's First Cycle Class had their class fundraiser this month. They all decided quickly that they wanted to have a festival to raise awareness in the community about the inner Self, and so they did. On October 14th, "Raise Your Vibration Celebration!" moved all the way out into the physical! This was a big project for them, as they met weekly for over 8 weeks to plan this event. They all put in a lot of time and effort. For most of them this was a very new experience to not only be a part of something like this but to be creating it. I must say, it was a beautiful success. Almost the entire school was involved and everybody had a lot of fun throughout the day. We had vendor booths that were metaphysical, live music, a kids craft area, also local artists, and Christine Spretnjak also gave a couple talks about our course work. It was amazing to see the transformations each one of the students had throughout their class project. It really built a group consciousness between them and allowed them all to overcome some limitations that they have been having. Their class had set a goal of attracting 10 new students from the event. We are so excited to say that they exceeded beyond their goal. The Tuesday evening after the event, we received a class of 14 students! They are all very excited to be a part of our school and to learn!

We are happy to announce that Anna Steely, from Springfield, MO, has moved to Oklahoma City! She has a lot of understandings and such a loving spirit, we are fortunate to have her with us. Two days after her move Anna received the new class of 14 students! Since her arrival, we have already set a lot into motion for the upcoming weeks: Dream Catchers, Leadership Meetings, SIR gatherings, etc. There has been a lot of momentum occurring and I believe it will be very magnetic!

Thank you all for being a part of the evolution of humanity and for ushering in Intuitive, Spiritual Man! •

Tulsa

Embracing the Universals

By Jillian Bergman-Martin

"Truth is relevant to anyone at anytime and ever deepening." This is resonant whether creating fruit day discoveries, sharing reports or even merging classes. The true essence of experience can be shared for learning every time.

Once a month we hold a group meditation open to the public. It's a great way for teachers to have another opportunity to give as well as offer the space for receiving. Jillian Bergman-Martin led the most recent meditation and was filled with awareness through the exchange. "I experienced my true essence," she said. "I was able to open myself in a way that allowed spirit to flow through. I became a vessel." To connect with people in this way is rewarding for the individuals and the whole. The richness of such a depth, coming together with pure intent for the purpose of receiving more of the real Self, serves the local branch, organization and the world.

We recently have incorporated Society for Intuitive Research meetings before the group meditation. People gathered to learn more about intuitive reports, what they are and how they benefit. Many questions came about and awareness was seen, felt and heard from throughout the room. Sean Lombard did an awesome job co-leading his first meeting with his lab position mentor, Emily Ashley. They intentionally shared reports reflecting the stages of evolution throughout the course of study. Sean shared his Lesson 9 Past Life Profile and talked about the first cycle, Emily shared her Transference of Energy Report and talked about receiving it as a College of Metaphysics student, and Jillian shared her Dharma profile and talked about the 2nd cycle of lessons. "Every time I hear my report I'm inspired to live up to my greatest and highest ideals I can imagine," Sean said after sharing his PLP with the crowd.

The exchange of value for a worthy cause is a great way to build teamwork. Emily's Monday night class put together a class fundraiser in two weeks and carried it out to success. Kneale Ewing, Wendy McCue, Joslynn Hauser and Brook Shrader sold hand made cookies and breakfast burritos at the local farmers market. \$281 was raised for new gutters! •

Palatine

Opening Our Hearts

by Joe Latuszek

Palatine was recently the recipient of Dr. Daniel Condrón's one day teaching, Still Mind, Present Moment, Open Heart. It was September and the air outside had taken on a peculiar stillness and clarity that the fall weather often brings with it. The last few wisps of clouds retreated from the midmorning breeze and the sun shone forth easily enough, carrying on its back the smell of early autumn, of maple leaves alive with the colors of fire and helicopter seeds fluttering to the ground. The church parking lot was filling up, and so were our minds with anticipation. What should we expect? Is everything in order? Are those bagels over there?!

After the pre-teaching snack, we settled into the conference hall and took our seats. With a cup of coffee and the presentation packet in hand, we were ready to receive the day's teaching. Dr. Daniel took the stage after a brief introduction, and began the lecture with anecdotes and light conjecture. The presentation began to gain momentum, building on itself. A wide range of topics were covered before the mid-day break: Gautama Buddha, enlightenment, modern man, the nature of the mind, and an exercise unfamiliar to us all.

We were instructed to face the person next to us and repeat a phrase, Thank you. Forgiveness.

"I definitely shared an experience with my partner," said Sandy Leitner, while others were less enthusiastic. An attendee from the public named Jack said, "I thought it was pretty awkward and I didn't understand it." In either case, all were allowed their reactions and the day pressed on.



After the lunch break the Director of The Palatine School of Metaphysics and National Dream Coordinator, Aneta Baranek, took to the microphone to read aloud the Emptiness Sutra. "I could really feel the Truth of the words coming through me as I was reading the sutra," she said. "I am very sensitive to energies and I could feel the Divine Source behind every word." The Sutra and other passages read aloud that day were very powerful indeed. Casting a gaze across the audience, it was easy to tell that there was a certain peace that had taken over the room. The day began excited and bustling, but a deep ease had now permeated the audience. Some were lost in wonder, hearing new perspectives and information that may be the planting seeds for seeking enlightenment in this lifetime. Others were just soaking it all in, while others still sat amusedly, knowing intuitively that the words being spoken were the Truth.

One thing was for sure, the day brought us all into a greater focus and deeper understanding of presence and what it means to be here now. By stilling the mind we are able to begin to experience the beauty and peace of the present moment. When we are fully invested in the Now, our hearts can do nothing but become open. Suddenly the lesson was not just a pithy title with a generic spiritual message – it was a profound insight guiding us to look not into the future or back at the past, but to remain intentionally present to experience the gift of life. Only then can we truly be a gift to others. •

Indianapolis

A Month of Causing Change

By Emily Kelm

This month at the Indianapolis Branch has been one of great change. We began the month with Creation Day, an event that focused around the gathering of students to raise funds for our school. Together we volunteered and prepared a variety of baked goods. We also held a Bake Sale during our Yard Sale! Each student chose items from their homes to donate to a collective yard sale, which gained the attention of many locals. Through this, we each experienced a sense of cleansing in letting go of items we'd been holding onto. Three students had fun baking together with a purpose of give to others. We placed our consciousness on each item magnetizing their value.

During the sale, other students spent the morning cleaning and preparing the outdoor areas of the school for the long Winter ahead. The hours of work went by quickly as we created with each other. We left the plants trimmed and the yard looking fresh and ready for the new year. Together, we also made plans for how we could make better use of the outdoor areas and gardens this next spring. A large space covered in large stepping stones was weeded and cared for. This area was imagined as a group meditation area, which the students look forward to building and enjoying. With a few hours of love and care, the outdoor area was rejuvenated and given a breath of fresh, new life.

