

*The ideal of the School of Metaphysics.....To aid any individual willing to put forth the effort to become a whole functioning Self not dependent on any person, place or thing for peace, contentment and security.*

*The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.*

*The activity of the School of Metaphysics is Teaching Teachers.*

# Vibrations



A Monthly Newsletter



## Words from the IASD Delegates

(cont. page 3)

by Dr. Laurel Clark and Dr Sheila Benjamin

This year's IASD Conference featured the founders of IASD as keynote speakers. Gayle Delaney who spoke about "dream interviewing," Jeremy Taylor spoke on "The Many Layers of Dreaming" and Researcher Bill Domhoff whose "Seven Surprising Discoveries that Changed My Thinking about Dreams" revealed "unanticipated empirical findings over the past 70 years that changed everything." Patricia Garfield concluded the conference with her presentation on "Mapping Your Dream Themes," showing images she drew in her dream journals spanning 1948 – 2017, describing how the changes in the visual images provide a clear way to see the transformation that words don't always describe.

Dr. Sheila Benjamin, Dr. Karen Mosby and I represented SOM at this year's conference. Dr. Sheila and Dr. Karen volunteered at registration (see related articles) while I was involved in board meetings as the new Chair of the Board of IASD.

The conference featured five days of panels and workshops featuring dream knowledge from a variety of perspectives. One of my favorite panels was "Research 101 for Dreamworkers: Basic Research to Support Your Work" with experts from the scientific research community who shared some basics that lay people can use for support in setting up programs to hospices, colleges, churches, and other community organizations.

Another favorite was a workshop from an animator who drew and animated a profound "big dream" and then invited the workshop participants to enter into the dream scenario, with music, lighting, and narration.



This year IASD is offering audio recordings of the panels and symposia to people who did not attend the conference for a minimal fee. If you are interested in this, contact IASD to sign up.

Another first is the publication of the book *Dreams that Change Our Lives*, the first IASD published book. This collection of life-changing dreams from people around the world is divided into thematic sections with a chapter author who introduces and weaves together the dreams in the section. I had the honor of being a chapter author on "Life Continues," visitation dreams. I have yet to read the entire book and look forward to it! •

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# VIBRATIONS

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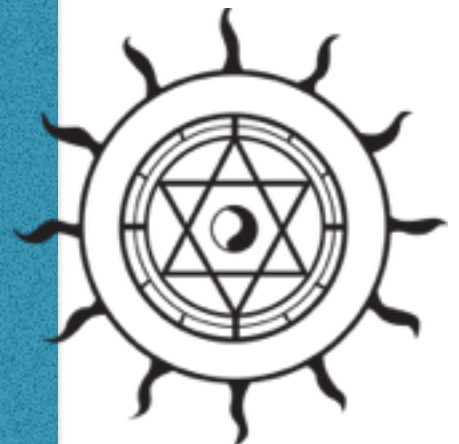
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Everyone dreams, and this conference brings together researchers, lucid dreamers, artists, musicians, therapists, ministers, hospice workers, EFT practitioners, sleep specialists, and everyday dreamers who want to explore this rich resource.

If you are interested in becoming a member of IASD and join for the first time, you can attend the upcoming online Psiberdreaming conference for free. I've participated in this conference each year since 2008 and have found it highly beneficial for deepening my understanding of dreams and making dream friends around the world. One "dream friend" who lives in Germany recently had a dream that featured the SOM peace dome and he described very accurately the ideal and vision of peace as a state of mind, crediting the Psiberdreaming conference for how he received that vision.

Sweet dreams to you all,  
O Dr. Laurel. Chairman of IASD



My dharma s stated , “ A sense of importances with humility, service”

This year's IASD conference was a perfect way to live out my dharma. Due to personal responsibilities, Dr. Barbara was unable to attend the conference. I was honored when she asked me if I would be willing to present her paper entitled, "Dream Scripts for Tweens:" Reaching youth by making Dreaming a Selfie" Although this was Dr. Barbara's paper, I was very comfortable with the subject, since I have been conducting dream circles with children for several years.

Two weeks prior to the conference I received a phone call from Richard Wilkerson, who is one of the employees of the IASD and is responsible for the ins and outs of the conference. He told me that his assistant was ill and was not going to be able to attend this year's conference. He had been talking with some of the leaders of the IASD board and was given permission to call and ask me if I would be willing to assist him. I said, "Of course I would." He was delighted and stated, "If only all of my crises were so easy to find solutions for."

