The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

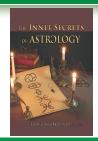
The activity of the School of Metaphysics is Teaching Teachers.

Vibrations



A Monthly Newsletter

Vol. 45, No. 08

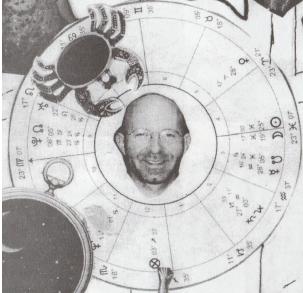


Check out Dr. Damian's inaugural workshop tour on "Your 12 Sacred Relationships" on pages 3-4!!!





The WINDOW to the WORLD design will be positioned within this opening in the rod iron railing.



look inside for the articles that go with these pictures.



Year of the Holy Spirit

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FROM THE BRANCHES

Bolingbrook Astrology Initiation!

by Teri Karl

The Bolingbrook Branch is honored to have presented "The Six Keys to Better Relationships" lecture and "Your 12 Sacred Relationships" workshop! We had a great turnout for the lecture and a wonderful workshop experience.

As the Dream A wareness Coordinator, I've had some experience with



helping lead an event, but this one stretched me even further! I've enjoyed getting more comfortable with contacting media and making phone calls. Giving people roles and making sure all loose ends were accounted for during the events was new for me.

We really came together as a school for this Astrology Weekend, harmonizing as friends and co-creators. We had great participation and we all know a little more about each other!

Dr. Damian did a fantastic job, and we loved participating in all of the activities as if we were those sun signs! I now find myself wondering about people's sun and moon signs, as I try to understand others and myself a bit better. We wish Dr. Damian well as he continues on his fabulous book tour! You birthed a beautiful baby, Dr. Damian! •

Chicago

Creation and Divine Friendship

by Emily Knox

Awareness and friendship is being spread throughout the community with the help of our monthly Spiritual Game night! Led by Jason LaRivere, game night is a productive and fun way to invite new faces into the school branch. This month, we welcomed and connected with people who were open to change and desired to delve deeper into their own understandings and intuition. The atmosphere of the Spiritual Game night nurtures healthy and honest expression of the Self. It is a night created to encourage the transformation of thought. This was a wonderful night to celebrate the first parts of summer and welcome new members to the spiritual community.

On June 7th, the students of the Chicago school branch moved energy within their hearts, minds, and physical experience! We infused the school with love while participating in Karma Yoga, in preparation to welcome Dr. Damien for the week. With many souls working together towards a common goal, transformation can be experienced! Our organized and beautified branch is the physical manifestation of the cleaning and organizing that the students are doing within their minds.

It was an honor to host Dr. Damian in his giving of "The Six Keys to Better Your Relationships" lecture and "Your 12 Sacred Relationships" workshop. The building of these events stimulated all students to give in

new ways in order to draw upon understandings of Self and to know the Self on a deeper level. Lots of effort was put forth in the process of creating these events leading up to Dr. Damian's lecture and workshop. It was a joy to have the president live in the school branch for a week. The way Dr. Damian gives love and experiences to all people, from all walks of life is so free and fulfilling. It encourages me to give more of my Real Self and express more than I have in the past. I know that many of the students have been stimulated to experience new ways of thinking and being based on the knowledge given by Dr. Damian.

With all the movement and momentum built from the lecture and workshop, we invited more love and light into the school with a new class on June 16th taught by Kim Knapp! I believe that the new students in the school remind current students the importance of infancy and curiosity. Something that I have found to be beneficial, and I plan to implement more and more, is to engage new students as soon as possible in order to maintain that curiosity and spark interests of knowing the Self.

Saturday June 27th, Mirka Majernikova's class is hosting a group fundraiser! The students, Lisa Kenny, Irene Munoz, Jason LaRivere, Jorge Vina, and Ari Zuniga will be offering home improvements to the houses and gardens in the community of Portage Park. As a gift, the students will be giving tokens of love in the form of homemade wind chimes to the people receiving the home improvements. This creation will bring not only the students together, but will involve and draw much of the neighborhood to the spiritual community. This act of creation and group consciousness will continue the perpetual motion towards building the Chicago school branch! We are looking forward to the new experiences that the desire to learn will bring. •

FROM THE BRANCHES

Palatine Summer Expansion

by Mike Duffy



As summer begins, and temperatures rise for the month of July, we reflect on the memories of the past month at SOM Palatine. Heat tends to provide an expansive quality. With hearts and consciousness magnified we begin to embrace the whole and become even more aware of our interconnectedness, purpose, and desires.

In June, the opportunity to connect our inner and outer relationships was provided with intimate workshops presented by the President of the School of Metaphysics, Dr. Damian Nordmann. With the release of his book *The Inner Secrets of Astrology*, Dr. Damian set out on a journey to communicate the messages written in his book. The workshop offered a great deal of information on astrology as well as how to apply this knowledge to the relationships in your life and have more appreciation for humanity.

Astrology is based on the premise that there is a relationship between astrological phenomena and events in the human world. *The Inner Secrets of Astrology* demonstrates this connection. The workshops imparted vast material on the zodiac signs and their highly underestimated value. I feel that if more become in touch with the understandings of the significance of these findings, they could lead more purposeful and healthier lives.

Sandy Leitner spoke highly of the workshop. She said that it was a wonderful connective experience. She very much appreciated the interactive exercises. One of them being assembling a 100-piece puzzle with several people. This exercise among other points showed the importance of building a foundation together, and how when we put our minds together, with like intention, goals can be accomplished swiftly and efficiently. Other exercises involved teaching another. For example, Sandy taught Davi Brown from Cincinnati some basics in sign language, and Davi taught Sandy a recipe to make healthy peanut butter cups. Jim Hegarty stated that he really liked the way that Dr. Damian integrated the karmic and dharmic qualities of each sun sign. Coming away from the workshop he felt he was able to perceive himself and others in a new light.

In the coming months Brian Kraichley will be teaching a ten-week course entitled Superconscious Healing. The course focuses on how healing and aligning yourself can bring continuity and happiness into your life as well as the lives of others. When you gain the ability to heal yourself, your attitudes, and your emotions, you also gain the ability to offer these amazing tools to others for the greater good. To bring greater harmony and alignment into one's life is to bring greater harmony and alignment into the consciousness of the whole. By helping yourself, you are able to help others.