When the yard sale ended, all leftover goods were packed up and carried to a nearby Good Will Store. Some of the students spent the morning preparing an autumn soup, which we gathered around and quickly devoured with burgers and dogs. During the meal, we reflected on the activities it had taken to accomplish our goals, and how easily they have been achieved with the help of our peers.

Aside from dedicating a Saturday to the growth and development of the school, the students received a great opportunity to socialize with each other outside of the classroom setting and to strengthen the bonds between them. We learned new and interesting perspectives about ourselves from each other as we worked together. We learned new ways in which we can work together to create and beautify, as well as collectively build and design the future of our school. On top of that we are donating \$500 dollars to the college for the purchase and installation of solar panels. Change is good! •

From the College



Vibrations November, College Students

By Charlotte Crabaugh

All during the entire fall season our environment here at the College has been changing as dramatically as the dropping temperatures and the ever-changing colors of the hills around us. My classmates have been coming and going like the leaves turning from green to shades of gold and red. In July Diana left and Larry and Silvia arrived. The supportive, positive energy of both of them has made the changes easier to adjust to. In October Francine returned to Ft. Worth and two weeks later Mavis moved on to Des Moines. Now Walter has joined the staff as a grad teacher. We are enjoying his vitality and cheerful energy.

The coming and going has caused me to reflect on what each person has meant to me and how each has contributed to my own growth. Each one has carved out a sacred holy space in my heart. I am grateful for what I have learned about myself through our shared experience. Even in challenging times I have known we were all called to be here together for a specific purpose. There are no coincidences.

I continue to grow stronger and healthier. Last spring I began carrying the full milk pails up from the barn. They were so heavy I had to leave two of them for Doug to carry when he came. Now I find that I can carry an even greater amount of milk quite easily. It is a joy to realize that I am stronger in body, mind and spirit.

Trust and security have been the biggest learning experiences for Silvia Galvin this month. Her ideal is to be a whole functioning self, as our SOM Ideal and Purpose states. Planning is having a picture of what you want. Visualization is important for security. Having a plan is visualization. Security is following through on the plan and doing it consistently.

Still Mind Weekend at the College of Metaphysics

by Daniel R. Condron

Each year students from the branch locations all over the heartland of the U.S.A gather at the College of Metaphysics for the event known as the Still Mind Weekend.

This event is unique in that the weekend concerns “being” mostly rather than “doing”.

Students arrive Friday night for supper. After supper sitting around the table students read their papers titled, “Why I want a still mind.” We discuss their papers. Then instruction is given for the whole weekend.

Later in the evening students go into silence. They remain in silence through Saturday and into Sunday morning.

All day Saturday the students walk to different sites on campus to meditate. Some of the meditation sites are the outdoor chapel, the tetrahedron, the orchard, the octahedron in the orchard, the campsite fire, the amphitheater, the green house, and the Peace Dome. Group meditation in the Peace Dome occurred at 8:00 am, noon, and 5:00 pm.

So in addition to meditating students experienced fire purification and the life force-energy of the trees in the woods and the orchard. The weather was wonderful with a temperature in the low 80's. In the evening we meditated around the campfire, the temperature being neither hot nor cold, we were able to sit by the fire in short sleeves. It was the most comfortable fire I have ever sat around. Many commented this was their favorite meditation of the day.

Sunday morning everyone gathered in the second floor of the Peace Dome for a morning meditation. Then we went downstairs to lay a tile in the mandala on the floor. As the Bible says, “Be still and know that I am God.”

The Still Mind weekend is always held the fourth weekend of October. Mark it on your calendars, a day of being.

Daniel Condron
October 2014

My Experience of Still Mind Weekend by Debbie Hudson

It was so nice to begin the day with the roosters crowing rather than an alarm clock. It began my day with a natural stillness rather than business.

I held in my mind throughout the day what Dr. Daniel said on Friday night, “The longer you can hold a still mind the more the mind opens.” I really wanted to clear my mind and have clarity this weekend. The thought that I could stretch my mind through concentration would bring me an open mind and clarity motivated me. This I will take with me and share with the students of the Maplewood School.

I started my day at the fire and it brought me purity and cleansing. I then went to the outdoor chapel and meditated and received, “All done at the School of Metaphysics lead to this.” I meditated on “return to what is real” suggested in my health analysis. I reflected later when I looked at a tree - gung sau - return to the source, and realized that is real. All day in stillness I could hear and see things I hadn't heard or seen before, like hearing the leaves fall to the ground.

It was a very peaceful day in the stillness and I want to hold that still mind when I go back to the business of life so I can maintain the clarity of a still mind. Another thing that will help me to be still and receive clarity is the affirmation Dr. Daniel gave me. “The position I am in to meditate is right and correct now.”

I really thought it was beautiful when at the end of the day everyone came together around the fire to connect in stillness.

I am very grateful for this weekend and Dr. Daniel's wisdom.

Expansive Vision

At this past September all student weekend, I stood in a giant circle of love lining the curves of the peace dome. Unity, harmony, peace, joy, love, in that time- there was space for each of us to shine. Then I expanded that image into a vision reaching around the world.

What is it I have been seeking to understand by leading events in Cincinnati such as the Peace Event, "Love-Raiser" and the "Raise Your Vibration Celebration" or even seeing the need for an engaging Facebook page and stepping into a Facebook national position? One consistent thing I can now discern is that I have been trying to understand how to expand my own consciousness to receive and allow space for others who desire the Self transformation I have found through the School of Metaphysics.

The Raise Your Vibration Celebration was conceived as a time and physical space acting as a bridge to connect vendors, who are those active in the community working toward accelerating consciousness through healing, mindfulness, intelligent direction toward knowing the Self, with those seeking. I learned that bringing these already active circles together will provide a community seeking to know the self.

I've learned about expanding space to receive others. All through the creation of the event the space is extremely important, especially at the beginning. Most importantly, expanding my own consciousness to receive fully, the group I am creating with is something I will more clearly put attention on in the future. With more patience and space to receive co-creators who initiate and develop their individual roles in harmony with the group vision there is a strength that is only longed for when it is lacking. Doing an event this large, I now understand the role of the leader to be the one clear in the entirety of the vision, holding the space and helping each individual connect with their individual ideals, purposes, and activities within the agreed upon roles. With Gratitude to Jonathan, Davi, Jesse, Karen, Lynn, Aurelia and Jim, we received over 400 people and netted over 1K with a rainout 4.5 hours before the projected end. We prepared with group visualizations from planning and preparing through the day of, as well as individual visualizations of roles. Each person guided us through their role the day of, which allowed valuable insights of gaps, which were able to be filled into a clearer picture through discussion afterward.