Dr. Laurel and I have been attending and volunteering at the IASD conferences for the past nine years. We have demonstrated with grace and ease the education that is taught at the School of Metaphysics. Love and Light, O Dr. Sheila

## Maplewood Golden Ticket for Success by



The Maplewood branch had a Creation weekend in which nine students participated in enhancing the school through many different learning experiences and sharing of talents. Austin Smith was the guiding intelligence along with Blake Boyer and Steve Hamm to restructure and organize our library on our third floor (Christ Conscious room). Blake says, "I learned a great value in teamwork serving with Steve and Austin to produce and organize our library." We painted three classrooms; the Buddha classroom, the Kuan Yin classroom and the Krishna classroom. We also painted our guest bedroom in preparation for any future visitors. Blake appreciated the tidbits of knowledge Joe Pecaut offered on painting as the Custodian of Sacred Space.

On Saturday we had a dinner party in which many people brought their favorite foods and desserts. Following dinner, we watched the original "Willy Wonka & the Chocolate Factory". We interpreted the movie as if it were a dream! Surprising to most of us we noticed there were many dream references. This resulted in compelling conversations with an insightful interpretation. The movie had many great lessons, the central theme we noticed was the Golden Rule and how by applying this rule the main character made consistent choices in alignment with integrity which signifies commitment to the real Self.

This weekend we strengthened o u r Maplewood community and enhanced the energy of our space.



The Golden Rule

## Chicago

**We CAN have what we want with the use of a directed and productive mind.**

Emily Knox

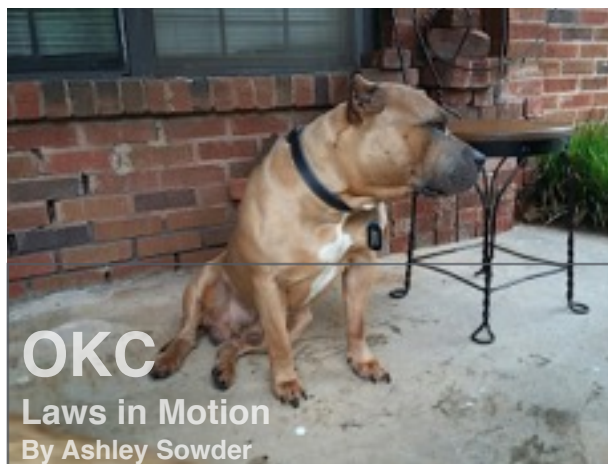
Our month began with the welcoming of new energy and students into our school branch! Kim Knapp began a first cycle class in which Danielle, Lance, Jane, and Nik came to receive the learning we have to give. These curious souls arrived with a drive to learn, just like their teacher. All have shown excitement for the resources that the School of Metaphysics offers. We share in our circle of love with these new students.

A new sense of security and creation is emerging with the Gratitude Garden. Randy and Alexandra have been creating space for students and the public to come and share in the beauty of the garden. New students have come to plant seeds and set intentions for their developing thoughts and ideas. I always appreciate when students create with joy and love, together. The creation welcomes loving light into our school branch!

Our physical experiences bring awareness to the thoughts we hold in mind, and this month we have been placing more attention on the prosperity that the school has. Lisa's class decided to create a class fundraiser. The fundraiser was a bake sale. Alexandra and myself went out a week before the baking and received two donations from local grocery stores. We were enjoying the experience so much; it was easy and fun to receive the value when we were appreciating what we have gained. Sometimes receiving donations can be challenging, however this experience was an affirmation of the shift in consciousness to receive our value.

On Wednesday, June 14<sup>th</sup>, Lisa, Randy, and Alexandra baked the cookies together. Each flavor cookie received a thought form during the preparation, "Peace, Love, and Gratitude." Lisa learned that when she is concentrated, more can be accomplished during a short period of time. This awareness relates to the current lesson that Alexandra was studying at the time. Madame Butterfly also learns the benefit of being concentrated when desiring to accomplish the task at hand. The more concentrated we are, the more minutes seem to be added to our day! The value of clear communication was apparent during this group consciousness learning.

We welcomed two new students into our school on Tuesday, June 20<sup>th</sup>! Margarita and Sylvia will be taught by the loving and disciplined Lisa. We look forward to the growth and change that each and every one of us can practice. When we practice, when we learn and teach, we can and will produce amazing things in our world!



Somewhere around mid-April, I added another family member to my household. He's a stocky pit-bull with a big personality, soft heart, and the worst breath you've ever encountered. I knew when his owner told me she had to get rid of him quickly that he was going to need that dental work, but I also knew that he could go somewhere he might not get the proper care--so I stepped in. I had already been putting off making an appointment when I started my 10 Most Wanted List. I positioned Apache's eventual visit somewhere mid-range and continued to avoid it, fearful of the out-of-pocket cost the appointment might incur.