Learning to become more in tune with your inner and outer self, as well as those around you, is extremely valuable. Values vary in degree from person to person. Bringing accord into one's existence is universally valuable and many benefit from tuning into the universal wavelength. Heat rises. Consciousness expands. Acceptance is key. We are all a miracle in the eternal constellation of creation. •

Columbia WE DESERVE TO RECEIVE MORE

by Brenton Harris

June has been an auspicious month for the Columbia branch—a tipping point that heralds incredible abundance that has only just begun to manifest! After a journey through Vibrations past, Danny Hallam (L13A) and I found the November 2010 issue where Dr. Daniel's "I deserve to receive more..." affirmations are printed. For weeks now, we've been saying it together as a school. It still has the same power it did five years ago when I first received it!

From new jobs to "random" prosperity, our students have begun to receive (more). What's more, our school is poised to double *again* in July (from 8 to 16 students). We've received benefactors and guest teachers (like Charlotte from HQ); our open meditations provide a hub for growing community on Sunday evenings; our A/C is FINALLY fixed, and for the first time since I've been here (October 2014), we began repaying our fairly substantial debt as a branch.

From my perspective as a director, much of this has come through strengthening two things: gratitude and vision. I've kept my attention on the gratitude I feel for the incredible students we have in our branch, and each of them consistently voices the gratitude they have for their school and for each other. All of us also share a vision of growth, prosperity, and community. As all of this has continued to unfold, another profound realization struck me this month: this feels like a School of Metaphysics branch! Students audit classes, people transcribe

every week, there's a constant flow of new people in our community gatherings due to invitations extended in the community, and a desire to serve and connect is present everywhere.

Humility is an incredible power, and Columbia has been a blessing in this regard. A new coat of paint will soon grace our building, as well as other improvements soon to come. I'm left with a profound sense of wonder as I watch our momentum continue to unfold. "I wonder when I will receive...?"•

Maplewood Creating Sacred Space

by Nichole Turner

There are many ways that we here in Maplewood work together to create sacred space. This month, we hosted a Creation Day and a Q & A with Dr. Laurel. Our Creation Day took place on May 24, 2015. We came together on this day as a whole to pour love into our school center. It was a time to share our talents and learn new ones. The purpose of this project was to allow the students the opportunity to align with the Laws of Prosperity and Abundance by giving freely and fully of themselves and expanding as individuals, as well as, bringing in a new, refreshing feeling of love, peace, and harmony within our school.

When I walked in I could feel love as I delivered snacks out to both student and teacher volunteers. I saw the joy and eagerness on everyone's faces while working in harmony and giving fully of themselves to do the needed tasks within the school.

There were three projects to be completed: painting, gardening and restoration Joe Pecaut, student, directed the painting of our third floor office. The space is now an energetic yellow which brightens and makes the space feel more expansive. Adam Stoker (Lesson 15) coordinated an outside landscaping and garden project enhancing the entrance into our building while using plants from the back of our building. He also directed the preparation for our soon-to-be vegetable garden bed in which we will be planting in the back portion of the school. Landon Tansil (Lesson 15) led the fixing of the shower pipe that had burst due to cold weather earlier this year. There was much student and teacher participation in foreseeing these projects to completion.

According to Candice Budzinski, (Lesson 15) Creation Day, in her opinion, was a day of our school coming together as a whole

to create the ideal space that we all consider our second home. When she arrived she made her way into the kitchen to drop off some food for everyone that so graciously gave of their time that day and she saw Linda Blackburn working diligently to make sure all the food was prepped and set out for all volunteers to enjoy. She observed how the application of disciplined minds in action as everyone worked to achieve a common goal. For the short time that she was there, she saw everyone coming together as a whole to create our sacred space! It had a comfy family-like energy and made her feel proud of our unique group of individuals that we have all come to know as our spiritual family. Candice further stated, "Maplewood SOM is rare and very special and she's incredibly grateful to be a part of it all."

Joe and Linda Pecaut, teachers, stated that many were in attendance ready to participate in the projects that we set forth as goals to complete. Others that weren't able to spend time at school that day contributed by bringing food for the volunteers to eat and some even came to watch children, "future" SOM students, so the parents could work in the yard and help with the gardening. Joe and Linda explained, "We wrapped up the wonderful day beautifully with a potluck because we LOVE to eat at Maplewood." Creation Day was a super awesome success!!

Overall, there were many chores that needed to be completed. Not all of the jobs were fun and exciting, however, they were necessary. We can apply this to our everyday lives when we have to do those necessary tasks that are not exactly fun and exciting to complete. Choosing to do these mundane things creates space in our minds to receive from subconscious mind our greater purpose and desires that make our daily lives more meaningful and fulfilling.

We had another wonderful opportunity of creating sacred space of even higher learning on May 31, 2015 when Dr. Laurel joined us for a Q and A session. During this session, students were given the opportunity to ask her questions about their study, the application of Metaphysics in their lives, and about their future with the School of Metaphysics. Ten students contributed to this event by sharing knowledge (treats and eat) and their presence. Through this experience Cassie Ambuehl (second cycle student) explained her learning of the importance of students having contact with those who are in the stage of wisdom and fully understand how the school harmonizes with Universal Laws to accelerate the evolution of humanity. Cassie also explained how she now has a greater understanding of her

future in the school and she can visualize her goals with the School of Metaphysics in more detail. Maplewood would like to thank Dr. Laurel for giving freely of her light and wisdom.•

Urbana

by Scott Hilburn

We have had an eventful month. We were honored to host an in person set of Intuitive Reports by Tad Messenger from the College



F R O M T H E B R A N C H E S

and Dr. Pam Blosser. After attending the Intuitive Report Coordinators meetings at the College of Metaphysics June 3rd weekend, I got really inspired to spread the word about Intuitive Reports. We had previously scheduled a set for the week following 3rd weekend. My attention was on the value of the reports and what they offer. I really wanted the school branch filled with people to observe the session of PLP's so they could learn about them, receive something they need, and even be inspired to get a report, attend classes, participate at a Spiritual Focus Session, etc. The possibilities are infinite. We had the school filled with people, many from the public. We still have much room to expand so we will continue to build the next session we host in August.

On June 28th we hosted an Ascension Party aka going away party for Dr. Pam Blosser who is in the process of moving to the College of Metaphysics campus in Windyville, Missouri. She has given so much to the school and had been in Urbana for 7 years now. She is ready for her next movement which is writing books, short courses, and working with the Intuitive Reports Transcriptions at the College. We had a decent turn out for the ascension party and an abundance of food. We all signed a card and shared our thoughts and gratitude for



Dr. Pam. She was surprised when the Urbana students came out clapping and chanting with a party hat for her to wear as she was gifted the card; lots of fun and connection.

Immediately following the party during the Spiritual Gathering we launched our Superconscious Healing course in unison with all branches. We had a great turn out of about 8 people. Everyone seemed to enjoy it and gain from it.