I learned about excess expansion. As I was refining the time charts for the presentations, musicians, activities and raffle the day before, I caught the image of juggling and a literal three ring circus. Now I understand the value of space more clearly. Next time I lead this or a similar event, there will be more space, which could look like a silent auction instead of an hourly raffle, less presenters which begin later in the event, less timed activities - if any. I have learned that I expand my own consciousness to receive others not by having a handful of activities going on at the same time, instead by being still, not focused on all the things that are scheduled to be going on simultaneously, instead present in the moment, confident in each co-creator - able to fully receive the person in front of me, able to allow people seeking, wherever they are on their journey to know that when the time is right for them, there is space at the School of Metaphysics for them.

Can you imagine what kind of world we would live in if we all lined the streets to participate in a circle of love? I can now imagine the stillness needed within to receive the magnitude of that harmony. There are many steps until then and I will continue my amazing journey of learning one event or Facebook post at a time.



○ Erin Payne

Psi Counseling class October 2014

This month's psi counseling class started out with Dr. Barbara talking about the power of presence. Counselors often do their healing work by being with someone. Their presence allows the client to bring out what is sometimes hidden from view, enabling deeper insight and understanding.

This discussion took place Friday night.

The next morning we discovered that visionary Masaru Emoto died the previous day. Dr. Emoto is the author of the book *The True Power of Water* that is assigned early on in the SOM course of study. His work is also referenced in the Superconscious Healing Power class. He researched the effect of thoughts on water, groundbreaking work that proves the truth that "thought is cause and effect is its manifest likeness."

According to news reports, Dr. Emoto died peacefully with his wife by his side. His final word was "Arigato" which means "thank you" in Japanese. The report said "this last word was to you, everybody. He was so grateful for you and thanked you all so very much."



Dr. Barbara responded to this with a spiritual healing ceremony. She led the psi counseling students and their mentors outside to stand around a tree in the yard of the Moon Valley Ranch. Applying principles of breathing and becoming centered in the core, the class connected with Dr. Emoto, both giving and receiving energy to aid him in his transition.

The connection with the earth and sky inspired awareness of eternal life for the psi counseling students.

Psi counselors and ministers may use their skills in hospice care, aiding people to complete their existence in one physical body to prepare for release into the subconscious mind. This class gave the students a direct experience of such work.

The Healer's Portrait intuitive report describes what one's "healing presence" is. People bring this essence into their counseling practice. If you are interested in psi counseling and do not know yet what your healing presence is, you could benefit from attending the Spirit of the Healer Spiritual Focus Session in February 2015.

Thank you and gratitude to Dr. Barbara for embracing the opportunity to integrate the education of psi counseling with the passing of Masaru Emoto.

I send you our circle of love,
O Laurel Clark



Meet those Studying in the 4th Cycle of Lessons

Tad Messenger

The Kuan Yin verse I chose at the Adam Initiation was # 9 which is Root. My first thought was that my root is the core of my being. Ever since we started working with our core energy in Psi Counseling Class, I have endeavored to move and act from that perspective. I noticed that during the times when I am centered within myself, there is a feeling of strength, stability, security, and peace. There is a sense of knowing that I am connected to the Truth. I see clearly, and know that my perceptions are accurate. When I am at the root, or core, I listen, hear, and receive who a person is and can help them create and move toward their ideal Self. I feel grounded, like my energy goes all the way to the core of the Earth. I sit tall, stand tall, and speak tall.



The integrous thinker focuses emotional flow.
Singular line of attention sends light to the right brain
innervating the experience that follows illumined contemplation.
That experience is understanding worth the keeping.

Roots
9

Kuan Yin Verse 9 ROOTS

Interpretation
by Gael O'Guinn

The image for this verse is the "dark light". Physics recognizes natural light fields that are threaded by lines of darkness which create optical vortices that appear as black points within the light. These vortices suggest universal properties connecting different areas of physics. ROOTS are like the threads in natural light.

They are at once points of locality establishing support for what is to grow, bloom, and reproduce - be it an oak tree, a system of government, or a human lineage. Everything grows from a seed, and the roots provide the foundation for a long-lived organism, the progenitor of generations to come. Dark Light is the essence of this inner urge to express Life. The optical vortices are the progenitors of chakras, the wheels of life, that spin creation into being. Chakras connect your mind to your body during incarnation.

The "root" of these connections are the Source of All Being. The Light of creation carried through Spirit. Dark Light is your individuality, your unique vibration in all of creation. Science is finding two types of vortices: the infinite vortex lines which account for about 73% of the dark vortices and the closed loops which occur when a vortex line returns to its starting point. Returning to the Source is the purpose of Dark Light, and ROOTS insure the complete expression of that individual, be it tree or person. When those ROOTS are in Heaven, the promise of every Age, or one's lifetime, is fulfilled.

Short bio: My name is Tad Wylie Messenger. I was born in Rochester, New York on October 10, 1947. I have earned a BA in Religion from the College of Wooster, Ohio, and a BS in Geology from SUNY Brockport, in New York. I pursued a MS in geology at UMissouri in Columbia. The degrees I have received from the SOM include Respondere, Qui Docet Discit, Doctorate of Divinity, and Psi Counseling Certificate. I have also been a significant part of building the Peace Dome, finding sacred spots on COM campus, building sacred geometric forms and planting them at the sites. Currently I am a COM graduate teacher heading or mentoring the departments of agriculture, horticulture, landscaping, printing, and publications, culinary arts, and caretaker. I teach a second cycle class in Metaphysics at the COM. Some of my desires and loves include building the Great World House, maintaining and building the campus, forming the structure for the community of learning at COM.



After the seven students received initiation into the Fourth Cycle of lessons, each drew a Kuan Yin Verse. The numbers chosen were in a broad range beginning with number 1 and spanning to 98, just two short of the 100 span.