After a little over a week, I was having a conversation with a representative that had brought lunch to our company, and he began telling me of the clinic his son worked at. I politely inquired about the practice. "He's a veterinarian." I grinned the widest smile. "Oh, that's great! I need a vet for this dog that I just adopted!" I received his son's information, tucked it away in my wallet, then didn't call. Two weeks after being referred to the son of someone I worked closely with, I got another referral to a vet--to the same vet. The customer that I spent three of my Saturdays assisting in our store loved his dogs and talked mostly about them instead of business. So when I told him about the teeth on my poor boy he offered up the name of the man his dogs had been seeing for years. I thought it so strange to be given this doctor's name again. I'd been given my sign twice, it was time to take action. Yet, another week and a half goes by and I still haven't made a doggy dental appointment.

A week ago Monday, I answered an unknown call, made by the vet. He received a letter in the mail about a dog that needed some attention and a young lady that was concerned about finding a clinic she could afford. The letter included my business card, and \$80 cash to pay for our first consultation. I found myself in tears of gratitude and joy. It took barely a month after I put Apache on my 10 Most Wanted for the Law of Prosperity and Abundance to respond. I couldn't be more grateful for the gentleman that was willing to share with us, thankful he did go out of his way to fulfill my need and show me, in action, the Law of Believing and Knowing.



## OKC

### More than Burgers and Hot Dogs at OKC Meta-Q

By: Ryan Jones

The Oklahoma City branch recently hosted a BBQ or “Meta-Q” for both the students and friends of the school. Quickly organized the event proved to be a great success with students, family and friends attending. It was a feast of hamburgers, hot dogs, tacos, cactus salad and more! Everyone rallied and brought food and fun. Overall it was a great way to welcome summer. As a new first cycle student with only a few months under my belt, events such as these are still a new experience. Feelings of apprehension, anxiety and in some cases even dread are the norm for me as any type of social event nears. However, this time I found myself looking forward to it. Meeting new people and spending time with newfound friends was appealing. I never once thought of not attending. What changed? Have I experienced one of the “shifts” I so frequently hear about yet don’t truly comprehend? Perhaps not, but since joining the school I have noticed subtle changes, most notably the ability and desire to operate outside of my comfort zone. Attending the Meta-Q was good; helping prepare the guacamole (which I ate, a testament to change if there ever was one) was better; actually enjoying the experience was best.

As a new student challenges are just around the corner. A new book, a new exercise, another day staring at that candle, all brings growth and maybe not in ways we understand. I spent a lot of time recently wondering if I was making any progress. I felt I was more frustrated than anything as the weeks went by. I read the lessons, did the exercises but failed to have

I wasn’t having any intuitive moments, meditation seemed to get harder instead of easier, even remembering my dreams was proving difficult. I felt like I was simply checking the box but gaining nothing. What was I doing wrong? Maybe I just wasn’t cut out for this? Yet, I wasn’t seeing what was right in front of me. Calling someone just as they were going to call me was an intuitive moment I failed to see.

Working in the kitchen, helping prep for the Meta-Q while people buzzed in and out was something I would have avoided at all costs just a few months before. Changes were happening, progress was being made. As my teacher told me be grateful for small milestones. The BBQ was a big success for our school and for me.



## INDIANAPOLIS

### Student Transformations

by Ken + Kerry

Planning lectures on student transformation at the School of Metaphysics is in the consciousness of our students here at the Indianapolis Branch. We are planning a public lecture on what transformation is, how people cause it, and the benefits they can reap from it for the rest of their life.

Bonnie a student on lesson #25, has had many daily circumstances in her learning how to release those past experiences from dominating her choices in the present moment. She gives three different examples that illustrate to the audience why operating out of past attachments makes for poor decisions and similar results.

Indy continued...

Mickey is also a student on lesson 25. She has gained many understandings that have changed her, transforming the way she approaches relationships. The most significant change is her gaining more confidence in who she is, understanding her own authority in setting self-parameters for what she stands for and what she believes in. As an example, she learned her desire to give can too often enable others to stay the same and not grow. She gives three examples to the public about how she now experiences true giving, is compassionate and is a positive influence.

Ken is a student on Lesson 26. He has been dealing with a spinal nerve dysfunction for 20 years. His transformation is awakening him to realize he has been responsible for drawing this pain to his attention. He is sharing examples of how the pain hinders his daily forward progress. He says he would rather go to self blame, but is now willfully directing his mind to intentionally cause forward progress in using  $G + P + A = S$ .