We had a neat experience with the lights and electricity here in Urbana. About a month ago the power started flickering occasionally in about 75 percent of our building and consistently increased, so we called an electrician, who directed us to call our electric company. The electric company came out and checked all the outside wires and said everything is fine on the over head wires. They suggested it might be the breaker box. We were referred to a local electrician who

said he would come out and check out the stipulation to give us a free estimate. We scheduled with him for a few days later, and he did not show up or contact us. We contacted him a few days later and rescheduled for a few days later and the same thing happened, no call no show. So then we called other electricians, and they were going to charge us 88 an hour to check out the situation and fix it. We were pretty committed to the vision of receiving the estimate for free as we are a 501c3 with volunteers. I remembered that a month ago our Neighbor Jon helped us build our bathroom wall made a comment that his brother was a certified electrician. I called him and the number didn't work. At this point I was about to pull out the phone book and call every single electrician in town. Then I had the memory that he said he had a Facebook page for his business. I searched Facebook and found his page. There he had his phone listed for his services. I called the number (which was different than the previous one) and he answered. I told him what was going on and asked if his bother was local. He said I am actually standing next to my brother right now. We will be there in two hours. In about an hour and a half we got a loud knock on the door and were greeted. Jon's brother Daryl took a look at it, pulled a few things out and put them back in and we had working electricity in about 10 minutes; it was just a loose wire. This could have been a big deal and we could have freaked out, however we stayed calm and responded to the situation. Also we stayed true to our goal and need of having the electricity fixed for free. We were extremely grateful and expressed our gratitude to our friends of the school.

Jesse Long on lesson 13a in the eldest class at the Urbana branch is really stepping it up. She has been doing 100 percent of her exercises and making many productive shifts in consciousness and choices to improve her daily life. She has officially become a part of the Sacred Space lab position and is really eager to learn, grow, while improving the school building. Teddy who is also in the class on lesson 13a is stepping it up as well. He is officially the SIR Coordinator for Urbana.

We are beginning a Leadership meeting and are eager to build our branch to a whole functioning school. We are sharing our vision of the school and continually expanding and getting more clear. We are ready to take our next steps as leaders and to do whatever it takes. •

FROM THE RRANCHES

Des MoinesFair Gains Multiplied

by Cathy Simpson

For the last 26 years, lowa has been host to an increasingly popular metaphysics fair. Originally titled the Psychic Fair, it is now known as the lowa Metaphysical Fair and draws vendors and attendees from around the country. The fair runs both Saturday and Sunday, is very interactive and includes two stage areas for scheduled group presentations.

At the time of the lowa Metaphysical Fair, our class was working on Lessons 6 and 7 and was assigned to read "The Law of Attraction" by Dr. Laurel Clark. Our

Director, Mavis Curry, had also put the challenge out to each of us to practice this Law while attending and/or helping with the booth at the fair. The challenge consisted of keeping a listing of individuals met at the fair that represented qualities of self. Say no more! I can't resist a challenge and was excited to try to win the prize of Dr. Clark's other book "Intuitive Dreaming."

Staff and students worked on our shared ideal of connecting and communicating with the community and decided we would offer free dream interpretations at our booth along with a raffle to win their choice of one of three books - the Dreamer's Dictionary, Intuitive Dreaming, and The Bible Interpreted in Dream Symbols. Our table would be welcoming with our banner and info about SOM and upcoming classes and seminars, along with a sampling of books offered for sale. Jesse Kern would also deliver two presentations at the fair stages on Interpreting Dreams and attendees would receive a dream journal and invitations to the upcoming Intuitive Healing with Dr. Terry Martin and the new Dream Short Course. We thought we would each wear a button about dreaming and those not working the booth would walk around and take an opportunity to hand out a flyer about free dream interpretations & our booth number.

Preparation got underway with our director, Mavis Curry, reaching out to every group and media avenue she could think of, Jesse Kern working on the presentation, Mari Hamersley sorting out logistics of table setup and transporting, and all students putting thought to their personal ideal and purpose for assisting and attending the fair.

I was given the opportunity to stretch my creative muscles by designing the buttons and flyers and after signing up to be at the fair all day Saturday and part of Sunday, I set my ideal to be open, welcoming, and helpful by listening with focused attention and speaking from the heart in interactions. My purpose was to become more comfortable with interpreting dreams and sharing experience and info with those wanting to know more about the school. This was Wednesday, the buttons and flyers were done and I was excited.



Then Thursday and Friday happened. Family can be SO helpful when you need to trigger healing and it was no surprise when, through gatherings on both evenings, old programs that needed work started stirring. By late Friday, I recognized I wasn't in any frame of mind to fulfill my ideal at the Fair, or even want to, and started up another old program of thinking of excuses not to Then, (thank you SOM go. training) I realized that I have choices on where to place my I can't begin to attention. describe how big this was for me. With a bit of work, I was able to reset my thinking and set an intention for Saturday,

reinforcing it with my exercises and meditation the next morning.

Mavis and several of the students worked late Friday to get the table set up and ready for the fair. Temperatures were hot and steamy and expected to be in the 90s thru the weekend. I arrived within the first hour of the fair and found parking being directed to outer lots with a trek of 3 football field lengths to the door. Once inside, I searched the roster so I could find the SOM booth number and turned to a helper at the door for assistance. As we looked through the vendor list she wanted to know more about the school and I shared a bit and invited her to stop by the booth to talk about her dreams. My first interaction!

The whole weekend turned out to be magical in many ways. Each of us had one or more experiences that more than fulfilled our ideal and purpose. I became much more comfortable talking about dreams and at times felt like a magnet for people, noticing that sometimes all it took was looking them in the eve and smiling. We all had so many wonderful interchanges and found so many amazing qualities in people. There was a palpable energy and sense of love throughout the building and we agreed that our collective ideal and purpose had also been achieved. The number of people coming to the booth exceeded all our expectations and a few times we even had people making appointments to come back to talk dreams.

This was an opportunity to work with a shared ideal and it increased the dynamics and increased the attractiveness of the schools presence. Overall we made over 200 connections in the community, had 4 people sign

up for the classes at the fair, and have welcomed numerous individuals to our open house and learning events.

Out of all the truly amazing interactions at the fair, though, there is one that will forever stay with me - the woman who helped me at the front door and the first person I spoke with about SOM. She came by our booth late Saturday to talk with me about her dream and I asked Mari Hamersley for additional assistance. The dream message turned out to be quite reaffirming for this person and she shared, through tears, some very difficult circumstances going on in her life. We hugged as she left and Mari and I were so glad to have helped. Then, on Sunday, while Mari and I were eating lunch we stood at the back of a very packed presentation by the medium Robert Baca. During the presentation he started talking with a family about some devastating losses/traumas. The message he delivered to the sister of the deceased caught my attention and I craned my neck to see that the person he was speaking to was the woman from the front door. I turned to Mari and we both realized that he had delivered the same encouraging message to her that she had received in her dream!