1
Commencement
Jonathan Duerbeck

2 Compulsion
Karen Mosby

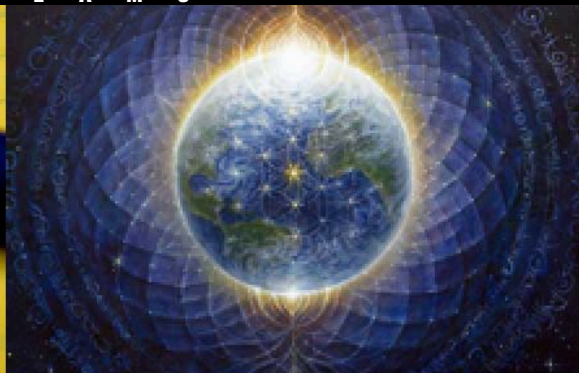
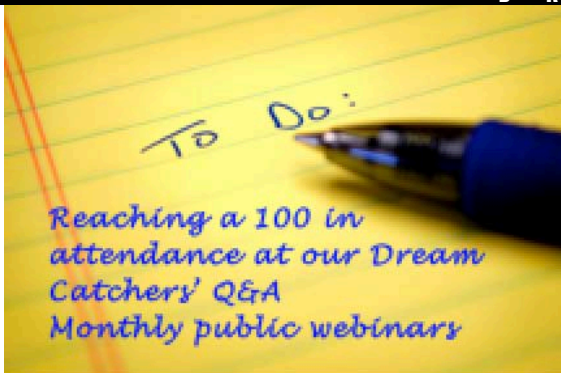
9 Roots
Tad
Messenger

24 Reputation
Jesse Kern

36 Trouble
Diana Kenney

96 Giving
Laurie Biswell

98 Wavelengths
Christine Spretnjak



Do you remember the first time you realized you manifested something from your 10 Most Wanted List? No matter how small it was do you remember the thrill that you felt realizing the creative powers within you? I certainly do. It was a precious experience that has allowed me to value The 10 Most Wanted List as a tool for my inner and outer expansion.

The first item on our collective list for the National Dream Awareness Coordinator is a goal related to the Dream Catchers' Q & A webinars. The **goal of reaching a 100 in attendance at our Q & A public webinars occurring on the first Wednesday of every month**. This is a way for us to set the foundation for the global dream network including people outside of the 16 areas where our school branches reside. In fact, we are opening ourselves up to reach people from all over the world! All we need to meet this goal is to invite just 6 new people through each school branch! Let us, the School of Metaphysics, be an example of utilizing modern-day technology for fostering purposeful and high-minded connections throughout our planet!

To aid in this process we will be sending out invitation emails from the SOM World Headquarters featuring the guest Dream Coach of the month including their short bio and description of the main theme that will be discussed. Use these professionally crafted emails to reach out to all the contacts within your respective School branch. These Dream Catchers webinars are created so that many people can join us from many places, and even time zones, all over the United States and beyond whether from their homes, work places or even cars.

D R E A M S

by

Aneta
Baranek

I invite you to send out a delegation from your School to a local coffee shop or go there yourself. Take a laptop with you and share your screen with people sitting nearby you. This is a way for us to utilize the Internet to bring our message of inner evolution to humanity as a whole. This will create a foundation for the first Wednesday of each month becoming a hub of creating electrifying connections within our planet aiding one another in the pursuit of understanding our dreams.

We spend one third of our lifetime sleeping. One third! We owe it to ourselves to delve deeper into those states of dreaming and to elucidate the messages from our inner selves. We also owe it to others to share what we know and collectively we know a lot through the 40 years of dream research.

So please invite as many people as you can. All it takes is a couple clicks of a mouse button to forward the webinar email invitation to your contacts or posting it on your Facebook page. Let us experience the collective thrill of being creators and manifesting this common goal of a 100 in attendance at our Q & A public webinars.

I look forward to all of us creating a strong and elevated group consciousness, which will aid the world in discovering the power, which lies laden in the nightly dreams.

If you have any questions or comments please feel free to contact me via email

abarane@som.org. You can also call me at the Palatine branch at 847-991-0140.



***May your dreams illuminate the
INNER YOU!***



“Enlightened Service to our fellow man”

The next incarnation of ICOM is happening now

Have you heard the Zambian proverb that says “When you run alone you run FAST but when you run together you run FAR”? “The Gathering” is a time to come together so we can learn and grow with each other.

*In November, we will study **Spiritual Ethics**, a class that teaches us to run together through exploring thoughts and concepts such as Peace, Love, and Service. These are the ways of being that bring us together. They aid us to draw out the best parts of one another.*

We, as human beings, have a need for human contact, for human love, for friendship, for understanding. We thrive off of these experiences and we grow to soaring heights. Studies show that when people have a connection to each other and something bigger than themselves, they are more resilient and the most happy, connected and powerful. Our Sunday evening ICOM Gathering is a place to nurture and promote this type of experience.

So come one, come all. It's time we gather! - Golbahar Dadyan, National Peace Ambassador

Where to find an ICOM Gathering

Urbana – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Courtland Louis.

Bolingbrook – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Roberto Czares

Palatine – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Sandy Lietner

Chicago – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Arie Zuniga Christian Triche

Indianapolis – Nov 9th through Nov 30th from 6:30 PM to 7:30 PM Teacher: Kerry Keller, C. Thompson

Des Moines – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Jesse Kern

Kansas City – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Dr. Terry Martin

Louisville – 11/13, 11/20, 12/4, & 12/11 @ 7:30 to 8:30 PM Teacher: Terrence Lemont Bellows

Columbia – Nov 9th through Nov 30th from 6:30 PM to 7:30 PM Teacher: Brenton Harris

Springfield – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Michael Dardanes, S. Quinn

Maplewood – Nov 9th through Nov 30th from 6:15 PM to 7:15 PM Teacher: C. Williams and J. Pecaut

Cincinnati – Nov 9th through Nov 30th from 6:30 PM to 7:30 PM Teacher: Davi Brown

Oklahoma – Nov 9th through Nov 30th from 6:00 PM to 7:00 PM Teacher: Sydney Kasner

Tulsa – Nov 9th through Nov 30th 5:30 to 6:30 PM Teacher: Jillian Bergman-Martin

The INTERFAITH COMMUNITY of METAPHYSICS (ICOM) is a branch of the School of Metaphysics dedicated to the enrichment of our communities through living the *Universal Peace Covenant*.

....because “Peace is an idea whose time has come!”



ELEVATING HUMANITY to RESONATE with PEACE



The Second Annual Peace Congress convenes Tuesday morning December 30th.

Since December 31, 2003, the year the world's first Peace Dome was dedicated as a universal site for Peace, students have gathered in the Dome for a 25 hour vigil. This vigil carries forward the Spirit united around the world through people on ALL seven continents. At 1 pm CT on October 11, 2003 people around the world read the UNIVERSAL PEACE COVENANT in unison. Our Peace Vigil continues this earth chakra providing a sustaining rhythm as we read the covenant with the people in each time zone as they welcome the new year. Rejoice in this time! Be a part of our vigil in your community by sharing the Peace Covenant with your family and friends, inviting them to local SOM branch activities, and including us in your prayers in solitude. May the blessings received in 2014 continue to flow abundantly into 2015, quickening the heart of our nation and the world as we ...