These are examples that are real life illustrations that the audience can relate and feel connected to. As we practice our presenting together, we are anticipating and visualizing large enthusiastic audiences stimulated with curiosity in our classes.

## KANSAS CITY

### “Over The Next Horizon...”

by L.K. Norman

I had been exposed to higher thinking for about 3 years through Unity Church and I wanted to “go deeper” as the saying goes. I’ve found that by attending The School of Metaphysics – although for only 4 lessons so far – I am experiencing Metaphysics rather than just learning about it.

The most fascinating part so far is dream interpretation. By taking the suggested steps each night before sleeping I am remembering one to two dreams each night and I am learning to interpret my dreams with the *Dreamer’s Dictionary*. In my latest dream, I realized that I was supported by my subconscious mind in my inner urging for knowledge and I have a desire to make this a better world. I am starting to feel present to my conscious, subconscious and Superconscious minds working together. This is truly exciting!

Since attending the School of Metaphysics I also find that I am more of an empath. Recently I had to represent a bank in court as a Real Estate Agent. Upon entering the courthouse, I got a headache that did not quit until I left the building. I did not resonate with the business being conducted there – I felt only love and compassion as I sensed so many people there felt that life was hard and had little hope of anything better. Overall, I feel more love and compassion for my fellow man.

Where I once felt stifled I now feel my creativity and inner knowing being unleashed. I am finding a new level of concentration and I work with purpose. I am alive and present to my life and the people around me. I now know I do not have to see the entire path ahead of me on my journey, only the next step. Whatever it is, I know it’s going to be beautiful. The School of Metaphysics is truly deepening my understanding of my own true Spirit in this physical plane and for that I am truly thankful...





**MAPLEWOOD****Healing With Dr. Barbara****By Cyndy Donato and Linda Pecaut**

We are all still reverberating from the profound experiences in Maplewood during a special healing weekend we created with Dr. Barbara. Everything matched our ideal: “Provide all that we touch the opportunity to step into the power of healing.” Our purpose for the weekend was: “Build cohesion within the school and strengthen our foundation.” Everyone we touched stepped in to the power of healing!

On Sunday afternoon, Dr. Barbara taught about the Emotional Doorways of the Stargate where she demonstrated the ability to move towards neutrality (Humility) in situations in order to move through the emotion(s) that arise to objectively gain the learning.

She then led a discussion with Cycle Two teachers and potential teachers about starting new classes. Her suggestions included looking in different places for new students – places where we can offer something they need. In businesses, for example, who want their employees to concentrate on the task before them; or in community colleges where there psychology and other students interested in dreams. It helped us to realize we tend go to the same events and reach out to the same groups which don’t always produce the results we desire. She also shared some of the early history of the School of Metaphysics to help us all to get a clear image of why we do what we do.

Dr. Barbara shared her insights into the love and compassion of Kuan Yin on Sunday evening as we delved into the verses we received as the universals touched us all. Eleven students participated in Healing Service creating an extremely powerful healing field. We also hosted the Healing Webinar afterwards where we shared our experiences with other schools to encourage them to create similar experiences with their students and their communities.



**Kuan Yin #48 - Soaring** - A single thought can mobilize the will in adulthood. One thought leads to another within self and within many. A whole thought extends through eternity. Echoing in space far beyond what you will ever know. Symbol is dragon cloud.

How profound and in support of the Ideal...each one touched, changed, and the ripple of impact to those who are in our field. The passage gives us the promise of having a perfect thought, like our Creator. The ability to create worlds and expansion beyond our own minds!



# HOW INTUITIVE ARE YOU?

## 10 I consider myself a forgiving person.

To be free is to stay in motion. This means staying fluid, not get mired by taking sides. For this to happen, the Conscious Mind must make peace with its limited nature. Sometimes this puts you in opposition with yourself or with people in your environment. So how do you get along with others while sustaining your internal integrity?

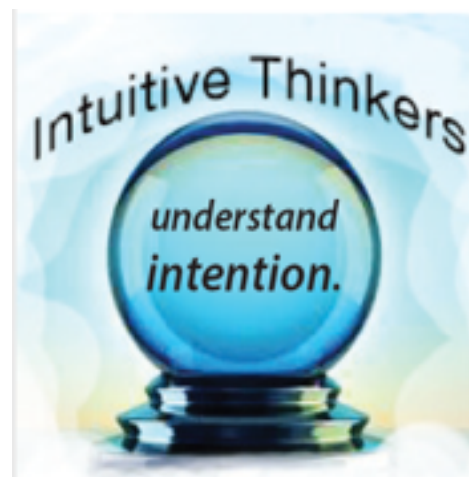
It helps to realize that Subconscious Mind only stores understood experiences. These understandings are a wellspring of personal integrity flowing outward in a stream of consciousness we call intuition. Most of us experience this flow in relationships with others as we grow through six timeless virtues comprising our capacity for love and compassion. Forgiving is one of these.