Drew Locasha and I both won the Law of Attraction challenge, each receiving an Intuitive Dreaming book. Even without winning the book, I know I've received much more from the experience of the fair than I could have ever imagined. I am so grateful to be on this soul's journey and know there's been much more gained than ever expected – both in committing to the School of Metaphysics and in going to the lowa Metaphysical Fair. •



Springfield Embracing Change

by John Matthews

Expansion and change were the themes of the month in Springfield. After the last expansion project weekend, we have nearly completed the improvements to the basement and attic. A little more trim and a little more paint and the usable square footage of our building will almost be doubled. If you build it, they will come...

Brian Hoover and I spent the evening of July 3rd on a street corner at Springfield's First Friday Artwalk. Brian played drum and I accompanied him on the flute. We spoke with several dozen people about the SOM and interpreted around ten dreams. A group that was collecting signatures for a petition saw the number of people lingering on our corner and moved their table next to us.

The SIR meeting on July 9th had seven attendees.

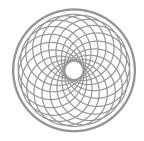
I had my first chance play the role of instructor with the Visualization short course, which started on June 29th. Six people have attended one or more classes, and after just three sessions I can confirm everything that I was told about teaching. It is a fantastic way to learn.

Another way we learn is through embracing change, and that was something we all had to do this month when it was announced that our Director, Michael Dardanes, was moving to Texas. Michael is the embodiment of what the SOM teaches and his genuine affection for the school and the students will be a great asset to Ft. Worth. A small testament to his effect on people was shown at our last full moon meditation when three of Michael's former students came back to wish him well. It is a great comfort to embrace the idea that all separateness is illusion, and that change is good, but still we will miss our friend. Our love and best wishes are with you Michael!

Thank you. •

The Keys of Life that are the Universal Life Lessons

Dr. Daniel Condron



Key #4

In the three previous issues of vibrations the first 3 Keys of Life were given. They are:

- 1. Perception
- 2. Love
- 3. Concentration

Key number four, memory builds upon and utilizes concentration. People tend to remember the experiences in which they give their focused attention. This is usually stimulated by the environment. The one who disciplines the mind develops the ability to focus the attention at will.

4. Memory

In order to develop reasoning, the developing child needs to create stored memories of physical and non-physical events. Then the child correlates these memories with present moment experiences in order to function in the world. As memory in the brain is increased the child learns to function in the world.

The exercise to promote memory given in the School of Metaphysics is the Five Day Reversal. By consciously drawing our memories of events from the previous five days, one strengthens the ability to consciously draw upon memory at will, the ideal being that all memories are consciously available to the disciplined one.

The stage of infancy seems to afford the strongest ability for the animal-human brain to absorb memories. This usually diminishes through adolescence, adulthood and old age. This natural movement in the animal-human body can be countered and overcome by discipline of the mind. Then the willful, focused attention can be employed to advance beyond the quality of absorption of memory experiences used by the child.

Memory is a necessary tool for processing and correlating experiences in order to arrive at higher conclusions of awareness and understanding. Memory is an integral part of developing reasoning. Then reasoning is utilized to discover and know the best and highest way to promote spiritual transformation. Once this has been discerned the quickest way to enlightenment is acted upon.

In higher stages of enlightenment, memory, "being of the physical brain" is perceived and known to be of less importance than attention in the present moment. Soul memory and spiritual memory is known to be of greater importance than physical memory. Lao Tzu, the enlightened master said in the Tao Te Ching, a Holy Book from China

Common people are smart
I seem to be dull and withdrawn
I resemble a calm ocean
I appear to be anchored and without a destination
Everyone else is engaged in their busy activity
Yet I, the knower of the Tao
Appear to be stubborn and lowly
I, a knower of the Tao, differ from the people
For I am nourished by the Great Master

This is beyond memory to enlightenment in the present moment.



Still Mind Weekend

October 23, 24 and 25th 2015

Spend a weekend devoted to stillness in the beautiful autumn at the College of Metaphysics!

If you are wanting to participate in this weekend and experience the stillness of your mind please write a paper entitled: Why I Want A Still Mind. Be sure to mail it in so that it is at the College on or before the 21st of October. A tithe for the weekend should also be sent along with your paper.

All attendees are asked to arrive on Friday by 5:00 pm and stay until after brunch on Sunday. Participants should have participated in a prior event at the college to be eligible for this event.

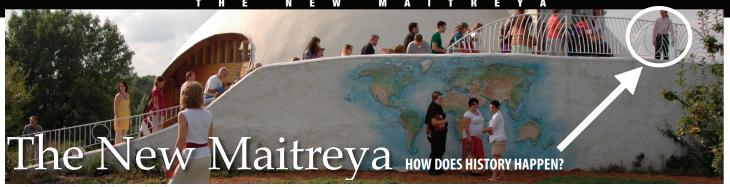
This is a weekend like no other at the College of Metaphysics. Some report having their deepest and most astounding meditation ever.



Also, if you would like to receive a meditation portrait prior to the weekend and in preparation for the Still Mind weekend then:

- 1. Indicate so on your paper.
- 2. Send a tithe of at least (minimum) of \$250; or more.
- 3. Be at COM before noon on Friday, October 23rd in order to receive the report.
- 4. This offer is limited to the first 14 people that apply.
- 5. You may still attend and not receive the report.

Daniel R. Condron



by Dr. Barbara O'Guinn Condron

One of the hallmarks of the Living Buddha is being awake.

Wakefulness is being fully present, each moment.

A sequence of mindfully awake events began a few weeks ago when I took a trip to Columbia, MO. Columbia SOM is where I enrolled at SOM four decades ago.

In some ways, it seems like yesterday. Science describes that familiar human "feeling" as quantum physics. For a meta-physician, it is the mind's capacity to bend the perception of time that it creates. So driving into Columbia, I notice all the things that are the same, that haven't changed. Youthful students rushing around campus. The stone columns at another of my alma maters - the University of Missouri. Broadway with its shops.

Then my mind bends to what is before me, and my time as a lesson one student at SOM seems a thousand life times ago. Columbia tells me this by all the additions, redesigns, and prolific growth of the campus and the city. My mind is filled with all the people I have met (from dalai lamas to high school teachers, business owners to chefs),

places I have lived (Wichita, New Orleans, Kansas City) and visited (Houston, Virginia Beach, Berkeley, Melbourne), experiences and understandings I have gained through these earthly years and I am amazed by the potential quality of a life worth examining.

Wakeful choices, conscious and willful, have brought a sense of what the Celts called mystery, my-story, into my life.