"come together, all of humanity, young and old of all cultures from all nations... As we stand, united in common purpose, we hereby commit ourselves in thought and action so we might know the power of peace in our lifetimes."

I send my circle of love, Dr. Barbara

The 20'15" MEDITATION participate locally

At the level of 600, the human energy field encounters PEACE. Here, Spirit and Man meet and almost anything can heal. The visible and the invisible fuse into each other and enlightenment brings bliss, silence, and stillness.

The energy field of 600 is associated with the experience designated by such terms as transcendence, self-realization, and God-consciousness. According to Dr. David Hawkins, attainment of 600 is "extremely rare, attained by only 1 in 10 million people. Not uncommonly, individuals at this level remove themselves from the world, as the state of bliss that ensues precludes ordinary activity. Some become spiritual teachers; others work anonymously for the betterment of mankind. A few become great geniuses in their respective fields and make major contributions to society.

"These people are saintly and may eventually be officially designated as such, although at this level, formal religion is commonly transcended, to be replaced

by the pure spirituality out of which all religion originates."

Perception at the level of 600 and above is sometimes reported as occurring in slow motion, suspended in time and space-- nothing is stationary,

and all is alive and radiant. Although this world is the same as the one seen by others, it has become continuously flowing, evolving in an exquisitely coordinated evolutionary dance, previous incarnations are easily remembered. That which is witnessing and that which is witnessed take on the same identity; the observer

dissolves into the landscape and becomes equally the observed. Everything is connected to everything else by a Presence whose power is infinite, exquisitely gentle, yet rock-solid. •

1 individual at 600
counterbalances
10 million
below 200.



I was just writing to Dr. Laurel Clark and it brought me to realize that every teachers' conference at least since 2008 has been a quantum jump, a group initiation of the highest order. This is in keeping with the essence of the teachings of the school. SOM has always been in the hands of its students and I endeavor to keep that spirit alive.

This, to me, is why we teach individuals - in a group! It really is the New Maitreya. After tribal groups the individual Spirit comes forward. Today, more than two or three are gathering. Individuals who recognize each other over time and space. Individuals who come together through conscious choice to work toward, to live common ideals. This is the driving force in my mind behind the dream of COM as a living example of how people can live with ascended consciousness.

When those attending the STILL MIND, PRESENT MOMENT, OPEN HEART weekend Imaged a thought of peace as they laid their peace tile in silence, a beautiful poem was born! As I gathered the numbers for the Kuan Yin Verse calculations, I read each entry and saw the beautiful reflections of each one's meditative experience. Spirit moved within me and arranged their independent and individual thoughts into a cosmic image. I share this Light as an illustration of the perfection of

The Individual in a Group

by Barbara O'Guinn Condon



Peace Dome Poetry
10.26.14

*Beyond
Still Mind
Peace is active.
Calm.*

*Listen through the heart.
Clarity, Truth, Love, Peace.
Peace is BEing in the moment.*

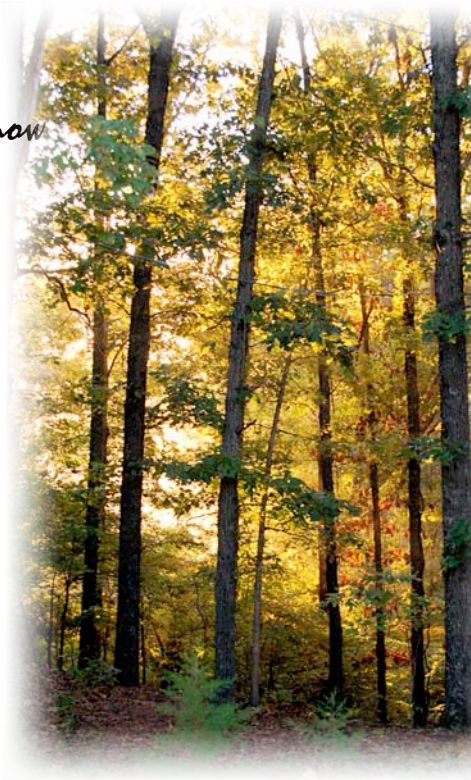
*Peace comes through the heart
We are connected
May Peace be in everything we do and think*

*Peace is changing
Stillness
In peace we receive the planet.
Everything is enough in the now, now*

*Peace begins with me.
I and my Father are One.
I Am full of Peace,
and full of Happiness.*

Peace is the beginning

—made from the Peace Thoughts
of those present on campus during
the Still Mind Weekend 2014



"It seems that THE INVITATION is offering a haven for people to rest their attention on."

Holding the Vision

by Debbie Hudson

We at Maplewood are holding our vision to spread peace throughout the St. Louis community. We have been actively pursuing our vision by going into the community as groups and making personal contacts. People are responding with interest and warmth by contributing generous donations, buying tickets, offering their services and support.

It seems that THE INVITATION is offering a haven for people to rest their attention on. All around this haven, the focus of attention for many is on the Grand Jury decision regarding the Michael Brown case. The St. Louis community is on hold anxiously awaiting the results of this decision. There are emergency plans in place all over the St. Louis area depending on these results.

I received an email from the Maplewood Chamber of Commerce notifying the local businesses that the Maplewood Police Department has an emergency plan in place to ensure the safety of the community and not to leak this information to the press. Cardinal Ritter College Prep, where THE INVITATION is being held has an emergency plan in place. The press has also been on hold depending on the results of the Grand Jury decision.



Here is a reflection from a student at Cardinal Ritter College Prep that shares the confusion and pain that is affecting our youth:

"I have a very strange feeling about what has been happening in Ferguson. Sometimes, I feel like too much is going on. The violence, the "gap" between citizens and police, all of it. But then other times, I feel as though something needs to be done. Going to the protest and just being in the presence of so many people, passionate about getting justice. Sometimes they march peacefully and sometimes they march in anger.

I can understand why they are angry. I feel like justice needs to be served for Michael Brown and any other person who has been killed by a policeman. I feel like as a policeman, your last resort should be killing someone. When you kill someone, you're taking away from their family. The pain in Mike Brown's mother's eyes is so unexplainable. I just feel like as a human you should want justice no matter what race, skin color, etc." – Janai Kinnard

We invited the parents of Michael Brown to THE INVITATION and they have declined by sharing with us they are lying low and their bags are packed depending on this decision.

Our youth are very impressionable. THE INVITATION and the healing presence it brings can make a difference in the way our youth perceive change in the world. They will become empowered to cause change in their lives.