The greatest expression of forgiving is experienced within. The Dream Consciousness Circuit© is an internal embrace with the soul's mate. The circuit begins with awareness of receiving a dream upon awakening in the morning. Interpreting the dream is like opening the day's mail and allowing its contents to affect the accomplishments in your day.

Before retiring for the night, reflecting upon the day's journey invites wisdom to come again. Although hard wired into the soul code, you must plug into the truer reality it affords.

This internal giving and receiving is the living example of conscious cocreation characteristic of Intuitive Thinkers. When they do not remember a dream, they keep dreaming! That's intention. •

—from the ebook... **HOW INTUITIVE ARE YOU?** by Dr. Barbara O'Guinn Condon ... look for it @ [www.som.org](http://www.som.org)



To be 'free... is to be without Limitations

# The New Maitreya

by Dr. Barbara O'Guinn  
Condon



This summer I have the privilege of sitting with those who counsel. Some are in infancy, just beginning their focus on PSI Counseling. Some are in adolescence of lay ministry. Some are in adulthood, offering counsel to others. The distance is measured in the time of practice, in this life and in all others. It is a rich gathering that makes metaphysics come alive! Counseling, like teaching, brings heaven to earth.

The focus of this particular course in the art and science of practical metaphysics is always the ten essential life skills.

Walter Hrycaj wrote

I just recently had a health analysis that explained that I am experiencing loneliness. How Divine! Basically, what I am needing to provide for myself is sincerity in my daily practice with meditation. I have a strong desire to connect continuously with the creator and my Higher Self. Then I wouldn't experience the loneliness as a need for something outside of myself. There will be the deepening of the connectedness not only with the Self, but also with others. On an Uber ride, one woman from Mexico stated that the one thing she noticed most with people living in the U.S. was how lonely we are!

This brings me to the Circle of Love and my own experience with it. I resisted it at the beginning because of the fear of connecting, however the desire to love and connect was stronger. As I continued to practice the Circle of Love each class, it got easier and easier to release the fear and to genuinely begin to experience the love. I prided myself on being alone, however the connectedness of the Circle of Love helped transcend this identity. I began to experience love for all souls and I also began to want deeper connections with others. As of today I feel much more authentically loving.

*My Response:*

In what you write is the essence of what we call love. Far beyond the first conscious mind awakenings through the emotions, love streams from Light, radiating all. It has always seemed to me to be why we pair Light and Love in early SOM study. They are indeed separate and together, gradations of the same whole, just as the levels of consciousness are separate while part of a greater whole. This is the holographic universe in quantum physics. In the world of spirituality, it is cosmic consciousness.

Your notation of the Mexican traveler is well noted. The objective frame of mind always reveals the source, the perceiver. I remember profoundly being lifted out of my conditioning as a citizen of the United States when my body (and mind of course!) was in Australia, half a world away. What is that line of thinking that humans take for granted? That the world is divided into countries by imaginary lines?

When I was young I was perplexed by "the Iron Curtain". Was there really an iron curtain dividing Europe in two? My childhood imagination wondered. As an adolescent, what really fascinated me was the Berlin Wall. Why would a country build a wall around half of a city to keep its citizens from escaping to freedom **inside** that wall? Perplexing! How did men determine these things? I wanted to know in my youth.



**MAITREYA** cont. from

Twenty years later, while driving alone from Missouri to Colorado, it all came back to me - this imagined separation - when my car in a flash moved from Kansas to Colorado. How was I to know that's what happened? That I had moved from one state to another? Ah! there was a *sign* that told me this was so. Otherwise I might have missed it all!