I woke up to this during the 1993 Parliament of the World's Religions. I tended to go back to sleep, but a personal nightmare called "The Global Ethic" kept waking me up. I talked about this with other SOM leaders and teachers, nudging some, whispering in other's ears - "We have to do something! We can create a better document!"

This was my first New Maitreya experience that involved all the teachers between 1996-97. That co-creation brought the "Universal Peace Covenant" into existence.

A short "nap" ended with the first Universal Hour of Peace in September 1998. That birthed what is now the annual One Voice vigil in the Peace Dome where those gathered read the *Covenant* with people around the world as they welcome each new year with the Truths it expresses.

Since then, I have wanted to stay awake.

All of this because I attended the Columbia SOM through the beginning series of lessons. That is where I received my foundation as a student. And where, while I studied lesson 8, I was given the opportunity to teach a correspondence student from Austin, Texas (where even today many of us envision a SOM branch!). And where I began teaching when I studied lesson 20. And where I grew a desire to direct a SOM because I wanted EVERYONE to have the opportunity to learn about mind and the laws of creation.

And so, here I was 40 years later, meeting with current Columbia SOM Director Brenton Harris. We talked about the lessons and psi counseling and SOM's influence in the time to come. We spoke about true reality and virtual reality, how to reach people through subconscious mind thought form projection and through the world wide web.

The next morning I awoke with an image of how to let the world know about Dr. Daniel Condron's life work of interpreting six holy scriptures (see page 16) - quite a life's work worth examining there! I spent two hours creating it on the computer then shared it with Brenton. This opened the door to a discussion about the web presence of SOM's participation in the Parliament of the World's Religions. That eventually led to a meeting of ten delegates at SOM Headquarters the third weekend in June.

It was during this meeting that "**The Window to the World**" came into being as a way of inviting the new friends we make in Salt Lake City to be part of creating something that will become part of the world's Peace Dome. (See related article)

The Window to the World is what I think of as a crystalline idea. Every time I rest my mind upon it, I perceive it growing in the inner levels. Even now, it reaches out to people all over the world, people we will meet in just a few short weeks. This is quite possibly the best interactive experience of connectedness SOM has brought forth to date. **The Window** will unite the world, one glass piece at a time! It will capture the New Maitreya beautifully.•

This was my first New Maitreya experience that involved all the teachers between 1996-97.

INTERFAITH COMMUNITY

RFAITH

of Metaphysics

a Season for Healing

The Third Weekend of June the Society for Intuitive Research (SIR) leaders from all the school branches came together to have a united perspective on intuitive reports. - a report by Debbie Hudson

Last month, I had the pleasure of staying a few days at the Maplewood SOM. Teacher Joe Picaut told me – with that everpresent grin on his face – that the previous time he had visited SOM Headquarters he had brought a few native rocks back to adorn the landscaping of the Peace Pole in Maplewood. I smiled in return, saying, "What a great idea, Joe!"

A few days later, I talked about SOM Healing Services with another teacher Linda Picaut (ves they are married). She shared the impact the Pranic DNA is having in the creation of a healing field for the students and for St. Louis. "Our perception is changing each time we meet." She spoke of the mind experiences that those gathering are now producing and Deb Hudson told me about astral projecting and mentally seeing the light energy in the group as the Witness. Linda said she was looking forward to the Healing Service Class at All Student Weekend in August. In the field they created a great vision was born! Joe's initiative of sharing rocks from the Peace Dome with the branches came together with our Healing Field - in August we will intentionally bless rocks the Healing Service leaders mindfully choose for placing at their Peace Pole when they return to their local branches. •-Dr. Barbara

On Saturday, June 20, 2015, Psi Counselors students led SIR meetings. Golbahar Dadyan, Brian Kraichely, Kerry Keller and Brenton Harris led these meetings. Some of the students attending had experienced SIR meetings in their branches and others had not yet experienced them.

Brian Kraichely led a meeting on a specialized report called the Transference of Energy that is given in the Kundalini Rising Spiritual Focus Weekend that is coming up July 10-12. This was a great choice with this intuitive report so students could in turn share it with their school branches and their communities, attracting people to this session. Walter Hrycaj, Psi Counseling student attending this meeting commented on SIR meetings as an opportunity to open up specialty reports and link them to Spiritual Focus Weekends.

This group not only discussed the Transference of Energy report but all the possible reports and Spiritual Focus Weekends the school offered. Gatherings like this bring together those that have experienced these different intuitive reports and share these experiences with others. Walter gave his perspective of the intuitive reports as a doorway for a Psi Counselor to draw out and allow people to explore more about themselves. He stated, "SIR meetings leave the door open to explore, go deeper and share." Brian did this very well to the point that Director Rashard Garrett of Fort Worth, who has been a part of many SIR meetings, commented that if he attended a meeting such as this for the first time, it would draw him to have an intuitive report and attend a Spiritual Focus Weekend.

Golbahar Dadyan led another group in listening to a Transference of Energy report. Golbahar read the report and students were then free to make comments. Upon hearing the report, Psi Counseling student Larry Hudson experienced a click or alignment in levels of mind which helped him have more of a whole picture of what the report was bringing out. He further commented that talking with people in the group added to his perspective giving him a whole picture to share. Larry shared, **"People attending a SIR**"

The SEASON of HEALING

continues throughout SOMLand

August 2nd Super Conscious Healing Power L 4
August 9th Lesson 5
August 16th Discuss Lessons/videos
August 23rd Lesson 6
August 30th Healing Service at SOM Headquarters

September 6th Lesson 7
September 13th Discuss Lessons/videos
September 20th Discuss Lessons/videos
September 27th Lesson 8

meeting see a deeper and more complete picture so more understanding can be gleaned from the experience."

Doug Bannister, Psi Counseling student, pointed out that the intuitive reports hold universal messages that are relevant and meaningful for all.

These perspectives are an inspiration for us to conduct SIR meetings on a regular basis, in order to share the value and benefits of the Intuitive Reports throughout our communities.

12

A CALL for SUBMISSIONS for artistic designs for a **Living Artwork**to be hand crafted by those attending the 2015 Parliament of the World's Religions in Salt Lake City.

Many windows of opportunity will open for

those crossing paths during the sixth Parliament of the World's

<u>Religions</u>. An anticipated 10,000 people from 80 countries and over 50 faiths will gather in the spirit of peace, compassion, cooperation, and goodwill. We want to capture that spirit so it may continue to burn brightly from the world's

PEACE DOME!

Here's how you might help.

The <u>School of Metaphysics</u> has purchased a space in the exhibition hall (we welcome and need your **financial support!**) so we might engage and interact with the people. Our



booth is across from the food court so that should help the traffic flow to our spiritual knowledge.