THE INVITATION plans are going strong in the face of this, "not dependent on any person, place or thing for peace, contentment and security." We are holding our vision! We recently went into the Ferguson community to invite the mayor and police department to THE INVITATION. There was the expectation that the people of Ferguson would be on guard and security would be tight. We discovered a small town type of community where we were warmly received by all, even the people on the streets. We didn't meet the mayor because he has a day job like many small town mayors. There was a policeman present at City Hall who told us who to contact when we went to the police department with our invitation.



HOLDING THE VISION continues on page 18



HOLDING THE VISION con't from page 17

We also were contacted by a woman named Suzana Pratt who has a hair salon in Ferguson. She wanted to extend her support and buy a block of 10 tickets. How her connection came about with us is an interesting story. Early on Dr. Laurel had seen on line that a group called the Prophetic Destiny of Missouri knew about THE INVITATION and it would be good to connect with them.

Suzana is a part of this group and relates how our SOM website appeared seemingly out of nowhere on her computer screen. Later we found out that Suzana had visited our booth at the Crystal Fest in September and spent a long time talking to Corinne Crabtree. She eventually contacted headquarters for tickets and we delivered them to her place of business. She showed us a poster she had made advertising THE INVITATION to her clients and friends. We discovered that Suzana does healing work at her salon and has been very connected mentally with the healing presence offered by THE INVITATION.

The healing presence THE INVITATION is offering is an attraction field that is drawing people in despite the apprehension and fear that surrounds it. We have had a few people buying tickets who have asked if the Grand Center Area was a safe place to come and whether or not THE INVITATION would be canceled as a result of the Grand Jury decision. We have responded by holding our vision and no one is stopping themselves from attending.

I see the healing presence of THE INVITATION going far beyond the performances themselves having a ripple affect that will impact the St. Louis community for a long time to come. The School of Metaphysics offers the way to heal - a facet that people do not seem to see in the present moment. The healing presence THE INVITATION gives is bringing the awareness of the need to heal and when the people are ready, the School of Metaphysics is there. We are the community that has come together to model and support peace. The light we bring is very powerful indeed. •

THE INVITATION

Monday,
November 17th
and Tuesday,
November 18th
at Cardinal Ritter
College Prep
St. Louis,
Missouri

Performances at 7
pm



"When events arise in 'the Heartland' of America, they have global impact. There are many reasons why this single happening - unfortunately not uncommon in the U.S. and the world - has created such thinking mind debate, such proactive heart math in a small community, a city, a country, and the world. From the astrological echoes of 1960s America to the Internet opening Universal Mind to billions, **now** is the time for change. As evidenced in this picture from Dallas, TX, Ferguson is changing the way we surrender. And that way, is honesty." Dr. Barbara Condron during Sunday night's Healing Service in Maplewood, Missouri before the performances.

THE INVITATION plans are going strong in the face of this, "not dependent on any person, place or thing for peace, contentment and security." We are holding our vision!



PEACEMAKING

By: Charlie Guajardo

How plans for a class fund raiser in Ft. Worth SOM tapped into the Spirit of this 40-year-old tradition! Read and find out the real purpose behind those class projects.....

Leading our class project "Peacemaking" was definitely an invigorating experience for my class and I. I remember wanting to do some sort of peace festival for our first class project, but never speaking up about it. This time, however, I knew it was destined. As the Peace Ambassador for Fort Worth it is our sacred duty to advocate peace in the community. It was during one of the peace gatherings at the College of Metaphysics, that we were introduced to Dr. Barbara Condron's book "Peacemaking 9 Lessons for Changing Yourself, Your Relationships & Your World". This book was written to inspire people and to help them learn how peacemakers think. The book focuses on the qualities of eight laureates. It goes in depth with their values and attributes. This book inspired me so much that I wanted to share it with my class, as well as the rest of the world.

I introduced the idea of a peacemaking during our first Class Project Meeting. That was the week immediately following the peace gathering, therefore the whole concept was still fresh in my mind and the excitement of the college had me on a roll! At first, my class seemed only somewhat interested but the more I

described and formulated the idea, the more everyone became willing to get involved. Without much debate we decided to go with the "Peacemaking" event. That night I went home and started really clarifying exactly what our project would consist of. The following week in our next meeting we decided that it would be a series of lectures followed by a workshop. Each one of us would pick a chapter to speak about and at the end we would transition to a workshop, where the audience would then interact with that speaker and learn more about what it takes to embody that quality daily. It was then

when I started to perceive what was dream-like, somewhat surreal. Each of my classmates began choosing the chapter that was directly linked to them. Kerrie, a single mother chose love. Lorin, a fortune teller to a village in her Lesson 9 past life chose service. Harry, a pastor in his past life, chose respect. Joe, a former music teacher in this life chose intelligence, and Cynthia, a certified nurse chose smile. I chose the Ideal, Purpose and Activity lessons. Looking back on it now I believe that Universal Law (as always) attracted us to each individual quality that we each needed to go in depth with.



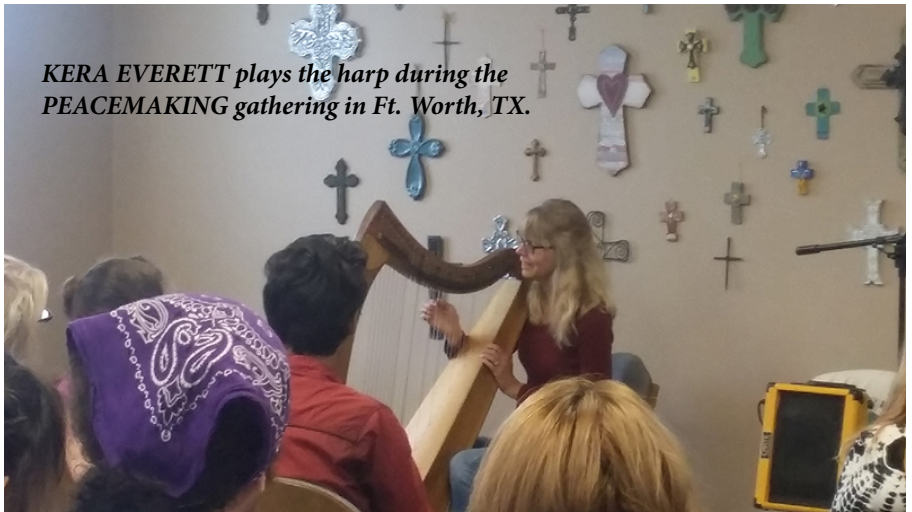
As the weeks went by I began noticing something interesting. I got slightly swept away with daily life and I didn't give as much time, thought and attention to the project. Directly after that time during our next project meeting, I observed how the rest of my class was also being unproductive. It was then when I had a great realization! It became clear that as the leader and center point, I had allowed the thought form to get cloudy and sort of disrupted. By not feeding the thought form and having a strong purpose, I allowed the ideal to get drowned out. Believe it or not, I'm extremely thankful for this lesson. It was in that moment I decided to unify the group by establishing a clear ideal and purpose. We came up with this, "**The Ideal:** To make a difference and heal humanity. **Our**

PEACEMAKING con't. on page 20

PEACEMAKING con't. from page 19

Purpose: To promote individual and group harmony by cultivating peace within one's Self and one's relationships." With this luminescent ideal and radiant, strong purpose it was smooth sailing after this. We directed the Universe to work in the favor of peace.