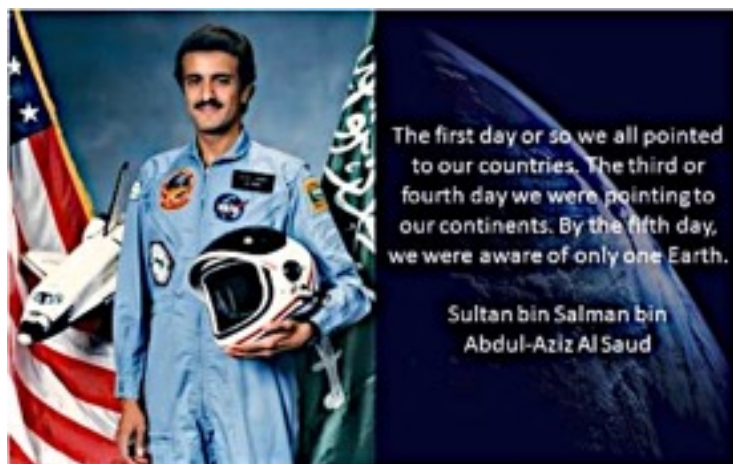
I realized anew the value of separation is recognizing how time and space interact in consciousness. How they flow from one to another. The ease, the need to separate, identify, and admit - the inner power of reason - for Self Respect to be born and thrive. The key to the process is in what you write.

**You write:**

***"I prided myself on being alone, however the connectedness of the Circle of Love helped transcend this identity. I began to experience love for all souls and I also began to want deeper connections with others."***

In Australia I transcended the very conditioned identity of being an American. Socrates' thought returned to me as I flew like a bird, suspended in air for 15 hours, over a real land boundary forged by what we call the Pacific Ocean. Socrates said, *"I am neither Athenian nor Greek, I am a citizen of the world."* This lingered in my brain for days as my own.

"I am not an American, I am a citizen of the world" moved from a polarity of sacrilege and ingratitude to a transcendence of being inclusive of All. The thought became suddenly very real, very physical when I opened my mind to actually living in another country, perhaps applying for citizenship there. In my mind, I could become an immigrant to every country. A global citizen resonant with His Holiness the Dalai Lama. In my years of study with him, I came to realize profoundly that China's military takeover of Tibet exiled its leader opening the door for Tenzin Gyatso to become a living example of a "citizen of the world".



I wanted that consciousness for years; to know what that is like; - the identity of being a citizen of the world, not bound by imaginary boundaries... in my consciousness. Perhaps, it was space travelers who helped me connect a simple SOM practice with the concept. The following quote found its way into my mind between the 1993 Parliament and the dedication of the Peace Dome ten years later.

*"The first day or so, we all pointed to our countries. The third or fourth day we were pointing to our continents. By the fifth day, we were all aware of only one Earth."* –Sultan Salman Abdelaziz Al-Saud

This simple description reverberated within me the first time I read it. Why? Because in my experience of attending and often leading Circles of Love all these years, the longterm impact of the practice of expanding one's consciousness around the world and through outer space produces the same effect – transcendence. The student comes to know why light and love pervade the Universe inside and out. What a profound experience - our Circle of Love!

## Twin Verses from *The Taraka Yoga of Kuan Yin*

### √25 Objectivity

Latin *objectum* “thing presented to the mind”

How do you know what belongs on your 10 Most Wanted List? How do you determine the order of what’s most important to you? Why do some of your items manifest while others don’t? Answering questions like these - the how and why’s - make of you a deep thinker.

How can this be?

Visualization is the capacity to make soul progression REAL. In learning the steps of visualization, the student becomes acquainted with the subtleties of thought form projection. The student learns she or he is THE THINKER of the thoughts, not the thoughts. The inner ability to create an object from a desire is the testimony

Objectivity  
25

### √26 Illusion

from Latin *illudere* ‘to mock,’ from in- ‘against’ + *ludere* ‘play.’

Have you ever looked outside your window to a brilliant morning, and believing it warm, walked out of your house without a jacket, only to discover what looked like warm. Illusion is a thing that is or is likely to be wrongly perceived or interpreted by the senses. It is a “trick of the light”. A hallucination or figment of the imagination.

Verse 26 reminds us to be humble in our use of creative power, to honor its Source. Visualization is a skill in the hands of a responsible Thinker. Responsible to what? The I Am symbolized around the world as “the Lord”. The Lord of creation reveals any False Evidence Appearing Real. As you think, you are!

26  
Illusion

Hearsay in the devoted, travels both ways, respectfully.  
Drink answers where the well springs at dawn and at dusk.  
In moments when your Spirit flatters, flesh weakens.  
Should Spirit triumph or falter, flesh restore or decline.

embassy of heaven



## What does it mean to be a Healing Presence? ....

A Healer's Portrait requests the outstanding pattern of understanding significant to a person's present capacity for healing and wholeness.