Our team of designers are creating our booth as a sacred space. We want to welcome participants into the consciousness that is the PEACE DOME. When they enter into our space we want them to experience the same Spirit-mind-body union that thousands of people have known as they placed a tile in the **Peace Mandala**.

Our vision is that those visiting the School of Metaphysics booth will place a single piece of glass in a design that will unfold as the week passes. Hundreds of men, women, and children attending this year's Parliament will mindfully do their part to create a design reflecting the theme "**The WINDOW to the WORLD**". Once completed the stained glass-style creation will be placed in the wrought iron railing on the east side of the Peace Dome on the campus of the College of Metaphysics in the USA. Situated above <u>The Healing Wall</u>, the window will allow the rising sun to pass through the design into the upper chamber of the dome.

We need artists* who can receive this vision and translate it into a design worthy of the undertaking! If you are that artist, send your concept to us!!

The completed art will be returned to the Peace Dome where, weather permitting, it will be put into place on December 31st during **ONE VOICE**. ONE VOICE is the repeated recitation of the **Universal Peace Covenant** as each time zone around the world welcomes in the New Year.

If you've aspired to the heights of Michelangelo's Sistine Chapel. If you've fashioned yourself this century's Leonardo. Here is your window of opportunity to support the world coming together in the cause of peace. Create your design, illustrate it and submit it to us at som@som.org before AUGUST 10, 2015. -submitted by Barbara O'Guinn Condron

^{*}For this reason, we request that submitting artists be a **School of Metaphysics Associate** (SOMA).



LIVING

at the Peace Dome

In the tradition of

the Peace Mandala being inlaid in the first floor of the Peace Dome, this is your opportunity to create a design worthy of the world coming together. The PEACE MANDALA
is an example of living
art. An image received
in meditation by its
creator, visit
peacedome.org to
learn about this history
in the making.

What does "The Window to the World" look like to you?

Send your design for the two-foot circle before August 10, 2015 to

School of Metaphysics World Headquarters 163 Moon Valley Road, Windyville, MO 65783 or email it to som@som.org.

Have questions?



The chosen design will be announced the final weekend in August during THE INVITATION in the Peace Dome, and will be posted on FaceBook and in the September edition of the VIBRATIONS Newsletter.



The WINDOW to the WORLD at the PEACE DOME

AUGU

DESIGNS must be received at som.org before

AUGUST 10, 2015

The Peace Dome (www.peacedome.org) is located on the campus of the College of Metaphysics in the heartland of the United States. It was dedicated as a universal site for peace in October 2003.

The WINDOW to the WORLD

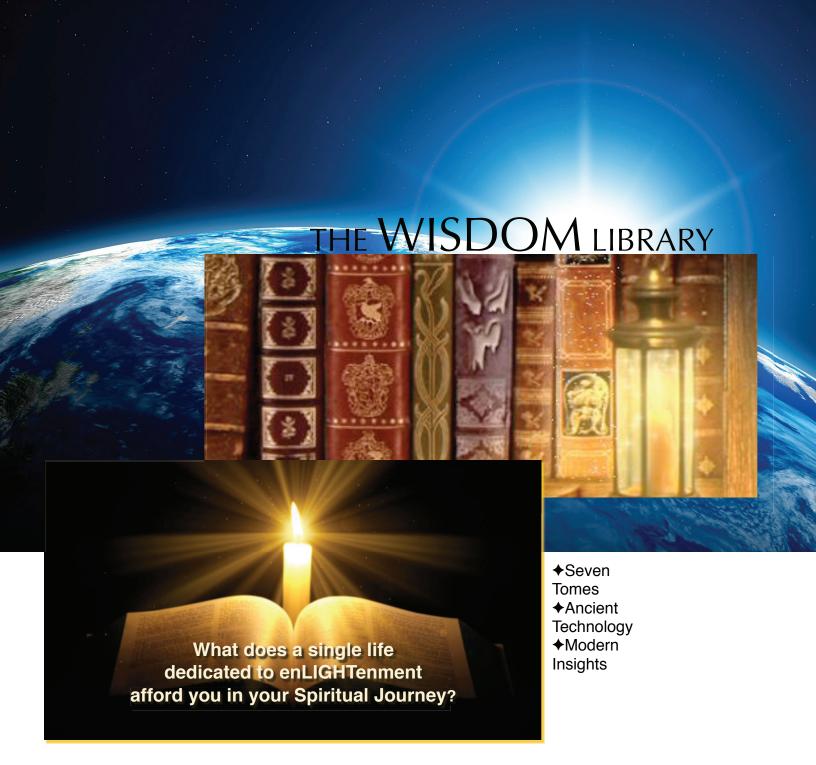
will be a 24-inch in diameter portal to be placed into the iron rod railing on the East retaining wall of the world's Peace Dome. It will sit approximately five feet to the north of the Healing Wall.

Your design will be easily transferable into cut glass pieces or beads similar to a stained glass window. The design must lend itself to many hands putting it together. Participants who visit the School of Metaphysics exhibition booth at the upcoming Parliament of the World's Religions in Salt Lake City will receive the opportunity to mindfully place a single piece into the design. Safety in handling the glass will be a high consideration in your design. Your design must arrive before AUGUST 10, 2015 at SOM Headquarters either by email or mail. Samples of the glass or other material to be used in your design is recommended.

Have consulting questions? Contact Larry Hudson or Doug Bannister at som@som.org or call 417-345-8411.



The WINDOW to the WORLD design will be positioned within this opening in the rod iron railing.



The holy work interpretations of Daniel R. Condron are yours in a complete set



Awareness at Your Fingertips



Dye formulas

for the Different Robes



The recommended dye to use is Rit Dye and the material to use is unbleached muslin. Wash the material before dyeing to remove the fabric sizing so the dye will be more even. Follow the directions on the package.

Respondere Robes

2 boxes Yellow1 box of Orange

Qui Docet Dicit Robes

2 boxes Purple 1 box of Black Plum (if you can find it. Otherwise just use two boxes of purple.)

Doctor of Divinity Robes

2 boxes of Royal Blue









Being in the Fourth Cycle of Lessons requires me to stretch in new ways as I learn to understand the Superconscious mind and learn to work with the new perspective of energies that arises. Being able to transform my current identity, to be able to perceive the true reality of this life, allows me to transcend the physical perceptions of the More and more I am experiencing observation of my experiences and the emotions and thoughts that arise in me with a distance that allows me to make conscious choices. It is being able to see my physical self in context of the whole. It puts things into perspective allowing me to understand that the physical is indeed a playground that is continually changing as my needs change.

Class with Dr. Daniel Condron and Dr. Barbara O'Guinn Condron allows us to share our experiences with the daily exercises. It is viewing and hearing other's perspectives that add to my own understanding of mind. We are currently covering The Pistis of Sophia with Dr. Barbara. On Friday Dr. Sheila Benjamin showed us the Tibetan Rites. She then lead students through the routine out at the Stage area during the rest of the weekend.