A week before the project I had the pleasure to attend an All Student Weekend at the College of Metaphysics. There we had a Peace Ambassador's meeting and I shared our project with everyone. It was there where I was truly astonished and it became apparent how magnificent of a thing we were creating. Then, I was asked to speak in front of everyone. Dr. Barbara spoke about how I was receiving from Spirit and that what I was feeling not everyone could. She said that it needed to be shared with the world. This was truly an inspiring moment for me. This was the cherry on top and the perfect affirmation that I



KERA EVERETT plays the harp during the PEACEMAKING gathering in Ft. Worth, TX.

needed. The Project came together perfectly and seemingly effortlessly. I learned a great deal about creating on a larger scale. But, most importantly what I learned was how substantial the magnitude of peace is, and its power to influence everyone. Watching our group come together and unify over a common purpose reminded me of why I'm here in this life, and of my favorite line of the Peace Covenant... "Peace is

achieved by those who fulfill their part of a greater plan." I am truly grateful for this experience and I feel like I've had a taste of what it is to be a Peacemaker. I even hear reports through the healing field of being happy... as well, as other cities recreating this project. For this, I AM eternally grateful. We collectively affirm that peace is an idea whose time has come! •



Peace is Real

Christmas in the Peace Dome

**Saturday, December 20th at 7pm and
Sunday, December 21st at 10:30am**



Experience the Spirit of Christmas ...

Christmas in the Peace Dome is an annual presentation that blends traditional Christmas carols and original peace-inspired songs with the *Universal Peace Covenant*. You are invited to come join us in celebration and song during this season of Peace in the Peace Dome. After the presentation, you will have an opportunity to add your thought of peace to the Peace Mandala, a mosaic inlay which when completed will vibrate with over 24,000 thoughts of peace, one for every tile. Make peace real in your Christmas!

Love is...

magic safety freedom. When these 3 come together love is holding you in a container to explore yourself inwardly or outwardly to giggle and laugh hug and play to listen and understand. Love is a state of being like entering an alternate reality but still being a player in the game planet earth. This alternate reality changes the game quite a bit when love becomes the trees are your friends the sky blesses you the earth supports you even gravity becomes a friend keeping you grounded supported. Love is offering flowers with your eyes and kindness with your smiles knowing everyone has meaning and everyone belongs in this earth game. Love is making a mistake and smiling to your heart hugging yourself and learning. Love creates kindness to the self and others. Love helps you to laugh at yourself and keep stepping forward. A mystical language of love can help to forgive all of your past make friends with it and set it free. Love supports the future. Love is remembering who we are the most natural state to be. Love is a smiling baby or child. Love is a calming mother or father. Love is a guide a friend a teacher. Love is you. Love is me. Love is freedom.

Karen

Love is...

who we really are. It is a vibration, it is the highest thought we as a race have attained to thus far. It is appreciation. It is pure, positive thought and pure, positive energy.



It can be felt emotionally as the love for one Self, for others. I experience it most when I think of my nephews and Julius my cat. I feel it when I think of my ideal life as a business magnate and professional singer. I experience it when I read, listen to or attend Abraham Hicks.

I feel it when I meditate and come out of meditation. I feel it when I watch Reagan, MLK, Mtr. Teresa, Warren Buffet, or think about Babaji, Zena, Gandhi, Pope John Paul II and the Master of the Far East.

Jesse A. Kern

THE PEACE DOME

2015 PARLIAMENT OF THE WORLD'S RELIGIONS SALT LAKE • OCT 15-19



To Usher in Intuitive, Spiritual Man

by Dr. Sheila Benjamin

In October of next year there will be a delegation of 35 who will be heading towards Salt Lake City to represent the School of Metaphysics at the sixth Parliament of the World's Religions. Several of the delegates will be submitting proposals to be presented at The Parliament which will demonstrate our education and inspire the 10,000 plus people who are expected to be present at this event.

The present cast of *The Invitation* have all agreed to be a part of this delegation with the expectation of presenting *The Invitation*. Image a conference room filled with more than 10,000 people witnessing this living prayer for peace. I believe the world would and could be a better place as a result.

As I rest my mind on the many delegations I have been a part of in the past 16 years, I am reminded how each and every one of them has aided me to align with the School of Metaphysics' purpose. These experiences have allowed me to share who we are as a spiritual organization of higher education, who are actively "accelerating the evolution of humanity by ushering in Intuitive, Spiritual Man" with others from around the world. I look forward to sharing again next year.

Webster dictionary describes a delegate as one who is empowered to act for another (an usher) and a delegation is a body of delegates sent to represent others (evolution of humanity).

If you would like to find out more about the Parliament of the World's Religions visit <http://www.parliamentofreligions.org/news/index.php/2014/09/the-2015-parliament-of-the-worlds-religions-will-be-in-salt-lake-city-utah-in-october-2015/>. There you can read and find out the who, what, why and where of this historical event. Talk with your teacher, director and area director letting them know of your interest.

May Peace prevail on Earth

"Reclaiming the Heart of our Humanity"



Do you see why I feel like Paul Revere??

We have the same opportunity the Revolutionary Americans had back in the 1700's with Paul Revere. We have an opportunity to live in a world of our own making. A world that we have created and a world that we want to live in.

Now that I have your attention I want to share more of the story. The School of Metaphysics has reserved 35 spaces at the Parliament of the World's Religions to give all of us an opportunity to support the Delegates that we are sending.

We want to carry forward the tradition of sending Doctors to be presenters at the Parliament of the World's Religions and other conferences. At the first Parliament, attended by Doctors from the School of Metaphysics, Dr Barbara Condron and Dr Daniel Condron, gave presentations and Dr Pam Blosser lead a choir that performed *The Power of Prayer throughout the World*. This year many of our Doctors have applied to give presentations and an application will be presented to give the *Invitation* at this conference.