*This would be described as humility. The ability for self to recognize itself in truth is the capacity for humbleness and the ability for this one to experience humility is contingent upon where this one is directing the attention. When this one allows the attention to be caught up in the projection of thought onto other people or things, this one ceases to own the thinking, this one has disavowed the point of origin, the source and when this occurs then there is interference with the healing quality. The quality itself is the capacity to sustain connection with the source at all times, and we see that this one's ability for this is strong in the inner self. The outer mind has not been trained to acknowledge this, so the experience of it is haphazard and it comes and goes. ...*



**Can a Healing Presence be taught and learned? ...**

**...at SOM, the answer is all ways, Yes!**

When asked how this person's consciousness could be more connected through this his healing influence, this was the response:

*This one will need to learn how to draw the attention inward at will. It is of necessity in order to progress with this, that there be conscious responsibility received and responded to, initiative in the conscious mind for there to be a turning of the attention inward, rather than allowing the attention to remain directed toward objectivism. The capacity for this one to internalize the attention, to allow consciousness to fall back upon itself, and for there to be then the illumination that comes from the recognition of existence in the inner levels of consciousness and the ultimately, the connection with the source is a process by which this one can cultivate this through daily prayer and meditation, through concentration and through developing visualization.*

## Nurturing the HEALING PRESENCE L5 & 5A

**Curators**  
Dr. Barbara O'Guinn Condron  
Dr. Karen Mosby  
Walter Hyrcaj  
Mari Hamersley

a SOM VIRTUAL CLASSROOM  
1st broadcast July 2, 2017  
available to students now online



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From Dreamschool.org / School of Metaphysics

## Dream Catchers Webinars Unfolding your Genius Weekly



Each Wednesday evening at 6:30pm CDT. there is an evolution occurring. It's intended influence is enhancing your and our relationships within Communities. Webinars on dream interpretation and their life changing applications are creating a stronger interest in people causing their Self-Growth.

The goal of each webinar is to provide ***'learning how to learn' experiences.*** For 60 minutes you will receive and reflect on dream meanings to practice new opportunities in releasing your own habitual thoughts and attitudes. Larry Hudson and Kerry Keller are hosting various inspiring guests each week as well as cameo appearances with aspiring Psi Counselors, Doctors and Area Directors. You will experience their sharing the best inner mind perspectives available.

During the June 28th. public webinar our guest Aneta Baranek, currently a Psi. Counseling student in the 3rd cycle of lessons, shared very eye-opening perspectives around the subject of ***expanding personal awareness.*** We shared insights on what awareness is? The significance it plays with the quality of life we lead. How dreams draw out awareness consciously and who you can become by expanding your awareness? Aneta shared personal stories that applied to each of us, showing everyone how universal the language of mind is and how universally connected we are.

On Wednesday July 5th. our next public webinar guest was Walter Hrycaj. Walter is a Psi. Counselor in training and is currently in the 4th cycle of lessons. He led us in our focus on the influence of emotions in dreams. Walter was very definitive in illustrating how emotions define the attitudes and reactions our dreams illustrate in our previous days activities. He was very specific in defining the emotions that influence relationships, sex, and ego (small self) identities productively or not.

Wednesday, July 12th, found Dr. Pam Blosser as our guest. This webinar was for SOM students. The focus of learning re-acquainted students with the value of introducing the Universal Language on the 1st night of class. Her brilliance in wisdom shared understandings of our universal existence and the universal relationships we have with mind. Our first night of class and introduction to dreams has a purpose; To begin to reacquaint people with the freedom from being separate, alone, aggressive, and individuality... to the universality of our true existence... connectedness!

We want you to be in the know, benefit from, and share these webinars with your friends. Two Wednesdays a month will cater to the public interest in dreams. This is a golden opportunity for branches to engage with, partner with local groups, University courses and clubs, Spiritualist centers, Churches, Children's groups, Coffee Shops, other public venues, etc. We would like to grow these webinars to interact with public participation as an event in an off-location or at your branch. We would also encourage you to get involved with your local media to promote these webinars with media as well to set up interviews or cameo's on (TV & Radio) or web radio.





# Dream Webinars /August - September

will give you notice to invite your friends and share with those you meet.

DATE	AUDIENCE	GUEST	TOPICS
July 19	teachers Webinar	Dr. Karen Mosley	Holy Works
July 26,	Public Webinar	Linda Picaut	tba
August 2nd	Public Webinar	Mavis Curry	tba
August 9th	Student Webinar	Dr. Laurel Clark	tba
August 16th	Teachers Webinar	Dr. Christine Spretnjak	tba
August 23	Public Webinar	Silvia Galvan	tba
August 30	Public Children's Web	Dr. Sheila Benjamin	Children Dreams
September 6	Public Webnar	Mari Hamersley	tba
September 13	Student Webinar	Dr. Tad Messenger	tba
September 20	Teachers Webinar	Dr. Christine Spretnjak	tba
September 27	public Webinar	Doug Bannnister	tba