Here are thoughts from others in the fourth cycle.....

DIANA: The practice of love. I find that my ability to receive people with an attitude of newness is growing. What I mean by this is that I am more and more able to be present with someone from a place of vulnerability, or openness. From this space, I receive them as they are, with love and without baggage. The result is that I am often delighted in the interaction with others and we enjoy a close and caring connection. I think this is, at least in part, why I find myself experiencing so much joy.

TAD MESSENGER: As I progress in the fourth cycle class I experience intuitive moments in my life more often. For example on a recent trip to Springfield, I discovered several resources that would benefit the COM including a place to buy an antique set of dinnerware for the Moon Valley Ranch at a reasonable price (and have a choice of several magnificent settings); beautiful display cases for the natural history department at COM became available; a wealth of resources for hobbies, pole barns, and buildings for the COM at reasonable and trade prices. It seems life is abundant and I am able to receive that abundance like I have never been before. I am beginning to perceive and recognize and understand how the energies move in Superconscious Mind. The effects are staggering. They influence my whole being in this life and beyond. What a wonderful time. What an amazing experience this fourth cycle affords. It feels like the culmination of many lifetimes.

CHRISTINE SPRETNJAK: My experience during my study in the 4th cycle of classes has been one of releasing and/or reforming conditioning, beliefs, and memories that no longer Worry, fears and doubts that originated early in my life and past lives fall into this category. During the times that I encounter thoughts -- and ways of being -- that don't serve me, I am grateful for the vehicle of the School of Metaphysics for a structure that encourages perpetual conscious creation. I always have a place to evolve, to give, to learn, to lead, and to With each thought of fear or worry I encounter, and shed light upon, there is energy that is freed for use and depth in the present moment. I perceive that through my commitment to discipline, service and teaching, I have become more present, and therefore, more fulfilled in my

JESSE KERN: I am excited to be studying the Pistis Sophia; it has a quality unlike any other Holy Work I have ever encountered!

Correspondence Studies

by Silvia Galvan and Lee Nelson

Correspondence Teacher

As a college student I have the privilege to teach, Lee Nelson, a correspondence student. He is studying Lesson 12 in the first cycle. Lee currently resides in Mount Juliet, TN and was born and raised in California. I remember the day I told Karen I wanted to teach a correspondence student and was very excited. Several weeks later Lee contacted the school interested in the study and signed up for the class. Teaching Lee gives me the opportunity to stretch my mind to connect with him without the weekly physical class or laboratory position. I am learning how to apply the use of the mind tools taught in the second cycle of lessons to make the mental connection with him. As in physical classes, I am learning about the influence that my state of being has on him even if we are hundreds of miles away. I am also learning about my ability to hold someone in mind for longer and longer periods of time and providing clear mental images and pictures of the exercises. When my pictures are clear and focused, Lee, does very well in receiving those images.

Lee participated in the Genius Code and Kundalini Rising Spiritual Focus Sessions. He had the opportunity to meet all of the college students and teachers, have class in person, and connect with students and teachers from several different branches. By the end of his journey at the college, he had opened up and expresses his gratitude for everyone that welcomed him.







Correspondence Student

My name is Lee Nelson and I am a correspondent student from Mount Juliet Tennessee. I came to the College of Metaphysics for a week to experience what life is like at the College and to attend the Genius Code and Kundalini Rising spiritual focus sessions. My ideal was to relax and be in the present moment for the purpose of building understandings that I can draw upon as I continue to grow as a spiritual being. Having class in person, with my teacher Silvia, has given me a rich experience to carry back when I return home to envision as I have further classes through e-mail correspondence.

The intuitive reports have given me deeper insight into who I am and who I want to be as a whole functioning Self. We did a River of Life project after the Genius Code session that grounded the understanding of my past, making me who I am today, and knowing my thoughts and actions will form who I will become tomorrow. For example, growing up on a farm I learned about relativity in the relationship of plants and animals. This has lead to a strong sense of reasoning which I am now in the process of balancing by building my sense of intuition. The suggestion from my Creative Mind report to do this is for me to learn about the Universal Laws and align myself with them.

In my Transference of Energy report I found that I have a disassociation between what I think and feel and my physical expression of this. I got to put this knowledge into practice right away with all of the other students and teachers sharing my thoughts and feelings and physically by giving hugs to express my love and gratitude for sharing this experience with me.

In just one week I have gained such an abundance of knowledge and wonderful experiences to take with me and to continue to build upon. I look forward to continuing to build upon these understandings.

F R O M T H E C O L L E G E

Summer Love and Abundance

by Charlotte Crabaugh and Tim Gagnon



The Fourth of July at the College is about as family style as it gets. College students and teachers gathered around the campsite fire and enjoyed grilled hamburgers and hot dogs, baked beans, potato salad and chips, and smores. An event like this calls for song; so the brilliant bursting colors inspired a few strains of "...the rockets red glare", and "...bombs bursting in air...", and even a verse of "Happy Birthday, America". It was a happy celebration filled with gratitude and joy.

The College students have been caught red-handed canning pickled beets. From

the harvesting, washing, and packing jars, to putting the final labels on 48 quarts, canning beets has become a team sport.

Taking a deep breath, Headquarters and the College plunged into an extraordinary six days of back-to-back Spiritual Focus Sessions. Beginning on July 22 the Genius Code ended with the beginning of the Kundalini Rising Session on Sunday, which was completed on Tuesday. These sessions are always an inspiring, energy renewing experience. Two in a row was an exercise in planning, communication, and focused attention. We found that all we give in service returns to us ten-fold and more as we learn and grow, watching the transformation of each





The weekend came to a conclusion with two powerful events centered around a focus on empathy. The first of these events was an exercise hosted for the participants of a Spiritual Focus The exercise was called "The Living Hologram." In this exercise the sixteen participants were asked to focus their attention on the forehead of the person before them for a period of five minutes. The exercise started with the participants looking into a mirror and then moved to facing another participant in the room, switching every The experience was revelatory. five minutes. What happens in silence as you truly give all your attention to receiving another person is profound and impactful. My experience was a

feeling of losing identification with my own physical body and having a sense of what it is to be the other person-to feel their consciousness. This experience gave me the feeling of moving past my own ego allowing me to "get over myself," releasing the attachment of my identity to being only a physical body.

<u>VIBRATIONS THROWBAC</u>

CERPTS FROM THE READINGS......for your consideration.