"How can I support these Delegates?" you ask? Well let me tell you how you can make a difference! You have the opportunity to contribute to a fund, which is being created, that will pay some or all of the expenses of these Delegates. Tell everyone you know how he or she can contribute.

We have set a goal for this fund of \$35,000.00. This money will be used to pay the expenses of selected Delegates and Presenters from the School of Metaphysics to attend the Parliament of the World's Religions. The remaining funds will be used to set up an account that will be used to send Delegates and Presenters from the School of Metaphysics to other conferences, events and speaking engagements.

Watch for the new link on our webpage or mail your check to the College of Metaphysics with Delegates in the notation.

Contributions to the School of Metaphysics are tax-exempt under 501(c)(3) of the Internal Revenue Code.

Your Treasurer

Larry Hudson




COUNCIL FOR A
PARLIAMENT OF THE
WORLD'S RELIGIONS

January

Dec 31st - Jan 1st -- Peace Vigil....20 Hours and 15 minutes of Meditation

Jan 2nd - 4th -- General Assembly

Jan 16th - 18th -- National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

February

Feb 7th -- Area Teachers meeting

Feb 20th - 22nd -- Dream Awareness coordinators meet as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

Feb 27th - March 1st -- Spirit of the Healer Spiritual Focus Session

March

March 1st - 3rd -- Powers of Ten Spiritual Focus Session

March 20th - 22nd -- National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

April

April 3rd - 5th -- National Teachers Conference

April 17th - 19th -- National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

April 24th - 26th -- National Dream Hotline®

May

May 15th - 17th -- All student weekend as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

May 29th - 31st -- Vision Quest

June

June 5th - 9th -- IASD (in West Virginia)

June 19 - 21 -- SIR Coordinators meeting as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

July

July 10th - 12th -- Genius Code Spiritual Focus Session

July 12th - 14th -- Kundalini Rising Spiritual Focus Session

July 17 - 19 -- Peace Ambassadors gather as well as National meeting, 4th cycle class, Psi Counseling class, as well as 2nd cycle and 3rd cycle classes

You are invited to experience:

The Christmas Season at the College of Metaphysics

Thanksgiving Dinner

Friday, November 28th, 2014 at noon

This is a day for sharing good food, divine friendship, and wisdom. Come for dinner then stay for the weekend to transcribe intuitive reports. Transcription of intuitive reports offers the opportunity for soul growth from the universal wisdom of the Intuitive reports. Please RSVP by Friday, November 17th.



Christmas Bread Making

Sunday December 21

Learn the inner secrets of visualization and creation making the College of Metaphysics Christmas Rolls. Every year we make wonderful homemade rolls for Christmas delivery to our neighbors. Bread making begins at 6:00 am.

Christmas at the College

December 24 - 25

Christmas Gifts for the College

12 oz short glasses
Towels and wash clothes
5 gallon pots with heavy bottom
Large 2 gallon watering cans
Heavy Duty Can Openers
Hand shovels
Square thick potholders
100 ft Flexible hose
Pitch Forks
Paint brushes Hedge Pruners
Roller Brush Replacement heads
Flash Drives - 4 gigs

Arrive Christmas

Eve Thursday, December 24th for supper and then share singing in the Peace Dome as we lay tiles for the Season.

Afterwards there is the hanging of the stockings and drinking hot chocolate and telling the story of the Cajan Christmas.

Christmas dinner on Friday, December 25 is at noon. This is a wonderful time of sharing and community as we share our handmade gifts and then gather to prepare a wonderful feast to share. The nights are crisp and clear and a million stars can be seen outside the Peace Dome. We hope you will join us. Please call to let us know that you are coming....

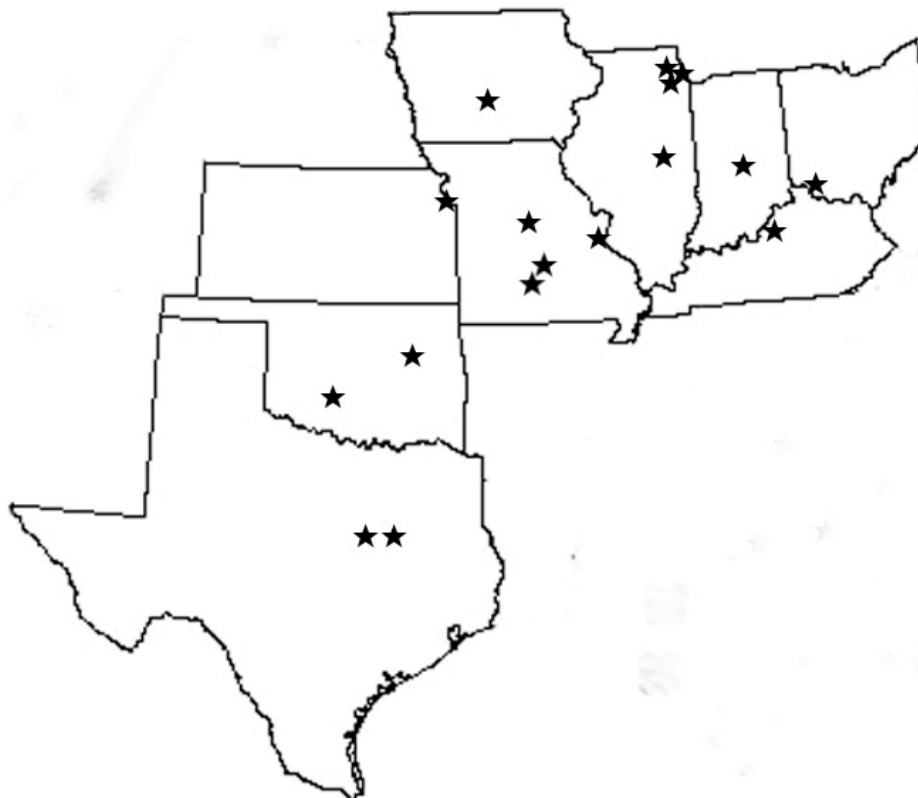
RSVP by Wednesday, December 17th.

December 6th -- Area Teachers Meeting

December 20th - 21st -- Christmas in the Peace Dome

December 31st - January 1st -- Universal Hour of Peace

January 2nd - 4th -- General Assembly



School of Metaphysics Branch Locations

email to (cityname)@som.org

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ILLINOIS

345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

1009 E. Main Street • [Urbana, Illinois](#) 61802 • (217) 344-2270

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1033 E. Sunshine Street, [Springfield, Missouri](#) 65807 • (417) 831-0955

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