All links for each week will be sent out  
on the Previous Monday by email to each branch

All links for public webinars will be listed on [dreamschool.org](http://dreamschool.org)

## How The Universal Peace Covenant Changed my Life

By Charlotte Crabaugh

My search for ‘people who think peacefully’ began back in the 1960’s while I was a university student. There was a very unpopular war going on, and young men lived in fear of the draft. When we began questioning the reason for the war and how we came to be in it we were then drawn to even greater questions about life. I became one of those who seemed to know instinctively that “every question has an answer; every issue a resolution”; war is not necessary. The iconic image of the young woman placing a flower in the barrel of the soldier’s gun could have been me or one of my friends. As I traveled through life’s experiences I was always alert for those who believe that “peace is an idea whose time has come”.

On New Year’s Eve in 2010 I found myself with a group of people at an event in the Unity Church in Springfield, Missouri called ‘The Universal Hour of Peace’. It is significant to me that my daughter, who was visiting me for the holidays from her college in Oberlin, Ohio was there with me that evening. There, for the very first time I read and heard the words of The Universal Peace Covenant. As I received its message I was deeply moved; tears came to my eyes. I realized, these words were composed by students and teachers of the School of Metaphysics and I thought, ‘these are my people’. I had hoped for many years that there was a community of people who believe that “World peace begins within ourselves” and that I could find them.

Here was a blueprint for peace in our time, beginning with each individual. It acknowledged the need for the desire for peace, for the heart of each ‘citizen of the earth’ to be committed to attaining it in our time. It described the state of mind in which peace can grow.

I felt more hopeful and inspired than I had in a long time. I had heard about the School of Metaphysics from several of my friends who had been to a few lessons there; so I had been curious about it. Now I had a real reason to go and to meet the amazing people who had produced this clear, precise call to living and thinking peacefully.

Less than two months later I entered the School of Metaphysics as a student. I have learned that the first and most important means of bringing peace into the world is to be at peace with myself. Almost immediately I became a part of The Invitation, the play about peace and peacemakers that the School of Metaphysics has brought to many cities, and which incorporates The Peace Covenant throughout. I participated first as a singer, and more recently as Mother Teresa. Later as a College student I was committed to coming to the Peace Dome each morning at 5:45, before morning root race class and reading the Peace Covenant with my classmates. I was always grateful for that elevated beginning to our days. I believe those words inspired us to ‘live peaceably by thinking peacefully’, much more than we might have been consciously aware of.

Now I am back at the College as a ‘Restorer’, maintaining and holding a space for the next class; someone recently pegged me as ‘oil in the machinery’. In this interim time Dr. Pam and I come to the Peace Dome every morning at 8:00 and recite the Peace Covenant. It has become an important ritual for us, keeping the beat going, sending out peace to the world. We both have the words memorized and sometimes I listen to us and appreciate the beauty of our voices together.

I am grateful to the persons who gave their time and love to give voice to these truths about peace. For me it expresses the essence of what it means to be a part of something bigger than myself. Peace is truly ‘the breath of our spirit’.





# Wisdom from the Oracle

Excerpt from the commentary on the evolutionary locus  
for the School of Metaphysics from the Superconscious Oracle  
given on **January 8, 2005**

*We see that it is in the drawing together that is occurring that there is the capacity for light to be created.*



*We see that it is not one light, it is many. We see that it is not many lights but it is all, and we see that in this there is an enlightening of the planetoid that is focused upon, and we see that it is creating a vibratory pattern which does cause there to emanate from this place, a kind of vibration that has never been seen*

*before. We see that it then connects the systems within the galaxies to such a way that there is the capacity for enlightening within space itself. And we see this is the beginning of the energetic being, this is the beginning of the recognition of wholeness and the recognition beyond space and time as it is known within the present universe.*



Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your *Vibrations* Staff.

**Kerry Keller... #36 Trouble**

When disagreements flare, your comfort is questioned. You are not here for comfort, you are here to inherit the treasures of the earth and invest them in Heaven's bank.

**Dr. Sheila #93 Event Horizon**

Kundalin flows through channels in the field of your consciousness. Opening the crown is simple, a single thought can provide the spark. be patient, court the time when Superconscious awareness goes supernova. Neither-Either, yet both, rules in a multidimensional universe.

**Collective... #65 The Change**

Most live on what has been, draining Karmic reserves. Live today impartially, for all situations are neutral. Sublimate will in Divine grace to be whole. Th leave reaction behind, live beyond the web.

## School of Metaphysics Branch Locations

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