Do you see the use of coffee as being detrimental to this system:

Would give this for consideration. If in the mind of this one, that which is taken in, coffee, would seem to be detrimental, then that would be wise to be eliminated. The lizuid itself is indifferent, it is only the manner of assimilation, mentally, that makes the difference.

Do you see this one with the ability to correct any malfunction within this area? (thyroid gland)

Imbalance within the area of the thyroid is related to imbalance in the application of will. Development and the recognition of this alone, however, does not correct the imbalanced condition. It is only through awareness and recognition of the source, which is improper control of the will, then through desire to achieve control, and then through activity to achieve it, that the individual develops the ability, which is ever a potential and ever existing, to then correct that imbalance herself. This does not correct itself immediately, but through a process of determined activity within the self. (7-20-75-I)

- 1975
- 4 Branches: Springfield, St. Louis, Kansas City, Columbia
- 1st Birthday of the Kansas City School on the 23rd

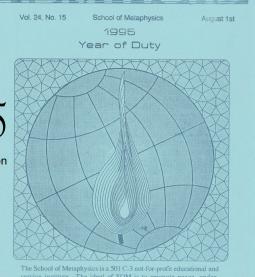
1985

The Year of the Thinker

- construction began on 2nd building (attached to main building)
- Dr. Barbara's book 'When All Else Fails.... Be Prosperous!' is available for order
- Dr. Daniel's book 'Beyond Sales' is in printing process

1995

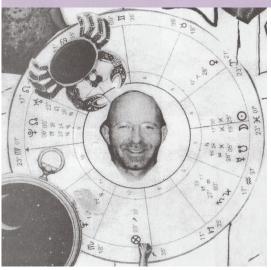
- \$13,766 in total contributions for Project Octagon
- Dr. Pam gives a series of three I.C.O.M. services entitled 'The old laws fulfilled by Jesus'



The School of Metaphysics is a 501 C-3 not-for-profit educational and service institute. The ideal of SOM is to promote peace, understanding and good will within Self and among all people by aiding any individual to become a Spiritually Enlightened being. Printed in USA

VIBRATIONS

The Year of Knowing Time



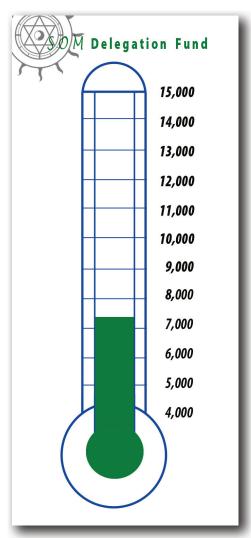




- the tetrahedron was planted
- Vibrations was printed in all picture form by the staff of: Jessica Hudson, Matt Valois, Gary Goodhue, Kelly Underwood
- Spiritual Focus Session: Superconscious Meditation
- All Student Weekend

Visit this page at http://som.org/wp-content/uploads/2015/07/ parliament-web-page-11.pdf to give your donation today!!!

Join us as we INFLUENCE the COURSE of HISTORY toward INTUITIVE, SPIRITUAL MAN By Larry Hudson, treasurer



Where delegations have gone before...

Illinois
North Carolina
California
Virginia
Netherlands

South Africa

Canada India Australia Chicago for the centennial celebration known as the **Parliament** of the World's Religions (PWR). The first Parliament had been held 100 years earlier as part of the Chicago Exposition.

In 1993, SOM teachers traveled from around the midwest to

Dr. Barbara Condron gave a presentation on *Spiritual Initiations*, Dr. Daniel Condron gave an address on *Permanent Healing*, and a dozen singers performed *"The Power of Prayer around the World"* under the direction of Dr. Pam Blosser. Close to two dozen SOM students attended or manned the Exhibit booth during the eight days. All expenses for individual and collective participation were paid out of pocket by those attending.

This began a strong SOM tradition rooted in the study and application of Universal Laws. Since then, delegations have traveled on five continents.

This year, 35 people are committed to traveling to Salt Lake City for the sixth PWR in October. This year, in the tradition of living the Laws of Prosperity and Abundance, those on our delegation will pay for the expenses of their participation. This year, what is different is

THE SOM DELEGATION FUND

The purpose of the SOM Delegation Fund is to initiate the next level of opportunity for our wisdom teachers to reach new audiences and to expand the real time, in person global reach of SOM. **The SOM Delegation Fund** is being established as an endowment fund that will continue to grow. Immediately our goal is to cover the expenses of our proposed speakers for the Salt Lake City venture. Beyond that opportunities abound for us to send SOM graduates to conferences like these...

5th Women's Leadership International ConferenceTo be held Sept 18, 2015 Boston, MA, USA

ISOL 5th International Conference

To be held Sept 10-15, 2015 in Chicago, ILL, USA. "Spirituality for Global Economic Development".

Religion and Spirituality in Society, Sixth International Conference
To be held March 23-24, 2016 in Washington D.C., USA. 'Religion in the Age of
the Anthropocene: Towards a Common Cause?'

Science of Consciousness Conference

To be held April 25-30, 2016 in Tucson, AZ, USA.

<u>American Holistic Nurses Association</u>

36th Annual Conference May 31 through June 5, 2016 in Bonita Springs, Florida. Theme Interconnectedness.



CONTRIBUTE NOW

22



Each time we come together to create the School of Metaphysics Vibrations Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, The Taraka Yoga of Kuan Yin by Gael O'Guinn, to receive the verse that is designed for each of us individually. The front cover reflects our collective vibration. Here are the numbers we received.

Dr. Sheila Benjamin-80 The Immortals - 'Immortality begins in a mind full of what is. When you know what is, your reign begins. Your reign extends the power of Mind's Light from Heaven to Earth. Everything changes in the Light of eternity.' The image is 'clear heavens'.

Davi Brown - 18 Bind - 'Superconscious thought falls into karmic light. Dual awareness has always marked our time. Understanding follows new experience when the benefit of all is held in the mind. The crafter, the learner, the proprietor, the procurer, all re needed.

Michael Dardanes - 78 Servant - 'Create your experiences in moderation. Allow the passing of time to work in your favor. In this way, one masters natural laws, through responding to a higher calling that is Heaven's way.'

Kerry Keller - 66 The Mind - Future firestorms disturb the dedicated will. Disciplining aspects of Self make one a creator. Water of pure consciousness feed the Inner Fire. Temporary creations have their moment, then time moves on.

Holy works for the month of August Emptiness Sutra pg. 101

"The Truth That is Revealed in the Space"

July 25th -- Your 12 Sacred Relationships in Maplewood

August 1st -- Area Teachers Meeting

August 28th - 30th -- All Student Weekend



School of Metaphysics Branch Locations

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5021 W. Irving Park Road • Chicago, Illinois 60641 • (773) 427-0155

222 West Wilson • Palatine, Illinois 60067 • (847) 991-0140

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